

# BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2019-12-14  
**Miejsce:** Warszawa  
**Dystans:** 13 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
1	<b>PARSZCZYŃSKI Łukasz</b>	<b>277</b>	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:14:15	00:28:26
2	<b>SŁUPIK Tomasz</b>	<b>455</b>		M1 < 29 lat	00:00:01	00:00:15	00:14:15	00:28:39
3	<b>FALKOWSKI Bartek</b>	<b>77</b>	PIEKIELNI WARSZAWA	M2 30-39 lat	00:00:01	00:00:16	00:14:44	00:29:30
4	<b>BĘTKOWSKI Piotr</b>	<b>475</b>		M2 30-39 lat	00:00:01	00:00:17	00:14:45	00:29:35
5	<b>JOSYPENKO Jędrzej</b>	<b>487</b>	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:14:44	00:30:01
6	<b>TABER Konrad</b>	<b>371</b>	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	M1 < 29 lat	00:00:01	00:00:16	00:15:23	00:30:52
7	<b>MASIAREK Maciej</b>	<b>227</b>		M1 < 29 lat	00:00:03	00:00:15	00:15:08	00:30:57
8	<b>URMANOWSKI Daniel</b>	<b>386</b>	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:15:23	00:31:27
9	<b>FIEDOROW Tomasz</b>	<b>79</b>	BSB BARCZEWO BIEGA/ZK BARCZEWO	M2 30-39 lat	00:00:01	00:00:15	00:15:32	00:31:42
10	<b>HILDEBRAND Marcin</b>	<b>127</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:02	00:00:19	00:16:05	00:32:03
11	<b>GRZYBOWSKI Paweł</b>	<b>119</b>	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:15:39	00:32:16
12	<b>KIELAK Leszek</b>	<b>488</b>	ENTRE RUNNING	M2 30-39 lat	00:00:00	00:00:22	00:16:10	00:32:19
13	<b>ŁABĘDZKI Konrad</b>	<b>520</b>	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:29	00:32:29
14	<b>GOZDEK Scyzoryk</b>	<b>106</b>	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	M3 40-49 lat	00:00:02	00:00:18	00:16:19	00:32:46
15	<b>WERNER Kamil</b>	<b>394</b>	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM	M2 30-39 lat	00:00:03	00:00:17	00:16:08	00:32:49
16	<b>NOWOSIELSKI Grzegorz</b>	<b>448</b>	ŻÓRAWSKI TEAM	M1 < 29 lat	00:00:02	00:00:20	00:16:46	00:33:20
17	<b>PRZYBYŁA Krzysztof</b>	<b>499</b>	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:37	00:33:21
18	<b>MIELCZAREK Krzysztof</b>	<b>236</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:04	00:00:18	00:16:26	00:33:27
19	<b>GAŁUSZKA Filip</b>	<b>92</b>	KOKOSZKA36TEAM	M2 30-39 lat	00:00:03	00:00:20	00:16:53	00:33:39
20	<b>MAJCHRZAK Sławomir</b>	<b>218</b>	UKS TYCHOW STARY	M4 50-59	00:00:03	00:00:18	00:16:52	00:33:53
21	<b>BIAŁEK Piotr</b>	<b>476</b>	3BRO	M2 30-39 lat	00:00:02	00:00:18	00:16:53	00:33:54
22	<b>KOTLENGA Przemysław</b>	<b>180</b>		M2 30-39 lat	00:00:02	00:00:18	00:16:46	00:34:05
23	<b>PARSZCZYŃSKA Izabela</b>	<b>276</b>	TEAM PARSZCZYŃSKICH	K2 30-39 lat	00:00:02	00:00:19	00:16:52	00:34:14
24	<b>KRÓL Dariusz</b>	<b>534</b>	ZABIEGANY WOŁOMIN	M4 50-59	00:00:02	00:00:21	00:17:07	00:34:14
25	<b>TOMCZAK Marcin</b>	<b>377</b>	1980	M2 30-39 lat	00:00:03	00:00:20	00:17:07	00:34:41
26	<b>SZMIGIELSKI Mateusz</b>	<b>531</b>		M1 < 29 lat	00:00:08	00:00:27	00:17:33	00:35:01
27	<b>KUBERA Piotr</b>	<b>194</b>	ADIDAS RUNNERS WARSAW	M3 40-49 lat	00:00:00	00:00:22	00:17:21	00:35:04
28	<b>STRADOMSKI Artur</b>	<b>345</b>	MARKOWI BIEGACZE	M3 40-49 lat	00:00:03	00:00:20	00:17:33	00:35:05
29	<b>SAWICKA Anna</b>	<b>502</b>	DREAM RUN	K2 30-39 lat	00:00:03	00:00:21	00:17:32	00:35:06
30	<b>UGRYN Maciej</b>	<b>384</b>	WWW.RUNISMYFUN.COM	M2 30-39 lat	00:00:02	00:00:20	00:17:34	00:35:28
31	<b>PYTLIŃSKI Rafał</b>	<b>298</b>		M3 40-49 lat	00:00:03	00:00:20	00:17:53	00:35:38
32	<b>ANUSIEWICZ Robert</b>	<b>474</b>		M3 40-49 lat	00:00:04	00:00:21	00:17:55	00:35:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
33	<b>GAJEK Ireneusz</b>	<b>89</b>		M3 40-49 lat	00:00:10	00:00:25	00:18:02	00:35:42
34	<b>NOWOCIEŃ Jacek</b>	<b>258</b>	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	00:00:03	00:00:21	00:17:57	00:35:44
35	<b>GOŁYŃSKI Tomasz</b>	<b>483</b>		M2 30-39 lat	00:00:09	00:00:24	00:17:32	00:35:47
36	<b>TURSKI Maciej</b>	<b>511</b>	MMA, TYLKO MMA	M1 < 29 lat	00:00:06	00:00:21	00:18:07	00:36:17
37	<b>TARAS Marcin</b>	<b>372</b>		M2 30-39 lat	00:00:08	00:00:25	00:17:48	00:36:17
38	<b>SZWARC Szymon</b>	<b>364</b>		M1 < 29 lat	00:00:06	00:00:23	00:17:51	00:36:22
39	<b>BRODAKCI Waldemar</b>	<b>36</b>	CHEMIK NOXY PUŁAWY	M5 60+	00:00:08	00:00:26	00:18:34	00:36:34
40	<b>SIERZPUTOWSKI Robert</b>	<b>453</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:03	00:00:20	00:18:18	00:36:40
41	<b>MIELCZAREK Marek</b>	<b>235</b>	MARKOWI BIEGACZE	M3 40-49 lat	00:00:05	00:00:19	00:18:12	00:36:42
42	<b>ROWIŃSKI Tomasz</b>	<b>307</b>		M3 40-49 lat	00:00:02	00:00:17	00:17:43	00:36:46
43	<b>OCZKOWSKI Mateusz</b>	<b>264</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	00:00:17	00:00:34	00:18:44	00:36:48
44	<b>MANELSKI Artur</b>	<b>442</b>	DOBRZYNSKI KLUB ZEGLARSKI	M2 30-39 lat	00:00:04	00:00:21	00:18:35	00:37:06
45	<b>KOŚCIK Jakub</b>	<b>436</b>		M2 30-39 lat	00:00:05	00:00:30	00:19:03	00:37:08
46	<b>DĄBROWSKI Michał</b>	<b>63</b>		M2 30-39 lat	00:00:06	00:00:23	00:18:22	00:37:12
47	<b>NIEZGODA Przemysław</b>	<b>250</b>		M2 30-39 lat	00:00:07	00:00:26	00:18:40	00:37:16
48	<b>TYMICKI Zbigniew</b>	<b>382</b>	ENTRE.PL TEAM	M4 50-59	00:00:08	00:00:27	00:19:02	00:37:19
49	<b>GWIZDAŁA Cezary</b>	<b>122</b>	KUŹNIA TRIATHLONU	M3 40-49 lat	00:00:05	00:00:22	00:18:40	00:37:23
50	<b>ZIÓŁKOWSKI Jacek</b>	<b>420</b>		M4 50-59	00:00:01	00:00:21	00:18:35	00:37:28
51	<b>KALINOWSKI Łukasz</b>	<b>148</b>		M2 30-39 lat	00:00:07	00:00:24	00:19:05	00:37:30
52	<b>PUTON Michał</b>	<b>295</b>		M2 30-39 lat	00:00:08	00:00:25	00:18:30	00:37:30
53	<b>KOWALEWSKI Łukasz</b>	<b>491</b>	BISKUPIEC BIEGA	M2 30-39 lat	00:00:00	00:01:48	00:18:55	00:37:33
54	<b>JAWORSKI Piotr</b>	<b>137</b>	EKOBIEGI	M3 40-49 lat	00:00:04	00:00:19	00:18:15	00:37:34
55	<b>MACANDER Jakub</b>	<b>496</b>		M1 < 29 lat	00:04:34	00:00:17	00:18:38	00:37:35
56	<b>SARZAŁA Dariusz</b>	<b>315</b>	AKS POLONIA WARSZAWA	M5 60+	00:00:02	00:00:20	00:18:52	00:37:43
