

# BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2019-12-14  
**Miejsce:** Warszawa  
**Dystans:** 13 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 4,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
1	<b>PARSZCZYŃSKI Łukasz</b>	<b>277</b>	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:14:15
2	<b>SŁUPIK Tomasz</b>	<b>455</b>		M1 < 29 lat	00:00:01	00:00:15	00:14:15
3	<b>FALKOWSKI Bartek</b>	<b>77</b>	PIEKIELNI WARSZAWA	M2 30-39 lat	00:00:01	00:00:16	00:14:44
4	<b>JOSYPENKO Jędrzej</b>	<b>487</b>	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:14:44
5	<b>BĘTKOWSKI Piotr</b>	<b>475</b>		M2 30-39 lat	00:00:01	00:00:17	00:14:45
6	<b>MASIAREK Maciej</b>	<b>227</b>		M1 < 29 lat	00:00:03	00:00:15	00:15:08
7	<b>TABER Konrad</b>	<b>371</b>	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	M1 < 29 lat	00:00:01	00:00:16	00:15:23
8	<b>URMANOWSKI Daniel</b>	<b>386</b>	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:15:23
9	<b>FIEODOROW Tomasz</b>	<b>79</b>	BSB BARCZEWO BIEGA/ZK BARCZEWO	M2 30-39 lat	00:00:01	00:00:15	00:15:32
10	<b>GRZYBOWSKI Paweł</b>	<b>119</b>	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:15:39
11	<b>HILDEBRAND Marcin</b>	<b>127</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:02	00:00:19	00:16:05
12	<b>WERNER Kamil</b>	<b>394</b>	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM	M2 30-39 lat	00:00:03	00:00:17	00:16:08
13	<b>KIELAK Leszek</b>	<b>488</b>	ENTRE RUNNING	M2 30-39 lat	00:00:00	00:00:22	00:16:10
14	<b>GOZDEK Scyzoryk</b>	<b>106</b>	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	M3 40-49 lat	00:00:02	00:00:18	00:16:19
15	<b>MIELCZAREK Krzysztof</b>	<b>236</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:04	00:00:18	00:16:26
16	<b>ŁABĘDZKI Konrad</b>	<b>520</b>	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:29
17	<b>PRZYBYŁA Krzysztof</b>	<b>499</b>	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:37
18	<b>KOTLENGA Przemysław</b>	<b>180</b>		M2 30-39 lat	00:00:02	00:00:18	00:16:46
19	<b>NOWOSIELSKI Grzegorz</b>	<b>448</b>	ŻÓRAWSKI TEAM	M1 < 29 lat	00:00:02	00:00:20	00:16:46
20	<b>PARSZCZYŃSKA Izabela</b>	<b>276</b>	TEAM PARSZCZYŃSKICH	K2 30-39 lat	00:00:02	00:00:19	00:16:52
21	<b>MAJCHRZAK Sławomir</b>	<b>218</b>	UKS TYCHOW STARY	M4 50-59	00:00:03	00:00:18	00:16:52
22	<b>BIAŁEK Piotr</b>	<b>476</b>	3BRO	M2 30-39 lat	00:00:02	00:00:18	00:16:53
23	<b>GAŁUSZKA Filip</b>	<b>92</b>	KOKOSZKA36TEAM	M2 30-39 lat	00:00:03	00:00:20	00:16:53
24	<b>KRÓL Dariusz</b>	<b>534</b>	ZABIEGANY WOŁOMIN	M4 50-59	00:00:02	00:00:21	00:17:07
25	<b>TOMCZAK Marcin</b>	<b>377</b>	1980	M2 30-39 lat	00:00:03	00:00:20	00:17:07
26	<b>KUBERA Piotr</b>	<b>194</b>	ADIDAS RUNNERS WARSAW	M3 40-49 lat	00:00:00	00:00:22	00:17:21
27	<b>SAWICKA Anna</b>	<b>502</b>	DREAM RUN	K2 30-39 lat	00:00:03	00:00:21	00:17:32
28	<b>GOŁYŃSKI Tomasz</b>	<b>483</b>		M2 30-39 lat	00:00:09	00:00:24	00:17:32
29	<b>STRADOMSKI Artur</b>	<b>345</b>	MARKOWI BIEGACZE	M3 40-49 lat	00:00:03	00:00:20	00:17:33
30	<b>SZMIGIELSKI Mateusz</b>	<b>531</b>		M1 < 29 lat	00:00:08	00:00:27	00:17:33
31	<b>UGRYN Maciej</b>	<b>384</b>	WWW.RUNISMYFUN.COM	M2 30-39 lat	00:00:02	00:00:20	00:17:34
32	<b>ROWIŃSKI Tomasz</b>	<b>307</b>		M3 40-49 lat	00:00:02	00:00:17	00:17:43

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
33	TARAS Marcin	372		M2 30-39 lat	00:00:08	00:00:25	00:17:48
34	SZWARC Szymon	364		M1 < 29 lat	00:00:06	00:00:23	00:17:51
35	PYTLINSKI Rafał	298		M3 40-49 lat	00:00:03	00:00:20	00:17:53
36	ANUSIEWICZ Robert	474		M3 40-49 lat	00:00:04	00:00:21	00:17:55
37	NOWOCIEŃ Jacek	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	00:00:03	00:00:21	00:17:57
38	GAJEK Ireneusz	89		M3 40-49 lat	00:00:10	00:00:25	00:18:02
39	KACZMAREK Jakub	144		M1 < 29 lat	00:00:00	00:00:20	00:18:03
40	TURSKI Maciej	511	MMA, TYLKO MMA	M1 < 29 lat	00:00:06	00:00:21	00:18:07
41	MIELCZAREK Marek	235	MARKOWI BIEGACZE	M3 40-49 lat	00:00:05	00:00:19	00:18:12
42	JAWORSKI Piotr	137	EKOBIEGI	M3 40-49 lat	00:00:04	00:00:19	00:18:15
43	BRODZIK Arkadiusz	426		M2 30-39 lat	00:00:02	00:00:16	00:18:16
44	SIERZPUTOWSKI Robert	453	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:03	00:00:20	00:18:18
45	DĄBROWSKI Michał	63		M2 30-39 lat	00:00:06	00:00:23	00:18:22
46	PUTON Michał	295		M2 30-39 lat	00:00:08	00:00:25	00:18:30
47	KALKO Vitalii	149		M2 30-39 lat	00:00:04	00:00:24	00:18:34
48	BRODAKCI Waldemar	36	CHEMIK NOXY PUŁAWY	M5 60+	00:00:08	00:00:26	00:18:34
49	KACZMARZYK Hubert	146	WOJSKOWA AKADEMIA TECHNICZNA	M1 < 29 lat	00:00:25	00:00:33	00:18:34
50	ZIÓŁKOWSKI Jacek	420		M4 50-59	00:00:01	00:00:21	00:18:35
51	MANELSKI Artur	442	DOBRZYNSKI KLUB ZEGLARSKI	M2 30-39 lat	00:00:04	00:00:21	00:18:35
52	MACANDER Jakub	496		M1 < 29 lat	00:04:34	00:00:17	00:18:38
53	GWIZDAŁA Cezary	122	KUŹNIA TRIATHLONU	M3 40-49 lat	00:00:05	00:00:22	00:18:40
54	NIEZGODA Przemysław	250		M2 30-39 lat	00:00:07	00:00:26	00:18:40
55	MAMLA Zbigniew	221	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:09	00:00:26	00:18:40
56	OCZKOWSKI Mateusz	264	GRUPA BIEGOWA CHTMO	M3 40-49 lat	00:00:17	00:00:34	00:18:44
57	SKOTNICKI Piotr	325		M2 30-39 lat	00:00:09	00:00:25	00:18:47
