

BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2019-12-14
Miejsce: Warszawa
Dystans: 13 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
1	ROPIAK Paweł	305		M1 < 29 lat	00:00:00	00:01:02	00:20:04	00:39:27
2	KACZMAREK Jakub	144		M1 < 29 lat	00:00:00	00:00:20	00:18:03	00:40:25
3	SZCZEPKOWSKI Przemysław	508		M2 30-39 lat	00:00:00	00:39:17		
4	KIELAK Leszek	488	ENTRE RUNNING	M2 30-39 lat	00:00:00	00:00:22	00:16:10	00:32:19
5	KUBERA Piotr	194	ADIDAS RUNNERS WARSAW	M3 40-49 lat	00:00:00	00:00:22	00:17:21	00:35:04
6	JASKÓŁOWSKI Waldemar	135	WOJSKOWA AKADEMIA TECHNICZNA	M4 50-59	00:00:00	00:00:41	00:19:15	00:38:02
7	KOŚCIUK Maciek	179		M3 40-49 lat	00:00:00	00:00:33	00:20:58	00:42:40
8	SMORAWSKI Wodzisław	331		M2 30-39 lat	00:00:00	00:00:48	00:19:57	00:38:48
9	KADUK Łukasz	542	CEZAR	M2 30-39 lat	00:00:00	00:00:51	00:23:00	00:45:41
10	WEBER Agata	393	JACEKBIEGA RUNNING TEAM	K3 40-49 lat	00:00:00	00:01:03	00:24:46	00:49:49
11	HAJKOWICZ Dorota	541		K3 40-49 lat	00:00:00	00:00:36	00:26:58	00:57:11
12	KOWALEWSKI Łukasz	491	BISKUPIEC BIEGA	M2 30-39 lat	00:00:00	00:01:48	00:18:55	00:37:33
13	FIEDOROW Tomasz	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	M2 30-39 lat	00:00:01	00:00:15	00:15:32	00:31:42
14	ZIÓŁKOWSKI Jacek	420		M4 50-59	00:00:01	00:00:21	00:18:35	00:37:28
15	GRZYBOWSKI Paweł	119	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:15:39	00:32:16
16	FALKOWSKI Bartek	77	PIEKIELNI WARSZAWA	M2 30-39 lat	00:00:01	00:00:16	00:14:44	00:29:30
17	TABER Konrad	371	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	M1 < 29 lat	00:00:01	00:00:16	00:15:23	00:30:52
18	PARSZCZYŃSKI Łukasz	277	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:14:15	00:28:26
19	SŁUPIK Tomasz	455		M1 < 29 lat	00:00:01	00:00:15	00:14:15	00:28:39
20	BĘTKOWSKI Piotr	475		M2 30-39 lat	00:00:01	00:00:17	00:14:45	00:29:35
21	MĘDRZYCKI Mirosław	232	PARKRUN BRÓDNO	M4 50-59	00:00:01	00:00:22	00:23:00	00:46:33
22	KOTLENGA Przemysław	180		M2 30-39 lat	00:00:02	00:00:18	00:16:46	00:34:05
23	PARSZCZYŃSKA Izabela	276	TEAM PARSZCZYŃSKICH	K2 30-39 lat	00:00:02	00:00:19	00:16:52	00:34:14
24	SARZAŁA Dariusz	315	AKS POLONIA WARSZAWA	M5 60+	00:00:02	00:00:20	00:18:52	00:37:43
25	NOWOSIELSKI Grzegorz	448	ŻÓRAWSKI TEAM	M1 < 29 lat	00:00:02	00:00:20	00:16:46	00:33:20
26	JOSYPENKO Jędrzej	487	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:14:44	00:30:01
27	ŁABĘDZKI Konrad	520	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:29	00:32:29
28	KRÓL Dariusz	534	ZABIEGANY WOŁOMIN	M4 50-59	00:00:02	00:00:21	00:17:07	00:34:14
29	GÓRAL Tadeusz	540	KKB	M3 40-49 lat	00:00:02	00:00:23	00:19:25	00:39:05
30	GOZDEK Scyzoryk	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	M3 40-49 lat	00:00:02	00:00:18	00:16:19	00:32:46
31	HILDEBRAND Marcin	127	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:02	00:00:19	00:16:05	00:32:03
32	UGRYN Maciej	384	WWW.RUNISMYFUN.COM	M2 30-39 lat	00:00:02	00:00:20	00:17:34	00:35:28

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
33	URMANOWSKI Daniel	386	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:15:23	00:31:27
34	BIAŁEK Piotr	476	3BRO	M2 30-39 lat	00:00:02	00:00:18	00:16:53	00:33:54
35	ROWIŃSKI Tomasz	307		M3 40-49 lat	00:00:02	00:00:17	00:17:43	00:36:46
36	BRODZIK Arkadiusz	426		M2 30-39 lat	00:00:02	00:00:16	00:18:16	00:38:04
37	PRZYBYŁA Krzysztof	499	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:37	00:33:21
38	NOWAK Jakub	101	DOBRZYŃSKI KLUB ŻEGLARSKI	M3 40-49 lat	00:00:02	00:00:22	00:20:39	00:41:48
39	SUCHOCKA Monika	525		K2 30-39 lat	00:00:02	00:00:27	00:23:04	00:46:46
40	MASIAREK Maciej	227		M1 < 29 lat	00:00:03	00:00:15	00:15:08	00:30:57
41	PYTLINSKI Rafał	298		M3 40-49 lat	00:00:03	00:00:20	00:17:53	00:35:38
42	STRADOMSKI Artur	345	MARKOWI BIEGACZE	M3 40-49 lat	00:00:03	00:00:20	00:17:33	00:35:05
43	TOMCZAK Marcin	377	1980	M2 30-39 lat	00:00:03	00:00:20	00:17:07	00:34:41
44	NOWAK Bartłomiej	256		M3 40-49 lat	00:00:03	00:00:27	00:43:14	
45	GAŁUSZKA Filip	92	KOKOSZKA36TEAM	M2 30-39 lat	00:00:03	00:00:20	00:16:53	00:33:39
46	NOWOCIEŃ Jacek	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	00:00:03	00:00:21	00:17:57	00:35:44
47	SAWICKA Anna	502	DREAM RUN	K2 30-39 lat	00:00:03	00:00:21	00:17:32	00:35:06
48	MAJCHRZAK Sławomir	218	UKS TYCHOW STARY	M4 50-59	00:00:03	00:00:18	00:16:52	00:33:53
49	KRUPIŃSKI Marek	437	1995	M1 < 29 lat	00:00:03	00:00:18	00:18:56	00:40:11
50	SIERZPUTOWSKI Robert	453	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:03	00:00:20	00:18:18	00:36:40
51	WERNER Kamil	394	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM	M2 30-39 lat	00:00:03	00:00:17	00:16:08	00:32:49
52	MORELOWSKA Maria	241	WALHALLA FIGHT CLUB	K3 40-49 lat	00:00:03	00:00:25	00:20:27	00:41:02
53	NOWAK Karolina	255		K2 30-39 lat	00:00:03	00:00:28	00:23:46	00:47:53
54	BUKOWSKI Janusz	5	STOWARZYSZENIE DAĆ SIEBIE INNYM	M5 60+	00:00:03	00:00:31	00:24:10	00:49:10
55	MISZTA Barbara	240	KS STASZEWSKY	K3 40-49 lat	00:00:04	00:00:22	00:19:30	00:38:51
56	OCHENKOWSKI Sebastian	263		M2 30-39 lat	00:00:04	00:00:24	00:19:05	00:38:26
57	TROJANOWSKI Rafał	379	BIEGAM BO LUBIĘ ZĄBKI TEAM	M1 < 29 lat	00:00:04	00:00:22	00:19:05	00:38:32
