

BIEG - 5KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Bieg Niepodległości
Organizator: Stowarzyszenie Pozytywni z Pasją Jastrowie
Data: 2023-11-12
Miejsce: Jastrowie
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PRZYSIWEK Piotr	147	AGATRI	M OPEN	1	00:22:44.74		4:32	13.2 (100%)
2	FOLTYNIEWICZ Hanna	121	7PRO SIÓDMIĄK TEAM	K OPEN	1	00:22:47.11	+00:00:02 (0.2%)	4:33	13.2 (100%)
3	CHMIELEWSKI Tomasz	115		M OPEN	2	00:22:52.08	+00:00:07 (0.5%)	4:34	13.1 (99.2%)
4	SZYPKOWSKI Marek	109	NOTEĆ OCR CZARNKÓW	M OPEN	3	00:23:00.18	+00:00:15 (1.1%)	4:36	13 (98.5%)
5	JAWORSKI Maciej	130	TEAM TERMINATORUN	M OPEN	4	00:23:36.91	+00:00:52 (3.7%)	4:43	12.7 (96.2%)
6	MASSEL Mateusz	139	ISKRA KRAJENKA	M OPEN	5	00:25:14.50	+00:02:29 (9.9%)	5:02	11.9 (90.2%)
7	LATAŃSKI Radosław	137		M OPEN	6	00:26:21.12	+00:03:36 (13.7%)	5:16	11.4 (86.4%)
8	MAJKUT Anna	138	TEAM TERMINATORUN	K OPEN	2	00:26:25.37	+00:03:40 (13.9%)	5:17	11.4 (86.4%)
9	NIEMCZYK Miłosz	143	RUN TEAM SĘPOLNO KRAJEŃSKIE	M OPEN	7	00:26:54.79	+00:04:10 (15.5%)	5:22	11.2 (84.8%)
10	DOMAGALSKI Tomasz	120		M OPEN	8	00:26:56.61	+00:04:11 (15.6%)	5:23	11.1 (84.1%)
11	SZCZUKOCKI Marcin	156	TEAM TERMINATORUN	M OPEN	9	00:27:08.72	+00:04:23 (16.2%)	5:25	11.1 (84.1%)
12	KOPCZAK Paweł	135		M OPEN	10	00:27:43.13	+00:04:58 (17.9%)	5:32	10.8 (81.8%)
13	BANY Michał	113	FITNESS DRAWSKO	M OPEN	11	00:27:52.32	+00:05:07 (18.4%)	5:34	10.8 (81.8%)
14	KLUPŚ Agata	133	POZYTYWNI Z PASJĄ	K OPEN	3	00:28:04.52	+00:05:19 (19.0%)	5:36	10.7 (81.1%)
15	MIKŁASZ-ZAKRZEWSKA Aleksandra	141	ADIDASRUNNERSPOZNAN	K OPEN	4	00:28:13.20	+00:05:28 (19.4%)	5:38	10.6 (80.3%)
16	BRONOWICKI Karol	114		M OPEN	12	00:28:13.56	+00:05:28 (19.4%)	5:38	10.6 (80.3%)
17	THOMAS Daniel	157	ROZBIEGANE JASTROWIE	M OPEN	13	00:28:24.62	+00:05:39 (19.9%)	5:40	10.6 (80.3%)
18	MELDA Jacek	167	RUN GOKA TEAM	M OPEN	14	00:28:28.88	+00:05:44 (20.1%)	5:41	10.5 (79.5%)
19	FRAK Piotr	123		M OPEN	15	00:28:34.77	+00:05:50 (20.4%)	5:42	10.5 (79.5%)
20	FRAK Paweł	124		M OPEN	16	00:28:39.09	+00:05:54 (20.6%)	5:43	10.5 (79.5%)
21	GLAZER Anna	125	3:33 TEAM	K OPEN	5	00:28:49.60	+00:06:04 (21.1%)	5:45	10.4 (78.8%)
22	OLEKSÓW Przemek	97	STARY OBÓZ	M OPEN	17	00:29:17.13	+00:06:32 (22.3%)	5:51	10.2 (77.3%)
23	DŁUGA Magdalena	119	TEAM TERMINATOR RUN	K OPEN	6	00:29:45.74	+00:07:00 (23.6%)	5:57	10.1 (76.5%)
24	TROJANOWSKI Grzegorz	160		M OPEN	18	00:29:52.69	+00:07:07 (23.9%)	5:58	10 (75.8%)
25	KASZUBA Artur	131	OSP ŁUGI	M OPEN	19	00:29:53.86	+00:07:09 (23.9%)	5:58	10 (75.8%)
26	WINIECKA Paulina	162		K OPEN	7	00:30:12.32	+00:07:27 (24.7%)	6:02	9.9 (75.0%)

