



Wydarzenie: Amberman
Organizator: Gmina Miasta Gdańsk
Data: 2024-05-11
Miejsce: Gdańsk
Dystans: 3 km

AMBERMAN ELITE | 3KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	JACIÓW Paweł	118	WATAHA	M30-34	1	13:00 3km ELITA MEN	00:16:21.85		5:27	11 (100%)
2	MIŁOŚ Tomasz	155	ACTIVE FLOW	M40-44	1	13:45 3km ELITA MAN	00:17:18.05	+00:00:56 (5.4%)	5:46	10.4 (94.5%)
3	GAWLIK Jakub	122	XRUNNERS	M25-29	1	13:00 3km ELITA MEN	00:17:31.90	+00:01:10 (6.7%)	5:50	10.3 (93.6%)
4	KRĘGIELSKI Filip	181	BIEGUN OCR TEAM	M14-15	1	14:30 3km ELITE JUNIOR 10-15	00:17:33.85	+00:01:12 (6.8%)	5:51	10.3 (93.6%)
5	SZULWACH Cezary	157	BIEGUN OCR TEAM	M18-19	1	13:00 3km ELITA MEN	00:17:36.20	+00:01:14 (7.0%)	5:52	10.2 (92.7%)
6	BAK Daniel	127	BIEGUN OCR TEAM	M25-29	2	13:00 3km ELITA MEN	00:17:36.65	+00:01:14 (7.1%)	5:52	10.2 (92.7%)
7	REKAWEK Szymon	113	BIEGUN OCR TEAM	M30-34	2	13:00 3km ELITA MEN	00:17:37.95	+00:01:16 (7.2%)	5:52	10.2 (92.7%)
8	WOJEWÓDZKI Stanisław	190	BIEGUN OCR TEAM	M16-17	1	14:45 3km ELITE JUNIOR 16-17	00:17:56.65	+00:01:34 (8.8%)	5:58	10 (90.9%)
9	RUTKOWSKI Mariusz	134	WOLF TEAM	M45-49	1	13:00 3km ELITA MEN	00:17:58.35	+00:01:36 (8.9%)	5:59	10 (90.9%)
10	PUZDROWSKI Jarosław	126	BIEGUN OCR TEAM	M35-39	1	13:00 3km ELITA MEN	00:18:04.50	+00:01:42 (9.5%)	6:01	10 (90.9%)
11	WUDKOWSKI Filip	137	XRUNNERS	M20-24	1	13:00 3km ELITA MEN	00:18:10.10	+00:01:48 (9.9%)	6:03	9.9 (90.0%)
12	TESKA Patrycja	140	BIEGUN OCR TEAM	K18-19	1	14:15 3km ELITA WOMAN	00:18:17.20	+00:01:55 (10.5%)	6:05	9.8 (89.1%)
13	ZIELIŃSKI Bartosz	120	DYNAMIC STRONG GNIEZNO	M30-34	3	13:00 3km ELITA MEN	00:18:19.85	+00:01:58 (10.7%)	6:06	9.8 (89.1%)
14	ŁOSIN Marta	149	ACTIVE FLOW	K35-39	1	14:15 3km ELITA WOMAN	00:18:52.45	+00:02:30 (13.3%)	6:17	9.5 (86.4%)
15	ZALEJASZ Sylwester	115	XRUNNERS	M40-44	2	13:00 3km ELITA MEN	00:18:53.75	+00:02:31 (13.4%)	6:17	9.5 (86.4%)
16	SIEKIERSKI Paweł	129	DYNAMIC STRONG GNIEZNO	M30-34	4	13:00 3km ELITA MEN	00:18:57.45	+00:02:35 (13.7%)	6:19	9.5 (86.4%)
17	FORMELA Piotr	154	ACTIVE FLOW	M35-39	2	13:45 3km ELITA MAN	00:19:01.80	+00:02:39 (14.0%)	6:20	9.5 (86.4%)
