

BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2019-12-14
Miejsce: Warszawa
Dystans: 13 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Mężczyźni

Punkt pomiarowy: 4,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
1	PARSZCZYŃSKI Łukasz	277	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:14:15
2	SŁUPIK Tomasz	455		M1 < 29 lat	00:00:01	00:00:15	00:14:15
3	FALKOWSKI Bartek	77	PIEKIELNI WARSZAWA	M2 30-39 lat	00:00:01	00:00:16	00:14:44
4	JOSYPENKO Jędrzej	487	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:14:44
5	BEŃKOWSKI Piotr	475		M2 30-39 lat	00:00:01	00:00:17	00:14:45
6	MASIAREK Maciej	227		M1 < 29 lat	00:00:03	00:00:15	00:15:08
7	TABER Konrad	371	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	M1 < 29 lat	00:00:01	00:00:16	00:15:23
8	URMANOWSKI Daniel	386	DREAM RUN	M2 30-39 lat	00:00:02	00:00:16	00:15:23
9	FIEDOROW Tomasz	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	M2 30-39 lat	00:00:01	00:00:15	00:15:32
10	GRZYBOWSKI Paweł	119	TEAM PARSZCZYŃSKICH	M2 30-39 lat	00:00:01	00:00:16	00:15:39
11	HILDEBRAND Marcin	127	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:02	00:00:19	00:16:05
12	WERNER Kamil	394	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM	M2 30-39 lat	00:00:03	00:00:17	00:16:08
13	KIELAK Leszek	488	ENTRE RUNNING	M2 30-39 lat	00:00:00	00:00:22	00:16:10
14	GOZDEK Scyzoryk	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	M3 40-49 lat	00:00:02	00:00:18	00:16:19
15	MIELCZAREK Krzysztof	236	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:04	00:00:18	00:16:26
16	ŁABĘDZKI Konrad	520	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:29
17	PRZYBYŁA Krzysztof	499	ADIDAS RUNNERS WARSAW	M2 30-39 lat	00:00:02	00:00:18	00:16:37
18	KOTLENGA Przemysław	180		M2 30-39 lat	00:00:02	00:00:18	00:16:46
19	NOWOSIELSKI Grzegorz	448	ŻÓRAWSKI TEAM	M1 < 29 lat	00:00:02	00:00:20	00:16:46
20	MAJCHRZAK Sławomir	218	UKS TYCHOW STARY	M4 50-59	00:00:03	00:00:18	00:16:52
21	BIAŁEK Piotr	476	3BRO	M2 30-39 lat	00:00:02	00:00:18	00:16:53
22	GAŁUSZKA Filip	92	KOKOSZKA36TEAM	M2 30-39 lat	00:00:03	00:00:20	00:16:53
23	KRÓL Dariusz	534	ZABIEGANY WOŁOMIN	M4 50-59	00:00:02	00:00:21	00:17:07
24	TOMCZAK Marcin	377	1980	M2 30-39 lat	00:00:03	00:00:20	00:17:07
25	KUBERA Piotr	194	ADIDAS RUNNERS WARSAW	M3 40-49 lat	00:00:00	00:00:22	00:17:21
26	GOŁYŃSKI Tomasz	483		M2 30-39 lat	00:00:09	00:00:24	00:17:32
27	STRADOMSKI Artur	345	MARKOWI BIEGACZE	M3 40-49 lat	00:00:03	00:00:20	00:17:33
28	SZMIGIELSKI Mateusz	531		M1 < 29 lat	00:00:08	00:00:27	00:17:33
29	UGRYN Maciej	384	WWW.RUNISMYFUN.COM	M2 30-39 lat	00:00:02	00:00:20	00:17:34
30	ROWIŃSKI Tomasz	307		M3 40-49 lat	00:00:02	00:00:17	00:17:43
31	TARAS Marcin	372		M2 30-39 lat	00:00:08	00:00:25	00:17:48
32	SZWARC Szymon	364		M1 < 29 lat	00:00:06	00:00:23	00:17:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
33	PYTLINSKI Rafał	298		M3 40-49 lat	00:00:03	00:00:20	00:17:53
34	ANUSIEWICZ Robert	474		M3 40-49 lat	00:00:04	00:00:21	00:17:55
35	NOWOCIEŃ Jacek	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	00:00:03	00:00:21	00:17:57
36	GAJEK Ireneusz	89		M3 40-49 lat	00:00:10	00:00:25	00:18:02
37	KACZMAREK Jakub	144		M1 < 29 lat	00:00:00	00:00:20	00:18:03
38	TURSKI Maciej	511	MMA, TYLKO MMA	M1 < 29 lat	00:00:06	00:00:21	00:18:07
39	MIELCZAREK Marek	235	MARKOWI BIEGACZE	M3 40-49 lat	00:00:05	00:00:19	00:18:12
40	JAWORSKI Piotr	137	EKOBIEGI	M3 40-49 lat	00:00:04	00:00:19	00:18:15
