

# BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2022-12-11  
**Miejsce:** Warszawa  
**Dystans:** 13 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białołęki	Służby Więziennej								
1	<b>KUŚMIERZ Sylwester</b>	<b>252</b>	MARKOWI BIEGACZE	M3 40-49 lat	1			00:00:18	00:15:28	00:30:47	<b>00:46:10.05</b>	<b>00:46:10.05</b>		3:33	16.9 (100%)
2	<b>RYDZ Artur</b>	<b>375</b>	ŚWIĘTOKRZYSZYSCY KURATORZY	M2 30-39 lat	1	Tak		00:00:19	00:16:23	00:32:31	<b>00:48:28.45</b>	<b>00:48:28.45</b>	+00:02:18 (4.8%)	3:43	16.1 (95.3%)
3	<b>ŁABĘDZKI Konrad</b>	<b>264</b>	DUKLANOWSKI TEAM	M2 30-39 lat	2			00:00:22	00:16:22	00:32:32	<b>00:48:39.45</b>	<b>00:48:39.45</b>	+00:02:29 (5.1%)	3:44	16 (94.7%)
4	<b>MIOTK Marcin</b>	<b>302</b>	MIOTK.PL EVEREST MOTYWACJI	M3 40-49 lat	2	Tak		00:00:21	00:16:31	00:33:05	<b>00:49:52.30</b>	<b>00:49:52.30</b>	+00:03:42 (7.4%)	3:50	15.6 (92.3%)
5	<b>KUREK Jarosław</b>	<b>249</b>	WOJSKOWA AKADEMIA TECHNICZNA	M2 30-39 lat	3	Tak		00:00:19	00:16:20	00:33:10	<b>00:50:11.65</b>	<b>00:50:11.65</b>	+00:04:01 (8.0%)	3:51	15.5 (91.7%)
6	<b>HILDEBRAND Marcin</b>	<b>139</b>		M2 30-39 lat	4	Tak		00:00:21	00:17:14	00:34:19	<b>00:51:22.45</b>	<b>00:51:22.45</b>	+00:05:12 (10.1%)	3:57	15.2 (89.9%)
7	<b>SKWARCZ Paweł</b>	<b>399</b>		M2 30-39 lat	5	Tak		00:00:21	00:17:18	00:34:37	<b>00:51:30.85</b>	<b>00:51:30.85</b>	+00:05:20 (10.4%)	3:57	15.1 (89.3%)
8	<b>GOZDEK Radek</b>	<b>120</b>	BIEGANIEPO40.PL	M3 40-49 lat	3	Tak		00:00:21	00:17:25	00:34:47	<b>00:51:41.95</b>	<b>00:51:41.95</b>	+00:05:31 (10.7%)	3:58	15.1 (89.3%)
9	<b>URMANOWSKI Daniel</b>	<b>472</b>	DREAM RUN	M2 30-39 lat	6	Tak		00:00:21	00:17:02	00:34:27	<b>00:51:46.90</b>	<b>00:51:46.90</b>	+00:05:36 (10.8%)	3:58	15.1 (89.3%)
10	<b>MIELCZAREK Krzysztof</b>	<b>296</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	4	Tak		00:00:21	00:17:26	00:34:49	<b>00:52:23.10</b>	<b>00:52:23.10</b>	+00:06:13 (11.9%)	4:01	14.9 (88.2%)
11	<b>JUSIŃSKI Krystian</b>	<b>168</b>	BRACTWO BIEGOWE BGK	M2 30-39 lat	7			00:00:21	00:17:13	00:34:54	<b>00:52:42.25</b>	<b>00:52:42.25</b>	+00:06:32 (12.4%)	4:03	14.8 (87.6%)
12	<b>SZYBALSKI Michał</b>	<b>443</b>		M2 30-39 lat	8			00:00:20	00:17:25	00:35:19	<b>00:53:02.85</b>	<b>00:53:02.85</b>	+00:06:52 (13.0%)	4:04	14.7 (87.0%)
13	<b>WOŹNIAK Przemysław</b>	<b>495</b>	WIELISZEW HERON TEAM	M2 30-39 lat	9			00:00:52	00:18:13	00:35:38	<b>00:53:02.90</b>	<b>00:53:02.90</b>	+00:06:52 (13.0%)	4:04	14.7 (87.0%)
14	<b>SIEPIETOWSKI Piotr</b>	<b>387</b>	LS AIRPORT RUN WARSZAWA	M4 50-59	1			00:00:23	00:18:01	00:35:51	<b>00:53:34.85</b>	<b>00:53:34.85</b>	+00:07:24 (13.8%)	4:07	14.6 (86.4%)
15	<b>CHRAPEK Janusz</b>	<b>64</b>	ROSSMANN	M3 40-49 lat	5			00:00:26	00:18:12	00:36:05	<b>00:54:00.55</b>	<b>00:54:00.55</b>	+00:07:50 (14.5%)	4:09	14.4 (85.2%)
16	<b>ANUSIEWICZ Robert</b>	<b>16</b>	-	M3 40-49 lat	6	Tak		00:00:24	00:18:17	00:36:10	<b>00:54:14.05</b>	<b>00:54:14.05</b>	+00:08:04 (14.9%)	4:10	14.4 (85.2%)
17	<b>GAJEK Ireneusz</b>	<b>100</b>	ASFALTLOVE DZIKI	M3 40-49 lat	7			00:00:23	00:18:25	00:37:04	<b>00:55:51.65</b>	<b>00:55:51.65</b>	+00:09:41 (17.4%)	4:17	14 (82.8%)
18	<b>KOŚCIK Jakub</b>	<b>225</b>		M2 30-39 lat	10			00:00:36	00:18:57	00:37:20	<b>00:55:56.25</b>	<b>00:55:56.25</b>	+00:09:46 (17.5%)	4:18	13.9 (82.2%)
19	<b>GAWEŁ Piotr</b>	<b>106</b>		M3 40-49 lat	8			00:00:30	00:18:00	00:36:50	<b>00:56:04.25</b>	<b>00:56:04.25</b>	+00:09:54 (17.7%)	4:18	13.9 (82.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białoleki	Służby Więziennej								
20	<b>TKACZYK Adam</b>	<b>458</b>		M2 30-39 lat	11			00:00:24	00:19:13	00:37:36	<b>00:56:08.55</b>	<b>00:56:08.55</b>	+00:09:58 (17.8%)	4:19	13.9 (82.2%)
21	<b>KOWALSKI Sebastian</b>	<b>233</b>		M3 40-49 lat	9			00:00:31	00:19:25	00:38:03	<b>00:56:31.15</b>	<b>00:56:31.15</b>	+00:10:21 (18.3%)	4:20	13.8 (81.7%)
22	<b>SZAŁKOWSKI Dawid</b>	<b>434</b>	MARKOWI BIEGACZE	M3 40-49 lat	10			00:00:25	00:18:47	00:37:44	<b>00:56:37.85</b>	<b>00:56:37.85</b>	+00:10:27 (18.5%)	4:21	13.8 (81.7%)
23	<b>POTOROKA Vitalii</b>	<b>356</b>	ROZBIEGANY PIASTÓW	M1 < 29 lat	1			00:00:25	00:18:52	00:38:06	<b>00:56:56.95</b>	<b>00:56:56.95</b>	+00:10:46 (18.9%)	4:22	13.7 (81.1%)
24	<b>CIESIELSKI Marcin</b>	<b>68</b>	WARSAW RUN CLUB	M3 40-49 lat	11			00:00:23	00:19:19	00:38:24	<b>00:56:58.20</b>	<b>00:56:58.20</b>	+00:10:48 (19.0%)	4:22	13.7 (81.1%)
25	<b>MAJCHRZAK Sławomir</b>	<b>277</b>	UKS TYCHÓW STARY	M4 50-59	2			00:00:26	00:18:46	00:37:53	<b>00:57:10.65</b>	<b>00:57:10.65</b>	+00:11:00 (19.3%)	4:23	13.6 (80.5%)
26	<b>FALANDYSZ Janusz</b>	<b>93</b>	WPRUNNING PRUSZKÓW	M5 60+	1			00:00:25	00:19:07	00:38:08	<b>00:57:20.70</b>	<b>00:57:20.70</b>	+00:11:10 (19.5%)	4:24	13.6 (80.5%)
27	<b>MICHALSKI Robert</b>	<b>293</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	12			00:00:25	00:19:21	00:38:41	<b>00:57:34.60</b>	<b>00:57:34.60</b>	+00:11:24 (19.8%)	4:25	13.5 (79.9%)
28	<b>NOWOCIEŃ Jacek</b>	<b>320</b>	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M5 60+	2			00:00:25	00:19:11	00:38:33	<b>00:57:46.30</b>	<b>00:57:46.30</b>	+00:11:36 (20.1%)	4:26	13.5 (79.9%)
29	<b>SZMIGIELSKI Mateusz</b>	<b>438</b>		M2 30-39 lat	12			00:00:43	00:19:42	00:39:00	<b>00:58:03.50</b>	<b>00:58:03.50</b>	+00:11:53 (20.5%)	4:27	13.4 (79.3%)
