

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2021-12-12  
**Miejsce:** Warszawa  
**Dystans:** 13 km

Klasyfikacja: Mieszkanka Białołęki

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	<b>WINKOWSKA-STRUZIK Magdalena</b>	<b>396</b>	DUKLANOWSKI TEAM	K2 30-39 lat	5	00:00:14	00:24:15	00:48:37	<b>01:12:46.25</b>	<b>01:13:00.85</b>		5:35	10.7
2	<b>BORUC Magdalena</b>	<b>50</b>	MILWAUKEE POLSKA	K2 30-39 lat	6	00:00:11	00:23:58	00:48:43	<b>01:13:34.35</b>	<b>01:13:45.35</b>	+00:00:48	5:39	10.6
3	<b>ŻURANIEWSKA Agnieszka</b>	<b>429</b>	TEAM PARSZCZYŃSKICH	K3 40-49 lat	9	00:00:41	00:25:10	00:49:48	<b>01:15:00.80</b>	<b>01:15:41.90</b>	+00:02:14	5:46	10.4
4	<b>WALECKA Wiktoria</b>	<b>443</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	10	00:00:45	00:25:31	00:51:26	<b>01:17:40.25</b>	<b>01:18:25.55</b>	+00:04:54	5:58	10
5	<b>BUCHALSKA Ewa</b>	<b>54</b>	EKOBIEGI	K4 50-59 lat	3	00:01:23	00:27:02	00:53:26	<b>01:20:04.55</b>	<b>01:21:28.15</b>	+00:07:18	6:09	9.7
6	<b>FURMANIAK PAŃCZAK Joanna</b>	<b>117</b>	TEAM PARSZCZYŃSKICH	K2 30-39 lat	14	00:00:47	00:28:18	00:55:14	<b>01:22:17.75</b>	<b>01:23:05.10</b>	+00:09:31	6:19	9.5
7	<b>ZUBELEWICZ-JERUZALSKA Anna</b>	<b>423</b>		K2 30-39 lat	15	00:00:44	00:28:20	00:55:17	<b>01:22:20.20</b>	<b>01:23:05.05</b>	+00:09:33	6:20	9.5
8	<b>MYŚLIŃSKA Anna</b>	<b>75</b>	BIAŁOLEKA JEST KOBIETĄ	K3 40-49 lat	20	00:00:37	00:29:04	00:57:06	<b>01:26:18.50</b>	<b>01:26:55.50</b>	+00:13:32	6:38	9
9	<b>WŁODARCZYK Anna</b>	<b>402</b>	ADIDAS RUNNERS WARSAW	K3 40-49 lat	21	00:00:54	00:29:40	00:58:25	<b>01:27:24.45</b>	<b>01:28:18.70</b>	+00:14:38	6:43	8.9
10	<b>GRUZD Anna</b>	<b>141</b>	TRIATHLON TARCHOMIN TEAM	K3 40-49 lat	22	00:00:47	00:29:49	00:58:40	<b>01:27:53.20</b>	<b>01:28:40.20</b>	+00:15:06	6:45	8.9
11	<b>GONET Katarzyna</b>	<b>132</b>		K3 40-49 lat	24	00:01:16	00:30:34	01:00:12	<b>01:30:34.35</b>	<b>01:31:50.80</b>	+00:17:48	6:58	8.6
12	<b>JARMUŻEWSKA Teresa</b>	<b>160</b>	TIA	K4 50-59 lat	6	00:01:32	00:32:42	01:01:52	<b>01:31:29.55</b>	<b>01:33:01.75</b>	+00:18:43	7:02	8.5
13	<b>JANKOWSKA Wiola</b>	<b>159</b>		K3 40-49 lat	28	00:01:35	00:33:24	01:04:06	<b>01:32:18.95</b>	<b>01:33:54.85</b>	+00:19:32	7:06	8.5
14	<b>CZARTORYSKA Anna</b>	<b>84</b>		K3 40-49 lat	30	00:01:08	00:32:49	01:02:16	<b>01:32:51.50</b>	<b>01:34:00.15</b>	+00:20:05	7:08	8.4
15	<b>ŁUCZAK Małgorzata</b>	<b>224</b>	RUNNERSI ZE SKARBKA	K3 40-49 lat	34	00:00:38	00:30:41	01:02:19	<b>01:34:38.05</b>	<b>01:35:16.55</b>	+00:21:51	7:16	8.2
