

# 8 ĆWIERĆMARATON KOMANDOSA

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organizator:** Fundacja Wspierania Inicjatyw Niekonwencjonalnych "Subventum"  
**Data:** 2022-01-22  
**Miejsce:** Słupsk  
**Dystans:** 10.55 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10.55km	Różn	Tempo min/km	Tempo km/h
1	PELO Artur	174	7 BOW/1 LBZ	M36-44	1	00:48:59.58		4:38	12.9 (100%)
2	JEFIMCZYK Norbert	76	7 BOW/1 LBZ	M18-35	1	00:51:37.48	+00:02:37 (5.1%)	4:53	12.3 (95.3%)
3	POŁEĆ Arkadiusz	185	POLICJA.PL	M18-35	2	00:52:29.16	+00:03:29 (6.7%)	4:58	12.1 (93.8%)
4	WOJCIECHOWSKI Maciej	260	POLICJA.PL	M45+	1	00:52:40.12	+00:03:40 (7.0%)	4:59	12 (93.0%)
5	BRZOSKA Piotr	18	31 BATALION RADIOTECHNICZNY	M18-35	3	00:54:29.24	+00:05:29 (10.1%)	5:09	11.6 (89.9%)
6	SZMIST Szymon	225	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	2	00:54:30.50	+00:05:30 (10.1%)	5:09	11.6 (89.9%)
7	NIEDZIÓŁKA Jakub	155	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	4	00:55:43.17	+00:06:43 (12.1%)	5:16	11.4 (88.4%)
8	TWOREK Bartłomiej	238	10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	5	00:56:28.54	+00:07:28 (13.2%)	5:21	11.2 (86.8%)
9	PYTLAK Michał	189	7 BOW/1 LBZ	M18-35	6	00:57:03.08	+00:08:03 (14.1%)	5:24	11.1 (86.0%)
10	MAĆKOWIAK Łukasz	140	OSP.BRONKÓW	M36-44	3	00:57:10.47	+00:08:10 (14.3%)	5:25	11.1 (86.0%)
11	ROST Michał	302	PK	Drużyna	1	00:58:09.00	+00:09:09 (15.7%)	5:30	10.9 (84.5%)
11	PŁONKA Konrad	192	PK	Drużyna	1	00:58:09.00	+00:09:09 (15.7%)	5:30	10.9 (84.5%)
13	MARZEC Krzysztof	318	16 BATALION SAPERÓW	M45+	2	00:58:39.81	+00:09:40 (16.5%)	5:33	10.8 (83.7%)
14	GREGOR Błażej	58	1. BLWL INOWROCŁAW	M36-44	4	00:58:40.46	+00:09:40 (16.5%)	5:33	10.8 (83.7%)
15	TROSZCZYŃSKI Wojciech	236		M45+	3	00:58:45.51	+00:09:45 (16.6%)	5:34	10.8 (83.7%)
16	KARWOWSKI Marcin	304	20REL PRZASNYSZ	M18-35	7	00:58:51.47	+00:09:51 (16.8%)	5:34	10.8 (83.7%)
17	ŁABĘDŹ Damian	299	PK	Drużyna	3	00:58:57.00	+00:09:57 (16.9%)	5:35	10.7 (82.9%)
18	ZIELONKA Dominik	272	PK	Drużyna	4	00:59:02.00	+00:10:02 (17.0%)	5:35	10.7 (82.9%)
19	WNUK Norbert	258	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	8	00:59:24.13	+00:10:24 (17.5%)	5:37	10.7 (82.9%)
20	KREFT Łukasz	113	KOMENDA PORTU WOJENNEGO GDYNIA	M36-44	5	00:59:28.93	+00:10:29 (17.6%)	5:38	10.6 (82.2%)
21	TYSZKA Kamil	240		M18-35	9	00:59:32.62	+00:10:33 (17.7%)	5:38	10.6 (82.2%)
22	SZOSTEK Jakub	227	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	10	00:59:42.12	+00:10:42 (17.9%)	5:39	10.6 (82.2%)
23	SAMBURSKI Tomasz	202	7 BOW/1 LBZ	M18-35	11	01:00:08.72	+00:11:09 (18.5%)	5:41	10.5 (81.4%)
24	NIEDZIÓŁKA Wojciech	156	POLICJA.PL	M36-44	6	01:00:09.97	+00:11:10 (18.6%)	5:42	10.5 (81.4%)
25	DURMAN Dawid	39	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	12	01:00:13.72	+00:11:14 (18.7%)	5:42	10.5 (81.4%)
26	MISZKE Patryk	150	CRIWWRE GRÓJEC / 5 KRREL LĘBORK	M36-44	7	01:00:21.86	+00:11:22 (18.8%)	5:43	10.5 (81.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
27	SOCHAŃSKI Piotr	213	AKADEMIA WOJSK LĄDOWYCH	M18-35	13	01:00:58.81	+00:11:59 (19.7%)	5:46	10.4 (80.6%)
28	MIECZNIKOWSKI Julian	147	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	14	01:01:59.66	+00:13:00 (21.0%)	5:52	10.2 (79.1%)
29	ROZCZYPAŁA Karol	193	POLICJA.PL	M18-35	15	01:02:09.19	+00:13:09 (21.2%)	5:53	10.2 (79.1%)
30	SKUBISZEWSKI Damian	210	RCI BYDGOSZCZ	M18-35	16	01:02:20.83	+00:13:21 (21.4%)	5:54	10.2 (79.1%)
31	KAWALEC Dominik	94	JW 2189	M18-35	17	01:02:41.98	+00:13:42 (21.9%)	5:56	10.1 (78.3%)
32	ZAWALSKI Patryk	310	JW 4724	M18-35	18	01:02:50.40	+00:13:50 (22.0%)	5:57	10.1 (78.3%)
33	SIEK Kazimierz	208	10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M45+	4	01:02:52.57	+00:13:52 (22.1%)	5:57	10.1 (78.3%)
34	GAWIN Damian	51	SFORA	M18-35	19	01:02:56.24	+00:13:56 (22.2%)	5:57	10.1 (78.3%)
35	KOŁACZEK Hubert	100	AKADEMIA WOJSK LĄDOWYCH	M18-35	20	01:03:11.01	+00:14:11 (22.5%)	5:59	10 (77.5%)
36	JABŁOŃSKI Maciej	317	3 BATALION INŻYNIERYJNY	M18-35	21	01:03:31.23	+00:14:31 (22.9%)	6:01	10 (77.5%)
37	GROCH Łukasz	59	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	8	01:03:36.08	+00:14:36 (23.0%)	6:01	10 (77.5%)
38	POSADZKI Paweł	186	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	9	01:03:38.00	+00:14:38 (23.0%)	6:01	9.9 (76.7%)
39	LEWANDOWSKI Adrian	131	18 BATALION DOWODZENIA	M18-35	22	01:03:47.03	+00:14:47 (23.2%)	6:02	9.9 (76.7%)