57	<b>KACZMARZYK Hubert</b>	<b>146</b>	WOJSKOWA AKADEMIA TECHNICZNA	M1 < 29 lat	00:00:25	00:00:33	00:18:34	00:37:54
58	<b>SKOTNICKI Piotr</b>	<b>325</b>		M2 30-39 lat	00:00:09	00:00:25	00:18:47	00:37:58
59	<b>JASKÓŁOWSKI Waldemar</b>	<b>135</b>	WOJSKOWA AKADEMIA TECHNICZNA	M4 50-59	00:00:00	00:00:41	00:19:15	00:38:02
60	<b>MICHNOWSKI Sebastian</b>	<b>233</b>		M3 40-49 lat	00:00:08	00:00:27	00:18:58	00:38:02
61	<b>BRODZIK Arkadiusz</b>	<b>426</b>		M2 30-39 lat	00:00:02	00:00:16	00:18:16	00:38:04
62	<b>KORKOSZ Andrzej</b>	<b>174</b>		M3 40-49 lat	00:00:05	00:00:24	00:19:14	00:38:06
63	<b>MAMLA Zbigniew</b>	<b>221</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:09	00:00:26	00:18:40	00:38:18
64	<b>FILIPCZUK Dariusz</b>	<b>83</b>		M4 50-59	00:00:06	00:00:23	00:19:05	00:38:23
65	<b>GĘBALA Wojtek</b>	<b>94</b>		M3 40-49 lat	00:00:06	00:00:24	00:19:04	00:38:25
66	<b>OCHENKOWSKI Sebastian</b>	<b>263</b>		M2 30-39 lat	00:00:04	00:00:24	00:19:05	00:38:26
67	<b>WASZKIEWICZ Ariel</b>	<b>465</b>	WASZKA TEAM	M3 40-49 lat	00:00:11	00:00:30	00:19:42	00:38:30
68	<b>TROJANOWSKI Rafał</b>	<b>379</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M1 < 29 lat	00:00:04	00:00:22	00:19:05	00:38:32
69	<b>KALKO Vitalii</b>	<b>149</b>		M2 30-39 lat	00:00:04	00:00:24	00:18:34	00:38:39
70	<b>WIŚNIEWSKI Krzysztof</b>	<b>467</b>	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	M3 40-49 lat	00:00:06	00:00:25	00:19:20	00:38:39
71	<b>PUCHACZ Piotr</b>	<b>294</b>	MPK	M3 40-49 lat	00:00:15	00:00:36	00:19:20	00:38:45
72	<b>WITKOWSKI Łukasz</b>	<b>405</b>	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:20	00:00:35	00:19:31	00:38:46
73	<b>SMORAWSKI Wodzisław</b>	<b>331</b>		M2 30-39 lat	00:00:00	00:00:48	00:19:57	00:38:48
74	<b>ŚMIETAŃSKI Piotr</b>	<b>459</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:16	00:00:29	00:19:34	00:38:50
75	<b>MISZTA Barbara</b>	<b>240</b>	KS STASZEWSKY	K3 40-49 lat	00:00:04	00:00:22	00:19:30	00:38:51
76	<b>KANIA Paweł</b>	<b>153</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:06	00:00:23	00:18:57	00:38:55
77	<b>SYGOCKI Konrad</b>	<b>352</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:19:25	00:38:56
78	<b>NAPIÓRKOWSKI Grzegorz</b>	<b>246</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:06	00:00:27	00:19:04	00:39:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
79	<b>GÓRAL Tadeusz</b>	<b>540</b>	KKB	M3 40-49 lat	00:00:02	00:00:23	00:19:25	00:39:05
80	<b>KSIEL Artur</b>	<b>192</b>		M2 30-39 lat	00:00:07	00:00:27	00:19:36	00:39:06
81	<b>RESZCZYK Marcin</b>	<b>302</b>		M3 40-49 lat	00:00:33	00:00:33	00:19:56	00:39:17
82	<b>SERAFIN Tomasz</b>	<b>503</b>		M3 40-49 lat	00:00:06	00:00:25	00:19:08	00:39:20
83	<b>ROPIAK Paweł</b>	<b>305</b>		M1 < 29 lat	00:00:00	00:01:02	00:20:04	00:39:27
84	<b>MICHALSKI Ryszard</b>	<b>445</b>	WWW.SENSORYBEAUTY.PL	M2 30-39 lat	00:00:09	00:00:23	00:19:31	00:39:32
85	<b>RYMKIEWICZ Zbigniew</b>	<b>312</b>		M2 30-39 lat	00:00:07	00:00:25	00:19:35	00:39:33
86	<b>RZEPLIŃSKI Jacek</b>	<b>501</b>		M4 50-59	00:00:12	00:00:27	00:19:38	00:39:36
87	<b>PŁATEK Tomasz</b>	<b>529</b>		M2 30-39 lat	00:00:05	00:00:26	00:19:45	00:39:41
88	<b>HAJKOWICZ Adam</b>	<b>528</b>		M4 50-59	00:00:05	00:00:25	00:19:45	00:39:43
89	<b>WISZOWATY Piotr</b>	<b>401</b>		M2 30-39 lat	00:00:07	00:00:28	00:19:52	00:39:44
90	<b>FRANK Michał</b>	<b>85</b>	JW 2414	M2 30-39 lat	00:00:07	00:00:27	00:19:53	00:39:52
91	<b>CNOTA Maciek</b>	<b>55</b>		M2 30-39 lat	00:00:11	00:00:27	00:19:49	00:39:57
92	<b>ZELENT Arkadiusz</b>	<b>415</b>	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	00:00:09	00:00:26	00:19:53	00:40:02
93	<b>STĘPIEŃ Adam</b>	<b>342</b>		M2 30-39 lat	00:00:06	00:00:26	00:20:01	00:40:05
94	<b>KRUPIŃSKI Marek</b>	<b>437</b>	1995	M1 < 29 lat	00:00:03	00:00:18	00:18:56	00:40:11
95	<b>ŚWIERCZ Andrzej</b>	<b>509</b>	KB IM. PIOTRA SĘKOWSKIEGO	M4 50-59	00:00:10	00:00:26	00:20:01	00:40:19
96	<b>GÓJSKI Mirosław</b>	<b>107</b>	HYDROMIR	M4 50-59	00:00:15	00:00:28	00:20:00	00:40:19
97	<b>WINKOWSKA-STRUZIK Magdalena</b>	<b>400</b>	DUKLANOWSKI TEAM	K2 30-39 lat	00:00:08	00:00:27	00:19:48	00:40:21
98	<b>OPIATOWSKI Ryszard</b>	<b>269</b>		M4 50-59	00:00:11	00:00:28	00:20:11	00:40:22
99	<b>IWANIUK Tomasz</b>	<b>486</b>	ŻYWCEM ZABIEGANI	M2 30-39 lat	00:00:10	00:00:27	00:19:46	00:40:23
100	<b>KACZMAREK Jakub</b>	<b>144</b>		M1 < 29 lat	00:00:00	00:00:20	00:18:03	00:40:25
101	<b>STAŃCZUK Leszek</b>	<b>505</b>	YULO RUN TEAM SIEDLCE	M4 50-59	00:00:10	00:00:26	00:20:15	00:40:26
102	<b>HELMAN Filip</b>	<b>432</b>	FR WARSZAWA	M1 < 29 lat	00:00:14	00:00:25	00:19:43	00:40:26
103	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>170</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:19	00:00:36	00:19:31	00:40:26
104	<b>FRE Luis</b>	<b>430</b>	WOLNA WENEZUELA	M4 50-59	00:00:04	00:00:22	00:20:18	00:40:30
105	<b>BYSTRY Grzegorz</b>	<b>41</b>	KS LENIWIEC	M3 40-49 lat	00:00:24	00:00:30	00:20:30	00:40:37
106	<b>GLINKA Karol</b>	<b>97</b>		M2 30-39 lat	00:00:32	00:00:36	00:20:35	00:40:40
107	<b>CHARLEJ Ireneusz</b>	<b>45</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49 lat	00:00:09	00:00:26	00:19:57	00:40:42
108	<b>MAZUR Piotr</b>	<b>228</b>		M2 30-39 lat	00:00:27	00:00:33	00:20:50	00:40:44
109	<b>ORLIŃSKI Krzysztof</b>	<b>498</b>		M2 30-39 lat	00:00:37	00:00:35	00:20:44	00:40:49
110	<b>CIMOCHOWSKI Mieczysław</b>	<b>53</b>	MC SERWIS	M3 40-49 lat	00:00:09	00:00:28	00:20:06	00:40:55
111	<b>ŁUBIŃSKI Krzysztof</b>	<b>495</b>		M3 40-49 lat	00:00:24	00:00:35	00:20:35	00:40:59
112	<b>MORELOWSKA Maria</b>	<b>241</b>	WALHALLA FIGHT CLUB	K3 40-49 lat	00:00:03	00:00:25	00:20:27	00:41:02
113	<b>SZYSZKO Ewa</b>	<b>368</b>	MARKOWI BIEGACZE	K2 30-39 lat	00:00:04	00:00:23	00:20:25	00:41:03
114	<b>KOWALSKA Kasia</b>	<b>184</b>	TEAM ZABIEGANEDNI	K3 40-49 lat	00:00:14	00:00:29	00:20:18	00:41:03
115	<b>GRUMBANIN Paulina</b>	<b>115</b>	LOGWIN	K3 40-49 lat	00:00:06	00:00:25	00:20:26	00:41:04