30	<b>GAŁUSZKA Filip</b>	<b>105</b>	KOKOSZKA36TEAM	M2 30-39 lat	13			00:00:54	00:20:04	00:39:23	<b>00:58:05.15</b>	<b>00:58:05.15</b>	+00:11:55 (20.5%)	4:28	13.4 (79.3%)
31	<b>ŚLIMKO Daniel</b>	<b>506</b>		M2 30-39 lat	14			00:00:28	00:19:22	00:38:37	<b>00:58:16.45</b>	<b>00:58:16.45</b>	+00:12:06 (20.8%)	4:28	13.4 (79.3%)
32	<b>ŁYSIAK Michał</b>	<b>273</b>	SZWAGRY DWA	M3 40-49 lat	13	Tak		00:00:28	00:19:22	00:38:51	<b>00:58:20.80</b>	<b>00:58:20.80</b>	+00:12:10 (20.9%)	4:29	13.4 (79.3%)
33	<b>BUDNICKI Michał</b>	<b>235</b>		M3 40-49 lat	14	Tak		00:00:27	00:19:53	00:39:32	<b>00:58:31.90</b>	<b>00:58:31.90</b>	+00:12:21 (21.1%)	4:30	13.3 (78.7%)
34	<b>KRÓL Maciej</b>	<b>237</b>	BIEGAM NA TARCHOMINIE	M2 30-39 lat	15			00:00:30	00:19:22	00:39:13	<b>00:58:37.85</b>	<b>00:58:37.85</b>	+00:12:27 (21.3%)	4:30	13.3 (78.7%)
35	<b>BODZIACHOWSKI Marcin</b>	<b>47</b>	JACEKBIEGA RUNNING TEAM / ERACENT RUNNING TEAM	M3 40-49 lat	15			00:00:23	00:19:05	00:39:01	<b>00:58:56.15</b>	<b>00:58:56.15</b>	+00:12:46 (21.7%)	4:32	13.2 (78.1%)
36	<b>JAWORSKI Piotr</b>	<b>41</b>	MARKOWI BIEGACZE	M3 40-49 lat	16	Tak		00:00:26	00:19:21	00:39:01	<b>00:58:58.75</b>	<b>00:58:58.75</b>	+00:12:48 (21.7%)	4:32	13.2 (78.1%)
37	<b>KORKOSZ Andrzej</b>	<b>219</b>		M3 40-49 lat	17			00:00:38	00:20:10	00:39:37	<b>00:59:00.45</b>	<b>00:59:00.45</b>	+00:12:50 (21.8%)	4:32	13.2 (78.1%)
38	<b>MICHNOWSKI Sebastian</b>	<b>295</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	18	Tak		00:00:45	00:20:12	00:39:48	<b>00:59:08.90</b>	<b>00:59:08.90</b>	+00:12:58 (21.9%)	4:32	13.2 (78.1%)
39	<b>JUTKIEWICZ Marcin</b>	<b>170</b>	OBIEGANIU.PL	M3 40-49 lat	19	Tak		00:00:25	00:19:41	00:39:21	<b>00:59:12.85</b>	<b>00:59:12.85</b>	+00:13:02 (22.0%)	4:33	13.2 (78.1%)
40	<b>GLINKA Karol</b>	<b>115</b>		M2 30-39 lat	16		Tak	00:00:43	00:20:06	00:39:48	<b>00:59:32.35</b>	<b>00:59:32.35</b>	+00:13:22 (22.5%)	4:34	13.1 (77.5%)
41	<b>MOKRZEWSKI Maciej</b>	<b>305</b>		M2 30-39 lat	17			00:00:54	00:20:23	00:40:02	<b>00:59:34.00</b>	<b>00:59:34.00</b>	+00:13:23 (22.5%)	4:34	13.1 (77.5%)
42	<b>WŁODKOWSKI Robert</b>	<b>490</b>		M3 40-49 lat	20	Tak		00:00:26	00:20:01	00:40:03	<b>00:59:50.90</b>	<b>00:59:50.90</b>	+00:13:40 (22.9%)	4:36	13 (76.9%)
43	<b>SZYMAŃSKI Andrzej</b>	<b>446</b>		M3 40-49 lat	21	Tak		00:00:25	00:19:11	00:38:56	<b>00:59:51.55</b>	<b>00:59:51.55</b>	+00:13:41 (22.9%)	4:36	13 (76.9%)
44	<b>ŁATKOWSKI Łukasz</b>	<b>266</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	22			00:00:31	00:20:31	00:40:40	<b>01:00:10.55</b>	<b>01:00:10.55</b>	+00:14:00 (23.3%)	4:37	13 (76.9%)
45	<b>ZIOMEK Marek</b>	<b>515</b>	MARKOWI BIEGACZE	M3 40-49 lat	23	Tak		00:00:48	00:20:42	00:40:39	<b>01:00:23.55</b>	<b>01:00:23.55</b>	+00:14:13 (23.6%)	4:38	12.9 (76.3%)
46	<b>MOŁODKIEWICZ Zbigniew</b>	<b>307</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	24	Tak		00:00:28	00:20:28	00:40:18	<b>01:00:31.25</b>	<b>01:00:31.25</b>	+00:14:21 (23.7%)	4:39	12.9 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy	Pracownicy	0.2km	4.4km	8.7km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Białoleki	Stużby				13km	13km			
47	JANECKI Przemysław	151	PROJEKT MARATON EUROPA PLUS (AŚ WARSZAWA GROCHÓW)	M3 40-49 lat	25		Tak	00:00:39	00:20:13	00:40:30	01:00:37.65	01:00:37.65	+00:14:27 (23.9%)	4:39	12.9 (76.3%)
48	MANCZENKO Eugeniusz	282	LEŚNE SZYCHY	M3 40-49 lat	26			00:00:43	00:20:26	00:40:56	01:00:56.65	01:00:56.65	+00:14:46 (24.2%)	4:41	12.8 (75.7%)
49	BAZYDŁO Jakub	31		M1 < 29 lat	2			00:00:41	00:20:47	00:41:16	01:00:57.10	01:00:57.10	+00:14:47 (24.3%)	4:41	12.8 (75.7%)
50	BIEDKA Robert	44	RUN CREW OSTROŁĘKA	M3 40-49 lat	27		Tak	00:00:35	00:20:39	00:40:58	01:01:00.30	01:01:00.30	+00:14:50 (24.3%)	4:41	12.8 (75.7%)
51	GRZESIK Marcin	131	GRUPA BIEGOWA CHTMO	M3 40-49 lat	28			00:00:32	00:20:31	00:40:53	01:01:02.90	01:01:02.90	+00:14:52 (24.4%)	4:41	12.8 (75.7%)
52	DALGIEWICZ Dariusz	78		M5 60+	3			00:00:26	00:20:15	00:40:37	01:01:06.05	01:01:06.05	+00:14:56 (24.4%)	4:42	12.8 (75.7%)
53	KALINOWSKI Kamil	176		M2 30-39 lat	18	Tak		00:00:30	00:20:35	00:40:59	01:01:10.05	01:01:10.05	+00:15:00 (24.5%)	4:42	12.8 (75.7%)
54	HAUDEK Paweł	136		M2 30-39 lat	19	Tak		00:00:44	00:20:32	00:40:55	01:01:19.10	01:01:19.10	+00:15:09 (24.7%)	4:43	12.7 (75.1%)
55	ŻEBROWSKI Wiktor	519		M1 < 29 lat	3			00:00:28	00:19:18	00:40:04	01:01:22.40	01:01:22.40	+00:15:12 (24.8%)	4:43	12.7 (75.1%)
56	GRYZ Jacek	130	SUNFIT STUDIO	M3 40-49 lat	29			00:00:37	00:20:55	00:41:08	01:01:25.00	01:01:25.00	+00:15:14 (24.8%)	4:43	12.7 (75.1%)
57	SZCZEPANOWSKI Mikołaj	435		M2 30-39 lat	20			00:00:43	00:20:58	00:41:20	01:01:44.50	01:01:44.50	+00:15:34 (25.2%)	4:44	12.6 (74.6%)
58	KUCHAREK Paweł	242		M2 30-39 lat	21	Tak	Tak	00:00:43	00:21:09	00:41:32	01:01:52.15	01:01:52.15	+00:15:42 (25.4%)	4:45	12.6 (74.6%)
59	PLUTA Ireneusz	350		M5 60+	4	Tak		00:00:24	00:20:19	00:41:20	01:01:56.55	01:01:56.55	+00:15:46 (25.5%)	4:45	12.6 (74.6%)
60	CISKI Piotr	71		M3 40-49 lat	30	Tak		00:00:47	00:21:08	00:41:36	01:01:56.90	01:01:56.90	+00:15:46 (25.5%)	4:45	12.6 (74.6%)
61	MAZUREK Marcin	288		M3 40-49 lat	31	Tak		00:00:38	00:21:01	00:41:41	01:01:57.90	01:01:57.90	+00:15:47 (25.5%)	4:45	12.6 (74.6%)
62	ŚWIERCZ Jacek	455	BYLEDOBIEC ANIN	M4 50-59	3			00:00:33	00:20:39	00:41:28	01:02:01.60	01:02:01.60	+00:15:51 (25.6%)	4:46	12.6 (74.6%)
63	TRACZYK Przemysław	463	ASFALTLOVE DZIKI	M2 30-39 lat	22			00:00:23	00:20:34	00:41:18	01:02:05.40	01:02:05.40	+00:15:55 (25.6%)	4:46	12.6 (74.6%)