58	KALKO Vitalii	149		M2 30-39 lat	00:00:04	00:00:24	00:18:34	00:38:39
59	MANELSKI Artur	442	DOBRZYŃSKI KLUB ŻEGLARSKI	M2 30-39 lat	00:00:04	00:00:21	00:18:35	00:37:06
60	MIELCZAREK Krzysztof	236	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:04	00:00:18	00:16:26	00:33:27
61	JAWORSKI Piotr	137	EKOBIEGI	M3 40-49 lat	00:00:04	00:00:19	00:18:15	00:37:34
62	ANUSIEWICZ Robert	474		M3 40-49 lat	00:00:04	00:00:21	00:17:55	00:35:41
63	FRE Luis	430	WOLNA WENEZUELA	M4 50-59	00:00:04	00:00:22	00:20:18	00:40:30
64	SZYSZKO Ewa	368	MARKOWI BIEGACZE	K2 30-39 lat	00:00:04	00:00:23	00:20:25	00:41:03
65	ŚCISŁOWICZ Krzysztof	369	STOMILEX	M2 30-39 lat	00:00:04	00:00:25	00:21:40	00:43:46
66	KOPER Sebastian	173	CARREFOUR RUNNING TEAM	M3 40-49 lat	00:00:04	00:00:23	00:21:27	00:43:34
67	ZIELIŃSKI Łukasz	471	BIEGAM BO LUBIĘ OSTROŁĘKA	M2 30-39 lat	00:00:04	00:00:25	00:21:00	00:42:12
68	BAKUŁA Wiesław	517	WAMPIR	M4 50-59	00:00:04	00:00:27	00:23:19	00:46:52
69	BRZOSKA Małgorzata	427	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:04	00:00:28	00:23:42	00:48:21
70	KUCICKI Krzysztof	196		M3 40-49 lat	00:00:05	00:00:26	00:26:22	00:57:23
71	KOŚCIK Jakub	436		M2 30-39 lat	00:00:05	00:00:30	00:19:03	00:37:08
72	HAJKOWICZ Adam	528		M4 50-59	00:00:05	00:00:25	00:19:45	00:39:43
73	PŁATEK Tomasz	529		M2 30-39 lat	00:00:05	00:00:26	00:19:45	00:39:41
74	KORKOSZ Andrzej	174		M3 40-49 lat	00:00:05	00:00:24	00:19:14	00:38:06
75	MIELCZAREK Marek	235	MARKOWI BIEGACZE	M3 40-49 lat	00:00:05	00:00:19	00:18:12	00:36:42
76	GWIZDAŁA Cezary	122	KUŹNIA TRIATHLONU	M3 40-49 lat	00:00:05	00:00:22	00:18:40	00:37:23
77	CELIŃSKI Tomasz	43	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:25	00:21:18	00:42:23
78	NADOBNIK Konrad	245	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:05	00:00:27	00:21:14	00:42:56

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
79	MALINOWSKI Mikołaj	530	TUPTUŚ OTWOCK	M3 40-49 lat	00:00:05	00:00:25	00:22:54	00:45:35
80	DOMAŃSKI Piotr	428		M2 30-39 lat	00:00:05	00:00:30	00:24:15	00:47:36
81	JERUZAL Jacek	138	BIEGAM NA TARCHOMINIE	M4 50-59	00:00:05	00:00:32	00:26:39	00:53:59
82	SZWARC Szymon	364		M1 < 29 lat	00:00:06	00:00:23	00:17:51	00:36:22
83	KANIA Paweł	153	ŁOMIAKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:06	00:00:23	00:18:57	00:38:55
84	STĘPIEŃ Adam	342		M2 30-39 lat	00:00:06	00:00:26	00:20:01	00:40:05
85	NAPIÓRKOWSKI Grzegorz	246	MORSY OSTROŁĘKA	M3 40-49 lat	00:00:06	00:00:27	00:19:04	00:39:04
86	GĘBALA Wojtek	94		M3 40-49 lat	00:00:06	00:00:24	00:19:04	00:38:25
87	SERAFIN Tomasz	503	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	M3 40-49 lat	00:00:06	00:00:25	00:19:08	00:39:20
88	KAMIONOWSKI Mariusz-Jacek	152		M4 50-59	00:00:06	00:00:32	00:25:45	00:56:40
89	FILIPCZUK Dariusz	83	MMA, TYLKO MMA	M4 50-59	00:00:06	00:00:23	00:19:05	00:38:23
90	DĄBROWSKI Michał	63		M2 30-39 lat	00:00:06	00:00:23	00:18:22	00:37:12
91	WIŚNIEWSKI Krzysztof	467	LOGWIN	M3 40-49 lat	00:00:06	00:00:25	00:19:20	00:38:39
92	TURSKI Maciej	511		M1 < 29 lat	00:00:06	00:00:21	00:18:07	00:36:17
93	SIEKIERKO Łukasz	322	SR GDAŃSK-PÓŁNOC/KUJAWSKY RUNNERS	M2 30-39 lat	00:00:06	00:00:26	00:39:35	00:58:59
94	GRUMBIANIN Paulina	115		K3 40-49 lat	00:00:06	00:00:25	00:20:26	00:41:04
95	SZYMCZAK Jacek	367	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:06	00:00:28	00:20:45	00:41:24
96	GULCZ Katarzyna	120		K3 40-49 lat	00:00:06	00:00:27	00:21:36	00:43:19
97	NIEZGODA Przemysław	250	JW 2414	M2 30-39 lat	00:00:07	00:00:26	00:18:40	00:37:16
98	KSIEL Artur	192		M2 30-39 lat	00:00:07	00:00:27	00:19:36	00:39:06
99	RYMKIEWICZ Zbigniew	312	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:07	00:00:25	00:19:35	00:39:33
100	KALINOWSKI Łukasz	148		M2 30-39 lat	00:00:07	00:00:24	00:19:05	00:37:30
101	BOGUSZ Agnieszka	32	ŁOMIAKOWSKA GRUPA BIEGOWA	K3 40-49 lat	00:00:07	00:00:37	00:39:55	
102	FRANK Michał	85		M2 30-39 lat	00:00:07	00:00:27	00:19:53	00:39:52
103	WISZOWATY Piotr	401	NIEZGODNIKI	M2 30-39 lat	00:00:07	00:00:28	00:19:52	00:39:44
104	URBANIAK Michał	385		M2 30-39 lat	00:00:07	00:00:28	00:21:28	00:43:19
105	SCHINDLER Żaneta	318	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:07	00:00:27	00:22:12	00:44:58
106	WOJCIECHOWSKA Klaudia	468		K3 40-49 lat	00:00:07	00:00:30	00:22:49	00:45:15
107	WIŚNIEWSKI Paweł	404	CHEMIK NOXY PUŁAWY	M3 40-49 lat	00:00:07	00:00:27	00:22:01	00:45:58
108	NIEZGODA Ewa	251		K3 40-49 lat	00:00:07	00:00:32	00:26:50	00:53:54
109	SZOT Agnieszka	362	ENTRE.PL TEAM	K3 40-49 lat	00:00:08	00:00:36	00:39:54	
110	BRODAKCI Waldemar	36		M5 60+	00:00:08	00:00:26	00:18:34	00:36:34
111	ANUSZKIEWICZ Włodzimierz	16	DUKLANOWSKI TEAM	M4 50-59	00:00:08	00:00:32	00:36:39	
112	MICHNOWSKI Sebastian	233		M3 40-49 lat	00:00:08	00:00:27	00:18:58	00:38:02
113	SZMIGIELSKI Mateusz	531	DOGOŃ GRODZISK MAZOWIECKI	M1 < 29 lat	00:00:08	00:00:27	00:17:33	00:35:01
114	TYMICKI Zbigniew	382		M4 50-59	00:00:08	00:00:27	00:19:02	00:37:19
115	PUTON Michał	295	GSD. ŻOLIBORZ.	M2 30-39 lat	00:00:08	00:00:25	00:18:30	00:37:30
116	TARAS Marcin	372		M2 30-39 lat	00:00:08	00:00:25	00:17:48	00:36:17