41	BRODZIK Arkadiusz	426		M2 30-39 lat	00:00:02	00:00:16	00:18:16
42	SIERZPUTOWSKI Robert	453	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:03	00:00:20	00:18:18
43	DĄBROWSKI Michał	63		M2 30-39 lat	00:00:06	00:00:23	00:18:22
44	PUTON Michał	295		M2 30-39 lat	00:00:08	00:00:25	00:18:30
45	KALKO Vitalii	149		M2 30-39 lat	00:00:04	00:00:24	00:18:34
46	BRODAKCI Waldemar	36	CHEMIK NOXY PUŁAWY	M5 60+	00:00:08	00:00:26	00:18:34
47	KACZMARZYK Hubert	146	WOJSKOWA AKADEMIA TECHNICZNA	M1 < 29 lat	00:00:25	00:00:33	00:18:34
48	ZIÓŁKOWSKI Jacek	420		M4 50-59	00:00:01	00:00:21	00:18:35
49	MANELSKI Artur	442	DOBRZYNSKI KLUB ZEGLARSKI	M2 30-39 lat	00:00:04	00:00:21	00:18:35
50	MACANDER Jakub	496		M1 < 29 lat	00:04:34	00:00:17	00:18:38
51	GWIZDAŁA Cezary	122	KUŹNIA TRIATHLONU	M3 40-49 lat	00:00:05	00:00:22	00:18:40
52	NIEZGODA Przemysław	250		M2 30-39 lat	00:00:07	00:00:26	00:18:40
53	MAMLA Zbigniew	221	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:09	00:00:26	00:18:40
54	OCZKOWSKI Mateusz	264	GRUPA BIEGOWA CHTMO	M3 40-49 lat	00:00:17	00:00:34	00:18:44
55	SKOTNICKI Piotr	325		M2 30-39 lat	00:00:09	00:00:25	00:18:47
56	SARZAŁA Dariusz	315	AKS POLONIA WARSZAWA	M5 60+	00:00:02	00:00:20	00:18:52
57	KOWALEWSKI Łukasz	491	BISKUPIEC BIEGA	M2 30-39 lat	00:00:00	00:01:48	00:18:55
58	KRUPIŃSKI Marek	437	1995	M1 < 29 lat	00:00:03	00:00:18	00:18:56
59	KANIA Paweł	153	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:06	00:00:23	00:18:57
60	MICHNOWSKI Sebastian	233		M3 40-49 lat	00:00:08	00:00:27	00:18:58
61	TYMICKI Zbigniew	382	ENTRE.PL TEAM	M4 50-59	00:00:08	00:00:27	00:19:02
62	KOŚCIK Jakub	436		M2 30-39 lat	00:00:05	00:00:30	00:19:03
63	NAPIÓRKOWSKI Grzegorz	246	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:06	00:00:27	00:19:04
64	GĘBALA Wojtek	94		M3 40-49 lat	00:00:06	00:00:24	00:19:04
65	OCHENKOWSKI Sebastian	263		M2 30-39 lat	00:00:04	00:00:24	00:19:05
66	TROJANOWSKI Rafał	379	BIEGAM BO LUBIĘ ZĄBKI TEAM	M1 < 29 lat	00:00:04	00:00:22	00:19:05
67	FILIPCZUK Dariusz	83		M4 50-59	00:00:06	00:00:23	00:19:05
68	KALINOWSKI Łukasz	148		M2 30-39 lat	00:00:07	00:00:24	00:19:05
69	SERAFIN Tomasz	503		M3 40-49 lat	00:00:06	00:00:25	00:19:08
70	KORKOSZ Andrzej	174		M3 40-49 lat	00:00:05	00:00:24	00:19:14
71	JASKÓŁOWSKI Waldemar	135	WOJSKOWA AKADEMIA TECHNICZNA	M4 50-59	00:00:00	00:00:41	00:19:15
72	WIŚNIEWSKI Krzysztof	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	M3 40-49 lat	00:00:06	00:00:25	00:19:20
73	PUCHACZ Piotr	294	MPK	M3 40-49 lat	00:00:15	00:00:36	00:19:20
74	GÓRAL Tadeusz	540	KKB	M3 40-49 lat	00:00:02	00:00:23	00:19:25
75	SYGOCKI Konrad	352	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:19:25
76	MICHALSKI Ryszard	445	WWW.SENSORYBEAUTY.PL	M2 30-39 lat	00:00:09	00:00:23	00:19:31
77	KOŁODZIEJCZYK Krzysztof	170	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:19	00:00:36	00:19:31
78	WITKOWSKI Łukasz	405	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:20	00:00:35	00:19:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
79	ŚMIETAŃSKI Piotr	459	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:16	00:00:29	00:19:34
80	RYMKIEWICZ Zbigniew	312		M2 30-39 lat	00:00:07	00:00:25	00:19:35
81	KSIEL Artur	192		M2 30-39 lat	00:00:07	00:00:27	00:19:36
82	RZEPLIŃSKI Jacek	501		M4 50-59	00:00:12	00:00:27	00:19:38
83	WASZKIEWICZ Ariel	465	WASZKA TEAM	M3 40-49 lat	00:00:11	00:00:30	00:19:42
84	HELMAN Filip	432	FR WARSZAWA	M1 < 29 lat	00:00:14	00:00:25	00:19:43
