

BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2019-12-14
Miejsce: Warszawa
Dystans: 13 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K2 30-39 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.1km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	PARSZCZYŃSKA Izabela	276	TEAM PARSZCZYŃSKICH	K2 30-39 lat	1	00:00:02	00:00:19	00:16:52	00:34:14	00:51:36.55	00:51:38.85		3:58	15.1 (100%)
2	SAWICKA Anna	502	DREAM RUN	K2 30-39 lat	2	00:00:03	00:00:21	00:17:32	00:35:06	00:52:46.55	00:52:50.35	+00:01:10 (2.2%)	4:03	14.8 (98.0%)
3	WINKOWSKA-STRUZIK Magdalena	400	DUKLANOWSKI TEAM	K2 30-39 lat	3	00:00:08	00:00:27	00:19:48	00:40:21	01:01:01.05	01:01:09.35	+00:09:24 (15.4%)	4:41	12.8 (84.8%)
4	SZYSZKO Ewa	368	MARKOWI BIEGACZE	K2 30-39 lat	4	00:00:04	00:00:23	00:20:25	00:41:03	01:01:34.60	01:01:39.30	+00:09:58 (16.2%)	4:44	12.7 (84.1%)
5	STĘPIEŃ Paulina	507		K2 30-39 lat	5	00:00:22	00:00:32	00:21:30	00:42:50	01:04:12.20	01:04:35.00	+00:12:35 (19.6%)	4:56	12.1 (80.1%)
6	TRZASKOWSKA Justyna	462		K2 30-39 lat	6	00:00:43	00:00:35	00:23:15	00:45:38	01:08:20.50	01:09:04.45	+00:16:43 (24.5%)	5:15	11.4 (75.5%)
7	BORAWSKA Emilia	34		K2 30-39 lat	7	00:00:28	00:00:34	00:23:06	00:46:07	01:08:46.15	01:09:15.10	+00:17:09 (25.0%)	5:17	11.3 (74.8%)
8	SUCHOCKA Monika	525		K2 30-39 lat	8	00:00:02	00:00:27	00:23:04	00:46:46	01:09:59.20	01:10:02.10	+00:18:22 (26.3%)	5:23	11.1 (73.5%)
9	AMROZIK Anna	13		K2 30-39 lat	9	00:00:32	00:00:38	00:23:44	00:47:15	01:10:47.00	01:11:19.45	+00:19:10 (27.1%)	5:26	11 (72.8%)
10	NOWAK Karolina	255		K2 30-39 lat	10	00:00:03	00:00:28	00:23:46	00:47:53	01:11:47.40	01:11:50.90	+00:20:10 (28.1%)	5:31	10.9 (72.2%)
11	ANDRUKIEWICZ Anita	14	GRUPA BIEGOWA CHTMO	K2 30-39 lat	11	00:00:25	00:00:37	00:24:25	00:48:26	01:12:03.40	01:12:28.95	+00:20:26 (28.4%)	5:32	10.8 (71.5%)
12	MAJEWSKA Hanna	219	BIEGAM NA TARCHOMINIE	K2 30-39 lat	12	00:00:21	00:00:34	00:23:39	00:48:01	01:12:04.05	01:12:25.20	+00:20:27 (28.4%)	5:32	10.8 (71.5%)
13	ŻAK Oliwia	423	PIASECZNO RUNNING	K2 30-39 lat	13	00:00:43	00:00:37	00:24:00	00:48:20	01:12:42.10	01:13:25.40	+00:21:05 (29.0%)	5:35	10.7 (70.9%)
14	GALIŃSKA Magdalena	91	WARSZAWSKI ZAUŁEK	K2 30-39 lat	14	00:00:40	00:00:36	00:23:54	00:47:58	01:13:15.15	01:13:56.00	+00:21:38 (29.5%)	5:38	10.6 (70.2%)
15	TRZASKOWSKA Joanna	380	TRUCHT TARCHOMIN TEAM	K2 30-39 lat	15	00:00:34	00:00:38	00:24:34	00:49:21	01:14:31.60	01:15:06.00	+00:22:55 (30.8%)	5:44	10.5 (69.5%)
16	KOLASA Paulina	168	KLUB GORDONA I GINY	K2 30-39 lat	16	00:00:38	00:00:35	00:24:37	00:49:51	01:15:43.20	01:16:21.30	+00:24:06 (31.8%)	5:49	10.3 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.1km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
17	PEPŁAWSKA Małgorzata	282	III ZKSS SR LEGIONOWO	K2 30-39 lat	17	00:00:09	00:00:29	00:24:40	00:50:14	01:15:52.20	01:16:01.80	+00:24:15 (32.0%)	5:50	10.3 (68.2%)
