

BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2022-12-11
Miejsce: Warszawa
Dystans: 13 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkanka Białołęki

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy Białołęki	Pracownicy Służby Więziennej	0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	KARBOWIAK Marcelina	189		K2 30-39 lat	3	Tak		00:00:22	00:19:00	00:38:16	00:57:44.65	00:57:44.65		4:26	13.5 (100%)
2	SADOWSKA Marzena	379	PKP S.A.	K2 30-39 lat	4	Tak		00:00:26	00:20:20	00:40:45	01:01:07.80	01:01:07.80	+00:03:23 (5.5%)	4:42	12.8 (94.8%)
3	KOWALIKOWSKA Renata	229	BIEGAM NA TARCHOMINIE	K3 40-49 lat	4	Tak		00:00:28	00:20:31	00:41:38	01:02:53.00	01:02:53.00	+00:05:08 (8.2%)	4:50	12.4 (91.9%)
4	WÓJCIK Monika	498	ADIDAS RUNNERS WARSAW	K3 40-49 lat	5	Tak		00:00:45	00:22:16	00:43:18	01:04:08.40	01:04:08.40	+00:06:23 (10.0%)	4:56	12.2 (90.4%)
5	ŻURANIEWSKA Agnieszka	521		K3 40-49 lat	8	Tak		00:00:49	00:22:20	00:44:20	01:06:24.90	01:06:24.90	+00:08:40 (13.1%)	5:06	11.7 (86.7%)
6	SOBCZYK Ewa	405	TRIATHLETIC TEAM	K2 30-39 lat	8	Tak		00:00:36	00:23:57	00:46:28	01:09:09.75	01:09:09.75	+00:11:25 (16.5%)	5:19	11.3 (83.7%)
7	GÓRSKA Małgorzata	124		K2 30-39 lat	9	Tak		00:00:50	00:23:38	00:46:31	01:09:18.65	01:09:18.65	+00:11:34 (16.7%)	5:19	11.3 (83.7%)
8	FURMANIAK- PAŃCZAK Joanna	99	TEAM PARSZCZYŃSKICH	K2 30-39 lat	10	Tak		00:00:44	00:22:49	00:45:56	01:09:29.75	01:09:29.75	+00:11:45 (16.9%)	5:20	11.2 (83.0%)
9	BUCHALSKA Ewa	56	EKOBIEGI	K4 50-59 lat	6	Tak		00:00:53	00:23:29	00:46:47	01:10:19.05	01:10:19.05	+00:12:34 (17.9%)	5:24	11.1 (82.2%)
10	MAJEWSKA Hanna	279	BIEGAM NA TARCHOMINIE	K2 30-39 lat	12	Tak		00:00:49	00:23:33	00:47:02	01:10:19.50	01:10:19.50	+00:12:34 (17.9%)	5:24	11.1 (82.2%)
11	STAROŃSKA Magdalena	417	BIEGAM NA TARCHOMINIE	K3 40-49 lat	14	Tak		00:00:58	00:24:23	00:47:38	01:11:07.10	01:11:07.10	+00:13:22 (18.8%)	5:28	11 (81.5%)
12	JARMUŻEWSKA Teresa	152	TIA	K4 50-59 lat	7	Tak		00:00:59	00:24:30	00:48:10	01:11:18.45	01:11:18.45	+00:13:33 (19.0%)	5:29	10.9 (80.7%)
13	CIMOCHOWSKA- ŚWITALSKA Magdalena	70	BIEGAM NA TARCHOMINIE	K3 40-49 lat	18	Tak		00:01:04	00:24:56	00:48:58	01:12:50.10	01:12:50.10	+00:15:05 (20.7%)	5:36	10.7 (79.3%)
