

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2022-12-11  
**Miejsce:** Warszawa  
**Dystans:** 13 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy Białołęki	Pracownicy Służby Więziennej	0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	<b>KUŚMIERZ Sylwester</b>	<b>252</b>	MARKOWI BIEGACZE	M3 40-49 lat	1			00:00:18	00:15:28	00:30:47	<b>00:46:10.05</b>	<b>00:46:10.05</b>		3:33	16.9
2	<b>RYDZ Artur</b>	<b>375</b>	ŚWIĘTOKRZYSZY KURATORZY	M2 30-39 lat	1		Tak	00:00:19	00:16:23	00:32:31	<b>00:48:28.45</b>	<b>00:48:28.45</b>	+00:02:18	3:43	16.1
3	<b>ŁABĘDZKI Konrad</b>	<b>264</b>	DUKLANOWSKI TEAM	M2 30-39 lat	2			00:00:22	00:16:22	00:32:32	<b>00:48:39.45</b>	<b>00:48:39.45</b>	+00:02:29	3:44	16
4	<b>MIOTK Marcin</b>	<b>302</b>	MIOTK.PL EVEREST MOTYWACJI	M3 40-49 lat	2	Tak		00:00:21	00:16:31	00:33:05	<b>00:49:52.30</b>	<b>00:49:52.30</b>	+00:03:42	3:50	15.6
5	<b>KUREK Jarosław</b>	<b>249</b>	WOJSKOWA AKADEMIA TECHNICZNA	M2 30-39 lat	3	Tak		00:00:19	00:16:20	00:33:10	<b>00:50:11.65</b>	<b>00:50:11.65</b>	+00:04:01	3:51	15.5
6	<b>KAŹMIERCZAK Marta</b>	<b>197</b>	DREAM RUN	K3 40-49 lat	1			00:00:21	00:17:13	00:34:16	<b>00:51:21.30</b>	<b>00:51:21.30</b>	+00:05:11	3:57	15.2
7	<b>HILDEBRAND Marcin</b>	<b>139</b>		M2 30-39 lat	4	Tak		00:00:21	00:17:14	00:34:19	<b>00:51:22.45</b>	<b>00:51:22.45</b>	+00:05:12	3:57	15.2
8	<b>SKWARCZ Paweł</b>	<b>399</b>		M2 30-39 lat	5	Tak		00:00:21	00:17:18	00:34:37	<b>00:51:30.85</b>	<b>00:51:30.85</b>	+00:05:20	3:57	15.1
9	<b>GOZDEK Radek</b>	<b>120</b>	BIEGANIEPO40.PL	M3 40-49 lat	3	Tak		00:00:21	00:17:25	00:34:47	<b>00:51:41.95</b>	<b>00:51:41.95</b>	+00:05:31	3:58	15.1
10	<b>URMANOWSKI Daniel</b>	<b>472</b>	DREAM RUN	M2 30-39 lat	6	Tak		00:00:21	00:17:02	00:34:27	<b>00:51:46.90</b>	<b>00:51:46.90</b>	+00:05:36	3:58	15.1
11	<b>MIELCZAREK Krzysztof</b>	<b>296</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	4	Tak		00:00:21	00:17:26	00:34:49	<b>00:52:23.10</b>	<b>00:52:23.10</b>	+00:06:13	4:01	14.9
12	<b>JUSIŃSKI Krystian</b>	<b>168</b>	BRACTWO BIEGOWE BGK	M2 30-39 lat	7			00:00:21	00:17:13	00:34:54	<b>00:52:42.25</b>	<b>00:52:42.25</b>	+00:06:32	4:03	14.8
13	<b>SZYBALSKI Michał</b>	<b>443</b>		M2 30-39 lat	8			00:00:20	00:17:25	00:35:19	<b>00:53:02.85</b>	<b>00:53:02.85</b>	+00:06:52	4:04	14.7
14	<b>WOŹNIAK Przemysław</b>	<b>495</b>	WIELISZEW HERON TEAM	M2 30-39 lat	9			00:00:52	00:18:13	00:35:38	<b>00:53:02.90</b>	<b>00:53:02.90</b>	+00:06:52	4:04	14.7
15	<b>SIEPIETOWSKI Piotr</b>	<b>387</b>	LS AIRPORT RUN WARSZAWA	M4 50-59	1			00:00:23	00:18:01	00:35:51	<b>00:53:34.85</b>	<b>00:53:34.85</b>	+00:07:24	4:07	14.6
16	<b>CHRAPEK Janusz</b>	<b>64</b>	ROSSMANN	M3 40-49 lat	5			00:00:26	00:18:12	00:36:05	<b>00:54:00.55</b>	<b>00:54:00.55</b>	+00:07:50	4:09	14.4
17	<b>ANUSIEWICZ Robert</b>	<b>16</b>	-	M3 40-49 lat	6	Tak		00:00:24	00:18:17	00:36:10	<b>00:54:14.05</b>	<b>00:54:14.05</b>	+00:08:04	4:10	14.4
18	<b>ŚLUSARCZYK Katarzyna</b>	<b>451</b>	OK!SPORT	K2 30-39 lat	1			00:00:22	00:18:01	00:36:15	<b>00:54:51.50</b>	<b>00:54:51.50</b>	+00:08:41	4:13	14.2
19	<b>KRAJEWSKA Klaudia</b>	<b>544</b>		K1 < 29 lat	1			00:00:23	00:18:43	00:37:32	<b>00:55:46.95</b>	<b>00:55:46.95</b>	+00:09:36	4:17	14

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
20	<b>GAJEK Ireneusz</b>	<b>100</b>	ASFALTOLOVE DZIKI	M3 40-49 lat	7			00:00:23	00:18:25	00:37:04	<b>00:55:51.65</b>	<b>00:55:51.65</b>	+00:09:41	4:17	14
21	<b>KOŚCIK Jakub</b>	<b>225</b>		M2 30-39 lat	10			00:00:36	00:18:57	00:37:20	<b>00:55:56.25</b>	<b>00:55:56.25</b>	+00:09:46	4:18	13.9
22	<b>GAWĘŁ Piotr</b>	<b>106</b>		M3 40-49 lat	8			00:00:30	00:18:00	00:36:50	<b>00:56:04.25</b>	<b>00:56:04.25</b>	+00:09:54	4:18	13.9
23	<b>TKACZYK Adam</b>	<b>458</b>		M2 30-39 lat	11			00:00:24	00:19:13	00:37:36	<b>00:56:08.55</b>	<b>00:56:08.55</b>	+00:09:58	4:19	13.9
24	<b>CZERWIŃSKA Katarzyna</b>	<b>75</b>		K2 30-39 lat	2			00:00:24	00:19:13	00:37:38	<b>00:56:23.65</b>	<b>00:56:23.65</b>	+00:10:13	4:20	13.8
25	<b>KOWALSKI Sebastian</b>	<b>233</b>		M3 40-49 lat	9			00:00:31	00:19:25	00:38:03	<b>00:56:31.15</b>	<b>00:56:31.15</b>	+00:10:21	4:20	13.8
26	<b>SZAŁKOWSKI Dawid</b>	<b>434</b>	MARKOWI BIEGACZE	M3 40-49 lat	10			00:00:25	00:18:47	00:37:44	<b>00:56:37.85</b>	<b>00:56:37.85</b>	+00:10:27	4:21	13.8
27	<b>POTOROKA Vitalii</b>	<b>356</b>	ROZBIEGANY PIASTÓW	M1 < 29 lat	1			00:00:25	00:18:52	00:38:06	<b>00:56:56.95</b>	<b>00:56:56.95</b>	+00:10:46	4:22	13.7
28	<b>CIESIELSKI Marcin</b>	<b>68</b>	WARSAW RUN CLUB	M3 40-49 lat	11			00:00:23	00:19:19	00:38:24	<b>00:56:58.20</b>	<b>00:56:58.20</b>	+00:10:48	4:22	13.7
29	<b>MAJCHRZAK Sławomir</b>	<b>277</b>	UKS TYCHÓW STARY	M4 50-59	2			00:00:26	00:18:46	00:37:53	<b>00:57:10.65</b>	<b>00:57:10.65</b>	+00:11:00	4:23	13.6
30	<b>FALANDYSZ Janusz</b>	<b>93</b>	WPRUNNING PRUSZKÓW	M5 60+	1			00:00:25	00:19:07	00:38:08	<b>00:57:20.70</b>	<b>00:57:20.70</b>	+00:11:10	4:24	13.6
31	<b>MICHALSKI Robert</b>	<b>293</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	12			00:00:25	00:19:21	00:38:41	<b>00:57:34.60</b>	<b>00:57:34.60</b>	+00:11:24	4:25	13.5
32	<b>KARBOWIAK Marcelina</b>	<b>189</b>		K2 30-39 lat	3	Tak		00:00:22	00:19:00	00:38:16	<b>00:57:44.65</b>	<b>00:57:44.65</b>	+00:11:34	4:26	13.5
33	<b>NOWOCIEŃ Jacek</b>	<b>320</b>	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	2			00:00:25	00:19:11	00:38:33	<b>00:57:46.30</b>	<b>00:57:46.30</b>	+00:11:36	4:26	13.5
34	<b>SZMIGIELSKI Mateusz</b>	<b>438</b>		M2 30-39 lat	12			00:00:43	00:19:42	00:39:00	<b>00:58:03.50</b>	<b>00:58:03.50</b>	+00:11:53	4:27	13.4
35	<b>GAŁUSZKA Filip</b>	<b>105</b>	KOKOSZKA36TEAM	M2 30-39 lat	13			00:00:54	00:20:04	00:39:23	<b>00:58:05.15</b>	<b>00:58:05.15</b>	+00:11:55	4:28	13.4
36	<b>ŚLIMKO Daniel</b>	<b>506</b>		M2 30-39 lat	14			00:00:28	00:19:22	00:38:37	<b>00:58:16.45</b>	<b>00:58:16.45</b>	+00:12:06	4:28	13.4
37	<b>ŁYSIAK Michał</b>	<b>273</b>	SZWAGRY DWA	M3 40-49 lat	13	Tak		00:00:28	00:19:22	00:38:51	<b>00:58:20.80</b>	<b>00:58:20.80</b>	+00:12:10	4:29	13.4
38	<b>BUDNICKI Michał</b>	<b>235</b>		M3 40-49 lat	14	Tak		00:00:27	00:19:53	00:39:32	<b>00:58:31.90</b>	<b>00:58:31.90</b>	+00:12:21	4:30	13.3
39	<b>KRÓL Maciej</b>	<b>237</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	15			00:00:30	00:19:22	00:39:13	<b>00:58:37.85</b>	<b>00:58:37.85</b>	+00:12:27	4:30	13.3
40	<b>BODZIACHOWSKI Marcin</b>	<b>47</b>	JACEKBIEGA RUNNING TEAM / ERACENT RUNNING TEAM	M3 40-49 lat	15			00:00:23	00:19:05	00:39:01	<b>00:58:56.15</b>	<b>00:58:56.15</b>	+00:12:46	4:32	13.2
41	<b>JAWORSKI Piotr</b>	<b>41</b>	MARKOWI BIEGACZE	M3 40-49 lat	16	Tak		00:00:26	00:19:21	00:39:01	<b>00:58:58.75</b>	<b>00:58:58.75</b>	+00:12:48	4:32	13.2
42	<b>KORKOSZ Andrzej</b>	<b>219</b>		M3 40-49 lat	17			00:00:38	00:20:10	00:39:37	<b>00:59:00.45</b>	<b>00:59:00.45</b>	+00:12:50	4:32	13.2
43	<b>MICHNOWSKI Sebastian</b>	<b>295</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	18	Tak		00:00:45	00:20:12	00:39:48	<b>00:59:08.90</b>	<b>00:59:08.90</b>	+00:12:58	4:32	13.2
44	<b>JUTKIEWICZ Marcin</b>	<b>170</b>	OBIEGANIU.PL	M3 40-49 lat	19	Tak		00:00:25	00:19:41	00:39:21	<b>00:59:12.85</b>	<b>00:59:12.85</b>	+00:13:02	4:33	13.2
45	<b>TERESZCZUK Julia</b>	<b>457</b>	AZS AWF	K1 < 29 lat	2			00:00:30	00:20:10	00:39:57	<b>00:59:21.35</b>	<b>00:59:21.35</b>	+00:13:11	4:33	13.1
46	<b>GLINKA Karol</b>	<b>115</b>		M2 30-39 lat	16		Tak	00:00:43	00:20:06	00:39:48	<b>00:59:32.35</b>	<b>00:59:32.35</b>	+00:13:22	4:34	13.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
47	<b>MOKRZEWSKI Maciej</b>	<b>305</b>		M2 30-39 lat	17			00:00:54	00:20:23	00:40:02	<b>00:59:34.00</b>	<b>00:59:34.00</b>	+00:13:23	4:34	13.1
48	<b>WŁODKOWSKI Robert</b>	<b>490</b>		M3 40-49 lat	20	Tak		00:00:26	00:20:01	00:40:03	<b>00:59:50.90</b>	<b>00:59:50.90</b>	+00:13:40	4:36	13
49	<b>SZYMAŃSKI Andrzej</b>	<b>446</b>		M3 40-49 lat	21	Tak		00:00:25	00:19:11	00:38:56	<b>00:59:51.55</b>	<b>00:59:51.55</b>	+00:13:41	4:36	13
50	<b>ŁATKOWSKI Łukasz</b>	<b>266</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	22			00:00:31	00:20:31	00:40:40	<b>01:00:10.55</b>	<b>01:00:10.55</b>	+00:14:00	4:37	13