64	OSTAPIŃSKI Wojtek	335	OSTRESROKI	M4 50-59	4			00:00:58	00:21:44	00:42:01	01:02:06.30	01:02:06.30	+00:15:56 (25.7%)	4:46	12.6 (74.6%)
65	TOMASZEK Robert	459		M3 40-49 lat	32	Tak		00:00:30	00:19:54	00:40:44	01:02:16.20	01:02:16.20	+00:16:06 (25.9%)	4:47	12.5 (74.0%)
66	MACIEJEWSKI Stanisław	275	WPRUNNING	M4 50-59	5			00:00:26	00:20:45	00:41:39	01:02:43.35	01:02:43.35	+00:16:33 (26.4%)	4:49	12.4 (73.4%)
67	JAKUBOWSKI Dariusz	148	BIEGAM SOBIE	M4 50-59	6			00:00:31	00:20:39	00:41:41	01:02:46.10	01:02:46.10	+00:16:36 (26.4%)	4:49	12.4 (73.4%)
68	KRUPIŃSKI Marek	548		M1 < 29 lat	4	Tak	Tak	00:00:21	00:19:51	00:41:17	01:03:23.35	01:03:23.35	+00:17:13 (27.2%)	4:52	12.3 (72.8%)
69	KODA Eugeniusz	210	TEAM ZABIEGANEDNI	M5 60+	5			00:00:26	00:20:30	00:41:52	01:03:24.25	01:03:24.25	+00:17:14 (27.2%)	4:52	12.3 (72.8%)
70	GĘSIARZ Szymon	110		M2 30-39 lat	23			00:00:36	00:20:50	00:42:00	01:03:27.70	01:03:27.70	+00:17:17 (27.3%)	4:52	12.3 (72.8%)
71	MATHEA Jacek	285		M2 30-39 lat	24	Tak		00:01:29	00:22:31	00:43:16	01:03:33.90	01:03:33.90	+00:17:23 (27.4%)	4:53	12.3 (72.8%)
71	KOŁODZIEJ Mirosław	211	WOLNY KRAFT	M2 30-39 lat	24			00:01:16	00:23:00	00:43:46	01:03:33.90	01:03:33.90	+00:17:23 (27.4%)	4:53	12.3 (72.8%)
73	NOSKOWICZ Paweł	317		M1 < 29 lat	5			00:00:30	00:20:31	00:41:37	01:03:35.05	01:03:35.05	+00:17:25 (27.4%)	4:53	12.3 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białoleki	Służby Więziennej								
74	<b>ŚCIBOR Marcin</b>	<b>449</b>	RUCH IZBICA	M2 30-39 lat	26			00:00:55	00:21:19	00:42:25	<b>01:03:40.70</b>	<b>01:03:40.70</b>	+00:17:30 (27.5%)	4:53	12.3 (72.8%)
75	<b>WOTLIŃSKI Andrzej</b>	<b>494</b>	UKSM EKIPA MBIELACHY KIELCE	M5 60+	6			00:00:34	00:21:01	00:42:17	<b>01:03:46.85</b>	<b>01:03:46.85</b>	+00:17:36 (27.6%)	4:54	12.2 (72.2%)
76	<b>SIKORSKI Paweł</b>	<b>391</b>	KIP RUNNING	M3 40-49 lat	33			00:00:34	00:21:10	00:42:18	<b>01:03:46.95</b>	<b>01:03:46.95</b>	+00:17:36 (27.6%)	4:54	12.2 (72.2%)
77	<b>ŚMIETAŃSKI Piotr</b>	<b>452</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	34			00:01:08	00:22:22	00:43:08	<b>01:04:01.30</b>	<b>01:04:01.30</b>	+00:17:51 (27.9%)	4:55	12.2 (72.2%)
78	<b>KAKOLECKI Michał</b>	<b>174</b>		M4 50-59	7	Yes		00:01:02	00:22:30	00:43:34	<b>01:04:09.00</b>	<b>01:04:09.00</b>	+00:17:58 (28.0%)	4:56	12.2 (72.2%)
79	<b>MIĘTEK Artur</b>	<b>297</b>		M3 40-49 lat	35		Tak	00:00:41	00:21:43	00:43:00	<b>01:04:27.85</b>	<b>01:04:27.85</b>	+00:18:17 (28.4%)	4:57	12.1 (71.6%)
80	<b>RYMKIEWICZ Zbigniew</b>	<b>376</b>		M3 40-49 lat	36			00:01:00	00:21:55	00:43:40	<b>01:04:29.85</b>	<b>01:04:29.85</b>	+00:18:19 (28.4%)	4:57	12.1 (71.6%)
81	<b>CIBORSKI Jakub</b>	<b>66</b>		M3 40-49 lat	37			00:00:55	00:22:01	00:43:26	<b>01:04:40.85</b>	<b>01:04:40.85</b>	+00:18:30 (28.6%)	4:58	12.1 (71.6%)
82	<b>JARMUŻEWSKI Adam</b>	<b>153</b>	TIA	M3 40-49 lat	38	Tak		00:00:58	00:21:59	00:43:16	<b>01:04:51.35</b>	<b>01:04:51.35</b>	+00:18:41 (28.8%)	4:59	12 (71.0%)
83	<b>WASIAK Maciej</b>	<b>478</b>		M3 40-49 lat	39		Tak	00:00:46	00:21:32	00:43:09	<b>01:04:57.00</b>	<b>01:04:57.00</b>	+00:18:46 (28.9%)	4:59	12 (71.0%)
84	<b>DOMŻAŁSKI Artur</b>	<b>87</b>		M3 40-49 lat	40	Tak		00:00:55	00:22:01	00:43:27	<b>01:05:05.85</b>	<b>01:05:05.85</b>	+00:18:55 (29.1%)	5:00	12 (71.0%)
85	<b>KOWALSKI Mariusz</b>	<b>232</b>		M3 40-49 lat	41			00:01:08	00:23:00	00:44:23	<b>01:05:17.50</b>	<b>01:05:17.50</b>	+00:19:07 (29.3%)	5:01	11.9 (70.4%)
86	<b>OSIAŁ Mariusz</b>	<b>330</b>	KB IM. PIOTRA SĘKOWSKIEGO	M3 40-49 lat	42			00:00:54	00:22:36	00:43:54	<b>01:05:21.90</b>	<b>01:05:21.90</b>	+00:19:11 (29.4%)	5:01	11.9 (70.4%)
87	<b>KNOP Damian</b>	<b>206</b>	TRUCHCIKIEM_PO_POLSCE	M2 30-39 lat	27			00:01:18	00:22:36	00:43:54	<b>01:05:21.95</b>	<b>01:05:21.95</b>	+00:19:11 (29.4%)	5:01	11.9 (70.4%)
88	<b>KOBYLEC Artur</b>	<b>207</b>		M3 40-49 lat	43	Tak		00:01:29	00:22:33	00:43:51	<b>01:05:43.15</b>	<b>01:05:43.15</b>	+00:19:33 (29.8%)	5:03	11.9 (70.4%)
89	<b>WRONIEWSKI Grzegorz</b>	<b>499</b>		M2 30-39 lat	28			00:00:59	00:22:35	00:44:36	<b>01:05:50.60</b>	<b>01:05:50.60</b>	+00:19:40 (29.9%)	5:03	11.8 (69.8%)
90	<b>BABIUCH Marek</b>	<b>20</b>	RUN LOG	M5 60+	7	Tak	Tak	00:00:43	00:21:42	00:43:44	<b>01:05:55.20</b>	<b>01:05:55.20</b>	+00:19:45 (30.0%)	5:04	11.8 (69.8%)
91	<b>KUREK Jacek</b>	<b>250</b>		M2 30-39 lat	29			00:01:01	00:22:36	00:44:38	<b>01:06:00.20</b>	<b>01:06:00.20</b>	+00:19:50 (30.1%)	5:04	11.8 (69.8%)
92	<b>KULIK Tomasz</b>	<b>246</b>		M3 40-49 lat	44			00:00:55	00:22:19	00:44:02	<b>01:06:03.30</b>	<b>01:06:03.30</b>	+00:19:53 (30.1%)	5:04	11.8 (69.8%)
93	<b>CHARLEJ Ireneusz</b>	<b>60</b>		M4 50-59	8			00:00:36	00:22:22	00:44:29	<b>01:06:19.70</b>	<b>01:06:19.70</b>	+00:20:09 (30.4%)	5:06	11.8 (69.8%)
94	<b>CHĘC Tomasz</b>	<b>61</b>		M2 30-39 lat	30			00:01:04	00:22:36	00:44:34	<b>01:06:20.25</b>	<b>01:06:20.25</b>	+00:20:10 (30.4%)	5:06	11.8 (69.8%)
95	<b>WRONIEWSKI Mariusz</b>	<b>500</b>		M3 40-49 lat	45			00:01:01	00:22:32	00:44:34	<b>01:06:24.10</b>	<b>01:06:24.10</b>	+00:20:14 (30.5%)	5:06	11.7 (69.2%)
96	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>212</b>	NASIELSK BASZTA TEAM	M3 40-49 lat	46			00:01:13	00:22:31	00:44:50	<b>01:06:32.35</b>	<b>01:06:32.35</b>	+00:20:22 (30.6%)	5:07	11.7 (69.2%)