40	MURAWSKI Mariusz	282	OSŻW MIŃSK MAZOWIECKI	M36-44	10	01:03:47.61	+00:14:48 (23.2%)	6:02	9.9 (76.7%)
41	WŁODARCZYK Mateusz	257	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	23	01:04:00.04	+00:15:00 (23.4%)	6:03	9.9 (76.7%)
42	NOWAK Michał	160	1 WARSZAWSKA BRYGADA PANCERNA / DYWIZJON PRZECIWLOTNICZY	M36-44	11	01:04:12.10	+00:15:12 (23.7%)	6:05	9.9 (76.7%)
43	WASYLKA Łukasz	247	7 POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	12	01:04:25.92	+00:15:26 (24.0%)	6:06	9.8 (76.0%)
44	DOBROWOLSKI Mateusz	33	HQ MNC NE	M18-35	24	01:04:38.80	+00:15:39 (24.2%)	6:07	9.8 (76.0%)
45	WALASIK Damian	243	AKADEMIA WOJSK LĄDOWYCH	M18-35	25	01:04:43.41	+00:15:43 (24.3%)	6:08	9.8 (76.0%)
46	KOŚCIŃSKI Patryk	105	AKADEMIA MARYNARKI WOJENNEJ	M18-35	26	01:05:18.56	+00:16:18 (25.0%)	6:11	9.7 (75.2%)
47	BARAŃCZUK Karol	320	JW 5308	M18-35	27	01:05:23.88	+00:16:24 (25.1%)	6:11	9.7 (75.2%)
48	SIEMIENCZYK Michał	209		M18-35	28	01:05:24.49	+00:16:24 (25.1%)	6:11	9.7 (75.2%)
49	JARZĘBIŃSKI Daniel	75	AKADEMIA MARYNARKI WOJENNEJ	M18-35	29	01:05:24.58	+00:16:24 (25.1%)	6:11	9.7 (75.2%)
50	SYGIET Wiktor	220	AKADEMIA WOJSK LĄDOWYCH	M18-35	30	01:05:27.80	+00:16:28 (25.2%)	6:12	9.7 (75.2%)
51	SOBCZYK Paweł	212	14ZBOT	M18-35	31	01:05:31.71	+00:16:32 (25.2%)	6:12	9.7 (75.2%)
52	ZIOBER Andrzej	274	9 BBKPANC	M36-44	13	01:05:36.72	+00:16:37 (25.3%)	6:13	9.6 (74.4%)
53	ŻOŁNA Jakub	278	AKADEMIA MARYNARKI WOJENNEJ	M18-35	32	01:05:46.92	+00:16:47 (25.5%)	6:14	9.6 (74.4%)
54	PALICKI Mateusz	167	SIŁY POWIETRZNE	M18-35	33	01:06:00.03	+00:17:00 (25.8%)	6:15	9.6 (74.4%)
55	HARTLEB Dawid	66	10BKPANC	M18-35	34	01:06:20.96	+00:17:21 (26.2%)	6:17	9.5 (73.6%)
56	BUBULA Krystian	20	1 BRZESKI PUŁK SAPERÓW	M18-35	35	01:06:36.11	+00:17:36 (26.4%)	6:18	9.5 (73.6%)
57	PIWOWARSKI Kacper	184	10 WARSZAWSKI PUŁK SAMOCHODOWY	M18-35	36	01:06:51.91	+00:17:52 (26.7%)	6:20	9.5 (73.6%)
58	KACZOROWSKI Damian	82	1 BAZA LOTNICTWA TRANSPORTOWEGO	M18-35	37	01:07:03.70	+00:18:04 (26.9%)	6:21	9.4 (72.9%)
59	KUKUŁKA Daniel	118	AKADEMIA WOJSK LĄDOWYCH	M18-35	38	01:07:06.33	+00:18:06 (27.0%)	6:21	9.4 (72.9%)
60	BARCIK Bartłomiej	6	AKADEMIA WOJSK LĄDOWYCH	M18-35	39	01:07:10.54	+00:18:10 (27.1%)	6:21	9.4 (72.9%)
61	BAJUR Bartosz	3	AKADEMIA WOJSK LĄDOWYCH	M18-35	40	01:07:12.09	+00:18:12 (27.1%)	6:22	9.4 (72.9%)
62	NOWAK Jakub	158	AKADEMIA WOJSK LĄDOWYCH	M18-35	41	01:07:28.51	+00:18:28 (27.4%)	6:23	9.4 (72.9%)
63	MAĆKOWIAK Marek	141	OSP.BRONKÓW	M36-44	14	01:07:40.43	+00:18:40 (27.6%)	6:24	9.4 (72.9%)
64	KUNYSZ Paweł	122	PK	Drużyna	5	01:07:41.00	+00:18:41 (27.6%)	6:24	9.4 (72.9%)
65	PAWŁAT Patryk	303	PK	Drużyna	6	01:07:42.00	+00:18:42 (27.6%)	6:25	9.4 (72.9%)
66	GŁOWACKI Kamil	55		Drużyna	7	01:07:43.00	+00:18:43 (27.6%)	6:25	9.3 (72.1%)
67	BIAŁKOWSKI Patryk	9	AWL	M18-35	42	01:07:48.75	+00:18:49 (27.8%)	6:25	9.3 (72.1%)
68	RYGUŁA Anna	284	13 ŚLĄSKA BRYGADA OBRONY TERYTORIALNEJ	K36-44	1	01:07:54.56	+00:18:54 (27.9%)	6:26	9.3 (72.1%)
69	PACZKOWSKI Mateusz	270	2 MAZURSKI PUŁK SAPERÓW	M18-35	43	01:07:58.31	+00:18:58 (27.9%)	6:26	9.3 (72.1%)
70	JESKA Tomasz	78	SFORA BMK	M45+	5	01:08:04.52	+00:19:04 (28.0%)	6:27	9.3 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
71	<b>ADACH Krzysztof</b>	<b>1</b>	SFORA BMK	M18-35	44	<b>01:08:08.00</b>	+00:19:08 (28.1%)	6:27	9.3 (72.1%)
72	<b>RZECHOWSKI Filip</b>	<b>198</b>	BIGYELLOWFOOT ADVENTURE TEAM	M36-44	15	<b>01:08:20.05</b>	+00:19:20 (28.3%)	6:28	9.3 (72.1%)
73	<b>FIGURA Krzysztof</b>	<b>44</b>	HQ MNC NE	M18-35	45	<b>01:08:22.09</b>	+00:19:22 (28.3%)	6:28	9.3 (72.1%)
74	<b>KOWALSKA Agnieszka</b>	<b>109</b>	WOJSKOWA AKADEMIA TECHNICZNA	K18-35	1	<b>01:08:27.93</b>	+00:19:28 (28.4%)	6:29	9.2 (71.3%)
75	<b>DŁUGOKENCKI Mateusz</b>	<b>32</b>	ODDZIAŁ ŻANDARMERII WOJSKOWEJ W ELBLĄGU	M18-35	46	<b>01:08:37.23</b>	+00:19:37 (28.6%)	6:30	9.2 (71.3%)
76	<b>NAJDYHOR Karol</b>	<b>153</b>		M18-35	47	<b>01:08:40.07</b>	+00:19:40 (28.7%)	6:30	9.2 (71.3%)
77	<b>PIETROSZEK-DOMORADZKA Agata</b>	<b>180</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	2	<b>01:08:58.13</b>	+00:19:58 (29.0%)	6:32	9.2 (71.3%)
78	<b>JÓSZCZUK Jordan</b>	<b>79</b>		M18-35	48	<b>01:09:06.69</b>	+00:20:07 (29.1%)	6:32	9.2 (71.3%)
79	<b>GŁOWACKI Andrzej</b>	<b>54</b>	DWOT	M45+	6	<b>01:09:06.82</b>	+00:20:07 (29.1%)	6:32	9.2 (71.3%)