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27	KLUPŚ Monika	132	POZYTYWNI Z PASJĄ	K OPEN	8	00:30:45.08	+00:08:00 (26.0%)	6:09	9.8 (74.2%)
28	BANY Mirela	112	FITNESS DRAWSKO POMORSKIE	K OPEN	9	00:33:56.26	+00:11:11 (33.0%)	6:47	8.8 (66.7%)
29	STEMLER Dariusz	154		M OPEN	20	00:34:13.79	+00:11:29 (33.6%)	6:50	8.8 (66.7%)
30	WENCKA Paweł	161		M OPEN	21	00:34:13.83	+00:11:29 (33.6%)	6:50	8.8 (66.7%)
31	GROCHOWSKA Agnieszka	127	LUŻNE MAJTY	K OPEN	10	00:34:37.29	+00:11:52 (34.3%)	6:55	8.7 (65.9%)
32	TROJANOWSKA Lucyna	159		K OPEN	11	00:34:47.23	+00:12:02 (34.6%)	6:57	8.6 (65.2%)
33	JANKOWSKI Konrad	129	MKS POLONIA JASTROWIE	M OPEN	22	00:35:12.64	+00:12:27 (35.4%)	7:02	8.5 (64.4%)
34	NIEDZIELA Dorota	142	LILL-SPORT	K OPEN	12	00:35:26.03	+00:12:41 (35.8%)	7:05	8.5 (64.4%)
35	BANACZYK Wioletta	111	LILL-SPORT	K OPEN	13	00:35:29.72	+00:12:44 (35.9%)	7:05	8.5 (64.4%)
36	KOZŁOWSKI Piotr	136	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN	23	00:35:40.38	+00:12:55 (36.2%)	7:08	8.4 (63.6%)
37	NITA Katarzyna	144		K OPEN	14	00:35:49.30	+00:13:04 (36.5%)	7:09	8.4 (63.6%)
38	GAŁKA Natalia	110		K OPEN	15	00:35:53.18	+00:13:08 (36.6%)	7:10	8.4 (63.6%)
39	ŻABICKA Aneta	165		K OPEN	16	00:36:14.62	+00:13:29 (37.2%)	7:14	8.3 (62.9%)
40	CZUBKOWSKI Sebastian	118	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M OPEN	24	00:36:21.83	+00:13:37 (37.4%)	7:16	8.3 (62.9%)
41	DZIERZAWA Aleksandra	168	BBL ZŁOTÓW	K OPEN	17	00:37:13.72	+00:14:28 (38.9%)	7:26	8.1 (61.4%)
42	SUCHANOWSKA Anna	155	RESPECT LOTYŃ	K OPEN	18	00:37:54.27	+00:15:09 (40.0%)	7:34	7.9 (59.8%)
43	NITA Wiesław	145		M OPEN	25	00:37:56.56	+00:15:11 (40.1%)	7:35	7.9 (59.8%)
44	SOBCZYK Lidia	152	PROTEKTOR	K OPEN	19	00:38:20.08	+00:15:35 (40.7%)	7:40	7.8 (59.1%)
45	SOBCZYK Daria	153	PROTEKTOR	K OPEN	20	00:38:20.12	+00:15:35 (40.7%)	7:40	7.8 (59.1%)
46	MATYSEK Ireneusz	140	KOMANDOS WAŁECKI	M OPEN	26	00:38:22.10	+00:15:37 (40.7%)	7:40	7.8 (59.1%)
47	GRABOWSKA Elżbieta	126	BBL ZŁOTÓW	K OPEN	21	00:39:27.58	+00:16:42 (42.4%)	7:53	7.6 (57.6%)
48	RAJEK Sebastian	148		M OPEN	27	00:39:28.64	+00:16:43 (42.4%)	7:53	7.6 (57.6%)
49	SADOWSKA Maria	150	BBL ZŁOTÓW	K OPEN	22	00:39:31.92	+00:16:47 (42.5%)	7:54	7.6 (57.6%)
50	HARBUZIŃSKA-TUREK Justyna	128		K OPEN	23	00:40:03.82	+00:17:19 (43.2%)	8:00	7.5 (56.8%)
51	CICHAŃSKI Krystian	116		M OPEN	28	00:40:51.74	+00:18:06 (44.3%)	8:10	7.3 (55.3%)
52	CZEREŚNIAK Iwona	117		K OPEN	24	00:41:30.79	+00:18:46 (45.2%)	8:18	7.2 (54.5%)
53	RAJEK Paulina	149		K OPEN	25	00:41:56.11	+00:19:11 (45.8%)	8:23	7.2 (54.5%)
54	WROBLEWSKI Jerzy	164	PARKRUN SZCZECINEK	M OPEN	29	00:42:35.06	+00:19:50 (46.6%)	8:31	7 (53.0%)
55	NOWICKI Maciej	146	OSP SYPNIEWO	M OPEN	30	00:42:54.63	+00:20:09 (47.0%)	8:34	7 (53.0%)
56	TOLSTOROG Viktoria	158		K OPEN	26	00:43:55.69	+00:21:10 (48.2%)	8:47	6.8 (51.5%)
57	SAROSIK Anna	151		K OPEN	27	00:44:00.12	+00:21:15 (48.3%)	8:48	6.8 (51.5%)
DQ	FORTUNA Cezary	122		M OPEN		00:26:46.53 DQ		0:00	11.2 (84.8%)

Znaleziono 58 wynik(ów)