51	<b>ZIOMEK Marek</b>	<b>515</b>	MARKOWI BIEGACZE	M3 40-49 lat	23	Tak		00:00:48	00:20:42	00:40:39	<b>01:00:23.55</b>	<b>01:00:23.55</b>	+00:14:13	4:38	12.9
52	<b>MOŁODKIEWICZ Zbigniew</b>	<b>307</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	24	Tak		00:00:28	00:20:28	00:40:18	<b>01:00:31.25</b>	<b>01:00:31.25</b>	+00:14:21	4:39	12.9
53	<b>JANECKI Przemysław</b>	<b>151</b>	PROJEKT MARATON EUROPA PLUS (AŚ WARSZAWA GROCHÓW)	M3 40-49 lat	25		Tak	00:00:39	00:20:13	00:40:30	<b>01:00:37.65</b>	<b>01:00:37.65</b>	+00:14:27	4:39	12.9
54	<b>MANCZENKO Eugeniusz</b>	<b>282</b>	LEŚNE SZYCHY	M3 40-49 lat	26			00:00:43	00:20:26	00:40:56	<b>01:00:56.65</b>	<b>01:00:56.65</b>	+00:14:46	4:41	12.8
55	<b>BAZYDŁO Jakub</b>	<b>31</b>		M1 < 29 lat	2			00:00:41	00:20:47	00:41:16	<b>01:00:57.10</b>	<b>01:00:57.10</b>	+00:14:47	4:41	12.8
56	<b>BIEDKA Robert</b>	<b>44</b>	RUN CREW OSTROŁĘKA	M3 40-49 lat	27		Tak	00:00:35	00:20:39	00:40:58	<b>01:01:00.30</b>	<b>01:01:00.30</b>	+00:14:50	4:41	12.8
57	<b>GRZESIK Marcin</b>	<b>131</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	28			00:00:32	00:20:31	00:40:53	<b>01:01:02.90</b>	<b>01:01:02.90</b>	+00:14:52	4:41	12.8
58	<b>DALGIEWICZ Dariusz</b>	<b>78</b>		M5 60+	3			00:00:26	00:20:15	00:40:37	<b>01:01:06.05</b>	<b>01:01:06.05</b>	+00:14:56	4:42	12.8
59	<b>SADOWSKA Marzena</b>	<b>379</b>	PKP S.A.	K2 30-39 lat	4	Tak		00:00:26	00:20:20	00:40:45	<b>01:01:07.80</b>	<b>01:01:07.80</b>	+00:14:57	4:42	12.8
60	<b>KALINOWSKI Kamil</b>	<b>176</b>		M2 30-39 lat	18	Tak		00:00:30	00:20:35	00:40:59	<b>01:01:10.05</b>	<b>01:01:10.05</b>	+00:15:00	4:42	12.8
61	<b>HAUDEK Paweł</b>	<b>136</b>		M2 30-39 lat	19	Tak		00:00:44	00:20:32	00:40:55	<b>01:01:19.10</b>	<b>01:01:19.10</b>	+00:15:09	4:43	12.7
62	<b>ŻEBROWSKI Wiktor</b>	<b>519</b>		M1 < 29 lat	3			00:00:28	00:19:18	00:40:04	<b>01:01:22.40</b>	<b>01:01:22.40</b>	+00:15:12	4:43	12.7
63	<b>GRYZ Jacek</b>	<b>130</b>	SUNFIT STUDIO	M3 40-49 lat	29			00:00:37	00:20:55	00:41:08	<b>01:01:25.00</b>	<b>01:01:25.00</b>	+00:15:14	4:43	12.7
64	<b>TYM Joanna</b>	<b>471</b>	LIPIEC RUNNING TEAM	K3 40-49 lat	2			00:00:28	00:20:29	00:41:10	<b>01:01:44.00</b>	<b>01:01:44.00</b>	+00:15:33	4:44	12.6
65	<b>SZCZEPANOWSKI Mikołaj</b>	<b>435</b>		M2 30-39 lat	20			00:00:43	00:20:58	00:41:20	<b>01:01:44.50</b>	<b>01:01:44.50</b>	+00:15:34	4:44	12.6
66	<b>KUCHAREK Paweł</b>	<b>242</b>		M2 30-39 lat	21	Tak	Tak	00:00:43	00:21:09	00:41:32	<b>01:01:52.15</b>	<b>01:01:52.15</b>	+00:15:42	4:45	12.6
67	<b>PLUTA Ireneusz</b>	<b>350</b>		M5 60+	4	Tak		00:00:24	00:20:19	00:41:20	<b>01:01:56.55</b>	<b>01:01:56.55</b>	+00:15:46	4:45	12.6
68	<b>CISKI Piotr</b>	<b>71</b>		M3 40-49 lat	30	Tak		00:00:47	00:21:08	00:41:36	<b>01:01:56.90</b>	<b>01:01:56.90</b>	+00:15:46	4:45	12.6
69	<b>MAZUREK Marcin</b>	<b>288</b>		M3 40-49 lat	31	Tak		00:00:38	00:21:01	00:41:41	<b>01:01:57.90</b>	<b>01:01:57.90</b>	+00:15:47	4:45	12.6
70	<b>ŚWIERCZ Jacek</b>	<b>455</b>	BYLEDOBIEC ANIN	M4 50-59	3			00:00:33	00:20:39	00:41:28	<b>01:02:01.60</b>	<b>01:02:01.60</b>	+00:15:51	4:46	12.6
71	<b>TRACZYK Przemysław</b>	<b>463</b>	ASFALTLOVE DZIKI	M2 30-39 lat	22			00:00:23	00:20:34	00:41:18	<b>01:02:05.40</b>	<b>01:02:05.40</b>	+00:15:55	4:46	12.6
72	<b>OSTAPIŃSKI Wojtek</b>	<b>335</b>	OSTRESROKI	M4 50-59	4			00:00:58	00:21:44	00:42:01	<b>01:02:06.30</b>	<b>01:02:06.30</b>	+00:15:56	4:46	12.6
73	<b>TOMASZEK Robert</b>	<b>459</b>		M3 40-49 lat	32	Tak		00:00:30	00:19:54	00:40:44	<b>01:02:16.20</b>	<b>01:02:16.20</b>	+00:16:06	4:47	12.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy		Pracownicy			Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h	
						Białołęki	Więziennej	0.2km	4.4km	8.7km						
74	<b>SERAFIN-GORSZKOWSKA Paulina</b>	<b>385</b>	140MINUT.PL	K3 40-49 lat	3			Tak	00:00:35	00:21:15	00:42:00	<b>01:02:36.50</b>	<b>01:02:36.50</b>	+00:16:26	4:48	12.5
75	<b>MACIEJEWSKI Stanisław</b>	<b>275</b>	WPRUNNING	M4 50-59	5				00:00:26	00:20:45	00:41:39	<b>01:02:43.35</b>	<b>01:02:43.35</b>	+00:16:33	4:49	12.4
76	<b>JAKUBOWSKI Dariusz</b>	<b>148</b>	BIEGAM SOBIE	M4 50-59	6				00:00:31	00:20:39	00:41:41	<b>01:02:46.10</b>	<b>01:02:46.10</b>	+00:16:36	4:49	12.4
77	<b>KOWALIKOWSKA Renata</b>	<b>229</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	4	Tak			00:00:28	00:20:31	00:41:38	<b>01:02:53.00</b>	<b>01:02:53.00</b>	+00:16:42	4:50	12.4
78	<b>KRUPIŃSKI Marek</b>	<b>548</b>		M1 < 29 lat	4	Tak	Tak		00:00:21	00:19:51	00:41:17	<b>01:03:23.35</b>	<b>01:03:23.35</b>	+00:17:13	4:52	12.3
79	<b>KODA Eugeniusz</b>	<b>210</b>	TEAM ZABIEGANEDNI	M5 60+	5				00:00:26	00:20:30	00:41:52	<b>01:03:24.25</b>	<b>01:03:24.25</b>	+00:17:14	4:52	12.3
80	<b>GEŚSIARZ Szymon</b>	<b>110</b>		M2 30-39 lat	23				00:00:36	00:20:50	00:42:00	<b>01:03:27.70</b>	<b>01:03:27.70</b>	+00:17:17	4:52	12.3
81	<b>MATHEA Jacek</b>	<b>285</b>		M2 30-39 lat	24	Tak			00:01:29	00:22:31	00:43:16	<b>01:03:33.90</b>	<b>01:03:33.90</b>	+00:17:23	4:53	12.3
81	<b>KOŁODZIEJ Mirosław</b>	<b>211</b>	WOLNY KRAFT	M2 30-39 lat	24				00:01:16	00:23:00	00:43:46	<b>01:03:33.90</b>	<b>01:03:33.90</b>	+00:17:23	4:53	12.3
83	<b>NOSKOWICZ Paweł</b>	<b>317</b>		M1 < 29 lat	5				00:00:30	00:20:31	00:41:37	<b>01:03:35.05</b>	<b>01:03:35.05</b>	+00:17:25	4:53	12.3
84	<b>ŚCIBOR Marcin</b>	<b>449</b>	RUCH IZBICA	M2 30-39 lat	26				00:00:55	00:21:19	00:42:25	<b>01:03:40.70</b>	<b>01:03:40.70</b>	+00:17:30	4:53	12.3
85	<b>WOTLIŃSKI Andrzej</b>	<b>494</b>	UKSM EKIPA MBIELACHY KIELCE	M5 60+	6				00:00:34	00:21:01	00:42:17	<b>01:03:46.85</b>	<b>01:03:46.85</b>	+00:17:36	4:54	12.2
86	<b>SIKORSKI Paweł</b>	<b>391</b>	KIP RUNNING	M3 40-49 lat	33				00:00:34	00:21:10	00:42:18	<b>01:03:46.95</b>	<b>01:03:46.95</b>	+00:17:36	4:54	12.2
87	<b>ŚMIETAŃSKI Piotr</b>	<b>452</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	34				00:01:08	00:22:22	00:43:08	<b>01:04:01.30</b>	<b>01:04:01.30</b>	+00:17:51	4:55	12.2
88	<b>WÓJCIK Monika</b>	<b>498</b>	ADIDAS RUNNERS WARSAW	K3 40-49 lat	5	Tak			00:00:45	00:22:16	00:43:18	<b>01:04:08.40</b>	<b>01:04:08.40</b>	+00:17:58	4:56	12.2
89	<b>KAKOLECKI Michał</b>	<b>174</b>		M4 50-59	7	Yes			00:01:02	00:22:30	00:43:34	<b>01:04:09.00</b>	<b>01:04:09.00</b>	+00:17:58	4:56	12.2
90	<b>SZYSZKO Ewa</b>	<b>448</b>	MARKOWI BIEGACZE	K3 40-49 lat	6				00:00:29	00:21:03	00:42:29	<b>01:04:21.95</b>	<b>01:04:21.95</b>	+00:18:11	4:57	12.1
91	<b>MIĘTEK Artur</b>	<b>297</b>		M3 40-49 lat	35		Tak		00:00:41	00:21:43	00:43:00	<b>01:04:27.85</b>	<b>01:04:27.85</b>	+00:18:17	4:57	12.1
92	<b>RYMKIEWICZ Zbigniew</b>	<b>376</b>		M3 40-49 lat	36				00:01:00	00:21:55	00:43:40	<b>01:04:29.85</b>	<b>01:04:29.85</b>	+00:18:19	4:57	12.1
93	<b>SADZA Anna</b>	<b>380</b>	EKIPA BIELACHY	K2 30-39 lat	5				00:00:34	00:21:26	00:42:46	<b>01:04:33.10</b>	<b>01:04:33.10</b>	+00:18:23	4:57	12.1
94	<b>ŚWIERCZ Iwona</b>	<b>454</b>	BYLEDOBIEC ANIN	K4 50-59 lat	1				00:00:33	00:21:36	00:43:11	<b>01:04:37.90</b>	<b>01:04:37.90</b>	+00:18:27	4:58	12.1
95	<b>CIBORSKI Jakub</b>	<b>66</b>		M3 40-49 lat	37				00:00:55	00:22:01	00:43:26	<b>01:04:40.85</b>	<b>01:04:40.85</b>	+00:18:30	4:58	12.1
96	<b>JARMUŻEWSKI Adam</b>	<b>153</b>	TIA	M3 40-49 lat	38	Tak			00:00:58	00:21:59	00:43:16	<b>01:04:51.35</b>	<b>01:04:51.35</b>	+00:18:41	4:59	12
97	<b>WASIAK Maciej</b>	<b>478</b>		M3 40-49 lat	39		Tak		00:00:46	00:21:32	00:43:09	<b>01:04:57.00</b>	<b>01:04:57.00</b>	+00:18:46	4:59	12
98	<b>DOMŻAŁSKI Artur</b>	<b>87</b>		M3 40-49 lat	40	Tak			00:00:55	00:22:01	00:43:27	<b>01:05:05.85</b>	<b>01:05:05.85</b>	+00:18:55	5:00	12
99	<b>KOWALSKI Mariusz</b>	<b>232</b>		M3 40-49 lat	41				00:01:08	00:23:00	00:44:23	<b>01:05:17.50</b>	<b>01:05:17.50</b>	+00:19:07	5:01	11.9
100	<b>KALICZYŃSKA Wioletta</b>	<b>175</b>	PROJEKT1000UP	K3 40-49 lat	7		Tak		00:00:36	00:21:20	00:43:17	<b>01:05:20.15</b>	<b>01:05:20.15</b>	+00:19:10	5:01	11.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
101	<b>OSIAL Mariusz</b>	<b>330</b>	KB IM. PIOTRA SĘKOWSKIEGO	M3 40-49 lat	42			00:00:54	00:22:36	00:43:54	<b>01:05:21.90</b>	<b>01:05:21.90</b>	+00:19:11	5:01	11.9
102	<b>KNOP Damian</b>	<b>206</b>	TRUCHCIKIEM_PO_POLSCE	M2 30-39 lat	27			00:01:18	00:22:36	00:43:54	<b>01:05:21.95</b>	<b>01:05:21.95</b>	+00:19:11	5:01	11.9