18	TESKA Martyna	171	BIEGUN OCR TEAM	K10-11	1	14:30 3km ELITE JUNIOR 10-15	00:19:03.85	+00:02:42 (14.2%)	6:21	9.4 (85.5%)
19	DUKIEWICZ Dariusz	119	DYNAMIC STRONG GNIEZNO	M25-29	3	13:00 3km ELITA MEN	00:19:08.00	+00:02:46 (14.5%)	6:22	9.4 (85.5%)
20	GAŁUSZYŃSKA Nina	172	ACTIVE FLOW	K12-13	1	14:30 3km ELITE JUNIOR 10-15	00:19:17.35	+00:02:55 (15.2%)	6:25	9.3 (84.5%)

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21	SMOŁOŃSKI Marcel	177	ACTIVE FLOW	M12-13	1	14:30 3km ELITE JUNIOR 10-15	00:19:20.15	+00:02:58 (15.4%)	6:26	9.3 (84.5%)
22	WILK Kosma	114	XRUNNERS	M30-34	5	13:00 3km ELITA MEN	00:19:29.90	+00:03:08 (16.1%)	6:29	9.2 (83.6%)
23	MIŁOŚ Iza	173	ACTIVE FLOW	K14-15	1	14:30 3km ELITE JUNIOR 10-15	00:19:32.55	+00:03:10 (16.3%)	6:30	9.2 (83.6%)
24	SMOŁOŃSKI Ignacy	178	ACTIVE FLOW	M14-15	2	14:30 3km ELITE JUNIOR 10-15	00:19:36.50	+00:03:14 (16.5%)	6:32	9.2 (83.6%)
25	CZAPRAN Marek	131	XRUNNERS	M40-44	3	13:00 3km ELITA MEN	00:19:52.90	+00:03:31 (17.7%)	6:37	9.1 (82.7%)
26	KUJAŁOWICZ Alicja	183	BIEGUN OCR TEAM	K14-15	2	14:30 3km ELITE JUNIOR 10-15	00:19:53.80	+00:03:31 (17.8%)	6:37	9.1 (82.7%)
27	SZUPRYCZYŃSKI Krzysztof	104	XRUNNERS	M30-34	6	13:00 3km ELITA MEN	00:20:16.50	+00:03:54 (19.3%)	6:45	8.9 (80.9%)
28	BURDEŃSKA Alicja	179	ACTIVE FLOW	K12-13	2	14:30 3km ELITE JUNIOR 10-15	00:20:36.15	+00:04:14 (20.6%)	6:52	8.7 (79.1%)
29	ZDRENKA Szymon	130	WOLF TEAM	M25-29	4	13:00 3km ELITA MEN	00:20:46.40	+00:04:24 (21.2%)	6:55	8.7 (79.1%)
30	NAWROCKI Michał	101	XRUNNERS	M30-34	7	13:00 3km ELITA MEN	00:20:46.85	+00:04:25 (21.3%)	6:55	8.7 (79.1%)
31	SZYŃKOWSKI Marcel	180	DYNAMIC STRONG GNIEZNO	M14-15	3	14:30 3km ELITE JUNIOR 10-15	00:20:52.60	+00:04:30 (21.6%)	6:57	8.6 (78.2%)
32	TAŃSKI Michał	109	XRUNNERS	M45-49	2	13:00 3km ELITA MEN	00:20:56.30	+00:04:34 (21.8%)	6:58	8.6 (78.2%)
33	KROPIDŁOWSKI Grzegorz	133	WOLF TEAM	M40-44	4	13:00 3km ELITA MEN	00:21:11.65	+00:04:49 (22.8%)	7:03	8.5 (77.3%)
34	SOLIWODA Jakub	108	XRUNNERS	M20-24	2	13:00 3km ELITA MEN	00:21:13.95	+00:04:52 (22.9%)	7:04	8.5 (77.3%)
35	BAK Kuba	125	BIEGUN OCR TEAM	M20-24	3	13:00 3km ELITA MEN	00:21:38.50	+00:05:16 (24.4%)	7:12	8.3 (75.5%)