97	<b>GAWLIK Arkadiusz</b>	<b>108</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	47	Tak		00:00:49	00:22:50	00:44:58	<b>01:06:42.65</b>	<b>01:06:42.65</b>	+00:20:32 (30.8%)	5:07	11.7 (69.2%)
98	<b>RAPCZYŃSKI Witold</b>	<b>547</b>		M4 50-59	9			00:00:53	00:22:28	00:44:37	<b>01:06:43.55</b>	<b>01:06:43.55</b>	+00:20:33 (30.8%)	5:07	11.7 (69.2%)
99	<b>OWOC Tomasz</b>	<b>338</b>	PKO BANK POLSKI / NEW BALANCE RUN CLUB	M4 50-59	10			00:00:43	00:22:09	00:44:24	<b>01:06:47.70</b>	<b>01:06:47.70</b>	+00:20:37 (30.9%)	5:08	11.7 (69.2%)
100	<b>MIŚTA Grzegorz</b>	<b>303</b>		M3 40-49 lat	48		Tak	00:00:43	00:22:54	00:45:06	<b>01:06:49.25</b>	<b>01:06:49.25</b>	+00:20:39 (30.9%)	5:08	11.7 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białoleki	Służby Więziennej								
101	<b>STĘPNOWSKI Jakub</b>	<b>423</b>		M2 30-39 lat	31			00:00:35	00:21:30	00:43:43	<b>01:06:52.35</b>	<b>01:06:52.35</b>	+00:20:42 (31.0%)	5:08	11.7 (69.2%)
102	<b>WIERNIK Daniel</b>	<b>484</b>		M2 30-39 lat	32	Tak		00:00:41	00:22:25	00:44:46	<b>01:07:04.15</b>	<b>01:07:04.15</b>	+00:20:54 (31.2%)	5:09	11.6 (68.6%)
103	<b>POTRZEBOWSKI Dominik</b>	<b>357</b>	MARKOWI BIEGACZE	M3 40-49 lat	49			00:00:42	00:21:45	00:44:05	<b>01:07:06.70</b>	<b>01:07:06.70</b>	+00:20:56 (31.2%)	5:09	11.6 (68.6%)
104	<b>GAJEWSKI Mariusz</b>	<b>102</b>		M3 40-49 lat	50	Tak		00:00:45	00:21:41	00:43:56	<b>01:07:08.55</b>	<b>01:07:08.55</b>	+00:20:58 (31.2%)	5:09	11.6 (68.6%)
105	<b>SEBASTIAN Kręgiel</b>	<b>384</b>	SZCZYT ZA SZCZYTEM	M3 40-49 lat	51			00:00:36	00:21:58	00:44:29	<b>01:07:27.65</b>	<b>01:07:27.65</b>	+00:21:17 (31.6%)	5:11	11.6 (68.6%)
106	<b>GRAD Tomasz</b>	<b>126</b>	MARKOWI BIEGACZE	M3 40-49 lat	52	Tak		00:00:51	00:23:18	00:45:39	<b>01:07:45.30</b>	<b>01:07:45.30</b>	+00:21:35 (31.9%)	5:12	11.5 (68.0%)
107	<b>PRĘDKI Marcin</b>	<b>358</b>		M3 40-49 lat	53	Tak		00:01:13	00:23:54	00:45:48	<b>01:07:49.85</b>	<b>01:07:49.85</b>	+00:21:39 (31.9%)	5:13	11.5 (68.0%)
108	<b>KANIA Paweł</b>	<b>182</b>	BIEGAM NA TARCHOMINIE	M4 50-59	11	Tak		00:01:08	00:23:04	00:45:19	<b>01:07:56.35</b>	<b>01:07:56.35</b>	+00:21:46 (32.0%)	5:13	11.5 (68.0%)
109	<b>GRALA Grzegorz</b>	<b>127</b>		M3 40-49 lat	54	Tak		00:01:10	00:23:43	00:46:17	<b>01:07:56.60</b>	<b>01:07:56.60</b>	+00:21:46 (32.0%)	5:13	11.5 (68.0%)
110	<b>CELIŃSKI Tomasz</b>	<b>236</b>		M4 50-59	12			00:00:49	00:23:40	00:46:18	<b>01:08:00.75</b>	<b>01:08:00.75</b>	+00:21:50 (32.1%)	5:13	11.5 (68.0%)
111	<b>RODAK Zbigniew</b>	<b>367</b>		M4 50-59	13			00:01:29	00:24:51	00:46:51	<b>01:08:15.50</b>	<b>01:08:15.50</b>	+00:22:05 (32.4%)	5:15	11.4 (67.5%)
112	<b>LEWANDOWSKI Piotr</b>	<b>261</b>		M3 40-49 lat	55	Tak		00:00:39	00:21:49	00:44:39	<b>01:08:18.55</b>	<b>01:08:18.55</b>	+00:22:08 (32.4%)	5:15	11.4 (67.5%)
113	<b>DOBOSZ Piotr</b>	<b>83</b>	WŚCIEKŁE PIĘŚCI WĘŻA	M2 30-39 lat	33	Tak		00:01:17	00:23:47	00:46:13	<b>01:08:18.90</b>	<b>01:08:18.90</b>	+00:22:08 (32.4%)	5:15	11.4 (67.5%)
114	<b>OLEKSIAK Piotr</b>	<b>324</b>		M3 40-49 lat	56	Tak		00:00:56	00:23:51	00:46:17	<b>01:08:25.05</b>	<b>01:08:25.05</b>	+00:22:15 (32.5%)	5:15	11.4 (67.5%)
115	<b>GRADOMSKI Łukasz</b>	<b>545</b>		M2 30-39 lat	34			00:01:17	00:23:55	00:45:55	<b>01:08:38.00</b>	<b>01:08:38.00</b>	+00:22:27 (32.7%)	5:16	11.4 (67.5%)
116	<b>SIEPIETOWSKI Tomasz</b>	<b>386</b>	ANPHARM RUN TEAM	M3 40-49 lat	57			00:00:50	00:23:43	00:46:22	<b>01:08:43.95</b>	<b>01:08:43.95</b>	+00:22:33 (32.8%)	5:17	11.4 (67.5%)
117	<b>SPYCHAŁA Piotr</b>	<b>413</b>		M3 40-49 lat	58	Tak		00:00:30	00:22:51	00:45:59	<b>01:08:53.00</b>	<b>01:08:53.00</b>	+00:22:42 (33.0%)	5:17	11.3 (66.9%)
118	<b>GAJOWNICZEK Jarosław</b>	<b>103</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	59	Tak		00:00:57	00:23:19	00:46:11	<b>01:09:06.35</b>	<b>01:09:06.35</b>	+00:22:56 (33.2%)	5:18	11.3 (66.9%)
119	<b>TROJANOWSKI Rafał</b>	<b>465</b>		M2 30-39 lat	35			00:01:06	00:23:13	00:46:40	<b>01:09:17.40</b>	<b>01:09:17.40</b>	+00:23:07 (33.4%)	5:19	11.3 (66.9%)
120	<b>GWIZDAŁA Cezary</b>	<b>135</b>		M4 50-59	14	Tak		00:00:30	00:22:50	00:46:01	<b>01:09:19.30</b>	<b>01:09:19.30</b>	+00:23:09 (33.4%)	5:19	11.3 (66.9%)
121	<b>ROGUSKI Michał</b>	<b>368</b>		M2 30-39 lat	36			00:01:07	00:24:09	00:46:49	<b>01:09:20.75</b>	<b>01:09:20.75</b>	+00:23:10 (33.4%)	5:20	11.3 (66.9%)
122	<b>WALIGÓRSKI Krzysztof</b>	<b>477</b>	MARKOWI BIEGACZE	M4 50-59	15			00:00:51	00:24:13	00:47:01	<b>01:09:25.05</b>	<b>01:09:25.05</b>	+00:23:15 (33.5%)	5:20	11.2 (66.3%)
123	<b>SOCHACKI Mariusz</b>	<b>409</b>		M3 40-49 lat	60			00:01:00	00:24:26	00:47:07	<b>01:09:28.50</b>	<b>01:09:28.50</b>	+00:23:18 (33.5%)	5:20	11.2 (66.3%)
124	<b>BORGOŃ Piotr</b>	<b>51</b>		M2 30-39 lat	37	Tak		00:01:16	00:23:48	00:46:55	<b>01:09:52.15</b>	<b>01:09:52.15</b>	+00:23:42 (33.9%)	5:22	11.2 (66.3%)
125	<b>SKRZYPEK Michał</b>	<b>398</b>		M2 30-39 lat	38			00:00:36	00:20:40	00:44:01	<b>01:10:03.15</b>	<b>01:10:03.15</b>	+00:23:53 (34.1%)	5:23	11.1 (65.7%)
126	<b>KACZOR Mariusz</b>	<b>172</b>		M3 40-49 lat	61			00:00:45	00:23:20	00:46:30	<b>01:10:03.30</b>	<b>01:10:03.30</b>	+00:23:53 (34.1%)	5:23	11.1 (65.7%)
127	<b>STRÓŻYK Piotrek</b>	<b>425</b>		M3 40-49 lat	62			00:01:12	00:24:47	00:47:34	<b>01:10:08.00</b>	<b>01:10:08.00</b>	+00:23:57 (34.2%)	5:23	11.1 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białoleki	Służby Więziennej								
