

BIEG 7 SZCZYTÓW - 240 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Łądek-Zdrój
Dystans: 240 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II M - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Czas brutto 240km	Różn	Tempo min/km	Tempo km/h	
1	KOT Rafał	137	GÓRAL Z MAZUR // KB JURUND SZCZYTNO	Senior II M - 30	1	01:01:20	03:30:20	05:32:47	07:32:57	09:32:20	11:43:28	12:57:02	15:02:52	17:09:09	20:17:32	23:22:56	24:44:40			28:31:56	30:22:43.90	30:22:47.90		7:35	7.9 (100%)
2	GONCZARENKO Jarek	199		Senior II M - 30	2	01:01:02	03:29:33	05:33:58	07:33:35	09:36:35	12:07:47	13:44:39	16:13:38	18:59:14	22:57:20	26:22:55	28:14:43			32:52:29	34:25:26.90	34:25:31.95	+04:02:44 (11.8%)	8:36	7 (88.6%)
3	SMOLIS Ivo	194		Senior II M - 30	3	01:09:02	03:58:03	06:12:55	08:24:38	10:47:10	13:31:30	14:52:30	17:21:34	19:58:30	23:46:04	27:05:46	29:00:48			34:46:03	36:54:52.05	36:55:07.00	+06:32:19 (17.7%)	9:13	6.5 (82.3%)
4	PIGŁOWSKI Dawid	133	S-ULTRA	Senior II M - 30	4	01:05:43	03:50:01	06:15:17	08:31:47	11:06:45	13:31:52	14:59:52	17:38:21	20:13:41	24:16:58	27:40:54	29:56:49			35:38:19	37:25:39.30	37:25:45.80	+07:02:57 (18.8%)	9:21	6.4 (81.0%)
5	PAWŁOWSKI Tomasz	37	TEAM PLESZEW	Senior II M - 30	5	01:16:37	04:17:53	06:58:09	09:26:50	11:55:19	14:44:37	16:20:20	19:06:17	22:23:37	26:47:56		34:10:47			39:03:05	41:13:23.80	41:13:59.70	+10:51:11 (26.3%)	10:18	5.8 (73.4%)
6	ĆWIKLIŃSKI Łukasz	3	IZERSKA GRUPA BIEGOWA	Senior II M - 30	6	01:13:57	04:24:44	06:58:35	09:26:41	12:17:36	15:21:52	17:02:34	20:18:35	23:31:52	28:13:05		35:14:08			40:22:45	42:10:48.20	42:10:55.40	+11:48:07 (28.0%)	10:32	5.7 (72.2%)
7	SKROBAŁA Dariusz	55		Senior II M - 30	7	01:20:23	04:42:22	07:14:14	09:41:43	12:01:30	15:01:25	16:49:01	19:53:10	23:16:47	28:06:38		35:37:38			41:45:09	43:38:17.35	43:38:26.35	+13:15:38 (30.4%)	10:54	5.5 (69.6%)
8	JANECKA Artur	63	BIEGING TEAM ZELÓW	Senior II M - 30	8	01:15:50	04:51:40	07:32:38	09:50:15	13:02:47	16:13:22	18:11:12	22:02:47	25:17:55	30:02:26		36:47:57			42:07:02	44:19:03.30	44:19:37.80	+13:56:49 (31.5%)	11:04	5.4 (68.4%)
9	HANYŻ Mateusz	168	OLIMPIA SYCÓW	Senior II M - 30	9	01:21:10	05:05:43	07:39:46	10:14:20	12:47:45	16:24:43	18:12:00	21:06:31	24:50:30	29:57:08		36:12:02			42:44:48	44:42:47.90	44:43:11.40	+14:20:23 (32.1%)	11:10	5.4 (68.4%)
10	BURZYŃSKI Sebastian	60	MPK WYBIEGANIE	Senior II M - 30	10	01:29:23	05:07:11	08:05:18	10:29:04	13:19:49	16:32:18	18:26:16	21:51:05	25:04:23	30:24:08		37:03:01			43:01:08	44:47:38.20	44:48:09.65	+14:25:21 (32.2%)	11:11	5.4 (68.4%)
11	WITOS Mateusz	209	ULTRA ŻUBR	Senior II M - 30	11	01:36:03	05:26:05	08:11:31	10:48:08	13:13:43	16:14:09	18:11:41	21:12:38	24:09:26	28:55:22		36:35:50			42:48:11	45:13:31.80	45:14:12.50	+14:51:24 (32.8%)	11:18	5.3 (67.1%)
