



**Event:** Białolecki Bieg Wolności  
**Organiser:** Urząd Dzielnicy Białoleka m.st. Warszawa  
**Date:** 2023-12-10  
**Place:** Warszawa  
**Distance:** 13 km

# BIAŁOLECKI BIEG WOLNOŚCI

B4SPORT

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INTELIĞENTNE ZAWODY SPORTOWE

Classification: K1 < 29 lat

Place	Participant	Number	Club	Category	MCat	Mieszkańcy Białoleki	Pracownicy Służby Więziennej	Start time	0.2km	4.4km	8.7km	Net time 13km	Czas brutto 13km	Gap	Pace min/km	Pace km/h
1	<b>MALARSKA Zuzanna</b>	<b>315</b>		K1 < 29 lat	1	Tak		00:00:03	00:00:25	00:21:36	00:42:56	<b>01:03:23.90</b>	<b>01:03:26.95</b>		4:52	12.3 (100%)
2	<b>NERĆ Karolina</b>	<b>359</b>		K1 < 29 lat	2			00:00:56	00:00:41	00:23:30	00:46:19	<b>01:07:47.55</b>	<b>01:08:43.90</b>	+00:04:23 (6.5%)	5:12	11.5 (93.5%)
3	<b>HEBDA Natalia</b>	<b>171</b>		K1 < 29 lat	3			00:00:27	00:00:45	00:24:29	00:47:43	<b>01:11:45.90</b>	<b>01:12:13.30</b>	+00:08:22 (11.7%)	5:31	10.9 (88.6%)
4	<b>SAŁAJ Marta</b>	<b>448</b>	BRAK	K1 < 29 lat	4			00:00:19	00:00:44	00:24:30	00:49:11	<b>01:13:59.85</b>	<b>01:14:19.20</b>	+00:10:35 (14.3%)	5:41	10.5 (85.4%)
5	<b>PIETRASINSKA Oliwia</b>	<b>401</b>		K1 < 29 lat	5			00:00:33	00:00:40	00:24:55	00:49:36	<b>01:14:38.55</b>	<b>01:15:11.90</b>	+00:11:14 (15.1%)	5:44	10.5 (85.4%)
6	<b>ŁAPETA Wiktoria</b>	<b>303</b>		K1 < 29 lat	6			00:00:46	00:00:43	00:26:39	00:51:51	<b>01:16:37.60</b>	<b>01:17:24.30</b>	+00:13:13 (17.3%)	5:53	10.2 (82.9%)
7	<b>BARCZAK Ewelina</b>	<b>24</b>		K1 < 29 lat	7			00:00:32	00:00:46	00:25:49	00:51:04	<b>01:17:10.20</b>	<b>01:17:42.30</b>	+00:13:46 (17.8%)	5:56	10.1 (82.1%)
8	<b>BROŻEK Aleksandra</b>	<b>60</b>	BIEGAJĄCE ZĄBKI	K1 < 29 lat	8			00:00:16	00:00:42	00:25:44	00:51:33	<b>01:17:40.80</b>	<b>01:17:57.20</b>	+00:14:16 (18.4%)	5:58	10 (81.3%)
9	<b>KAMIEN Monika</b>	<b>201</b>		K1 < 29 lat	9			00:00:45	00:00:44	00:27:27	00:53:26	<b>01:18:04.60</b>	<b>01:18:49.80</b>	+00:14:40 (18.8%)	6:00	10 (81.3%)
10	<b>ROSZCZYK Martyna</b>	<b>429</b>	NAPRZÓD MŁOCINY	K1 < 29 lat	10			00:00:29	00:00:46	00:29:34	00:59:53			+00:16:57	6:52	8.7 (70.7%)

Total 10 results.