



**Event:** Amberman  
**Organiser:** Gmina Miasta Gdańsk  
**Date:** 2024-05-11  
**Place:** Gdańsk  
**Distance:** 3 km

## AMBERMAN ELITE | 3KM

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: Elita Junior M

Place	Participant	Number	Club	Category	MCat	Seria	Net time 3km	Gap	Pace min/km	Pace km/h
1	<b>KRĘGIELSKI Filip</b>	<b>181</b>	BIEGUN OCR TEAM	M14-15	1	14:30   3km   ELITE JUNIOR 10-15	<b>00:17:33.85</b>		5:51	10.3 (100%)
2	<b>WOJEWÓDZKI Stanisław</b>	<b>190</b>	BIEGUN OCR TEAM	M16-17	1	14:45   3km   ELITE JUNIOR 16-17	<b>00:17:56.65</b>	+00:00:22 (2.1%)	5:58	10 (97.1%)
3	<b>SMOŁOŃSKI Marcel</b>	<b>177</b>	ACTIVE FLOW	M12-13	1	14:30   3km   ELITE JUNIOR 10-15	<b>00:19:20.15</b>	+00:01:46 (9.2%)	6:26	9.3 (90.3%)
4	<b>SMOŁOŃSKI Ignacy</b>	<b>178</b>	ACTIVE FLOW	M14-15	2	14:30   3km   ELITE JUNIOR 10-15	<b>00:19:36.50</b>	+00:02:02 (10.4%)	6:32	9.2 (89.3%)
5	<b>SZYKOWSKI Marcel</b>	<b>180</b>	DYNAMIC STRONG GNIEZNO	M14-15	3	14:30   3km   ELITE JUNIOR 10-15	<b>00:20:52.60</b>	+00:03:18 (15.9%)	6:57	8.6 (83.5%)
6	<b>ŁOSIN Filip</b>	<b>186</b>	ACTIVE FLOW	M12-13	2	14:30   3km   ELITE JUNIOR 10-15	<b>00:22:59.15</b>	+00:05:25 (23.6%)	7:39	7.8 (75.7%)
7	<b>MIŁOŚ Karol</b>	<b>174</b>	ACTIVE FLOW	M12-13	3	14:30   3km   ELITE JUNIOR 10-15	<b>00:23:02.55</b>	+00:05:28 (23.8%)	7:40	7.8 (75.7%)
8	<b>ŁOSIN Franciszek</b>	<b>187</b>	ACTIVE FLOW	M10-11	1	14:30   3km   ELITE JUNIOR 10-15	<b>00:23:15.80</b>	+00:05:41 (24.5%)	7:45	7.7 (74.8%)
9	<b>CZAPRAN Jan</b>	<b>184</b>	NINJA ARENA	M14-15	4	14:30   3km   ELITE JUNIOR 10-15	<b>00:23:30.85</b>	+00:05:57 (25.3%)	7:50	7.7 (74.8%)
10	<b>MIŁOŚ Michał</b>	<b>175</b>	ACTIVE FLOW	M10-11	2	14:30   3km   ELITE JUNIOR 10-15	<b>00:24:47.45</b>	+00:07:13 (29.2%)	8:15	7.3 (70.9%)
11	<b>EPIMACH-SZUPIŁŁO Michał</b>	<b>189</b>	XRUNNERS	M10-11	3		<b>00:29:32.65</b>	+00:11:58 (40.5%)	9:50	6.1 (59.2%)

Total 11 results.