103	<b>KOBYLEC Artur</b>	<b>207</b>		M3 40-49 lat	43	Tak		00:01:29	00:22:33	00:43:51	<b>01:05:43.15</b>	<b>01:05:43.15</b>	+00:19:33	5:03	11.9
104	<b>WRONIEWSKI Grzegorz</b>	<b>499</b>		M2 30-39 lat	28			00:00:59	00:22:35	00:44:36	<b>01:05:50.60</b>	<b>01:05:50.60</b>	+00:19:40	5:03	11.8
105	<b>BABIUCH Marek</b>	<b>20</b>	RUN LOG	M5 60+	7	Tak	Tak	00:00:43	00:21:42	00:43:44	<b>01:05:55.20</b>	<b>01:05:55.20</b>	+00:19:45	5:04	11.8
106	<b>KUREK Jacek</b>	<b>250</b>		M2 30-39 lat	29			00:01:01	00:22:36	00:44:38	<b>01:06:00.20</b>	<b>01:06:00.20</b>	+00:19:50	5:04	11.8
107	<b>KULIK Tomasz</b>	<b>246</b>		M3 40-49 lat	44			00:00:55	00:22:19	00:44:02	<b>01:06:03.30</b>	<b>01:06:03.30</b>	+00:19:53	5:04	11.8
108	<b>FILIPOWICZ Natalia</b>	<b>98</b>		K2 30-39 lat	6			00:00:28	00:21:22	00:43:25	<b>01:06:12.85</b>	<b>01:06:12.85</b>	+00:20:02	5:05	11.8
109	<b>CHARLEJ Ireneusz</b>	<b>60</b>		M4 50-59	8			00:00:36	00:22:22	00:44:29	<b>01:06:19.70</b>	<b>01:06:19.70</b>	+00:20:09	5:06	11.8
110	<b>CHĘC Tomasz</b>	<b>61</b>		M2 30-39 lat	30			00:01:04	00:22:36	00:44:34	<b>01:06:20.25</b>	<b>01:06:20.25</b>	+00:20:10	5:06	11.8
111	<b>WRONIEWSKI Mariusz</b>	<b>500</b>		M3 40-49 lat	45			00:01:01	00:22:32	00:44:34	<b>01:06:24.10</b>	<b>01:06:24.10</b>	+00:20:14	5:06	11.7
112	<b>ŻURANIEWSKA Agnieszka</b>	<b>521</b>		K3 40-49 lat	8	Tak		00:00:49	00:22:20	00:44:20	<b>01:06:24.90</b>	<b>01:06:24.90</b>	+00:20:14	5:06	11.7
113	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>212</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	46			00:01:13	00:22:31	00:44:50	<b>01:06:32.35</b>	<b>01:06:32.35</b>	+00:20:22	5:07	11.7
114	<b>GAWLIK Arkadiusz</b>	<b>108</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	47	Tak		00:00:49	00:22:50	00:44:58	<b>01:06:42.65</b>	<b>01:06:42.65</b>	+00:20:32	5:07	11.7
115	<b>RAPCZYŃSKI Witold</b>	<b>547</b>		M4 50-59	9			00:00:53	00:22:28	00:44:37	<b>01:06:43.55</b>	<b>01:06:43.55</b>	+00:20:33	5:07	11.7
116	<b>OWOC Tomasz</b>	<b>338</b>	PKO BANK POLSKI / NEW BALANCE RUN CLUB	M4 50-59	10			00:00:43	00:22:09	00:44:24	<b>01:06:47.70</b>	<b>01:06:47.70</b>	+00:20:37	5:08	11.7
117	<b>MIŚTA Grzegorz</b>	<b>303</b>		M3 40-49 lat	48		Tak	00:00:43	00:22:54	00:45:06	<b>01:06:49.25</b>	<b>01:06:49.25</b>	+00:20:39	5:08	11.7
118	<b>JAKIMIUK Aleksandra</b>	<b>147</b>	TEAM ZABIEGANEDNI	K1 < 29 lat	3			00:00:30	00:21:58	00:44:36	<b>01:06:51.25</b>	<b>01:06:51.25</b>	+00:20:41	5:08	11.7
119	<b>STĘPNOWSKI Jakub</b>	<b>423</b>		M2 30-39 lat	31			00:00:35	00:21:30	00:43:43	<b>01:06:52.35</b>	<b>01:06:52.35</b>	+00:20:42	5:08	11.7
120	<b>RZYMOWSKA Krystyna</b>	<b>377</b>		K4 50-59 lat	2			00:00:38	00:22:22	00:45:04	<b>01:06:57.05</b>	<b>01:06:57.05</b>	+00:20:47	5:09	11.7
121	<b>WIERNIK Daniel</b>	<b>484</b>		M2 30-39 lat	32	Tak		00:00:41	00:22:25	00:44:46	<b>01:07:04.15</b>	<b>01:07:04.15</b>	+00:20:54	5:09	11.6
122	<b>POTRZEBOWSKI Dominik</b>	<b>357</b>	MARKOWI BIEGACZE	M3 40-49 lat	49			00:00:42	00:21:45	00:44:05	<b>01:07:06.70</b>	<b>01:07:06.70</b>	+00:20:56	5:09	11.6
123	<b>GAJEWSKI Mariusz</b>	<b>102</b>		M3 40-49 lat	50		Tak	00:00:45	00:21:41	00:43:56	<b>01:07:08.55</b>	<b>01:07:08.55</b>	+00:20:58	5:09	11.6
124	<b>SEBASTIAN Kręgiel</b>	<b>384</b>	SZCZYT ZA SZCZYTEM	M3 40-49 lat	51			00:00:36	00:21:58	00:44:29	<b>01:07:27.65</b>	<b>01:07:27.65</b>	+00:21:17	5:11	11.6
125	<b>KAPUŚCIAREK Elżbieta</b>	<b>184</b>		K3 40-49 lat	9			00:00:46	00:22:40	00:45:12	<b>01:07:34.25</b>	<b>01:07:34.25</b>	+00:21:24	5:11	11.5
126	<b>SIEWRUK Katarzyna</b>	<b>389</b>	WARSAW RUN CLUB	K3 40-49 lat	10			00:00:51	00:22:48	00:45:03	<b>01:07:42.90</b>	<b>01:07:42.90</b>	+00:21:32	5:12	11.5
127	<b>GRAD Tomasz</b>	<b>126</b>	MARKOWI BIEGACZE	M3 40-49 lat	52	Tak		00:00:51	00:23:18	00:45:39	<b>01:07:45.30</b>	<b>01:07:45.30</b>	+00:21:35	5:12	11.5
128	<b>PRĘDKI Marcin</b>	<b>358</b>		M3 40-49 lat	53	Tak		00:01:13	00:23:54	00:45:48	<b>01:07:49.85</b>	<b>01:07:49.85</b>	+00:21:39	5:13	11.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
129	<b>ZBIŃKOWSKA Dorota</b>	<b>507</b>	KPLA PIOTR KOSTRZEWSKI	K4 50-59 lat	3			00:01:29	00:30:33	01:00:22	<b>01:07:51.75</b>	<b>01:07:51.75</b>	+00:21:41	5:13	11.5
130	<b>KANIA Paweł</b>	<b>182</b>	BIEGAM NA TARCHOMINIE	M4 50-59	11	Tak		00:01:08	00:23:04	00:45:19	<b>01:07:56.35</b>	<b>01:07:56.35</b>	+00:21:46	5:13	11.5
131	<b>GRALA Grzegorz</b>	<b>127</b>		M3 40-49 lat	54	Tak		00:01:10	00:23:43	00:46:17	<b>01:07:56.60</b>	<b>01:07:56.60</b>	+00:21:46	5:13	11.5
132	<b>CELIŃSKI Tomasz</b>	<b>236</b>		M4 50-59	12			00:00:49	00:23:40	00:46:18	<b>01:08:00.75</b>	<b>01:08:00.75</b>	+00:21:50	5:13	11.5
133	<b>DZIACZKOWSKA Monika</b>	<b>91</b>		K2 30-39 lat	7			00:00:41	00:22:45	00:45:03	<b>01:08:15.30</b>	<b>01:08:15.30</b>	+00:22:05	5:15	11.4
134	<b>RODAK Zbigniew</b>	<b>367</b>		M4 50-59	13			00:01:29	00:24:51	00:46:51	<b>01:08:15.50</b>	<b>01:08:15.50</b>	+00:22:05	5:15	11.4
135	<b>LEWANDOWSKI Piotr</b>	<b>261</b>		M3 40-49 lat	55	Tak		00:00:39	00:21:49	00:44:39	<b>01:08:18.55</b>	<b>01:08:18.55</b>	+00:22:08	5:15	11.4
136	<b>DOBOSZ Piotr</b>	<b>83</b>	WŚCIEKŁE PIĘŚCI WĘŻA	M2 30-39 lat	33	Tak		00:01:17	00:23:47	00:46:13	<b>01:08:18.90</b>	<b>01:08:18.90</b>	+00:22:08	5:15	11.4
137	<b>OLEKSIAK Piotr</b>	<b>324</b>		M3 40-49 lat	56	Tak		00:00:56	00:23:51	00:46:17	<b>01:08:25.05</b>	<b>01:08:25.05</b>	+00:22:15	5:15	11.4
138	<b>GRADOMSKI Łukasz</b>	<b>545</b>		M2 30-39 lat	34			00:01:17	00:23:55	00:45:55	<b>01:08:38.00</b>	<b>01:08:38.00</b>	+00:22:27	5:16	11.4
139	<b>SIEPIETOWSKI Tomasz</b>	<b>386</b>	ANPHARM RUN TEAM	M3 40-49 lat	57			00:00:50	00:23:43	00:46:22	<b>01:08:43.95</b>	<b>01:08:43.95</b>	+00:22:33	5:17	11.4
140	<b>SPYCHAŁA Piotr</b>	<b>413</b>		M3 40-49 lat	58	Tak		00:00:30	00:22:51	00:45:59	<b>01:08:53.00</b>	<b>01:08:53.00</b>	+00:22:42	5:17	11.3
141	<b>GAJOWNICZEK Jarosław</b>	<b>103</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	59	Tak		00:00:57	00:23:19	00:46:11	<b>01:09:06.35</b>	<b>01:09:06.35</b>	+00:22:56	5:18	11.3
142	<b>SOBCZYK Ewa</b>	<b>405</b>	TRIATHLETIC TEAM	K2 30-39 lat	8	Tak		00:00:36	00:23:57	00:46:28	<b>01:09:09.75</b>	<b>01:09:09.75</b>	+00:22:59	5:19	11.3
143	<b>TROJANOWSKI Rafał</b>	<b>465</b>		M2 30-39 lat	35			00:01:06	00:23:13	00:46:40	<b>01:09:17.40</b>	<b>01:09:17.40</b>	+00:23:07	5:19	11.3
144	<b>GÓRSKA Małgorzata</b>	<b>124</b>		K2 30-39 lat	9	Tak		00:00:50	00:23:38	00:46:31	<b>01:09:18.65</b>	<b>01:09:18.65</b>	+00:23:08	5:19	11.3
145	<b>GWIZDAŁA Cezary</b>	<b>135</b>		M4 50-59	14	Tak		00:00:30	00:22:50	00:46:01	<b>01:09:19.30</b>	<b>01:09:19.30</b>	+00:23:09	5:19	11.3
146	<b>ROGUSKI Michał</b>	<b>368</b>		M2 30-39 lat	36			00:01:07	00:24:09	00:46:49	<b>01:09:20.75</b>	<b>01:09:20.75</b>	+00:23:10	5:20	11.3
147	<b>WALIGÓRSKI Krzysztof</b>	<b>477</b>	MARKOWI BIEGACZE	M4 50-59	15			00:00:51	00:24:13	00:47:01	<b>01:09:25.05</b>	<b>01:09:25.05</b>	+00:23:15	5:20	11.2
148	<b>SZADURA Małgorzata</b>	<b>433</b>	WIELISZEW HERON TEAM	K4 50-59 lat	4			00:00:41	00:23:07	00:46:06	<b>01:09:27.75</b>	<b>01:09:27.75</b>	+00:23:17	5:20	11.2
149	<b>SOCHACKI Mariusz</b>	<b>409</b>		M3 40-49 lat	60			00:01:00	00:24:26	00:47:07	<b>01:09:28.50</b>	<b>01:09:28.50</b>	+00:23:18	5:20	11.2
150	<b>FURMANIAK-PAN CZAK Joanna</b>	<b>99</b>	TEAM PARSZCZYŃSKICH	K2 30-39 lat	10	Tak		00:00:44	00:22:49	00:45:56	<b>01:09:29.75</b>	<b>01:09:29.75</b>	+00:23:19	5:20	11.2
151	<b>GĘSIARZ Monika</b>	<b>111</b>		K2 30-39 lat	11			00:00:43	00:23:23	00:46:38	<b>01:09:35.10</b>	<b>01:09:35.10</b>	+00:23:25	5:21	11.2
152	<b>BORGON Piotr</b>	<b>51</b>		M2 30-39 lat	37	Tak		00:01:16	00:23:48	00:46:55	<b>01:09:52.15</b>	<b>01:09:52.15</b>	+00:23:42	5:22	11.2
153	<b>SKRZYPEK Michał</b>	<b>398</b>		M2 30-39 lat	38			00:00:36	00:20:40	00:44:01	<b>01:10:03.15</b>	<b>01:10:03.15</b>	+00:23:53	5:23	11.1
154	<b>KACZOR Mariusz</b>	<b>172</b>		M3 40-49 lat	61			00:00:45	00:23:20	00:46:30	<b>01:10:03.30</b>	<b>01:10:03.30</b>	+00:23:53	5:23	11.1
155	<b>STRÓŻYK Piotrek</b>	<b>425</b>		M3 40-49 lat	62			00:01:12	00:24:47	00:47:34	<b>01:10:08.00</b>	<b>01:10:08.00</b>	+00:23:57	5:23	11.1
156	<b>KARASIEWICZ Katarzyna</b>	<b>186</b>		K4 50-59 lat	5			00:00:50	00:23:43	00:46:51	<b>01:10:08.65</b>	<b>01:10:08.65</b>	+00:23:58	5:23	11.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
