

BEMOWSKI PRZEŁĄJ STULECIA - KOBIETY

B4SPORT

Event: Bemowski Przełaj Stulecia
Organiser: Urząd Dzielnicy Bemowo
Date: 2018-09-09
Place: Warszawa
Distance: 4 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Start time	Start_All 2km	Net time 4km	Czas brutto 4km	Gap	Pace min/km	Pace km/h
1	ŚLUSARCZYK Mariola	85		K16	1	00:00:02	00:07:38	00:15:09.45	00:15:11.55		3:47	15.8 (100%)
2	WICHA Iwona	87	OK!SPORT WARSZAWA/PREFBET ŚNIADOWO ŁOMŻA	K30	1	00:00:02	00:07:39	00:15:22.05	00:15:24.75	+00:00:12 (1.4%)	3:50	15.6 (98.7%)
3	GIŻYŃSKA Anna	4	GRA TEAM	K30	2	00:00:01	00:08:06	00:16:32.75	00:16:34.65	+00:01:23 (8.4%)	4:08	14.5 (91.8%)
4	CZAJKOWSKA Dorota	60	GO SPORT	K40	1	00:00:02	00:09:06	00:18:26.20	00:18:28.20	+00:03:16 (17.8%)	4:36	13 (82.3%)
5	GREGORCZYK Monika	126	VEGE RUNNERS	K40	2	00:00:02	00:09:16	00:18:48.15	00:18:50.30	+00:03:38 (19.4%)	4:42	12.8 (81.0%)
6	KOZŁOWSKA Anna	114	VEGE RUNNERS	K30	3	00:00:02	00:09:28	00:19:11.55	00:19:13.95	+00:04:02 (21.0%)	4:47	12.5 (79.1%)
7	BOGUSZ Lilia	115	POTWORY Z GŁĘBIN	K40	3	00:00:03	00:09:41	00:19:32.25	00:19:35.70	+00:04:22 (22.4%)	4:53	12.3 (77.8%)
8	SPRAWKA Marta	92		K16	2	00:00:02	00:09:41	00:19:53.55	00:19:56.45	+00:04:44 (23.8%)	4:58	12.1 (76.6%)
9	CIBORSKA Agnieszka	155	NAPRZÓD MŁOCINY	K40	4	00:00:03	00:09:50	00:20:05.35	00:20:08.65	+00:04:55 (24.5%)	5:01	12 (75.9%)
10	SOSZYŃSKA- PSTROKOŃSKA Joanna	49		K30	4	00:00:04	00:10:22	00:20:31.45	00:20:36.35	+00:05:22 (26.1%)	5:08	11.7 (74.1%)
11	KRÓLAK Magda	86		K30	5	00:00:05	00:10:12	00:20:36.15	00:20:41.95	+00:05:26 (26.4%)	5:09	11.7 (74.1%)
12	KRUPA Agnieszka	133		K40	5	00:00:01	00:10:38	00:21:37.45	00:21:39.35	+00:06:28 (29.9%)	5:24	11.1 (70.3%)
13	GRABOWSKA Magdalena	148	TRINERGY TEAM	K40	6	00:00:02	00:10:35	00:21:40.75	00:21:43.55	+00:06:31 (30.1%)	5:25	11.1 (70.3%)
14	BARTOSIEWICZ Julia	91		K16	3	00:00:05	00:10:59	00:21:42.05	00:21:47.40	+00:06:32 (30.2%)	5:25	11.1 (70.3%)
15	SAWCZUK Elżbieta	112		K30	6	00:00:03	00:10:54	00:21:50.50	00:21:54.20	+00:06:41 (30.6%)	5:27	11 (69.6%)

