

# BEMOWSKI PRZEŁAJ STULECIA - KOBIETY

B4SPORT

**Wydarzenie:** Bemowski Przełaj Stulecia  
**Organizator:** Urząd Dzielnicy Bemowo  
**Data:** 2018-09-09  
**Miejsce:** Warszawa  
**Dystans:** 4 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	<b>WICHA Iwona</b>	<b>87</b>	OK!SPORT WARSZAWA/PRELBET ŚNIADOWO ŁOMŻA	K30	1	00:00:02	00:07:39	<b>00:15:22.05</b>	<b>00:15:24.75</b>		3:50	15.6 (100%)
2	<b>GIŻYŃSKA Anna</b>	<b>4</b>	GRA TEAM	K30	2	00:00:01	00:08:06	<b>00:16:32.75</b>	<b>00:16:34.65</b>	+00:01:10 (7.1%)	4:08	14.5 (92.9%)
3	<b>KOZŁOWSKA Anna</b>	<b>114</b>	VEGE RUNNERS	K30	3	00:00:02	00:09:28	<b>00:19:11.55</b>	<b>00:19:13.95</b>	+00:03:49 (19.9%)	4:47	12.5 (80.1%)
4	<b>SOSZYŃSKA- PSTROKOŃSKA Joanna</b>	<b>49</b>		K30	4	00:00:04	00:10:22	<b>00:20:31.45</b>	<b>00:20:36.35</b>	+00:05:09 (25.1%)	5:08	11.7 (75.0%)
5	<b>KRÓLAK Magda</b>	<b>86</b>		K30	5	00:00:05	00:10:12	<b>00:20:36.15</b>	<b>00:20:41.95</b>	+00:05:14 (25.4%)	5:09	11.7 (75.0%)
6	<b>SAWCZUK Elżbieta</b>	<b>112</b>		K30	6	00:00:03	00:10:54	<b>00:21:50.50</b>	<b>00:21:54.20</b>	+00:06:28 (29.6%)	5:27	11 (70.5%)
7	<b>LASZUK Magda</b>	<b>53</b>		K30	7	00:00:03	00:11:02	<b>00:22:35.15</b>	<b>00:22:39.10</b>	+00:07:13 (32.0%)	5:39	10.6 (67.9%)
8	<b>LANCUCKA Karolina</b>	<b>127</b>		K30	8	00:00:02	00:11:30	<b>00:23:25.60</b>	<b>00:23:28.00</b>	+00:08:03 (34.4%)	5:51	10.2 (65.4%)
9	<b>SZCZEPANIAK Dorota</b>	<b>57</b>		K30	9	00:00:06	00:11:48	<b>00:23:26.90</b>	<b>00:23:33.35</b>	+00:08:04 (34.5%)	5:51	10.2 (65.4%)
10	<b>BUCZEL Anna</b>	<b>145</b>	NAPRZÓD MŁOCINY	K30	10	00:00:04	00:11:49	<b>00:24:03.00</b>	<b>00:24:07.00</b>	+00:08:40 (36.1%)	6:00	10 (64.1%)
11	<b>MARZANTOWICZ Katarzyna</b>	<b>111</b>	PRZEDSZKOLE NR 390	K30	11	00:00:04	00:11:59	<b>00:24:11.40</b>	<b>00:24:16.10</b>	+00:08:49 (36.5%)	6:03	9.9 (63.5%)
12	<b>WÓJCIK Kinga</b>	<b>70</b>		K30	12	00:00:05	00:12:11	<b>00:24:33.40</b>	<b>00:24:38.90</b>	+00:09:11 (37.4%)	6:08	9.8 (62.8%)
13	<b>KRAJDA Justyna</b>	<b>52</b>		K30	13	00:03:46	00:12:26	<b>00:24:45.45</b>	<b>00:28:31.70</b>	+00:09:23 (37.9%)	6:11	9.7 (62.2%)
14	<b>KASPROWICZ Grażyna</b>	<b>80</b>		K30	14	00:00:02	00:11:50	<b>00:24:50.85</b>	<b>00:24:53.40</b>	+00:09:28 (38.2%)	6:12	9.7 (62.2%)
15	<b>LESIAK Anna</b>	<b>119</b>		K30	15	00:00:05	00:12:37	<b>00:24:52.45</b>	<b>00:24:58.20</b>	+00:09:30 (38.2%)	6:13	9.6 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
16	<b>WITECKA Anna</b>	<b>76</b>		K30	16	00:00:03	00:12:26	<b>00:25:19.40</b>	<b>00:25:22.60</b>	+00:09:57 (39.3%)	6:19	9.5 (60.9%)
17	<b>KWAŚNA Anna</b>	<b>110</b>		K30	17	00:00:04	00:12:27	<b>00:25:49.15</b>	<b>00:25:53.50</b>	+00:10:27 (40.5%)	6:27	9.3 (59.6%)
18	<b>RYBUS Agata</b>	<b>81</b>		K30	18	00:00:05	00:12:41	<b>00:25:52.05</b>	<b>00:25:57.65</b>	+00:10:30 (40.6%)	6:28	9.3 (59.6%)
19	<b>RACHOCKA Marzena</b>	<b>147</b>		K30	19	00:00:04	00:12:38	<b>00:26:02.50</b>	<b>00:26:06.60</b>	+00:10:40 (41.0%)	6:30	9.2 (59.0%)
20	<b>MICHALSKA Aleksandra</b>	<b>71</b>	GAZELE NA STARCIE	K30	20	00:00:05	00:12:24	<b>00:26:04.90</b>	<b>00:26:10.80</b>	+00:10:42 (41.1%)	6:31	9.2 (59.0%)
21	<b>PRUS Dorota</b>	<b>102</b>		K30	21	00:00:04	00:12:43	<b>00:26:10.00</b>	<b>00:26:14.90</b>	+00:10:47 (41.3%)	6:32	9.2 (59.0%)
22	<b>ŻYŁOWSKA Magdalena</b>	<b>138</b>		K30	22	00:00:04	00:13:43	<b>00:28:16.30</b>	<b>00:28:20.30</b>	+00:12:54 (45.6%)	7:04	8.5 (54.5%)
23	<b>WIERZBOWSKA Ewa</b>	<b>58</b>		K30	23	00:00:05	00:15:28	<b>00:31:03.50</b>	<b>00:31:08.65</b>	+00:15:41 (50.5%)	7:45	7.7 (49.4%)
24	<b>KSIĘŻAK Edyta</b>	<b>89</b>	EXCELLENT HOUSE TEAM	K30	24	00:00:02	00:17:03	<b>00:36:37.15</b>	<b>00:36:40.00</b>	+00:21:15 (58.0%)	9:09	6.6 (42.3%)
25	<b>NOWOSIELSKA Agnieszka</b>	<b>152</b>		K30	25	00:00:05	00:18:28	<b>00:39:01.05</b>	<b>00:39:06.55</b>	+00:23:39 (60.6%)	9:45	6.2 (39.7%)

Znaleziono 25 wynik(ów)