157	<b>RASIŃSKA Agnieszka</b>	<b>365</b>	NASIELSK BASZTA TEAM	K3 40-49 lat	11			00:01:11	00:24:10	00:47:16	<b>01:10:11.15</b>	<b>01:10:11.15</b>	+00:24:01	5:23	11.1
158	<b>WOJAS Tadeusz</b>	<b>491</b>	ROZBIEGANY PIASTÓW	70+	1			00:00:55	00:24:13	00:47:20	<b>01:10:11.40</b>	<b>01:10:11.40</b>	+00:24:01	5:23	11.1
159	<b>JABŁONKA Radek</b>	<b>144</b>	DZIADY OCR	M3 40-49 lat	63			00:00:55	00:24:31	00:47:46	<b>01:10:11.45</b>	<b>01:10:11.45</b>	+00:24:01	5:23	11.1
160	<b>BUCHALSKA Ewa</b>	<b>56</b>	EKOBIEGI	K4 50-59 lat	6	Tak		00:00:53	00:23:29	00:46:47	<b>01:10:19.05</b>	<b>01:10:19.05</b>	+00:24:09	5:24	11.1
161	<b>MAJEWSKA Hanna</b>	<b>279</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	12	Tak		00:00:49	00:23:33	00:47:02	<b>01:10:19.50</b>	<b>01:10:19.50</b>	+00:24:09	5:24	11.1
162	<b>GUSZCZA Ewa</b>	<b>132</b>	MARKOWI BIEGACZE	K3 40-49 lat	12			00:00:51	00:23:21	00:46:57	<b>01:10:47.65</b>	<b>01:10:47.65</b>	+00:24:37	5:26	11
163	<b>ZDUNIAK Marcin</b>	<b>509</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	64	Tak		00:01:12	00:25:08	00:48:42	<b>01:10:54.60</b>	<b>01:10:54.60</b>	+00:24:44	5:27	11
164	<b>ŁOZIŃSKI Piotr</b>	<b>267</b>	BRACTWO BIEGOWE BGK	M3 40-49 lat	65	Tak		00:00:58	00:24:11	00:47:33	<b>01:11:02.20</b>	<b>01:11:02.20</b>	+00:24:52	5:27	11
165	<b>KARASZ-GMITRZUK Marzena</b>	<b>188</b>	BESTIE OCR LEGIONOWO	K3 40-49 lat	13		Tak	00:00:58	00:24:23	00:47:38	<b>01:11:05.85</b>	<b>01:11:05.85</b>	+00:24:55	5:28	11
166	<b>BIAŁOKOS Kamil</b>	<b>43</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	66	Tak		00:00:59	00:25:31	00:47:38	<b>01:11:06.15</b>	<b>01:11:06.15</b>	+00:24:56	5:28	11
167	<b>GMITRZUK Paweł</b>	<b>117</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	67			00:00:59	00:24:24	00:47:41	<b>01:11:06.90</b>	<b>01:11:06.90</b>	+00:24:56	5:28	11
168	<b>STAROŃSKA Magdalena</b>	<b>417</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	14	Tak		00:00:58	00:24:23	00:47:38	<b>01:11:07.10</b>	<b>01:11:07.10</b>	+00:24:57	5:28	11
169	<b>JASKÓLSKI Marcin</b>	<b>161</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	68			00:01:01	00:24:25	00:47:38	<b>01:11:07.20</b>	<b>01:11:07.20</b>	+00:24:57	5:28	11
169	<b>ŁATKOWSKA Monika</b>	<b>265</b>	GRUPA BIEGOWA CHTMO	K3 40-49 lat	15			00:00:59	00:24:25	00:47:38	<b>01:11:07.20</b>	<b>01:11:07.20</b>	+00:24:57	5:28	11
171	<b>PTASIŃSKI Piotr</b>	<b>362</b>		M4 50-59	16			00:00:47	00:24:02	00:47:51	<b>01:11:07.50</b>	<b>01:11:07.50</b>	+00:24:57	5:28	11
172	<b>KOSINSKI Olek</b>	<b>222</b>		M2 30-39 lat	39			00:00:55	00:24:07	00:47:26	<b>01:11:08.15</b>	<b>01:11:08.15</b>	+00:24:58	5:28	11
173	<b>SOBCZAK Bogusław</b>	<b>404</b>	M.I.L.A.	M4 50-59	17			00:00:56	00:24:04	00:47:07	<b>01:11:09.00</b>	<b>01:11:09.00</b>	+00:24:58	5:28	11
174	<b>LAUR Mirosław</b>	<b>256</b>	MILWAUKEE POLSKA	M2 30-39 lat	40			00:00:34	00:23:43	00:47:27	<b>01:11:13.80</b>	<b>01:11:13.80</b>	+00:25:03	5:28	11
175	<b>WIERBIŁOWICZ Dariusz</b>	<b>483</b>		M3 40-49 lat	69			00:00:53	00:23:29	00:46:59	<b>01:11:15.15</b>	<b>01:11:15.15</b>	+00:25:05	5:28	10.9
176	<b>JARMUŻEWSKA Teresa</b>	<b>152</b>	TIA	K4 50-59 lat	7	Tak		00:00:59	00:24:30	00:48:10	<b>01:11:18.45</b>	<b>01:11:18.45</b>	+00:25:08	5:29	10.9
177	<b>SŁOWIAK Klaudia</b>	<b>401</b>		K2 30-39 lat	13			00:00:47	00:23:53	00:47:44	<b>01:11:35.35</b>	<b>01:11:35.35</b>	+00:25:25	5:30	10.9
178	<b>GIL Wojciech</b>	<b>114</b>	TEAM ZABIEGANEDNI	M4 50-59	18			00:00:36	00:23:06	00:46:48	<b>01:11:38.40</b>	<b>01:11:38.40</b>	+00:25:28	5:30	10.9
179	<b>GÓRAL Tadeusz</b>	<b>119</b>	KKB	M4 50-59	19			00:00:31	00:24:50	00:48:20	<b>01:11:44.00</b>	<b>01:11:44.00</b>	+00:25:33	5:31	10.9
180	<b>MICHALSKI Ryszard</b>	<b>292</b>	BEMOWO BIEGA	M3 40-49 lat	70			00:00:53	00:23:42	00:47:48	<b>01:11:46.65</b>	<b>01:11:46.65</b>	+00:25:36	5:31	10.9
181	<b>BARTNIK Rafał</b>	<b>29</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	71			00:01:02	00:24:35	00:48:16	<b>01:11:49.05</b>	<b>01:11:49.05</b>	+00:25:39	5:31	10.9
182	<b>RÓŻAŃSKA Magdalena</b>	<b>370</b>		K3 40-49 lat	16			00:00:35	00:24:00	00:48:03	<b>01:11:54.90</b>	<b>01:11:54.90</b>	+00:25:44	5:31	10.8
183	<b>DOMINIAK Zbigniew</b>	<b>508</b>		M3 40-49 lat	72	Tak		00:00:45	00:24:11	00:48:06	<b>01:11:55.75</b>	<b>01:11:55.75</b>	+00:25:45	5:31	10.8
184	<b>WIŚNIEWSKI Tomasz</b>	<b>488</b>		M4 50-59	20			00:01:09	00:25:27	00:49:02	<b>01:12:02.70</b>	<b>01:12:02.70</b>	+00:25:52	5:32	10.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
185	<b>KOPER Sebastian</b>	<b>217</b>	CARREFOUR RUNNING TEAM	M3 40-49 lat	73			00:00:50	00:23:36	00:47:30	<b>01:12:04.45</b>	<b>01:12:04.45</b>	+00:25:54	5:32	10.8
186	<b>PIASECKI Rafał</b>	<b>343</b>	PARÓWY WWA	M2 30-39 lat	41	Tak		00:00:53	00:25:10	00:48:48	<b>01:12:08.10</b>	<b>01:12:08.10</b>	+00:25:58	5:32	10.8
187	<b>SŁOWIK Paweł</b>	<b>402</b>	PARÓWY WWA	M2 30-39 lat	42			00:00:53	00:25:10	00:48:48	<b>01:12:09.35</b>	<b>01:12:09.35</b>	+00:25:59	5:33	10.8
188	<b>NOGAL Robert</b>	<b>314</b>	INDOORY URSUS	M3 40-49 lat	74			00:01:24	00:24:55	00:48:39	<b>01:12:15.20</b>	<b>01:12:15.20</b>	+00:26:05	5:33	10.8
189	<b>KORDALSKI Emil</b>	<b>218</b>	DWSZDR	M2 30-39 lat	43			00:00:33	00:23:05	00:47:24	<b>01:12:16.95</b>	<b>01:12:16.95</b>	+00:26:06	5:33	10.8
190	<b>PROKOPIUK Grzegorz</b>	<b>360</b>	SZWAGRY DWA	M3 40-49 lat	75	Tak		00:00:34	00:24:46	00:48:15	<b>01:12:18.90</b>	<b>01:12:18.90</b>	+00:26:08	5:33	10.8
191	<b>BARANOWSKI Łukasz</b>	<b>25</b>		M2 30-39 lat	44			00:00:55	00:24:31	00:47:46	<b>01:12:24.90</b>	<b>01:12:24.90</b>	+00:26:14	5:34	10.8
192	<b>BORUSZEWSKI Maciej</b>	<b>52</b>		M3 40-49 lat	76			00:01:02	00:24:34	00:48:51	<b>01:12:29.65</b>	<b>01:12:29.65</b>	+00:26:19	5:34	10.8
193	<b>TURCZYŃSKA Monika</b>	<b>447</b>		K3 40-49 lat	17			00:00:40	00:23:52	00:48:01	<b>01:12:30.95</b>	<b>01:12:30.95</b>	+00:26:20	5:34	10.8
194	<b>MATYSZCZAK Krzysztof</b>	<b>287</b>	KENKO	M3 40-49 lat	77			00:01:03	00:27:54	00:50:57	<b>01:12:37.85</b>	<b>01:12:37.85</b>	+00:26:27	5:35	10.7
195	<b>TULA Renata</b>	<b>469</b>		70+	2			00:00:49	00:24:26	00:48:31	<b>01:12:39.00</b>	<b>01:12:39.00</b>	+00:26:28	5:35	10.7
196	<b>JONKO Marcin</b>	<b>165</b>		M3 40-49 lat	78			00:01:08	00:25:45	00:49:28	<b>01:12:42.70</b>	<b>01:12:42.70</b>	+00:26:32	5:35	10.7
197	<b>KOŁOSOWSKI Piotr</b>	<b>213</b>		M3 40-49 lat	79			00:00:56	00:25:35	00:50:15	<b>01:12:42.75</b>	<b>01:12:42.75</b>	+00:26:32	5:35	10.7
198	<b>CIMOCHOWSKA-ŚWITALSKA Magdalena</b>	<b>70</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	18	Tak		00:01:04	00:24:56	00:48:58	<b>01:12:50.10</b>	<b>01:12:50.10</b>	+00:26:40	5:36	10.7
199	<b>KARASIEWICZ Łukasz</b>	<b>187</b>	SZURAM KILOMETRY / KB OŻARÓW MAZOWIECKI BIEGA	M2 30-39 lat	45			00:01:06	00:24:27	00:48:43	<b>01:12:56.15</b>	<b>01:12:56.15</b>	+00:26:46	5:36	10.7
200	<b>STEMPEL Tomasz</b>	<b>419</b>		M3 40-49 lat	80			00:01:28	00:25:53	00:49:33	<b>01:12:59.45</b>	<b>01:12:59.45</b>	+00:26:49	5:36	10.7
201	<b>MILCZAREK Tomasz</b>	<b>300</b>		M2 30-39 lat	46	Tak		00:01:23	00:24:55	00:48:39	<b>01:13:00.10</b>	<b>01:13:00.10</b>	+00:26:50	5:36	10.7
202	<b>GRUBKAJTYS Henryk</b>	<b>128</b>		M1 < 29 lat	6	Tak		00:00:31	00:22:44	00:46:47	<b>01:13:06.40</b>	<b>01:13:06.40</b>	+00:26:56	5:37	10.7
203	<b>NOSARZEWSKI Mariusz</b>	<b>315</b>	GB PRESS	M3 40-49 lat	81			00:01:06	00:24:26	00:48:41	<b>01:13:15.10</b>	<b>01:13:15.10</b>	+00:27:05	5:38	10.6
204	<b>MIKINA Artur</b>	<b>298</b>	GUNS N' ROSES RUN TEAM	M5 60+	8			00:00:40	00:24:41	00:48:50	<b>01:13:22.60</b>	<b>01:13:22.60</b>	+00:27:12	5:38	10.6
205	<b>BARDZIŃSKI Łukasz</b>	<b>26</b>		M2 30-39 lat	47	Tak		00:01:30	00:24:48	00:48:51	<b>01:13:39.55</b>	<b>01:13:39.55</b>	+00:27:29	5:39	10.6
206	<b>GOZDZIKIEWICZ Błażej</b>	<b>121</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	82	Tak		00:00:50	00:24:54	00:49:43	<b>01:13:43.05</b>	<b>01:13:43.05</b>	+00:27:33	5:40	10.6
207	<b>DZYRUK Maciej</b>	<b>92</b>		M2 30-39 lat	48			00:01:13	00:25:44	00:49:57	<b>01:13:49.25</b>	<b>01:13:49.25</b>	+00:27:39	5:40	10.6
