



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Bieg Niepodległości Nieporęt
Gmina Nieporęt
2025-11-11
Nieporęt
5.6 km

BIEG 5.6KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.6km	Czas brutto 5.6km	Różn	Tempo min/km	Tempo km/h
1	TOMCZAK Marcin	427		OPEN M	1	00:23:23.00	00:23:25.00		4:10	14.4 (100%)
2	DEPUT Piotr	187		OPEN M	2	00:23:51.65	00:24:03.00	+00:00:38 (2.6%)	4:15	14.1 (97.9%)
3	JANKOWSKI Paweł	367		OPEN M	3	00:24:14.10	00:24:16.45	+00:00:51 (3.5%)	60:35	1 (6.9%)
4	JUTKIEWICZ Marcin	210		OPEN M	4	00:24:41.15	00:24:44.85	+00:01:19 (5.4%)	4:24	13.6 (94.4%)
5	SZYMAŃSKI Cezary	174		OPEN M	5	00:25:24.35	00:25:26.25	+00:02:01 (7.9%)	4:32	13.2 (91.7%)
6	SKIBOWSKI Jakub	149		OPEN M	6	00:25:35.20	00:25:38.90	+00:02:13 (8.7%)	4:34	13.1 (91.0%)
7	SZCZEPANKOWSKI Piotr	143		OPEN M	7	00:25:52.35	00:25:55.70	+00:02:30 (9.7%)	4:37	13 (90.3%)
8	WAWER Daniel	159		OPEN M	8	00:26:17.00	00:26:25.75	+00:03:00 (11.4%)	4:41	12.8 (88.9%)
9	DETLAFF Aleksander	130		OPEN M	9	00:26:21.00	00:26:28.00	+00:03:03 (11.5%)	4:42	12.8 (88.9%)
10	ŁOBEJKO Wiesław	175		OPEN M	10	00:26:29.85	00:26:33.20	+00:03:08 (11.8%)	4:43	12.7 (88.2%)
11	PACZKOWSKI Piotr	206		OPEN M	11	00:26:33.70	00:26:37.75	+00:03:12 (12.1%)	4:44	12.7 (88.2%)
12	WARDAKOWSKA Anna	200		OPEN K	1	00:26:36.30	00:26:40.60	+00:03:15 (12.2%)	4:45	12.6 (87.5%)
13	GRABOWSKI Artur	428		OPEN M	12	00:26:55.05	00:26:59.05	+00:03:34 (13.2%)	4:48	12.5 (86.8%)
14	BEDNARSKA Marta	178		OPEN K	2	00:27:32.00	00:27:34.95	+00:04:09 (15.1%)	4:55	12.2 (84.7%)
15	BOREK Łukasz	185		OPEN M	13	00:27:41.85	00:27:54.30	+00:04:29 (16.1%)	4:56	12.1 (84.0%)
16	LESIAK Katarzyna	203		OPEN K	3	00:27:55.95	00:28:01.35	+00:04:36 (16.4%)	4:59	12 (83.3%)
17	NOWAK Anna	36		OPEN K	4	00:27:56.85	00:28:01.70	+00:04:36 (16.5%)	2:47	21.5 (149.3%)
18	AUGUSTYNIAK Mariusz	192		OPEN M	14	00:27:57.70	00:28:06.05	+00:04:41 (16.7%)	4:59	12 (83.3%)
19	WODZYŃSKI Andrzej	186		OPEN M	15	00:28:17.90	00:28:22.80	+00:04:57 (17.5%)	5:03	11.9 (82.6%)
20	JASIŃSKI Mateusz	136		OPEN M	16	00:28:20.45	00:28:27.05	+00:05:02 (17.7%)	5:03	11.9 (82.6%)
21	WRZOSEK Sebastian	255		OPEN M	17	00:28:27.50	00:28:33.50	+00:05:08 (18.0%)	5:04	11.8 (81.9%)