80	<b>KACZYKOWSKI Mariusz</b>	<b>83</b>	RCI GDYNIA	M36-44	16	<b>01:09:15.77</b>	+00:20:16 (29.3%)	6:33	9.1 (70.5%)
81	<b>KUSIAK Wojciech</b>	<b>286</b>	9 ŁBOT	M45+	7	<b>01:09:18.54</b>	+00:20:18 (29.3%)	6:34	9.1 (70.5%)
82	<b>KACZMARCZYK Kamil</b>	<b>80</b>	COAS	M18-35	49	<b>01:09:32.74</b>	+00:20:33 (29.6%)	6:35	9.1 (70.5%)
83	<b>KOTULA Dominik</b>	<b>106</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	50	<b>01:09:32.96</b>	+00:20:33 (29.6%)	6:35	9.1 (70.5%)
84	<b>WOJTAS Paweł</b>	<b>262</b>		M18-35	51	<b>01:09:33.58</b>	+00:20:33 (29.6%)	6:35	9.1 (70.5%)
85	<b>STASIŃSKI Paweł</b>	<b>308</b>	18 BATALION DOWODZENIA	M36-44	17	<b>01:09:39.52</b>	+00:20:39 (29.7%)	6:36	9.1 (70.5%)
86	<b>WYCZÓŁKOWSKI Jakub</b>	<b>268</b>	7 BATALION KAWALERII POWIETRZNEJ	M18-35	52	<b>01:09:56.63</b>	+00:20:57 (30.0%)	6:37	9.1 (70.5%)
87	<b>KRZYŻANOWSKI Kamil</b>	<b>114</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	53	<b>01:10:03.45</b>	+00:21:03 (30.1%)	6:38	9 (69.8%)
88	<b>ŚWIĄTEK Bartłomiej</b>	<b>231</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	54	<b>01:10:11.41</b>	+00:21:11 (30.2%)	6:39	9 (69.8%)
89	<b>KOWALSKA Natalia</b>	<b>108</b>	7 POMORSKA BRYGADA OBRONY TERYTORIALNEJ	K18-35	3	<b>01:10:12.96</b>	+00:21:13 (30.2%)	6:39	9 (69.8%)
90	<b>OLESEK Jerzy</b>	<b>295</b>	SP MW	M45+	8	<b>01:10:16.37</b>	+00:21:16 (30.3%)	6:39	9 (69.8%)
91	<b>MIERZANIEC Dawid</b>	<b>148</b>	1 PBOT	M18-35	55	<b>01:10:18.96</b>	+00:21:19 (30.3%)	6:39	9 (69.8%)
92	<b>MALINOWSKI Karol</b>	<b>142</b>	DWOT	M45+	9	<b>01:10:31.35</b>	+00:21:31 (30.5%)	6:41	9 (69.8%)
93	<b>SZYMAŃSKI Kamil</b>	<b>292</b>		M36-44	18	<b>01:10:43.49</b>	+00:21:43 (30.7%)	6:42	9 (69.8%)
94	<b>MOŹDŻYŃSKI-WÓJCIK Miłosz</b>	<b>151</b>	AWL	M18-35	56	<b>01:11:01.34</b>	+00:22:01 (31.0%)	6:43	8.9 (69.0%)
95	<b>HAŁACZKIEWICZ Michał</b>	<b>65</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	57	<b>01:11:15.96</b>	+00:22:16 (31.3%)	6:45	8.9 (69.0%)
96	<b>WYSŁUCH Wojciech</b>	<b>269</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	58	<b>01:11:23.92</b>	+00:22:24 (31.4%)	6:45	8.9 (69.0%)
97	<b>WÓJCIK Magdalena</b>	<b>266</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	4	<b>01:11:24.15</b>	+00:22:24 (31.4%)	6:46	8.9 (69.0%)
98	<b>BERNER Marcin</b>	<b>285</b>	9 ŁBOT	M18-35	59	<b>01:11:38.56</b>	+00:22:38 (31.6%)	6:47	8.8 (68.2%)
99	<b>OPALSKI Kacper</b>	<b>164</b>	AWL	M18-35	60	<b>01:11:44.24</b>	+00:22:44 (31.7%)	6:47	8.8 (68.2%)
100	<b>KUBICZ Arkadiusz</b>	<b>115</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	61	<b>01:11:49.25</b>	+00:22:49 (31.8%)	6:48	8.8 (68.2%)
101	<b>CHŁAP Ireneusz</b>	<b>25</b>	13 ŚLĄSKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	19	<b>01:11:50.49</b>	+00:22:50 (31.8%)	6:48	8.8 (68.2%)
102	<b>CHODKIEWICZ Arkadiusz</b>	<b>27</b>	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	M18-35	62	<b>01:12:00.56</b>	+00:23:00 (32.0%)	6:49	8.8 (68.2%)
103	<b>WITKOWSKI Rafał</b>	<b>255</b>	SPWL POZNAŃ	M45+	10	<b>01:12:03.58</b>	+00:23:04 (32.0%)	6:49	8.8 (68.2%)
104	<b>KASPRZYK Piotr</b>	<b>92</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	63	<b>01:12:04.03</b>	+00:23:04 (32.0%)	6:49	8.8 (68.2%)
105	<b>BARAN Michał</b>	<b>5</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	64	<b>01:12:05.97</b>	+00:23:06 (32.0%)	6:49	8.8 (68.2%)
106	<b>ROMAN Krzysztof</b>	<b>314</b>	SFORA BMK	M45+	11	<b>01:12:15.07</b>	+00:23:15 (32.2%)	6:50	8.8 (68.2%)
107	<b>ŁUSZCZAK Mirosław</b>	<b>137</b>	GRR	M36-44	20	<b>01:12:16.02</b>	+00:23:16 (32.2%)	6:50	8.8 (68.2%)
108	<b>WOJCIECHOWSKA Ines</b>	<b>259</b>	MŁODY VS STARY / SFORA BMK	K45+	1	<b>01:12:20.17</b>	+00:23:20 (32.3%)	6:51	8.8 (68.2%)
109	<b>KAMIŃSKI Daniel</b>	<b>87</b>	AKADEMIA MARYNARKI WOJENNEJ	M18-35	65	<b>01:12:31.31</b>	+00:23:31 (32.4%)	6:52	8.7 (67.4%)
110	<b>WAŚLICKI Mariusz</b>	<b>248</b>	1 BLTR	M36-44	21	<b>01:12:34.91</b>	+00:23:35 (32.5%)	6:52	8.7 (67.4%)
111	<b>DREWNIAK Tomasz</b>	<b>34</b>	JW3775	M45+	12	<b>01:12:44.00</b>	+00:23:44 (32.6%)	6:53	8.7 (67.4%)
112	<b>OKRÓJ Piotr</b>	<b>161</b>	7 POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	66	<b>01:12:46.35</b>	+00:23:46 (32.7%)	6:53	8.7 (67.4%)
113	<b>PECIO Mariusz</b>	<b>173</b>	SZKOŁA GŁÓWNA SŁUŻBY POŻARNICZEJ	M45+	13	<b>01:12:47.83</b>	+00:23:48 (32.7%)	6:53	8.7 (67.4%)
