

BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2019-12-14
Miejsce: Warszawa
Dystans: 13 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M3 40-49 lat

Punkt pomiarowy: 4,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
1	GOZDEK Scyzoryk	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	M3 40-49 lat	00:00:02	00:00:18	00:16:19
2	MIELCZAREK Krzysztof	236	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:04	00:00:18	00:16:26
3	KUBERA Piotr	194	ADIDAS RUNNERS WARSAW	M3 40-49 lat	00:00:00	00:00:22	00:17:21
4	STRADOMSKI Artur	345	MARKOWI BIEGACZE	M3 40-49 lat	00:00:03	00:00:20	00:17:33
5	ROWIŃSKI Tomasz	307		M3 40-49 lat	00:00:02	00:00:17	00:17:43
6	PYTLINSKI Rafał	298		M3 40-49 lat	00:00:03	00:00:20	00:17:53
7	ANUSIEWICZ Robert	474		M3 40-49 lat	00:00:04	00:00:21	00:17:55
8	GAJEK Ireneusz	89		M3 40-49 lat	00:00:10	00:00:25	00:18:02
9	MIELCZAREK Marek	235	MARKOWI BIEGACZE	M3 40-49 lat	00:00:05	00:00:19	00:18:12
10	JAWORSKI Piotr	137	EKOBIEGI	M3 40-49 lat	00:00:04	00:00:19	00:18:15
11	SIERZPUTOWSKI Robert	453	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:03	00:00:20	00:18:18
12	GWIZDAŁA Cezary	122	KUŹNIA TRIATHLONU	M3 40-49 lat	00:00:05	00:00:22	00:18:40
13	MAMLA Zbigniew	221	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:09	00:00:26	00:18:40
14	OCZKOWSKI Mateusz	264	GRUPA BIEGOWA CHTMO	M3 40-49 lat	00:00:17	00:00:34	00:18:44
15	KANIA Paweł	153	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:06	00:00:23	00:18:57
16	MICHNOWSKI Sebastian	233		M3 40-49 lat	00:00:08	00:00:27	00:18:58
17	NAPIÓRKOWSKI Grzegorz	246	ŁOMIAŃKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:06	00:00:27	00:19:04
18	GĘBALA Wojtek	94		M3 40-49 lat	00:00:06	00:00:24	00:19:04
19	SERAFIN Tomasz	503		M3 40-49 lat	00:00:06	00:00:25	00:19:08
20	KORKOSZ Andrzej	174		M3 40-49 lat	00:00:05	00:00:24	00:19:14
21	WIŚNIEWSKI Krzysztof	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	M3 40-49 lat	00:00:06	00:00:25	00:19:20
22	PUCHACZ Piotr	294	MPK	M3 40-49 lat	00:00:15	00:00:36	00:19:20
23	GÓRAL Tadeusz	540	KKB	M3 40-49 lat	00:00:02	00:00:23	00:19:25
24	SYGOCKI Konrad	352	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:19:25
25	KOŁODZIEJCZYK Krzysztof	170	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:19	00:00:36	00:19:31
26	ŚMIETAŃSKI Piotr	459	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:16	00:00:29	00:19:34
27	WASZKIEWICZ Ariel	465	WASZKA TEAM	M3 40-49 lat	00:00:11	00:00:30	00:19:42
28	ZELENT Arkadiusz	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	00:00:09	00:00:26	00:19:53
29	RESZCZYK Marcin	302		M3 40-49 lat	00:00:33	00:00:33	00:19:56
30	CHARLEJ Ireneusz	45	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49 lat	00:00:09	00:00:26	00:19:57
