

## 8000 M - M POW 46 LAT

B4SPORT  
INTEGRACYJNE ŚRODKI SPORTELNE

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

II Spartakiada Dowództwa Generalnego RSZ  
32 Baza Lotnictwa Taktycznego  
2024-04-17  
Łask  
8 km



Klasyfikacja: ZT

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Związki Taktyczne	Centra Szkolenia	0.1km	1km	2km	3km	4km	5km	6km	7km	Czas netto 8km	Różn	Tempo min/km	Tempo km/h
1	ST.SZER.SPEC. BARTKIEWICZ Krzysztof	131	12 DZ	ZT	1	ZT		00:00:14	00:03:39	00:07:11	00:10:47	00:14:26	00:18:04	00:21:44	00:25:25	<b>00:29:06.86</b>		3:38	16.5 (100%)
2	ST.CHOR.SZT. PLESIŃSKI Mariusz	129	11 DKPANC	ZT	2	ZT		00:00:14	00:03:50	00:07:36	00:11:24	00:15:06	00:18:50	00:22:36	00:26:22	<b>00:29:57.19</b>	+00:00:50 (2.8%)	3:44	16 (97.0%)
3	CHOR. KUŻAJ Grzegorz	130	11 DKPANC	ZT	3	ZT		00:00:14	00:03:51	00:07:36	00:11:24	00:15:06	00:18:50	00:22:35	00:26:22	<b>00:30:01.59</b>	+00:00:54 (3.0%)	3:45	16 (97.0%)
4	ST.CHOR. RĘBACZ Sylwester	140	2 SLT	ZT	4	ZT		00:00:14	00:03:51	00:07:36	00:11:25	00:15:14	00:19:06	00:22:57	00:26:48	<b>00:30:31.02</b>	+00:01:24 (4.6%)	3:48	15.7 (95.2%)
5	ST.CHOR.SZT. LEŚNIAK Piotr	135	18 DZ	ZT	5	ZT		00:00:15	00:03:54	00:07:36	00:11:26	00:15:20	00:19:13	00:23:07	00:27:00	<b>00:30:45.75</b>	+00:01:38 (5.4%)	3:50	15.6 (94.5%)
6	ST.SIERŻ. CIERNIAK Jarosław	142	3 SLTR	ZT	6	ZT		00:00:15	00:03:55	00:07:36	00:11:25	00:15:15	00:19:07	00:23:04	00:27:01	<b>00:30:47.89</b>	+00:01:41 (5.5%)	3:50	15.6 (94.5%)
7	ST.CHOR. KARUŚ Waldemar	136	18 DZ	ZT	7	ZT		00:00:15	00:03:57	00:07:43	00:11:35	00:15:28	00:19:22	00:23:17	00:27:11	<b>00:31:01.53</b>	+00:01:54 (6.2%)	3:52	15.5 (93.9%)
8	ST.CHOR.SZT. MICHNO Mariusz	134	16 DZ	ZT	8	ZT		00:00:15	00:04:02	00:07:51	00:11:44	00:15:38	00:19:34	00:23:31	00:27:30	<b>00:31:23.30</b>	+00:02:16 (7.2%)	3:55	15.3 (92.7%)
9	ST.SZER.SPEC. KOWAL Tomasz	132	12 DZ	ZT	9	ZT		00:00:16	00:04:14	00:08:04	00:12:10	00:16:08	00:20:07	00:24:10	00:28:10	<b>00:31:59.25</b>	+00:02:52 (9.0%)	3:59	15 (90.9%)
10	ST.SZER.SPEC. BRYL Mirosław	133	16 DZ	ZT	10	ZT		00:00:15	00:04:04	00:08:00	00:12:00	00:16:00	00:20:04	00:24:10	00:28:12	<b>00:32:03.30</b>	+00:02:56 (9.2%)	4:00	15 (90.9%)
