



**Wydarzenie:** Wielkanocne Bieganie  
**Organizator:** Brzoza Biega  
**Data:** 2021-04-05  
**Miejsce:** Brzoza  
**Dystans:** 15 km

## BIEG 15 KM

B4SPORT

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INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Split 4.75km	Split 9.5km	Split 14.15km	Czas netto 14.25km	Różn	Tempo min/km	Tempo km/h
1	<b>TELEJKO Łukasz</b>	<b>21</b>	ORZESZEK TEAM	M-20	1		Orzeszek Team	00:19:51	00:39:27	00:58:58	<b>00:59:07.65</b>		4:17	14 (100%)
2	<b>GREJCZYK Alan</b>	<b>91</b>	CTT CORTEZ TRIATHLON TEAM	M-20	2		CTT CORTEZ TRIATHLON TEAM	00:19:53	00:39:33	01:00:08	<b>01:00:18.35</b>	+00:01:10 (2.0%)	4:22	13.7 (97.9%)
3	<b>DROCIAK Michał</b>	<b>17</b>	OGR - OSOWA GÓRA RUNNER	M-40	1		OGR - Osowa Góra Runner	00:19:53	00:40:39	01:01:40	<b>01:01:51.60</b>	+00:02:43 (4.4%)	4:28	13.4 (95.7%)
4	<b>TOMCZYK Agata</b>	<b>4</b>	SLA POLONIA BYDGOSZCZ	K-30	1		SLA POLONIA BYDGOSZCZ	00:20:27	00:41:12	01:02:09	<b>01:02:20.20</b>	+00:03:12 (5.1%)	4:31	13.3 (95.0%)
5	<b>MAKOWSKI Sławomir</b>	<b>90</b>	CORTEZ TRIATHLON TEAM	M-50	1		Cortez Triathlon Team	00:20:52	00:41:45	01:02:16	<b>01:02:26.85</b>	+00:03:19 (5.3%)	4:31	13.3 (95.0%)
6	<b>SZCZEPANIAK Cezary</b>	<b>36</b>		M-40	2			00:21:14	00:42:43		<b>01:03:14.10</b>	+00:04:06 (6.5%)	4:34	13.1 (93.6%)
7	<b>BEN Marcin</b>	<b>92</b>	CORTEZ TRIATHLON TEAM	M-30	1		Cortez Triathlon Team	00:21:15	00:42:42	01:03:11	<b>01:03:21.75</b>	+00:04:14 (6.7%)	4:35	13.1 (93.6%)
8	<b>PUCHACZ Marcin</b>	<b>24</b>		M-30	2			00:20:57	00:43:10	01:05:33	<b>01:05:43.70</b>	+00:06:36 (10.0%)	4:45	12.6 (90.0%)
9	<b>BUZALSKI Robert</b>	<b>34</b>	ORANGE POLSKA	M-40	3		Orange Polska	00:21:07	00:43:33	01:05:57	<b>01:06:09.35</b>	+00:07:01 (10.6%)	4:47	12.5 (89.3%)
10	<b>RZEPECKI Jacek</b>	<b>35</b>		M-50	2			00:22:13	00:44:00	01:06:01	<b>01:06:13.15</b>	+00:07:05 (10.7%)	4:47	12.5 (89.3%)
11	<b>SZKUTA Jarosław</b>	<b>26</b>	100% WITAMINY C	M-30	3		100% WITAMINY C	00:21:39	00:44:39	01:07:40	<b>01:07:50.70</b>	+00:08:43 (12.8%)	4:54	12.2 (87.1%)
12	<b>JAGODZIŃSKA Magdalena</b>	<b>88</b>		K-30	2			00:22:03	00:44:59	01:08:13	<b>01:08:24.55</b>	+00:09:16 (13.6%)	4:57	12.1 (86.4%)
13	<b>JAGODZIŃSKI Mateusz</b>	<b>87</b>		M-30	4			00:22:32	00:45:11	01:08:18	<b>01:08:32.05</b>	+00:09:24 (13.7%)	4:57	12.1 (86.4%)
14	<b>GÓRSKI Marian</b>	<b>1</b>	BRZOZA BIEGA	M-60	1		Brzoza Biega	00:23:00	00:46:31	01:10:21	<b>01:10:34.30</b>	+00:11:26 (16.2%)	5:06	11.7 (83.6%)
15	<b>WIŚNIEWSKI Zbigniew</b>	<b>2</b>	BRZOZA BIEGA	M-50	3		Brzoza Biega	00:24:27	00:47:47	01:10:40	<b>01:10:49.75</b>	+00:11:42 (16.5%)	5:07	11.7 (83.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Split	Split	Split	Czas	Różn	Tempo min/km	Tempo km/h