117	WINKOWSKA-STRUZIK Magdalena	400	WWW.SENSORYBEAUTY.PL	K2 30-39 lat	00:00:08	00:00:27	00:19:48	00:40:21
118	KONARSKI Maciej	490		M2 30-39 lat	00:00:08	00:00:29	00:22:48	00:45:15
119	SZULAWSKI Robert	363	KS LIMANOWA FORREST	M4 50-59	00:00:08	00:00:30	00:22:39	00:45:22
120	KUCHTA Paweł	195		M2 30-39 lat	00:00:08	00:00:28	00:20:54	00:44:05
121	WOŹNIAK Barbara	524	WIECZORNE BIEGANIE W SZCZECINIE	K5 60 +	00:00:08	00:00:40	00:32:45	01:05:19
122	CHARLEJ Ireneusz	45		M3 40-49 lat	00:00:09	00:00:26	00:19:57	00:40:42
123	MICHAŁSKI Ryszard	445	M2 30-39 lat	M2 30-39 lat	00:00:09	00:00:23	00:19:31	00:39:32
124	GOŁYŃSKI Tomasz	483		M2 30-39 lat	00:00:09	00:00:24	00:17:32	00:35:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
125	DĄBROWSKI Andrzej	62		M5 60+	00:00:09	00:00:36	00:25:39	00:51:25
126	BIEDKA Robert	533	REBOOK RUN CREW	M3 40-49 lat	00:00:09	00:00:29	00:21:47	00:43:51
127	MAMLA Zbigniew	221	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:09	00:00:26	00:18:40	00:38:18
128	ZELENT Arkadiusz	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	00:00:09	00:00:26	00:19:53	00:40:02
129	SKOTNICKI Piotr	325		M2 30-39 lat	00:00:09	00:00:25	00:18:47	00:37:58
130	CIMOCHOWSKI Mieczysław	53	MC SERWIS	M3 40-49 lat	00:00:09	00:00:28	00:20:06	00:40:55
131	BABIUCH Marek	18		M4 50-59	00:00:09	00:00:27	00:22:02	00:43:46
132	KALICZYŃSKA Wioletta	147	CYTRYNOWI STUDENCI / RUNEDA	K3 40-49 lat	00:00:09	00:00:28	00:21:47	00:43:50
133	PEPŁAWSKA Małgorzata	282	III ZKSS SR LEGIONOWO	K2 30-39 lat	00:00:09	00:00:29	00:24:40	00:50:14
134	NOBERT Marta	252	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:09	00:00:34	00:25:39	00:51:23
135	WALCZAK Dariusz	389	CYTRYNOWI STUDENCI	M3 40-49 lat	00:00:09	00:00:35	00:25:39	00:51:23
136	MIŚTA Grzegorz	100	FRONTIS	M3 40-49 lat	00:00:10	00:00:35	00:28:05	
137	MAREK Roman	225		M4 50-59	00:00:10	00:00:29	00:23:21	
138	GAJEK Ireneusz	89		M3 40-49 lat	00:00:10	00:00:25	00:18:02	00:35:42
139	STAŃCZUK Leszek	505	YULO RUN TEAM SIEDLCE	M4 50-59	00:00:10	00:00:26	00:20:15	00:40:26
140	KILKOWSKI Jarosław	164		M4 50-59	00:00:10	00:00:31	00:26:37	
141	KILKOWSKA Joanna	163		K4 50-59 lat	00:00:10	00:00:31	00:28:41	
142	ŚWIERCZ Andrzej	509	KB IM. PIOTRA SĘKOWSKIEGO	M4 50-59	00:00:10	00:00:26	00:20:01	00:40:19
143	IWANIUK Tomasz	486	ŻYWCEM ZABIEGANI	M2 30-39 lat	00:00:10	00:00:27	00:19:46	00:40:23
144	GOŁASZEWSKI Marcin	103		M3 40-49 lat	00:00:10	00:00:28	00:21:28	00:42:54
145	LEWANDOWSKI Piotr	206	TRUCH TARCHOMINTEAM	M3 40-49 lat	00:00:10	00:00:26	00:20:16	00:42:20
146	RUDNIK Jarosław	309	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:10	00:00:28	00:21:13	00:43:24
147	KOMOROWSKI Piotrek	435		M2 30-39 lat	00:00:10	00:00:29	00:24:47	00:50:26
148	PANCEROW Marcin	449		M3 40-49 lat	00:00:10	00:00:33	00:24:38	00:50:56
149	SZAFRAN Beata	355	PUMP!T	K3 40-49 lat	00:00:11	00:00:36	00:28:09	00:56:55
150	PETRYCKI Marcin	283	PUMP!T	M3 40-49 lat	00:00:11	00:00:35	00:27:59	00:54:43
151	OPIATOWSKI Ryszard	269		M4 50-59	00:00:11	00:00:28	00:20:11	00:40:22
152	CNOTA Maciek	55		M2 30-39 lat	00:00:11	00:00:27	00:19:49	00:39:57
153	WASZKIEWICZ Ariel	465	WASZKA TEAM	M3 40-49 lat	00:00:11	00:00:30	00:19:42	00:38:30
154	PIERAŃSKI Adam	284	VEGE RUNNERS	M4 50-59	00:00:11	00:00:33	00:22:04	00:43:36
155	STANKOWSKI Paweł	337		M2 30-39 lat	00:00:11	00:00:31	00:21:47	00:43:38
156	TOMCZAK Karol	510		M1 < 29 lat	00:00:11	00:00:30	00:22:10	00:44:55
157	KOSMALA Dariusz	178		M4 50-59	00:00:11	00:00:32	00:21:44	00:44:27
158	CICHOŃSKA Elżbieta	49	TRUCHT TARCHOMIN TEAM	K4 50-59 lat	00:00:11	00:00:31	00:22:35	00:45:18
159	ŁOZIŃSKI Piotr	494	BRACTWO BIEGOWE BGK	M3 40-49 lat	00:00:11	00:00:34	00:25:17	00:50:14
160	RZEPLIŃSKA Dorota	500		K3 40-49 lat	00:00:11	00:00:31	00:25:33	00:51:29
161	RACZKOWSKA Dorota	299	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:12	00:00:33	00:26:07	00:53:00
162	MIKOŁAJCZYK Małgorzata	238		K3 40-49 lat	00:00:12	00:00:37	00:28:38	
163	RZEPLIŃSKI Jacek	501		M4 50-59	00:00:12	00:00:27	00:19:38	00:39:36
164	MIĘTEK Artur	237	III ZKSS SR LEGIONOWO	M3 40-49 lat	00:00:12	00:00:34	00:21:24	00:42:29
165	KILIAŃSKI Rafał	162	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:12	00:00:30	00:22:34	00:45:19
166	SMOLEŃSKI Piotr	330	TRUCHT TARCHOMIN TEAM	M4 50-59	00:00:12	00:00:29	00:22:34	00:45:16
167	LACH Adrian	205	TRICLUB	M3 40-49 lat	00:00:12	00:00:33	00:23:02	00:49:18
168	WASZKIEWICZ Marta	464	WASZKA TEAM	K3 40-49 lat	00:00:12	00:00:36	00:28:41	00:58:38
169	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47	00:41:26
170	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47	00:41:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
171	SUCHODOLSKI Mariusz	349	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:27	00:21:19	00:42:11
172	LEWANDOWSKI Robert	207		M3 40-49 lat	00:00:13	00:00:34	00:20:50	00:41:43
173	TRZASKOWSKI Dariusz	381	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:29	00:22:34	00:45:17
174	TOMCZAK Andrzej	522		M1 < 29 lat	00:00:13	00:00:27	00:22:08	00:45:24
175	BORUSZEWSKI Maciej	35		M3 40-49 lat	00:00:13	00:00:34	00:24:00	00:47:40
176	KOTLENGA Monika	181		K3 40-49 lat	00:00:13	00:00:33	00:25:24	00:51:09