208	<b>WALCZUK Magda</b>	<b>475</b>	BRAK	K2 30-39 lat	14	Tak		00:00:39	00:24:27	00:48:52	<b>01:14:01.85</b>	<b>01:14:01.85</b>	+00:27:51	5:41	10.5
209	<b>KOĆ Marcin</b>	<b>209</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	83			00:01:09	00:25:18	00:49:39	<b>01:14:02.35</b>	<b>01:14:02.35</b>	+00:27:52	5:41	10.5
210	<b>ADAMCZUK Agnieszka</b>	<b>12</b>	MARKOWI BIEGACZE	K3 40-49 lat	19			00:00:50	00:24:24	00:49:46	<b>01:14:03.80</b>	<b>01:14:03.80</b>	+00:27:53	5:41	10.5
211	<b>WYRWAS Tadeusz</b>	<b>504</b>	PGP SPORTOWA PACZKA	M5 60+	9			00:01:03	00:25:53	00:50:17	<b>01:14:04.55</b>	<b>01:14:04.55</b>	+00:27:54	5:41	10.5



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
212	<b>DWOJAK Piotr</b>	<b>437</b>		M2 30-39 lat	49			00:00:41	00:24:02	00:48:46	<b>01:14:09.55</b>	<b>01:14:09.55</b>	+00:27:59	5:42	10.5
213	<b>KOSMALA Dariusz</b>	<b>223</b>		M4 50-59	21			00:00:45	00:24:54	00:49:29	<b>01:14:12.45</b>	<b>01:14:12.45</b>	+00:28:02	5:42	10.5
214	<b>MICHALIK Katarzyna</b>	<b>428</b>	TO NATURALNE	K2 30-39 lat	15	Tak		00:01:09	00:24:56	00:49:26	<b>01:14:17.70</b>	<b>01:14:17.70</b>	+00:28:07	5:42	10.5
215	<b>WCISŁO Marcin</b>	<b>480</b>		M3 40-49 lat	84			00:01:08	00:24:57	00:49:27	<b>01:14:19.45</b>	<b>01:14:19.45</b>	+00:28:09	5:43	10.5
215	<b>BITOWSKI Hubert</b>	<b>46</b>		M3 40-49 lat	84			00:01:10	00:25:27	00:50:12	<b>01:14:19.45</b>	<b>01:14:19.45</b>	+00:28:09	5:43	10.5
217	<b>KOSECKI Jakub</b>	<b>415</b>		M3 40-49 lat	86			00:01:30	00:27:56	00:51:24	<b>01:14:20.65</b>	<b>01:14:20.65</b>	+00:28:10	5:43	10.5
218	<b>ISASI-KURAN Agata</b>	<b>143</b>	MARKOWI BIEGACZE	K3 40-49 lat	20			00:01:03	00:26:09	00:50:29	<b>01:14:28.95</b>	<b>01:14:28.95</b>	+00:28:18	5:43	10.5
219	<b>TRZASKO Ania</b>	<b>466</b>		K2 30-39 lat	16			00:00:43	00:24:58	00:49:52	<b>01:14:39.70</b>	<b>01:14:39.70</b>	+00:28:29	5:44	10.4
220	<b>ORNOWSKA Joanna</b>	<b>329</b>		K1 < 29 lat	4			00:00:42	00:23:33	00:49:04	<b>01:14:41.75</b>	<b>01:14:41.75</b>	+00:28:31	5:44	10.4
221	<b>KARWECKI Patryk</b>	<b>194</b>		M2 30-39 lat	50	Tak		00:01:03	00:24:33	00:49:06	<b>01:14:41.90</b>	<b>01:14:41.90</b>	+00:28:31	5:44	10.4
222	<b>MYŚLIŃSKA Anna</b>	<b>123</b>	BIAŁOŁĘKA JEST KOBIETĄ	K3 40-49 lat	21	Tak	Tak	00:00:56	00:25:12	00:50:00	<b>01:14:42.80</b>	<b>01:14:42.80</b>	+00:28:32	5:44	10.4
223	<b>ZUBELEWICZ-JERUZALSKA Anna</b>	<b>516</b>		K2 30-39 lat	17	Tak		00:00:51	00:24:52	00:49:56	<b>01:14:44.10</b>	<b>01:14:44.10</b>	+00:28:34	5:44	10.4
224	<b>MACURA Michał</b>	<b>276</b>		M3 40-49 lat	87	Tak		00:00:55	00:25:19	00:50:15	<b>01:15:04.20</b>	<b>01:15:04.20</b>	+00:28:54	5:46	10.4
225	<b>TRZCIŃSKI Michał</b>	<b>468</b>		M1 < 29 lat	7			00:01:12	00:26:04	00:50:45	<b>01:15:05.75</b>	<b>01:15:05.75</b>	+00:28:55	5:46	10.4
226	<b>ŚWIDERSKI Darek</b>	<b>453</b>	POLYPHARM	M4 50-59	22			00:00:49	00:24:18	00:48:39	<b>01:15:06.90</b>	<b>01:15:06.90</b>	+00:28:56	5:46	10.4
227	<b>MIŁOSZ Marek</b>	<b>301</b>		M4 50-59	23	Tak		00:01:25	00:25:53	00:50:25	<b>01:15:09.40</b>	<b>01:15:09.40</b>	+00:28:59	5:46	10.4
228	<b>CZAJKOWSKI Rafał</b>	<b>73</b>	EKOBIEGI	M3 40-49 lat	88	Tak		00:01:04	00:28:21	00:51:52	<b>01:15:16.40</b>	<b>01:15:16.40</b>	+00:29:06	5:47	10.4
228	<b>HRYCIUK Katarzyna</b>	<b>141</b>	EKOBIEGI	K3 40-49 lat	22			00:01:02	00:27:54	00:51:52	<b>01:15:16.40</b>	<b>01:15:16.40</b>	+00:29:06	5:47	10.4
230	<b>LODOWSKA Ilona</b>	<b>263</b>		K3 40-49 lat	23			00:00:53	00:25:03	00:50:16	<b>01:15:28.60</b>	<b>01:15:28.60</b>	+00:29:18	5:48	10.3
231	<b>PIKULIŃSKA Iwona</b>	<b>345</b>		K2 30-39 lat	18	Tak		00:01:18	00:25:56	00:50:46	<b>01:15:31.05</b>	<b>01:15:31.05</b>	+00:29:21	5:48	10.3
232	<b>ZAKRZEWSKI Marek</b>	<b>439</b>		M4 50-59	24			00:01:03	00:28:15	00:52:02	<b>01:15:33.45</b>	<b>01:15:33.45</b>	+00:29:23	5:48	10.3
233	<b>SUCHODOLSKI Mariusz</b>	<b>426</b>	BIEGIEM NA KAWĘ	M4 50-59	25	Tak		00:01:27	00:26:45	00:51:43	<b>01:15:35.70</b>	<b>01:15:35.70</b>	+00:29:25	5:48	10.3
234	<b>KURZACZ Katarzyna</b>	<b>251</b>	12TRI.PL	K4 50-59 lat	8			00:00:47	00:25:51	00:50:40	<b>01:15:36.60</b>	<b>01:15:36.60</b>	+00:29:26	5:48	10.3
235	<b>WOSIK Jerzy</b>	<b>493</b>	DANIEL WOSIK TERVEL MOUNTAIN RUNNER	M3 40-49 lat	89			00:01:24	00:27:53	00:51:40	<b>01:15:40.55</b>	<b>01:15:40.55</b>	+00:29:30	5:49	10.3
236	<b>OGRODNICZUK Józef</b>	<b>323</b>		M5 60+	10			00:01:11	00:26:06	00:50:47	<b>01:15:48.05</b>	<b>01:15:48.05</b>	+00:29:38	5:49	10.3
237	<b>SZCZYGIEŁ Piotr</b>	<b>436</b>		M3 40-49 lat	90			00:00:40	00:24:23	00:50:43	<b>01:15:59.85</b>	<b>01:15:59.85</b>	+00:29:49	5:50	10.3
237	<b>KRUPIŃSKA-SZCZYGIEŁ Wiola</b>	<b>239</b>		K1 < 29 lat	5			00:00:39	00:24:25	00:50:42	<b>01:15:59.85</b>	<b>01:15:59.85</b>	+00:29:49	5:50	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
239	<b>SYNOWIEC Dorota</b>	<b>432</b>		K3 40-49 lat	24			00:01:04	00:25:55	00:51:01	<b>01:16:02.75</b>	<b>01:16:02.75</b>	+00:29:52	5:50	10.3
240	<b>WIECZOREK Dariusz</b>	<b>482</b>		M4 50-59	26			00:03:26	00:28:14	00:52:42	<b>01:16:05.95</b>	<b>01:16:05.95</b>	+00:29:55	5:51	10.3
241	<b>BUJNICKI Kazimierz</b>	<b>58</b>	MORSY ZIELONKA	M4 50-59	27			00:00:50	00:25:52	00:51:32	<b>01:16:10.95</b>	<b>01:16:10.95</b>	+00:30:00	5:51	10.2
242	<b>OSTAPIŃSKA Magda</b>	<b>334</b>	OSTRESROKI	K4 50-59 lat	9			00:01:01	00:26:28	00:51:29	<b>01:16:12.85</b>	<b>01:16:12.85</b>	+00:30:02	5:51	10.2
243	<b>BAKUŁA Wiesław</b>	<b>23</b>	WAMPIR	M4 50-59	28	Tak		00:00:32	00:24:46	00:50:13	<b>01:16:26.25</b>	<b>01:16:26.25</b>	+00:30:16	5:52	10.2
244	<b>BAJDAŁA Robert</b>	<b>21</b>		M2 30-39 lat	51			00:01:13	00:27:41	00:52:26	<b>01:16:38.05</b>	<b>01:16:38.05</b>	+00:30:28	5:53	10.2
245	<b>MALANOWICZ Michał</b>	<b>280</b>		M2 30-39 lat	52			00:01:13	00:27:41	00:52:26	<b>01:16:39.20</b>	<b>01:16:39.20</b>	+00:30:29	5:53	10.2
246	<b>RUBIN-SZYMAŃSKI Łukasz Ryszard</b>	<b>371</b>	ŁOMIANKOWSKS GRUPA BIEGOWA/ OSP ŁOMIANKI	M2 30-39 lat	53			00:01:20	00:23:42	00:48:29	<b>01:16:42.25</b>	<b>01:16:42.25</b>	+00:30:32	5:54	10.2
247	<b>DOBOSZ Aneta</b>	<b>82</b>	WŚCIEKŁE PIĘŚCI WĘŻA	K2 30-39 lat	19	Tak		00:01:22	00:26:34	00:51:21	<b>01:16:45.10</b>	<b>01:16:45.10</b>	+00:30:35	5:54	10.2
248	<b>GUZIŃSKA Ola</b>	<b>134</b>		K3 40-49 lat	25			00:00:49	00:25:50	00:51:08	<b>01:16:52.25</b>	<b>01:16:52.25</b>	+00:30:42	5:54	10.1
249	<b>NOBERT Marta</b>	<b>313</b>		K3 40-49 lat	26	Tak		00:00:45	00:25:50	00:51:47	<b>01:16:52.30</b>	<b>01:16:52.30</b>	+00:30:42	5:54	10.1
250	<b>STANISZEWSKI Rafał</b>	<b>416</b>	TURBODZIKI	M3 40-49 lat	91	Tak		00:00:47	00:26:34	00:51:53	<b>01:16:53.40</b>	<b>01:16:53.40</b>	+00:30:43	5:54	10.1
251	<b>WĄSIK Izabela</b>	<b>479</b>	BEMOWO BIEGA	K4 50-59 lat	10			00:00:50	00:25:50	00:51:07	<b>01:16:53.70</b>	<b>01:16:53.70</b>	+00:30:43	5:54	10.1
252	<b>TELEGA Janusz</b>	<b>456</b>	WAT	M5 60+	11			00:01:07	00:26:10	00:51:24	<b>01:16:57.75</b>	<b>01:16:57.75</b>	+00:30:47	5:55	10.1
253	<b>KATNER Tomasz</b>	<b>195</b>		M3 40-49 lat	92			00:00:58	00:26:06	00:51:51	<b>01:17:01.70</b>	<b>01:17:01.70</b>	+00:30:51	5:55	10.1
254	<b>KUCIŃSKI Łukasz</b>	<b>244</b>		M3 40-49 lat	93			00:00:52	00:25:04	00:50:36	<b>01:17:17.25</b>	<b>01:17:17.25</b>	+00:31:07	5:56	10.1
255	<b>BAK Hubert</b>	<b>33</b>	BRACTWO BIEGOWE BGK	M2 30-39 lat	54	Tak		00:00:59	00:25:12	00:50:38	<b>01:17:17.55</b>	<b>01:17:17.55</b>	+00:31:07	5:56	10.1
256	<b>BAK Andrzej</b>	<b>34</b>		M4 50-59	29			00:00:57	00:25:12	00:50:41	<b>01:17:18.55</b>	<b>01:17:18.55</b>	+00:31:08	5:56	10.1
257	<b>KACZMAREK Katarzyna</b>	<b>171</b>	MARKOWI BIEGACZE	K2 30-39 lat	20			00:01:04	00:26:44	00:52:10	<b>01:17:31.00</b>	<b>01:17:31.00</b>	+00:31:20	5:57	10.1
258	<b>MUCHA Grzegorz</b>	<b>310</b>		M5 60+	12	Tak		00:01:02	00:26:28	00:51:36	<b>01:17:47.70</b>	<b>01:17:47.70</b>	+00:31:37	5:59	10
259	<b>LEZNER Karolina</b>	<b>262</b>		K2 30-39 lat	21	Tak		00:00:40	00:26:02	00:51:51	<b>01:17:55.15</b>	<b>01:17:55.15</b>	+00:31:45	5:59	10
260	<b>CHOJNOWSKI Andrzej</b>	<b>63</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	94	Tak		00:01:08	00:27:15	00:52:47	<b>01:18:13.40</b>	<b>01:18:13.40</b>	+00:32:03	6:01	10
261	<b>SROCZYŃSKA Emilia</b>	<b>414</b>		K2 30-39 lat	22	Tak		00:00:46	00:26:15	00:52:28	<b>01:18:26.05</b>	<b>01:18:26.05</b>	+00:32:16	6:02	9.9