128	<b>WOJAS Tadeusz</b>	<b>491</b>	ROZBIEGANY PIASTÓW	70+	1			00:00:55	00:24:13	00:47:20	<b>01:10:11.40</b>	<b>01:10:11.40</b>	+00:24:01 (34.2%)	5:23	11.1 (65.7%)
129	<b>JABŁONKA Radek</b>	<b>144</b>	DZIADY OCR	M3 40-49 lat	63			00:00:55	00:24:31	00:47:46	<b>01:10:11.45</b>	<b>01:10:11.45</b>	+00:24:01 (34.2%)	5:23	11.1 (65.7%)
130	<b>ZDUNIAK Marcin</b>	<b>509</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	64	Tak		00:01:12	00:25:08	00:48:42	<b>01:10:54.60</b>	<b>01:10:54.60</b>	+00:24:44 (34.9%)	5:27	11 (65.1%)
131	<b>ŁOZIŃSKI Piotr</b>	<b>267</b>	BRACTWO BIEGOWE BGK	M3 40-49 lat	65	Tak		00:00:58	00:24:11	00:47:33	<b>01:11:02.20</b>	<b>01:11:02.20</b>	+00:24:52 (35.0%)	5:27	11 (65.1%)
132	<b>BIAŁOKOS Kamil</b>	<b>43</b>	GRUPA BIEGOWA CHTMO	M3 40-49 lat	66	Tak		00:00:59	00:25:31	00:47:38	<b>01:11:06.15</b>	<b>01:11:06.15</b>	+00:24:56 (35.1%)	5:28	11 (65.1%)
133	<b>GMITRZUK Paweł</b>	<b>117</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	67			00:00:59	00:24:24	00:47:41	<b>01:11:06.90</b>	<b>01:11:06.90</b>	+00:24:56 (35.1%)	5:28	11 (65.1%)
134	<b>JASKÓLSKI Marcin</b>	<b>161</b>	BESTIE OCR LEGIONOWO	M3 40-49 lat	68			00:01:01	00:24:25	00:47:38	<b>01:11:07.20</b>	<b>01:11:07.20</b>	+00:24:57 (35.1%)	5:28	11 (65.1%)
135	<b>PTASIŃSKI Piotr</b>	<b>362</b>		M4 50-59	16			00:00:47	00:24:02	00:47:51	<b>01:11:07.50</b>	<b>01:11:07.50</b>	+00:24:57 (35.1%)	5:28	11 (65.1%)
136	<b>KOSINSKI Olek</b>	<b>222</b>		M2 30-39 lat	39			00:00:55	00:24:07	00:47:26	<b>01:11:08.15</b>	<b>01:11:08.15</b>	+00:24:58 (35.1%)	5:28	11 (65.1%)
137	<b>SOBCZAK Bogusław</b>	<b>404</b>	M.I.L.A.	M4 50-59	17			00:00:56	00:24:04	00:47:07	<b>01:11:09.00</b>	<b>01:11:09.00</b>	+00:24:58 (35.1%)	5:28	11 (65.1%)
138	<b>LAUR Mirosław</b>	<b>256</b>	MILWAUKEE POLSKA	M2 30-39 lat	40			00:00:34	00:23:43	00:47:27	<b>01:11:13.80</b>	<b>01:11:13.80</b>	+00:25:03 (35.2%)	5:28	11 (65.1%)
139	<b>WIERBIŁOWICZ Dariusz</b>	<b>483</b>		M3 40-49 lat	69			00:00:53	00:23:29	00:46:59	<b>01:11:15.15</b>	<b>01:11:15.15</b>	+00:25:05 (35.2%)	5:28	10.9 (64.5%)
140	<b>GIL Wojciech</b>	<b>114</b>	TEAM ZABIEGANEDNI	M4 50-59	18			00:00:36	00:23:06	00:46:48	<b>01:11:38.40</b>	<b>01:11:38.40</b>	+00:25:28 (35.6%)	5:30	10.9 (64.5%)
141	<b>GÓRAL Tadeusz</b>	<b>119</b>	KKB	M4 50-59	19			00:00:31	00:24:50	00:48:20	<b>01:11:44.00</b>	<b>01:11:44.00</b>	+00:25:33 (35.6%)	5:31	10.9 (64.5%)
142	<b>MICHALSKI Ryszard</b>	<b>292</b>	BEMOWO BIEGA	M3 40-49 lat	70			00:00:53	00:23:42	00:47:48	<b>01:11:46.65</b>	<b>01:11:46.65</b>	+00:25:36 (35.7%)	5:31	10.9 (64.5%)
143	<b>BARTNIK Rafał</b>	<b>29</b>	ZABIEGANY WOŁOMIN	M3 40-49 lat	71			00:01:02	00:24:35	00:48:16	<b>01:11:49.05</b>	<b>01:11:49.05</b>	+00:25:39 (35.7%)	5:31	10.9 (64.5%)
144	<b>DOMINIAK Zbigniew</b>	<b>508</b>		M3 40-49 lat	72	Tak		00:00:45	00:24:11	00:48:06	<b>01:11:55.75</b>	<b>01:11:55.75</b>	+00:25:45 (35.8%)	5:31	10.8 (63.9%)
145	<b>WIŚNIEWSKI Tomasz</b>	<b>488</b>		M4 50-59	20			00:01:09	00:25:27	00:49:02	<b>01:12:02.70</b>	<b>01:12:02.70</b>	+00:25:52 (35.9%)	5:32	10.8 (63.9%)
146	<b>KOPER Sebastian</b>	<b>217</b>	CARREFOUR RUNNING TEAM	M3 40-49 lat	73			00:00:50	00:23:36	00:47:30	<b>01:12:04.45</b>	<b>01:12:04.45</b>	+00:25:54 (35.9%)	5:32	10.8 (63.9%)
147	<b>PIASECKI Rafał</b>	<b>343</b>	PARÓWY WWA	M2 30-39 lat	41	Tak		00:00:53	00:25:10	00:48:48	<b>01:12:08.10</b>	<b>01:12:08.10</b>	+00:25:58 (36.0%)	5:32	10.8 (63.9%)
148	<b>SŁOWIK Paweł</b>	<b>402</b>	PARÓWY WWA	M2 30-39 lat	42			00:00:53	00:25:10	00:48:48	<b>01:12:09.35</b>	<b>01:12:09.35</b>	+00:25:59 (36.0%)	5:33	10.8 (63.9%)
149	<b>NOGAL Robert</b>	<b>314</b>	INDOORY URSUS	M3 40-49 lat	74			00:01:24	00:24:55	00:48:39	<b>01:12:15.20</b>	<b>01:12:15.20</b>	+00:26:05 (36.1%)	5:33	10.8 (63.9%)
150	<b>KORDALSKI Emil</b>	<b>218</b>	DWSZDR	M2 30-39 lat	43			00:00:33	00:23:05	00:47:24	<b>01:12:16.95</b>	<b>01:12:16.95</b>	+00:26:06 (36.1%)	5:33	10.8 (63.9%)
151	<b>PROKOPIUK Grzegorz</b>	<b>360</b>	SZWAGRY DWA	M3 40-49 lat	75	Tak		00:00:34	00:24:46	00:48:15	<b>01:12:18.90</b>	<b>01:12:18.90</b>	+00:26:08 (36.2%)	5:33	10.8 (63.9%)
152	<b>BARANOWSKI Łukasz</b>	<b>25</b>		M2 30-39 lat	44			00:00:55	00:24:31	00:47:46	<b>01:12:24.90</b>	<b>01:12:24.90</b>	+00:26:14 (36.2%)	5:34	10.8 (63.9%)
153	<b>BORUSZEWSKI Maciej</b>	<b>52</b>		M3 40-49 lat	76			00:01:02	00:24:34	00:48:51	<b>01:12:29.65</b>	<b>01:12:29.65</b>	+00:26:19 (36.3%)	5:34	10.8 (63.9%)
154	<b>MATYSZCZAK Krzysztof</b>	<b>287</b>	KENKO	M3 40-49 lat	77			00:01:03	00:27:54	00:50:57	<b>01:12:37.85</b>	<b>01:12:37.85</b>	+00:26:27 (36.4%)	5:35	10.7 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Stużby								
						Białołęki	Więziennej								
155	JONKO Marcin	165		M3 40-49 lat	78			00:01:08	00:25:45	00:49:28	01:12:42.70	01:12:42.70	+00:26:32 (36.5%)	5:35	10.7 (63.3%)
156	KOŁOSOWSKI Piotr	213		M3 40-49 lat	79			00:00:56	00:25:35	00:50:15	01:12:42.75	01:12:42.75	+00:26:32 (36.5%)	5:35	10.7 (63.3%)
157	KARASIEWICZ Łukasz	187	SZURAM KILOMETRY / KB OŻARÓW MAZOWIECKI BIEGA	M2 30-39 lat	45			00:01:06	00:24:27	00:48:43	01:12:56.15	01:12:56.15	+00:26:46 (36.7%)	5:36	10.7 (63.3%)
158	STEMPEL Tomasz	419		M3 40-49 lat	80			00:01:28	00:25:53	00:49:33	01:12:59.45	01:12:59.45	+00:26:49 (36.7%)	5:36	10.7 (63.3%)
159	MILCZAREK Tomasz	300		M2 30-39 lat	46	Tak		00:01:23	00:24:55	00:48:39	01:13:00.10	01:13:00.10	+00:26:50 (36.8%)	5:36	10.7 (63.3%)