116	<b>DĄBROWSKI Daniel</b>	<b>61</b>	FARMACJA TARCHOMIN	M1 < 29 lat	00:00:16	00:00:35	00:20:21	00:41:12
	<b>FICEK Łukasz</b>	<b>78</b>	CYTRYNOWI STUDENCI	M2 30-39 lat	DNF	00:00:38 DNF	00:32:14 DNF	00:41:15 DNF
118	<b>STYKOWSKI Michał</b>	<b>348</b>	TARCHOŚFIRY	M2 30-39 lat	00:00:18	00:00:28	00:20:19	00:41:21
119	<b>KUBAN Sebastian</b>	<b>193</b>		M3 40-49 lat	00:00:20	00:00:33	00:20:50	00:41:22
120	<b>SZYM CZAK Jacek</b>	<b>367</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:06	00:00:28	00:20:45	00:41:24
121	<b>DERESZEWSKI Piotr</b>	<b>64</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:15	00:00:30	00:21:11	00:41:25
122	<b>MOSUR Kamil</b>	<b>242</b>		M3 40-49 lat	00:00:15	00:00:30	00:21:05	00:41:25
123	<b>KUSY Marcin</b>	<b>493</b>		M3 40-49 lat	00:00:13	00:00:29	00:20:47	00:41:26
124	<b>KUSY Marcin</b>	<b>493</b>		M3 40-49 lat	00:00:13	00:00:29	00:20:47	00:41:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
125	<b>SUTUŁA Dariusz</b>	<b>350</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M3 40-49 lat	00:00:21	00:00:33	00:21:00	00:41:31
126	<b>TENDERENDA Kamil</b>	<b>460</b>		M2 30-39 lat	00:00:49	00:00:33	00:21:03	00:41:34
127	<b>CAŁKA Marek</b>	<b>480</b>		M3 40-49 lat	00:00:21	00:00:35	00:20:56	00:41:37
128	<b>LEWANDOWSKI Robert</b>	<b>207</b>		M3 40-49 lat	00:00:13	00:00:34	00:20:50	00:41:43
129	<b>NOWAK Jakub</b>	<b>101</b>	DOBRYŃSKI KLUB ŻEGLARSKI	M3 40-49 lat	00:00:02	00:00:22	00:20:39	00:41:48
130	<b>OLSZANKA Arkadiusz</b>	<b>266</b>		M3 40-49 lat	00:00:15	00:00:30	00:21:10	00:41:55
131	<b>SUCHODOLSKI Mariusz</b>	<b>349</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:27	00:21:19	00:42:11
132	<b>ZIELIŃSKI Łukasz</b>	<b>471</b>	BIEGAM BO LUBIĘ OSTROŁĘKA	M2 30-39 lat	00:00:04	00:00:25	00:21:00	00:42:12
133	<b>CEGIEŁKA Dawid</b>	<b>42</b>	KS BACHMATY	M2 30-39 lat	00:00:41	00:00:32	00:20:49	00:42:12
134	<b>ŁATKOWSKI Łukasz</b>	<b>209</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:24	00:00:34	00:21:37	00:42:18
135	<b>BIAŁOKOS Kamil</b>	<b>29</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:25	00:00:35	00:21:38	00:42:18
136	<b>FRĄCKIEWICZ Dariusz</b>	<b>86</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:21:05	00:42:19
137	<b>LEWANDOWSKI Piotr</b>	<b>206</b>	TRUCH TARCHOMINTEAM	M3 40-49 lat	00:00:10	00:00:26	00:20:16	00:42:20
138	<b>STRÓŻYK Piotrek</b>	<b>346</b>		M3 40-49 lat	00:00:25	00:00:33	00:21:17	00:42:20
139	<b>CELIŃSKI Tomasz</b>	<b>43</b>	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:25	00:21:18	00:42:23
140	<b>ZAJAC Bartosz</b>	<b>514</b>	BSB BARCZEWO BIEGA/ ZK BARCZEWO	M2 30-39 lat	00:00:14	00:00:32	00:21:17	00:42:26
141	<b>KAROLAK Rafał</b>	<b>155</b>	STOMILEX	M3 40-49 lat	00:00:33	00:00:37	00:21:09	00:42:27
142	<b>MIĘTEK Artur</b>	<b>237</b>	III ZKSS SR LEGIONOWO	M3 40-49 lat	00:00:12	00:00:34	00:21:24	00:42:29
143	<b>GAJEWSKI Mariusz</b>	<b>90</b>		M3 40-49 lat	00:00:33	00:00:35	00:20:49	00:42:34
144	<b>ROKITA Andrzej</b>	<b>304</b>		M3 40-49 lat	00:00:34	00:00:35	00:21:46	00:42:36
145	<b>KOŚCIUK Maciek</b>	<b>179</b>		M3 40-49 lat	00:00:00	00:00:33	00:20:58	00:42:40
146	<b>DZIARNOWSKI Włodek</b>	<b>73</b>	BIEGAMPŁOCK TEAM	M4 50-59	00:00:14	00:00:30	00:21:11	00:42:41
147	<b>TWORZEWSK Piotr</b>	<b>523</b>	OSTROBIEC / SEKCJA BOKSERSKA KSZO	M1 < 29 lat	00:00:37	00:00:36	00:21:30	00:42:42
148	<b>MUSIAŁ Krzysztof</b>	<b>243</b>		M1 < 29 lat	00:00:22	00:00:30	00:20:48	00:42:43
149	<b>SZACHNA Piotr</b>	<b>354</b>	EKOBIEGI	M3 40-49 lat	00:00:18	00:00:36	00:22:45	00:42:49
150	<b>STĘPIEŃ Paulina</b>	<b>507</b>		K2 30-39 lat	00:00:22	00:00:32	00:21:30	00:42:50
151	<b>KUREK Wojciech</b>	<b>202</b>	1 BAZA LOTNICTWA TRANSPORTOWEGO	M2 30-39 lat	00:00:26	00:00:36	00:21:48	00:42:50
152	<b>GOLIASZ Paweł</b>	<b>102</b>	BIEGAM I JUŻ	M3 40-49 lat	00:00:19	00:00:32	00:21:09	00:42:52
153	<b>GOŁASZEWSKI Marcin</b>	<b>103</b>		M3 40-49 lat	00:00:10	00:00:28	00:21:28	00:42:54
154	<b>NADOBNIK Konrad</b>	<b>245</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:05	00:00:27	00:21:14	00:42:56
155	<b>CZAJKOWSKI Marcin</b>	<b>59</b>	OMB OŻARÓW MAZOWIECKI	M3 40-49 lat	00:00:25	00:00:37	00:21:48	00:42:56
156	<b>CZAJKOWSKI Marek</b>	<b>58</b>	---	M3 40-49 lat	00:00:23	00:00:35	00:21:50	00:42:58
157	<b>PIOTROWSKI Artur</b>	<b>521</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:23	00:00:35	00:21:06	00:42:58
158	<b>WYDRA Mariusz</b>	<b>469</b>		M3 40-49 lat	00:00:34	00:00:37	00:22:11	00:43:02
159	<b>MYSTKOWSKI Mieczysław</b>	<b>447</b>		M4 50-59	00:00:16	00:00:33	00:21:09	00:43:10
160	<b>JANECKI Przemysław</b>	<b>131</b>		M2 30-39 lat	00:00:16	00:00:34	00:21:09	00:43:10
161	<b>STACHOWICZ Paweł</b>	<b>458</b>		M1 < 29 lat	00:00:31	00:00:33	00:21:46	00:43:12
162	<b>SŁOWIŃSKI Marcin</b>	<b>328</b>	1. OREL	M2 30-39 lat	00:00:35	00:00:35	00:21:48	00:43:15
163	<b>GULCZ Katarzyna</b>	<b>120</b>	SR GDAŃSK-PÓLNOC/KUJAWSCY RUNNERS	K3 40-49 lat	00:00:06	00:00:27	00:21:36	00:43:19
164	<b>URBANIAK Michał</b>	<b>385</b>		M2 30-39 lat	00:00:07	00:00:28	00:21:28	00:43:19
165	<b>FIRYSIUK Tomasz</b>	<b>84</b>		M3 40-49 lat	00:00:32	00:00:38	00:22:11	00:43:19
166	<b>ZRAZEK Piotr</b>	<b>421</b>		M3 40-49 lat	00:00:34	00:00:39	00:21:37	00:43:20
167	<b>POTRZEBOWSKI Dominik</b>	<b>292</b>		M2 30-39 lat	00:00:24	00:00:35	00:22:06	00:43:21
168	<b>SĄGOL Sylwester</b>	<b>316</b>		M3 40-49 lat	00:00:52	00:00:33	00:21:52	00:43:21
169	<b>RUDNIK Jarosław</b>	<b>309</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:10	00:00:28	00:21:13	00:43:24
170	<b>BUCHALSKA Ewa</b>	<b>478</b>	EKOBIEGI	K3 40-49 lat	00:00:20	00:00:34	00:21:36	00:43:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
171	<b>STEMPEL Tomasz</b>	<b>341</b>	MARYSIN WAWERSKI BIEGA	M3 40-49 lat	00:00:16	00:00:31	00:21:29	00:43:26
172	<b>MAGOT Tomasz</b>	<b>497</b>		M2 30-39 lat	00:00:31	00:00:37	00:22:15	00:43:30
