

BIEG - 10KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Bieg Niepodległości
Organizator: Stowarzyszenie Pozytywni z Pasją Jastrowie
Data: 2023-11-12
Miejsce: Jastrowie
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	LASAK Konrad	88		M OPEN	1	00:43:21.51		4:20	13.8 (100%)
2	CUBER Wojciech	1		M OPEN	2	00:43:33.61	+00:00:12 (0.5%)	4:21	13.8 (100%)
3	SZACHO-GŁUCHOWICZ Rysiek	104		M OPEN	3	00:45:04.49	+00:01:42 (3.8%)	4:30	13.3 (96.4%)
4	SZULC Patryk	105	DESTROY OR BE DESTROYED	M OPEN	4	00:46:15.37	+00:02:53 (6.3%)	4:37	13 (94.2%)
5	NIEMCZYK Robert	95	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M OPEN	5	00:46:57.93	+00:03:36 (7.7%)	4:41	12.8 (92.8%)
6	KUCNER Krystian	84		M OPEN	6	00:48:41.37	+00:05:19 (10.9%)	4:52	12.3 (89.1%)
7	JAWORUCKI Krystian	78		M OPEN	7	00:49:43.61	+00:06:22 (12.8%)	4:58	12.1 (87.7%)
8	TRĘBSKI Krzysztof	60	ZABIEGANI NOCĄ	M OPEN	8	00:49:47.60	+00:06:26 (12.9%)	4:58	12.1 (87.7%)
9	CZAJKA Bartłomiej	68		M OPEN	9	00:49:48.54	+00:06:27 (13.0%)	4:58	12 (87.0%)
10	JANKOWSKI Łukasz	76		M OPEN	10	00:50:19.81	+00:06:58 (13.9%)	5:01	11.9 (86.2%)
11	CHOJECKI Grzegorz	66		M OPEN	11	00:50:27.40	+00:07:05 (14.1%)	5:02	11.9 (86.2%)
12	URBAŃSKI Paweł	106	TEAMTERMINATORUN	M OPEN	12	00:51:32.47	+00:08:10 (15.9%)	5:09	11.6 (84.1%)
13	BRYŚ Kamil	64	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M OPEN	13	00:51:36.23	+00:08:14 (16.0%)	5:09	11.6 (84.1%)
14	JABŁOŃSKI Andrzej	75	CZARNE HIEGA	M OPEN	14	00:52:21.96	+00:09:00 (17.2%)	5:14	11.5 (83.3%)
15	ODWROT Hubert	96	3:33 TEAM	M OPEN	15	00:52:33.53	+00:09:12 (17.5%)	5:15	11.4 (82.6%)
16	SUCHANOWSKI Zygmunt	103	RESPECT LOTYŃ	M OPEN	16	00:52:51.12	+00:09:29 (18.0%)	5:17	11.4 (82.6%)
17	CYGAN Małgorzata	67		K OPEN	1	00:54:20.29	+00:10:58 (20.2%)	5:26	11 (79.7%)
18	MAZUR Tomasz	92	I LO SZCZECINEK	M OPEN	17	00:56:06.63	+00:12:45 (22.7%)	5:36	10.7 (77.5%)
19	ZBROJA Miłosz	108	POLONIA JASTROWIE	M OPEN	18	00:56:58.04	+00:13:36 (23.9%)	5:41	10.5 (76.1%)
20	SAKOSIK Krystian	101	WOJOWNIK Z PŁOCICZNA	M OPEN	19	00:57:00.99	+00:13:39 (24.0%)	5:42	10.5 (76.1%)
21	PROKOPOWICZ Marcin	99	3:33 TEAM	M OPEN	20	00:57:07.85	+00:13:46 (24.1%)	5:42	10.5 (76.1%)
22	MOROZ Marcin	93		M OPEN	21	00:57:34.02	+00:14:12 (24.7%)	5:45	10.4 (75.4%)
23	PAWŁOWSKI Michał	98	PRECON - POLSKA	M OPEN	22	00:58:23.21	+00:15:01 (25.7%)	5:50	10.3 (74.6%)