58	SARZAŁA Dariusz	315	AKS POLONIA WARSZAWA	M5 60+	00:00:02	00:00:20	00:18:52
59	KOWALEWSKI Łukasz	491	BISKUPIEC BIEGA	M2 30-39 lat	00:00:00	00:01:48	00:18:55
60	KRUPIŃSKI Marek	437	1995	M1 < 29 lat	00:00:03	00:00:18	00:18:56
61	KANIA Paweł	153	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:06	00:00:23	00:18:57
62	MICHNOWSKI Sebastian	233		M3 40-49 lat	00:00:08	00:00:27	00:18:58
63	TYMICKI Zbigniew	382	ENTRE.PL TEAM	M4 50-59	00:00:08	00:00:27	00:19:02
64	KOŚCIK Jakub	436		M2 30-39 lat	00:00:05	00:00:30	00:19:03
65	NAPIÓRKOWSKI Grzegorz	246	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:06	00:00:27	00:19:04
66	GĘBALA Wojtek	94		M3 40-49 lat	00:00:06	00:00:24	00:19:04
67	OCHENKOWSKI Sebastian	263		M2 30-39 lat	00:00:04	00:00:24	00:19:05
68	TROJANOWSKI Rafał	379	BIEGAM BO LUBIĘ ZĄBKI TEAM	M1 < 29 lat	00:00:04	00:00:22	00:19:05
69	FILIPCZUK Dariusz	83		M4 50-59	00:00:06	00:00:23	00:19:05
70	KALINOWSKI Łukasz	148		M2 30-39 lat	00:00:07	00:00:24	00:19:05
71	SERAFIN Tomasz	503		M3 40-49 lat	00:00:06	00:00:25	00:19:08
72	KORKOSZ Andrzej	174		M3 40-49 lat	00:00:05	00:00:24	00:19:14
73	JASKÓŁOWSKI Waldemar	135	WOJSKOWA AKADEMIA TECHNICZNA	M4 50-59	00:00:00	00:00:41	00:19:15
74	WIŚNIEWSKI Krzysztof	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	M3 40-49 lat	00:00:06	00:00:25	00:19:20
75	PUCHACZ Piotr	294	MPK	M3 40-49 lat	00:00:15	00:00:36	00:19:20
76	GÓRAL Tadeusz	540	KKB	M3 40-49 lat	00:00:02	00:00:23	00:19:25
77	SYGOCKI Konrad	352	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:19:25
78	MISZTA Barbara	240	KS STASZEWSKY	K3 40-49 lat	00:00:04	00:00:22	00:19:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
79	<b>MICHALSKI Ryszard</b>	<b>445</b>	WWW.SENSORYBEAUTY.PL	M2 30-39 lat	00:00:09	00:00:23	00:19:31
80	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>170</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:19	00:00:36	00:19:31
81	<b>WITKOWSKI Łukasz</b>	<b>405</b>	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:20	00:00:35	00:19:31
82	<b>ŚMIETAŃSKI Piotr</b>	<b>459</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:16	00:00:29	00:19:34
83	<b>RYMKIEWICZ Zbigniew</b>	<b>312</b>		M2 30-39 lat	00:00:07	00:00:25	00:19:35
84	<b>KSIEL Artur</b>	<b>192</b>		M2 30-39 lat	00:00:07	00:00:27	00:19:36
85	<b>RZEPLIŃSKI Jacek</b>	<b>501</b>		M4 50-59	00:00:12	00:00:27	00:19:38
86	<b>WASZKIEWICZ Ariel</b>	<b>465</b>	WASZKA TEAM	M3 40-49 lat	00:00:11	00:00:30	00:19:42
87	<b>HELMAN Filip</b>	<b>432</b>	FR WARSZAWA	M1 < 29 lat	00:00:14	00:00:25	00:19:43
88	<b>HAJKOWICZ Adam</b>	<b>528</b>		M4 50-59	00:00:05	00:00:25	00:19:45
89	<b>PŁATEK Tomasz</b>	<b>529</b>		M2 30-39 lat	00:00:05	00:00:26	00:19:45
90	<b>IWANIUK Tomasz</b>	<b>486</b>	ŻYWCEM ZABIEGANI	M2 30-39 lat	00:00:10	00:00:27	00:19:46
91	<b>WINKOWSKA-STRUZIK Magdalena</b>	<b>400</b>	DUKLANOWSKI TEAM	K2 30-39 lat	00:00:08	00:00:27	00:19:48
92	<b>CNOTA Maciek</b>	<b>55</b>		M2 30-39 lat	00:00:11	00:00:27	00:19:49
93	<b>WISZOWATY Piotr</b>	<b>401</b>		M2 30-39 lat	00:00:07	00:00:28	00:19:52
94	<b>FRANK Michał</b>	<b>85</b>	JW 2414	M2 30-39 lat	00:00:07	00:00:27	00:19:53
95	<b>ZELENT Arkadiusz</b>	<b>415</b>	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	00:00:09	00:00:26	00:19:53
96	<b>RESZCZYK Marcin</b>	<b>302</b>		M3 40-49 lat	00:00:33	00:00:33	00:19:56
97	<b>SMORAWSKI Wodzisław</b>	<b>331</b>		M2 30-39 lat	00:00:00	00:00:48	00:19:57
98	<b>CHARLEJ Ireneusz</b>	<b>45</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49 lat	00:00:09	00:00:26	00:19:57
99	<b>GÓJSKI Mirosław</b>	<b>107</b>	HYDROMIR	M4 50-59	00:00:15	00:00:28	00:20:00
100	<b>STĘPIEŃ Adam</b>	<b>342</b>		M2 30-39 lat	00:00:06	00:00:26	00:20:01
101	<b>ŚWIERCZ Andrzej</b>	<b>509</b>	KB IM. PIOTRA SĘKOWSKIEGO	M4 50-59	00:00:10	00:00:26	00:20:01
102	<b>ROPIAK Paweł</b>	<b>305</b>		M1 < 29 lat	00:00:00	00:01:02	00:20:04
103	<b>CIMOCHOWSKI Mieczysław</b>	<b>53</b>	MC SERWIS	M3 40-49 lat	00:00:09	00:00:28	00:20:06
104	<b>OPIATOWSKI Ryszard</b>	<b>269</b>		M4 50-59	00:00:11	00:00:28	00:20:11
105	<b>STAŃCZUK Leszek</b>	<b>505</b>	YULO RUN TEAM SIEDLCE	M4 50-59	00:00:10	00:00:26	00:20:15
106	<b>LEWANDOWSKI Piotr</b>	<b>206</b>	TRUCH TARCHOMINTEAM	M3 40-49 lat	00:00:10	00:00:26	00:20:16
107	<b>FRE Luis</b>	<b>430</b>	WOLNA WENEZUELA	M4 50-59	00:00:04	00:00:22	00:20:18
108	<b>KOWALSKA Kasia</b>	<b>184</b>	TEAM ZABIEGANEDNI	K3 40-49 lat	00:00:14	00:00:29	00:20:18
109	<b>STYKOWSKI Michał</b>	<b>348</b>	TARCHOŚFIRY	M2 30-39 lat	00:00:18	00:00:28	00:20:19
110	<b>DĄBROWSKI Daniel</b>	<b>61</b>	FARMACJA TARCHOMIN	M1 < 29 lat	00:00:16	00:00:35	00:20:21
111	<b>SZYSZKO Ewa</b>	<b>368</b>	MARKOWI BIEGACZE	K2 30-39 lat	00:00:04	00:00:23	00:20:25
112	<b>GRUMBANIN Paulina</b>	<b>115</b>	LOGWIN	K3 40-49 lat	00:00:06	00:00:25	00:20:26
113	<b>MORELOWSKA Maria</b>	<b>241</b>	WALHALLA FIGHT CLUB	K3 40-49 lat	00:00:03	00:00:25	00:20:27
114	<b>BYSTRY Grzegorz</b>	<b>41</b>	KS LENIWIEC	M3 40-49 lat	00:00:24	00:00:30	00:20:30
115	<b>ŁUBIŃSKI Krzysztof</b>	<b>495</b>		M3 40-49 lat	00:00:24	00:00:35	00:20:35
116	<b>GLINKA Karol</b>	<b>97</b>		M2 30-39 lat	00:00:32	00:00:36	00:20:35
117	<b>NOWAK Jakub</b>	<b>101</b>	DOBRZYŃSKI KLUB ŻEGLARSKI	M3 40-49 lat	00:00:02	00:00:22	00:20:39