173	<b>KOPER Sebastian</b>	<b>173</b>	CARREFOUR RUNNING TEAM	M3 40-49 lat	00:00:04	00:00:23	00:21:27	00:43:34
174	<b>PISAREK Norbert</b>	<b>289</b>		M3 40-49 lat	00:00:49	00:00:35	00:22:16	00:43:34
175	<b>POPOWICZ Bartłomiej</b>	<b>291</b>		M1 < 29 lat	00:00:32	00:00:30	00:21:40	00:43:35
176	<b>PIERAŃSKI Adam</b>	<b>284</b>	VEGE RUNNERS	M4 50-59	00:00:11	00:00:33	00:22:04	00:43:36
177	<b>PAZIEWSKI Andrzej</b>	<b>281</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:22:05	00:43:37
178	<b>STANKOWSKI Paweł</b>	<b>337</b>		M2 30-39 lat	00:00:11	00:00:31	00:21:47	00:43:38
179	<b>SZYMAŃSKI Robert</b>	<b>366</b>	KREWKI URSYNÓW HDK	M3 40-49 lat	00:00:31	00:00:32	00:21:42	00:43:39
180	<b>SZELAĞ Tomasz</b>	<b>360</b>	MKB DREPTAK	M3 40-49 lat	00:00:35	00:00:34	00:21:42	00:43:40
181	<b>ŚCISŁOWICZ Krzysztof</b>	<b>369</b>	STOMILEX	M2 30-39 lat	00:00:04	00:00:25	00:21:40	00:43:46
182	<b>BABIUCH Marek</b>	<b>18</b>		M4 50-59	00:00:09	00:00:27	00:22:02	00:43:46
183	<b>KALICZYŃSKA Wioletta</b>	<b>147</b>	CYTRYNOWI STUDENCI / RUNEDA	K3 40-49 lat	00:00:09	00:00:28	00:21:47	00:43:50
184	<b>BIEDKA Robert</b>	<b>533</b>	REBOOK RUN CREW	M3 40-49 lat	00:00:09	00:00:29	00:21:47	00:43:51
185	<b>SOBCZAK Bogusław</b>	<b>457</b>	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	M3 40-49 lat	00:00:31	00:00:33	00:21:53	00:43:51
186	<b>KUCHTA Paweł</b>	<b>195</b>		M2 30-39 lat	00:00:08	00:00:28	00:20:54	00:44:05
187	<b>TEJCHMA Natalia</b>	<b>373</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	00:00:23	00:00:36	00:22:51	00:44:06
188	<b>MILANIAK Bogdan</b>	<b>446</b>		M3 40-49 lat	00:00:32	00:00:37	00:22:06	00:44:08
189	<b>EWERTOWSKI Piotr</b>	<b>76</b>	MARKOWI BIEGACZE	M4 50-59	00:00:26	00:00:37	00:22:33	00:44:21
190	<b>KOSMALA Dariusz</b>	<b>178</b>		M4 50-59	00:00:11	00:00:32	00:21:44	00:44:27
191	<b>MUSIAŁ Marcin</b>	<b>538</b>		M2 30-39 lat	00:00:21	00:00:35	00:22:02	00:44:30
192	<b>GRZEGORSKI Arkadiusz</b>	<b>117</b>	KB FOLIE	M4 50-59	00:00:34	00:00:36	00:22:10	00:44:35
193	<b>OCHAB Janusz</b>	<b>261</b>		M3 40-49 lat	00:00:26	00:00:35	00:22:37	00:44:38
194	<b>MANCZENKO Eugeniusz</b>	<b>222</b>		M2 30-39 lat	00:00:22	00:00:31	00:21:23	00:44:39
195	<b>CZAJKA Piotr</b>	<b>56</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:19	00:00:37	00:22:34	00:44:48
196	<b>KUCKI Kamil</b>	<b>197</b>	MAZOVIA PROACTIV CIECHANÓW	M2 30-39 lat	00:00:33	00:00:37	00:22:42	00:44:51
197	<b>WIERBIŁOWICZ Dariusz</b>	<b>397</b>		M3 40-49 lat	00:00:30	00:00:34	00:22:33	00:44:54
198	<b>BRONISZEWSKI Jakub</b>	<b>477</b>		M3 40-49 lat	00:00:40	00:00:36	00:22:23	00:44:54
199	<b>TOMCZAK Karol</b>	<b>510</b>		M1 < 29 lat	00:00:11	00:00:30	00:22:10	00:44:55
200	<b>SCHINDLER Żaneta</b>	<b>318</b>		K3 40-49 lat	00:00:07	00:00:27	00:22:12	00:44:58
201	<b>KOSIŃSKI Aleksander</b>	<b>177</b>		M2 30-39 lat	00:00:36	00:00:38	00:22:45	00:45:02
202	<b>WYSOCKI Robert</b>	<b>408</b>	GRUPA BIEGOWA UM WA-WA	M3 40-49 lat	00:00:25	00:00:35	00:22:35	00:45:06
203	<b>PIOTROWSKI Kamil</b>	<b>287</b>		M2 30-39 lat	00:00:26	00:00:37	00:23:12	00:45:07
204	<b>TYMIŃSKI Mariusz</b>	<b>383</b>		M2 30-39 lat	00:00:32	00:00:37	00:22:35	00:45:07
205	<b>KSENIĄK Szymon</b>	<b>191</b>		M3 40-49 lat	00:00:23	00:00:34	00:22:40	00:45:08
206	<b>SIEDLACZEK Zbigniew</b>	<b>321</b>		M5 60+	00:00:24	00:00:36	00:22:17	00:45:08
207	<b>RUSIN Bartosz</b>	<b>310</b>	KS STASZEWSKY	M3 40-49 lat	00:00:18	00:00:34	00:22:18	00:45:11
208	<b>GRZECHNIK Renata</b>	<b>431</b>		K3 40-49 lat	00:00:17	00:00:31	00:22:43	00:45:12
209	<b>FILC Łukasz</b>	<b>82</b>		M2 30-39 lat	00:00:26	00:00:35	00:22:29	00:45:14
210	<b>WOJCIECHOWSKA Klaudia</b>	<b>468</b>	TEAM ZABIEGANEDNI	K3 40-49 lat	00:00:07	00:00:30	00:22:49	00:45:15
211	<b>KONARSKI Maciej</b>	<b>490</b>	DOGOŃ GRODZISK MAZOWIECKI	M2 30-39 lat	00:00:08	00:00:29	00:22:48	00:45:15
212	<b>SMOLEŃSKI Piotr</b>	<b>330</b>	TRUCHT TARCHOMIN TEAM	M4 50-59	00:00:12	00:00:29	00:22:34	00:45:16
213	<b>TRZASKOWSKI Dariusz</b>	<b>381</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:29	00:22:34	00:45:17
214	<b>CICHOŃSKA Elżbieta</b>	<b>49</b>	TRUCHT TARCHOMIN TEAM	K4 50-59 lat	00:00:11	00:00:31	00:22:35	00:45:18
215	<b>KILIAŃSKI Rafał</b>	<b>162</b>	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:12	00:00:30	00:22:34	00:45:19
216	<b>SZULAWSKI Robert</b>	<b>363</b>	GSD. ŻOLIBORZ.	M4 50-59	00:00:08	00:00:30	00:22:39	00:45:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
217	ZUBELEWICZ-JERUZALSKA Anna	472		K2 30-39 lat	00:00:14	00:00:34	00:22:34	00:45:22
218	KUFLOWSKI Artur	199	JW.3411	M3 40-49 lat	00:00:28	00:00:37	00:22:52	00:45:22
219	LEŃCZUK Andrzej	440		M4 50-59	00:00:23	00:00:33	00:22:25	00:45:23
220	TOMCZAK Andrzej	522		M1 < 29 lat	00:00:13	00:00:27	00:22:08	00:45:24
221	JĘDRACHOWICZ Agnieszka	140		K2 30-39 lat	00:00:27	00:00:35	00:23:05	00:45:26
222	TODORSKI Tomasz	375		M3 40-49 lat	00:00:19	00:00:33	00:23:07	00:45:28
223	WILEŃSKI Zbigniew	398	GRUPA BIEGOWA UM W-WA	M4 50-59	00:00:27	00:00:36	00:22:58	00:45:28
224	PYTKA Andrzej	297		M4 50-59	00:00:44	00:00:36	00:22:43	00:45:30
225	KWIATKOWSKI Tomasz	204		M3 40-49 lat	00:00:43	00:00:37	00:22:43	00:45:31
226	DALECKI Łukasz	536	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:22	00:00:35	00:22:47	00:45:32
227	GONTARZ Mateusz	484		M2 30-39 lat	00:00:41	00:00:36	00:23:32	00:45:33
228	MALINOWSKI Mikołaj	530		M3 40-49 lat	00:00:05	00:00:25	00:22:54	00:45:35
229	NOGAL Robert	253		M2 30-39 lat	00:00:24	00:00:35	00:22:08	00:45:35
230	SYPNIEWSKI Tomasz	353	EMO OI	M2 30-39 lat	00:00:37	00:00:37	00:22:29	00:45:35
231	WACH Michał	387	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:22	00:00:36	00:23:12	00:45:38
232	TRZASKOWSKA Justyna	462		K2 30-39 lat	00:00:43	00:00:35	00:23:15	00:45:38
233	FIGIEL Michał	80	AMATORSKI KLUB ŻUŻLOWY	M1 < 29 lat	00:00:18	00:00:32	00:22:09	00:45:40
234	BARAN Przemysław	23		M1 < 29 lat	00:00:36	00:00:34	00:22:55	00:45:40
235	GÓRECKI Krzysztof	110		M3 40-49 lat	00:00:43	00:00:38	00:23:06	00:45:40
