



Wydarzenie: Amberman
Organizator: Gmina Miasta Gdańsk
Data: 2024-05-11
Miejsce: Gdańsk
Dystans: 3 km

AMBERMAN ELITE | 3KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Elita M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	JACIÓW Paweł	118	WATAHA	M30-34	1	13:00 3km ELITA MEN	00:16:21.85		5:27	11 (100%)
2	MIŁOŚ Tomasz	155	ACTIVE FLOW	M40-44	1	13:45 3km ELITE MAN	00:17:18.05	+00:00:56 (5.4%)	5:46	10.4 (94.5%)
3	GAWLIK Jakub	122	XRUNNERS	M25-29	1	13:00 3km ELITA MEN	00:17:31.90	+00:01:10 (6.7%)	5:50	10.3 (93.6%)
4	SZULWACH Cezary	157	BIEGUN OCR TEAM	M18-19	1	13:00 3km ELITA MEN	00:17:36.20	+00:01:14 (7.0%)	5:52	10.2 (92.7%)
5	BĄK Daniel	127	BIEGUN OCR TEAM	M25-29	2	13:00 3km ELITA MEN	00:17:36.65	+00:01:14 (7.1%)	5:52	10.2 (92.7%)
6	RĘKAWEK Szymon	113	BIEGUN OCR TEAM	M30-34	2	13:00 3km ELITA MEN	00:17:37.95	+00:01:16 (7.2%)	5:52	10.2 (92.7%)
7	RUTKOWSKI Mariusz	134	WOLF TEAM	M45-49	1	13:00 3km ELITA MEN	00:17:58.35	+00:01:36 (8.9%)	5:59	10 (90.9%)
8	PUZDROWSKI Jarosław	126	BIEGUN OCR TEAM	M35-39	1	13:00 3km ELITA MEN	00:18:04.50	+00:01:42 (9.5%)	6:01	10 (90.9%)
9	WUDKOWSKI Filip	137	XRUNNERS	M20-24	1	13:00 3km ELITA MEN	00:18:10.10	+00:01:48 (9.9%)	6:03	9.9 (90.0%)
10	ZIELIŃSKI Bartosz	120	DYNAMIC STRONG GNIEZNO	M30-34	3	13:00 3km ELITA MEN	00:18:19.85	+00:01:58 (10.7%)	6:06	9.8 (89.1%)
11	ZALEJASZ Sylwester	115	XRUNNERS	M40-44	2	13:00 3km ELITA MEN	00:18:53.75	+00:02:31 (13.4%)	6:17	9.5 (86.4%)
12	SIEKIERSKI Paweł	129	DYNAMIC STRONG GNIEZNO	M30-34	4	13:00 3km ELITA MEN	00:18:57.45	+00:02:35 (13.7%)	6:19	9.5 (86.4%)
13	FORMELA Piotr	154	ACTIVE FLOW	M35-39	2	13:45 3km ELITA MAN	00:19:01.80	+00:02:39 (14.0%)	6:20	9.5 (86.4%)
14	DUKIEWICZ Dariusz	119	DYNAMIC STRONG GNIEZNO	M25-29	3	13:00 3km ELITA MEN	00:19:08.00	+00:02:46 (14.5%)	6:22	9.4 (85.5%)
15	WILK Kosma	114	XRUNNERS	M30-34	5	13:00 3km ELITA MEN	00:19:29.90	+00:03:08 (16.1%)	6:29	9.2 (83.6%)
16	CZAPRAN Marek	131	XRUNNERS	M40-44	3	13:00 3km ELITA MEN	00:19:52.90	+00:03:31 (17.7%)	6:37	9.1 (82.7%)
17	SZUPRYCZYŃSKI Krzysztof	104	XRUNNERS	M30-34	6	13:00 3km ELITA MEN	00:20:16.50	+00:03:54 (19.3%)	6:45	8.9 (80.9%)
18	ZDRENKA Szymon	130	WOLF TEAM	M25-29	4	13:00 3km ELITA MEN	00:20:46.40	+00:04:24 (21.2%)	6:55	8.7 (79.1%)
19	NAWROCKI Michał	101	XRUNNERS	M30-34	7	13:00 3km ELITA MEN	00:20:46.85	+00:04:25 (21.3%)	6:55	8.7 (79.1%)
20	TAŃSKI Michał	109	XRUNNERS	M45-49	2	13:00 3km ELITA MEN	00:20:56.30	+00:04:34 (21.8%)	6:58	8.6 (78.2%)
21	KROPIDŁOWSKI Grzegorz	133	WOLF TEAM	M40-44	4	13:00 3km ELITA MEN	00:21:11.65	+00:04:49 (22.8%)	7:03	8.5 (77.3%)
22	SOLIWODA Jakub	108	XRUNNERS	M20-24	2	13:00 3km ELITA MEN	00:21:13.95	+00:04:52 (22.9%)	7:04	8.5 (77.3%)