118	<b>ORLIŃSKI Krzysztof</b>	<b>498</b>		M2 30-39 lat	00:00:37	00:00:35	00:20:44
119	<b>SZYMCZAK Jacek</b>	<b>367</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:06	00:00:28	00:20:45
120	<b>KUSY Marcin</b>	<b>493</b>		M3 40-49 lat	00:00:13	00:00:29	00:20:47
121	<b>KUSY Marcin</b>	<b>493</b>		M3 40-49 lat	00:00:13	00:00:29	00:20:47
122	<b>MUSIAŁ Krzysztof</b>	<b>243</b>		M1 < 29 lat	00:00:22	00:00:30	00:20:48
123	<b>GAJEWSKI Mariusz</b>	<b>90</b>		M3 40-49 lat	00:00:33	00:00:35	00:20:49
124	<b>CEGIEŁKA Dawid</b>	<b>42</b>	KS BACHMATY	M2 30-39 lat	00:00:41	00:00:32	00:20:49

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
125	LEWANDOWSKI Robert	207		M3 40-49 lat	00:00:13	00:00:34	00:20:50
126	KUBAN Sebastian	193		M3 40-49 lat	00:00:20	00:00:33	00:20:50
127	MAZUR Piotr	228		M2 30-39 lat	00:00:27	00:00:33	00:20:50
128	KUCHTA Pawel	195		M2 30-39 lat	00:00:08	00:00:28	00:20:54
129	CAŁKA Marek	480		M3 40-49 lat	00:00:21	00:00:35	00:20:56
130	KOŚCIUK Maciek	179		M3 40-49 lat	00:00:00	00:00:33	00:20:58
131	ZIELIŃSKI Łukasz	471	BIEGAM BO LUBIĘ OSTROŁĘKA	M2 30-39 lat	00:00:04	00:00:25	00:21:00
132	SUTUŁA Dariusz	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	M3 40-49 lat	00:00:21	00:00:33	00:21:00
133	TENDERENDA Kamil	460		M2 30-39 lat	00:00:49	00:00:33	00:21:03
134	MOSUR Kamil	242		M3 40-49 lat	00:00:15	00:00:30	00:21:05
135	FRAĆKIEWICZ Dariusz	86	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:21:05
136	PIOTROWSKI Artur	521	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:23	00:00:35	00:21:06
137	MYSTKOWSKI Mieczysław	447		M4 50-59	00:00:16	00:00:33	00:21:09
138	JANECKI Przemysław	131		M2 30-39 lat	00:00:16	00:00:34	00:21:09
139	GOLIASZ Paweł	102	BIEGAM I JUŻ	M3 40-49 lat	00:00:19	00:00:32	00:21:09
140	KAROLAK Rafał	155	STOMILEX	M3 40-49 lat	00:00:33	00:00:37	00:21:09
141	OLSZANKA Arkadiusz	266		M3 40-49 lat	00:00:15	00:00:30	00:21:10
142	DZIARNOWSKI Włodek	73	BIEGAMPŁOCK TEAM	M4 50-59	00:00:14	00:00:30	00:21:11
143	DERESZEWSKI Piotr	64	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:15	00:00:30	00:21:11
144	RUDNIK Jarosław	309	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:10	00:00:28	00:21:13
145	NADOBNIK Konrad	245	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:05	00:00:27	00:21:14
146	ZAJAC Bartosz	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	M2 30-39 lat	00:00:14	00:00:32	00:21:17
147	STRÓŻYK Piotrek	346		M3 40-49 lat	00:00:25	00:00:33	00:21:17
148	CELIŃSKI Tomasz	43	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:25	00:21:18
149	SUCHODOLSKI Mariusz	349	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:27	00:21:19
150	MANCZENKO Eugeniusz	222		M2 30-39 lat	00:00:22	00:00:31	00:21:23
151	MIĘTEK Artur	237	III ZKSS SR LEGIONOWO	M3 40-49 lat	00:00:12	00:00:34	00:21:24
152	KOPER Sebastian	173	CARREFOUR RUNNING TEAM	M3 40-49 lat	00:00:04	00:00:23	00:21:27
153	URBANIAK Michał	385		M2 30-39 lat	00:00:07	00:00:28	00:21:28
154	GOŁASZEWSKI Marcin	103		M3 40-49 lat	00:00:10	00:00:28	00:21:28
155	STEMPEL Tomasz	341	MARYSIN WAWERSKI BIEGA	M3 40-49 lat	00:00:16	00:00:31	00:21:29
156	STĘPIEŃ Paulina	507		K2 30-39 lat	00:00:22	00:00:32	00:21:30
157	TWORZEWSK Piotr	523	OSTROBIEC / SEKCJA BOKSERSKA KSZO	M1 < 29 lat	00:00:37	00:00:36	00:21:30
158	GULCZ Katarzyna	120	SR GDAŃSK-PÓŁNOC/KUJAWSCY RUNNERS	K3 40-49 lat	00:00:06	00:00:27	00:21:36
159	BUCHALSKA Ewa	478	EKOBIEGI	K3 40-49 lat	00:00:20	00:00:34	00:21:36
160	ŁATKOWSKI Łukasz	209	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:24	00:00:34	00:21:37
161	ZRAZEK Piotr	421		M3 40-49 lat	00:00:34	00:00:39	00:21:37
162	BIALOKOS Kamil	29	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:25	00:00:35	00:21:38
163	ŚCISŁOWICZ Krzysztof	369	STOMILEX	M2 30-39 lat	00:00:04	00:00:25	00:21:40
164	POPOWICZ Bartłomiej	291		M1 < 29 lat	00:00:32	00:00:30	00:21:40
165	SZYMAŃSKI Robert	366	KREWKI URSYNÓW HDK	M3 40-49 lat	00:00:31	00:00:32	00:21:42
166	SZELĄG Tomasz	360	MKB DREPTAK	M3 40-49 lat	00:00:35	00:00:34	00:21:42
167	KOSMAŁA Dariusz	178		M4 50-59	00:00:11	00:00:32	00:21:44
168	STACHOWICZ Paweł	458		M1 < 29 lat	00:00:31	00:00:33	00:21:46
169	ROKITA Andrzej	304		M3 40-49 lat	00:00:34	00:00:35	00:21:46
170	BIEDKA Robert	533	REBOOK RUN CREW	M3 40-49 lat	00:00:09	00:00:29	00:21:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
171	<b>KALICZYŃSKA Wioletta</b>	<b>147</b>	CYTRYNOWI STUDENCI / RUNEDA	K3 40-49 lat	00:00:09	00:00:28	00:21:47
172	<b>STANKOWSKI Paweł</b>	<b>337</b>		M2 30-39 lat	00:00:11	00:00:31	00:21:47
173	<b>CZAJKOWSKI Marcin</b>	<b>59</b>	OMB OŻARÓW MAZOWIECKI	M3 40-49 lat	00:00:25	00:00:37	00:21:48
174	<b>KUREK Wojceich</b>	<b>202</b>	1 BAZA LOTNICTWA TRANSPORTOWEGO	M2 30-39 lat	00:00:26	00:00:36	00:21:48
175	<b>SŁOWIŃSKI Marcin</b>	<b>328</b>	1.OREL	M2 30-39 lat	00:00:35	00:00:35	00:21:48
176	<b>CZAJKOWSKI Marek</b>	<b>58</b>	---	M3 40-49 lat	00:00:23	00:00:35	00:21:50
177	<b>SAGOL Sylwester</b>	<b>316</b>		M3 40-49 lat	00:00:52	00:00:33	00:21:52
178	<b>SOBCZAK Bogusław</b>	<b>457</b>	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	M3 40-49 lat	00:00:31	00:00:33	00:21:53