31	CIMOCHOWSKI Mieczysław	53	MC SERWIS	M3 40-49 lat	00:00:09	00:00:28	00:20:06
32	LEWANDOWSKI Piotr	206	TRUCH TARCHOMINTEAM	M3 40-49 lat	00:00:10	00:00:26	00:20:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
33	BYSTRY Grzegorz	41	KS LENIWIEC	M3 40-49 lat	00:00:24	00:00:30	00:20:30
34	ŁUBIŃSKI Krzysztof	495		M3 40-49 lat	00:00:24	00:00:35	00:20:35
35	NOWAK Jakub	101	DOBRZYŃSKI KLUB ŻEGLARSKI	M3 40-49 lat	00:00:02	00:00:22	00:20:39
36	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47
37	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47
38	GAJEWSKI Mariusz	90		M3 40-49 lat	00:00:33	00:00:35	00:20:49
39	LEWANDOWSKI Robert	207		M3 40-49 lat	00:00:13	00:00:34	00:20:50
40	KUBAN Sebastian	193		M3 40-49 lat	00:00:20	00:00:33	00:20:50
41	CAŁKA Marek	480		M3 40-49 lat	00:00:21	00:00:35	00:20:56
42	KOŚCIUK Maciek	179		M3 40-49 lat	00:00:00	00:00:33	00:20:58
43	SUTUŁA Dariusz	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	M3 40-49 lat	00:00:21	00:00:33	00:21:00
44	MOSUR Kamil	242		M3 40-49 lat	00:00:15	00:00:30	00:21:05
45	FRĄCKIEWICZ Dariusz	86	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:21:05
46	PIOTROWSKI Artur	521	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:23	00:00:35	00:21:06
47	GOLIASZ Paweł	102	BIEGAM I JUŻ	M3 40-49 lat	00:00:19	00:00:32	00:21:09
48	KAROLAK Rafał	155	STOMILEX	M3 40-49 lat	00:00:33	00:00:37	00:21:09
49	OLSZANKA Arkadiusz	266		M3 40-49 lat	00:00:15	00:00:30	00:21:10
50	DERESZEWSKI Piotr	64	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:15	00:00:30	00:21:11
51	RUDNIK Jarosław	309	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:10	00:00:28	00:21:13
52	STRÓŻYK Piotrek	346		M3 40-49 lat	00:00:25	00:00:33	00:21:17
53	SUCHODOLSKI Mariusz	349	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:27	00:21:19
54	MIĘTEK Artur	237	III ZKSS SR LEGIONOWO	M3 40-49 lat	00:00:12	00:00:34	00:21:24
55	KOPER Sebastian	173	CARREFOUR RUNNING TEAM	M3 40-49 lat	00:00:04	00:00:23	00:21:27
56	GOŁASZEWSKI Marcin	103		M3 40-49 lat	00:00:10	00:00:28	00:21:28
57	STEMPEL Tomasz	341	MARYSIN WAWERSKI BIEGA	M3 40-49 lat	00:00:16	00:00:31	00:21:29
58	ŁATKOWSKI Łukasz	209	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:24	00:00:34	00:21:37
59	ZRAZEK Piotr	421		M3 40-49 lat	00:00:34	00:00:39	00:21:37
60	BIALOKOS Kamil	29	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:25	00:00:35	00:21:38
61	SZYMAŃSKI Robert	366	KREWKI URSYNÓW HDK	M3 40-49 lat	00:00:31	00:00:32	00:21:42
62	SZELAĞ Tomasz	360	MKB DREPTAK	M3 40-49 lat	00:00:35	00:00:34	00:21:42
63	ROKITA Andrzej	304		M3 40-49 lat	00:00:34	00:00:35	00:21:46
64	BIEDKA Robert	533	REBOOK RUN CREW	M3 40-49 lat	00:00:09	00:00:29	00:21:47