85	HAJKOWICZ Adam	528		M4 50-59	00:00:05	00:00:25	00:19:45
86	PŁATEK Tomasz	529		M2 30-39 lat	00:00:05	00:00:26	00:19:45
87	IWANIUK Tomasz	486	ŻYWCEM ZABIEGANI	M2 30-39 lat	00:00:10	00:00:27	00:19:46
88	CNOTA Maciek	55		M2 30-39 lat	00:00:11	00:00:27	00:19:49
89	WISZOWATY Piotr	401		M2 30-39 lat	00:00:07	00:00:28	00:19:52
90	FRANK Michał	85	JW 2414	M2 30-39 lat	00:00:07	00:00:27	00:19:53
91	ZELENT Arkadiusz	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	00:00:09	00:00:26	00:19:53
92	RESZCZYK Marcin	302		M3 40-49 lat	00:00:33	00:00:33	00:19:56
93	SMORAWSKI Wodzisław	331		M2 30-39 lat	00:00:00	00:00:48	00:19:57
94	CHARLEJ Ireneusz	45	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49 lat	00:00:09	00:00:26	00:19:57
95	GÓJSKI Mirosław	107	HYDROMIR	M4 50-59	00:00:15	00:00:28	00:20:00
96	STĘPIEŃ Adam	342		M2 30-39 lat	00:00:06	00:00:26	00:20:01
97	ŚWIERCZ Andrzej	509	KB IM. PIOTRA SĘKOWSKIEGO	M4 50-59	00:00:10	00:00:26	00:20:01
98	ROPIAK Paweł	305		M1 < 29 lat	00:00:00	00:01:02	00:20:04
99	CIMOCHOWSKI Mieczysław	53	MC SERWIS	M3 40-49 lat	00:00:09	00:00:28	00:20:06
100	OPIATOWSKI Ryszard	269		M4 50-59	00:00:11	00:00:28	00:20:11
101	STAŃCZUK Leszek	505	YULO RUN TEAM SIEDLCE	M4 50-59	00:00:10	00:00:26	00:20:15
102	LEWANDOWSKI Piotr	206	TRUCH TARCHOMINTEAM	M3 40-49 lat	00:00:10	00:00:26	00:20:16
103	FRE Luis	430	WOLNA WENEZUELA	M4 50-59	00:00:04	00:00:22	00:20:18
104	STYKOWSKI Michał	348	TARCHOŚFIRY	M2 30-39 lat	00:00:18	00:00:28	00:20:19
105	DĄBROWSKI Daniel	61	FARMACJA TARCHOMIN	M1 < 29 lat	00:00:16	00:00:35	00:20:21
106	BYSTRY Grzegorz	41	KS LENIWIEC	M3 40-49 lat	00:00:24	00:00:30	00:20:30
107	ŁUBIŃSKI Krzysztof	495		M3 40-49 lat	00:00:24	00:00:35	00:20:35
108	GLINKA Karol	97		M2 30-39 lat	00:00:32	00:00:36	00:20:35
109	NOWAK Jakub	101	DOBRZYŃSKI KLUB ŻEGLARSKI	M3 40-49 lat	00:00:02	00:00:22	00:20:39
110	ORLIŃSKI Krzysztof	498		M2 30-39 lat	00:00:37	00:00:35	00:20:44
111	SZYMCZAK Jacek	367	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:06	00:00:28	00:20:45
112	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47
113	KUSY Marcin	493		M3 40-49 lat	00:00:13	00:00:29	00:20:47
114	MUSIAŁ Krzysztof	243		M1 < 29 lat	00:00:22	00:00:30	00:20:48
115	GAJEWSKI Mariusz	90		M3 40-49 lat	00:00:33	00:00:35	00:20:49
116	CEGIEŁKA Dawid	42	KS BACHMATY	M2 30-39 lat	00:00:41	00:00:32	00:20:49
117	LEWANDOWSKI Robert	207		M3 40-49 lat	00:00:13	00:00:34	00:20:50
118	KUBAN Sebastian	193		M3 40-49 lat	00:00:20	00:00:33	00:20:50
119	MAZUR Piotr	228		M2 30-39 lat	00:00:27	00:00:33	00:20:50
120	KUCHTA Pawel	195		M2 30-39 lat	00:00:08	00:00:28	00:20:54
121	CAŁKA Marek	480		M3 40-49 lat	00:00:21	00:00:35	00:20:56
122	KOŚCIUK Maciek	179		M3 40-49 lat	00:00:00	00:00:33	00:20:58
123	ZIELIŃSKI Łukasz	471	BIEGAM BO LUBIĘ OSTROŁĘKA	M2 30-39 lat	00:00:04	00:00:25	00:21:00
124	SUTUŁA Dariusz	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	M3 40-49 lat	00:00:21	00:00:33	00:21:00

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
125	TENDERENDA Kamil	460		M2 30-39 lat	00:00:49	00:00:33	00:21:03
126	MOSUR Kamil	242		M3 40-49 lat	00:00:15	00:00:30	00:21:05
127	FRĄCKIEWICZ Dariusz	86	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:21:05
128	PIOTROWSKI Artur	521	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:23	00:00:35	00:21:06
129	MYSTKOWSKI Mieczysław	447		M4 50-59	00:00:16	00:00:33	00:21:09
130	JANECKI Przemysław	131		M2 30-39 lat	00:00:16	00:00:34	00:21:09
131	GOLIASZ Paweł	102	BIEGAM I JUŻ	M3 40-49 lat	00:00:19	00:00:32	00:21:09