177	TELAKOWSKA Anita	374		K2 30-39 lat	00:00:13	00:00:36	00:24:31	00:50:51
178	GÓRSKI Krzysztof	111		M3 40-49 lat	00:00:13	00:00:33	00:25:13	00:51:42
179	ZYGMUNT Natalia	473		K1 < 29 lat	00:00:13	00:00:36	00:27:14	00:55:42
180	ZUBELEWICZ-JERUZALSKA Anna	472		K2 30-39 lat	00:00:14	00:00:34	00:22:34	00:45:22
181	GÓRECKA Anna	108		K3 40-49 lat	00:00:14	00:00:36	00:30:09	01:01:15
182	HELMAN Filip	432	FR WARSZAWA	M1 < 29 lat	00:00:14	00:00:25	00:19:43	00:40:26
183	KOWALSKA Kasia	184	TEAM ZABIEGANEDNI	K3 40-49 lat	00:00:14	00:00:29	00:20:18	00:41:03
184	ZAJAC Bartosz	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	M2 30-39 lat	00:00:14	00:00:32	00:21:17	00:42:26
185	DZIARNOWSKI Włodek	73	BIEGAMPŁOCK TEAM	M4 50-59	00:00:14	00:00:30	00:21:11	00:42:41
186	GADOMSKA Małgorzata	88	NW CZŁAPSKI TEAM	K3 40-49 lat	00:00:14	00:00:36	00:24:56	00:49:54
187	FABISIAK Damian	429		M2 30-39 lat	00:00:14	00:00:32	00:23:26	00:49:37
188	WIŚNIEWSKA Katarzyna	402	INDYWIDUALISTKA	K3 40-49 lat	00:00:14	00:00:36	00:32:28	01:05:32
189	DERESZEWSKI Piotr	64	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:15	00:00:30	00:21:11	00:41:25
190	DYMEL Piotr	481	12TRI.PL	M5 60+	00:00:15	00:00:37	00:28:18	
191	PUCHACZ Piotr	294	MPK	M3 40-49 lat	00:00:15	00:00:36	00:19:20	00:38:45
192	STYKOWSKA Wiktoria	547	TARKOŚWIRY	K1 < 29 lat	00:00:15	00:00:36	00:31:03	
193	GÓJSKI Mirosław	107	HYDROMIR	M4 50-59	00:00:15	00:00:28	00:20:00	00:40:19
194	MOSUR Kamil	242		M3 40-49 lat	00:00:15	00:00:30	00:21:05	00:41:25
195	OLSZANKA Arkadiusz	266		M3 40-49 lat	00:00:15	00:00:30	00:21:10	00:41:55
196	MYŚLIŃSKA Anna	1	EKOBIEGI	K3 40-49 lat	00:00:15	00:00:32	00:23:05	00:46:14
197	KULESZA Agnieszka	439	TRUCHT TARCHOMIN TEAM	K1 < 29 lat	00:00:15	00:00:34	00:23:50	00:47:11
198	SOCHACKI Mariusz	332		M3 40-49 lat	00:00:15	00:00:32	00:23:25	00:47:13
199	STYKOWSKA Beata	347	TARCHOŚFIRY	K2 30-39 lat	00:00:16	00:00:36	00:31:02	
200	DĄBROWSKI Daniel	61	FARMACJA TARCHOMIN	M1 < 29 lat	00:00:16	00:00:35	00:20:21	00:41:12
201	STYKOWSKA Zosia	546	TARKOŚWIRY	K1 < 29 lat	00:00:16	00:00:36	00:29:09	
202	RADWAN-PYTLEWSKI Paweł	300	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	M2 30-39 lat	00:00:16	00:00:37	00:33:20	
203	ŚMIETAŃSKI Piotr	459	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:16	00:00:29	00:19:34	00:38:50
204	MYSTKOWSKI Mieczysław	447		M4 50-59	00:00:16	00:00:33	00:21:09	00:43:10
205	JANECKI Przemysław	131		M2 30-39 lat	00:00:16	00:00:34	00:21:09	00:43:10
206	STEMPEL Tomasz	341	MARYSIN WAWERSKI BIEGA	M3 40-49 lat	00:00:16	00:00:31	00:21:29	00:43:26
207	BARTNIK Rafał	24		M3 40-49 lat	00:00:16	00:00:31	00:22:30	00:46:12
208	TROJANEK Edyta	378	WWW.SENSORYBEAUTY.PL	K3 40-49 lat	00:00:16	00:00:35	00:26:10	00:51:47
209	GOLENIEWSKI Patryk	482	1992	M1 < 29 lat	00:00:16	00:00:33	00:25:17	00:51:52
210	MIKULIK Piotr	239		M2 30-39 lat	00:00:17	00:00:35	00:27:26	
211	CZARNECKI Piotr	60	TARCHOŚFIRY	M2 30-39 lat	00:00:17	00:00:33	00:29:08	01:00:26
212	OCZKOWSKI Mateusz	264	GRUPA BIEGOWA CHTMO	M3 40-49 lat	00:00:17	00:00:34	00:18:44	00:36:48
213	GRZECHNIK Renata	431		K3 40-49 lat	00:00:17	00:00:31	00:22:43	00:45:12
214	GRZESZCZYK Michał	118	EKOBIEGI	M2 30-39 lat	00:00:17	00:00:38	00:23:10	00:46:12
215	KARASIEWICZ Katarzyna	154		K3 40-49 lat	00:00:17	00:00:34	00:24:15	00:48:40
216	ŚWISTOWSKA Anna	370		K2 30-39 lat	00:00:17	00:00:34	00:25:50	00:52:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
217	ŁĄCKA Ilona	210	BIAŁOŁĘKA JEST KOBIETĄ	K3 40-49 lat	00:00:17	00:00:37	00:28:15	00:57:31
218	GRACZYK Roman	112		M3 40-49 lat	00:00:18	00:00:38	00:26:09	00:53:11
219	SZACHNA Piotr	354	EKOBIEGI	M3 40-49 lat	00:00:18	00:00:36	00:22:45	00:42:49
220	STYKOWSKI Michał	348	TARCHOŚFIRY	M2 30-39 lat	00:00:18	00:00:28	00:20:19	00:41:21
221	RUSIN Bartosz	310	KS STASZEWSKY	M3 40-49 lat	00:00:18	00:00:34	00:22:18	00:45:11
222	FIGIEL Michał	80	AMATORSKI KLUB ŻUŻLOWY	M1 < 29 lat	00:00:18	00:00:32	00:22:09	00:45:40
223	JARON Jarosław	133	KOKOSZKA36TEAM	M3 40-49 lat	00:00:18	00:00:35	00:22:59	00:46:13
224	MĘDEL Marta	231		K3 40-49 lat	00:00:18	00:00:37	00:24:12	00:47:49
225	CIEŚLIŃSKI Dariusz	52	DARIOS	M3 40-49 lat	00:00:18	00:00:37	00:24:24	00:50:19
226	KOŁODZIEJCZYK Krzysztof	170	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:19	00:00:36	00:19:31	00:40:26
227	GOLIASZ Paweł	102	BIEGAM I JUŻ	M3 40-49 lat	00:00:19	00:00:32	00:21:09	00:42:52
228	CZAJKA Piotr	56	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:19	00:00:37	00:22:34	00:44:48
229	TODORSKI Tomasz	375		M3 40-49 lat	00:00:19	00:00:33	00:23:07	00:45:28
230	MĘDEL Cezary	230		M3 40-49 lat	00:00:19	00:00:37	00:24:11	00:47:48
231	OLESIAK Arkadiusz	265	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:19	00:00:37	00:24:36	00:48:13
232	ŁUCAK Piotr	213	OSTRÓW BIEGA	M2 30-39 lat	00:00:19	00:00:35	00:26:16	00:51:34
233	WITKOWSKI Łukasz	405	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:20	00:00:35	00:19:31	00:38:46
234	ŁĘCKI Tomasz	211		M3 40-49 lat	00:00:20	00:00:32	00:23:06	00:47:00
235	SYGOCKI Konrad	352	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:19:25	00:38:56
236	KUBAN Sebastian	193		M3 40-49 lat	00:00:20	00:00:33	00:20:50	00:41:22