22	GMITRZUK Paweł	231		OPEN M	18	00:28:35.35	00:28:40.15	+00:05:15 (18.3%)	5:06	11.8 (81.9%)
23	KRASUSKA Maja	211		OPEN K	5	00:29:01.30	00:29:04.30	+00:05:39 (19.5%)	5:10	11.6 (80.6%)
24	CHOŁUJ Agata	181		OPEN K	6	00:29:04.50	00:29:13.25	+00:05:48 (19.9%)	5:11	11.6 (80.6%)
25	KARAŚ-GMITRZUK Marzena	167		OPEN K	7	00:29:16.85	00:29:21.15	+00:05:56 (20.2%)	5:13	11.5 (79.9%)
26	DULĘBA Marcin	218		OPEN M	19	00:29:15.90	00:29:22.35	+00:05:57 (20.3%)	5:13	11.5 (79.9%)
27	MADEJ Wojciech	151		OPEN M	20	00:29:21.25	00:29:25.10	+00:06:00 (20.4%)	5:14	11.4 (79.2%)

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28	WILK Malwina	152		OPEN K	8	00:29:23.60	00:29:30.95	+00:06:05 (20.7%)	5:14	11.4 (79.2%)
29	WILK Rafał	153		OPEN M	21	00:29:23.15	00:29:31.00	+00:06:06 (20.7%)	5:14	11.4 (79.2%)
30	SZYMAŃSKA Dorota	225		OPEN K	9	00:30:04.50	00:30:12.85	+00:06:47 (22.5%)	5:22	11.2 (77.8%)
31	PIETRUCHA Bartosz	169		OPEN M	22	00:30:24.90	00:30:26.70	+00:07:01 (23.1%)	5:25	11.1 (77.1%)
32	NOWICKA Urszula	157		OPEN K	10	00:30:28.05	00:30:33.45	+00:07:08 (23.4%)	5:26	11 (76.4%)
33	KRASUSKA Agata	194		OPEN K	11	00:30:33.30	00:30:37.00	+00:07:12 (23.5%)	5:27	11 (76.4%)
34	SWORST Jakub	148		OPEN M	23	00:30:39.55	00:30:43.70	+00:07:18 (23.8%)	5:28	11 (76.4%)
35	CACKOWSKA Halszka	329		OPEN K	12	00:31:00.15	00:31:08.30	+00:07:43 (24.8%)	77:30	0.8 (5.6%)
36	CZYŻAK Radosław	196		OPEN M	24	00:31:33.20	00:31:40.95	+00:08:15 (26.1%)	5:38	10.6 (73.6%)
37	KOWALCZYK Robert	380		OPEN M	25	00:31:35.15	00:31:47.00	+00:08:22 (26.3%)	5:38	10.6 (73.6%)
38	MAJEWSKA Hanna	142		OPEN K	13	00:31:48.40	00:31:50.30	+00:08:25 (26.5%)	5:40	10.6 (73.6%)
39	PIETRUCHA Piotr	134		OPEN M	26	00:31:49.15	00:31:51.05	+00:08:26 (26.5%)	5:40	10.6 (73.6%)
40	JASTRZĘBSKI Adam	227		OPEN M	27	00:31:46.45	00:31:55.05	+00:08:30 (26.6%)	5:40	10.6 (73.6%)
41	SIERADZKI Przemysław	229		OPEN M	28	00:31:55.20	00:31:57.20	+00:08:32 (26.7%)	5:41	10.5 (72.9%)
42	KRASUSKI Jacek	215		OPEN M	29	00:32:03.25	00:32:13.10	+00:08:48 (27.3%)	5:43	10.5 (72.9%)
43	OLECHOWSKI Kacper	217		OPEN M	30	00:32:05.60	00:32:16.25	+00:08:51 (27.4%)	5:43	10.5 (72.9%)
44	DZIK Tomasz	158		OPEN M	31	00:32:18.35	00:32:24.05	+00:08:59 (27.7%)	5:46	10.4 (72.2%)