132	KAROLAK Rafał	155	STOMILEX	M3 40-49 lat	00:00:33	00:00:37	00:21:09
133	OLSZANKA Arkadiusz	266		M3 40-49 lat	00:00:15	00:00:30	00:21:10
134	DZIARNOWSKI Włoddek	73	BIEGAMPŁOCK TEAM	M4 50-59	00:00:14	00:00:30	00:21:11
135	DERESZEWSKI Piotr	64	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:15	00:00:30	00:21:11
136	RUDNIK Jarosław	309	ZABIEGANY WOŁOMIN	M3 40-49 lat	00:00:10	00:00:28	00:21:13
137	NADOBNIK Konrad	245	BIEGAM BO LUBIĘ ZĄBKI TEAM	M2 30-39 lat	00:00:05	00:00:27	00:21:14
138	ZAJAC Bartosz	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	M2 30-39 lat	00:00:14	00:00:32	00:21:17
139	STRÓŻYK Piotrek	346		M3 40-49 lat	00:00:25	00:00:33	00:21:17
140	CELIŃSKI Tomasz	43	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:25	00:21:18
141	SUCHODOLSKI Mariusz	349	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:27	00:21:19
142	MANCZENKO Eugeniusz	222		M2 30-39 lat	00:00:22	00:00:31	00:21:23
143	MIĘTEK Artur	237	III ZKSS SR LEGIONOWO	M3 40-49 lat	00:00:12	00:00:34	00:21:24
144	KOPER Sebastian	173	CARREFOUR RUNNING TEAM	M3 40-49 lat	00:00:04	00:00:23	00:21:27
145	URBANIAK Michał	385		M2 30-39 lat	00:00:07	00:00:28	00:21:28
146	GOŁASZEWSKI Marcin	103		M3 40-49 lat	00:00:10	00:00:28	00:21:28
147	STEMPEL Tomasz	341	MARYSIN WAWERSKI BIEGA	M3 40-49 lat	00:00:16	00:00:31	00:21:29
148	TWORZEWSK Piotr	523	OSTROBIEC / SEKCJA BOKSERSKA KSZO	M1 < 29 lat	00:00:37	00:00:36	00:21:30
149	ŁATKOWSKI Łukasz	209	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:24	00:00:34	00:21:37
150	ZRAZEK Piotr	421		M3 40-49 lat	00:00:34	00:00:39	00:21:37
151	BIALOKOS Kamil	29	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:25	00:00:35	00:21:38
152	ŚCISŁOWICZ Krzysztof	369	STOMILEX	M2 30-39 lat	00:00:04	00:00:25	00:21:40
153	POPOWICZ Bartłomiej	291		M1 < 29 lat	00:00:32	00:00:30	00:21:40
154	SZYMAŃSKI Robert	366	KREWKI URSYNÓW HDK	M3 40-49 lat	00:00:31	00:00:32	00:21:42
155	SZELAĞ Tomasz	360	MKB DREPTAK	M3 40-49 lat	00:00:35	00:00:34	00:21:42
156	KOSMALA Dariusz	178		M4 50-59	00:00:11	00:00:32	00:21:44
157	STACHOWICZ Paweł	458		M1 < 29 lat	00:00:31	00:00:33	00:21:46
158	ROKITA Andrzej	304		M3 40-49 lat	00:00:34	00:00:35	00:21:46
159	BIEDKA Robert	533	REBOOK RUN CREW	M3 40-49 lat	00:00:09	00:00:29	00:21:47
160	STANKOWSKI Paweł	337		M2 30-39 lat	00:00:11	00:00:31	00:21:47
161	CZAJKOWSKI Marcin	59	OMB OŻARÓW MAZOWIECKI	M3 40-49 lat	00:00:25	00:00:37	00:21:48
162	KUREK Wojceich	202	1 BAZA LOTNICTWA TRANSPORTOWEGO	M2 30-39 lat	00:00:26	00:00:36	00:21:48
163	SŁOWIŃSKI Marcin	328	1.OREL	M2 30-39 lat	00:00:35	00:00:35	00:21:48
164	CZAJKOWSKI Marek	58	---	M3 40-49 lat	00:00:23	00:00:35	00:21:50
165	SĄGOL Sylwester	316		M3 40-49 lat	00:00:52	00:00:33	00:21:52
166	SOBCZAK Bogusław	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	M3 40-49 lat	00:00:31	00:00:33	00:21:53
167	WIŚNIEWSKI Paweł	404	ŁOMIANKOWSKA GRUPA BIEGOWA	M3 40-49 lat	00:00:07	00:00:27	00:22:01
168	BABIUCH Marek	18		M4 50-59	00:00:09	00:00:27	00:22:02
169	MUSIAŁ Marcin	538		M2 30-39 lat	00:00:21	00:00:35	00:22:02
170	PIERAŃSKI Adam	284	VEGE RUNNERS	M4 50-59	00:00:11	00:00:33	00:22:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
171	PAZIEWSKI Andrzej	281	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:20	00:00:35	00:22:05
172	POTRZEBOWSKI Dominik	292		M2 30-39 lat	00:00:24	00:00:35	00:22:06
173	MILANIAK Bogdan	446		M3 40-49 lat	00:00:32	00:00:37	00:22:06
174	TOMCZAK Andrzej	522		M1 < 29 lat	00:00:13	00:00:27	00:22:08