36	JASTRZĘBSKI Rafał	103	XRUNNERS	M30-34	8	13:00 3km ELITA MEN	00:21:44.15	+00:05:22 (24.7%)	7:14	8.3 (75.5%)
37	ZWIERZYŃSKI Marek	132	TATA W BŁOTKU LATA	M40-44	5	13:00 3km ELITA MEN	00:21:53.50	+00:05:31 (25.2%)	7:17	8.2 (74.5%)
38	GRZEGORZYCA Damian	128		M45-49	3	13:00 3km ELITA MEN	00:22:04.40	+00:05:42 (25.9%)	7:21	8.2 (74.5%)
39	RYBCZYŃSKI Michał Rybczyński	112	ATLAS RUNNING TEAM	M35-39	3	13:00 3km ELITA MEN	00:22:06.80	+00:05:44 (26.0%)	7:22	8.1 (73.6%)
40	SZATKOWSKI Marcin	139	ACTIVE FLOW	M18-19	2	13:00 3km ELITA MEN	00:22:18.60	+00:05:56 (26.7%)	7:26	8.1 (73.6%)
41	TIMOFEEVA Palina	182		K12-13	3	14:30 3km ELITE JUNIOR 10-15	00:22:26.45	+00:06:04 (27.1%)	7:28	8 (72.7%)
42	DĘGA Robert	107	XRUNNERS	M30-34	9	13:00 3km ELITA MEN	00:22:47.50	+00:06:25 (28.2%)	7:35	7.9 (71.8%)

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43	SEWERYN Mirosław	121	BIGYELLOWFOOT ADVENTURE TEAM	M45-49	4	13:00 3km ELITA MEN	00:22:52.30	+00:06:30 (28.5%)	7:37	7.9 (71.8%)
44	ŁOSIN Filip	186	ACTIVE FLOW	M12-13	2	14:30 3km ELITE JUNIOR 10-15	00:22:59.15	+00:06:37 (28.8%)	7:39	7.8 (70.9%)
45	MIŁOŚ Karol	174	ACTIVE FLOW	M12-13	3	14:30 3km ELITE JUNIOR 10-15	00:23:02.55	+00:06:40 (29.0%)	7:40	7.8 (70.9%)
46	KORDALSKI Jarek	117	XRUNNERS	M40-44	6	13:00 3km ELITA MEN	00:23:11.65	+00:06:49 (29.4%)	7:43	7.8 (70.9%)
47	ŁOSIN Franciszek	187	ACTIVE FLOW	M10-11	1	14:30 3km ELITE JUNIOR 10-15	00:23:15.80	+00:06:53 (29.7%)	7:45	7.7 (70.0%)
48	WIĘCŁAWSKA Magdalena	151	BIEGUN OCR TEAM	K35-39	2	14:15 3km ELITA WOMAN	00:23:27.90	+00:07:06 (30.3%)	7:49	7.7 (70.0%)
49	CZAPRAN Jan	184	NINJA ARENA	M14-15	4	14:30 3km ELITE JUNIOR 10-15	00:23:30.85	+00:07:09 (30.4%)	7:50	7.7 (70.0%)
50	SZULMOWICZ Maciej	156	BIEGUN OCR TEAM	M50+	1	13:45 3km ELITA MEN	00:23:32.55	+00:07:10 (30.5%)	7:50	7.6 (69.1%)
51	MIŁOŚ Basia	142	ACTIVE FLOW	K40-44	1	14:15 3km ELITA WOMAN	00:23:41.55	+00:07:19 (30.9%)	7:53	7.6 (69.1%)
52	GIEJŁO Monika	141	ACTIVE FLOW	K30-34	1	14:15 3km ELITA WOMAN	00:24:08.20	+00:07:46 (32.2%)	8:02	7.5 (68.2%)