262	<b>GAWEŁ Dorota</b>	<b>107</b>		K3 40-49 lat	27			00:01:06	00:26:21	00:52:12	<b>01:18:31.35</b>	<b>01:18:31.35</b>	+00:32:21	6:02	9.9
263	<b>KUJAWA Agnieszka</b>	<b>245</b>		K3 40-49 lat	28			00:00:47	00:26:20	00:52:32	<b>01:18:33.70</b>	<b>01:18:33.70</b>	+00:32:23	6:02	9.9
264	<b>STEPANIUK Robert</b>	<b>420</b>		M2 30-39 lat	55			00:00:42	00:25:48	00:52:11	<b>01:18:38.75</b>	<b>01:18:38.75</b>	+00:32:28	6:02	9.9
265	<b>GALIŃSKA Magdalena</b>	<b>104</b>		K2 30-39 lat	23			00:00:33	00:25:49	00:51:50	<b>01:18:46.55</b>	<b>01:18:46.55</b>	+00:32:36	6:03	9.9
266	<b>WITEK Małgorzata</b>	<b>489</b>		K3 40-49 lat	29	Tak		00:00:46	00:26:15	00:52:29	<b>01:18:59.50</b>	<b>01:18:59.50</b>	+00:32:49	6:04	9.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
267	<b>MAREK Roman</b>	<b>284</b>	GUNS & ROSES RUN TEAM	M5 60+	13			00:00:44	00:25:57	00:52:31	<b>01:19:00.85</b>	<b>01:19:00.85</b>	+00:32:50	6:04	9.9
268	<b>ADAMKIEWICZ Marcin</b>	<b>14</b>		M3 40-49 lat	95	Tak		00:00:33	00:25:29	00:51:09	<b>01:19:09.05</b>	<b>01:19:09.05</b>	+00:32:59	6:05	9.9
269	<b>ZYGADŁO Piotr</b>	<b>518</b>		M3 40-49 lat	96			00:00:46	00:27:43	00:53:47	<b>01:19:20.95</b>	<b>01:19:20.95</b>	+00:33:10	6:06	9.8
270	<b>NOWAK Marcin</b>	<b>318</b>		M3 40-49 lat	97	Tak		00:01:26	00:27:39	00:53:40	<b>01:19:22.75</b>	<b>01:19:22.75</b>	+00:33:12	6:06	9.8
271	<b>CZARTORYSKA Anna</b>	<b>407</b>		K3 40-49 lat	30	Tak		00:00:45	00:25:35	00:52:23	<b>01:19:24.35</b>	<b>01:19:24.35</b>	+00:33:14	6:06	9.8
272	<b>OWOC Magdalena</b>	<b>339</b>	BIEGAJ POD OKIEM TRENERA	K2 30-39 lat	24	Tak		00:00:46	00:26:14	00:52:24	<b>01:19:24.50</b>	<b>01:19:24.50</b>	+00:33:14	6:06	9.8
273	<b>KOWALCZYK Mateusz</b>	<b>228</b>		M1 < 29 lat	8			00:01:25	00:27:12	00:52:57	<b>01:19:27.45</b>	<b>01:19:27.45</b>	+00:33:17	6:06	9.8
274	<b>MŁYŃCZYK Adriana</b>	<b>304</b>		K3 40-49 lat	31	Tak		00:00:37	00:26:02	00:52:25	<b>01:19:27.55</b>	<b>01:19:27.55</b>	+00:33:17	6:06	9.8
275	<b>OSIŃSKI Zbigniew</b>	<b>333</b>	BIEGAM BO LUBIĘ	M3 40-49 lat	98	Tak		00:00:37	00:26:01	00:52:25	<b>01:19:27.85</b>	<b>01:19:27.85</b>	+00:33:17	6:06	9.8
276	<b>KOCIK Elżbieta</b>	<b>4</b>		K3 40-49 lat	32	Tak		00:01:22	00:28:08	00:54:01	<b>01:19:32.60</b>	<b>01:19:32.60</b>	+00:33:22	6:07	9.8
277	<b>SIERZPUTOWSKA Ewa</b>	<b>388</b>	GUNS & ROSES RUN TEAM	K4 50-59 lat	11			00:00:43	00:26:26	00:52:39	<b>01:19:39.15</b>	<b>01:19:39.15</b>	+00:33:29	6:07	9.8
278	<b>MARCZAK Grażyna</b>	<b>283</b>	LECZO TEAM	K5 60 +	1			00:00:40	00:26:30	00:52:41	<b>01:19:43.55</b>	<b>01:19:43.55</b>	+00:33:33	6:07	9.8
279	<b>TUMIŃSKI Artur</b>	<b>470</b>		M3 40-49 lat	99	Tak		00:01:07	00:26:36	00:52:32	<b>01:19:44.60</b>	<b>01:19:44.60</b>	+00:33:34	6:08	9.8
280	<b>OSIŃSKI Stanisław</b>	<b>332</b>		70+	3			00:00:48	00:27:30	00:54:03	<b>01:19:55.80</b>	<b>01:19:55.80</b>	+00:33:45	6:08	9.8
281	<b>STROMECKI Marcin</b>	<b>424</b>	BFM	M2 30-39 lat	56	Tak		00:01:39	00:28:26	00:55:10	<b>01:19:59.95</b>	<b>01:19:59.95</b>	+00:33:49	6:09	9.8
282	<b>CYBULSKI Adam</b>	<b>72</b>	RWKLL	M5 60+	14			00:00:48	00:25:39	00:51:46	<b>01:20:04.50</b>	<b>01:20:04.50</b>	+00:33:54	6:09	9.7
283	<b>ORŁOWSKI Tomasz</b>	<b>328</b>		M2 30-39 lat	57			00:01:17	00:28:21	00:54:45	<b>01:20:18.80</b>	<b>01:20:18.80</b>	+00:34:08	6:10	9.7
284	<b>ŁUCZAK Piotr</b>	<b>271</b>	PKO BANK POLSKI	M3 40-49 lat	100	Tak		00:00:54	00:25:40	00:52:37	<b>01:20:28.20</b>	<b>01:20:28.20</b>	+00:34:18	6:11	9.7
285	<b>ŁUCZAK Małgorzata</b>	<b>270</b>	RUNNERSI ZE SKARBKA	K3 40-49 lat	33	Tak		00:00:53	00:25:52	00:52:44	<b>01:20:28.40</b>	<b>01:20:28.40</b>	+00:34:18	6:11	9.7
286	<b>TORZEWSKI Janusz</b>	<b>462</b>	BEMOWO BIEGA	M3 40-49 lat	101			00:01:07	00:27:51	00:54:47	<b>01:20:57.50</b>	<b>01:20:57.50</b>	+00:34:47	6:13	9.6
287	<b>TORZEWSKA Agnieszka</b>	<b>461</b>		K3 40-49 lat	34			00:01:07	00:27:51	00:54:48	<b>01:20:57.65</b>	<b>01:20:57.65</b>	+00:34:47	6:13	9.6
288	<b>SZULAWSKI Robert</b>	<b>440</b>	GSD.RUNNERS.	M4 50-59	30			00:00:57	00:27:09	00:55:01	<b>01:21:14.30</b>	<b>01:21:14.30</b>	+00:35:04	6:14	9.6
289	<b>NOSKIEWICZ Krzysztof</b>	<b>316</b>		M3 40-49 lat	102			00:00:57	00:27:10	00:54:25	<b>01:21:14.80</b>	<b>01:21:14.80</b>	+00:35:04	6:14	9.6
290	<b>KOSEWSKA Dorota</b>	<b>220</b>	BIEGAM NA TARCHOMINIE	K4 50-59 lat	12	Tak		00:01:09	00:27:33	00:54:26	<b>01:21:46.90</b>	<b>01:21:46.90</b>	+00:35:36	6:17	9.5
291	<b>KOSTRZEWSKI Piotr</b>	<b>224</b>		M4 50-59	31			00:01:29	00:27:55	00:54:42	<b>01:22:01.80</b>	<b>01:22:01.80</b>	+00:35:51	6:18	9.5
292	<b>SUWALD Andrzej</b>	<b>429</b>		M5 60+	15			00:01:16	00:28:20	00:55:42	<b>01:22:57.25</b>	<b>01:22:57.25</b>	+00:36:47	6:22	9.4
293	<b>KACZYŃSKA Paula</b>	<b>173</b>		K1 < 29 lat	6	Tak		00:01:07	00:28:22	00:55:43	<b>01:23:04.25</b>	<b>01:23:04.25</b>	+00:36:54	6:23	9.4
294	<b>JOŃCZYK Stanisław</b>	<b>166</b>		M4 50-59	32			00:01:10	00:28:21	00:55:43	<b>01:23:07.25</b>	<b>01:23:07.25</b>	+00:36:57	6:23	9.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
295	<b>ZYBULA Maciej Leonard</b>	<b>517</b>	BEES & HONEY	M2 30-39 lat	58	Tak		00:00:26	00:26:37	00:54:36	<b>01:23:47.75</b>	<b>01:23:47.75</b>	+00:37:37	6:26	9.3
296	<b>CZUPTA Hirek</b>	<b>76</b>	KLUB ROGATEGO MORSA	M3 40-49 lat	103			00:00:53	00:28:00	00:56:15	<b>01:23:48.80</b>	<b>01:23:48.80</b>	+00:37:38	6:26	9.3
297	<b>MIASTOWSKI Rafał</b>	<b>18</b>	SŁOŃ B	M4 50-59	33			00:01:23	00:29:21	00:57:17	<b>01:23:56.45</b>	<b>01:23:56.45</b>	+00:37:46	6:27	9.3
298	<b>BEBNOWICZ Andrzej</b>	<b>37</b>		M5 60+	16			00:01:24	00:28:25	00:56:14	<b>01:24:01.75</b>	<b>01:24:01.75</b>	+00:37:51	6:27	9.3
299	<b>SIKORSKA Agnieszka</b>	<b>390</b>	EKOBIEGI	K3 40-49 lat	35	Tak		00:01:03	00:28:00	00:55:35	<b>01:24:22.10</b>	<b>01:24:22.10</b>	+00:38:12	6:29	9.2
300	<b>TRZCIŃSKA Iwona</b>	<b>467</b>		K4 50-59 lat	13			00:01:12	00:28:45	00:56:10	<b>01:24:24.85</b>	<b>01:24:24.85</b>	+00:38:14	6:29	9.2
301	<b>SUCHORZEWSKI Norbert</b>	<b>427</b>		M3 40-49 lat	104			00:01:28	00:28:15	00:55:34	<b>01:24:24.95</b>	<b>01:24:24.95</b>	+00:38:14	6:29	9.2
302	<b>SOWA Andrzej</b>	<b>412</b>		M3 40-49 lat	105			00:00:49	00:27:55	00:56:08	<b>01:24:27.90</b>	<b>01:24:27.90</b>	+00:38:17	6:29	9.2
303	<b>HEBDA Bartłomiej</b>	<b>138</b>		M3 40-49 lat	106			00:01:33	00:30:10	00:57:07	<b>01:24:29.85</b>	<b>01:24:29.85</b>	+00:38:19	6:29	9.2
304	<b>HEBDA Agata</b>	<b>137</b>		K3 40-49 lat	36			00:01:18	00:29:12	00:57:12	<b>01:24:38.45</b>	<b>01:24:38.45</b>	+00:38:28	6:30	9.2
305	<b>KAMIŃSKA Anna</b>	<b>177</b>		K3 40-49 lat	37		Tak	00:01:16	00:29:06	00:57:03	<b>01:24:50.05</b>	<b>01:24:50.05</b>	+00:38:40	6:31	9.2
306	<b>KAMIŃSKI Marcin</b>	<b>178</b>		M3 40-49 lat	107			00:01:16	00:29:06	00:57:03	<b>01:24:50.35</b>	<b>01:24:50.35</b>	+00:38:40	6:31	9.2
307	<b>ŁOZOWSKI Robert</b>	<b>269</b>		M3 40-49 lat	108	Tak		00:00:44	00:27:31	00:55:55	<b>01:25:01.45</b>	<b>01:25:01.45</b>	+00:38:51	6:32	9.2
308	<b>ZIARKO Joanna</b>	<b>513</b>		K3 40-49 lat	38			00:00:56	00:27:49	00:55:56	<b>01:25:12.35</b>	<b>01:25:12.35</b>	+00:39:02	6:33	9.2
309	<b>RUCYK Justyna</b>	<b>372</b>		K3 40-49 lat	39			00:01:17	00:28:07	00:56:06	<b>01:25:13.90</b>	<b>01:25:13.90</b>	+00:39:03	6:33	9.2
310	<b>JUSZCZAK Kamil</b>	<b>169</b>		M1 < 29 lat	9			00:01:13	00:29:50	00:58:00	<b>01:25:17.00</b>	<b>01:25:17.00</b>	+00:39:06	6:33	9.1
311	<b>TYBURC Paweł</b>	<b>69</b>	RADA DZIELNICY BIAŁOLEKA	M3 40-49 lat	109	Tak		00:01:21	00:28:08	00:56:06	<b>01:25:25.80</b>	<b>01:25:25.80</b>	+00:39:15	6:34	9.1
312	<b>DRZEWIECKA Joanna</b>	<b>89</b>		K4 50-59 lat	14			00:01:14	00:29:37	00:57:55	<b>01:25:34.90</b>	<b>01:25:34.90</b>	+00:39:24	6:34	9.1
313	<b>SIEWK Ewa</b>	<b>540</b>		K4 50-59 lat	15			00:01:09	00:29:38	00:57:20	<b>01:25:41.50</b>	<b>01:25:41.50</b>	+00:39:31	6:35	9.1
314	<b>PRĘGOWSKI Grzegorz</b>	<b>359</b>	EKOBIEGI	M4 50-59	34			00:00:57	00:28:01	00:56:23	<b>01:25:42.05</b>	<b>01:25:42.05</b>	+00:39:32	6:35	9.1
315	<b>KWIECIEŃ Agata</b>	<b>253</b>		K4 50-59 lat	16	Tak		00:01:15	00:29:20	00:58:00	<b>01:26:05.00</b>	<b>01:26:05.00</b>	+00:39:54	6:37	9.1
316	<b>LEŚKO Jarek</b>	<b>258</b>		M3 40-49 lat	110	Tak		00:01:25	00:29:22	00:56:58	<b>01:26:17.25</b>	<b>01:26:17.25</b>	+00:40:07	6:38	9