114	<b>FIRMANTY Przemysław</b>	<b>45</b>	CWAŁUJĄCE ŻÓŁWIE	M36-44	22	<b>01:12:59.35</b>	+00:23:59 (32.9%)	6:55	8.7 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
115	<b>KARCZEWSKI Michał</b>	<b>90</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	67	<b>01:13:03.14</b>	+00:24:03 (32.9%)	6:55	8.7 (67.4%)
116	<b>SARUGA Damian</b>	<b>204</b>	10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	68	<b>01:13:04.38</b>	+00:24:04 (33.0%)	6:55	8.7 (67.4%)
117	<b>KACZMARCZYK Sebastian</b>	<b>81</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	69	<b>01:13:31.38</b>	+00:24:31 (33.4%)	6:58	8.6 (66.7%)
118	<b>BARYSZ Piotr</b>	<b>7</b>		M18-35	70	<b>01:13:31.61</b>	+00:24:32 (33.4%)	6:58	8.6 (66.7%)
119	<b>KARASEK Kacper</b>	<b>89</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	71	<b>01:13:32.03</b>	+00:24:32 (33.4%)	6:58	8.6 (66.7%)
120	<b>SZCZYGIEŁ Marcin</b>	<b>223</b>		M36-44	23	<b>01:13:32.87</b>	+00:24:33 (33.4%)	6:58	8.6 (66.7%)
121	<b>WIETRZYŃSKI Maciej</b>	<b>252</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	72	<b>01:13:56.21</b>	+00:24:56 (33.7%)	7:00	8.6 (66.7%)
122	<b>NIEMCZUK Daniel</b>	<b>157</b>		M36-44	24	<b>01:13:58.04</b>	+00:24:58 (33.8%)	7:00	8.6 (66.7%)
123	<b>GŁOWACKI Sławomir</b>	<b>53</b>	MAZOWIECKI ODDZIAŁ ŻANDARMERII WOJSKOWEJ	M36-44	25	<b>01:14:01.60</b>	+00:25:02 (33.8%)	7:00	8.6 (66.7%)
124	<b>JADESZKO Michał</b>	<b>69</b>	ODDZIAŁ ŻANDARMERII WOJSKOWEJ W ELBLĄGU	M18-35	73	<b>01:14:07.67</b>	+00:25:08 (33.9%)	7:01	8.5 (65.9%)
125	<b>DUDEK Paweł</b>	<b>37</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	74	<b>01:14:07.83</b>	+00:25:08 (33.9%)	7:01	8.5 (65.9%)
126	<b>ZAWADZKI Filip</b>	<b>271</b>	WOJSKOWA AKADEMIA TECHNICZNA	M36-44	26	<b>01:14:15.01</b>	+00:25:15 (34.0%)	7:02	8.5 (65.9%)
127	<b>MASŁOWSKI Mateusz</b>	<b>143</b>	6.WOG USTKA	M36-44	27	<b>01:14:15.96</b>	+00:25:16 (34.0%)	7:02	8.5 (65.9%)
128	<b>SZYPULEWSKI Paweł</b>	<b>149</b>		M18-35	75	<b>01:14:20.61</b>	+00:25:21 (34.1%)	7:02	8.5 (65.9%)
129	<b>RZYMSKI Oskar</b>	<b>199</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	76	<b>01:14:21.71</b>	+00:25:22 (34.1%)	7:02	8.5 (65.9%)
130	<b>LECHOWSKA Agnieszka</b>	<b>127</b>	JW CSAIU	K45+	2	<b>01:14:35.39</b>	+00:25:35 (34.3%)	7:04	8.5 (65.9%)
131	<b>ŁUCZYŃSKI Adrian</b>	<b>136</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	77	<b>01:14:48.93</b>	+00:25:49 (34.5%)	7:05	8.5 (65.9%)
132	<b>KWAPIS Wojciech</b>	<b>297</b>	SP MW	M36-44	28	<b>01:14:51.49</b>	+00:25:51 (34.6%)	7:05	8.5 (65.9%)
133	<b>CHODKIEWICZ Wojciech</b>	<b>26</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	78	<b>01:14:52.60</b>	+00:25:53 (34.6%)	7:05	8.5 (65.9%)
134	<b>PAWLAK Mateusz</b>	<b>171</b>	7 BATALION KAWALERII POWIETRZNEJ	M18-35	79	<b>01:14:54.08</b>	+00:25:54 (34.6%)	7:05	8.5 (65.9%)
135	<b>FELKNER Kamil</b>	<b>43</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	80	<b>01:14:59.57</b>	+00:25:59 (34.7%)	7:06	8.4 (65.1%)
136	<b>KAFAR Mateusz</b>	<b>315</b>		M18-35	81	<b>01:15:05.55</b>	+00:26:05 (34.8%)	7:07	8.4 (65.1%)
137	<b>MACIEJEWSKI Bartłomiej</b>	<b>139</b>	MAZOWIECKI ODDZIAŁ ŻANDARMERII WOJSKOWEJ	M18-35	82	<b>01:15:11.64</b>	+00:26:12 (34.8%)	7:07	8.4 (65.1%)
138	<b>IDCZAK Daniel</b>	<b>62</b>	PK	Drużyna	8	<b>01:15:12.00</b>	+00:26:12 (34.8%)	7:07	8.4 (65.1%)
139	<b>WALCZAK Adrian</b>	<b>244</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	83	<b>01:15:18.72</b>	+00:26:19 (34.9%)	7:08	8.4 (65.1%)
140	<b>RUMAK Piotr</b>	<b>194</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	84	<b>01:15:21.75</b>	+00:26:22 (35.0%)	7:08	8.4 (65.1%)
141	<b>WIERZBICKI Kamil</b>	<b>251</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	85	<b>01:15:22.10</b>	+00:26:22 (35.0%)	7:08	8.4 (65.1%)
142	<b>BOREK Michał</b>	<b>13</b>	10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	29	<b>01:15:45.45</b>	+00:26:45 (35.3%)	7:10	8.4 (65.1%)
143	<b>TENDERENDA Kamil</b>	<b>232</b>	1 BAZA LOTNICTWA TRANSPORTOWEGO	M36-44	30	<b>01:16:07.75</b>	+00:27:08 (35.6%)	7:12	8.3 (64.3%)
144	<b>WOLIŃSKI Karol</b>	<b>264</b>	SGO GDAŃSK	M36-44	31	<b>01:16:12.13</b>	+00:27:12 (35.7%)	7:13	8.3 (64.3%)
145	<b>ESSI-EZINH Aleksander</b>	<b>42</b>	SFORA BMK	M18-35	86	<b>01:16:23.98</b>	+00:27:24 (35.9%)	7:14	8.3 (64.3%)