175	NOGAL Robert	253		M2 30-39 lat	00:00:24	00:00:35	00:22:08
176	FIGIEL Michał	80	AMATORSKI KLUB ŻUŻLOWY	M1 < 29 lat	00:00:18	00:00:32	00:22:09
177	TOMCZAK Karol	510		M1 < 29 lat	00:00:11	00:00:30	00:22:10
178	GRZEGORSKI Arkadiusz	117	KB FOLIE	M4 50-59	00:00:34	00:00:36	00:22:10
179	FIRYSIUK Tomasz	84		M3 40-49 lat	00:00:32	00:00:38	00:22:11
180	WYDRA Mariusz	469		M3 40-49 lat	00:00:34	00:00:37	00:22:11
181	MAGOT Tomasz	497		M2 30-39 lat	00:00:31	00:00:37	00:22:15
182	PISAREK Norbert	289		M3 40-49 lat	00:00:49	00:00:35	00:22:16
183	SIEDLACZEK Zbigniew	321		M5 60+	00:00:24	00:00:36	00:22:17
184	RUSIN Bartosz	310	KS STASZEWCY	M3 40-49 lat	00:00:18	00:00:34	00:22:18
185	BRONISZEWSKI Jakub	477		M3 40-49 lat	00:00:40	00:00:36	00:22:23
186	LEŃCZUK Andrzej	440		M4 50-59	00:00:23	00:00:33	00:22:25
187	FILC Łukasz	82		M2 30-39 lat	00:00:26	00:00:35	00:22:29
188	SYPNIOWSKI Tomasz	353	EMO OI	M2 30-39 lat	00:00:37	00:00:37	00:22:29
189	BARTNIK Rafał	24		M3 40-49 lat	00:00:16	00:00:31	00:22:30
190	EWERTOWSKI Piotr	76	MARKOWI BIEGACZE	M4 50-59	00:00:26	00:00:37	00:22:33
191	WIERBIŁOWICZ Dariusz	397		M3 40-49 lat	00:00:30	00:00:34	00:22:33
192	KILIAŃSKI Rafał	162	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:12	00:00:30	00:22:34
193	SMOLEŃSKI Piotr	330	TRUCHT TARCHOMIN TEAM	M4 50-59	00:00:12	00:00:29	00:22:34
194	TRZASKOWSKI Dariusz	381	TRUCHT TARCHOMIN TEAM	M3 40-49 lat	00:00:13	00:00:29	00:22:34
195	CZAJKA Piotr	56	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:19	00:00:37	00:22:34
196	WYSOCKI Robert	408	GRUPA BIEGOWA UM WA-WA	M3 40-49 lat	00:00:25	00:00:35	00:22:35
197	TYMIŃSKI Mariusz	383		M2 30-39 lat	00:00:32	00:00:37	00:22:35
198	OCHAB Janusz	261		M3 40-49 lat	00:00:26	00:00:35	00:22:37
199	SZULAWSKI Robert	363	GSD. ŻOLIBORZ.	M4 50-59	00:00:08	00:00:30	00:22:39
200	KSENIAK Szymon	191		M3 40-49 lat	00:00:23	00:00:34	00:22:40
201	KUCKI Kamil	197	MAZOVIA PROACTIV CIECHANÓW	M2 30-39 lat	00:00:33	00:00:37	00:22:42
202	KWIATKOWSKI Tomasz	204		M3 40-49 lat	00:00:43	00:00:37	00:22:43
203	PYTKA Andrzej	297		M4 50-59	00:00:44	00:00:36	00:22:43
204	SZACHNA Piotr	354	EKOBIEGI	M3 40-49 lat	00:00:18	00:00:36	00:22:45
205	KOSIŃSKI Aleksander	177		M2 30-39 lat	00:00:36	00:00:38	00:22:45
206	DALECKI Łukasz	536	NASIELSK BASZTA TEAM	M2 30-39 lat	00:00:22	00:00:35	00:22:47
207	KONARSKI Maciej	490	DOGOŃ GRODZISK MAZOWIECKI	M2 30-39 lat	00:00:08	00:00:29	00:22:48
208	GRYCNER Paweł	116		M2 30-39 lat	00:00:23	00:00:34	00:22:50
209	KUFLOWSKI Artur	199	JW.3411	M3 40-49 lat	00:00:28	00:00:37	00:22:52
210	MALINOWSKI Mikołaj	530		M3 40-49 lat	00:00:05	00:00:25	00:22:54
211	BARAN Przemysław	23		M1 < 29 lat	00:00:36	00:00:34	00:22:55
212	WILEŃSKI Zbigniew	398	GRUPA BIEGOWA UM W-WA	M4 50-59	00:00:27	00:00:36	00:22:58
213	JAROŃ Jarosław	133	KOKOSZKA36TEAM	M3 40-49 lat	00:00:18	00:00:35	00:22:59
214	KADUK Łukasz	542	CEZAR	M2 30-39 lat	00:00:00	00:00:51	00:23:00
215	MĘDRZYCKI Mirosław	232	PARKRUN BRÓDNO	M4 50-59	00:00:01	00:00:22	00:23:00
216	LACH Adrian	205	TRICLUB	M3 40-49 lat	00:00:12	00:00:33	00:23:02

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
	OSTASZEWSKI Marcin	272		M2 30-39 lat	DNF	00:00:37 DNF	00:23:03 DNF
218	JABŁONKA Radosław	128	DZIADY OCR	M3 40-49 lat	00:00:20	00:00:34	00:23:04
219	ŁĘCKI Tomasz	211		M3 40-49 lat	00:00:20	00:00:32	00:23:06
220	GÓRECKI Krzysztof	110		M3 40-49 lat	00:00:43	00:00:38	00:23:06
221	TODORSKI Tomasz	375		M3 40-49 lat	00:00:19	00:00:33	00:23:07