179	<b>WIŚNIEWSKI Paweł</b>	<b>404</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:07	00:00:27	00:22:01
180	<b>BABIUCH Marek</b>	<b>18</b>		M4 50-59	00:00:09	00:00:27	00:22:02
181	<b>MUSIAŁ Marcin</b>	<b>538</b>		M2 30-39 lat	00:00:21	00:00:35	00:22:02
182	<b>PIERAŃSKI Adam</b>	<b>284</b>	VEGE RUNNERS	M4 50-59	00:00:11	00:00:33	00:22:04
183	<b>PAZIEWSKI Andrzej</b>	<b>281</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:22:05
184	<b>POTRZEBOWSKI Dominik</b>	<b>292</b>		M2 30-39 lat	00:00:24	00:00:35	00:22:06
185	<b>MILANIAK Bogdan</b>	<b>446</b>		M3 40-49 lat	00:00:32	00:00:37	00:22:06
186	<b>TOMCZAK Andrzej</b>	<b>522</b>		M1 < 29 lat	00:00:13	00:00:27	00:22:08
187	<b>NOGAL Robert</b>	<b>253</b>		M2 30-39 lat	00:00:24	00:00:35	00:22:08
188	<b>FIGIEL Michał</b>	<b>80</b>	AMATORSKI KLUB ŻUŻLOWY	M1 < 29 lat	00:00:18	00:00:32	00:22:09
189	<b>TOMCZAK Karol</b>	<b>510</b>		M1 < 29 lat	00:00:11	00:00:30	00:22:10
190	<b>GRZEGORSKI Arkadiusz</b>	<b>117</b>	KB FOLIE	M4 50-59	00:00:34	00:00:36	00:22:10
191	<b>FIRYSIUK Tomasz</b>	<b>84</b>		M3 40-49 lat	00:00:32	00:00:38	00:22:11
192	<b>WYDRA Mariusz</b>	<b>469</b>		M3 40-49 lat	00:00:34	00:00:37	00:22:11
193	<b>SCHINDLER Żaneta</b>	<b>318</b>		K3 40-49 lat	00:00:07	00:00:27	00:22:12
194	<b>MAGOT Tomasz</b>	<b>497</b>		M2 30-39 lat	00:00:31	00:00:37	00:22:15
195	<b>PISAREK Norbert</b>	<b>289</b>		M3 40-49 lat	00:00:49	00:00:35	00:22:16
196	<b>SIEDLACZEK Zbigniew</b>	<b>321</b>		M5 60+	00:00:24	00:00:36	00:22:17
197	<b>RUSIN Bartosz</b>	<b>310</b>	KS STASZEWSCY	M3 40-49 lat	00:00:18	00:00:34	00:22:18
198	<b>BRONISZEWSKI Jakub</b>	<b>477</b>		M3 40-49 lat	00:00:40	00:00:36	00:22:23
199	<b>LEŃCZUK Andrzej</b>	<b>440</b>		M4 50-59	00:00:23	00:00:33	00:22:25
200	<b>FILC Łukasz</b>	<b>82</b>		M2 30-39 lat	00:00:26	00:00:35	00:22:29
201	<b>SYPNIEWSKI Tomasz</b>	<b>353</b>	EMO OI	M2 30-39 lat	00:00:37	00:00:37	00:22:29
202	<b>BARTNIK Rafał</b>	<b>24</b>		M3 40-49 lat	00:00:16	00:00:31	00:22:30
203	<b>EWERTOWSKI Piotr</b>	<b>76</b>	MARKOWI BIEGACZE	M4 50-59	00:00:26	00:00:37	00:22:33
204	<b>WIERBIŁOWICZ Dariusz</b>	<b>397</b>		M3 40-49 lat	00:00:30	00:00:34	00:22:33
205	<b>KILIAŃSKI Rafał</b>	<b>162</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:12	00:00:30	00:22:34
206	<b>SMOLEŃSKI Piotr</b>	<b>330</b>	TRUCHT TARCHOMIN TEAM	M4 50-59	00:00:12	00:00:29	00:22:34
207	<b>TRZASKOWSKI Dariusz</b>	<b>381</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:29	00:22:34
208	<b>ZUBELEWICZ-JERUZALSKA Anna</b>	<b>472</b>		K2 30-39 lat	00:00:14	00:00:34	00:22:34
209	<b>CZAJKA Piotr</b>	<b>56</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:19	00:00:37	00:22:34
210	<b>CICHOŃSKA Elżbieta</b>	<b>49</b>	TRUCHT TARCHOMIN TEAM	K4 50-59 lat	00:00:11	00:00:31	00:22:35
211	<b>WYSOCKI Robert</b>	<b>408</b>	GRUPA BIEGOWA UM WA-WA	M3 40-49 lat	00:00:25	00:00:35	00:22:35
212	<b>TYMIŃSKI Mariusz</b>	<b>383</b>		M2 30-39 lat	00:00:32	00:00:37	00:22:35
213	<b>OCHAB Janusz</b>	<b>261</b>		M3 40-49 lat	00:00:26	00:00:35	00:22:37
214	<b>SZULAWSKI Robert</b>	<b>363</b>	GSD. ŻOLIBORZ.	M4 50-59	00:00:08	00:00:30	00:22:39
215	<b>KSENIAK Szymon</b>	<b>191</b>		M3 40-49 lat	00:00:23	00:00:34	00:22:40
216	<b>KUCKI Kamil</b>	<b>197</b>	MAZOVIA PROACTIV CIECHANÓW	M2 30-39 lat	00:00:33	00:00:37	00:22:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
217	<b>GRZECHNIK Renata</b>	<b>431</b>		K3 40-49 lat	00:00:17	00:00:31	00:22:43
218	<b>KWIATKOWSKI Tomasz</b>	<b>204</b>		M3 40-49 lat	00:00:43	00:00:37	00:22:43
219	<b>PYTKA Andrzej</b>	<b>297</b>		M4 50-59	00:00:44	00:00:36	00:22:43
220	<b>SZACHNA Piotr</b>	<b>354</b>	EKOBIEGI	M3 40-49 lat	00:00:18	00:00:36	00:22:45
221	<b>KOSIŃSKI Aleksander</b>	<b>177</b>		M2 30-39 lat	00:00:36	00:00:38	00:22:45
222	<b>DALECKI Łukasz</b>	<b>536</b>	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:22	00:00:35	00:22:47
223	<b>KONARSKI Maciej</b>	<b>490</b>	DOGOŃ GRODZISK MAZOWIECKI	M2 30-39 lat	00:00:08	00:00:29	00:22:48
224	<b>WOJCIECHOWSKA Klaudia</b>	<b>468</b>	TEAM ZABIEGANEDNI	K3 40-49 lat	00:00:07	00:00:30	00:22:49
225	<b>GRYCNER Paweł</b>	<b>116</b>		M2 30-39 lat	00:00:23	00:00:34	00:22:50
226	<b>TEJCHMA Natalia</b>	<b>373</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	00:00:23	00:00:36	00:22:51
227	<b>PŁÓCIENNIK Renata</b>	<b>290</b>	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	K4 50-59 lat	00:00:25	00:00:33	00:22:52
228	<b>KUFLOWSKI Artur</b>	<b>199</b>	JW.3411	M3 40-49 lat	00:00:28	00:00:37	00:22:52
229	<b>MALINOWSKI Mikołaj</b>	<b>530</b>		M3 40-49 lat	00:00:05	00:00:25	00:22:54
230	<b>BARAN Przemysław</b>	<b>23</b>		M1 < 29 lat	00:00:36	00:00:34	00:22:55
231	<b>CZAJKA Justyna</b>	<b>57</b>		K3 40-49 lat	00:00:21	00:00:36	00:22:57
232	<b>WILEŃSKI Zbigniew</b>	<b>398</b>	GRUPA BIEGOWA UM W-WA	M4 50-59	00:00:27	00:00:36	00:22:58
233	<b>JARON Jarosław</b>	<b>133</b>	KOKOSZKA36TEAM	M3 40-49 lat	00:00:18	00:00:35	00:22:59
234	<b>KADUK Łukasz</b>	<b>542</b>	CEZAR	M2 30-39 lat	00:00:00	00:00:51	00:23:00
235	<b>MĘDRZYCKI Mirosław</b>	<b>232</b>	PARKRUN BRÓDNO	M4 50-59	00:00:01	00:00:22	00:23:00
236	<b>LACH Adrian</b>	<b>205</b>	TRICLUB	M3 40-49 lat	00:00:12	00:00:33	00:23:02