65	CZAJKOWSKI Marcin	59	OMB OŻARÓW MAZOWIECKI	M3 40-49 lat	00:00:25	00:00:37	00:21:48
66	CZAJKOWSKI Marek	58	---	M3 40-49 lat	00:00:23	00:00:35	00:21:50
67	SĄGOL Sylwester	316		M3 40-49 lat	00:00:52	00:00:33	00:21:52
68	SOBCZAK Bogusław	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	M3 40-49 lat	00:00:31	00:00:33	00:21:53
69	WIŚNIEWSKI Paweł	404	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:07	00:00:27	00:22:01
70	PAZIEWSKI Andrzej	281	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:22:05
71	MILANIAK Bogdan	446		M3 40-49 lat	00:00:32	00:00:37	00:22:06
72	FIRYSIUK Tomasz	84		M3 40-49 lat	00:00:32	00:00:38	00:22:11
73	WYDRA Mariusz	469		M3 40-49 lat	00:00:34	00:00:37	00:22:11
74	PISAREK Norbert	289		M3 40-49 lat	00:00:49	00:00:35	00:22:16
75	RUSIN Bartosz	310	KS STASZEWSCY	M3 40-49 lat	00:00:18	00:00:34	00:22:18
76	BRONISZEWSKI Jakub	477		M3 40-49 lat	00:00:40	00:00:36	00:22:23
77	BARTNIK Rafał	24		M3 40-49 lat	00:00:16	00:00:31	00:22:30
78	WIERBIŁOWICZ Dariusz	397		M3 40-49 lat	00:00:30	00:00:34	00:22:33

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79	KILIAŃSKI Rafał	162	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:12	00:00:30	00:22:34
80	TRZASKOWSKI Dariusz	381	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:29	00:22:34
81	WYSOCKI Robert	408	GRUPA BIEGOWA UM WA-WA	M3 40-49 lat	00:00:25	00:00:35	00:22:35
82	OCHAB Janusz	261		M3 40-49 lat	00:00:26	00:00:35	00:22:37
83	KSENIAK Szymon	191		M3 40-49 lat	00:00:23	00:00:34	00:22:40
84	KWIATKOWSKI Tomasz	204		M3 40-49 lat	00:00:43	00:00:37	00:22:43
85	SZACHNA Piotr	354	EKOBIEGI	M3 40-49 lat	00:00:18	00:00:36	00:22:45
86	KUFLOWSKI Artur	199	JW.3411	M3 40-49 lat	00:00:28	00:00:37	00:22:52
87	MALINOWSKI Mikołaj	530		M3 40-49 lat	00:00:05	00:00:25	00:22:54
88	JAROŃ Jarosław	133	KOKOSZKA36TEAM	M3 40-49 lat	00:00:18	00:00:35	00:22:59
89	LACH Adrian	205	TRICLUB	M3 40-49 lat	00:00:12	00:00:33	00:23:02
90	JABŁONKA Radosław	128	DZIADY OCR	M3 40-49 lat	00:00:20	00:00:34	00:23:04
91	ŁĘCKI Tomasz	211		M3 40-49 lat	00:00:20	00:00:32	00:23:06
92	GÓRECKI Krzysztof	110		M3 40-49 lat	00:00:43	00:00:38	00:23:06
93	TODORSKI Tomasz	375		M3 40-49 lat	00:00:19	00:00:33	00:23:07
94	WIŚNIEWSKI Tomasz	403	KPMG RUNNING TEAM	M3 40-49 lat	00:00:25	00:00:34	00:23:09
95	ZWOLIŃSKI Grzegorz	422	REEBOK RUN CREW	M3 40-49 lat	00:00:31	00:00:34	00:23:11
96	WACH Michał	387	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:22	00:00:36	00:23:12
97	GÓRECKI Rajmund	109		M3 40-49 lat	00:00:36	00:00:36	00:23:19
98	SOCHACKI Mariusz	332		M3 40-49 lat	00:00:15	00:00:32	00:23:25
99	PARADOWSKI Andrzej	275		M3 40-49 lat	00:00:52	00:00:33	00:23:31
100	BORUSZEWSKI Maciej	35		M3 40-49 lat	00:00:13	00:00:34	00:24:00
101	NOSARZEWSKI Mariusz	254		M3 40-49 lat	00:00:20	00:00:37	00:24:10