317	<b>KONFEDERAK Agnieszka</b>	<b>215</b>	MARKOWI BIEGACZE	K3 40-49 lat	40			00:01:04	00:27:50	00:56:03	<b>01:26:25.05</b>	<b>01:26:25.05</b>	+00:40:15	6:38	9
318	<b>SOŁDECKA Anna</b>	<b>411</b>	SLOW JOGGING BIAŁOLEKA	K4 50-59 lat	17	Tak		00:01:37	00:31:07	00:59:10	<b>01:26:48.20</b>	<b>01:26:48.20</b>	+00:40:38	6:40	9
319	<b>JERZAK Eryk</b>	<b>162</b>		M5 60+	17			00:01:22	00:28:25	00:56:14	<b>01:26:54.15</b>	<b>01:26:54.15</b>	+00:40:44	6:41	9
320	<b>LEWANDOWSKA Monika</b>	<b>259</b>	BIEGAM NA BIAŁOLECE	K3 40-49 lat	41	Tak		00:00:40	00:28:07	00:57:25	<b>01:26:55.35</b>	<b>01:26:55.35</b>	+00:40:45	6:41	9
321	<b>ŁOZOWSKA Dorota</b>	<b>268</b>		K3 40-49 lat	42	Tak		00:00:44	00:28:40	00:57:32	<b>01:27:04.10</b>	<b>01:27:04.10</b>	+00:40:54	6:41	9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
322	<b>WINIARSKA Izabela</b>	<b>7</b>	IZAGÓRĄ	K3 40-49 lat	43	Tak		00:01:23	00:29:09	00:57:25	<b>01:27:05.55</b>	<b>01:27:05.55</b>	+00:40:55	6:41	9
323	<b>SZWARC Anna</b>	<b>442</b>		K3 40-49 lat	44	Tak		00:00:41	00:28:07	00:57:25	<b>01:27:12.30</b>	<b>01:27:12.30</b>	+00:41:02	6:42	8.9
324	<b>RUSIN Bartosz</b>	<b>374</b>		M3 40-49 lat	111			00:01:25	00:29:25	00:57:58	<b>01:27:13.50</b>	<b>01:27:13.50</b>	+00:41:03	6:42	8.9
325	<b>BERNAT Sebastian</b>	<b>40</b>	STARE WILKI	M3 40-49 lat	112			00:01:14	00:30:14	00:57:54	<b>01:28:00.75</b>	<b>01:28:00.75</b>	+00:41:50	6:46	8.9
326	<b>PIĘNKOSZ Monika</b>	<b>344</b>		K1 < 29 lat	7	Tak		00:01:08	00:29:58	00:58:06	<b>01:28:05.80</b>	<b>01:28:05.80</b>	+00:41:55	6:46	8.9
327	<b>GRYGOWSKA Beata</b>	<b>129</b>		K3 40-49 lat	45			00:00:45	00:27:54	00:58:01	<b>01:28:18.55</b>	<b>01:28:18.55</b>	+00:42:08	6:47	8.8
328	<b>TOMASZEWSKA Mariola</b>	<b>460</b>	BIEGAM DLA SIEBIE	K4 50-59 lat	18			00:01:06	00:30:55	00:59:21	<b>01:28:18.85</b>	<b>01:28:18.85</b>	+00:42:08	6:47	8.8
329	<b>JAROSZEWSKI Łukasz</b>	<b>160</b>		M1 < 29 lat	10			00:01:10	00:28:33	00:58:33	<b>01:29:30.95</b>	<b>01:29:30.95</b>	+00:43:20	6:53	8.7
330	<b>JAROSZEWSKI Konrad</b>	<b>159</b>		M2 30-39 lat	59			00:01:10	00:28:32	00:58:33	<b>01:29:31.90</b>	<b>01:29:31.90</b>	+00:43:21	6:53	8.7
331	<b>JEŻMAŃSKI Sławek</b>	<b>164</b>		M3 40-49 lat	113	Tak		00:01:27	00:30:57	01:00:28	<b>01:30:08.55</b>	<b>01:30:08.55</b>	+00:43:58	6:56	8.7
332	<b>ŻUCHOWSKI Artur</b>	<b>520</b>	MY MIESZKAŃCY LEGIONOWO	M3 40-49 lat	114			00:01:19	00:29:36	00:59:10	<b>01:30:09.70</b>	<b>01:30:09.70</b>	+00:43:59	6:56	8.7
333	<b>CICHECKA Aneta</b>	<b>67</b>		K3 40-49 lat	46			00:01:23	00:31:09	01:00:29	<b>01:30:30.80</b>	<b>01:30:30.80</b>	+00:44:20	6:57	8.6
334	<b>BĄCZEK Anna</b>	<b>32</b>		K3 40-49 lat	47		Tak	00:00:51	00:29:32	00:59:41	<b>01:31:03.35</b>	<b>01:31:03.35</b>	+00:44:53	7:00	8.6
335	<b>WOŹNIAK Marcin</b>	<b>496</b>		M3 40-49 lat	115			00:01:28	00:31:19	01:01:50	<b>01:32:04.85</b>	<b>01:32:04.85</b>	+00:45:54	7:04	8.5
336	<b>FERUŚ Ula</b>	<b>95</b>		K2 30-39 lat	25	Tak		00:00:58	00:30:15	01:01:26	<b>01:32:35.85</b>	<b>01:32:35.85</b>	+00:46:25	7:07	8.4
337	<b>BEDNARZAK Tadeusz</b>	<b>38</b>	YULO RUN TEAM SIEDLCE	M5 60+	18			00:01:23	00:31:16	01:02:00	<b>01:32:53.60</b>	<b>01:32:53.60</b>	+00:46:43	7:08	8.4
338	<b>SIMIŃSKA Marta</b>	<b>392</b>		K3 40-49 lat	48			00:01:20	00:31:30	01:01:48	<b>01:32:56.85</b>	<b>01:32:56.85</b>	+00:46:46	7:08	8.4
339	<b>POPENDA Dagmara</b>	<b>355</b>		K3 40-49 lat	49			00:01:21	00:31:30	01:01:49	<b>01:32:57.00</b>	<b>01:32:57.00</b>	+00:46:46	7:09	8.4
340	<b>WINDER Agnieszka</b>	<b>486</b>		K3 40-49 lat	50	Tak		00:01:06	00:30:28	01:00:51	<b>01:33:21.55</b>	<b>01:33:21.55</b>	+00:47:11	7:10	8.4
341	<b>KAWKA Andrzej</b>	<b>196</b>		M5 60+	19			00:01:28	00:31:23	01:02:34	<b>01:34:49.50</b>	<b>01:34:49.50</b>	+00:48:39	7:17	8.2
342	<b>KARCZMAREK Zuzanna</b>	<b>190</b>		K1 < 29 lat	8			00:01:26	00:31:42	01:03:10	<b>01:35:53.60</b>	<b>01:35:53.60</b>	+00:49:43	7:22	8.1
343	<b>FIEDOSIUK Michał</b>	<b>96</b>		M3 40-49 lat	116	Tak		00:01:10	00:32:25	01:03:42	<b>01:36:42.75</b>	<b>01:36:42.75</b>	+00:50:32	7:26	8.1
344	<b>GROCHOWSKA Joanna</b>	<b>444</b>		K4 50-59 lat	19			00:01:23	00:31:16	01:03:14	<b>01:37:29.30</b>	<b>01:37:29.30</b>	+00:51:19	7:29	8
345	<b>SZOSTAKOWSKI Jarosław</b>	<b>2</b>		M4 50-59	35			00:01:22	00:31:26	01:03:15	<b>01:37:29.40</b>	<b>01:37:29.40</b>	+00:51:19	7:29	8
346	<b>JAROS Arkadiusz</b>	<b>158</b>	VEGE RUNNERS	M5 60+	20			00:01:06	00:31:59	01:03:51	<b>01:37:53.45</b>	<b>01:37:53.45</b>	+00:51:43	7:31	8
347	<b>PRZYBYŁAK Wanda</b>	<b>361</b>	ROZBIEGANY PIASTÓW	K5 60 +	2			00:01:06	00:31:59	01:03:51	<b>01:38:14.60</b>	<b>01:38:14.60</b>	+00:52:04	7:33	7.9
348	<b>ŁUKASIEWICZ Robert</b>	<b>272</b>	KOKOSZKA36TEAM	M3 40-49 lat	117	Tak		00:01:00	00:30:46	01:04:12	<b>01:38:44.40</b>	<b>01:38:44.40</b>	+00:52:34	7:35	7.9
349	<b>GIERANOWSKI Marcin</b>	<b>113</b>	ZALATANI	M3 40-49 lat	118			00:01:04	00:32:15	01:05:44	<b>01:40:52.90</b>	<b>01:40:52.90</b>	+00:54:42	7:45	7.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy			0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby	Więziennej								
350	<b>ORZEWIECKI Tomasz</b>	<b>542</b>		M1 < 29 lat	11				00:01:14	00:34:24	01:07:30	<b>01:41:07.15</b>	<b>01:41:07.15</b>	+00:54:57	7:46	7.7
351	<b>NASKRĘT Mariusz</b>	<b>312</b>		M3 40-49 lat	119				00:01:01	00:32:31	01:06:38	<b>01:42:09.80</b>	<b>01:42:09.80</b>	+00:55:59	7:51	7.6
352	<b>ŻYŁA-ZDZIECH Sylwia</b>	<b>522</b>		K3 40-49 lat	51	Tak			00:00:41	00:34:20	01:07:58	<b>01:43:40.10</b>	<b>01:43:40.10</b>	+00:57:30	7:58	7.5
353	<b>REMBERK Danuta</b>	<b>366</b>		70+	4				00:01:27	00:34:43	01:08:58	<b>01:44:08.65</b>	<b>01:44:08.65</b>	+00:57:58	8:00	7.5
354	<b>WTOREK Mirosław</b>	<b>501</b>		M5 60+	21	Tak			00:00:43	00:34:46	01:10:40	<b>01:46:02.05</b>	<b>01:46:02.05</b>	+00:59:52	8:09	7.4
	<b>SOBOTA Artur</b>	<b>408</b>	DECOARTY.PL	M3 40-49 lat					00:00:42 DNF	00:21:38 DNF	00:43:39 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>CABAŃSKA Dorota</b>	<b>59</b>		K3 40-49 lat		Tak			00:00:36 DNF	00:22:46 DNF	00:46:11 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>FALKOWSKI Łukasz</b>	<b>94</b>		M2 30-39 lat					00:01:17 DNF	00:25:15 DNF	00:48:22 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KEMPA Piotr</b>	<b>198</b>		M2 30-39 lat		Tak			00:00:54 DNF	00:24:42 DNF	00:49:38 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>PIOTROWSKI Piotr</b>	<b>346</b>		M3 40-49 lat					00:01:12 DNF	00:25:22 DNF	00:50:13 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>NADOBNIK Konrad</b>	<b>311</b>		M3 40-49 lat					00:00:52 DNF	00:25:14 DNF	00:50:19 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>WACH Michał</b>	<b>474</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat		Tak			00:01:10 DNF	00:27:13 DNF	00:52:46 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>MĘDEL Cezary</b>	<b>290</b>		M3 40-49 lat					00:01:13 DNF	00:29:16 DNF	00:57:16 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>MĘDEL Marta</b>	<b>291</b>		K3 40-49 lat					00:01:11 DNF	00:29:17 DNF	00:57:16 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>OSTASZEWSKI Wojtek</b>	<b>337</b>	WERKUS RUNNERS	M3 40-49 lat		Tak			00:01:14 DNF	00:29:57 DNF	00:57:27 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>OSTASZEWSKI Marcin</b>	<b>336</b>	PACIAK RUNNING CLUB	M2 30-39 lat		Tak			00:01:14 DNF	00:29:57 DNF	00:57:45 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KUCICKI Krzysztof</b>	<b>243</b>		M3 40-49 lat		Tak			00:01:17 DNF	00:29:23 DNF	00:58:40 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>DĄBROWA Bartosz</b>	<b>30</b>		M1 < 29 lat		Tak			00:01:21 DNF	00:29:40 DNF	00:59:01 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>SOKOŁOWSKI Marian</b>	<b>410</b>	SAMOTNY WILK	70+					00:00:43 DNF	00:28:44 DNF	01:00:03 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>VUCO Ivo</b>	<b>473</b>	HULTAJ LITERACKI	M3 40-49 lat					00:01:28 DNF	00:30:25 DNF	01:00:14 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>JAROŃ Julia</b>	<b>157</b>	RUN DE GIRARD	K1 < 29 lat					00:00:42 DNF	00:27:47 DNF	01:00:47 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>JAROŃ Alicja</b>	<b>156</b>	RUN DE GIRARD	K1 < 29 lat					00:00:42 DNF	00:27:47 DNF	01:00:48 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>MICHNOWSKA Adriana</b>	<b>294</b>	BIEGOWE WTORKI NA TARCHOMINIE	K3 40-49 lat		Tak			00:01:15 DNF	00:31:54 DNF	01:01:22 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>PAC Bartosz</b>	<b>340</b>		M3 40-49 lat					00:01:19 DNF	00:30:06 DNF	01:02:18 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>NOWOSIELSKI Tomasz</b>	<b>322</b>	HERO	M5 60+					00:01:25 DNF	00:31:18 DNF	01:02:36 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>MRÓZ Joanna</b>	<b>309</b>		K2 30-39 lat					00:01:06 DNF	00:30:28 DNF	01:03:48 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>LACH Marta</b>	<b>255</b>	SLOWJOGGING BIAŁOŁĘKA	K3 40-49 lat		Tak			00:01:37 DNF	00:32:14 DNF	01:03:57 DNF	<b>DNF</b>	<b>DNF</b>	-	-	-