14	WALCZUK Magda	475	BRAK	K2 30-39 lat	14	Tak		00:00:39	00:24:27	00:48:52	01:14:01.85	01:14:01.85	+00:16:17 (22.0%)	5:41	10.5 (77.8%)
15	MICHALIK Katarzyna	428	TO NATURALNE	K2 30-39 lat	15	Tak		00:01:09	00:24:56	00:49:26	01:14:17.70	01:14:17.70	+00:16:33 (22.3%)	5:42	10.5 (77.8%)
16	MYŚLIŃSKA Anna	123	BIAŁOŁĘKA JEST KOBIETĄ	K3 40-49 lat	21	Tak	Tak	00:00:56	00:25:12	00:50:00	01:14:42.80	01:14:42.80	+00:16:58 (22.7%)	5:44	10.4 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
17	ZUBELEWICZ-JERUZALSKA Anna	516		K2 30-39 lat	17	Tak		00:00:51	00:24:52	00:49:56	01:14:44.10	01:14:44.10	+00:16:59 (22.7%)	5:44	10.4 (77.0%)
18	PIKULIŃSKA Iwona	345		K2 30-39 lat	18	Tak		00:01:18	00:25:56	00:50:46	01:15:31.05	01:15:31.05	+00:17:46 (23.5%)	5:48	10.3 (76.3%)
19	DOBOSZ Aneta	82	WŚCIEKŁE PIĘŚCI WĘŻA	K2 30-39 lat	19	Tak		00:01:22	00:26:34	00:51:21	01:16:45.10	01:16:45.10	+00:19:00 (24.8%)	5:54	10.2 (75.6%)
20	SROCZYNSKA Emilia	414		K2 30-39 lat	22	Tak		00:00:46	00:26:15	00:52:28	01:18:26.05	01:18:26.05	+00:20:41 (26.4%)	6:02	9.9 (73.3%)
21	WITEK Małgorzata	489		K3 40-49 lat	29	Tak		00:00:46	00:26:15	00:52:29	01:18:59.50	01:18:59.50	+00:21:14 (26.9%)	6:04	9.9 (73.3%)
22	CZARTORYSKA Anna	407		K3 40-49 lat	30	Tak		00:00:45	00:25:35	00:52:23	01:19:24.35	01:19:24.35	+00:21:39 (27.3%)	6:06	9.8 (72.6%)
23	OWOC Magdalena	339	BIEGAJ POD OKIEM TRENERA	K2 30-39 lat	24	Tak		00:00:46	00:26:14	00:52:24	01:19:24.50	01:19:24.50	+00:21:39 (27.3%)	6:06	9.8 (72.6%)
24	MŁYŃCZYK Adriana	304		K3 40-49 lat	31	Tak		00:00:37	00:26:02	00:52:25	01:19:27.55	01:19:27.55	+00:21:42 (27.3%)	6:06	9.8 (72.6%)
25	KOCIK Elżbieta	4		K3 40-49 lat	32	Tak		00:01:22	00:28:08	00:54:01	01:19:32.60	01:19:32.60	+00:21:47 (27.4%)	6:07	9.8 (72.6%)
26	ŁUCZAK Małgorzata	270	RUNNERSI ZE SKARBKA	K3 40-49 lat	33	Tak		00:00:53	00:25:52	00:52:44	01:20:28.40	01:20:28.40	+00:22:43 (28.2%)	6:11	9.7 (71.9%)
27	KOSEWSKA Dorota	220	BIEGAM NA TARCHOMINIE	K4 50-59 lat	12	Tak		00:01:09	00:27:33	00:54:26	01:21:46.90	01:21:46.90	+00:24:02 (29.4%)	6:17	9.5 (70.4%)
28	KACZYŃSKA Paula	173		K1 < 29 lat	6	Tak		00:01:07	00:28:22	00:55:43	01:23:04.25	01:23:04.25	+00:25:19 (30.5%)	6:23	9.4 (69.6%)
29	SIKORSKA Agnieszka	390	EKOBIEGI	K3 40-49 lat	35	Tak		00:01:03	00:28:00	00:55:35	01:24:22.10	01:24:22.10	+00:26:37 (31.6%)	6:29	9.2 (68.1%)