16	<b>KOCIK Elżbieta</b>	<b>6</b>		K3 40-49 lat	36	00:01:28	00:33:09	01:03:36	<b>01:35:43.40</b>	<b>01:37:12.35</b>	+00:22:57	7:21	8.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
17	<b>SOŁDECKA Anna</b>	<b>341</b>		K4 50-59 lat	8	00:01:42	00:33:11	01:04:30	<b>01:35:47.65</b>	<b>01:37:30.40</b>	+00:23:01	7:22	8.1
18	<b>KRASUSKA Magdalena</b>	<b>445</b>		K2 30-39 lat	26	00:01:04	00:32:44	01:04:20	<b>01:36:18.45</b>	<b>01:37:23.40</b>	+00:23:32	7:24	8.1
19	<b>WINIARSKA Iza</b>	<b>77</b>	OBROŃCÓW TOBRUKU 40 , 01-494 WARSZAWA	K3 40-49 lat	38	00:00:14	00:31:25	01:04:50	<b>01:39:01.75</b>	<b>01:39:16.45</b>	+00:26:15	7:37	7.9
20	<b>DZIERŻANOWSKA Kinga</b>	<b>106</b>		K2 30-39 lat	28	00:00:40	00:33:14	01:05:22	<b>01:39:10.75</b>	<b>01:39:50.85</b>	+00:26:24	7:37	7.9
21	<b>MIERZEJEWSKA-JASIŃSKA Martyna</b>	<b>244</b>	BIEGAM NA TARCHOMINIE	K2 30-39 lat	29	00:01:01	00:34:40	01:06:34	<b>01:39:28.95</b>	<b>01:40:30.30</b>	+00:26:42	7:39	7.8
22	<b>MONIKA Lewandowska</b>	<b>256</b>		K3 40-49 lat	41	00:00:38	00:33:40	01:06:38	<b>01:41:14.15</b>	<b>01:41:52.85</b>	+00:28:27	7:47	7.7
23	<b>WIŚNIEWSKA-DUDA Anna</b>	<b>397</b>		K2 30-39 lat	31	00:00:13	00:34:49	01:07:20	<b>01:41:31.80</b>	<b>01:41:45.30</b>	+00:28:45	7:48	7.7
24	<b>ZATYLNA Joanna</b>	<b>410</b>		K2 30-39 lat	32	00:01:30	00:33:01	01:05:29	<b>01:42:14.65</b>	<b>01:43:45.00</b>	+00:29:28	7:51	7.6
25	<b>WINDER Agnieszka</b>	<b>394</b>		K3 40-49 lat	46	00:01:07	00:34:00	01:07:38	<b>01:43:56.45</b>	<b>01:45:03.55</b>	+00:31:10	7:59	7.5
26	<b>ŁĄCKA Ilona</b>	<b>12</b>	BIAŁOŁĘKA JEST KOBIETĄ	K4 50-59 lat	12	00:01:26	00:34:44	01:10:05	<b>01:46:58.40</b>	<b>01:48:24.80</b>	+00:34:12	8:13	7.3
27	<b>METELSKA Magdalena</b>	<b>235</b>		K3 40-49 lat	51	00:00:21	00:34:06	01:11:08	<b>01:54:21.25</b>	<b>01:54:42.50</b>	+00:41:35	8:47	6.8
28	<b>KUJAWSKA Joanna</b>	<b>211</b>	BIEGAM NA TARCHOMINIE	K3 40-49 lat	53	00:01:11	00:33:28	01:06:07			+00:17:30	7:35	7.9
29	<b>MAJCHRZAK Anna</b>	<b>3</b>		K2 30-39 lat	36	00:01:38	00:35:55	01:09:33			+00:20:56	7:59	7.5
30	<b>TELAKOWSKA Anita</b>	<b>372</b>		K3 40-49 lat	57	00:01:11	00:35:15	01:11:23			+00:22:46	8:12	7.3
31	<b>SCHINDLER Żaneta</b>	<b>323</b>		K3 40-49 lat	60	00:00:08	00:25:59				+00:01:44	5:54	10.2
32	<b>SOLAREK Kinga</b>	<b>5</b>		K2 30-39 lat	40	00:01:38	00:36:14				+00:11:59	8:14	7.3
33	<b>LACH Marta</b>	<b>215</b>	SLOWJOGGING BIAŁOŁĘKA	K3 40-49 lat	63	00:01:43	00:37:11				+00:12:56	8:27	7.1
34	<b>BRZĄKAŁA Renata</b>	<b>53</b>	SLOWJOGGING BIAŁOŁĘKA	K4 50-59 lat	18	00:01:40	01:02:56				+00:38:41	14:18	4.2

Znaleziono 34 wynik(ów)