53	SAWICZ-ŁUŃSKA Emilia	146	WOLF RACE	K40-44	2	14:15 3km ELITA WOMAN	00:24:27.70	+00:08:05 (33.1%)	8:09	7.4 (67.3%)
54	BAK Daniel	68	BIEGUN TEAM 2	Sztafeta MEN	1	15:30 3km SZTAFETA MEN	00:24:32.40	+00:08:10 (33.3%)	8:10	7.3 (66.4%)
55	ZIELIŃSKI Bartosz	74	DYNAMICS STRONG	Sztafeta MEN	2	15:30 3km SZTAFETA MEN	00:24:37.85	+00:08:16 (33.6%)	8:12	7.3 (66.4%)
56	JASIŃSKI Piotr	110	ACTIVE FLOW	M40-44	7	13:00 3km ELITA MEN	00:24:42.25	+00:08:20 (33.8%)	8:14	7.3 (66.4%)
57	MIŁOŚ Michał	175	ACTIVE FLOW	M10-11	2	14:30 3km ELITE JUNIOR 10-15	00:24:47.45	+00:08:25 (34.0%)	8:15	7.3 (66.4%)
58	MAĆZYŃSKI Daniel	123	XRUNNERS	M20-24	4	13:00 3km ELITA MEN	00:24:56.25	+00:08:34 (34.4%)	8:18	7.2 (65.5%)
59	GAŁUSZYŃSKI Łukasz	105	ACTIVE FLOW	M35-39	4	13:00 3km ELITA MEN	00:25:00.80	+00:08:38 (34.6%)	8:20	7.2 (65.5%)
60	ZIELIŃSKI Łukasz	159	ACTIVE FLOW	M30-34	10	13:20 3km ELITA WOMAN	00:25:10.55	+00:08:48 (35.0%)	8:23	7.2 (65.5%)
61	MIŁOŚ Tomasz	73	ACTIVE FLOW 1	Sztafeta MIX	1	15:45 3km SZTAFETA MIX	00:26:05.00	+00:09:43 (37.3%)	8:41	6.9 (62.7%)
62	JACIÓW Paweł	71	WOLF RACE 1	Sztafeta MIX	2	15:45 3km SZTAFETA MIX	00:26:05.05	+00:09:43 (37.3%)	8:41	6.9 (62.7%)
63	TAŃSKI Michał	78	XRUNNERS	Sztafeta MEN	3	15:30 3km SZTAFETA MEN	00:27:02.40	+00:10:40 (39.5%)	9:00	6.7 (60.9%)
64	WANAGOS Dorota	152	BIEGUN OCR TEAM	K45-49	1	14:15 3km ELITA WOMAN	00:27:16.55	+00:10:54 (40.0%)	9:05	6.6 (60.0%)
65	RYBIŃSKA Anita	143	XRUNNERS	K30-34	2	14:15 3km ELITA WOMAN	00:27:25.50	+00:11:03 (40.3%)	9:08	6.6 (60.0%)

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66	EPIMACH-SZYPILLO Tomasz	116		M40-44	8	13:00 3km ELITA MEN	00:27:30.20	+00:11:08 (40.5%)	9:10	6.5 (59.1%)
67	CZAPRAN Adrianna	185	NINJA ARENA	K10-11	2	14:30 3km ELITE JUNIOR 10-15	00:27:32.20	+00:11:10 (40.6%)	9:10	6.5 (59.1%)
68	WRUK Agata	144	XRUNNERS	K25-29	1	14:15 3km ELITA WOMAN	00:27:55.45	+00:11:33 (41.4%)	9:18	6.4 (58.2%)
69	DĄBROWSKI Michał	67	SPICHLERZ	M30-34	11	15:30 3km SZTAFETA MEN	00:27:58.00	+00:11:36 (41.5%)	9:19	6.4 (58.2%)
70	KROPIDŁOWSKI Grzegorz	72	WOLF RACE 2	Sztafeta MEN	4	15:30 3km SZTAFETA MEN	00:28:07.40	+00:11:45 (41.8%)	9:22	6.4 (58.2%)