102	MĘDEL Cezary	230		M3 40-49 lat	00:00:19	00:00:37	00:24:11
	JÓZWIK Robert	142	HARX TEAM	M3 40-49 lat	DNF	00:00:36 DNF	00:24:17 DNF
104	CHOJNOWSKI Andrzej	47	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:24:23
105	CIEŚLIŃSKI Dariusz	52	DARIOS	M3 40-49 lat	00:00:18	00:00:37	00:24:24
106	KARWOWSKA Mariusz	156	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:26	00:00:35	00:24:24
107	NIEDZIELA Dominik	249		M3 40-49 lat	00:00:50	00:00:37	00:24:28
108	REGUCKI Ryszard	301		M3 40-49 lat	00:00:36	00:00:31	00:24:34
109	OLESIAK Arkadiusz	265	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:19	00:00:37	00:24:36
110	PANCEROW Marcin	449		M3 40-49 lat	00:00:10	00:00:33	00:24:38
111	PIETRAS Tomasz	285	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:38	00:00:38	00:24:38
112	KOZIATEK Mariusz	186		M3 40-49 lat	00:00:23	00:00:36	00:24:54
113	CIERNIAK Michał	50	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:46	00:00:36	00:25:02
114	KULIK Karol	539		M3 40-49 lat	00:00:37	00:00:37	00:25:09
115	GÓRSKI Krzysztof	111		M3 40-49 lat	00:00:13	00:00:33	00:25:13
116	BIDZINSKI Krzysztof	31	LEBIEGI	M3 40-49 lat	00:00:29	00:00:38	00:25:14
117	ZARĘBA Jarosław	410		M3 40-49 lat	00:00:30	00:00:37	00:25:14
118	ŁOZIŃSKI Piotr	494	BRACTWO BIEGOWE BGK	M3 40-49 lat	00:00:11	00:00:34	00:25:17
119	BOJAR Paweł	33		M3 40-49 lat	00:00:23	00:00:36	00:25:21
120	KRÓLIK Tomasz	188		M3 40-49 lat	00:00:33	00:00:35	00:25:36
121	WALCZAK Dariusz	389	CYTRYNOWI STUDENCI	M3 40-49 lat	00:00:09	00:00:35	00:25:39
122	GRACZYK Roman	112		M3 40-49 lat	00:00:18	00:00:38	00:26:09
123	KUCICKI Krzysztof	196		M3 40-49 lat	00:00:05	00:00:26	00:26:22
124	SIKORSKI Michał	535	EKO BIEGI	M3 40-49 lat	00:00:51	00:00:37	00:26:32

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125	F IJAŁKOWSKI Michał	81	PO PROSTU MY	M3 40-49 lat	00:00:42	00:00:38	00:26:39
126	K ULAK Paweł	200		M3 40-49 lat	00:00:31	00:00:38	00:26:49
127	D ŁUŻNIEWSKI Tomasz	66		M3 40-49 lat	00:00:46	00:00:37	00:26:56
128	P ETRYCKI Marcin	283	PUMP!T	M3 40-49 lat	00:00:11	00:00:35	00:27:59
129	M IŚTA Grzegorz	100	FRONTIS	M3 40-49 lat	00:00:10	00:00:35	00:28:05
130	B AJOREK Jacek	19	MARKOWI BIEGACZE	M3 40-49 lat	00:00:38	00:00:37	00:28:05
131	P AWEŁEK Krzysztof	279	PO PROSTU MY	M3 40-49 lat	00:00:43	00:00:37	00:28:14
132	Ł UKASIEWICZ Robert	216	KOKOSZKA36TEAM	M3 40-49 lat	00:00:40	00:00:36	00:28:18
133	Ł UCZAK Piotr	214	PKO BANK POLSKI	M3 40-49 lat	00:00:34	00:00:39	00:28:50
134	D OBOSZ Marek	67		M3 40-49 lat	00:00:55	00:00:36	00:31:31
135	N ASKRĘT Mariusz	247		M3 40-49 lat	00:00:45	00:00:39	00:32:16
136	N OWAK Bartłomiej	256		M3 40-49 lat	00:00:03	00:00:27	00:43:14
	T YBURC Paweł	548		M3 40-49 lat	DNF	01:09:11 DNF	DNF

Znaleziono 137 wynik(ów)