	<b>OSTASZEWSKI Marcin</b>	<b>272</b>		M2 30-39 lat	DNF	00:00:37 DNF	00:23:03 DNF
238	<b>SUCHOCKA Monika</b>	<b>525</b>		K2 30-39 lat	00:00:02	00:00:27	00:23:04
239	<b>JABŁONKA Radosław</b>	<b>128</b>	DZIADY OCR	M3 40-49 lat	00:00:20	00:00:34	00:23:04
	<b>BANAŚ Malwina</b>	<b>20</b>	PUSTELNIK	K2 30-39 lat	DNF	00:00:33 DNF	00:23:04 DNF
241	<b>MYŚLIŃSKA Anna</b>	<b>1</b>	EKOBIEGI	K3 40-49 lat	00:00:15	00:00:32	00:23:05
242	<b>JĘDRACHOWICZ Agnieszka</b>	<b>140</b>		K2 30-39 lat	00:00:27	00:00:35	00:23:05
243	<b>ŁĘCKI Tomasz</b>	<b>211</b>		M3 40-49 lat	00:00:20	00:00:32	00:23:06
244	<b>BORAWSKA Emilia</b>	<b>34</b>		K2 30-39 lat	00:00:28	00:00:34	00:23:06
245	<b>GÓRECKI Krzysztof</b>	<b>110</b>		M3 40-49 lat	00:00:43	00:00:38	00:23:06
246	<b>TODORSKI Tomasz</b>	<b>375</b>		M3 40-49 lat	00:00:19	00:00:33	00:23:07
247	<b>WIŚNIEWSKI Tomasz</b>	<b>403</b>	KPMG RUNNING TEAM	M3 40-49 lat	00:00:25	00:00:34	00:23:09
248	<b>GRZESZCZYK Michał</b>	<b>118</b>	EKOBIEGI	M2 30-39 lat	00:00:17	00:00:38	00:23:10
249	<b>ZWOLIŃSKI Grzegorz</b>	<b>422</b>	REEBOK RUN CREW	M3 40-49 lat	00:00:31	00:00:34	00:23:11
250	<b>GODLEWSKI Daniel</b>	<b>99</b>		M2 30-39 lat	00:00:41	00:00:37	00:23:11
251	<b>WACH Michał</b>	<b>387</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:22	00:00:36	00:23:12
252	<b>PIOTROWSKI Kamil</b>	<b>287</b>		M2 30-39 lat	00:00:26	00:00:37	00:23:12
253	<b>BAK Łukasz</b>	<b>25</b>	AGD WRONIAK	M2 30-39 lat	00:00:33	00:00:32	00:23:15
254	<b>TRZASKOWSKA Justyna</b>	<b>462</b>		K2 30-39 lat	00:00:43	00:00:35	00:23:15
255	<b>HARTMAN Łukasz</b>	<b>123</b>	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M2 30-39 lat	00:00:24	00:00:36	00:23:16
	<b>KOŁOSOWSKI Piotr</b>	<b>434</b>	KUNGFU PANDA TEAM	M2 30-39 lat	DNF	00:00:38 DNF	00:23:17 DNF
257	<b>BAKUŁA Wiesław</b>	<b>517</b>	WAMPIR	M4 50-59	00:00:04	00:00:27	00:23:19
258	<b>GÓRECKI Rajmund</b>	<b>109</b>		M3 40-49 lat	00:00:36	00:00:36	00:23:19
259	<b>MAREK Roman</b>	<b>225</b>		M4 50-59	00:00:10	00:00:29	00:23:21
260	<b>STARZYŃSKI Piotr</b>	<b>506</b>		M2 30-39 lat	00:00:31	00:00:34	00:23:22
261	<b>SOCHACKI Mariusz</b>	<b>332</b>		M3 40-49 lat	00:00:15	00:00:32	00:23:25
262	<b>FABISIAK Damian</b>	<b>429</b>		M2 30-39 lat	00:00:14	00:00:32	00:23:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
263	<b>KASKA Mateusz</b>	<b>158</b>		M2 30-39 lat	00:00:35	00:00:37	00:23:26
264	<b>PARADOWSKI Andrzej</b>	<b>275</b>		M3 40-49 lat	00:00:52	00:00:33	00:23:31
265	<b>GONTARZ Mateusz</b>	<b>484</b>		M2 30-39 lat	00:00:41	00:00:36	00:23:32
	<b>OSTASZEWSKI Marek</b>	<b>270</b>		M2 30-39 lat	DNF	00:00:37 DNF	00:23:37 DNF
267	<b>MAJEWSKA Hanna</b>	<b>219</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:21	00:00:34	00:23:39
268	<b>OSTASZEWSKI Wojciech</b>	<b>271</b>	WERKUS RUNNERS	M2 30-39 lat	00:00:27	00:00:37	00:23:39
269	<b>MALINOWSKI Mariusz</b>	<b>220</b>		M2 30-39 lat	00:00:39	00:00:36	00:23:40
270	<b>STASIAK Piotr</b>	<b>340</b>		M2 30-39 lat	00:00:38	00:00:36	00:23:41
271	<b>BRZOSKA Małgorzata</b>	<b>427</b>	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:04	00:00:28	00:23:42
	<b>TERZONI Karina</b>	<b>600</b>	VIRTUAL RUNNERS CLUB	K2 30-39 lat	DNF	00:00:33 DNF	00:23:42 DNF
273	<b>AMROZIK Anna</b>	<b>13</b>		K2 30-39 lat	00:00:32	00:00:38	00:23:44
274	<b>NOWAK Karolina</b>	<b>255</b>		K2 30-39 lat	00:00:03	00:00:28	00:23:46
275	<b>DUCH Emil</b>	<b>69</b>	JB WARSAW	M2 30-39 lat	00:00:36	00:00:38	00:23:48
276	<b>KULESZA Agnieszka</b>	<b>439</b>	TRUCHT TARCHOMIN TEAM	K1 < 29 lat	00:00:15	00:00:34	00:23:50
277	<b>JAROSZ-PIWONSKA Aldona</b>	<b>134</b>		K3 40-49 lat	00:00:51	00:00:33	00:23:52
278	<b>GALIŃSKA Magdalena</b>	<b>91</b>	WARSZAWSKI ZAUŁEK	K2 30-39 lat	00:00:40	00:00:36	00:23:54
279	<b>SMOCZYK Hubert</b>	<b>329</b>	WARSZAWSKI ZAUŁEK	M2 30-39 lat	00:00:40	00:00:37	00:23:54
280	<b>SOPYŁO Stefan</b>	<b>334</b>		M2 30-39 lat	00:00:26	00:00:35	00:23:59
281	<b>BORUSZEWSKI Maciej</b>	<b>35</b>		M3 40-49 lat	00:00:13	00:00:34	00:24:00
282	<b>ŻAK Oliwia</b>	<b>423</b>	PIASECZNO RUNNING	K2 30-39 lat	00:00:43	00:00:37	00:24:00
283	<b>SKOWRON Wojciech</b>	<b>543</b>		M4 50-59	00:00:46	00:00:39	00:24:06
284	<b>BUKOWSKI Janusz</b>	<b>5</b>	STOWARZYSZENIE DAĆ SIEBIE INNYM	M5 60+	00:00:03	00:00:31	00:24:10
285	<b>NOSARZEWSKI Mariusz</b>	<b>254</b>		M3 40-49 lat	00:00:20	00:00:37	00:24:10
286	<b>MĘDEL Cezary</b>	<b>230</b>		M3 40-49 lat	00:00:19	00:00:37	00:24:11
287	<b>MĘDEL Marta</b>	<b>231</b>		K3 40-49 lat	00:00:18	00:00:37	00:24:12
288	<b>SKRZYŃSKI Adam</b>	<b>327</b>		M1 < 29 lat	00:00:32	00:00:39	00:24:13
289	<b>KRZYŚIAK Aneczka</b>	<b>190</b>		K3 40-49 lat	00:00:39	00:00:38	00:24:13
290	<b>DOMAŃSKI Piotr</b>	<b>428</b>		M2 30-39 lat	00:00:05	00:00:30	00:24:15
291	<b>KARASIEWICZ Katarzyna</b>	<b>154</b>		K3 40-49 lat	00:00:17	00:00:34	00:24:15
	<b>JÓZWIK Robert</b>	<b>142</b>	HARX TEAM	M3 40-49 lat	DNF	00:00:36 DNF	00:24:17 DNF
293	<b>ZDUNIAK Marcin</b>	<b>516</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:42	00:00:36	00:24:18
294	<b>CHOJNOWSKI Andrzej</b>	<b>47</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:24:23
295	<b>CIEŚLIŃSKI Dariusz</b>	<b>52</b>	DARIOS	M3 40-49 lat	00:00:18	00:00:37	00:24:24