236	KADUK Łukasz	542	CEZAR	M2 30-39 lat	00:00:00	00:00:51	00:23:00	00:45:41
237	WIŚNIEWSKI Tomasz	403	KPMG RUNNING TEAM	M3 40-49 lat	00:00:25	00:00:34	00:23:09	00:45:48
238	STARZYŃSKI Piotr	506		M2 30-39 lat	00:00:31	00:00:34	00:23:22	00:45:51
239	KASKA Mateusz	158		M2 30-39 lat	00:00:35	00:00:37	00:23:26	00:45:52
240	ZWOLIŃSKI Grzegorz	422	REEBOK RUN CREW	M3 40-49 lat	00:00:31	00:00:34	00:23:11	00:45:53
241	WIŚNIEWSKI Paweł	404	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:07	00:00:27	00:22:01	00:45:58
242	PŁÓCIENNIK Renata	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	K4 50-59 lat	00:00:25	00:00:33	00:22:52	00:46:00
243	BAK Łukasz	25	AGD WRONIAK	M2 30-39 lat	00:00:33	00:00:32	00:23:15	00:46:04
244	BORAWSKA Emilia	34		K2 30-39 lat	00:00:28	00:00:34	00:23:06	00:46:07
245	CZAJKA Justyna	57		K3 40-49 lat	00:00:21	00:00:36	00:22:57	00:46:08
246	BARTNIK Rafał	24		M3 40-49 lat	00:00:16	00:00:31	00:22:30	00:46:12
247	GRZESZCZYK Michał	118	EKOBIEGI	M2 30-39 lat	00:00:17	00:00:38	00:23:10	00:46:12
	KOŁOSOWSKI Piotr	434	KUNGFU PANDA TEAM	M2 30-39 lat	DNF	00:00:38 DNF	00:23:17 DNF	00:46:12 DNF
249	JARON Jarosław	133	KOKOSZKA36TEAM	M3 40-49 lat	00:00:18	00:00:35	00:22:59	00:46:13
250	MYŚLIŃSKA Anna	1	EKOBIEGI	K3 40-49 lat	00:00:15	00:00:32	00:23:05	00:46:14
251	JABŁONKA Radosław	128	DZIADY OCR	M3 40-49 lat	00:00:20	00:00:34	00:23:04	00:46:14
252	GÓRECKI Rajmund	109		M3 40-49 lat	00:00:36	00:00:36	00:23:19	00:46:27
253	MĘDRZYCKI Mirosław	232	PARKRUN BRÓDNO	M4 50-59	00:00:01	00:00:22	00:23:00	00:46:33
254	GRYCNER Paweł	116		M2 30-39 lat	00:00:23	00:00:34	00:22:50	00:46:35
255	STASIAK Piotr	340		M2 30-39 lat	00:00:38	00:00:36	00:23:41	00:46:40
256	MALINOWSKI Mariusz	220		M2 30-39 lat	00:00:39	00:00:36	00:23:40	00:46:40
257	SUCHOCKA Monika	525		K2 30-39 lat	00:00:02	00:00:27	00:23:04	00:46:46
258	BAKUŁA Wiesław	517	WAMPIR	M4 50-59	00:00:04	00:00:27	00:23:19	00:46:52
259	ŁĘCKI Tomasz	211		M3 40-49 lat	00:00:20	00:00:32	00:23:06	00:47:00
260	SOPYŁO Stefan	334		M2 30-39 lat	00:00:26	00:00:35	00:23:59	00:47:04
261	PARADOWSKI Andrzej	275		M3 40-49 lat	00:00:52	00:00:33	00:23:31	00:47:04
262	SKOWRON Wojciech	543		M4 50-59	00:00:46	00:00:39	00:24:06	00:47:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
263	<b>HARTMAN Łukasz</b>	<b>123</b>	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M2 30-39 lat	00:00:24	00:00:36	00:23:16	00:47:10
264	<b>KULESZA Agnieszka</b>	<b>439</b>	TRUCHT TARCHOMIN TEAM	K1 < 29 lat	00:00:15	00:00:34	00:23:50	00:47:11
265	<b>SOCHACKI Mariusz</b>	<b>332</b>		M3 40-49 lat	00:00:15	00:00:32	00:23:25	00:47:13
266	<b>NIEDZIELA Dominik</b>	<b>249</b>		M3 40-49 lat	00:00:50	00:00:37	00:24:28	00:47:14
267	<b>AMROZIK Anna</b>	<b>13</b>		K2 30-39 lat	00:00:32	00:00:38	00:23:44	00:47:15
268	<b>GODLEWSKI Daniel</b>	<b>99</b>		M2 30-39 lat	00:00:41	00:00:37	00:23:11	00:47:20
269	<b>KORYCKI Karol</b>	<b>175</b>		M2 30-39 lat	00:00:21	00:00:45	00:26:11	00:47:21
270	<b>RODAK Zbigniew</b>	<b>303</b>		M4 50-59	00:00:25	00:00:36	00:24:26	00:47:30
271	<b>DOMAŃSKI Piotr</b>	<b>428</b>		M2 30-39 lat	00:00:05	00:00:30	00:24:15	00:47:36
272	<b>SKRZYŃSKI Adam</b>	<b>327</b>		M1 < 29 lat	00:00:32	00:00:39	00:24:13	00:47:36
273	<b>BORUSZEWSKI Maciej</b>	<b>35</b>		M3 40-49 lat	00:00:13	00:00:34	00:24:00	00:47:40
274	<b>MĘDEL Cezary</b>	<b>230</b>		M3 40-49 lat	00:00:19	00:00:37	00:24:11	00:47:48
275	<b>MĘDEL Marta</b>	<b>231</b>		K3 40-49 lat	00:00:18	00:00:37	00:24:12	00:47:49
276	<b>ZDUNIAK Marcin</b>	<b>516</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:42	00:00:36	00:24:18	00:47:50
277	<b>NOWAK Karolina</b>	<b>255</b>		K2 30-39 lat	00:00:03	00:00:28	00:23:46	00:47:53
278	<b>GALIŃSKA Magdalena</b>	<b>91</b>	WARSZAWSKI ZAUŁEK	K2 30-39 lat	00:00:40	00:00:36	00:23:54	00:47:58
279	<b>SMOCZYK Hubert</b>	<b>329</b>	WARSZAWSKI ZAUŁEK	M2 30-39 lat	00:00:40	00:00:37	00:23:54	00:47:58
280	<b>MAJEWSKA Hanna</b>	<b>219</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:21	00:00:34	00:23:39	00:48:01
281	<b>CHOJNOWSKI Andrzej</b>	<b>47</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:24:23	00:48:03
282	<b>JAROSZ-PIWONSKA Aldona</b>	<b>134</b>		K3 40-49 lat	00:00:51	00:00:33	00:23:52	00:48:12
283	<b>OLESIAK Arkadiusz</b>	<b>265</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:19	00:00:37	00:24:36	00:48:13
284	<b>NOSARZEWSKI Mariusz</b>	<b>254</b>		M3 40-49 lat	00:00:20	00:00:37	00:24:10	00:48:16
285	<b>KULIK Karol</b>	<b>539</b>		M3 40-49 lat	00:00:37	00:00:37	00:25:09	00:48:20
286	<b>ŻAK Oliwia</b>	<b>423</b>	PIASECZNO RUNNING	K2 30-39 lat	00:00:43	00:00:37	00:24:00	00:48:20
287	<b>BRZOSKA Małgorzata</b>	<b>427</b>	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:04	00:00:28	00:23:42	00:48:21
288	<b>KARWOWSKA Mariusz</b>	<b>156</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:26	00:00:35	00:24:24	00:48:25
289	<b>ANDRUKIEWICZ Anita</b>	<b>14</b>	GRUPA BIEGOWA CHTMO	K2 30-39 lat	00:00:25	00:00:37	00:24:25	00:48:26
290	<b>ANTONOWICZ Maciek</b>	<b>15</b>	DEAF RUNNING	M2 30-39 lat	00:00:30	00:00:37	00:25:13	00:48:35
291	<b>MARCZAK Grażyna</b>	<b>223</b>	LECZO TEAM	K5 60 +	00:00:36	00:00:36	00:24:27	00:48:39
292	<b>KARASIEWICZ Katarzyna</b>	<b>154</b>		K3 40-49 lat	00:00:17	00:00:34	00:24:15	00:48:40
293	<b>STĘPIŃSKA Anna</b>	<b>343</b>		K1 < 29 lat	00:00:26	00:00:35	00:24:45	00:48:46
294	<b>KOSEWSKA Dorota</b>	<b>176</b>	BIEGAM NA TARCHOMINIE	K4 50-59 lat	00:00:22	00:00:36	00:24:35	00:48:50
295	<b>KOZIATEK Mariusz</b>	<b>186</b>		M3 40-49 lat	00:00:23	00:00:36	00:24:54	00:48:55
296	<b>BUKOWSKI Janusz</b>	<b>5</b>	STOWARZYSZENIE DAĆ SIEBIE INNYM	M5 60+	00:00:03	00:00:31	00:24:10	00:49:10
297	<b>CIERNIAK Michał</b>	<b>50</b>	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:46	00:00:36	00:25:02	00:49:14
298	<b>LACH Adrian</b>	<b>205</b>	TRICLUB	M3 40-49 lat	00:00:12	00:00:33	00:23:02	00:49:18