146	<b>STRADOMSKA Julia</b>	<b>217</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	5	<b>01:16:28.50</b>	+00:27:28 (35.9%)	7:14	8.3 (64.3%)
147	<b>SURMIAK Maciej</b>	<b>219</b>	CWAŁUJĄCE ŻÓŁWIE	M36-44	32	<b>01:16:28.83</b>	+00:27:29 (35.9%)	7:14	8.3 (64.3%)
148	<b>IZDEBSKI Marcin</b>	<b>283</b>	OSŻW MIŃSK MAZOWIECKI	M18-35	87	<b>01:16:29.50</b>	+00:27:29 (35.9%)	7:14	8.3 (64.3%)
149	<b>KAJA Robert</b>	<b>84</b>		M45+	14	<b>01:16:30.28</b>	+00:27:30 (36.0%)	7:15	8.3 (64.3%)
150	<b>TYMOSZ Piotr</b>	<b>239</b>	AWL	M18-35	88	<b>01:16:38.30</b>	+00:27:38 (36.1%)	7:15	8.3 (64.3%)
151	<b>BIKOWSKI Karol</b>	<b>10</b>	15 BRYGADA ZMECHANIZOWANA	M18-35	89	<b>01:16:41.27</b>	+00:27:41 (36.1%)	7:16	8.3 (64.3%)
152	<b>SZCZYPLIŃSKA Anna</b>	<b>224</b>	MŁODY VS STARY / SFORA BMK	K45+	3	<b>01:16:46.63</b>	+00:27:47 (36.2%)	7:16	8.2 (63.6%)
153	<b>WENGER Jakub</b>	<b>249</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	90	<b>01:16:48.13</b>	+00:27:48 (36.2%)	7:16	8.2 (63.6%)
154	<b>FRASOŃSKI Michał</b>	<b>47</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	91	<b>01:16:51.32</b>	+00:27:51 (36.3%)	7:17	8.2 (63.6%)
155	<b>WEILAND Adrian</b>	<b>288</b>	NIGHT WOLVES	M36-44	33	<b>01:16:52.30</b>	+00:27:52 (36.3%)	7:17	8.2 (63.6%)
156	<b>CHERUBIN Bartosz</b>	<b>24</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	92	<b>01:17:08.20</b>	+00:28:08 (36.5%)	7:18	8.2 (63.6%)
157	<b>DUL Adrian</b>	<b>38</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	93	<b>01:17:16.89</b>	+00:28:17 (36.6%)	7:19	8.2 (63.6%)
158	<b>ZIMNY Paweł</b>	<b>298</b>	PK	Drużyna	9	<b>01:17:26.00</b>	+00:28:26 (36.7%)	7:20	8.2 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
159	<b>MROCZKOWSKI Paweł</b>	<b>152</b>	1 PBOT	M18-35	94	<b>01:17:28.15</b>	+00:28:28 (36.8%)	7:20	8.2 (63.6%)
160	<b>KUBISA Wojciech</b>	<b>117</b>	AWL	M18-35	95	<b>01:17:33.71</b>	+00:28:34 (36.8%)	7:21	8.2 (63.6%)
161	<b>MICHALIK Nikodem</b>	<b>145</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	96	<b>01:17:35.03</b>	+00:28:35 (36.9%)	7:21	8.2 (63.6%)
162	<b>BONISŁAWSKI Łukasz</b>	<b>12</b>	1 BAZA LOTNICTWA TRANSPORTOWEGO	M18-35	97	<b>01:17:48.67</b>	+00:28:49 (37.0%)	7:22	8.1 (62.8%)
163	<b>SEKUŁA Bartłomiej</b>	<b>206</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	98	<b>01:17:49.74</b>	+00:28:50 (37.1%)	7:22	8.1 (62.8%)
164	<b>WOJDA Albert</b>	<b>261</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	99	<b>01:17:51.34</b>	+00:28:51 (37.1%)	7:22	8.1 (62.8%)
165	<b>JANKIEWICZ Marek</b>	<b>72</b>	CSŁII ZEGRZE	M36-44	34	<b>01:18:02.73</b>	+00:29:03 (37.2%)	7:23	8.1 (62.8%)
166	<b>BIAŁAS Paweł</b>	<b>8</b>		M18-35	100	<b>01:18:03.77</b>	+00:29:04 (37.2%)	7:23	8.1 (62.8%)
167	<b>PAŁACHA Anna</b>	<b>168</b>	10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ	K36-44	2	<b>01:18:04.10</b>	+00:29:04 (37.2%)	7:23	8.1 (62.8%)
168	<b>BARTNIK Michał</b>	<b>291</b>	15 BRYGADA ZMECHANIZOWANA	M18-35	101	<b>01:18:04.13</b>	+00:29:04 (37.2%)	7:23	8.1 (62.8%)
169	<b>NOWAK Arkadiusz</b>	<b>159</b>	AWL	M18-35	102	<b>01:18:07.71</b>	+00:29:08 (37.3%)	7:24	8.1 (62.8%)
170	<b>PANASIUK Paweł</b>	<b>169</b>	1 PBOT	M36-44	35	<b>01:18:18.91</b>	+00:29:19 (37.4%)	7:25	8.1 (62.8%)
171	<b>LEWANDOWSKI Mateusz</b>	<b>130</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	103	<b>01:18:31.18</b>	+00:29:31 (37.6%)	7:26	8.1 (62.8%)
172	<b>PIELA Daniel</b>	<b>177</b>		M18-35	104	<b>01:18:38.12</b>	+00:29:38 (37.7%)	7:27	8.1 (62.8%)
173	<b>JAGODA Anna</b>	<b>70</b>		K18-35	6	<b>01:18:42.77</b>	+00:29:43 (37.8%)	7:27	8 (62.0%)
174	<b>MATEUSZ Głomb</b>	<b>144</b>		M18-35	105	<b>01:18:44.62</b>	+00:29:45 (37.8%)	7:27	8 (62.0%)
175	<b>KALETA Tomasz</b>	<b>85</b>		M18-35	106	<b>01:18:48.55</b>	+00:29:48 (37.8%)	7:28	8 (62.0%)
176	<b>STASZAK Wojciech</b>	<b>215</b>	KMP KOSZALIN	M18-35	107	<b>01:18:51.46</b>	+00:29:51 (37.9%)	7:28	8 (62.0%)
177	<b>ŚLIWIŃSKI Filip</b>	<b>229</b>	1 RBLOG	M18-35	108	<b>01:18:52.24</b>	+00:29:52 (37.9%)	7:28	8 (62.0%)
178	<b>CISŁO Bartłomiej</b>	<b>28</b>		M18-35	109	<b>01:18:52.32</b>	+00:29:52 (37.9%)	7:28	8 (62.0%)
179	<b>KAMIŃSKI Michał</b>	<b>307</b>	AWL WROCŁAW	M18-35	110	<b>01:18:52.96</b>	+00:29:53 (37.9%)	7:28	8 (62.0%)
180	<b>BROCKI Artur</b>	<b>17</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	111	<b>01:18:54.96</b>	+00:29:55 (37.9%)	7:28	8 (62.0%)