222	WIŚNIEWSKI Tomasz	403	KPMG RUNNING TEAM	M3 40-49 lat	00:00:25	00:00:34	00:23:09
223	GRZESZCZYK Michał	118	EKOBIEGI	M2 30-39 lat	00:00:17	00:00:38	00:23:10
224	ZWOLIŃSKI Grzegorz	422	REEBOK RUN CREW	M3 40-49 lat	00:00:31	00:00:34	00:23:11
225	GODLEWSKI Daniel	99		M2 30-39 lat	00:00:41	00:00:37	00:23:11
226	WACH Michał	387	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:22	00:00:36	00:23:12
227	PIOTROWSKI Kamil	287		M2 30-39 lat	00:00:26	00:00:37	00:23:12
228	BAK Łukasz	25	AGD WRONIAK	M2 30-39 lat	00:00:33	00:00:32	00:23:15
229	HARTMAN Łukasz	123	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M2 30-39 lat	00:00:24	00:00:36	00:23:16
	KOŁOSOWSKI Piotr	434	KUNGFU PANDA TEAM	M2 30-39 lat	DNF	00:00:38 DNF	00:23:17 DNF
231	BAKUŁA Wiesław	517	WAMPIR	M4 50-59	00:00:04	00:00:27	00:23:19
232	GÓRECKI Rajmund	109		M3 40-49 lat	00:00:36	00:00:36	00:23:19
233	MAREK Roman	225		M4 50-59	00:00:10	00:00:29	00:23:21
234	STARZYŃSKI Piotr	506		M2 30-39 lat	00:00:31	00:00:34	00:23:22
235	SOCHACKI Mariusz	332		M3 40-49 lat	00:00:15	00:00:32	00:23:25
236	FABISIAK Damian	429		M2 30-39 lat	00:00:14	00:00:32	00:23:26
237	KASKA Mateusz	158		M2 30-39 lat	00:00:35	00:00:37	00:23:26
238	PARADOWSKI Andrzej	275		M3 40-49 lat	00:00:52	00:00:33	00:23:31
239	GONTARZ Mateusz	484		M2 30-39 lat	00:00:41	00:00:36	00:23:32
	OSTASZEWSKI Marek	270		M2 30-39 lat	DNF	00:00:37 DNF	00:23:37 DNF
241	OSTASZEWSKI Wojciech	271	WERKUS RUNNERS	M2 30-39 lat	00:00:27	00:00:37	00:23:39
242	MALINOWSKI Mariusz	220		M2 30-39 lat	00:00:39	00:00:36	00:23:40
243	STASIAK Piotr	340		M2 30-39 lat	00:00:38	00:00:36	00:23:41
244	DUCH Emil	69	JB WARSAW	M2 30-39 lat	00:00:36	00:00:38	00:23:48
245	SMOCZYK Hubert	329	WARSZAWSKI ZAUŁEK	M2 30-39 lat	00:00:40	00:00:37	00:23:54
246	SOPYŁO Stefan	334		M2 30-39 lat	00:00:26	00:00:35	00:23:59
247	BORUSZEWSKI Maciej	35		M3 40-49 lat	00:00:13	00:00:34	00:24:00
248	SKOWRON Wojciech	543		M4 50-59	00:00:46	00:00:39	00:24:06
249	BUKOWSKI Janusz	5	STOWARZYSZENIE DAĆ SIEBIE INNYM	M5 60+	00:00:03	00:00:31	00:24:10
250	NOSARZEWSKI Mariusz	254		M3 40-49 lat	00:00:20	00:00:37	00:24:10
251	MĘDEL Cezary	230		M3 40-49 lat	00:00:19	00:00:37	00:24:11
252	SKRZYŃSKI Adam	327		M1 < 29 lat	00:00:32	00:00:39	00:24:13
253	DOMAŃSKI Piotr	428		M2 30-39 lat	00:00:05	00:00:30	00:24:15
	JÓZWIK Robert	142	HARX TEAM	M3 40-49 lat	DNF	00:00:36 DNF	00:24:17 DNF
255	ZDUNIAK Marcin	516	BIEGAM NA TARCHOMINIE	M2 30-39 lat	00:00:42	00:00:36	00:24:18
256	CHOJNOWSKI Andrzej	47	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:23	00:00:35	00:24:23
257	CIEŚLIŃSKI Dariusz	52	DARIOS	M3 40-49 lat	00:00:18	00:00:37	00:24:24
258	KARWOWSKA Mariusz	156	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:26	00:00:35	00:24:24
259	RODAK Zbigniew	303		M4 50-59	00:00:25	00:00:36	00:24:26
260	NIEDZIELA Dominik	249		M3 40-49 lat	00:00:50	00:00:37	00:24:28
261	ZDUŃSKI Jarosław	414		M4 50-59	00:00:22	00:00:38	00:24:29
262	SELEWSKI Krzysztof	319	MARCIN.BIZ	M4 50-59	00:00:58	00:00:28	00:24:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
263	REGUCKI Ryszard	301		M3 40-49 lat	00:00:36	00:00:31	00:24:34
264	DZIEPAK Piotr	75	1. BLTR	M2 30-39 lat	00:00:26	00:00:36	00:24:35
265	OLESIAK Arkadiusz	265	BIEGAM NA TARCHOMINIE	M3 40-49 lat	00:00:19	00:00:37	00:24:36
266	PANCEROW Marcin	449		M3 40-49 lat	00:00:10	00:00:33	00:24:38
267	PIETRAS Tomasz	285	NASIELSK BASZTA TEAM	M3 40-49 lat	00:00:38	00:00:38	00:24:38