299	<b>TRZASKOWSKA Joanna</b>	<b>380</b>	TRUCHT TARCHOMIN TEAM	K2 30-39 lat	00:00:34	00:00:38	00:24:34	00:49:21
300	<b>MATWIEJ Adam</b>	<b>443</b>	ADAM MATWIEJ	M2 30-39 lat	00:00:44	00:00:37	00:24:55	00:49:21
301	<b>HERNIK Jacek</b>	<b>126</b>	BABABARANЕК RUNNERS	M5 60+	00:00:43	00:00:38	00:25:02	00:49:23
302	<b>KUNKA Piotr</b>	<b>201</b>	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:34	00:25:00	00:49:27
303	<b>DZIDECZEK Marcin</b>	<b>74</b>	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:33	00:25:00	00:49:27
304	<b>KONIECZNY Piotr</b>	<b>172</b>		M2 30-39 lat	00:00:44	00:00:37	00:24:52	00:49:32
305	<b>KRZYSIAK Aneczka</b>	<b>190</b>		K3 40-49 lat	00:00:39	00:00:38	00:24:13	00:49:36
306	<b>FABISIAK Damian</b>	<b>429</b>		M2 30-39 lat	00:00:14	00:00:32	00:23:26	00:49:37
307	<b>DZIEPAK Piotr</b>	<b>75</b>	1. BLTR	M2 30-39 lat	00:00:26	00:00:36	00:24:35	00:49:37
308	<b>KOWALCZYK Mateusz</b>	<b>183</b>		M1 < 29 lat	00:00:40	00:00:34	00:24:42	00:49:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
309	<b>REGUCKI Ryszard</b>	<b>301</b>		M3 40-49 lat	00:00:36	00:00:31	00:24:34	00:49:42
310	<b>PIRÓG Kamil</b>	<b>288</b>	1. OREL	M2 30-39 lat	00:00:28	00:00:38	00:25:38	00:49:47
311	<b>WEBER Agata</b>	<b>393</b>	JACEKBIEGA RUNNING TEAM	K3 40-49 lat	00:00:00	00:01:03	00:24:46	00:49:49
312	<b>SAŁAJCZYK Sylwester</b>	<b>452</b>		M4 50-59	00:00:34	00:00:38	00:25:08	00:49:49
313	<b>KOLASA Paulina</b>	<b>168</b>	KLUB GORDONA I GINY	K2 30-39 lat	00:00:38	00:00:35	00:24:37	00:49:51
314	<b>ZDUŃSKI Jarosław</b>	<b>414</b>		M4 50-59	00:00:22	00:00:38	00:24:29	00:49:52
315	<b>GADOMSKA Małgorzata</b>	<b>88</b>	NW CZŁAPSKI TEAM	K3 40-49 lat	00:00:14	00:00:36	00:24:56	00:49:54
316	<b>SELERSKI Krzysztof</b>	<b>319</b>	MARCIN.BIZ	M4 50-59	00:00:58	00:00:28	00:24:33	00:49:59
317	<b>BOJAR Paweł</b>	<b>33</b>		M3 40-49 lat	00:00:23	00:00:36	00:25:21	00:50:01
318	<b>WIDERA Tomasz</b>	<b>395</b>	KOKOSZKA36TEAM	M2 30-39 lat	00:00:40	00:00:35	00:25:21	00:50:11
319	<b>RYBARCZYK Kamil</b>	<b>311</b>		M2 30-39 lat	00:00:46	00:00:38	00:26:15	00:50:12
320	<b>PEPŁAWSKA Małgorzata</b>	<b>282</b>	III ZKSS SR LEGIONOWO	K2 30-39 lat	00:00:09	00:00:29	00:24:40	00:50:14
321	<b>ŁOZIŃSKI Piotr</b>	<b>494</b>	BRACTWO BIEGOWE BGK	M3 40-49 lat	00:00:11	00:00:34	00:25:17	00:50:14
322	<b>CIEŚLIŃSKI Dariusz</b>	<b>52</b>	DARIOS	M3 40-49 lat	00:00:18	00:00:37	00:24:24	00:50:19
323	<b>KOMOROWSKI Piotrek</b>	<b>435</b>		M2 30-39 lat	00:00:10	00:00:29	00:24:47	00:50:26
324	<b>BIDZINSKI Krzysztof</b>	<b>31</b>	LEBIEGI	M3 40-49 lat	00:00:29	00:00:38	00:25:14	00:50:35
325	<b>WALIGÓRSKI Krzysztof</b>	<b>463</b>	MARKOWI BIEGACZE	M4 50-59	00:00:27	00:00:37	00:26:05	00:50:43
326	<b>ADAMCZUK Agnieszka</b>	<b>11</b>	MARKOWI BIEGACZE	K3 40-49 lat	00:00:27	00:00:37	00:26:05	00:50:43
327	<b>SKIBIŃSKA Małgorzata</b>	<b>454</b>	ZOLWIKIERSI	K3 40-49 lat	00:00:39	00:00:36	00:25:50	00:50:43
328	<b>KRÓLIK Tomasz</b>	<b>188</b>		M3 40-49 lat	00:00:33	00:00:35	00:25:36	00:50:45
329	<b>ZARĘBA Jarosław</b>	<b>410</b>		M3 40-49 lat	00:00:30	00:00:37	00:25:14	00:50:47
330	<b>SZYMAŃSKI Paweł</b>	<b>365</b>		M2 30-39 lat	00:00:39	00:00:36	00:25:08	00:50:48
331	<b>TELAKOWSKA Anita</b>	<b>374</b>		K2 30-39 lat	00:00:13	00:00:36	00:24:31	00:50:51
332	<b>CHĄDZYŃSKI Marcin</b>	<b>46</b>		M2 30-39 lat	00:00:33	00:00:38	00:25:41	00:50:51
333	<b>KLIZIAK Jarosław</b>	<b>165</b>		M2 30-39 lat	00:00:27	00:00:36	00:24:57	00:50:53
334	<b>PANCEROW Marcin</b>	<b>449</b>		M3 40-49 lat	00:00:10	00:00:33	00:24:38	00:50:56
335	<b>KRÓL Ryszard</b>	<b>187</b>	LUBLIN BIEGA	M4 50-59	00:00:25	00:00:36	00:25:32	00:51:04
336	<b>NOWAKOWSKI Czesław</b>	<b>257</b>	KLUB. BIEGACZAGOCH	M5 60+	00:00:25	00:00:34	00:25:03	00:51:04
337	<b>OSUCH Dorota</b>	<b>273</b>	NWST	K3 40-49 lat	00:00:30	00:00:37	00:25:33	00:51:04
338	<b>KWIATEK Jacek</b>	<b>203</b>		M4 50-59	00:00:35	00:00:37	00:25:28	00:51:04
339	<b>KOTLENGA Monika</b>	<b>181</b>		K3 40-49 lat	00:00:13	00:00:33	00:25:24	00:51:09
340	<b>GROBEREK Monika</b>	<b>113</b>		K3 40-49 lat	00:00:22	00:00:34	00:25:49	00:51:13
341	<b>DĘBSKA Joanna</b>	<b>65</b>		K2 30-39 lat	00:00:32	00:00:39	00:25:37	00:51:15
342	<b>NOBERT Marta</b>	<b>252</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:09	00:00:34	00:25:39	00:51:23
343	<b>WALCZAK Dariusz</b>	<b>389</b>	CYTRYNOWI STUDENCI	M3 40-49 lat	00:00:09	00:00:35	00:25:39	00:51:23
344	<b>WAŚIK Izabela</b>	<b>392</b>		K3 40-49 lat	00:00:31	00:00:37	00:25:59	00:51:23
345	<b>DĄBROWSKI Andrzej</b>	<b>62</b>		M5 60+	00:00:09	00:00:36	00:25:39	00:51:25
346	<b>GONET Katarzyna</b>	<b>105</b>		K3 40-49 lat	00:00:28	00:00:38	00:26:00	00:51:25
347	<b>MAZUR Jowita</b>	<b>229</b>	FUNKCJONUJ	K3 40-49 lat	00:00:28	00:00:39	00:26:01	00:51:25
348	<b>ŁOZOWSKA Aneta</b>	<b>212</b>		K3 40-49 lat	00:00:29	00:00:38	00:26:00	00:51:25
349	<b>RZEPLIŃSKA Dorota</b>	<b>500</b>		K3 40-49 lat	00:00:11	00:00:31	00:25:33	00:51:29
350	<b>JERZAK Eryk</b>	<b>139</b>		M4 50-59	00:00:45	00:00:36	00:25:36	00:51:30
351	<b>ŁUCAK Piotr</b>	<b>213</b>	OSTRÓW BIEGA	M2 30-39 lat	00:00:19	00:00:35	00:26:16	00:51:34
352	<b>BARAN Wojciech</b>	<b>22</b>		M1 < 29 lat	00:00:36	00:00:35	00:25:52	00:51:37
353	<b>KŁOS Anna</b>	<b>166</b>	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:38	00:26:38	00:51:40
354	<b>FIJAŁKOWSKI Michał</b>	<b>81</b>	PO PROSTU MY	M3 40-49 lat	00:00:42	00:00:38	00:26:39	00:51:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
355	<b>GÓRSKI Krzysztof</b>	<b>111</b>		M3 40-49 lat	00:00:13	00:00:33	00:25:13	00:51:42
356	<b>SWIETLIK Magdalena</b>	<b>351</b>		K2 30-39 lat	00:00:29	00:00:38	00:26:09	00:51:44
357	<b>KMIEĆ Agnieszka</b>	<b>489</b>		K2 30-39 lat	00:00:32	00:00:38	00:25:58	00:51:46
358	<b>TROJANEK Edyta</b>	<b>378</b>	WWW.SENSORYBEAUTY.PL	K3 40-49 lat	00:00:16	00:00:35	00:26:10	00:51:47
359	<b>GOLENIOWSKI Patryk</b>	<b>482</b>	1992	M1 < 29 lat	00:00:16	00:00:33	00:25:17	00:51:52