296	<b>KARWOWSKA Mariusz</b>	<b>156</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:26	00:00:35	00:24:24
297	<b>ANDRUKIEWICZ Anita</b>	<b>14</b>	GRUPA BIEGOWA CHTMO	K2 30-39 lat	00:00:25	00:00:37	00:24:25
298	<b>RODAK Zbigniew</b>	<b>303</b>		M4 50-59	00:00:25	00:00:36	00:24:26
299	<b>MARCZAK Grażyna</b>	<b>223</b>	LECZO TEAM	K5 60 +	00:00:36	00:00:36	00:24:27
300	<b>NIEDZIELA Dominik</b>	<b>249</b>		M3 40-49 lat	00:00:50	00:00:37	00:24:28
301	<b>ZDUŃSKI Jarosław</b>	<b>414</b>		M4 50-59	00:00:22	00:00:38	00:24:29
302	<b>TEŁAKOWSKA Anita</b>	<b>374</b>		K2 30-39 lat	00:00:13	00:00:36	00:24:31
303	<b>SELESKI Krzysztof</b>	<b>319</b>	MARCIN.BIZ	M4 50-59	00:00:58	00:00:28	00:24:33
304	<b>TRZASKOWSKA Joanna</b>	<b>380</b>	TRUCHT TARCHOMIN TEAM	K2 30-39 lat	00:00:34	00:00:38	00:24:34
305	<b>REGUICKI Ryszard</b>	<b>301</b>		M3 40-49 lat	00:00:36	00:00:31	00:24:34
306	<b>KOSEWSKA Dorota</b>	<b>176</b>	BIEGAM NA TARCHOMINIE	K4 50-59 lat	00:00:22	00:00:36	00:24:35
307	<b>DZIEPAK Piotr</b>	<b>75</b>	1. BLTR	M2 30-39 lat	00:00:26	00:00:36	00:24:35
308	<b>OLEŚIAK Arkadiusz</b>	<b>265</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:19	00:00:37	00:24:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
309	<b>KOLASA Paulina</b>	<b>168</b>	KLUB GORDONA I GINY	K2 30-39 lat	00:00:38	00:00:35	00:24:37
310	<b>PANCEROW Marcin</b>	<b>449</b>		M3 40-49 lat	00:00:10	00:00:33	00:24:38
311	<b>PIETRAS Tomasz</b>	<b>285</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:38	00:00:38	00:24:38
312	<b>PEPŁAWSKA Małgorzata</b>	<b>282</b>	III ZKSS SR LEGIONOWO	K2 30-39 lat	00:00:09	00:00:29	00:24:40
313	<b>KOWALCZYK Mateusz</b>	<b>183</b>		M1 < 29 lat	00:00:40	00:00:34	00:24:42
314	<b>STĘPIŃSKA Anna</b>	<b>343</b>		K1 < 29 lat	00:00:26	00:00:35	00:24:45
315	<b>WEBER Agata</b>	<b>393</b>	JACEKBIEGA RUNNING TEAM	K3 40-49 lat	00:00:00	00:01:03	00:24:46
316	<b>KOMOROWSKI Piotrek</b>	<b>435</b>		M2 30-39 lat	00:00:10	00:00:29	00:24:47
317	<b>KONIECZNY Piotr</b>	<b>172</b>		M2 30-39 lat	00:00:44	00:00:37	00:24:52
318	<b>KOZIATEK Mariusz</b>	<b>186</b>		M3 40-49 lat	00:00:23	00:00:36	00:24:54
319	<b>MATWIEJ Adam</b>	<b>443</b>	ADAM MATWIEJ	M2 30-39 lat	00:00:44	00:00:37	00:24:55
320	<b>GADOMSKA Małgorzata</b>	<b>88</b>	NW CZŁAPSKI TEAM	K3 40-49 lat	00:00:14	00:00:36	00:24:56
321	<b>KLUZIAK Jarosław</b>	<b>165</b>		M2 30-39 lat	00:00:27	00:00:36	00:24:57
322	<b>KUNKA Piotr</b>	<b>201</b>	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:34	00:25:00
323	<b>DZIDECZEK Marcin</b>	<b>74</b>	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:33	00:25:00
324	<b>HERNIK Jacek</b>	<b>126</b>	BABABARANEK RUNNERS	M5 60+	00:00:43	00:00:38	00:25:02
325	<b>CIERNIAK Michał</b>	<b>50</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:46	00:00:36	00:25:02
326	<b>NOWAKOWSKI Czesław</b>	<b>257</b>	KLUB. BIEGACZAGOCH	M5 60+	00:00:25	00:00:34	00:25:03
327	<b>SAŁAJCZYK Sylwester</b>	<b>452</b>		M4 50-59	00:00:34	00:00:38	00:25:08
328	<b>SZYMAŃSKI Paweł</b>	<b>365</b>		M2 30-39 lat	00:00:39	00:00:36	00:25:08
329	<b>KULIK Karol</b>	<b>539</b>		M3 40-49 lat	00:00:37	00:00:37	00:25:09
330	<b>GÓRSKI Krzysztof</b>	<b>111</b>		M3 40-49 lat	00:00:13	00:00:33	00:25:13
331	<b>ANTONOWICZ Maciek</b>	<b>15</b>	DEAF RUNNING	M2 30-39 lat	00:00:30	00:00:37	00:25:13
332	<b>BIDZINSKI Krzysztof</b>	<b>31</b>	LEBIEGI	M3 40-49 lat	00:00:29	00:00:38	00:25:14
333	<b>ZARĘBA Jarosław</b>	<b>410</b>		M3 40-49 lat	00:00:30	00:00:37	00:25:14
334	<b>ŁOZIŃSKI Piotr</b>	<b>494</b>	BRACTWO BIEGOWE BGK	M3 40-49 lat	00:00:11	00:00:34	00:25:17
335	<b>GOLENIEWSKI Patryk</b>	<b>482</b>	1992	M1 < 29 lat	00:00:16	00:00:33	00:25:17
336	<b>BOJAR Paweł</b>	<b>33</b>		M3 40-49 lat	00:00:23	00:00:36	00:25:21
337	<b>WIDERA Tomasz</b>	<b>395</b>	KOKOSZKA36TEAM	M2 30-39 lat	00:00:40	00:00:35	00:25:21
338	<b>KOTLENGA Monika</b>	<b>181</b>		K3 40-49 lat	00:00:13	00:00:33	00:25:24
339	<b>NOWOSIELSKI Tomasz</b>	<b>260</b>	HERO	M4 50-59	00:00:29	00:00:39	00:25:24
340	<b>KWIATEK Jacek</b>	<b>203</b>		M4 50-59	00:00:35	00:00:37	00:25:28
341	<b>KRÓL Ryszard</b>	<b>187</b>	LUBLIN BIEGA	M4 50-59	00:00:25	00:00:36	00:25:32
342	<b>RZEPLIŃSKA Dorota</b>	<b>500</b>		K3 40-49 lat	00:00:11	00:00:31	00:25:33
343	<b>OSUCH Dorota</b>	<b>273</b>	NWST	K3 40-49 lat	00:00:30	00:00:37	00:25:33
344	<b>KRÓLIK Tomasz</b>	<b>188</b>		M3 40-49 lat	00:00:33	00:00:35	00:25:36
345	<b>JERZAK Eryk</b>	<b>139</b>		M4 50-59	00:00:45	00:00:36	00:25:36
346	<b>DĘBSKA Joanna</b>	<b>65</b>		K2 30-39 lat	00:00:32	00:00:39	00:25:37
347	<b>PIRÓG Kamil</b>	<b>288</b>	1. OREL	M2 30-39 lat	00:00:28	00:00:38	00:25:38
348	<b>DĄBROWSKI Andrzej</b>	<b>62</b>		M5 60+	00:00:09	00:00:36	00:25:39
349	<b>NOBERT Marta</b>	<b>252</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:09	00:00:34	00:25:39
350	<b>WALCZAK Dariusz</b>	<b>389</b>	CYTRYNOWI STUDENCI	M3 40-49 lat	00:00:09	00:00:35	00:25:39
351	<b>CHADZYŃSKI Marcin</b>	<b>46</b>		M2 30-39 lat	00:00:33	00:00:38	00:25:41
352	<b>KAMIONOWSKI Mariusz-Jacek</b>	<b>152</b>	MORSY OSTROŁĘKA	M4 50-59	00:00:06	00:00:32	00:25:45
353	<b>RZEPKA Mirek</b>	<b>313</b>	AKTYWNI BIEGACZE	M4 50-59	00:00:31	00:00:34	00:25:48