								4.75km	9.5km	14.15km	netto 14.25km			
16	<b>KRUSZYNA Adam</b>	<b>84</b>		M-50	4			00:23:39	00:47:42	01:11:09	<b>01:11:20.90</b>	+00:12:13 (17.1%)	5:10	11.6 (82.9%)
17	<b>SZYMANDERA Łukasz</b>	<b>29</b>		M-30	5			00:23:10	00:47:16	01:11:12	<b>01:11:25.90</b>	+00:12:18 (17.2%)	5:10	11.6 (82.9%)
18	<b>BARSZCZEWSKI Sebastian</b>	<b>65</b>		M-40	4			00:24:07	00:48:20	01:11:57	<b>01:12:06.40</b>	+00:12:58 (18.0%)	5:13	11.5 (82.1%)
19	<b>KELER Krzysztof</b>	<b>86</b>	BBL INOWROCŁAW	M-20	3		BBL Inowrocław	00:24:47	00:49:22	01:14:12	<b>01:14:31.10</b>	+00:15:23 (20.7%)	5:23	11.1 (79.3%)
20	<b>PODKÓWKA Zbigniew</b>	<b>54</b>		M-60	2			00:25:18	00:50:40	01:14:41	<b>01:14:53.70</b>	+00:15:46 (21.1%)	5:25	11.1 (79.3%)
21	<b>SZULC Rafał</b>	<b>58</b>		M-30	6			00:25:08	00:50:08	01:15:12	<b>01:15:25.35</b>	+00:16:17 (21.6%)	5:27	11 (78.6%)
22	<b>GRZEGORZEWSKI Rafał</b>	<b>33</b>	BRZOZA BIEGA	M-40	5		Brzoza Biega	00:25:24	00:50:48	01:16:20	<b>01:16:31.85</b>	+00:17:24 (22.7%)	5:32	10.8 (77.1%)
23	<b>CHEŁMINIAK Monika</b>	<b>19</b>		K-30	3			00:24:30	00:49:58	01:16:48	<b>01:17:00.05</b>	+00:17:52 (23.2%)	5:34	10.8 (77.1%)
24	<b>HON Sławomir</b>	<b>108</b>		M-30	7			00:26:08	00:53:05	01:18:28	<b>01:18:42.45</b>	+00:19:34 (24.9%)	5:42	10.5 (75.0%)
25	<b>TOCZKIEWICZ Piotr</b>	<b>64</b>		M-40	6			00:25:50	00:52:30	01:18:35	<b>01:18:46.65</b>	+00:19:39 (24.9%)	5:42	10.5 (75.0%)
26	<b>JAROSZEWSKA Anna</b>	<b>8</b>		K-40	1			00:26:07	00:53:05	01:18:36	<b>01:18:50.40</b>	+00:19:42 (25.0%)	5:42	10.5 (75.0%)
27	<b>NADRAJKOWSKA Joanna</b>	<b>49</b>		K-30	4			00:26:32	00:53:25	01:21:12	<b>01:21:24.10</b>	+00:22:16 (27.4%)	5:53	10.2 (72.9%)
28	<b>CZYŻEWSKA Justyna</b>	<b>3</b>		K-30	5			00:26:13	00:53:14	01:21:08	<b>01:21:24.25</b>	+00:22:16 (27.4%)	5:53	10.2 (72.9%)
29	<b>OLSZEWSKA Beata</b>	<b>23</b>		K-30	6			00:27:15	00:55:19	01:24:11	<b>01:24:25.05</b>	+00:25:17 (30.0%)	6:07	9.8 (70.0%)
30	<b>BERKA Wiktoria</b>	<b>75</b>	AMS	K-20	1		AMS	00:25:11	00:54:50	01:26:37	<b>01:26:46.20</b>	+00:27:38 (31.9%)	6:17	9.5 (67.9%)
31	<b>MODLINSKI Sławomir</b>	<b>85</b>	MAGNUM TEAM	M-40	7		Magnum team	00:27:33	00:57:22	01:27:37	<b>01:27:49.85</b>	+00:28:42 (32.7%)	6:21	9.4 (67.1%)
32	<b>PIONTEK Elżbieta</b>	<b>10</b>		K-60	1			00:29:21	00:59:31	01:28:53	<b>01:29:07.90</b>	+00:30:00 (33.7%)	6:27	9.3 (66.4%)
33	<b>GRACZYKOWSKA Anna</b>	<b>47</b>	BBKTS	K-30	7		Bbkts	00:32:06	01:05:49	01:40:54	<b>01:41:06.95</b>	+00:41:59 (41.5%)	7:19	8.2 (58.6%)

Znaleziono 33 wynik(ów)