181	<b>PASTERNAK Joanna</b>	<b>170</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	7	<b>01:18:54.99</b>	+00:29:55 (37.9%)	7:28	8 (62.0%)
182	<b>LEWIŃSKA Monika</b>	<b>132</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	8	<b>01:19:00.24</b>	+00:30:00 (38.0%)	7:29	8 (62.0%)
183	<b>STASZKIEWICZ Tomasz</b>	<b>216</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	112	<b>01:19:03.17</b>	+00:30:03 (38.0%)	7:29	8 (62.0%)
184	<b>KISIELEWSKA Daria</b>	<b>98</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	9	<b>01:19:05.71</b>	+00:30:06 (38.1%)	7:29	8 (62.0%)
185	<b>GRABOWSKA Aleksandra</b>	<b>56</b>	LOTNICZA AKADEMIA WOJSKOWA	K18-35	10	<b>01:19:44.19</b>	+00:30:44 (38.6%)	7:33	7.9 (61.2%)
186	<b>STAŃCZYK Szymon</b>	<b>214</b>	RCI GDYNIA	M18-35	113	<b>01:19:44.69</b>	+00:30:45 (38.6%)	7:33	7.9 (61.2%)
187	<b>TOMCZAK Dominik</b>	<b>235</b>	MORSKA JEDNOSTKA RAKIETOWA SIEMIROWICE	M45+	15	<b>01:19:45.53</b>	+00:30:45 (38.6%)	7:33	7.9 (61.2%)
188	<b>OLSZAR Grzegorz</b>	<b>163</b>	DARŁOWSKIE CHARTY	M36-44	36	<b>01:20:10.29</b>	+00:31:10 (38.9%)	7:35	7.9 (61.2%)
189	<b>CZAJCZYŃSKI Daniel</b>	<b>306</b>	SFORA BMK	M45+	16	<b>01:20:26.90</b>	+00:31:27 (39.1%)	7:37	7.9 (61.2%)
190	<b>ZIEMNICKI Michał</b>	<b>273</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	114	<b>01:20:41.93</b>	+00:31:42 (39.3%)	7:38	7.8 (60.5%)
191	<b>BOŻYK Tomasz</b>	<b>14</b>	MAZOWIECKI ODDZIAŁ ŻANDARMERII WOJSKOWEJ	M18-35	115	<b>01:20:46.05</b>	+00:31:46 (39.3%)	7:39	7.8 (60.5%)
192	<b>PIECZKO Jakub</b>	<b>175</b>	5 PUŁK CHEMICZNY	M18-35	116	<b>01:20:51.05</b>	+00:31:51 (39.4%)	7:39	7.8 (60.5%)
193	<b>CYGANEK Michał</b>	<b>301</b>	JW 4724	M18-35	117	<b>01:21:05.74</b>	+00:32:06 (39.6%)	7:41	7.8 (60.5%)
194	<b>OPIEKA Mariusz</b>	<b>165</b>	1BAZA LOTNICTWA TRANSPORTOWEGO	M36-44	37	<b>01:21:06.75</b>	+00:32:07 (39.6%)	7:41	7.8 (60.5%)
195	<b>KALINOWSKI Szymon</b>	<b>86</b>	1 BATALION STRZELCÓW PODHALAŃSKICH	M18-35	118	<b>01:21:12.66</b>	+00:32:13 (39.7%)	7:41	7.8 (60.5%)
196	<b>DUDA Maciej</b>	<b>36</b>	10 WARSZAWSKI PUŁK SAMOCHODOWY	M18-35	119	<b>01:21:16.88</b>	+00:32:17 (39.7%)	7:42	7.8 (60.5%)
197	<b>SIDOR Wojciech</b>	<b>207</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	120	<b>01:21:31.18</b>	+00:32:31 (39.9%)	7:43	7.8 (60.5%)
198	<b>JANOWSKI Michał</b>	<b>74</b>	8 KUJAWSKO-POMORSA BRYGADA OBRONY TERYTORIALNEJ	M18-35	121	<b>01:21:36.66</b>	+00:32:37 (40.0%)	7:44	7.8 (60.5%)
199	<b>URBANOWICZ Dawid</b>	<b>242</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	122	<b>01:21:50.40</b>	+00:32:50 (40.1%)	7:45	7.7 (59.7%)
200	<b>GRUDZIŃSKI Michał</b>	<b>61</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	123	<b>01:21:51.81</b>	+00:32:52 (40.2%)	7:45	7.7 (59.7%)
201	<b>WIŚNIEWSKI Patrycjusz</b>	<b>254</b>	23 BAZA LOTNICTWA TAKTYCZNEGO	M36-44	38	<b>01:21:52.23</b>	+00:32:52 (40.2%)	7:45	7.7 (59.7%)
202	<b>ŁUCZAK Justyna</b>	<b>135</b>	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	11	<b>01:21:52.38</b>	+00:32:52 (40.2%)	7:45	7.7 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
203	<b>GRZECHULSKI Piotr</b>	<b>63</b>	MORSKA JEDNOSTKA RAKIETOWA SIEMIROWICE	M45+	17	<b>01:21:56.27</b>	+00:32:56 (40.2%)	7:45	7.7 (59.7%)
204	<b>SYGNATOWICZ Grzegorz</b>	<b>221</b>	SFORA BMK	M18-35	124	<b>01:22:02.03</b>	+00:33:02 (40.3%)	7:46	7.7 (59.7%)
205	<b>DZIUDZIEL Maciej</b>	<b>41</b>	SFORA BMK	M18-35	125	<b>01:22:03.00</b>	+00:33:03 (40.3%)	7:46	7.7 (59.7%)
206	<b>KASZUBOWSKI Marek</b>	<b>93</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	126	<b>01:22:07.67</b>	+00:33:08 (40.3%)	7:47	7.7 (59.7%)
207	<b>WOJTYNA Wojciech</b>	<b>263</b>	AKADEMIA MARYNARKI WOJENNEJ	M18-35	127	<b>01:22:17.30</b>	+00:33:17 (40.5%)	7:47	7.7 (59.7%)
208	<b>KWIATKOWSKI Dominik</b>	<b>126</b>	AKADEMIA MARYNARKI WOJENNEJ	M18-35	128	<b>01:22:23.27</b>	+00:33:23 (40.5%)	7:48	7.7 (59.7%)
209	<b>KOCZWARA Agnieszka</b>	<b>280</b>	32 DROP	K36-44	3	<b>01:22:30.08</b>	+00:33:30 (40.6%)	7:49	7.7 (59.7%)
210	<b>GRABOWSKI Zbigniew</b>	<b>57</b>	SFORA BMK	M45+	18	<b>01:22:31.07</b>	+00:33:31 (40.6%)	7:49	7.7 (59.7%)
211	<b>PRZYBYŁA Karol</b>	<b>309</b>		M36-44	39	<b>01:22:31.35</b>	+00:33:31 (40.6%)	7:49	7.7 (59.7%)
212	<b>PIEKUTOWSKI Michał</b>	<b>279</b>	AKADEMIA MARYNARKI WOJENNEJ	M18-35	129	<b>01:22:33.23</b>	+00:33:33 (40.7%)	7:49	7.7 (59.7%)