71	ŁUŃSKI Maciej	124	WOLF TEAM	M40-44	9	13:00 3km ELITA MEN	00:28:14.90	+00:11:53 (42.1%)	9:24	6.4 (58.2%)
72	WIĘCŁAWSKA Magda	69	BIEGUN TEAM 1	Sztafeta MIX	3	15:45 3km SZTAFETA MIX	00:28:22.15	+00:12:00 (42.3%)	9:27	6.3 (57.3%)
73	TRITT Klaudia	148	XRUNNERS	K25-29	2	14:15 3km ELITA WOMAN	00:28:25.00	+00:12:03 (42.4%)	9:28	6.3 (57.3%)
74	CYBAŁKO Katarzyna	158	BIEGUN NINJA TEAM	K30-34	3	14:20 3km ELITA WOMAN	00:28:41.35	+00:12:19 (43.0%)	9:33	6.3 (57.3%)
75	EPIMACH-SZUPIŁŁO Michał	189	XRUNNERS	M10-11	3		00:29:32.65	+00:13:10 (44.6%)	9:50	6.1 (55.5%)
76	JASIŃSKI Piotr	75	ACTIVE FLOW 2	Sztafeta MIX	4	15:45 3km SZTAFETA MIX	00:29:46.15	+00:13:24 (45.0%)	9:55	6 (54.5%)
77	DUSZAK Agnieszka	188	ACTIVE FLOW	K14-15	3	14:30 3km ELITE JUNIOR 10-15	00:29:53.00	+00:13:31 (45.2%)	9:57	6 (54.5%)
78	GAŁCZYŃSKA .	76	ACTIVE FLOW 3	Sztafeta WOMEN	1	15:30 3km SZTAFETA WOMEN	00:30:19.30	+00:13:57 (46.0%)	10:06	5.9 (53.6%)
79	MIŁOŚ Barbara	77	ACTIVE FLOW 4	Sztafeta WOMEN	2	15:30 3km SZTAFETA WOMEN	00:30:41.85	+00:14:20 (46.7%)	10:13	5.9 (53.6%)
80	FILIP Fręgielski	81	BIEGUN OCR MEN	Sztafeta MEN	5	15:30 3km SZTAFETA MEN	00:30:41.95	+00:14:20 (46.7%)	10:13	5.9 (53.6%)
81	KONDEJ Michał	111	ACTIVE FLOW	M18-19	3	13:00 3km ELITA MEN	00:30:54.35	+00:14:32 (47.1%)	10:18	5.8 (52.7%)
82	EHRLICH Przemysław	136		M25-29	5	13:00 3km ELITA MEN	00:31:25.15	+00:15:03 (47.9%)	10:28	5.7 (51.8%)
83	GAŁUSZYŃSKI Łukasz	83	ACTIVE FLOW MEN	Sztafeta MEN	6	15:30 3km SZTAFETA MEN	00:32:13.60	+00:15:51 (49.2%)	10:44	5.6 (50.9%)
84	POLAK Jarek	70	BIGYELLOWFOOT ADVENTURE TEAM	M35-39	5	15:45 3km SZTAFETA MIX	00:32:37.05	+00:16:15 (49.8%)	10:52	5.5 (50.0%)
85	WIĘCŁAWSKA Anna	82	BIEGUN OCR WOMEN	Sztafeta WOMEN	3	15:30 3km SZTAFETA WOMEN	00:33:13.75	+00:16:51 (50.8%)	11:04	5.4 (49.1%)
86	DĄBROWSKA Angelika	160	WOLF RACE	K35-39	3	14:25 3km ELITA WOMAN	00:34:13.95	+00:17:52 (52.2%)	11:24	5.3 (48.2%)
87	KALIŃSKA Stella	147		K30-34	4	14:15 3km ELITA WOMAN	00:34:55.25	+00:18:33 (53.1%)	11:38	5.2 (47.3%)
88	ZAREMBA-GĄSKA Olga	145	BEFIT24TEAM	K25-29	3	14:15 3km ELITA WOMAN	00:35:27.80	+00:19:05 (53.9%)	11:49	5.1 (46.4%)

Znaleziono 88 wynik(ów)