11	ST.CHOR.SZT. GBUR Arkadiusz	139	2 SLT	ZT	11	ZT		00:00:16	00:04:12	00:08:04	00:12:10	00:16:12	00:20:14	00:24:20	00:28:22	<b>00:32:23.06</b>	+00:03:16 (10.1%)	4:02	14.8 (89.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Związki	Centra	0.1km	1km	2km	3km	4km	5km	6km	7km	Czas	Różn	Tempo min/km	Tempo km/h	
						Taktyczne	Szkolenia									netto 8km				
12	<b>ST.CHOR.SZT. GŁUSZCZAK Kazimierz</b>	<b>147</b>	8 FOW	ZT	12	ZT			00:00:15	00:03:58	00:07:56	00:12:03	00:16:12	00:20:23	00:24:40	00:28:53	<b>00:33:07.32</b>	+00:04:00 (12.1%)	4:08	14.5 (87.9%)
13	<b>ST.CHOR.SZT. CZERNIEWSKI Arkadiusz</b>	<b>144</b>	4 SLSZ	ZT	13	ZT			00:00:15	00:04:11	00:08:16	00:12:30	00:16:46	00:21:08	00:25:30	00:29:51	<b>00:34:02.08</b>	+00:04:55 (14.5%)	4:15	14.1 (85.5%)
14	<b>MŁ.CHOR.MAR. KUJAWSKI Robert</b>	<b>145</b>	3 FO	ZT	14	ZT			00:00:16	00:04:17	00:08:32	00:12:50	00:17:12	00:21:36	00:26:01	00:30:26	<b>00:34:43.07</b>	+00:05:36 (16.1%)	4:20	13.8 (83.6%)
15	<b>MŁ.CHOR. WOLKIEWICZ Marcin</b>	<b>141</b>	3 SLTR	ZT	15	ZT			00:00:18	00:04:40	00:09:06	00:13:38	00:18:11	00:22:44	00:27:17	00:31:47	<b>00:36:16.03</b>	+00:07:09 (19.7%)	4:32	13.2 (80.0%)
16	<b>ST.CHOR. OLENDER Grzegorz</b>	<b>143</b>	4 SLSZ	ZT	16	ZT			00:00:18	00:04:44	00:09:22	00:14:12	00:19:08	00:24:06	00:28:59	00:33:39	<b>00:38:07.02</b>	+00:09:00 (23.6%)	4:45	12.6 (76.4%)
17	<b>ST.CHOR.MAR. RÓŻYC Jarosław</b>	<b>146</b>	3 FO	ZT	17	ZT			00:00:19	00:04:58	00:09:58	00:15:00	00:19:57	00:24:51	00:29:46	00:34:41	<b>00:39:14.29</b>	+00:10:07 (25.8%)	4:54	12.2 (73.9%)
18	<b>BSMT JAWORSKI Sebastian</b>	<b>148</b>	8 FOW	ZT	18	ZT			00:00:18	00:04:55	00:10:02	00:15:20	00:20:39	00:26:03	00:31:24	00:36:50	<b>00:41:46.14</b>	+00:12:39 (30.3%)	5:13	11.5 (69.7%)
19	<b>ST.KPR. PYCKA Grzegorz</b>	<b>138</b>	1 SLT	ZT	19	ZT			00:00:16	00:04:52	00:10:02	00:15:20	00:20:39	00:26:03	00:31:24	00:36:50	<b>00:42:07.47</b>	+00:13:00 (30.9%)	5:15	11.4 (69.1%)
20	<b>ST.SZER. GALARA Marcin</b>	<b>137</b>	1 SLT	ZT	20	ZT			00:00:18	00:05:01	00:10:03	00:15:23	00:20:57	00:26:35	00:32:14	00:38:23	<b>00:43:51.62</b>	+00:14:44 (33.6%)	5:28	10.9 (66.1%)

Znaleziono 20 wynik(ów)