237	PAZIEWSKI Andrzej	281	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:22:05	00:43:37
238	JANKOWSKA Agnieszka	132	NASIELSK BASZTA TEAM	K3 40-49 lat	00:00:20	00:21:59	00:43:30	01:04:47
239	BUCHALSKA Ewa	478	EKOBIEGI	K3 40-49 lat	00:00:20	00:00:34	00:21:36	00:43:24
240	JABŁONKA Radosław	128	DZIADY OCR	M3 40-49 lat	00:00:20	00:00:34	00:23:04	00:46:14
241	KUNKA Piotr	201	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:34	00:25:00	00:49:27
242	DZIDECZEK Marcin	74	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:33	00:25:00	00:49:27
243	NOSARZEWSKI Mariusz	254		M3 40-49 lat	00:00:20	00:00:37	00:24:10	00:48:16
244	CAŁKA Marek	480		M3 40-49 lat	00:00:21	00:00:35	00:20:56	00:41:37
245	SUTUŁA Dariusz	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	M3 40-49 lat	00:00:21	00:00:33	00:21:00	00:41:31
246	MUSIAŁ Marcin	538		M2 30-39 lat	00:00:21	00:00:35	00:22:02	00:44:30
247	KORYCKI Karol	175		M2 30-39 lat	00:00:21	00:00:45	00:26:11	00:47:21
248	MAJEWSKA Hanna	219	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:21	00:00:34	00:23:39	00:48:01
249	CZAJKA Justyna	57		K3 40-49 lat	00:00:21	00:00:36	00:22:57	00:46:08
250	MUSIAŁ Krzysztof	243		M1 < 29 lat	00:00:22	00:00:30	00:20:48	00:42:43
251	STĘPIEŃ Paulina	507		K2 30-39 lat	00:00:22	00:00:32	00:21:30	00:42:50
252	MANCZENKO Eugeniusz	222		M2 30-39 lat	00:00:22	00:00:31	00:21:23	00:44:39
253	WACH Michał	387	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:22	00:00:36	00:23:12	00:45:38
254	DALECKI Łukasz	536	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:22	00:00:35	00:22:47	00:45:32
255	KOSEWSKA Dorota	176	BIEGAM NA TARCHOMINIE	K4 50-59 lat	00:00:22	00:00:36	00:24:35	00:48:50
256	ZDUŃSKI Jarosław	414		M4 50-59	00:00:22	00:00:38	00:24:29	00:49:52
257	GROBEREK Monika	113		K3 40-49 lat	00:00:22	00:00:34	00:25:49	00:51:13
258	RUCIŃSKA Jolanta	308	NASIELSK BASZTA TEAM	K2 30-39 lat	00:00:22	00:00:35	00:27:41	00:54:51
259	FRĄCKIEWICZ Dariusz	86	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:21:05	00:42:19
260	CZAJKOWSKI Marek	58	---	M3 40-49 lat	00:00:23	00:00:35	00:21:50	00:42:58
261	PIOTROWSKI Artur	521	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:23	00:00:35	00:21:06	00:42:58
262	TEJCHMA Natalia	373	BIEGAM NA TARCHOMINIE	K3 40-49 lat	00:00:23	00:00:36	00:22:51	00:44:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
263	KSENIAK Szymon	191		M3 40-49 lat	00:00:23	00:00:34	00:22:40	00:45:08
264	GRYCNER Paweł	116		M2 30-39 lat	00:00:23	00:00:34	00:22:50	00:46:35
265	CHOJNOWSKI Andrzej	47	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:24:23	00:48:03
266	KOZIATEK Mariusz	186		M3 40-49 lat	00:00:23	00:00:36	00:24:54	00:48:55
267	BOJAR Paweł	33		M3 40-49 lat	00:00:23	00:00:36	00:25:21	00:50:01
268	LEŃCZUK Andrzej	440		M4 50-59	00:00:23	00:00:33	00:22:25	00:45:23
269	BYSTRY Grzegorz	41	KS LENIWIEC	M3 40-49 lat	00:00:24	00:00:30	00:20:30	00:40:37
270	ŁUBIŃSKI Krzysztof	495		M3 40-49 lat	00:00:24	00:00:35	00:20:35	00:40:59
271	ŁATKOWSKI Łukasz	209	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:24	00:00:34	00:21:37	00:42:18
272	POTRZEBOWSKI Dominik	292		M2 30-39 lat	00:00:24	00:00:35	00:22:06	00:43:21
273	SIEDLACZEK Zbigniew	321		M5 60+	00:00:24	00:00:36	00:22:17	00:45:08
274	NOGAL Robert	253		M2 30-39 lat	00:00:24	00:00:35	00:22:08	00:45:35
275	HARTMAN Łukasz	123	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M2 30-39 lat	00:00:24	00:00:36	00:23:16	00:47:10
276	ADAMOWSKA Barbara	12		K3 40-49 lat	00:00:24	00:00:36	00:26:04	00:52:08
277	KACZMARZYK Hubert	146	WOJSKOWA AKADEMIA TECHNICZNA	M1 < 29 lat	00:00:25	00:00:33	00:18:34	00:37:54
278	BIALOKOS Kamil	29	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:25	00:00:35	00:21:38	00:42:18
279	CZAJKOWSKI Marcin	59	OMB OŻARÓW MAZOWIECKI	M3 40-49 lat	00:00:25	00:00:37	00:21:48	00:42:56
280	STRÓŻYK Piotrek	346		M3 40-49 lat	00:00:25	00:00:33	00:21:17	00:42:20
281	WYSOCKI Robert	408	GRUPA BIEGOWA UM WA-WA	M3 40-49 lat	00:00:25	00:00:35	00:22:35	00:45:06
282	WIŚNIEWSKI Tomasz	403	KPMG RUNNING TEAM	M3 40-49 lat	00:00:25	00:00:34	00:23:09	00:45:48
283	PŁÓCIENNIK Renata	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	K4 50-59 lat	00:00:25	00:00:33	00:22:52	00:46:00
284	RODAK Zbigniew	303		M4 50-59	00:00:25	00:00:36	00:24:26	00:47:30
285	ANDRUKIEWICZ Anita	14	GRUPA BIEGOWA CHTMO	K2 30-39 lat	00:00:25	00:00:37	00:24:25	00:48:26
286	KRÓL Ryszard	187	LUBLIN BIEGA	M4 50-59	00:00:25	00:00:36	00:25:32	00:51:04
287	NOWAKOWSKI Czesław	257	KLUB. BIEGACZAGOCH	M5 60+	00:00:25	00:00:34	00:25:03	00:51:04
288	NACZULSKI Witold	244	GRUPA BIEGOWA UM W-WA	M2 30-39 lat	00:00:26	00:00:39	00:28:17	
289	KUREK Wojceich	202	1 BAZA LOTNICTWA TRANSPORTOWEGO	M2 30-39 lat	00:00:26	00:00:36	00:21:48	00:42:50
290	OCHAB Janusz	261		M3 40-49 lat	00:00:26	00:00:35	00:22:37	00:44:38
291	PIOTROWSKI Kamil	287		M2 30-39 lat	00:00:26	00:00:37	00:23:12	00:45:07
292	SOPYŁO Stefan	334		M2 30-39 lat	00:00:26	00:00:35	00:23:59	00:47:04
293	FILC Łukasz	82		M2 30-39 lat	00:00:26	00:00:35	00:22:29	00:45:14
294	EWERTOWSKI Piotr	76	MARKOWI BIEGACZE	M4 50-59	00:00:26	00:00:37	00:22:33	00:44:21