30	KWIECIEŃ Agata	253		K4 50-59 lat	16	Tak		00:01:15	00:29:20	00:58:00	01:26:05.00	01:26:05.00	+00:28:20 (32.9%)	6:37	9.1 (67.4%)
31	SOŁDECKA Anna	411	SLOW JOGGING BIAŁOŁĘKA	K4 50-59 lat	17	Tak		00:01:37	00:31:07	00:59:10	01:26:48.20	01:26:48.20	+00:29:03 (33.5%)	6:40	9 (66.7%)
32	LEWANDOWSKA Monika	259	BIEGAM NA BIAŁOŁĘCE	K3 40-49 lat	41	Tak		00:00:40	00:28:07	00:57:25	01:26:55.35	01:26:55.35	+00:29:10 (33.6%)	6:41	9 (66.7%)
33	ŁOZOWSKA Dorota	268		K3 40-49 lat	42	Tak		00:00:44	00:28:40	00:57:32	01:27:04.10	01:27:04.10	+00:29:19 (33.7%)	6:41	9 (66.7%)
34	WINIARSKA Izabela	7	IZAGÓRĄ	K3 40-49 lat	43	Tak		00:01:23	00:29:09	00:57:25	01:27:05.55	01:27:05.55	+00:29:20 (33.7%)	6:41	9 (66.7%)
35	SZWARC Anna	442		K3 40-49 lat	44	Tak		00:00:41	00:28:07	00:57:25	01:27:12.30	01:27:12.30	+00:29:27 (33.8%)	6:42	8.9 (65.9%)
36	PIEŃKOSZ Monika	344		K1 < 29 lat	7	Tak		00:01:08	00:29:58	00:58:06	01:28:05.80	01:28:05.80	+00:30:21 (34.5%)	6:46	8.9 (65.9%)
37	FERUŚ Ula	95		K2 30-39 lat	25	Tak		00:00:58	00:30:15	01:01:26	01:32:35.85	01:32:35.85	+00:34:51 (37.6%)	7:07	8.4 (62.2%)
38	WINDER Agnieszka	486		K3 40-49 lat	50	Tak		00:01:06	00:30:28	01:00:51	01:33:21.55	01:33:21.55	+00:35:36 (38.1%)	7:10	8.4 (62.2%)
39	ŻYŁA-ZDZIECH Sylwia	522		K3 40-49 lat	51	Tak		00:00:41	00:34:20	01:07:58	01:43:40.10	01:43:40.10	+00:45:55 (44.3%)	7:58	7.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
	CABAŃSKA Dorota	59		K3 40-49 lat		Tak		00:00:36 DNF	00:22:46 DNF	00:46:11 DNF	DNF	DNF		-	- (0.0%)
	MICHNOWSKA Adriana	294	BIEGOWE WTORKI NA TARCHOMINIE	K3 40-49 lat		Tak		00:01:15 DNF	00:31:54 DNF	01:01:22 DNF	DNF	DNF		-	- (0.0%)
	LACH Marta	255	SLOWJOGGING BIAŁOŁĘKA	K3 40-49 lat		Tak		00:01:37 DNF	00:32:14 DNF	01:03:57 DNF	DNF	DNF		-	- (0.0%)
	SALAMON Kinga	382		K2 30-39 lat		Tak		00:01:19 DNF	00:30:53 DNF	01:04:00 DNF	DNF	DNF		-	- (0.0%)
	WALĘDZIK Edyta	476		K1 < 29 lat		Tak		00:00:43 DNF	00:25:39 DNF	DNF	DNF	DNF		-	- (0.0%)
	GONET Katarzyna	118	BIEGOWE WTORKI NA TARCHOMINIE	K3 40-49 lat		Tak		00:01:03 DNF	00:26:43 DNF	DNF	DNF	DNF		-	- (0.0%)
	KARPIŃSKA Izabela	191		K3 40-49 lat		Tak		00:01:19 DNF	00:31:55 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 46 wynik(ów)