360	<b>ADAMOWSKA Barbara</b>	<b>12</b>		K3 40-49 lat	00:00:24	00:00:36	00:26:04	00:52:08
361	<b>RZEPKA Mirek</b>	<b>313</b>	AKTYWNI BIEGACZE	M4 50-59	00:00:31	00:00:34	00:25:48	00:52:18
362	<b>NOWOSIELSKI Tomasz</b>	<b>260</b>	HERO	M4 50-59	00:00:29	00:00:39	00:25:24	00:52:24
363	<b>ZIEŃ Agnieszka</b>	<b>419</b>		K2 30-39 lat	00:00:45	00:00:40	00:26:39	00:52:33
364	<b>ŚWISTOWSKA Anna</b>	<b>370</b>		K2 30-39 lat	00:00:17	00:00:34	00:25:50	00:52:34
365	<b>SIKORSKI Michał</b>	<b>535</b>	EKO BIEGI	M3 40-49 lat	00:00:51	00:00:37	00:26:32	00:52:51
366	<b>SIKORSKA Agnieszka</b>	<b>504</b>	EKO BIEGI	K3 40-49 lat	00:00:50	00:00:37	00:26:33	00:52:54
367	<b>BAK Hubert</b>	<b>27</b>		M1 < 29 lat	00:00:30	00:00:38	00:26:07	00:52:58
368	<b>RACZKOWSKA Dorota</b>	<b>299</b>	BRACTWO BIEGOWE BGK	K3 40-49 lat	00:00:12	00:00:33	00:26:07	00:53:00
369	<b>BAK Andrzej</b>	<b>26</b>		M4 50-59	00:00:30	00:00:38	00:26:07	00:53:05
370	<b>GRACZYK Roman</b>	<b>112</b>		M3 40-49 lat	00:00:18	00:00:38	00:26:09	00:53:11
371	<b>BRZEZICKI Michał</b>	<b>39</b>		M2 30-39 lat	00:00:39	00:00:36	00:26:24	00:53:16
372	<b>SIERZPUTOWSKA Ewa</b>	<b>323</b>	SIE_BIEGA	K4 50-59 lat	00:00:34	00:00:37	00:26:40	00:53:39
373	<b>BEDNARZAK Tadeusz</b>	<b>28</b>	YULO RUN TEAM SIEDLCE	M5 60+	00:00:37	00:00:37	00:26:42	00:53:40
374	<b>TOMASZEWSKA Mariola</b>	<b>376</b>	WATAHA ŁĄCZY NAS BIEGANIE	K4 50-59 lat	00:00:28	00:00:38	00:26:46	00:53:51
375	<b>NIEZGODA Ewa</b>	<b>251</b>	NIEZGODNIKI	K3 40-49 lat	00:00:07	00:00:32	00:26:50	00:53:54
376	<b>STANKIEWICZ Malgorzata</b>	<b>336</b>		K2 30-39 lat	00:00:32	00:00:38	00:26:35	00:53:55
377	<b>DŁUŻNIEWSKI Tomasz</b>	<b>66</b>		M3 40-49 lat	00:00:46	00:00:37	00:26:56	00:53:57
378	<b>JACHOWICZ Łukasz</b>	<b>129</b>		M2 30-39 lat	00:00:46	00:00:37	00:26:35	00:53:57
379	<b>JERUZAL Jacek</b>	<b>138</b>	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:32	00:26:39	00:53:59
380	<b>KULAK Paweł</b>	<b>200</b>		M3 40-49 lat	00:00:31	00:00:38	00:26:49	00:54:03
381	<b>KOWALSKI Kamil</b>	<b>185</b>	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29	00:54:10
382	<b>PAWŁOWSKI Jakub</b>	<b>280</b>	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29	00:54:11
383	<b>SOBCZAK Anna</b>	<b>456</b>	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	K3 40-49 lat	00:00:38	00:00:36	00:26:55	00:54:27
384	<b>FRENKEL Marek</b>	<b>87</b>		M4 50-59	00:00:48	00:00:39	00:27:31	00:54:29
385	<b>STRACHOCKA Anna</b>	<b>344</b>	GRUPA BIEGOWA UM W-WA	K5 60 +	00:00:42	00:00:36	00:27:15	00:54:31
386	<b>PETRYCKI Marcin</b>	<b>283</b>	PUMP!T	M3 40-49 lat	00:00:11	00:00:35	00:27:59	00:54:43
387	<b>RUCIŃSKA Jolanta</b>	<b>308</b>	NASIELSK BASZTA TEAM	K2 30-39 lat	00:00:22	00:00:35	00:27:41	00:54:51
388	<b>STAŃCZYK Zofia</b>	<b>339</b>		K1 < 29 lat	00:00:49	00:00:37	00:27:17	00:54:55
389	<b>ZAWADKA Agnieszka</b>	<b>411</b>		K3 40-49 lat	00:00:48	00:00:38	00:27:31	00:55:06
390	<b>JAWORSKA Joanna</b>	<b>136</b>		K2 30-39 lat	00:00:28	00:00:38	00:26:47	00:55:28
391	<b>ZYGMUNT Natalia</b>	<b>473</b>		K1 < 29 lat	00:00:13	00:00:36	00:27:14	00:55:42
392	<b>KAWKA Andrzej</b>	<b>159</b>		M5 60+	00:00:45	00:00:38	00:27:49	00:55:47
393	<b>ROMANOWSKA Ewa</b>	<b>451</b>	KUNGFU PANDA	K2 30-39 lat	00:00:39	00:00:38	00:28:03	00:56:28
394	<b>KAMIONOWSKI Mariusz-Jacek</b>	<b>152</b>	MORSY OSTROŁĘKA	M4 50-59	00:00:06	00:00:32	00:25:45	00:56:40
395	<b>ROSZAK Waldemar</b>	<b>306</b>	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	M4 50-59	00:01:01	00:00:27	00:27:26	00:56:47
396	<b>WINDER Agnieszka</b>	<b>399</b>		K2 30-39 lat	00:00:29	00:00:36	00:27:39	00:56:53
397	<b>SZAFRAN Beata</b>	<b>355</b>	PUMP!T	K3 40-49 lat	00:00:11	00:00:36	00:28:09	00:56:55
398	<b>PAWEŁEK Krzysztof</b>	<b>279</b>	PO PROSTU MY	M3 40-49 lat	00:00:43	00:00:37	00:28:14	00:57:07
399	<b>HAJKOWICZ Dorota</b>	<b>541</b>		K3 40-49 lat	00:00:00	00:00:36	00:26:58	00:57:11
400	<b>STAŃCZYK Grzegorz</b>	<b>338</b>		M4 50-59	00:00:49	00:00:37	00:28:27	00:57:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
401	<b>CHOŁUJ Agata</b>	<b>48</b>	PO PROSTU MY	K3 40-49 lat	00:00:42	00:00:37	00:28:15	00:57:19
402	<b>KUCICKI Krzysztof</b>	<b>196</b>		M3 40-49 lat	00:00:05	00:00:26	00:26:22	00:57:23
403	<b>ŁĄCKA Ilona</b>	<b>210</b>	BIAŁOŁĘKA JEST KOBIETĄ	K3 40-49 lat	00:00:17	00:00:37	00:28:15	00:57:31
404	<b>ŁUKASIEWICZ Robert</b>	<b>216</b>	KOKOSZKA36TEAM	M3 40-49 lat	00:00:40	00:00:36	00:28:18	00:58:05
405	<b>ŁUCZAK Małgorzata</b>	<b>215</b>	RUNNERSI ZE SKARBKA	K3 40-49 lat	00:00:34	00:00:39	00:28:50	00:58:20
406	<b>ŁUCZAK Piotr</b>	<b>214</b>	PKO BANK POLSKI	M3 40-49 lat	00:00:34	00:00:39	00:28:50	00:58:21
407	<b>WASZKIEWICZ Marta</b>	<b>464</b>	WASZKA TEAM	K3 40-49 lat	00:00:12	00:00:36	00:28:41	00:58:38
408	<b>SOJKA Łukasz</b>	<b>333</b>		M2 30-39 lat	00:00:33	00:00:38	00:28:44	00:58:55
409	<b>SIEKIERKO Łukasz</b>	<b>322</b>		M2 30-39 lat	00:00:06	00:00:26	00:39:35	00:58:59
410	<b>SALAMON Kinga</b>	<b>314</b>		K2 30-39 lat	00:00:46	00:00:36	00:27:43	00:59:43
411	<b>KOCHAN Piotr</b>	<b>167</b>	ZABIEGANY WOŁOMIN	M2 30-39 lat	00:00:39	00:00:37	00:29:59	00:59:45
412	<b>GŁOWACKA Elżbieta</b>	<b>98</b>	TEAM ZABIEGANEDNI	K5 60 +	00:00:30	00:00:39	00:29:07	00:59:51
413	<b>LEZNER Karolina</b>	<b>208</b>	KURATOR ZAWODOWY	K1 < 29 lat	00:00:36	00:00:37	00:28:40	01:00:13
414	<b>CZARNECKI Piotr</b>	<b>60</b>	TARCHOŚFIRY	M2 30-39 lat	00:00:17	00:00:33	00:29:08	01:00:26
415	<b>KASIEBSKA Ewa Katarzyna</b>	<b>157</b>	WKB META LUBLINIEC	K5 60 +	00:00:33	00:00:38	00:30:13	01:01:14
416	<b>GÓRECKA Anna</b>	<b>108</b>		K3 40-49 lat	00:00:14	00:00:36	00:30:09	01:01:15
417	<b>CIEŚLAK Paweł</b>	<b>51</b>	SLOWJOGGING BIAŁOŁĘKA	M4 50-59	00:01:05	00:00:42	00:35:43	01:01:19
418	<b>GOJAN Joanna</b>	<b>537</b>	VEGE RUNNERS	K1 < 29 lat	00:00:41	00:00:38	00:30:49	01:02:03
419	<b>JANKOWSKA Agnieszka</b>	<b>132</b>	NASIELSK BASZTA TEAM	K3 40-49 lat	00:00:20	00:21:59	00:43:30	01:04:47