268	KOWALCZYK Mateusz	183		M1 < 29 lat	00:00:40	00:00:34	00:24:42
269	KOMOROWSKI Piotrek	435		M2 30-39 lat	00:00:10	00:00:29	00:24:47
270	KONIECZNY Piotr	172		M2 30-39 lat	00:00:44	00:00:37	00:24:52
271	KOZIATEK Mariusz	186		M3 40-49 lat	00:00:23	00:00:36	00:24:54
272	MATWIEJ Adam	443	ADAM MATWIEJ	M2 30-39 lat	00:00:44	00:00:37	00:24:55
273	KLUZIAK Jarosław	165		M2 30-39 lat	00:00:27	00:00:36	00:24:57
274	KUNKA Piotr	201	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:34	00:25:00
275	DZIDECZEK Marcin	74	TEAM ZABIEGANEDNI	M2 30-39 lat	00:00:20	00:00:33	00:25:00
276	HERNIK Jacek	126	BABABARANEK RUNNERS	M5 60+	00:00:43	00:00:38	00:25:02
277	CIERNIAK Michał	50	GRUPA BIEGOWA UM W-WA	M3 40-49 lat	00:00:46	00:00:36	00:25:02
278	NOWAKOWSKI Czesław	257	KLUB. BIEGACZAGOCZ	M5 60+	00:00:25	00:00:34	00:25:03
279	SAŁAJCZYK Sylwester	452		M4 50-59	00:00:34	00:00:38	00:25:08
280	SZYMAŃSKI Paweł	365		M2 30-39 lat	00:00:39	00:00:36	00:25:08
281	KULIK Karol	539		M3 40-49 lat	00:00:37	00:00:37	00:25:09
282	GÓRSKI Krzysztof	111		M3 40-49 lat	00:00:13	00:00:33	00:25:13
283	ANTONOWICZ Maciek	15	DEAF RUNNING	M2 30-39 lat	00:00:30	00:00:37	00:25:13
284	BIDZINSKI Krzysztof	31	LEBIEGI	M3 40-49 lat	00:00:29	00:00:38	00:25:14
285	ZARĘBA Jarosław	410		M3 40-49 lat	00:00:30	00:00:37	00:25:14
286	ŁOZIŃSKI Piotr	494	BRACTWO BIEGOWE BGK	M3 40-49 lat	00:00:11	00:00:34	00:25:17
287	GOLENIEWSKI Patryk	482	1992	M1 < 29 lat	00:00:16	00:00:33	00:25:17
288	BOJAR Paweł	33		M3 40-49 lat	00:00:23	00:00:36	00:25:21
289	WIDERA Tomasz	395	KOKOSZKA36TEAM	M2 30-39 lat	00:00:40	00:00:35	00:25:21
290	NOWOSIELSKI Tomasz	260	HERO	M4 50-59	00:00:29	00:00:39	00:25:24
291	KWIATEK Jacek	203		M4 50-59	00:00:35	00:00:37	00:25:28
292	KRÓL Ryszard	187	LUBLIN BIEGA	M4 50-59	00:00:25	00:00:36	00:25:32
293	KRÓLIK Tomasz	188		M3 40-49 lat	00:00:33	00:00:35	00:25:36
294	JERZAK Eryk	139		M4 50-59	00:00:45	00:00:36	00:25:36
295	PIRÓG Kamil	288	1. OREL	M2 30-39 lat	00:00:28	00:00:38	00:25:38
296	DĄBROWSKI Andrzej	62		M5 60+	00:00:09	00:00:36	00:25:39
297	WALCZAK Dariusz	389	CYTRYNOWI STUDENCI	M3 40-49 lat	00:00:09	00:00:35	00:25:39
298	CHĄDZYŃSKI Marcin	46		M2 30-39 lat	00:00:33	00:00:38	00:25:41
299	KAMIONOWSKI Mariusz-Jacek	152	MORSY OSTROŁĘKA	M4 50-59	00:00:06	00:00:32	00:25:45
300	RZEPKA Mirek	313	AKTYWNI BIEGACZE	M4 50-59	00:00:31	00:00:34	00:25:48
301	BARAN Wojciech	22		M1 < 29 lat	00:00:36	00:00:35	00:25:52
302	WALIGÓRSKI Krzysztof	463	MARKOWI BIEGACZE	M4 50-59	00:00:27	00:00:37	00:26:05
303	BĄK Andrzej	26		M4 50-59	00:00:30	00:00:38	00:26:07
304	BĄK Hubert	27		M1 < 29 lat	00:00:30	00:00:38	00:26:07
305	GRACZYK Roman	112		M3 40-49 lat	00:00:18	00:00:38	00:26:09
306	KORYCKI Karol	175		M2 30-39 lat	00:00:21	00:00:45	00:26:11
307	RYBARCZYK Kamil	311		M2 30-39 lat	00:00:46	00:00:38	00:26:15
308	ŁUCAK Piotr	213	OSTRÓW BIEGA	M2 30-39 lat	00:00:19	00:00:35	00:26:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
309	KUCICKI Krzysztof	196		M3 40-49 lat	00:00:05	00:00:26	00:26:22
310	BRZEZICKI Michał	39		M2 30-39 lat	00:00:39	00:00:36	00:26:24
311	SIKORSKI Michał	535	EKO BIEGI	M3 40-49 lat	00:00:51	00:00:37	00:26:32
312	JACHOWICZ Łukasz	129		M2 30-39 lat	00:00:46	00:00:37	00:26:35
313	KILKOWSKI Jarosław	164		M4 50-59	00:00:10	00:00:31	00:26:37
314	JERUZAL Jacek	138	TUPTUŚ OTWOCK	M4 50-59	00:00:05	00:00:32	00:26:39
315	FIJAŁKOWSKI Michał	81	PO PROSTU MY	M3 40-49 lat	00:00:42	00:00:38	00:26:39
316	BEDNARZAK Tadeusz	28	YULO RUN TEAM SIEDLCE	M5 60+	00:00:37	00:00:37	00:26:42
