



Organizator: Fundacja Bieg Rzeźnika
Data: 2017-09-23
Miejsce: Łądek Zdrój
Dystans: 8.848 km

ALPINA EVEREST RUN

B4SPORT



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.848km	Czas brutto 8.848km	Różn	Tempo min/km	Tempo km/h
1	BONDARA Sylwia	70	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K18-35	1	00:39:58.50	00:40:01.65		4:31	13.3 (100%)
2	TOMASIAK Natalia	121	SALOMON SUUNTO TEAM	K18-35	2	00:40:02.45	00:40:02.45	+00:00:00 (0.0%)	4:31	13.3 (100%)
3	ŁABUZ Małgorzata	123	#SOBASTEAM	K18-35	3	00:41:29.95	00:41:33.50	+00:01:31 (3.7%)	4:41	12.8 (96.2%)
4	BAŁYS Katarzyna	97	HERCOG RUNNING TEAM	K18-35	4	00:45:30.20	00:45:34.25	+00:05:32 (12.2%)	5:08	11.7 (88.0%)
5	PACHURA Kinga	139		K36-49	1	00:45:59.70	00:46:03.70	+00:06:02 (13.1%)	5:11	11.5 (86.5%)
6	GORZUCH Justyna	32	KW WARSZAWA	K18-35	5	00:48:47.30	00:48:53.95	+00:08:52 (18.1%)	5:30	10.9 (82.0%)
7	PASTUCHA Katarzyna	57	CROSS KRAPKOWICE	K18-35	6	00:49:07.05	00:49:25.75	+00:09:24 (19.0%)	5:33	10.8 (81.2%)
8	OSMOLAK Agnieszka	51	PRO-RUN WROCŁAW	K18-35	7	00:50:05.30	00:50:11.35	+00:10:09 (20.2%)	5:39	10.6 (79.7%)
9	LEWANDOWSKA Patrycja	135	LKS ISKRA JASZKOWA	K18-35	8	00:51:05.60	00:51:15.80	+00:11:14 (21.9%)	5:46	10.4 (78.2%)
10	SKACZKOWSKA Barbara	103	OBIBOKI	K36-49	2	00:51:29.60	00:51:34.20	+00:11:32 (22.4%)	5:49	10.3 (77.4%)
11	WITKOWSKA Ania	54	KLUB KRÓLIKA STEFANA	K36-49	3	00:53:10.35	00:53:22.30	+00:13:20 (25.0%)	6:00	10 (75.2%)
12	GRZĘBSKA-BUJA Małgorzata	116	SKPT GDAŃSK	K36-49	4	00:53:19.05	00:53:33.35	+00:13:31 (25.3%)	6:01	10 (75.2%)
13	SOBCZAK Karolina	49		K18-35	9	00:53:30.50	00:53:38.55	+00:13:36 (25.4%)	6:02	9.9 (74.4%)
14	GAJEK Halina	26	ATHLETICS NYSA	K36-49	5	00:54:01.35	00:54:06.05	+00:14:04 (26.0%)	6:06	9.8 (73.7%)
15	KOPACKA Eliza	125		K18-35	10	00:54:19.30	00:54:29.90	+00:14:28 (26.6%)	6:08	9.8 (73.7%)
16	ZJAWIONA Katarzyna	133		K18-35	11	00:54:48.80	00:54:55.25	+00:14:53 (27.1%)	6:11	9.7 (72.9%)
17	KRZYSZTOFIAK Aleksandra	10	KOWARY BIEGAJĄ	K18-35	12	00:55:01.20	00:55:08.75	+00:15:07 (27.4%)	6:13	9.6 (72.2%)
18	KANECKA Mariola	9	KOWARY BIEGAJĄ	K36-49	6	00:55:02.35	00:55:09.20	+00:15:07 (27.4%)	6:13	9.6 (72.2%)
19	PASTUCHA Anna	58	CROSS KRAPKOWICE	K50+	1	00:55:28.05	00:55:41.25	+00:15:39 (28.1%)	6:16	9.6 (72.2%)
20	JUCHA Urszula	117		K36-49	7	00:57:30.60	00:57:43.95	+00:17:42 (30.7%)	6:29	9.2 (69.2%)
21	WITKOWSKA Monika	80	NIEZRZESZONA	K50+	2	00:58:21.00	00:58:24.95	+00:18:23 (31.5%)	6:35	9.1 (68.4%)
22	ŻORAWSKA Katarzyna	15		K18-35	13	00:58:32.05	00:58:43.90	+00:18:42 (31.8%)	6:36	9.1 (68.4%)
23	PAWLIK Katarzyna	75	5F TEAM	K18-35	14	00:58:59.50	00:59:12.30	+00:19:10 (32.4%)	6:40	9 (67.7%)
24	JÓSKOWSKA Beata	37	REKOWO BIEGA	K36-49	8	00:59:05.35	00:59:12.60	+00:19:10 (32.4%)	6:40	9 (67.7%)
25	POLAK Agnieszka	119	TATERNIK KW KATOWICE	K36-49	9	01:00:26.90	01:00:38.50	+00:20:36 (34.0%)	6:49	8.8 (66.2%)
26	BALICZ Agnieszka	50	VIP CLUB	K18-35	15	01:01:25.20	01:01:37.70	+00:21:36 (35.1%)	6:56	8.6 (64.7%)
27	CHALCIŃSKA Izabela	13		K36-49	10	01:02:00.05	01:02:09.30	+00:22:07 (35.6%)	7:00	8.6 (64.7%)

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28	MIKOŁAJCZYK Agata	18		K36-49	11	01:02:19.55	01:02:23.45	+00:22:21 (35.8%)	7:02	8.5 (63.9%)
29	GRZELEWSKA Izabela	30	BMC ŁÓDŹ	K36-49	12	01:03:10.00	01:03:16.20	+00:23:14 (36.7%)	7:08	8.4 (63.2%)
30	PRASZELIK Sylwia	28		K36-49	13	01:03:09.55	01:03:18.15	+00:23:16 (36.8%)	7:08	8.4 (63.2%)
31	KUCZAKOWSKA Joanna	45	BIEGOWE MISIE	K18-35	16	01:06:16.45	01:06:26.35	+00:26:24 (39.8%)	7:29	8 (60.2%)
32	KOTYSZ Katarzyna	55	BBL OPOLE	K50+	3	01:06:56.75	01:07:08.05	+00:27:06 (40.4%)	7:34	7.9 (59.4%)
33	SAWCZUK Karolina	132		K36-49	14	01:07:38.60	01:07:42.60	+00:27:40 (40.9%)	7:38	7.8 (58.6%)
34	BRONISZEWSKA Edyta	127		K36-49	15	01:08:28.05	01:08:38.10	+00:28:36 (41.7%)	7:44	7.8 (58.6%)
35	ZIELIŃSKA Jadwiga	87		K18-35	17	01:08:48.25	01:08:55.20	+00:28:53 (41.9%)	7:46	7.7 (57.9%)

Znaleziono 35 wynik(ów)