	<b>ZIELIŃSKA Aleksandra</b>	<b>470</b>	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:25:48 DNF



Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
355	GROBEREK Monika	113		K3 40-49 lat	00:00:22	00:00:34	00:25:49
356	ŚWISTOWSKA Anna	370		K2 30-39 lat	00:00:17	00:00:34	00:25:50
357	SKIBIŃSKA Małgorzata	454	ZOLWIKIERSI	K3 40-49 lat	00:00:39	00:00:36	00:25:50
358	BARAN Wojciech	22		M1 < 29 lat	00:00:36	00:00:35	00:25:52
359	KMIEĆ Agnieszka	489		K2 30-39 lat	00:00:32	00:00:38	00:25:58
360	WĄSIK Izabela	392		K3 40-49 lat	00:00:31	00:00:37	00:25:59
361	GONET Katarzyna	105		K3 40-49 lat	00:00:28	00:00:38	00:26:00
362	ŁOZOWSKA Aneta	212		K3 40-49 lat	00:00:29	00:00:38	00:26:00
363	MAZUR Jowita	229	FUNKCJONUJ	K3 40-49 lat	00:00:28	00:00:39	00:26:01
364	ADAMOWSKA Barbara	12		K3 40-49 lat	00:00:24	00:00:36	00:26:04
365	WALIGÓRSKI Krzysztof	463	MARKOWI BIEGACZE	M4 50-59	00:00:27	00:00:37	00:26:05
366	ADAMCZUK Agnieszka	11	MARKOWI BIEGACZE	K3 40-49 lat	00:00:27	00:00:37	00:26:05
367	RACZKOWSKA Dorota	299	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:12	00:00:33	00:26:07
368	BAK Andrzej	26		M4 50-59	00:00:30	00:00:38	00:26:07
369	BAK Hubert	27		M1 < 29 lat	00:00:30	00:00:38	00:26:07
370	GRACZYK Roman	112		M3 40-49 lat	00:00:18	00:00:38	00:26:09
371	SWIETLIK Magdalena	351		K2 30-39 lat	00:00:29	00:00:38	00:26:09
372	TROJANEK Edyta	378	WWW.SENSORYBEAUTY.PL	K3 40-49 lat	00:00:16	00:00:35	00:26:10
373	KORYCKI Karol	175		M2 30-39 lat	00:00:21	00:00:45	00:26:11
374	RYBARCZYK Kamil	311		M2 30-39 lat	00:00:46	00:00:38	00:26:15
	GAŁUSZKA Katarzyna	93	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:26:15 DNF
376	ŁUCAK Piotr	213	OSTRÓW BIEGA	M2 30-39 lat	00:00:19	00:00:35	00:26:16
	SZCZEPAŃSKA DUDA Monika	358		K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF
	OLSZEWSKA Mariola	268	RAZEM DLA BIAŁOŁĘKI	K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF
	PYL Karolina	296		K1 < 29 lat	DNF	00:00:44 DNF	00:26:19 DNF
380	KUCICKI Krzysztof	196		M3 40-49 lat	00:00:05	00:00:26	00:26:22
381	BRZEZICKI Michał	39		M2 30-39 lat	00:00:39	00:00:36	00:26:24
382	SIKORSKI Michał	535	EKO BIEGI	M3 40-49 lat	00:00:51	00:00:37	00:26:32
383	SIKORSKA Agnieszka	504	EKO BIEGI	K3 40-49 lat	00:00:50	00:00:37	00:26:33
384	STANKIEWICZ Małgorzata	336		K2 30-39 lat	00:00:32	00:00:38	00:26:35
385	JACHOWICZ Łukasz	129		M2 30-39 lat	00:00:46	00:00:37	00:26:35
386	KILKOWSKI Jarosław	164		M4 50-59	00:00:10	00:00:31	00:26:37
387	KŁOS Anna	166	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:38	00:26:38
388	JERUZAL Jacek	138	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:32	00:26:39
389	FIJĄŁKOWSKI Michał	81	PO PROSTU MY	M3 40-49 lat	00:00:42	00:00:38	00:26:39
390	ZIEŃ Agnieszka	419		K2 30-39 lat	00:00:45	00:00:40	00:26:39
391	SIERZPUTOWSKA Ewa	323	SIE_BIEGA	K4 50-59 lat	00:00:34	00:00:37	00:26:40
392	BEDNARZAK Tadeusz	28	YULO RUN TEAM SIEDLCE	M5 60+	00:00:37	00:00:37	00:26:42
393	TOMASZEWSKA Mariola	376	WATAHA ŁĄCZY NAS BIEGANIE	K4 50-59 lat	00:00:28	00:00:38	00:26:46
394	JAWORSKA Joanna	136		K2 30-39 lat	00:00:28	00:00:38	00:26:47
395	KULAK Paweł	200		M3 40-49 lat	00:00:31	00:00:38	00:26:49
396	NIEZGODA Ewa	251	NIEZGODNIKI	K3 40-49 lat	00:00:07	00:00:32	00:26:50
397	SOBCZAK Anna	456	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	K3 40-49 lat	00:00:38	00:00:36	00:26:55
398	DŁUŻNIEWSKI Tomasz	66		M3 40-49 lat	00:00:46	00:00:37	00:26:56
399	HAJKOWICZ Dorota	541		K3 40-49 lat	00:00:00	00:00:36	00:26:58
	ŻÓŁCIŃSKI Waldemar	424	GRUPA BIEGOWA UM W-WA	M5 60+	DNF	00:00:37 DNF	00:27:04 DNF

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
401	ZYGMUNT Natalia	473		K1 < 29 lat	00:00:13	00:00:36	00:27:14
402	STRACHOCKA Anna	344	GRUPA BIEGOWA UM W-WA	K5 60 +	00:00:42	00:00:36	00:27:15
	KERNER Agnieszka	160	GRUPA BIEGOWA UM W-WA	K4 50-59 lat	DNF	00:00:37 DNF	00:27:16 DNF
404	STAŃCZYK Zofia	339		K1 < 29 lat	00:00:49	00:00:37	00:27:17
405	MIKULIK Piotr	239		M2 30-39 lat	00:00:17	00:00:35	00:27:26
406	ROSZAK Waldemar	306	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	M4 50-59	00:01:01	00:00:27	00:27:26
407	PAWŁOWSKI Jakub	280	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29
408	KOWALSKI Kamil	185	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29
409	FRENKEL Marek	87		M4 50-59	00:00:48	00:00:39	00:27:31
410	ZAWADKA Agnieszka	411		K3 40-49 lat	00:00:48	00:00:38	00:27:31
411	WINDER Agnieszka	399		K2 30-39 lat	00:00:29	00:00:36	00:27:39
412	RUCIŃSKA Jolanta	308	NASIELSK BASZTA TEAM	K2 30-39 lat	00:00:22	00:00:35	00:27:41
413	SALAMON Kinga	314		K2 30-39 lat	00:00:46	00:00:36	00:27:43
414	KOMOŃ Maciej	171		M2 30-39 lat	00:00:44	00:00:38	00:27:46
415	KAWKA Andrzej	159		M5 60+	00:00:45	00:00:38	00:27:49
416	PETRYCKI Marcin	283	PUMP!T	M3 40-49 lat	00:00:11	00:00:35	00:27:59
417	ROMANOWSKA Ewa	451	KUNGFU PANDA	K2 30-39 lat	00:00:39	00:00:38	00:28:03
418	MIŚTA Grzegorz	100	FRONTIS	M3 40-49 lat	00:00:10	00:00:35	00:28:05
419	BAJOREK Jacek	19	MARKOWI BIEGACZE	M3 40-49 lat	00:00:38	00:00:37	00:28:05
420	SZAFRAN Beata	355	PUMP!T	K3 40-49 lat	00:00:11	00:00:36	00:28:09
421	PAWEŁEK Krzysztof	279	PO PROSTU MY	M3 40-49 lat	00:00:43	00:00:37	00:28:14