160	GRUBKAJTYS Henryk	128		M1 < 29 lat	6	Tak		00:00:31	00:22:44	00:46:47	01:13:06.40	01:13:06.40	+00:26:56 (36.8%)	5:37	10.7 (63.3%)
161	NOSARZEWSKI Mariusz	315	GB PRESS	M3 40-49 lat	81			00:01:06	00:24:26	00:48:41	01:13:15.10	01:13:15.10	+00:27:05 (37.0%)	5:38	10.6 (62.7%)
162	MIKINA Artur	298	GUNS N' ROSES RUN TEAM	M5 60+	8			00:00:40	00:24:41	00:48:50	01:13:22.60	01:13:22.60	+00:27:12 (37.1%)	5:38	10.6 (62.7%)
163	BARDZIŃSKI Łukasz	26		M2 30-39 lat	47	Tak		00:01:30	00:24:48	00:48:51	01:13:39.55	01:13:39.55	+00:27:29 (37.3%)	5:39	10.6 (62.7%)
164	GOZDZIKIEWICZ Błażej	121	BIEGAM NA TARCHOMINIE	M3 40-49 lat	82	Tak		00:00:50	00:24:54	00:49:43	01:13:43.05	01:13:43.05	+00:27:33 (37.4%)	5:40	10.6 (62.7%)
165	DZYRUK Maciej	92		M2 30-39 lat	48			00:01:13	00:25:44	00:49:57	01:13:49.25	01:13:49.25	+00:27:39 (37.5%)	5:40	10.6 (62.7%)
166	KOĆ Marcin	209	BIEGAM NA TARCHOMINIE	M3 40-49 lat	83			00:01:09	00:25:18	00:49:39	01:14:02.35	01:14:02.35	+00:27:52 (37.6%)	5:41	10.5 (62.1%)
167	WYRWAS Tadeusz	504	PGP SPORTOWA PACZKA	M5 60+	9			00:01:03	00:25:53	00:50:17	01:14:04.55	01:14:04.55	+00:27:54 (37.7%)	5:41	10.5 (62.1%)
168	DWOJAK Piotr	437		M2 30-39 lat	49			00:00:41	00:24:02	00:48:46	01:14:09.55	01:14:09.55	+00:27:59 (37.7%)	5:42	10.5 (62.1%)
169	KOSMALA Dariusz	223		M4 50-59	21			00:00:45	00:24:54	00:49:29	01:14:12.45	01:14:12.45	+00:28:02 (37.8%)	5:42	10.5 (62.1%)
170	WCISŁO Marcin	480		M3 40-49 lat	84			00:01:08	00:24:57	00:49:27	01:14:19.45	01:14:19.45	+00:28:09 (37.9%)	5:43	10.5 (62.1%)
170	BITOWSKI Hubert	46		M3 40-49 lat	84			00:01:10	00:25:27	00:50:12	01:14:19.45	01:14:19.45	+00:28:09 (37.9%)	5:43	10.5 (62.1%)
172	KOSECKI Jakub	415		M3 40-49 lat	86			00:01:30	00:27:56	00:51:24	01:14:20.65	01:14:20.65	+00:28:10 (37.9%)	5:43	10.5 (62.1%)
173	KARWECKI Patryk	194		M2 30-39 lat	50	Tak		00:01:03	00:24:33	00:49:06	01:14:41.90	01:14:41.90	+00:28:31 (38.2%)	5:44	10.4 (61.5%)
174	MACURA Michał	276		M3 40-49 lat	87	Tak		00:00:55	00:25:19	00:50:15	01:15:04.20	01:15:04.20	+00:28:54 (38.5%)	5:46	10.4 (61.5%)
175	TRZCIŃSKI Michał	468		M1 < 29 lat	7			00:01:12	00:26:04	00:50:45	01:15:05.75	01:15:05.75	+00:28:55 (38.5%)	5:46	10.4 (61.5%)
176	ŚWIDERSKI Darek	453	POLYPHARM	M4 50-59	22			00:00:49	00:24:18	00:48:39	01:15:06.90	01:15:06.90	+00:28:56 (38.5%)	5:46	10.4 (61.5%)
177	MIŁOSZ Marek	301		M4 50-59	23	Tak		00:01:25	00:25:53	00:50:25	01:15:09.40	01:15:09.40	+00:28:59 (38.6%)	5:46	10.4 (61.5%)
178	CZAJKOWSKI Rafał	73	EKOBIEGI	M3 40-49 lat	88	Tak		00:01:04	00:28:21	00:51:52	01:15:16.40	01:15:16.40	+00:29:06 (38.7%)	5:47	10.4 (61.5%)
179	ZAKRZEWSKI Marek	439		M4 50-59	24			00:01:03	00:28:15	00:52:02	01:15:33.45	01:15:33.45	+00:29:23 (38.9%)	5:48	10.3 (60.9%)
180	SUCHODOLSKI Mariusz	426	BIEGIEM NA KAWIE	M4 50-59	25	Tak		00:01:27	00:26:45	00:51:43	01:15:35.70	01:15:35.70	+00:29:25 (38.9%)	5:48	10.3 (60.9%)
181	WOSIK Jerzy	493	DANIEL WOSIK TERVEL MOUNTAIN RUNNER	M3 40-49 lat	89			00:01:24	00:27:53	00:51:40	01:15:40.55	01:15:40.55	+00:29:30 (39.0%)	5:49	10.3 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Stużby								
182	<b>OGRODNICZUK Józef</b>	<b>323</b>		M5 60+	10			00:01:11	00:26:06	00:50:47	<b>01:15:48.05</b>	<b>01:15:48.05</b>	+00:29:38 (39.1%)	5:49	10.3 (60.9%)
183	<b>SZCZYGIĘŁ Piotr</b>	<b>436</b>		M3 40-49 lat	90			00:00:40	00:24:23	00:50:43	<b>01:15:59.85</b>	<b>01:15:59.85</b>	+00:29:49 (39.3%)	5:50	10.3 (60.9%)
184	<b>WIECZOREK Dariusz</b>	<b>482</b>		M4 50-59	26			00:03:26	00:28:14	00:52:42	<b>01:16:05.95</b>	<b>01:16:05.95</b>	+00:29:55 (39.3%)	5:51	10.3 (60.9%)
185	<b>BUJNICKI Kazimierz</b>	<b>58</b>	MORSY ZIELONKA	M4 50-59	27			00:00:50	00:25:52	00:51:32	<b>01:16:10.95</b>	<b>01:16:10.95</b>	+00:30:00 (39.4%)	5:51	10.2 (60.4%)
186	<b>BAKUŁA Wiesław</b>	<b>23</b>	WAMPIR	M4 50-59	28	Tak		00:00:32	00:24:46	00:50:13	<b>01:16:26.25</b>	<b>01:16:26.25</b>	+00:30:16 (39.6%)	5:52	10.2 (60.4%)
187	<b>BAJDAŁA Robert</b>	<b>21</b>		M2 30-39 lat	51			00:01:13	00:27:41	00:52:26	<b>01:16:38.05</b>	<b>01:16:38.05</b>	+00:30:28 (39.8%)	5:53	10.2 (60.4%)
188	<b>MALANOWICZ Michał</b>	<b>280</b>		M2 30-39 lat	52			00:01:13	00:27:41	00:52:26	<b>01:16:39.20</b>	<b>01:16:39.20</b>	+00:30:29 (39.8%)	5:53	10.2 (60.4%)
189	<b>RUBIN-SZYMAŃSKI Łukasz Ryszard</b>	<b>371</b>	ŁOMIANKOWSKS GRUPA BIEGOWA/ OSP ŁOMIANKI	M2 30-39 lat	53			00:01:20	00:23:42	00:48:29	<b>01:16:42.25</b>	<b>01:16:42.25</b>	+00:30:32 (39.8%)	5:54	10.2 (60.4%)
190	<b>STANISZEWSKI Rafał</b>	<b>416</b>	TURBODZIKI	M3 40-49 lat	91	Tak		00:00:47	00:26:34	00:51:53	<b>01:16:53.40</b>	<b>01:16:53.40</b>	+00:30:43 (40.0%)	5:54	10.1 (59.8%)
191	<b>TELEGA Janusz</b>	<b>456</b>	WAT	M5 60+	11			00:01:07	00:26:10	00:51:24	<b>01:16:57.75</b>	<b>01:16:57.75</b>	+00:30:47 (40.0%)	5:55	10.1 (59.8%)
192	<b>KATNER Tomasz</b>	<b>195</b>		M3 40-49 lat	92			00:00:58	00:26:06	00:51:51	<b>01:17:01.70</b>	<b>01:17:01.70</b>	+00:30:51 (40.1%)	5:55	10.1 (59.8%)
193	<b>KUCIŃSKI Łukasz</b>	<b>244</b>		M3 40-49 lat	93			00:00:52	00:25:04	00:50:36	<b>01:17:17.25</b>	<b>01:17:17.25</b>	+00:31:07 (40.3%)	5:56	10.1 (59.8%)
194	<b>BAK Hubert</b>	<b>33</b>	BRACTWO BIEGOWE BGK	M2 30-39 lat	54	Tak		00:00:59	00:25:12	00:50:38	<b>01:17:17.55</b>	<b>01:17:17.55</b>	+00:31:07 (40.3%)	5:56	10.1 (59.8%)
195	<b>BAK Andrzej</b>	<b>34</b>		M4 50-59	29			00:00:57	00:25:12	00:50:41	<b>01:17:18.55</b>	<b>01:17:18.55</b>	+00:31:08 (40.3%)	5:56	10.1 (59.8%)