45	PIETRUCHA Krzysztof	168		OPEN M	32	00:32:39.30	00:32:42.00	+00:09:17 (28.4%)	5:49	10.3 (71.5%)
46	STRUPIECHOWSKI Adam	154		OPEN M	33	00:32:53.85	00:32:59.45	+00:09:34 (29.0%)	5:52	10.2 (70.8%)
47	FICOŃ Monika	193		OPEN K	14	00:32:48.70	00:32:59.75	+00:09:34 (29.0%)	5:51	10.2 (70.8%)
48	MICHNOWSKA Adriana	138		OPEN K	15	00:33:06.50	00:33:12.20	+00:09:47 (29.5%)	5:54	10.2 (70.8%)
49	MACIEJEWSKI Jan	309		OPEN M	34	00:33:09.40	00:33:16.95	+00:09:51 (29.6%)	82:52	0.7 (4.9%)
50	JAGŁO (REMISZ) Anna	260		OPEN K	16	00:33:20.70	00:33:24.25	+00:09:59 (29.9%)	5:57	10.1 (70.1%)
51	RĘBELSKI Antoni	362		OPEN M	35	00:33:18.60	00:33:26.55	+00:10:01 (30.0%)	83:15	0.7 (4.9%)
52	DULĘBA Ewa	208		OPEN K	17	00:33:32.60	00:33:39.25	+00:10:14 (30.4%)	5:59	10 (69.4%)
53	KANIA Kamila	216		OPEN K	18	00:33:29.35	00:33:39.70	+00:10:14 (30.4%)	5:58	10 (69.4%)
54	DULĘBA Monika	207		OPEN K	19	00:33:35.15	00:33:41.35	+00:10:16 (30.5%)	5:59	10 (69.4%)
55	DULĘBA Łukasz	209		OPEN M	36	00:33:35.25	00:33:41.55	+00:10:16 (30.5%)	5:59	10 (69.4%)
56	OWCZARCZYK Edyta	141		OPEN K	20	00:33:43.35	00:33:55.00	+00:10:30 (31.0%)	6:01	10 (69.4%)
57	OWCZARCZYK Paweł	144		OPEN M	37	00:33:43.70	00:33:55.60	+00:10:30 (31.0%)	6:01	10 (69.4%)
58	NOWIK Marlena	160		OPEN K	21	00:34:43.10	00:34:45.80	+00:11:20 (32.6%)	6:11	9.7 (67.4%)
59	KOSEWSKI Krzysztof	212		OPEN M	38	00:34:53.65	00:35:03.65	+00:11:38 (33.2%)	6:13	9.6 (66.7%)
60	SURDYK Joanna	219		OPEN K	22	00:35:13.60	00:35:24.55	+00:11:59 (33.9%)	6:17	9.5 (66.0%)
61	OWCZARCZYK Bożena	150		OPEN K	23	00:35:18.35	00:35:30.25	+00:12:05 (34.0%)	6:18	9.5 (66.0%)
62	MAJEWSKI Daniel	156		OPEN M	39	00:35:30.75	00:35:34.00	+00:12:09 (34.2%)	6:20	9.5 (66.0%)
63	KOSTRZEWA Klaudia	213		OPEN K	24	00:35:32.35	00:35:38.20	+00:12:13 (34.3%)	6:20	9.5 (66.0%)
64	KOSTRZEWA Mariusz	214		OPEN M	40	00:35:32.30	00:35:38.30	+00:12:13 (34.3%)	6:20	9.5 (66.0%)
65	MICHALAK Patrycja	228		OPEN K	25	00:36:18.40	00:36:25.50	+00:13:00 (35.7%)	3:37	16.5 (114.6%)
66	CHMIEL Karol	182		OPEN M	41	00:36:19.80	00:36:25.85	+00:13:00 (35.7%)	6:29	9.3 (64.6%)
67	KUCHARSKA Pola	346		OPEN K	26	00:36:51.95	00:37:00.85	+00:13:35 (36.7%)	92:07	0.7 (4.9%)