18	TELAKOWSKA Anita	374		K2 30-39 lat	18	00:00:13	00:00:36	00:24:31	00:50:51	01:16:59.80	01:17:12.95	+00:25:23 (33.0%)	5:55	10.1 (66.9%)
19	SWIETLIK Magdalena	351		K2 30-39 lat	19	00:00:29	00:00:38	00:26:09	00:51:44	01:17:02.35	01:17:31.85	+00:25:25 (33.0%)	5:55	10.1 (66.9%)
20	KMIEĆ Agnieszka	489		K2 30-39 lat	20	00:00:32	00:00:38	00:25:58	00:51:46	01:17:10.30	01:17:42.85	+00:25:33 (33.1%)	5:56	10.1 (66.9%)
21	DĘBSKA Joanna	65		K2 30-39 lat	21	00:00:32	00:00:39	00:25:37	00:51:15	01:18:30.00	01:19:02.65	+00:26:53 (34.3%)	6:02	9.9 (65.6%)
22	ŚWISTOWSKA Anna	370		K2 30-39 lat	22	00:00:17	00:00:34	00:25:50	00:52:34	01:20:22.80	01:20:40.10	+00:28:46 (35.8%)	6:11	9.7 (64.2%)
23	STANKIEWICZ Malgorzata	336		K2 30-39 lat	23	00:00:32	00:00:38	00:26:35	00:53:55	01:21:41.70	01:22:13.85	+00:30:05 (36.8%)	6:17	9.5 (62.9%)
24	RUCIŃSKA Jolanta	308	NASIELSK BASZTA TEAM	K2 30-39 lat	24	00:00:22	00:00:35	00:27:41	00:54:51	01:24:04.70	01:24:27.00	+00:32:28 (38.6%)	6:28	9.3 (61.6%)
25	ROMANOWSKA Ewa	451	KUNGFU PANDA	K2 30-39 lat	25	00:00:39	00:00:38	00:28:03	00:56:28	01:24:22.50	01:25:02.40	+00:32:45 (38.8%)	6:29	9.2 (60.9%)
26	WINDER Agnieszka	399		K2 30-39 lat	26	00:00:29	00:00:36	00:27:39	00:56:53	01:27:33.70	01:28:02.90	+00:35:57 (41.1%)	6:44	8.9 (58.9%)
27	ZUBELEWICZ-JERUZALSKA Anna	472		K2 30-39 lat	27	00:00:14	00:00:34	00:22:34	00:45:22			+00:11:08	5:12	11.5 (76.2%)
28	JĘDRACHOWICZ Agnieszka	140		K2 30-39 lat	28	00:00:27	00:00:35	00:23:05	00:45:26			+00:11:12	5:13	11.5 (76.2%)
29	ZIEŃ Agnieszka	419		K2 30-39 lat	29	00:00:45	00:00:40	00:26:39	00:52:33			+00:18:19	6:02	9.9 (65.6%)
30	JAWORSKA Joanna	136		K2 30-39 lat	30	00:00:28	00:00:38	00:26:47	00:55:28			+00:21:14	6:22	9.4 (62.3%)
31	SALAMON Kinga	314		K2 30-39 lat	31	00:00:46	00:00:36	00:27:43	00:59:43			+00:25:29	6:51	8.7 (57.6%)
32	WARZECHA Jolanta	390	BIEGAM NA TARCHOMINIE	K2 30-39 lat	32	00:00:54	00:00:36	00:31:31	01:05:12			+00:30:58	7:29	8 (53.0%)
33	TENDERENDA Natalia	461		K2 30-39 lat	33	00:00:48	00:00:38	00:35:10	01:11:27			+00:37:13	8:12	7.3 (48.3%)
34	UCHROŃSKA Justyna	512		K2 30-39 lat	34	00:00:29	00:00:42	00:29:32				+00:12:39	6:42	8.9 (58.9%)
35	STYKOWSKA Beata	347	TARCHOŚFIRY	K2 30-39 lat	35	00:00:16	00:00:36	00:31:02				+00:14:10	7:03	8.5 (56.3%)
36	KRAWCZYK Karolina	544		K2 30-39 lat	36	00:00:47	00:00:38	00:43:42				+00:26:49	9:55	6 (39.7%)
	BANAŚ Malwina	20	PUSTELNIK	K2 30-39 lat		DNF	00:00:33 DNF	00:23:04 DNF	DNF	DNF	DNF		-	- (0.0%)
	TERZONI Karina	600	VIRTUAL RUNNERS CLUB	K2 30-39 lat		DNF	00:00:33 DNF	00:23:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	ZIELIŃSKA Aleksandra	470	KOKOSZKA36TEAM	K2 30-39 lat		DNF	00:00:37 DNF	00:25:48 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.1km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
	GAŁUSZKA Katarzyna	93	KOKOSZKA36TEAM	K2 30-39 lat		DNF	00:00:37 DNF	00:26:15 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 40 wynik(ów)