

BIEG - 5KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Bieg Niepodległości
Organizator: Stowarzyszenie Pozytywni z Pasją Jastrowie
Data: 2023-11-12
Miejsce: Jastrowie
Dystans: 5 km



Klasyfikacja: M OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PRZYSIWEK Piotr	147	AGATRI	M OPEN	1	00:22:44.74		4:32	13.2 (100%)
2	CHMIELEWSKI Tomasz	115		M OPEN	2	00:22:52.08	+00:00:07 (0.5%)	4:34	13.1 (99.2%)
3	SZYPKOWSKI Marek	109	NOTEĆ OCR CZARNKÓW	M OPEN	3	00:23:00.18	+00:00:15 (1.1%)	4:36	13 (98.5%)
4	JAWORSKI Maciej	130	TEAM TERMINATORUN	M OPEN	4	00:23:36.91	+00:00:52 (3.7%)	4:43	12.7 (96.2%)
5	MASSEL Mateusz	139	ISKRA KRAJENKA	M OPEN	5	00:25:14.50	+00:02:29 (9.9%)	5:02	11.9 (90.2%)
6	LATAŃSKI Radosław	137		M OPEN	6	00:26:21.12	+00:03:36 (13.7%)	5:16	11.4 (86.4%)
7	NIEMCZYK Miłosz	143	RUN TEAM SĘPOLNO KRAJEŃSKIE	M OPEN	7	00:26:54.79	+00:04:10 (15.5%)	5:22	11.2 (84.8%)
8	DOMAGALSKI Tomasz	120		M OPEN	8	00:26:56.61	+00:04:11 (15.6%)	5:23	11.1 (84.1%)
9	SZCZUKOCKI Marcin	156	TEAM TERMINATORUN	M OPEN	9	00:27:08.72	+00:04:23 (16.2%)	5:25	11.1 (84.1%)
10	KOPCZAK Paweł	135		M OPEN	10	00:27:43.13	+00:04:58 (17.9%)	5:32	10.8 (81.8%)
11	BANY Michał	113	FITNESS DRAWSKO	M OPEN	11	00:27:52.32	+00:05:07 (18.4%)	5:34	10.8 (81.8%)
12	BRONOWICKI Karol	114		M OPEN	12	00:28:13.56	+00:05:28 (19.4%)	5:38	10.6 (80.3%)
13	THOMAS Daniel	157	ROZBIEGANE JASTROWIE	M OPEN	13	00:28:24.62	+00:05:39 (19.9%)	5:40	10.6 (80.3%)
14	MELDA Jacek	167	RUN GOKA TEAM	M OPEN	14	00:28:28.88	+00:05:44 (20.1%)	5:41	10.5 (79.5%)
15	FRAK Piotr	123		M OPEN	15	00:28:34.77	+00:05:50 (20.4%)	5:42	10.5 (79.5%)
16	FRAK Paweł	124		M OPEN	16	00:28:39.09	+00:05:54 (20.6%)	5:43	10.5 (79.5%)
17	OLEKSÓW Przemek	97	STARY OBÓZ	M OPEN	17	00:29:17.13	+00:06:32 (22.3%)	5:51	10.2 (77.3%)
18	TROJANOWSKI Grzegorz	160		M OPEN	18	00:29:52.69	+00:07:07 (23.9%)	5:58	10 (75.8%)
19	KASZUBA Artur	131	OSP ŁUGI	M OPEN	19	00:29:53.86	+00:07:09 (23.9%)	5:58	10 (75.8%)
20	STEMLER Dariusz	154		M OPEN	20	00:34:13.79	+00:11:29 (33.6%)	6:50	8.8 (66.7%)
21	WENCKA Paweł	161		M OPEN	21	00:34:13.83	+00:11:29 (33.6%)	6:50	8.8 (66.7%)
22	JANKOWSKI Konrad	129	MKS POLONIA JASTROWIE	M OPEN	22	00:35:12.64	+00:12:27 (35.4%)	7:02	8.5 (64.4%)
23	KOZŁOWSKI Piotr	136	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN	23	00:35:40.38	+00:12:55 (36.2%)	7:08	8.4 (63.6%)
24	CZUBKOWSKI Sebastian	118	RUN TEAM SĘPOLNO KRAJEŃSKIE	M OPEN	24	00:36:21.83	+00:13:37 (37.4%)	7:16	8.3 (62.9%)
25	NITA Wiesław	145		M OPEN	25	00:37:56.56	+00:15:11 (40.1%)	7:35	7.9 (59.8%)
26	MATYSEK Ireneusz	140	KOMANDOS WAŁECKI	M OPEN	26	00:38:22.10	+00:15:37 (40.7%)	7:40	7.8 (59.1%)

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27	RAJEK Sebastian	148		M OPEN	27	00:39:28.64	+00:16:43 (42.4%)	7:53	7.6 (57.6%)
28	CICHAŃSKI Krystian	116		M OPEN	28	00:40:51.74	+00:18:06 (44.3%)	8:10	7.3 (55.3%)
29	WROBLEWSKI Jerzy	164	PARKRUN SZCECINEK	M OPEN	29	00:42:35.06	+00:19:50 (46.6%)	8:31	7 (53.0%)
30	NOWICKI Maciej	146	OSP SYPNIEWO	M OPEN	30	00:42:54.63	+00:20:09 (47.0%)	8:34	7 (53.0%)
DQ	FORTUNA Cezary	122		M OPEN		00:26:46.53 DQ		0:00	11.2 (84.8%)

Znaleziono 31 wynik(ów)