68	JABŁOŃSKA Izabela	135		OPEN K	27	00:36:59.70	00:37:09.70	+00:13:44 (37.0%)	6:36	9.1 (63.2%)
69	OLESIAK Sylwia	180		OPEN K	28	00:37:02.15	00:37:10.30	+00:13:45 (37.0%)	6:36	9.1 (63.2%)
70	GĄGOLEWSKA Joanna	137		OPEN K	29	00:37:14.60	00:37:21.65	+00:13:56 (37.3%)	6:38	9 (62.5%)
71	DĘBOWSKI Adam	147		OPEN M	42	00:37:11.75	00:37:24.80	+00:13:59 (37.4%)	6:38	9 (62.5%)

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72	MARASZEK Irena	191		OPEN K	30	00:37:44.50	00:37:50.85	+00:14:25 (38.1%)	6:44	8.9 (61.8%)
73	KUSIAKOWSKA Aleksandra	198		OPEN K	31	00:38:02.05	00:38:07.15	+00:14:42 (38.6%)	6:47	8.8 (61.1%)
74	MARKIEWICZ Tomasz	197		OPEN M	43	00:38:03.35	00:38:08.50	+00:14:43 (38.6%)	6:47	8.8 (61.1%)
75	JASINSKI Marek	165		OPEN M	44	00:38:08.20	00:38:15.45	+00:14:50 (38.8%)	6:48	8.8 (61.1%)
76	JASIŃSKA Lena	161		OPEN K	32	00:38:08.60	00:38:15.60	+00:14:50 (38.8%)	6:48	8.8 (61.1%)
77	NOWIŃSKA Anna	220		OPEN K	33	00:38:13.55	00:38:18.75	+00:14:53 (38.9%)	6:49	8.8 (61.1%)
78	SKÓRKOWSKA Natalia	176		OPEN K	34	00:38:09.10	00:38:19.70	+00:14:54 (38.9%)	6:48	8.8 (61.1%)
79	MARASZEK Wiktoria	188		OPEN K	35	00:38:11.00	00:38:20.05	+00:14:55 (38.9%)	6:49	8.8 (61.1%)
80	WYSOKIŃSKA Weronika	170		OPEN K	36	00:38:12.40	00:38:22.10	+00:14:57 (39.0%)	6:49	8.8 (61.1%)
81	ŻUCHOWSKI Artur	222		OPEN M	45	00:38:24.55	00:38:27.50	+00:15:02 (39.1%)	6:51	8.8 (61.1%)
82	WRONKA Mariana	81		OPEN K	37	00:38:21.45	00:38:27.75	+00:15:02 (39.1%)	6:50	8.8 (61.1%)
83	PIETRZAK Kacper	145		OPEN M	46	00:38:23.80	00:38:33.15	+00:15:08 (39.3%)	6:51	8.8 (61.1%)
84	PYRA Dorota	155		OPEN K	38	00:38:23.80	00:38:33.35	+00:15:08 (39.3%)	6:51	8.8 (61.1%)
85	OLESIAK Arkadiusz	179		OPEN M	47	00:39:28.55	00:39:36.75	+00:16:11 (40.9%)	7:02	8.5 (59.0%)
86	NOWAK Ewa	184		OPEN K	39	00:39:32.65	00:39:43.75	+00:16:18 (41.1%)	7:03	8.5 (59.0%)
87	NOWAK Marta	242		OPEN K	40	00:39:34.85	00:39:44.85	+00:16:19 (41.1%)	7:03	8.5 (59.0%)
88	NOWAK Anna	183		OPEN K	41	00:39:36.50	00:39:46.80	+00:16:21 (41.1%)	7:04	8.5 (59.0%)
89	MACHNACKI Paweł	140		OPEN M	48	00:40:12.45	00:40:20.30	+00:16:55 (41.9%)	7:10	8.4 (58.3%)
90	KLIMKIEWICZ Helena	365		OPEN K	42	00:47:15.95	00:47:25.00	+00:24:00 (50.6%)	118:07	0.5 (3.5%)

Znaleziono 90 wynik(ów)