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16	LASZUK Magda	53		K30	7	00:00:03	00:11:02	00:22:35.15	00:22:39.10	+00:07:25 (32.9%)	5:39	10.6 (67.1%)
17	WĄSIK Izabela	51		K40	7	00:00:04	00:11:49	00:22:58.60	00:23:02.90	+00:07:49 (34.0%)	5:44	10.4 (65.8%)
18	MODRAKOWSKA Matylda	124		K16	4	00:00:02	00:11:17	00:23:13.55	00:23:15.75	+00:08:04 (34.7%)	5:48	10.3 (65.2%)
19	LANCUCKA Karolina	127		K30	8	00:00:02	00:11:30	00:23:25.60	00:23:28.00	+00:08:16 (35.3%)	5:51	10.2 (64.6%)
20	SZCZEPANIAK Dorota	57		K30	9	00:00:06	00:11:48	00:23:26.90	00:23:33.35	+00:08:17 (35.4%)	5:51	10.2 (64.6%)
21	WISZNIEWSKA Marzena	3		K40	8	00:00:02	00:11:22	00:23:50.35	00:23:52.55	+00:08:40 (36.4%)	5:57	10.1 (63.9%)
22	JANUSZEWSKA Ola	66		K16	5	00:00:02	00:11:19	00:23:53.65	00:23:56.15	+00:08:44 (36.6%)	5:58	10 (63.3%)
23	BUCZEL Anna	145	NAPRZÓD MŁOCINY	K30	10	00:00:04	00:11:49	00:24:03.00	00:24:07.00	+00:08:53 (37.0%)	6:00	10 (63.3%)
24	MARZANTOWICZ Katarzyna	111	PRZEDSZKOLE NR 390	K30	11	00:00:04	00:11:59	00:24:11.40	00:24:16.10	+00:09:01 (37.3%)	6:03	9.9 (62.7%)
25	CZEPANKO Agnieszka	132	SPARTANIE DZIECIOM	K40	9	00:00:03	00:11:51	00:24:28.60	00:24:31.90	+00:09:19 (38.1%)	6:07	9.8 (62.0%)
26	WÓJCIK Kinga	70		K30	12	00:00:05	00:12:11	00:24:33.40	00:24:38.90	+00:09:23 (38.3%)	6:08	9.8 (62.0%)
27	KRAJDA Justyna	52		K30	13	00:03:46	00:12:26	00:24:45.45	00:28:31.70	+00:09:36 (38.8%)	6:11	9.7 (61.4%)
28	KASPROWICZ Grażyna	80		K30	14	00:00:02	00:11:50	00:24:50.85	00:24:53.40	+00:09:41 (39.0%)	6:12	9.7 (61.4%)
29	ZAWADKA Agnieszka	150		K40	10	00:00:06	00:12:36	00:24:51.45	00:24:57.60	+00:09:42 (39.0%)	6:12	9.7 (61.4%)
30	LESIAK Anna	119		K30	15	00:00:05	00:12:37	00:24:52.45	00:24:58.20	+00:09:43 (39.1%)	6:13	9.6 (60.8%)
31	WITECKA Anna	76		K30	16	00:00:03	00:12:26	00:25:19.40	00:25:22.60	+00:10:09 (40.1%)	6:19	9.5 (60.1%)
32	GORSKA Malgorzata	75		K16	6	00:00:06	00:12:42	00:25:22.25	00:25:28.30	+00:10:12 (40.3%)	6:20	9.5 (60.1%)
33	ZADROŻNA Justyna	100		K40	11	00:00:04	00:12:29	00:25:25.20	00:25:29.50	+00:10:15 (40.4%)	6:21	9.4 (59.5%)
34	KALINOWSKA Emilia	59		K16	7	00:00:06	00:12:47	00:25:45.45	00:25:51.65	+00:10:36 (41.2%)	6:26	9.3 (58.9%)
35	WALICKA-SERZYSKO Katarzyna	146		K40	12	00:00:03	00:12:30	00:25:46.75	00:25:49.90	+00:10:37 (41.2%)	6:26	9.3 (58.9%)
36	URZYKOWSKA Agnieszka	117		K40	13	00:00:03	00:12:27	00:25:48.05	00:25:51.05	+00:10:38 (41.3%)	6:27	9.3 (58.9%)
37	KWAŚNA Anna	110		K30	17	00:00:04	00:12:27	00:25:49.15	00:25:53.50	+00:10:39 (41.3%)	6:27	9.3 (58.9%)
38	RYBUS Agata	81		K30	18	00:00:05	00:12:41	00:25:52.05	00:25:57.65	+00:10:42 (41.4%)	6:28	9.3 (58.9%)

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39	RACHOCKA Marzena	147		K30	19	00:00:04	00:12:38	00:26:02.50	00:26:06.60	+00:10:53 (41.8%)	6:30	9.2 (58.2%)
40	MICHALSKA Aleksandra	71	GAZELE NA STARCIE	K30	20	00:00:05	00:12:24	00:26:04.90	00:26:10.80	+00:10:55 (41.9%)	6:31	9.2 (58.2%)
41	PRUS Dorota	102		K30	21	00:00:04	00:12:43	00:26:10.00	00:26:14.90	+00:11:00 (42.1%)	6:32	9.2 (58.2%)
42	KRZEMIŃSKA Paulina	109		K40	14	00:00:04	00:13:33	00:26:13.00	00:26:17.30	+00:11:03 (42.2%)	6:33	9.2 (58.2%)
43	NIEWIADOMSKA Monika	72		K40	15	00:00:02	00:12:41	00:26:19.05	00:26:21.75	+00:11:09 (42.4%)	6:34	9.1 (57.6%)
44	WOJNO Monika	65		K40	16	00:00:04	00:13:19	00:27:17.60	00:27:22.50	+00:12:08 (44.5%)	6:49	8.8 (55.7%)
45	DZYR Joanna	139	ADIDAS RUNNERS WARSAW	K16	8	00:00:06	00:13:11	00:27:54.55	00:28:00.95	+00:12:45 (45.7%)	6:58	8.6 (54.4%)
46	ŻYŁOWSKA Magdalena	138		K30	22	00:00:04	00:13:43	00:28:16.30	00:28:20.30	+00:13:06 (46.4%)	7:04	8.5 (53.8%)
47	BURLINSKA Aneta	69		K40	17	00:00:05	00:14:16	00:30:07.65	00:30:12.80	+00:14:58 (49.7%)	7:31	8 (50.6%)
48	WIERZBOWSKA Ewa	58		K30	23	00:00:05	00:15:28	00:31:03.50	00:31:08.65	+00:15:54 (51.2%)	7:45	7.7 (48.7%)
49	KULBICKA Ewa, Elwira	122	BIEGACZKA Z GROT	K60	1	00:00:03	00:15:30	00:31:41.85	00:31:45.50	+00:16:32 (52.2%)	7:55	7.6 (48.1%)
50	KSIĘŻAK Edyta	89	EXCELLENT HOUSE TEAM	K30	24	00:00:02	00:17:03	00:36:37.15	00:36:40.00	+00:21:27 (58.6%)	9:09	6.6 (41.8%)
51	NOWOSIELSKA Agnieszka	152		K30	25	00:00:05	00:18:28	00:39:01.05	00:39:06.55	+00:23:51 (61.2%)	9:45	6.2 (39.2%)

Total 51 results.