420	<b>JURKOWSKA Irena</b>	<b>526</b>		K5 60 +	00:00:37	00:00:39	00:32:15	01:04:50
421	<b>NASKRĘT Mariusz</b>	<b>247</b>		M3 40-49 lat	00:00:45	00:00:39	00:32:16	01:05:01
422	<b>WARZECHA Jolanta</b>	<b>390</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	00:00:54	00:00:36	00:31:31	01:05:12
423	<b>DOBOSZ Marek</b>	<b>67</b>		M3 40-49 lat	00:00:55	00:00:36	00:31:31	01:05:13
424	<b>WOŹNIAK Barbara</b>	<b>524</b>	KS LIMANOWA FORREST	K5 60 +	00:00:08	00:00:40	00:32:45	01:05:19
425	<b>WIŚNIEWSKA Katarzyna</b>	<b>402</b>	INDYWIDUALISTKA	K3 40-49 lat	00:00:14	00:00:36	00:32:28	01:05:32
426	<b>DUDA Kamil</b>	<b>70</b>		M1 < 29 lat	00:00:39	00:00:38	00:31:42	01:05:48
427	<b>MADEJEK Jacek</b>	<b>441</b>	ZABIEGANI PO USZY	M2 30-39 lat	00:00:51	00:00:37	00:32:23	01:07:51
428	<b>TENDERENDA Natalia</b>	<b>461</b>		K2 30-39 lat	00:00:48	00:00:38	00:35:10	01:11:27
429	<b>KOZŁOWSKI Robert</b>	<b>519</b>	CHUDY BYK	M1 < 29 lat	00:00:50	00:00:39	00:46:52	01:13:14
430	<b>SZCZEPKOWSKI Przemysław</b>	<b>508</b>		M2 30-39 lat	00:00:00	00:39:17		
431	<b>NOWAK Bartłomiej</b>	<b>256</b>		M3 40-49 lat	00:00:03	00:00:27	00:43:14	
432	<b>BOGUSZ Agnieszka</b>	<b>32</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:07	00:00:37	00:39:55	
433	<b>SZOT Agnieszka</b>	<b>362</b>	CYTRYNOWI STUDENCI	K3 40-49 lat	00:00:08	00:00:36	00:39:54	
434	<b>ANUSZKIEWICZ Włodzimierz</b>	<b>16</b>		M4 50-59	00:00:08	00:00:32	00:36:39	
435	<b>MIŚTA Grzegorz</b>	<b>100</b>	FRONTIS	M3 40-49 lat	00:00:10	00:00:35	00:28:05	
436	<b>MAREK Roman</b>	<b>225</b>		M4 50-59	00:00:10	00:00:29	00:23:21	
437	<b>KILKOWSKI Jarosław</b>	<b>164</b>		M4 50-59	00:00:10	00:00:31	00:26:37	
438	<b>KILKOWSKA Joanna</b>	<b>163</b>		K4 50-59 lat	00:00:10	00:00:31	00:28:41	
439	<b>MIKOŁAJCZYK Małgorzata</b>	<b>238</b>		K3 40-49 lat	00:00:12	00:00:37	00:28:38	
440	<b>DYMEL Piotr</b>	<b>481</b>	12TRI.PL	M5 60+	00:00:15	00:00:37	00:28:18	
441	<b>STYKOWSKA Wiktoria</b>	<b>547</b>	TARKOŚWIRY	K1 < 29 lat	00:00:15	00:00:36	00:31:03	
442	<b>STYKOWSKA Beata</b>	<b>347</b>	TARCHOŚFIRY	K2 30-39 lat	00:00:16	00:00:36	00:31:02	
443	<b>STYKOWSKA Zosia</b>	<b>546</b>	TARKOŚWIRY	K1 < 29 lat	00:00:16	00:00:36	00:29:09	
444	<b>RADWAN-PYTLEWSKI Paweł</b>	<b>300</b>	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	M2 30-39 lat	00:00:16	00:00:37	00:33:20	
445	<b>MIKULIK Piotr</b>	<b>239</b>		M2 30-39 lat	00:00:17	00:00:35	00:27:26	
446	<b>NACZULSKI Witold</b>	<b>244</b>	GRUPA BIEGOWA UM W-WA	M2 30-39 lat	00:00:26	00:00:39	00:28:17	

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km	8.7km
447	<b>OSTASZEWSKI Wojciech</b>	<b>271</b>	WERKUS RUNNERS	M2 30-39 lat	00:00:27	00:00:37	00:23:39	
448	<b>UCHROŃSKA Justyna</b>	<b>512</b>		K2 30-39 lat	00:00:29	00:00:42	00:29:32	
449	<b>ZYGMUNT Kamil</b>	<b>527</b>		M2 30-39 lat	00:00:31	00:00:40	00:29:30	
450	<b>DUCH Emil</b>	<b>69</b>	JB WARSAW	M2 30-39 lat	00:00:36	00:00:38	00:23:48	
451	<b>PIETRAS Tomasz</b>	<b>285</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:38	00:00:38	00:24:38	
452	<b>BAJOREK Jacek</b>	<b>19</b>	MARKOWI BIEGACZE	M3 40-49 lat	00:00:38	00:00:37	00:28:05	
453	<b>DYMEL Andrzej</b>	<b>72</b>	MARKOWI BIEGACZE	M5 60+	00:00:38	00:00:37	00:30:00	
454	<b>KĘPCZYŃSKI Janusz</b>	<b>161</b>	KB OŻARÓW MAZOWIECKI BIEGA	M5 60+	00:00:42	00:00:38	00:30:20	
455	<b>KOLEBSKA Mirosława</b>	<b>169</b>		K4 50-59 lat	00:00:42	00:00:38	00:33:40	
456	<b>ZIELIŃSKI Paweł</b>	<b>417</b>	BRAK	M2 30-39 lat	00:00:42	00:00:37	00:29:50	
457	<b>NOWORYTA Jacek</b>	<b>259</b>	ASA TEAM BIEGIEM PO ZDROWIE	M5 60+	00:00:43	00:00:36	00:30:46	
458	<b>ARTYMIUK Olaf</b>	<b>17</b>		M2 30-39 lat	00:00:44	00:00:38	00:29:10	
459	<b>KOMOŃ Maciej</b>	<b>171</b>		M2 30-39 lat	00:00:44	00:00:38	00:27:46	
460	<b>SOSNÓWKA Magdalena</b>	<b>335</b>		K3 40-49 lat	00:00:45	00:00:39	00:32:17	
461	<b>KRAWCZYK Karolina</b>	<b>544</b>		K2 30-39 lat	00:00:47	00:00:38	00:43:42	
462	<b>WILCZYŃSKA Małgorzata</b>	<b>545</b>		K3 40-49 lat	00:00:47	00:00:38	00:43:42	
463	<b>SKRZYDŁOWSKA-KALUKIN Katarzyna</b>	<b>326</b>	SLOWJOGGING BIAŁOŁĘKA	K4 50-59 lat	00:01:06	00:00:41	00:35:43	
464	<b>KAMIŃSKI Waldemar</b>	<b>433</b>		M4 50-59	00:01:08	00:00:39	00:35:42	
	<b>OSTASZEWSKI Marek</b>	<b>270</b>		M2 30-39 lat	DNF	00:00:37 DNF	00:23:37 DNF	DNF
	<b>BANAŚ Malwina</b>	<b>20</b>	PUSTELNIK	K2 30-39 lat	DNF	00:00:33 DNF	00:23:04 DNF	DNF
	<b>SCHILLER Monika</b>	<b>317</b>	SLOW JOGGING BIAŁOŁĘKA	K4 50-59 lat	DNF	00:00:37 DNF	00:28:37 DNF	DNF
	<b>ŻÓŁCIŃSKI Waldemar</b>	<b>424</b>	GRUPA BIEGOWA UM W-WA	M5 60+	DNF	00:00:37 DNF	00:27:04 DNF	DNF
	<b>KERNER Agnieszka</b>	<b>160</b>	GRUPA BIEGOWA UM W-WA	K4 50-59 lat	DNF	00:00:37 DNF	00:27:16 DNF	DNF
	<b>NIEWCZAS Zdzisław</b>	<b>532</b>		M5 60+	DNF	00:00:32 DNF	00:38:02 DNF	DNF
	<b>TERZONI Karina</b>	<b>600</b>	VIRTUAL RUNNERS CLUB	K2 30-39 lat	DNF	00:00:33 DNF	00:23:42 DNF	DNF
	<b>GAŁUSZKA Katarzyna</b>	<b>93</b>	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:26:15 DNF	DNF
	<b>PYL Karolina</b>	<b>296</b>		K1 < 29 lat	DNF	00:00:44 DNF	00:26:19 DNF	DNF
	<b>JÓZWIK Robert</b>	<b>142</b>	HARX TEAM	M3 40-49 lat	DNF	00:00:36 DNF	00:24:17 DNF	DNF
	<b>DOMAŃSKI Jacek Expedyt</b>	<b>68</b>	WKB META LUBLINIEC	M5 60+	DNF	00:00:52 DNF	00:41:24 DNF	DNF
	<b>SZCZEPAŃSKA DUDA Monika</b>	<b>358</b>		K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF	DNF
	<b>ZIELIŃSKA Aleksandra</b>	<b>470</b>	KOKOSZKA36TEAM	K2 30-39 lat	DNF	00:00:37 DNF	00:25:48 DNF	DNF
	<b>BUDNIK Stanisław</b>	<b>479</b>	NASIELSK BASZTA TEAM	M1 < 29 lat	DNF	00:00:39 DNF	00:30:00 DNF	DNF
	<b>OSTASZEWSKI Marcin</b>	<b>272</b>		M2 30-39 lat	DNF	00:00:37 DNF	00:23:03 DNF	DNF
	<b>OLSZEWSKA Mariola</b>	<b>268</b>	RAZEM DLA BIAŁOŁĘKI	K3 40-49 lat	DNF	00:00:36 DNF	00:26:17 DNF	DNF
	<b>TYBURC Paweł</b>	<b>548</b>		M3 40-49 lat	DNF	01:09:11 DNF	DNF	DNF
	<b>UZIĘBŁO Wiesław</b>	<b>555</b>	SDP	M5 60+	DNF	00:00:48 DNF	01:24:06 DNF	DNF

Znaleziono 482 wynik(ów)