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Pracownicy					Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
					Mieszkańcy Białołęki	Służby Więziennej	0.2km	4.4km	8.7km					
	<b>SALAMON Kinga</b>	<b>382</b>		K2 30-39 lat	Tak			00:01:19 DNF	00:30:53 DNF	01:04:00 DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>SOBCZAK Anna</b>	<b>403</b>	M.I.L.A.	K4 50-59 lat				00:01:02 DNF	00:32:14 DNF	01:05:15 DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>PLICHCIŃSKA Małgorzata</b>	<b>348</b>	EKONOMIK MOKOTÓW	K3 40-49 lat				00:01:18 DNF	00:33:08 DNF	01:05:55 DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>BEM Justyna</b>	<b>39</b>		K3 40-49 lat				00:01:31 DNF	00:36:16 DNF	01:11:02 DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>DĘBSKI Andrzej</b>	<b>81</b>		M3 40-49 lat				00:00:51 DNF	00:22:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>PAWIŃSKI Artur</b>	<b>342</b>	ADIDAS RUNNERS WARSAW	M3 40-49 lat				DNF	00:23:47 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KLIPO Mateusz</b>	<b>205</b>	DELOITTE ADVENTURE TEAM	M1 < 29 lat	Tak			00:01:04 DNF	00:24:18 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>CZERNICOWSKI Szymon</b>	<b>274</b>	BIEGAJĄCY BIBLIOTEKARZ	M1 < 29 lat				00:01:06 DNF	00:24:32 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>FREITES Luis</b>	<b>543</b>		M5 60+				00:00:30 DNF	00:24:56 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>WALĘDZIK Edyta</b>	<b>476</b>		K1 < 29 lat	Tak			00:00:43 DNF	00:25:39 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>DUDZIŃSKI Przemysław</b>	<b>260</b>		M2 30-39 lat	Tak			00:01:11 DNF	00:25:47 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>BUJALSKI Konrad</b>	<b>57</b>		M1 < 29 lat				00:00:47 DNF	00:26:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>CHODUN Paweł</b>	<b>523</b>		M2 30-39 lat				00:01:18 DNF	00:26:33 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>GONET Katarzyna</b>	<b>118</b>	BIEGOWE WTORKI NA TARCHOMINIE	K3 40-49 lat	Tak			00:01:03 DNF	00:26:43 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>JAROŃ Jarosław</b>	<b>155</b>	RUN DE GIRARD	M3 40-49 lat				00:00:43 DNF	00:27:48 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KOZICKA Barbara</b>	<b>234</b>	AKS ZŁY	K1 < 29 lat				00:01:21 DNF	00:28:11 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>GRABOWSKA Marta</b>	<b>418</b>		K2 30-39 lat				00:01:06 DNF	00:28:12 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KLESZCZ Anna</b>	<b>204</b>	AKS ZŁY	K2 30-39 lat				00:01:20 DNF	00:28:13 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KUNKA Piotr</b>	<b>247</b>	TEAM ZABIEGANEDNI	M2 30-39 lat				00:01:25 DNF	00:28:21 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>OLKOWSKI Robert</b>	<b>326</b>		M4 50-59				00:01:19 DNF	00:28:22 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>BOHDZIEWICZ Paweł</b>	<b>48</b>	BRAVEHEARTS LEGIONOWO	M3 40-49 lat				00:00:47 DNF	00:29:11 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>DRZAŁ Daniel</b>	<b>524</b>		M2 30-39 lat	Tak			00:01:09 DNF	00:29:20 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KOMOŃ Maciej</b>	<b>214</b>		M3 40-49 lat				00:01:15 DNF	00:30:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>KOSIATY Jarosław</b>	<b>221</b>	RÓBMY SWOJE	M4 50-59				00:00:55 DNF	00:30:32 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>SKROBEK Piotr</b>	<b>397</b>		M2 30-39 lat				00:01:26 DNF	00:30:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>ARTYMIUK Olaf</b>	<b>19</b>		M2 30-39 lat				00:01:15 DNF	00:30:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-
	<b>ZATYLNY Tomasz</b>	<b>505</b>		M3 40-49 lat	Tak			00:00:48 DNF	00:30:46 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
					Mieszkańcy Białoleki	Służby Więziennej								
	<b>BAJOREK Jacek</b>	<b>22</b>		M3 40-49 lat			00:01:06 DNF	00:30:54 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>MIŁEK MATYSIAK Kamila</b>	<b>541</b>		K3 40-49 lat			00:01:06 DNF	00:30:55 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>STĘPNIK Marcin</b>	<b>422</b>		M3 40-49 lat		Tak	00:00:32 DNF	00:31:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KARPIŃSKA Izabela</b>	<b>191</b>		K3 40-49 lat	Tak		00:01:19 DNF	00:31:55 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KARPIŃSKI Marcin</b>	<b>193</b>		M2 30-39 lat	Tak		00:01:19 DNF	00:31:56 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>NOWICKI Dariusz</b>	<b>319</b>		M3 40-49 lat	Tak		00:01:15 DNF	00:32:03 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>RÓŻAŃSKI Robert</b>	<b>421</b>		M4 50-59	Tak		00:00:57 DNF	00:33:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>TRENTOWSKI Piotr</b>	<b>464</b>		M3 40-49 lat	Tak		00:01:20 DNF	00:33:16 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>DOBRZELEWSKA Edyta</b>	<b>84</b>		K3 40-49 lat			00:01:17 DNF	00:33:25 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SAJEWSKA Karolina</b>	<b>381</b>		K2 30-39 lat			00:01:01 DNF	00:34:14 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KOWALSKI Michał</b>	<b>230</b>	SKARYMAKERSI	M2 30-39 lat			00:01:01 DNF	00:34:15 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SYLWANOWICZ Monika</b>	<b>431</b>	SKARYMAKERSI	K3 40-49 lat			00:01:01 DNF	00:34:15 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>MATYSIAK Agnieszka</b>	<b>286</b>		K3 40-49 lat			00:01:01 DNF	00:34:16 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WOJCIECHOWSKI Maciej</b>	<b>492</b>		M2 30-39 lat			00:00:46 DNF	00:35:37 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>CZECHOWSKI Jerzy</b>	<b>74</b>	MZA - WARSZAWA	70+			00:00:53 DNF	00:38:34 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SYDOR- SĘDEK Małgorzata</b>	<b>430</b>		K3 40-49 lat		Tak	00:00:53 DNF	00:40:39 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KUPIEC Robert</b>	<b>248</b>	ŚWIĘTOKRZYSKY KURATORZY	M4 50-59		Tak	00:00:53 DNF	00:40:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>GAJEWSKA Dominika</b>	<b>101</b>		K2 30-39 lat			00:00:51 DNF	00:40:52 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KUBICKA Małgorzata</b>	<b>241</b>		K3 40-49 lat		Tak	00:00:51 DNF	00:40:52 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>HOFFMAN-LACHOWSKA Katarzyna</b>	<b>140</b>		K4 50-59 lat		Tak	00:00:53 DNF	00:40:52 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SŁOTWIŃSKA Martyna</b>	<b>400</b>		K1 < 29 lat			00:01:30 DNF	00:41:33 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KRUPINIEWICZ Antoni</b>	<b>238</b>		M4 50-59			00:01:30 DNF	00:41:35 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>NIEWCZAS Zdzisław</b>	<b>525</b>		70+	Tak		00:01:34 DNF	00:42:59 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KAMIŃSKI Waldemar</b>	<b>179</b>	SLOW JOGGING BIAŁOLEKA	M4 50-59	Tak		00:01:41 DNF	00:44:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>BRZAKAŁA Renata</b>	<b>54</b>	SLOW JOGGING BIAŁOLEKA	K4 50-59 lat			00:01:41 DNF	00:44:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>WILCZYŃSKA Małgorzata</b>	<b>485</b>		K3 40-49 lat			00:01:00 DNF	00:45:27 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy Białołęki	Pracownicy Służby Więziennej	0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
	<b>KOŁACZ Jakub</b>	<b>497</b>		M3 40-49 lat				00:01:16 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 430 wynik(ów)