422	ŁĄCKA Ilona	210	BIAŁOŁĘKA JEST KOBIETĄ	K3 40-49 lat	00:00:17	00:00:37	00:28:15
423	CHOŁUJ Agata	48	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:37	00:28:15
424	NACZULSKI Witold	244	GRUPA BIEGOWA UM W-WA	M2 30-39 lat	00:00:26	00:00:39	00:28:17
425	DYMEL Piotr	481	12TRI.PL	M5 60+	00:00:15	00:00:37	00:28:18
426	ŁUKASIEWICZ Robert	216	KOKOSZKA36TEAM	M3 40-49 lat	00:00:40	00:00:36	00:28:18
427	STAŃCZYK Grzegorz	338		M4 50-59	00:00:49	00:00:37	00:28:27
	SCHILLER Monika	317	SLOW JOGGING BIAŁOŁĘKA	K4 50-59 lat	DNF	00:00:37 DNF	00:28:37 DNF
429	MIKOŁAJCZYK Małgorzata	238		K3 40-49 lat	00:00:12	00:00:37	00:28:38
430	LEZNER Karolina	208	KURATOR ZAWODOWY	K1 < 29 lat	00:00:36	00:00:37	00:28:40
431	KILKOWSKA Joanna	163		K4 50-59 lat	00:00:10	00:00:31	00:28:41
432	WASZKIEWICZ Marta	464	WASZKA TEAM	K3 40-49 lat	00:00:12	00:00:36	00:28:41
433	SOJKA Łukasz	333		M2 30-39 lat	00:00:33	00:00:38	00:28:44
434	ŁUCZAK Piotr	214	PKO BANK POLSKI	M3 40-49 lat	00:00:34	00:00:39	00:28:50
435	ŁUCZAK Małgorzata	215	RUNNERSI ZE SKARBKA	K3 40-49 lat	00:00:34	00:00:39	00:28:50
436	GŁOWACKA Elżbieta	98	TEAM ZABIEGANEDNI	K5 60 +	00:00:30	00:00:39	00:29:07
437	CZARNECKI Piotr	60	TARCHOŚFIRY	M2 30-39 lat	00:00:17	00:00:33	00:29:08
438	STYKOWSKA Zosia	546	TARKOŚWIRY	K1 < 29 lat	00:00:16	00:00:36	00:29:09
439	ARTYMIUK Olaf	17		M2 30-39 lat	00:00:44	00:00:38	00:29:10
440	ZYGMUNT Kamil	527		M2 30-39 lat	00:00:31	00:00:40	00:29:30
441	UCHROŃSKA Justyna	512		K2 30-39 lat	00:00:29	00:00:42	00:29:32
442	ZIELIŃSKI Paweł	417	BRAK	M2 30-39 lat	00:00:42	00:00:37	00:29:50
443	KOCHAN Piotr	167	ZABIEGANY WOŁOMIN	M2 30-39 lat	00:00:39	00:00:37	00:29:59
444	DYMEL Andrzej	72	MARKOWI BIEGACZE	M5 60+	00:00:38	00:00:37	00:30:00
	BUDNIK Stanisław	479	NASIELSK BASZTA TEAM	M1 < 29 lat	DNF	00:00:39 DNF	00:30:00 DNF
446	GÓRECKA Anna	108		K3 40-49 lat	00:00:14	00:00:36	00:30:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
447	<b>KASIERSKA Ewa Katarzyna</b>	<b>157</b>	WKB META LUBLINIEC	K5 60 +	00:00:33	00:00:38	00:30:13
448	<b>KĘPCZYŃSKI Janusz</b>	<b>161</b>	KB OŻARÓW MAZOWIECKI BIEGA	M5 60+	00:00:42	00:00:38	00:30:20
449	<b>NOWORYTA Jacek</b>	<b>259</b>	ASA TEAM BIEGIEM PO ZDROWIE	M5 60+	00:00:43	00:00:36	00:30:46
450	<b>GOJAN Joanna</b>	<b>537</b>	VEGE RUNNERS	K1 < 29 lat	00:00:41	00:00:38	00:30:49
451	<b>STYKOWSKA Beata</b>	<b>347</b>	TARCHOŚFIRY	K2 30-39 lat	00:00:16	00:00:36	00:31:02
452	<b>STYKOWSKA Wiktoria</b>	<b>547</b>	TARKOŚWIRY	K1 < 29 lat	00:00:15	00:00:36	00:31:03
453	<b>WARZECHA Jolanta</b>	<b>390</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:54	00:00:36	00:31:31
454	<b>DOBOSZ Marek</b>	<b>67</b>		M3 40-49 lat	00:00:55	00:00:36	00:31:31
455	<b>DUDA Kamil</b>	<b>70</b>		M1 < 29 lat	00:00:39	00:00:38	00:31:42
	<b>FICEK Łukasz</b>	<b>78</b>	CYTRYNOWI STUDENCI	M2 30-39 lat	DNF	00:00:38 DNF	00:32:14 DNF
457	<b>JURKOWSKA Irena</b>	<b>526</b>		K5 60 +	00:00:37	00:00:39	00:32:15
458	<b>NASKRĘT Mariusz</b>	<b>247</b>		M3 40-49 lat	00:00:45	00:00:39	00:32:16
459	<b>SOSNÓWKA Magdalena</b>	<b>335</b>		K3 40-49 lat	00:00:45	00:00:39	00:32:17
460	<b>MADEJEK Jacek</b>	<b>441</b>	ZABIEGANI PO USZY	M2 30-39 lat	00:00:51	00:00:37	00:32:23
461	<b>WIŚNIEWSKA Katarzyna</b>	<b>402</b>	INDYWIDUALISTKA	K3 40-49 lat	00:00:14	00:00:36	00:32:28
462	<b>WOŹNIAK Barbara</b>	<b>524</b>	KS LIMANOWA FORREST	K5 60 +	00:00:08	00:00:40	00:32:45
463	<b>RADWAN-PYTLEWSKI Paweł</b>	<b>300</b>	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	M2 30-39 lat	00:00:16	00:00:37	00:33:20
464	<b>KOLEBSKA Mirosława</b>	<b>169</b>		K4 50-59 lat	00:00:42	00:00:38	00:33:40
465	<b>TENDERENDA Natalia</b>	<b>461</b>		K2 30-39 lat	00:00:48	00:00:38	00:35:10
466	<b>KAMIŃSKI Waldemar</b>	<b>433</b>		M4 50-59	00:01:08	00:00:39	00:35:42
467	<b>CIEŚLAK Paweł</b>	<b>51</b>	SLOWJOGGING BIAŁOŁĘKA	M4 50-59	00:01:05	00:00:42	00:35:43
468	<b>SKRZYDŁOWSKA-KALUKIN Katarzyna</b>	<b>326</b>	SLOWJOGGING BIAŁOŁĘKA	K4 50-59 lat	00:01:06	00:00:41	00:35:43
469	<b>ANUSZKIEWICZ Włodzimierz</b>	<b>16</b>		M4 50-59	00:00:08	00:00:32	00:36:39
	<b>NIEWCZAS Zdzisław</b>	<b>532</b>		M5 60+	DNF	00:00:32 DNF	00:38:02 DNF
471	<b>SIEKIERKO Łukasz</b>	<b>322</b>		M2 30-39 lat	00:00:06	00:00:26	00:39:35
472	<b>SZOT Agnieszka</b>	<b>362</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:08	00:00:36	00:39:54
473	<b>BOGUSZ Agnieszka</b>	<b>32</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:07	00:00:37	00:39:55
	<b>DOMAŃSKI Jacek Expedyt</b>	<b>68</b>	WKB META LUBLINIEC	M5 60+	DNF	00:00:52 DNF	00:41:24 DNF
475	<b>NOWAK Bartłomiej</b>	<b>256</b>		M3 40-49 lat	00:00:03	00:00:27	00:43:14
476	<b>JANKOWSKA Agnieszka</b>	<b>132</b>	NASIELSK BASZTA TEAM	K3 40-49 lat	00:00:20	00:21:59	00:43:30
477	<b>KRAWCZYK Karolina</b>	<b>544</b>		K2 30-39 lat	00:00:47	00:00:38	00:43:42
478	<b>WILCZYŃSKA Małgorzata</b>	<b>545</b>		K3 40-49 lat	00:00:47	00:00:38	00:43:42
479	<b>KOZŁOWSKI Robert</b>	<b>519</b>	CHUDY BYK	M1 < 29 lat	00:00:50	00:00:39	00:46:52
	<b>UZIĘBŁO Wiesław</b>	<b>555</b>	SDP	M5 60+	DNF	00:00:48 DNF	01:24:06 DNF
481	<b>SZCZEPKOWSKI Przemysław</b>	<b>508</b>		M2 30-39 lat	00:00:00	00:39:17	
	<b>TYBURC Paweł</b>	<b>548</b>		M3 40-49 lat	DNF	01:09:11 DNF	DNF

Znaleziono 482 wynik(ów)