24	KUICH Piotr	85	LILL-SPORT	M OPEN	23	00:59:01.12	+00:15:39 (26.5%)	5:54	10.2 (73.9%)
25	BARANOWSKA Joanna	61	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K OPEN	2	00:59:03.63	+00:15:42 (26.6%)	5:54	10.2 (73.9%)
26	KUBIŚ Paweł	83		M OPEN	24	00:59:25.53	+00:16:04 (27.0%)	5:56	10.1 (73.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	GOTOWIEC Tomasz	70		M OPEN	25	00:59:58.56	+00:16:37 (27.7%)	5:59	10 (72.5%)
28	BEDNARCZYK Grzegorz	62		M OPEN	26	01:00:26.11	+00:17:04 (28.3%)	6:02	9.9 (71.7%)
29	LUBOWIECKA Elżbieta	90	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K OPEN	3	01:01:22.65	+00:18:01 (29.4%)	6:08	9.8 (71.0%)
30	KOŁODZIEJCZAK Grzegorz	80		M OPEN	27	01:01:37.11	+00:18:15 (29.6%)	6:09	9.7 (70.3%)
31	BYLEWSKA Ewa	65	3:33 TEAM	K OPEN	4	01:01:48.34	+00:18:26 (29.8%)	6:10	9.7 (70.3%)
32	KURZAWIŃSKA-JABŁOŃSKA Kasia	87	CZARNE BIEGA	K OPEN	5	01:02:09.23	+00:18:47 (30.2%)	6:12	9.7 (70.3%)
33	SAKOSIK Marcin	102	ŚWIR Z PŁOCICZNA	M OPEN	28	01:02:47.90	+00:19:26 (31.0%)	6:16	9.6 (69.6%)
34	KOKOWSKA Anna	79	BBL ZŁOTÓW	K OPEN	6	01:03:07.53	+00:19:46 (31.3%)	6:18	9.5 (68.8%)
35	JAWORSKI Piotr	77	FC JAGLICE	M OPEN	29	01:03:51.53	+00:20:30 (32.1%)	6:23	9.4 (68.1%)
36	PYREK Iwona	100		K OPEN	7	01:04:27.84	+00:21:06 (32.7%)	6:26	9.3 (67.4%)
37	KRZESZEWSKA Dorota	81		K OPEN	8	01:04:53.31	+00:21:31 (33.2%)	6:29	9.2 (66.7%)
38	GAWORECKI Sławomir	69	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN	30	01:06:11.04	+00:22:49 (34.5%)	6:37	9.1 (65.9%)
39	WILICKI Tomasz	107	KS HUSARIA SZCZECINEK	M OPEN	31	01:06:11.57	+00:22:50 (34.5%)	6:37	9.1 (65.9%)
40	NATKANIEC Wiesława	94		K OPEN	9	01:10:03.42	+00:26:41 (38.1%)	7:00	8.6 (62.3%)
41	GRABOWSKI Marek	72	BBL ZŁOTÓW	M OPEN	32	01:10:21.39	+00:26:59 (38.4%)	7:02	8.5 (61.6%)
42	BORKOWSKI Radosław	63	-----	M OPEN	33	01:10:21.79	+00:27:00 (38.4%)	7:02	8.5 (61.6%)
43	GRABOWSKA Marta	71		K OPEN	10	01:11:04.50	+00:27:42 (39.0%)	7:06	8.4 (60.9%)
44	KRZESZEWSKI Krzysztof	82		M OPEN	34	01:13:03.76	+00:29:42 (40.7%)	7:18	8.2 (59.4%)
45	KURASZ Alicja	86	FCJAGLICE	K OPEN	11	01:13:56.33	+00:30:34 (41.4%)	7:23	8.1 (58.7%)
46	GRZYSTEK Magdalena	74		K OPEN	12	01:21:24.23	+00:38:02 (46.7%)	8:08	7.4 (53.6%)
47	GRZYSTEK Marcin	73		M OPEN	35	01:21:24.30	+00:38:02 (46.7%)	8:08	7.4 (53.6%)

Znaleziono 47 wynik(ów)