23	BĄK Kuba	125	BIEGUN OCR TEAM	M20-24	3	13:00 3km ELITA MEN	00:21:38.50	+00:05:16 (24.4%)	7:12	8.3 (75.5%)
24	JASTRZĘBSKI Rafał	103	XRUNNERS	M30-34	8	13:00 3km ELITA MEN	00:21:44.15	+00:05:22 (24.7%)	7:14	8.3 (75.5%)
25	ZWIERZYŃSKI Marek	132	TATA W BŁOTKU LATA	M40-44	5	13:00 3km ELITA MEN	00:21:53.50	+00:05:31 (25.2%)	7:17	8.2 (74.5%)
26	GRZEGORZYCA Damian	128		M45-49	3	13:00 3km ELITA MEN	00:22:04.40	+00:05:42 (25.9%)	7:21	8.2 (74.5%)
27	RYBCZYŃSKI Michał Rybczyński	112	ATLAS RUNNING TEAM	M35-39	3	13:00 3km ELITA MEN	00:22:06.80	+00:05:44 (26.0%)	7:22	8.1 (73.6%)
28	SZATKOWSKI Marcin	139	ACTIVE FLOW	M18-19	2	13:00 3km ELITA MEN	00:22:18.60	+00:05:56 (26.7%)	7:26	8.1 (73.6%)
29	DĘGA Robert	107	XRUNNERS	M30-34	9	13:00 3km ELITA MEN	00:22:47.50	+00:06:25 (28.2%)	7:35	7.9 (71.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria			Czas netto 3km	Różn	Tempo min/km	Tempo km/h
30	SEWERYN Mirosław	121	BIGYELLOWFOOT ADVENTURE TEAM	M45-49	4	13:00	3km	ELITA MEN	00:22:52.30	+00:06:30 (28.5%)	7:37	7.9 (71.8%)
31	KORDALSKI Jarek	117	XRUNNERS	M40-44	6	13:00	3km	ELITA MEN	00:23:11.65	+00:06:49 (29.4%)	7:43	7.8 (70.9%)
32	SZULMOWICZ Maciej	156	BIEGUN OCR TEAM	M50+	1	13:45	3km	ELITA MEN	00:23:32.55	+00:07:10 (30.5%)	7:50	7.6 (69.1%)
33	BAK Daniel	68	BIEGUN TEAM 2	Sztafeta MEN	1	15:30	3km	SZTAFETA MEN	00:24:32.40	+00:08:10 (33.3%)	8:10	7.3 (66.4%)
34	JASIŃSKI Piotr	110	ACTIVE FLOW	M40-44	7	13:00	3km	ELITA MEN	00:24:42.25	+00:08:20 (33.8%)	8:14	7.3 (66.4%)
35	MAĆZYŃSKI Daniel	123	XRUNNERS	M20-24	4	13:00	3km	ELITA MEN	00:24:56.25	+00:08:34 (34.4%)	8:18	7.2 (65.5%)
36	GAŁUSZYŃSKI Łukasz	105	ACTIVE FLOW	M35-39	4	13:00	3km	ELITA MEN	00:25:00.80	+00:08:38 (34.6%)	8:20	7.2 (65.5%)
37	ZIELIŃSKI Łukasz	159	ACTIVE FLOW	M30-34	10	13:20	3km	ELITA WOMAN	00:25:10.55	+00:08:48 (35.0%)	8:23	7.2 (65.5%)
38	MIŁOŚ Tomasz	73	ACTIVE FLOW 1	Sztafeta MIX	1	15:45	3km	SZTAFETA MIX	00:26:05.00	+00:09:43 (37.3%)	8:41	6.9 (62.7%)
39	EPIMACH-SZYPILLO Tomasz	116		M40-44	8	13:00	3km	ELITA MEN	00:27:30.20	+00:11:08 (40.5%)	9:10	6.5 (59.1%)
40	DĄBROWSKI Michał	67	SPICHLERZ	M30-34	11	15:30	3km	SZTAFETA MEN	00:27:58.00	+00:11:36 (41.5%)	9:19	6.4 (58.2%)
41	ŁUŃSKI Maciej	124	WOLF TEAM	M40-44	9	13:00	3km	ELITA MEN	00:28:14.90	+00:11:53 (42.1%)	9:24	6.4 (58.2%)
42	KONDEJ Michał	111	ACTIVE FLOW	M18-19	3	13:00	3km	ELITA MEN	00:30:54.35	+00:14:32 (47.1%)	10:18	5.8 (52.7%)
43	EHRlich Przemysław	136		M25-29	5	13:00	3km	ELITA MEN	00:31:25.15	+00:15:03 (47.9%)	10:28	5.7 (51.8%)
44	POLAK Jarek	70	BIGYELLOWFOOT ADVENTURE TEAM	M35-39	5	15:45	3km	SZTAFETA MIX	00:32:37.05	+00:16:15 (49.8%)	10:52	5.5 (50.0%)

Znaleziono 44 wynik(ów)