317	KULAK Paweł	200		M3 40-49 lat	00:00:31	00:00:38	00:26:49
318	DŁUŻNIEWSKI Tomasz	66		M3 40-49 lat	00:00:46	00:00:37	00:26:56
	ŻÓŁCIŃSKI Waldemar	424	GRUPA BIEGOWA UM W-WA	M5 60+	DNF	00:00:37 DNF	00:27:04 DNF
320	MIKULIK Piotr	239		M2 30-39 lat	00:00:17	00:00:35	00:27:26
321	ROSZAK Waldemar	306	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	M4 50-59	00:01:01	00:00:27	00:27:26
322	PAWŁOWSKI Jakub	280	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29
323	KOWALSKI Kamil	185	CYTRYNOWI STUDENCI	M2 30-39 lat	00:00:48	00:00:39	00:27:29
324	FRENKEL Marek	87		M4 50-59	00:00:48	00:00:39	00:27:31
325	KOMOŃ Maciej	171		M2 30-39 lat	00:00:44	00:00:38	00:27:46
326	KAWKA Andrzej	159		M5 60+	00:00:45	00:00:38	00:27:49
327	PETRYCKI Marcin	283	PUMP!T	M3 40-49 lat	00:00:11	00:00:35	00:27:59
328	MIŚTA Grzegorz	100	FRONTIS	M3 40-49 lat	00:00:10	00:00:35	00:28:05
329	BAJOREK Jacek	19	MARKOWI BIEGACZE	M3 40-49 lat	00:00:38	00:00:37	00:28:05
330	PAWEŁEK Krzysztof	279	PO PROSTU MY	M3 40-49 lat	00:00:43	00:00:37	00:28:14
331	NACZULSKI Witold	244	GRUPA BIEGOWA UM W-WA	M2 30-39 lat	00:00:26	00:00:39	00:28:17
332	DYMEL Piotr	481	12TRI.PL	M5 60+	00:00:15	00:00:37	00:28:18
333	ŁUKASIEWICZ Robert	216	KOKOSZKA36TEAM	M3 40-49 lat	00:00:40	00:00:36	00:28:18
334	STAŃCZYK Grzegorz	338		M4 50-59	00:00:49	00:00:37	00:28:27
335	SOJKA Łukasz	333		M2 30-39 lat	00:00:33	00:00:38	00:28:44
336	ŁUCZAK Piotr	214	PKO BANK POLSKI	M3 40-49 lat	00:00:34	00:00:39	00:28:50
337	CZARNECKI Piotr	60	TARCHOŚFIRY	M2 30-39 lat	00:00:17	00:00:33	00:29:08
338	ARTYMIUK Olaf	17		M2 30-39 lat	00:00:44	00:00:38	00:29:10
339	ZYGMUNT Kamil	527		M2 30-39 lat	00:00:31	00:00:40	00:29:30
340	ZIELIŃSKI Paweł	417	BRAK	M2 30-39 lat	00:00:42	00:00:37	00:29:50
341	KOCHAN Piotr	167	ZABIEGANY WOŁOMIN	M2 30-39 lat	00:00:39	00:00:37	00:29:59
342	DYMEL Andrzej	72	MARKOWI BIEGACZE	M5 60+	00:00:38	00:00:37	00:30:00
	BUDNIK Stanisław	479	NASIELSK BASZTA TEAM	M1 < 29 lat	DNF	00:00:39 DNF	00:30:00 DNF
344	KĘPCZYŃSKI Janusz	161	KB OŻARÓW MAZOWIECKI BIEGA	M5 60+	00:00:42	00:00:38	00:30:20
345	NOWORYTA Jacek	259	ASA TEAM BIEGIEM PO ZDROWIE	M5 60+	00:00:43	00:00:36	00:30:46
346	DOBOSZ Marek	67		M3 40-49 lat	00:00:55	00:00:36	00:31:31
347	DUDA Kamil	70		M1 < 29 lat	00:00:39	00:00:38	00:31:42
	FICEK Łukasz	78	CYTRYNOWI STUDENCI	M2 30-39 lat	DNF	00:00:38 DNF	00:32:14 DNF
349	NASKRĘT Mariusz	247		M3 40-49 lat	00:00:45	00:00:39	00:32:16
350	MADEJEK Jacek	441	ZABIEGANI PO USZY	M2 30-39 lat	00:00:51	00:00:37	00:32:23
351	RADWAN-PYTLAWSKI Paweł	300	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	M2 30-39 lat	00:00:16	00:00:37	00:33:20
352	KAMIŃSKI Waldemar	433		M4 50-59	00:01:08	00:00:39	00:35:42
353	CIEŚLAK Paweł	51	SLOWJOGGING BIAŁOŁĘKA	M4 50-59	00:01:05	00:00:42	00:35:43
354	ANUSZKIEWICZ Włodzimierz	16		M4 50-59	00:00:08	00:00:32	00:36:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	0.1km	4.4km
	NIEWCZAS Zdzisław	532		M5 60+	DNF	00:00:32 DNF	00:38:02 DNF
356	SIEKIERKO Łukasz	322		M2 30-39 lat	00:00:06	00:00:26	00:39:35
	DOMAŃSKI Jacek Expedyt	68	WKB META LUBLINIEC	M5 60+	DNF	00:00:52 DNF	00:41:24 DNF
358	NOWAK Bartłomiej	256		M3 40-49 lat	00:00:03	00:00:27	00:43:14
359	KOZŁOWSKI Robert	519	CHUDY BYK	M1 < 29 lat	00:00:50	00:00:39	00:46:52
	UZIĘBŁO Wiesław	555	SDP	M5 60+	DNF	00:00:48 DNF	01:24:06 DNF
361	SZCZEPKOWSKI Przemysław	508		M2 30-39 lat	00:00:00	00:39:17	
	TYBURC Paweł	548		M3 40-49 lat	DNF	01:09:11 DNF	DNF

Znaleziono 362 wynik(ów)