295	KARWOWSKA Mariusz	156	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:26	00:00:35	00:24:24	00:48:25
296	STĘPIŃSKA Anna	343		K1 < 29 lat	00:00:26	00:00:35	00:24:45	00:48:46
297	DZIEPAK Piotr	75	1. BLTR	M2 30-39 lat	00:00:26	00:00:36	00:24:35	00:49:37
298	OSTASZEWSKI Wojciech	271	WERKUS RUNNERS	M2 30-39 lat	00:00:27	00:00:37	00:23:39	
299	MAZUR Piotr	228		M2 30-39 lat	00:00:27	00:00:33	00:20:50	00:40:44
300	JĘDRACHOWICZ Agnieszka	140		K2 30-39 lat	00:00:27	00:00:35	00:23:05	00:45:26
301	WILEŃSKI Zbigniew	398	GRUPA BIEGOWA UM W-WA	M4 50-59	00:00:27	00:00:36	00:22:58	00:45:28
302	WALIGÓRSKI Krzysztof	463	MARKOWI BIEGACZE	M4 50-59	00:00:27	00:00:37	00:26:05	00:50:43
303	ADAMCZUK Agnieszka	11	MARKOWI BIEGACZE	K3 40-49 lat	00:00:27	00:00:37	00:26:05	00:50:43
304	KLUZIAK Jarosław	165		M2 30-39 lat	00:00:27	00:00:36	00:24:57	00:50:53
305	JAWORSKA Joanna	136		K2 30-39 lat	00:00:28	00:00:38	00:26:47	00:55:28
306	KUFLOWSKI Artur	199	JW.3411	M3 40-49 lat	00:00:28	00:00:37	00:22:52	00:45:22
307	BORAWSKA Emilia	34		K2 30-39 lat	00:00:28	00:00:34	00:23:06	00:46:07
308	PIRÓG Kamil	288	1. OREL	M2 30-39 lat	00:00:28	00:00:38	00:25:38	00:49:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
309	GONET Katarzyna	105		K3 40-49 lat	00:00:28	00:00:38	00:26:00	00:51:25
310	MAZUR Jowita	229	FUNKCJONUJ	K3 40-49 lat	00:00:28	00:00:39	00:26:01	00:51:25
311	TOMASZEWSKA Mariola	376	WATAHA ŁĄCZY NAS BIEGANIE	K4 50-59 lat	00:00:28	00:00:38	00:26:46	00:53:51
312	NOWOSIELSKI Tomasz	260	HERO	M4 50-59	00:00:29	00:00:39	00:25:24	00:52:24
313	BIDZINSKI Krzysztof	31	LEBIEGI	M3 40-49 lat	00:00:29	00:00:38	00:25:14	00:50:35
314	UCHROŃSKA Justyna	512		K2 30-39 lat	00:00:29	00:00:42	00:29:32	
315	ŁOZOWSKA Aneta	212		K3 40-49 lat	00:00:29	00:00:38	00:26:00	00:51:25
316	SWIETLIK Magdalena	351		K2 30-39 lat	00:00:29	00:00:38	00:26:09	00:51:44
317	WINDER Agnieszka	399		K2 30-39 lat	00:00:29	00:00:36	00:27:39	00:56:53
318	OSUCH Dorota	273	NWST	K3 40-49 lat	00:00:30	00:00:37	00:25:33	00:51:04
319	ANTONOWICZ Maciek	15	DEAF RUNNING	M2 30-39 lat	00:00:30	00:00:37	00:25:13	00:48:35
320	WIERBIŁOWICZ Dariusz	397		M3 40-49 lat	00:00:30	00:00:34	00:22:33	00:44:54
321	ZARĘBA Jarosław	410		M3 40-49 lat	00:00:30	00:00:37	00:25:14	00:50:47
322	BAK Andrzej	26		M4 50-59	00:00:30	00:00:38	00:26:07	00:53:05
323	BAK Hubert	27		M1 < 29 lat	00:00:30	00:00:38	00:26:07	00:52:58
324	GŁOWACKA Elżbieta	98	TEAM ZABIEGANEDNI	K5 60 +	00:00:30	00:00:39	00:29:07	00:59:51
325	ZYGMUNT Kamil	527		M2 30-39 lat	00:00:31	00:00:40	00:29:30	
326	STACHOWICZ Paweł	458		M1 < 29 lat	00:00:31	00:00:33	00:21:46	00:43:12
327	MAGOT Tomasz	497		M2 30-39 lat	00:00:31	00:00:37	00:22:15	00:43:30
328	SZYMAŃSKI Robert	366	KREWKI URSYNÓW HDK	M3 40-49 lat	00:00:31	00:00:32	00:21:42	00:43:39
329	SOBCZAK Bogusław	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	M3 40-49 lat	00:00:31	00:00:33	00:21:53	00:43:51
330	STARZYŃSKI Piotr	506		M2 30-39 lat	00:00:31	00:00:34	00:23:22	00:45:51
331	ZWOLIŃSKI Grzegorz	422	REEBOK RUN CREW	M3 40-49 lat	00:00:31	00:00:34	00:23:11	00:45:53
332	WAŚIK Izabela	392		K3 40-49 lat	00:00:31	00:00:37	00:25:59	00:51:23
333	RZEPKA Mirek	313	AKTYWNI BIEGACZE	M4 50-59	00:00:31	00:00:34	00:25:48	00:52:18
334	KULAK Paweł	200		M3 40-49 lat	00:00:31	00:00:38	00:26:49	00:54:03
335	GLINKA Karol	97		M2 30-39 lat	00:00:32	00:00:36	00:20:35	00:40:40
336	POPOWICZ Bartłomiej	291		M1 < 29 lat	00:00:32	00:00:30	00:21:40	00:43:35
337	FIRYSIUK Tomasz	84		M3 40-49 lat	00:00:32	00:00:38	00:22:11	00:43:19
338	TYMIŃSKI Mariusz	383		M2 30-39 lat	00:00:32	00:00:37	00:22:35	00:45:07
339	MILANIAK Bogdan	446		M3 40-49 lat	00:00:32	00:00:37	00:22:06	00:44:08
340	SKRZYŃSKI Adam	327		M1 < 29 lat	00:00:32	00:00:39	00:24:13	00:47:36
341	AMROZIK Anna	13		K2 30-39 lat	00:00:32	00:00:38	00:23:44	00:47:15
342	KMIEĆ Agnieszka	489		K2 30-39 lat	00:00:32	00:00:38	00:25:58	00:51:46
343	DĘBSKA Joanna	65		K2 30-39 lat	00:00:32	00:00:39	00:25:37	00:51:15
344	STANKIEWICZ Malgorzata	336		K2 30-39 lat	00:00:32	00:00:38	00:26:35	00:53:55
345	KAROLAK Rafał	155	STOMILEX	M3 40-49 lat	00:00:33	00:00:37	00:21:09	00:42:27
346	RESZCZYK Marcin	302		M3 40-49 lat	00:00:33	00:00:33	00:19:56	00:39:17
347	GAJEWSKI Mariusz	90		M3 40-49 lat	00:00:33	00:00:35	00:20:49	00:42:34
348	KUCKI Kamil	197	MAZOVIA PROACTIV CIECHANÓW	M2 30-39 lat	00:00:33	00:00:37	00:22:42	00:44:51
349	BAK Łukasz	25	AGD WRONIAK	M2 30-39 lat	00:00:33	00:00:32	00:23:15	00:46:04
350	KRÓLIK Tomasz	188		M3 40-49 lat	00:00:33	00:00:35	00:25:36	00:50:45
351	CHĄDZYŃSKI Marcin	46		M2 30-39 lat	00:00:33	00:00:38	00:25:41	00:50:51
352	SOJKA Łukasz	333		M2 30-39 lat	00:00:33	00:00:38	00:28:44	00:58:55
353	KASIERSKA Ewa Katarzyna	157	WKB META LUBLINIEC	K5 60 +	00:00:33	00:00:38	00:30:13	01:01:14
354	ROKITA Andrzej	304		M3 40-49 lat	00:00:34	00:00:35	00:21:46	00:42:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
355	WYDRA Mariusz	469		M3 40-49 lat	00:00:34	00:00:37	00:22:11	00:43:02
356	ZRAZEK Piotr	421		M3 40-49 lat	00:00:34	00:00:39	00:21:37	00:43:20
357	GRZEGORSKI Arkadiusz	117	KB FOLIE	M4 50-59	00:00:34	00:00:36	00:22:10	00:44:35