196	<b>MUCHA Grzegorz</b>	<b>310</b>		M5 60+	12	Tak		00:01:02	00:26:28	00:51:36	<b>01:17:47.70</b>	<b>01:17:47.70</b>	+00:31:37 (40.7%)	5:59	10 (59.2%)
197	<b>CHOJNOWSKI Andrzej</b>	<b>63</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat	94	Tak		00:01:08	00:27:15	00:52:47	<b>01:18:13.40</b>	<b>01:18:13.40</b>	+00:32:03 (41.0%)	6:01	10 (59.2%)
198	<b>STEPANIUK Robert</b>	<b>420</b>		M2 30-39 lat	55			00:00:42	00:25:48	00:52:11	<b>01:18:38.75</b>	<b>01:18:38.75</b>	+00:32:28 (41.3%)	6:02	9.9 (58.6%)
199	<b>MAREK Roman</b>	<b>284</b>	GUNS & ROSES RUN TEAM	M5 60+	13			00:00:44	00:25:57	00:52:31	<b>01:19:00.85</b>	<b>01:19:00.85</b>	+00:32:50 (41.6%)	6:04	9.9 (58.6%)
200	<b>ADAMKIEWICZ Marcin</b>	<b>14</b>		M3 40-49 lat	95	Tak		00:00:33	00:25:29	00:51:09	<b>01:19:09.05</b>	<b>01:19:09.05</b>	+00:32:59 (41.7%)	6:05	9.9 (58.6%)
201	<b>ZYGADŁO Piotr</b>	<b>518</b>		M3 40-49 lat	96			00:00:46	00:27:43	00:53:47	<b>01:19:20.95</b>	<b>01:19:20.95</b>	+00:33:10 (41.8%)	6:06	9.8 (58.0%)
202	<b>NOWAK Marcin</b>	<b>318</b>		M3 40-49 lat	97	Tak		00:01:26	00:27:39	00:53:40	<b>01:19:22.75</b>	<b>01:19:22.75</b>	+00:33:12 (41.8%)	6:06	9.8 (58.0%)
203	<b>KOWALCZYK Mateusz</b>	<b>228</b>		M1 < 29 lat	8			00:01:25	00:27:12	00:52:57	<b>01:19:27.45</b>	<b>01:19:27.45</b>	+00:33:17 (41.9%)	6:06	9.8 (58.0%)
204	<b>OSIŃSKI Zbigniew</b>	<b>333</b>	BIEGAM BO LUBIĘ	M3 40-49 lat	98	Tak		00:00:37	00:26:01	00:52:25	<b>01:19:27.85</b>	<b>01:19:27.85</b>	+00:33:17 (41.9%)	6:06	9.8 (58.0%)
205	<b>TUMIŃSKI Artur</b>	<b>470</b>		M3 40-49 lat	99	Tak		00:01:07	00:26:36	00:52:32	<b>01:19:44.60</b>	<b>01:19:44.60</b>	+00:33:34 (42.1%)	6:08	9.8 (58.0%)
206	<b>OSIŃSKI Stanisław</b>	<b>332</b>		70+	3			00:00:48	00:27:30	00:54:03	<b>01:19:55.80</b>	<b>01:19:55.80</b>	+00:33:45 (42.2%)	6:08	9.8 (58.0%)
207	<b>STROMECKI Marcin</b>	<b>424</b>	BFM	M2 30-39 lat	56	Tak		00:01:39	00:28:26	00:55:10	<b>01:19:59.95</b>	<b>01:19:59.95</b>	+00:33:49 (42.3%)	6:09	9.8 (58.0%)





Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy	Służby								
235	<b>JEŻMAŃSKI Sławek</b>	<b>164</b>		M3 40-49 lat	113	Tak		00:01:27	00:30:57	01:00:28	<b>01:30:08.55</b>	<b>01:30:08.55</b>	+00:43:58 (48.8%)	6:56	8.7 (51.5%)
236	<b>ŻUCHOWSKI Artur</b>	<b>520</b>	MY MIESZKAŃCY LEGIONOWO	M3 40-49 lat	114			00:01:19	00:29:36	00:59:10	<b>01:30:09.70</b>	<b>01:30:09.70</b>	+00:43:59 (48.8%)	6:56	8.7 (51.5%)
237	<b>WOŹNIAK Marcin</b>	<b>496</b>		M3 40-49 lat	115			00:01:28	00:31:19	01:01:50	<b>01:32:04.85</b>	<b>01:32:04.85</b>	+00:45:54 (49.9%)	7:04	8.5 (50.3%)
238	<b>BEDNARZAK Tadeusz</b>	<b>38</b>	YULO RUN TEAM SIEDLCE	M5 60+	18			00:01:23	00:31:16	01:02:00	<b>01:32:53.60</b>	<b>01:32:53.60</b>	+00:46:43 (50.3%)	7:08	8.4 (49.7%)
239	<b>KAWKA Andrzej</b>	<b>196</b>		M5 60+	19			00:01:28	00:31:23	01:02:34	<b>01:34:49.50</b>	<b>01:34:49.50</b>	+00:48:39 (51.3%)	7:17	8.2 (48.5%)
240	<b>FIEDOSIUK Michał</b>	<b>96</b>		M3 40-49 lat	116	Tak		00:01:10	00:32:25	01:03:42	<b>01:36:42.75</b>	<b>01:36:42.75</b>	+00:50:32 (52.3%)	7:26	8.1 (47.9%)
241	<b>SZOSTAKOWSKI Jarosław</b>	<b>2</b>		M4 50-59	35			00:01:22	00:31:26	01:03:15	<b>01:37:29.40</b>	<b>01:37:29.40</b>	+00:51:19 (52.6%)	7:29	8 (47.3%)
242	<b>JAROS Arkadiusz</b>	<b>158</b>	VEGE RUNNERS	M5 60+	20			00:01:06	00:31:59	01:03:51	<b>01:37:53.45</b>	<b>01:37:53.45</b>	+00:51:43 (52.8%)	7:31	8 (47.3%)
243	<b>ŁUKASIEWICZ Robert</b>	<b>272</b>	KOKOSZKA36TEAM	M3 40-49 lat	117	Tak		00:01:00	00:30:46	01:04:12	<b>01:38:44.40</b>	<b>01:38:44.40</b>	+00:52:34 (53.2%)	7:35	7.9 (46.7%)
244	<b>GIERANOWSKI Marcin</b>	<b>113</b>	ZALATANI	M3 40-49 lat	118			00:01:04	00:32:15	01:05:44	<b>01:40:52.90</b>	<b>01:40:52.90</b>	+00:54:42 (54.2%)	7:45	7.7 (45.6%)
245	<b>ORZEWIECKI Tomasz</b>	<b>542</b>		M1 < 29 lat	11			00:01:14	00:34:24	01:07:30	<b>01:41:07.15</b>	<b>01:41:07.15</b>	+00:54:57 (54.3%)	7:46	7.7 (45.6%)
246	<b>NASKRĘT Mariusz</b>	<b>312</b>		M3 40-49 lat	119			00:01:01	00:32:31	01:06:38	<b>01:42:09.80</b>	<b>01:42:09.80</b>	+00:55:59 (54.8%)	7:51	7.6 (45.0%)
247	<b>WTOREK Mirosław</b>	<b>501</b>		M5 60+	21	Tak		00:00:43	00:34:46	01:10:40	<b>01:46:02.05</b>	<b>01:46:02.05</b>	+00:59:52 (56.5%)	8:09	7.4 (43.8%)
	<b>SOBOTA Artur</b>	<b>408</b>	DECOARTY.PL	M3 40-49 lat				00:00:42 DNF	00:21:38 DNF	00:43:39 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>FALKOWSKI Łukasz</b>	<b>94</b>		M2 30-39 lat				00:01:17 DNF	00:25:15 DNF	00:48:22 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KEMPA Piotr</b>	<b>198</b>		M2 30-39 lat		Tak		00:00:54 DNF	00:24:42 DNF	00:49:38 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PIOTROWSKI Piotr</b>	<b>346</b>		M3 40-49 lat				00:01:12 DNF	00:25:22 DNF	00:50:13 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>NADOBNIK Konrad</b>	<b>311</b>		M3 40-49 lat				00:00:52 DNF	00:25:14 DNF	00:50:19 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WACH Michał</b>	<b>474</b>	BIEGAM NA TARCHOMINIE	M3 40-49 lat		Tak		00:01:10 DNF	00:27:13 DNF	00:52:46 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MĘDEL Cezary</b>	<b>290</b>		M3 40-49 lat				00:01:13 DNF	00:29:16 DNF	00:57:16 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>OSTASZEWSKI Wojtek</b>	<b>337</b>	WERKUS RUNNERS	M3 40-49 lat		Tak		00:01:14 DNF	00:29:57 DNF	00:57:27 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>OSTASZEWSKI