213	<b>KAPELUSZ Piotr</b>	<b>88</b>	MDS BRODNICA	M45+	19	<b>01:22:48.49</b>	+00:33:48 (40.8%)	7:50	7.6 (58.9%)
214	<b>TULCZYŃSKI Marcin</b>	<b>237</b>	CWAŁUJĄCE ŻÓŁWIE	M45+	20	<b>01:22:56.72</b>	+00:33:57 (40.9%)	7:51	7.6 (58.9%)
215	<b>FURMAN Paweł</b>	<b>50</b>	SFORA BMK	M36-44	40	<b>01:23:04.82</b>	+00:34:05 (41.0%)	7:52	7.6 (58.9%)
216	<b>JERLECKI Jędrzej</b>	<b>77</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	130	<b>01:23:13.14</b>	+00:34:13 (41.1%)	7:53	7.6 (58.9%)
217	<b>WĘCŁAWIAK Jakub</b>	<b>250</b>		M18-35	131	<b>01:23:35.14</b>	+00:34:35 (41.4%)	7:55	7.6 (58.9%)
218	<b>RACZYŃSKA Anna</b>	<b>190</b>	7 BOW/1 LBZ	K36-44	4	<b>01:23:40.56</b>	+00:34:40 (41.4%)	7:55	7.6 (58.9%)
219	<b>KIDOŃ Przemysław</b>	<b>97</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	132	<b>01:23:58.84</b>	+00:34:59 (41.7%)	7:57	7.5 (58.1%)
220	<b>NAWRAT Katarzyna</b>	<b>154</b>	AWL	K18-35	12	<b>01:24:04.54</b>	+00:35:04 (41.7%)	7:58	7.5 (58.1%)
221	<b>WRZOS Bartosz</b>	<b>300</b>	JW NIL	M18-35	133	<b>01:24:05.44</b>	+00:35:05 (41.7%)	7:58	7.5 (58.1%)
222	<b>KOŁODZIEJ Jakub</b>	<b>101</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	134	<b>01:24:12.14</b>	+00:35:12 (41.8%)	7:58	7.5 (58.1%)
223	<b>WOŁCZYK Marcin</b>	<b>265</b>		M18-35	135	<b>01:24:14.57</b>	+00:35:14 (41.8%)	7:59	7.5 (58.1%)
224	<b>WIĘCZKOWSKI Wojciech</b>	<b>253</b>		M45+	21	<b>01:24:17.90</b>	+00:35:18 (41.9%)	7:59	7.5 (58.1%)
225	<b>SADŁOWSKI Filip</b>	<b>201</b>		M18-35	136	<b>01:24:59.80</b>	+00:36:00 (42.4%)	8:03	7.4 (57.4%)
226	<b>GIERAT Dawid</b>	<b>52</b>		M18-35	137	<b>01:25:00.00</b>	+00:36:00 (42.4%)	8:03	7.4 (57.4%)
227	<b>POSŁUSZNY Paweł</b>	<b>187</b>	AWF WROCŁAW	M36-44	41	<b>01:25:25.33</b>	+00:36:25 (42.6%)	8:05	7.4 (57.4%)
228	<b>RUTKOWSKI Damian</b>	<b>195</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	138	<b>01:25:37.41</b>	+00:36:37 (42.8%)	8:06	7.4 (57.4%)
229	<b>TOŁŁOCZKO Oliwia</b>	<b>234</b>	AKADEMIA MARYNARKI WOJENNEJ	K18-35	13	<b>01:25:51.35</b>	+00:36:51 (42.9%)	8:08	7.4 (57.4%)
230	<b>JANOWICZ Patryk</b>	<b>73</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	139	<b>01:26:10.71</b>	+00:37:11 (43.1%)	8:10	7.3 (56.6%)
231	<b>KULCZYCKI Kamil</b>	<b>120</b>		M18-35	140	<b>01:26:34.18</b>	+00:37:34 (43.4%)	8:12	7.3 (56.6%)
232	<b>CHEBDA Krzysztof</b>	<b>23</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	141	<b>01:26:35.44</b>	+00:37:35 (43.4%)	8:12	7.3 (56.6%)
233	<b>DRZYZGA Szymon</b>	<b>35</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	142	<b>01:26:37.35</b>	+00:37:37 (43.4%)	8:12	7.3 (56.6%)
234	<b>KWIATKOWSKI Jan</b>	<b>125</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	143	<b>01:27:01.84</b>	+00:38:02 (43.7%)	8:14	7.3 (56.6%)
235	<b>LEWANDOWSKI Radosław</b>	<b>129</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	144	<b>01:27:02.35</b>	+00:38:02 (43.7%)	8:14	7.3 (56.6%)
236	<b>KOSEWSKA Monika</b>	<b>104</b>	MŁODY VS STARY / SFORA BMK	K36-44	5	<b>01:27:06.21</b>	+00:38:06 (43.8%)	8:15	7.3 (56.6%)
237	<b>LETKI Paweł</b>	<b>128</b>	HDK PCK SAPER	M36-44	42	<b>01:27:32.39</b>	+00:38:32 (44.0%)	8:17	7.2 (55.8%)
238	<b>GRUSZKA Michał</b>	<b>296</b>	PK	Drużyna	10	<b>01:27:35.00</b>	+00:38:35 (44.1%)	8:18	7.2 (55.8%)
239	<b>HÖNBRECHTS Eryk</b>	<b>67</b>	AWL	M18-35	145	<b>01:28:04.87</b>	+00:39:05 (44.4%)	8:20	7.2 (55.8%)
240	<b>WICIK Przemysław</b>	<b>287</b>	9 ŁBOT	M36-44	43	<b>01:28:12.44</b>	+00:39:12 (44.5%)	8:21	7.2 (55.8%)
241	<b>ŁOŚ Małgorzata</b>	<b>134</b>	BIGYELLOWFOOT ADVENTURE TEAM	K18-35	14	<b>01:28:37.93</b>	+00:39:38 (44.7%)	8:23	7.1 (55.0%)
242	<b>KWAŚNIEWSKI Łukasz</b>	<b>124</b>		M36-44	44	<b>01:28:38.06</b>	+00:39:38 (44.7%)	8:24	7.1 (55.0%)
243	<b>GRUBSKA Paula</b>	<b>60</b>		K18-35	15	<b>01:28:43.11</b>	+00:39:43 (44.8%)	8:24	7.1 (55.0%)
244	<b>JANISZEWSKI Andrzej</b>	<b>71</b>	CWAŁUJĄCE ŻÓŁWIE	M36-44	45	<b>01:28:50.84</b>	+00:39:51 (44.9%)	8:25	7.1 (55.0%)
245	<b>KLIMEK Marcin</b>	<b>99</b>		M18-35	146	<b>01:28:57.62</b>	+00:39:58 (44.9%)	8:25	7.1 (55.0%)
246	<b>ZYGA Krystian</b>	<b>276</b>		M18-35	147	<b>01:29:10.57</b>	+00:40:10 (45.1%)	8:27	7.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
247	<b>GAWRYLCZYK Paweł</b>	<b>172</b>	PK	Drużyna	11	<b>01:29:21.00</b>	+00:40:21 (45.2%)	8:28	7.1 (55.0%)