358	TRZASKOWSKA Joanna	380	TRUCHT TARCHOMIN TEAM	K2 30-39 lat	00:00:34	00:00:38	00:24:34	00:49:21
359	SAŁAJCZYK Sylwester	452		M4 50-59	00:00:34	00:00:38	00:25:08	00:49:49
360	SIERZPUTOWSKA Ewa	323	SIE_BIEGA	K4 50-59 lat	00:00:34	00:00:37	00:26:40	00:53:39
361	ŁUCZAK Piotr	214	PKO BANK POLSKI	M3 40-49 lat	00:00:34	00:00:39	00:28:50	00:58:21
362	ŁUCZAK Małgorzata	215	RUNNERSI ZE SKARBKA	K3 40-49 lat	00:00:34	00:00:39	00:28:50	00:58:20
363	SŁOWIŃSKI Marcin	328	1.OREL	M2 30-39 lat	00:00:35	00:00:35	00:21:48	00:43:15
364	SZELAĞ Tomasz	360	MKB DREPTAK	M3 40-49 lat	00:00:35	00:00:34	00:21:42	00:43:40
365	KASKA Mateusz	158		M2 30-39 lat	00:00:35	00:00:37	00:23:26	00:45:52
366	KWIATEK Jacek	203		M4 50-59	00:00:35	00:00:37	00:25:28	00:51:04
367	DUCH Emil	69	JB WARSAW	M2 30-39 lat	00:00:36	00:00:38	00:23:48	
368	KOSIŃSKI Aleksander	177		M2 30-39 lat	00:00:36	00:00:38	00:22:45	00:45:02
369	BARAN Przemysław	23		M1 < 29 lat	00:00:36	00:00:34	00:22:55	00:45:40
370	GÓRECKI Rajmund	109		M3 40-49 lat	00:00:36	00:00:36	00:23:19	00:46:27
371	MARCZAK Grażyna	223	LECZO TEAM	K5 60 +	00:00:36	00:00:36	00:24:27	00:48:39
372	REGUCKI Ryszard	301		M3 40-49 lat	00:00:36	00:00:31	00:24:34	00:49:42
373	BARAN Wojciech	22		M1 < 29 lat	00:00:36	00:00:35	00:25:52	00:51:37
374	LEZNER Karolina	208	KURATOR ZAWODOWY	K1 < 29 lat	00:00:36	00:00:37	00:28:40	01:00:13
375	ORLIŃSKI Krzysztof	498		M2 30-39 lat	00:00:37	00:00:35	00:20:44	00:40:49
376	TWORZEWSKK Piotr	523	OSTROBIEC / SEKCJA BOKSERSKA KSZO	M1 < 29 lat	00:00:37	00:00:36	00:21:30	00:42:42
377	SYPNIEWSKI Tomasz	353	EMO OI	M2 30-39 lat	00:00:37	00:00:37	00:22:29	00:45:35
378	KULIK Karol	539		M3 40-49 lat	00:00:37	00:00:37	00:25:09	00:48:20
379	BEDNARZAK Tadeusz	28	YULO RUN TEAM SIEDLCE	M5 60+	00:00:37	00:00:37	00:26:42	00:53:40
380	JURKOWSKA Irena	526		K5 60 +	00:00:37	00:00:39	00:32:15	01:04:50
381	PIETRAS Tomasz	285	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:38	00:00:38	00:24:38	
382	BAJOREK Jacek	19	MARKOWI BIEGACZE	M3 40-49 lat	00:00:38	00:00:37	00:28:05	
383	DYMEL Andrzej	72	MARKOWI BIEGACZE	M5 60+	00:00:38	00:00:37	00:30:00	
384	STASIAK Piotr	340		M2 30-39 lat	00:00:38	00:00:36	00:23:41	00:46:40
385	KOLASA Paulina	168	KLUB GORDONA I GINY	K2 30-39 lat	00:00:38	00:00:35	00:24:37	00:49:51
386	SOBCZAK Anna	456	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	K3 40-49 lat	00:00:38	00:00:36	00:26:55	00:54:27
387	MALINOWSKI Mariusz	220		M2 30-39 lat	00:00:39	00:00:36	00:23:40	00:46:40
388	KRZYSIAK Aneczka	190		K3 40-49 lat	00:00:39	00:00:38	00:24:13	00:49:36
389	SKIBIŃSKA Małgorzata	454	ZOLWIKIERSI	K3 40-49 lat	00:00:39	00:00:36	00:25:50	00:50:43
390	SZYMAŃSKI Paweł	365		M2 30-39 lat	00:00:39	00:00:36	00:25:08	00:50:48
391	BRZEZICKI Michał	39		M2 30-39 lat	00:00:39	00:00:36	00:26:24	00:53:16
392	ROMANOWSKA Ewa	451	KUNGFU PANDA	K2 30-39 lat	00:00:39	00:00:38	00:28:03	00:56:28
393	KOCHAN Piotr	167	ZABIEGANY WOŁOMIN	M2 30-39 lat	00:00:39	00:00:37	00:29:59	00:59:45
394	DUDA Kamil	70		M1 < 29 lat	00:00:39	00:00:38	00:31:42	01:05:48
395	BRONISZEWSKI Jakub	477		M3 40-49 lat	00:00:40	00:00:36	00:22:23	00:44:54
396	GALIŃSKA Magdalena	91	WARSZAWSKI ZAUŁEK	K2 30-39 lat	00:00:40	00:00:36	00:23:54	00:47:58
397	SMOCZYK Hubert	329	WARSZAWSKI ZAUŁEK	M2 30-39 lat	00:00:40	00:00:37	00:23:54	00:47:58
398	WIDERA Tomasz	395	KOKOSZKA36TEAM	M2 30-39 lat	00:00:40	00:00:35	00:25:21	00:50:11
399	KOWALCZYK Mateusz	183		M1 < 29 lat	00:00:40	00:00:34	00:24:42	00:49:40
400	ŁUKASIEWICZ Robert	216	KOKOSZKA36TEAM	M3 40-49 lat	00:00:40	00:00:36	00:28:18	00:58:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
401	CEGIEŁKA Dawid	42	KS BACHMATY	M2 30-39 lat	00:00:41	00:00:32	00:20:49	00:42:12
402	GONTARZ Mateusz	484		M2 30-39 lat	00:00:41	00:00:36	00:23:32	00:45:33
403	GODLEWSKI Daniel	99		M2 30-39 lat	00:00:41	00:00:37	00:23:11	00:47:20
404	GOJAN Joanna	537	VEGE RUNNERS	K1 < 29 lat	00:00:41	00:00:38	00:30:49	01:02:03
405	KĘPCZYŃSKI Janusz	161	KB OŻARÓW MAZOWIECKI BIEGA	M5 60+	00:00:42	00:00:38	00:30:20	
406	KOLEBSKA Mirosława	169		K4 50-59 lat	00:00:42	00:00:38	00:33:40	
407	ZIELIŃSKI Paweł	417	BRAK	M2 30-39 lat	00:00:42	00:00:37	00:29:50	
408	ZDUNIAK Marcin	516	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:42	00:00:36	00:24:18	00:47:50
409	KŁOS Anna	166	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:38	00:26:38	00:51:40
410	FIJAŁKOWSKI Michał	81	PO PROSTU MY	M3 40-49 lat	00:00:42	00:00:38	00:26:39	00:51:40
411	STRACHOCKA Anna	344	GRUPA BIEGOWA UM W-WA	K5 60 +	00:00:42	00:00:36	00:27:15	00:54:31
412	CHOŁUJ Agata	48	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:37	00:28:15	00:57:19
413	NOWORYTA Jacek	259	ASA TEAM BIEGIEM PO ZDROWIE	M5 60+	00:00:43	00:00:36	00:30:46	
414	KWIATKOWSKI Tomasz	204		M3 40-49 lat	00:00:43	00:00:37	00:22:43	00:45:31
415	TRZASKOWSKA Justyna	462		K2 30-39 lat	00:00:43	00:00:35	00:23:15	00:45:38
416	GÓRECKI Krzysztof	110		M3 40-49 lat	00:00:43	00:00:38	00:23:06	00:45:40
417	ŻAK Oliwia	423	PIASECZNO RUNNING	K2 30-39 lat	00:00:43	00:00:37	00:24:00	00:48:20
418	HERNIK Jacek	126	BABABARANЕК RUNNERS	M5 60+	00:00:43	00:00:38	00:25:02	00:49:23
419	PAWEŁEK Krzysztof	279	PO PROSTU MY	M3 40-49 lat	00:00:43	00:00:37	00:28:14	00:57:07