Marcin</b>	<b>336</b>	PACIAK RUNNING CLUB	M2 30-39 lat		Tak		00:01:14 DNF	00:29:57 DNF	00:57:45 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KUCICKI Krzysztof</b>	<b>243</b>		M3 40-49 lat		Tak		00:01:17 DNF	00:29:23 DNF	00:58:40 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DĄBROWA Bartosz</b>	<b>30</b>		M1 < 29 lat		Tak		00:01:21 DNF	00:29:40 DNF	00:59:01 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>SOKOŁOWSKI Marian</b>	<b>410</b>	SAMOTNY WILK	70+				00:00:43 DNF	00:28:44 DNF	01:00:03 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>VUCO Ivo</b>	<b>473</b>	HULTAJ LITERACKI	M3 40-49 lat				00:01:28 DNF	00:30:25 DNF	01:00:14 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PAC Bartosz</b>	<b>340</b>		M3 40-49 lat				00:01:19 DNF	00:30:06 DNF	01:02:18 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Pracownicy			0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
					Mieszkańcy	Służby	Więziennej								
	<b>NOWOSIELSKI Tomasz</b>	<b>322</b>	HERO	M5 60+				00:01:25 DNF	00:31:18 DNF	01:02:36 DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DĘBSKI Andrzej</b>	<b>81</b>		M3 40-49 lat				00:00:51 DNF	00:22:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PAWIŃSKI Artur</b>	<b>342</b>	ADIDAS RUNNERS WARSAW	M3 40-49 lat				DNF	00:23:47 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KLIPO Mateusz</b>	<b>205</b>	DELOITTE ADVENTURE TEAM	M1 < 29 lat	Tak			00:01:04 DNF	00:24:18 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>CZERNICOWSKI Szymon</b>	<b>274</b>	BIEGAJĄCY BIBLIOTEKARZ	M1 < 29 lat				00:01:06 DNF	00:24:32 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>FREITES Luis</b>	<b>543</b>		M5 60+				00:00:30 DNF	00:24:56 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DUDZIŃSKI Przemysław</b>	<b>260</b>		M2 30-39 lat	Tak			00:01:11 DNF	00:25:47 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BUJALSKI Konrad</b>	<b>57</b>		M1 < 29 lat				00:00:47 DNF	00:26:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>CHODUN Paweł</b>	<b>523</b>		M2 30-39 lat				00:01:18 DNF	00:26:33 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>JAROŃ Jarosław</b>	<b>155</b>	RUN DE GIRARD	M3 40-49 lat				00:00:43 DNF	00:27:48 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KUNKA Piotr</b>	<b>247</b>	TEAM ZABIEGANEDNI	M2 30-39 lat				00:01:25 DNF	00:28:21 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>OLKOWSKI Robert</b>	<b>326</b>		M4 50-59				00:01:19 DNF	00:28:22 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BOHDZIEWICZ Paweł</b>	<b>48</b>	BRAVEHEARTS LEGIONOWO	M3 40-49 lat				00:00:47 DNF	00:29:11 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DRZAŁ Daniel</b>	<b>524</b>		M2 30-39 lat	Tak			00:01:09 DNF	00:29:20 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOMOŃ Maciej</b>	<b>214</b>		M3 40-49 lat				00:01:15 DNF	00:30:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOSIATY Jarosław</b>	<b>221</b>	RÓBMY SWOJE	M4 50-59				00:00:55 DNF	00:30:32 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SKROBEK Piotr</b>	<b>397</b>		M2 30-39 lat				00:01:26 DNF	00:30:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ARTYMIUK Olaf</b>	<b>19</b>		M2 30-39 lat				00:01:15 DNF	00:30:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZATYLNÝ Tomasz</b>	<b>505</b>		M3 40-49 lat	Tak			00:00:48 DNF	00:30:46 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BAJOREK Jacek</b>	<b>22</b>		M3 40-49 lat				00:01:06 DNF	00:30:54 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>STĘPNIK Marcin</b>	<b>422</b>		M3 40-49 lat		Tak		00:00:32 DNF	00:31:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KARPIŃSKI Marcin</b>	<b>193</b>		M2 30-39 lat	Tak			00:01:19 DNF	00:31:56 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>NOWICKI Dariusz</b>	<b>319</b>		M3 40-49 lat	Tak			00:01:15 DNF	00:32:03 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>RÓŻAŃSKI Robert</b>	<b>421</b>		M4 50-59	Tak			00:00:57 DNF	00:33:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>TRENTOWSKI Piotr</b>	<b>464</b>		M3 40-49 lat	Tak			00:01:20 DNF	00:33:16 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOWALSKI Michał</b>	<b>230</b>	SKARYMAKERSI	M2 30-39 lat				00:01:01 DNF	00:34:15 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>WOJCIECHOWSKI Maciej</b>	<b>492</b>		M2 30-39 lat				00:00:46 DNF	00:35:37 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pracownicy		0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
						Mieszkańcy Białoleki	Służby Więziennej								
	<b>CZECHOWSKI Jerzy</b>	<b>74</b>	MZA - WARSZAWA	70+				00:00:53 DNF	00:38:34 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KUPIEC Robert</b>	<b>248</b>	ŚWIĘTOKRZYSKY KURATORZY	M4 50-59		Tak		00:00:53 DNF	00:40:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRUPINIEWICZ Antoni</b>	<b>238</b>		M4 50-59				00:01:30 DNF	00:41:35 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NIEWCZAS Zdzisław</b>	<b>525</b>		70+		Tak		00:01:34 DNF	00:42:59 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KAMIŃSKI Waldemar</b>	<b>179</b>	SLOW JOGGING BIAŁOLEKA	M4 50-59		Tak		00:01:41 DNF	00:44:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOŁACZ Jakub</b>	<b>497</b>		M3 40-49 lat				00:01:16 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 294 wynik(ów)