248	<b>KONWIŃSKI Michał</b>	<b>103</b>	MORSKA JEDNOSTKA RAKIETOWA SIEMIROWICE	M18-35	148	<b>01:29:22.15</b>	+00:40:22 (45.2%)	8:28	7.1 (55.0%)
249	<b>BURSKI Paweł</b>	<b>21</b>	SFORA BMK	M36-44	46	<b>01:29:58.07</b>	+00:40:58 (45.5%)	8:31	7 (54.3%)
250	<b>KULWICKI Jacek</b>	<b>121</b>	MDS BRODNICA	M36-44	47	<b>01:30:30.35</b>	+00:41:30 (45.9%)	8:34	7 (54.3%)
251	<b>BRALSKI Konrad</b>	<b>15</b>		M18-35	149	<b>01:31:01.41</b>	+00:42:01 (46.2%)	8:37	7 (54.3%)
252	<b>GRUSZCZYŃSKI Kamil</b>	<b>289</b>	JW 3390	M18-35	150	<b>01:31:08.98</b>	+00:42:09 (46.2%)	8:38	6.9 (53.5%)
253	<b>KULCZAK Paweł</b>	<b>119</b>		M36-44	48	<b>01:31:14.50</b>	+00:42:14 (46.3%)	8:38	6.9 (53.5%)
254	<b>PIELAK Tomasz</b>	<b>178</b>	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	151	<b>01:31:46.66</b>	+00:42:47 (46.6%)	8:41	6.9 (53.5%)
255	<b>BOBIS Krzysztof</b>	<b>290</b>	JW 3390	M18-35	152	<b>01:32:04.00</b>	+00:43:04 (46.8%)	8:43	6.9 (53.5%)
256	<b>RYBARCZYK Marek</b>	<b>196</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	153	<b>01:32:24.18</b>	+00:43:24 (47.0%)	8:45	6.9 (53.5%)
257	<b>LICKIEWICZ Izabela</b>	<b>281</b>	OSŻW MIŃSK MAZOWIECKI	K18-35	16	<b>01:32:39.07</b>	+00:43:39 (47.1%)	8:46	6.8 (52.7%)
258	<b>DĄBKOWSKI Mariusz</b>	<b>31</b>		M45+	22	<b>01:34:14.39</b>	+00:45:14 (48.0%)	8:55	6.7 (51.9%)
259	<b>KRAWCZYK Adam</b>	<b>305</b>	20 REL	M18-35	154	<b>01:34:15.63</b>	+00:45:16 (48.0%)	8:56	6.7 (51.9%)
260	<b>ANDRZEJEWSKI Mariusz</b>	<b>2</b>		M36-44	49	<b>01:34:30.17</b>	+00:45:30 (48.2%)	8:57	6.7 (51.9%)
261	<b>OSTASZ Łukasz</b>	<b>311</b>	JW 4724	M18-35	155	<b>01:34:35.31</b>	+00:45:35 (48.2%)	8:57	6.7 (51.9%)
262	<b>WALECKI Patryk</b>	<b>245</b>	MDS BRODNICA	M36-44	50	<b>01:35:33.97</b>	+00:46:34 (48.7%)	9:03	6.6 (51.2%)
263	<b>BUBEL Sebastian</b>	<b>19</b>	JW 3390	M36-44	51	<b>01:36:02.89</b>	+00:47:03 (49.0%)	9:06	6.6 (51.2%)
264	<b>RYPIŃSKA Kinga</b>	<b>197</b>	WOJSKOWA AKADEMIA TECHNICZNA	K18-35	17	<b>01:37:19.02</b>	+00:48:19 (49.7%)	9:13	6.5 (50.4%)
265	<b>KOMOROWSKI Damian</b>	<b>102</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	156	<b>01:37:19.79</b>	+00:48:20 (49.7%)	9:13	6.5 (50.4%)
266	<b>NOWAK Michał</b>	<b>293</b>		M18-35	157	<b>01:37:36.69</b>	+00:48:37 (49.8%)	9:15	6.5 (50.4%)
267	<b>KEMPIŃSKI Łukasz</b>	<b>95</b>		M18-35	158	<b>01:37:37.73</b>	+00:48:38 (49.8%)	9:15	6.5 (50.4%)
268	<b>NOWAK Kamil</b>	<b>294</b>		M36-44	52	<b>01:37:37.94</b>	+00:48:38 (49.8%)	9:15	6.5 (50.4%)
269	<b>FLESZER Natan</b>	<b>46</b>	12WBOT/151BLP	M18-35	159	<b>01:37:44.29</b>	+00:48:44 (49.9%)	9:15	6.5 (50.4%)
270	<b>PSIUK Przemysław</b>	<b>319</b>	5 PCHEM	M18-35	160	<b>01:38:24.08</b>	+00:49:24 (50.2%)	9:19	6.4 (49.6%)
271	<b>PIEKARSKI Paweł</b>	<b>176</b>	DWOT	M45+	23	<b>01:38:36.07</b>	+00:49:36 (50.3%)	9:20	6.4 (49.6%)
272	<b>KOWALCZYK Bartłomiej</b>	<b>107</b>	RCI WARSZAWA	M18-35	161	<b>01:39:14.13</b>	+00:50:14 (50.6%)	9:24	6.4 (49.6%)
273	<b>ŻĄŁOBA Paweł</b>	<b>277</b>	MON	M36-44	53	<b>01:39:23.26</b>	+00:50:23 (50.7%)	9:25	6.4 (49.6%)
274	<b>KAROLEWSKI Albert</b>	<b>91</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	162	<b>01:39:23.44</b>	+00:50:23 (50.7%)	9:25	6.4 (49.6%)
275	<b>PUŁAWSKI Kamil</b>	<b>188</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	163	<b>01:39:24.42</b>	+00:50:24 (50.7%)	9:25	6.4 (49.6%)
276	<b>ZNÓJ Tomasz</b>	<b>275</b>	SFORA BMK	M36-44	54	<b>01:41:28.27</b>	+00:52:28 (51.7%)	9:37	6.2 (48.1%)
277	<b>SADLEJ Konrad</b>	<b>200</b>	WOJSKOWA AKADEMIA TECHNICZNA	M18-35	164	<b>01:45:28.87</b>	+00:56:29 (53.6%)	9:59	6 (46.5%)
278	<b>SKROBEK Łukasz</b>	<b>312</b>		M36-44	55	<b>01:46:00.57</b>	+00:57:00 (53.8%)	10:02	6 (46.5%)
279	<b>SKROBEK Łukasz</b>	<b>313</b>	ARESZT CZĘSTOCHOWA	M36-44	56	<b>01:46:02.49</b>	+00:57:02 (53.8%)	10:03	6 (46.5%)
280	<b>KOZŁOWSKI Witold</b>	<b>110</b>		M36-44	57	<b>01:47:06.46</b>	+00:58:06 (54.3%)	10:09	5.9 (45.7%)
281	<b>OLCZYKOWSKI Bartosz</b>	<b>162</b>		M36-44	58	<b>01:49:31.94</b>	+01:00:32 (55.3%)	10:22	5.8 (45.0%)
282	<b>SZABLEWSKI Marcin</b>	<b>222</b>		M36-44	59	<b>01:53:30.10</b>	+01:04:30 (56.8%)	10:45	5.6 (43.4%)
283	<b>SAWICZ Łukasz</b>	<b>205</b>		M18-35	165	<b>01:53:30.74</b>	+01:04:31 (56.8%)	10:45	5.6 (43.4%)
284	<b>FUDALA Marta</b>	<b>49</b>		K18-35	18	<b>01:59:35.04</b>	+01:10:35 (59.0%)	11:20	5.3 (41.1%)

Znaleziono 284 wynik(ów)