420	ARTYMIUK Olaf	17		M2 30-39 lat	00:00:44	00:00:38	00:29:10	
421	KOMOŃ Maciej	171		M2 30-39 lat	00:00:44	00:00:38	00:27:46	
422	PYTKA Andrzej	297		M4 50-59	00:00:44	00:00:36	00:22:43	00:45:30
423	MATWIEJ Adam	443	ADAM MATWIEJ	M2 30-39 lat	00:00:44	00:00:37	00:24:55	00:49:21
424	KONIECZNY Piotr	172		M2 30-39 lat	00:00:44	00:00:37	00:24:52	00:49:32
425	ZIEŃ Agnieszka	419		K2 30-39 lat	00:00:45	00:00:40	00:26:39	00:52:33
426	SOSNÓWKA Magdalena	335		K3 40-49 lat	00:00:45	00:00:39	00:32:17	
427	JERZAK Eryk	139		M4 50-59	00:00:45	00:00:36	00:25:36	00:51:30
428	KAWKA Andrzej	159		M5 60+	00:00:45	00:00:38	00:27:49	00:55:47
429	NASKRĘT Mariusz	247		M3 40-49 lat	00:00:45	00:00:39	00:32:16	01:05:01
430	SALAMON Kinga	314		K2 30-39 lat	00:00:46	00:00:36	00:27:43	00:59:43
431	SKOWRON Wojciech	543		M4 50-59	00:00:46	00:00:39	00:24:06	00:47:08
432	RYBARCZYK Kamil	311		M2 30-39 lat	00:00:46	00:00:38	00:26:15	00:50:12
433	CIERNIAK Michał	50	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:46	00:00:36	00:25:02	00:49:14
434	DŁUŻNIEWSKI Tomasz	66		M3 40-49 lat	00:00:46	00:00:37	00:26:56	00:53:57
435	JACHOWICZ Łukasz	129		M2 30-39 lat	00:00:46	00:00:37	00:26:35	00:53:57
436	KRAWCZYK Karolina	544		K2 30-39 lat	00:00:47	00:00:38	00:43:42	
437	WILCZYŃSKA Małgorzata	545		K3 40-49 lat	00:00:47	00:00:38	00:43:42	
438	PAWŁOWSKI Jakub	280	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29	00:54:11
439	KOWALSKI Kamil	185	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29	00:54:10
440	FRENKEL Marek	87		M4 50-59	00:00:48	00:00:39	00:27:31	00:54:29
441	ZAWADKA Agnieszka	411		K3 40-49 lat	00:00:48	00:00:38	00:27:31	00:55:06
442	TENDERENDA Natalia	461		K2 30-39 lat	00:00:48	00:00:38	00:35:10	01:11:27
443	TENDERENDA Kamil	460		M2 30-39 lat	00:00:49	00:00:33	00:21:03	00:41:34
444	PISAREK Norbert	289		M3 40-49 lat	00:00:49	00:00:35	00:22:16	00:43:34
445	STAŃCZYK Zofia	339		K1 < 29 lat	00:00:49	00:00:37	00:27:17	00:54:55
446	STAŃCZYK Grzegorz	338		M4 50-59	00:00:49	00:00:37	00:28:27	00:57:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
447	NIEDZIELA Dominik	249		M3 40-49 lat	00:00:50	00:00:37	00:24:28	00:47:14
448	KOZŁOWSKI Robert	519	CHUDY BYK	M1 < 29 lat	00:00:50	00:00:39	00:46:52	01:13:14
449	SIKORSKA Agnieszka	504	EKOBIEGI	K3 40-49 lat	00:00:50	00:00:37	00:26:33	00:52:54
450	MADEJEK Jacek	441	ZABIEGANI PO USZY	M2 30-39 lat	00:00:51	00:00:37	00:32:23	01:07:51
451	JAROSZ-PIWONSKA Aldona	134		K3 40-49 lat	00:00:51	00:00:33	00:23:52	00:48:12
452	SIKORSKI Michał	535	EKO BIEGI	M3 40-49 lat	00:00:51	00:00:37	00:26:32	00:52:51
453	SĄGOL Sylwester	316		M3 40-49 lat	00:00:52	00:00:33	00:21:52	00:43:21
454	PARADOWSKI Andrzej	275		M3 40-49 lat	00:00:52	00:00:33	00:23:31	00:47:04
455	WARZECHA Jolanta	390	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:54	00:00:36	00:31:31	01:05:12
456	DOBOSZ Marek	67		M3 40-49 lat	00:00:55	00:00:36	00:31:31	01:05:13
457	SELESKI Krzysztof	319	MARCIN.BIZ	M4 50-59	00:00:58	00:00:28	00:24:33	00:49:59
458	ROSZAK Waldemar	306	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	M4 50-59	00:01:01	00:00:27	00:27:26	00:56:47
459	CIEŚLAK Paweł	51	SLOWJOGGING BIAŁOŁĘKA	M4 50-59	00:01:05	00:00:42	00:35:43	01:01:19
460	SKRZYDŁOWSKA-KALUKIN Katarzyna	326	SLOWJOGGING BIAŁOŁĘKA	K4 50-59 lat	00:01:06	00:00:41	00:35:43	
461	KAMIŃSKI Waldemar	433		M4 50-59	00:01:08	00:00:39	00:35:42	
462	MACANDER Jakub	496		M1 < 29 lat	00:04:34	00:00:17	00:18:38	00:37:35
	OSTASZEWSKI Marek	270		M2 30-39 lat	DNF	00:00:37 DNF	00:23:37 DNF	DNF
	BANAŚ Malwina	20	PUSTELNIK	K2 30-39 lat	DNF	00:00:33 DNF	00:23:04 DNF	DNF
	SCHILLER Monika	317	SLOW JOGGING BIAŁOŁĘKA	K4 50-59 lat	DNF	00:00:37 DNF	00:28:37 DNF	DNF
	ŻÓŁCIŃSKI Waldemar	424	GRUPA BIEGOWA UM W-WA	M5 60+	DNF	00:00:37 DNF	00:27:04 DNF	DNF
	KERNER Agnieszka	160	GRUPA BIEGOWA UM W-WA	K4 50-59 lat	DNF	00:00:37 DNF	00:27:16 DNF	DNF
	NIEWCZAS Zdzisław	532		M5 60+	DNF	00:00:32 DNF	00:38:02 DNF	DNF
	TERZONI Karina	600	VIRTUAL RUNNERS CLUB	K2 30-39 lat	DNF	00:00:33 DNF	00:23:42 DNF	DNF
	FICEK Łukasz	78	CYTRYNOWI STUDENCI	M2 30-39 lat	DNF	00:00:38 DNF	00:32:14 DNF	00:41:15 DNF
	GAŁUSZKA Katarzyna	93	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:26:15 DNF	DNF
	PYL Karolina	296		K1 < 29 lat	DNF	00:00:44 DNF	00:26:19 DNF	DNF
	JÓZWIK Robert	142	HARX TEAM	M3 40-49 lat	DNF	00:00:36 DNF	00:24:17 DNF	DNF
	DOMAŃSKI Jacek Expedyt	68	WKB META LUBLINIEC	M5 60+	DNF	00:00:52 DNF	00:41:24 DNF	DNF
	SZCZEPAŃSKA DUDA Monika	358		K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF	DNF
	ZIELIŃSKA Aleksandra	470	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:25:48 DNF	DNF
	KOŁOSOWSKI Piotr	434	KUNGFU PANDA TEAM	M2 30-39 lat	DNF	00:00:38 DNF	00:23:17 DNF	00:46:12 DNF
	BUDNIK Stanisław	479	NASIELSK BASZTA TEAM	M1 < 29 lat	DNF	00:00:39 DNF	00:30:00 DNF	DNF
	OSTASZEWSKI Marcin	272		M2 30-39 lat	DNF	00:00:37 DNF	00:23:03 DNF	DNF
	OLSZEWSKA Mariola	268	RAZEM DLA BIAŁOŁĘKI	K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF	DNF
	TYBURC Paweł	548		M3 40-49 lat	DNF	01:09:11 DNF	DNF	DNF
	UZIĘBŁO Wiesław	555	SDP	M5 60+	DNF	00:00:48 DNF	01:24:06 DNF	DNF

Znalezione 482 wynik(ów)