12	MASNY Dawid	188	TRUCHTACZ.PL	Senior II M - 30	12	01:15:09	04:35:42	07:18:03	09:52:46	12:43:16	15:48:19	17:28:11	20:40:50	24:33:03	30:14:04		37:09:20			43:33:59	45:57:58.10	45:58:00.20	+15:35:12 (33.9%)	11:29	5.2 (65.8%)
13	MILEWICZ Daniel	236	DANIEL MILEWICZ	Senior II M - 30	13	01:16:11	04:32:20	06:59:11	09:23:22	12:07:29	15:24:26	17:18:05	20:11:43	23:42:23	29:11:42					44:02:31	46:28:12.70	46:28:25.30	+16:05:37 (34.6%)	11:37	5.2 (65.8%)
14	NOWAK Mariusz	226		Senior II M - 30	14	01:16:50	04:18:16	06:48:15	09:01:43	11:52:51	15:00:42	16:53:29	20:16:08	23:37:30	29:09:38		36:56:24			44:21:39	46:31:15.95	46:31:33.35	+16:08:45 (34.7%)	11:37	5.2 (65.8%)
15	POPKO Łukasz	49		Senior II M - 30	15	01:20:13	04:31:07	06:54:35	09:22:15	12:22:30	15:39:03	17:50:45	21:19:04	25:04:29	31:16:14		39:47:24			45:13:39	46:49:36.85	46:49:59.75	+16:27:11 (35.1%)	11:42	5.1 (64.6%)
16	PODRAZA Tadeusz	76	ULTRATARNÓW	Senior II M - 30	16	01:19:09	05:01:03	07:51:26	10:36:16	13:26:41	16:57:40	19:01:56	22:36:51	26:18:54	31:45:51		39:12:54				47:07:53.30	47:08:00.00	+16:45:12 (35.5%)	11:46	5.1 (64.6%)
17	BOGACZYK Krzysztof	43		Senior II M - 30	17	01:22:18	05:02:06	07:46:48	10:24:44	13:12:09	16:22:40	18:14:28	22:05:15	26:12:34	32:19:13		38:56:52			45:07:30	47:08:48.75	47:09:39.90	+16:46:52 (35.6%)	11:47	5.1 (64.6%)
18	DURMAJ Bartek	109		Senior II M - 30	18	01:43:32	06:20:53	09:28:38	12:14:22	15:09:39	18:46:54	21:08:48	24:28:53	27:52:51	33:41:48		40:32:52			45:39:31	47:31:39.15	47:31:39.15	+17:08:51 (36.1%)	11:52	5 (63.3%)
19	ADAMSKI Michał	207	POŁUDNIOWA POLSKA TEAM	Senior II M - 30	19	01:22:11	05:02:05	07:46:54	10:24:42	13:12:11	16:22:39	18:14:28	22:04:56	26:12:34	32:19:12		39:14:44			46:02:38	48:10:58.45	48:11:49.75	+17:49:01 (37.0%)	12:02	5 (63.3%)
20	GOGOL Marcin	58		Senior II M - 30	20	01:16:00	05:26:31	08:11:52	10:47:15	13:27:40	16:36:57	18:34:07	22:05:30	26:06:35	31:49:44		40:00:33			46:52:52	49:25:31.30	49:25:52.05	+19:03:04 (38.5%)	12:21	4.9 (62.0%)
21	HYSKI Mateusz	18		Senior II M - 30	21	01:34:11	05:25:15	07:57:34	10:27:11	13:23:31	16:33:15	18:20:48	21:52:30	26:13:20	32:10:01		41:04:23			47:30:40	50:02:36.60	50:03:19.70	+19:40:31 (39.3%)	12:30	4.8 (60.8%)
22	KOCIŃSKI Dominik	154		Senior II M - 30	22	01:30:07	05:34:17	08:26:46	11:33:51	14:33:07	17:59:12	20:14:52	23:47:12	27:21:37	33:04:20		40:40:36			47:30:08	50:25:02.10	50:25:20.40	+20:02:32 (39.7%)	12:36	4.8 (60.8%)
23	BARTOSZWICZ Kamil	241		Senior II M - 30	23	01:37:44	06:15:40	09:42:11	12:50:02	16:18:26	20:06:50	22:30:50	25:46:35	30:00:28	36:11:54		42:46:51			48:29:58	50:26:07.45	50:26:26.45	+20:03:38 (39.8%)	12:36	4.8 (60.8%)
24	KUKULSKI Wojciech	14		Senior II M - 30	24	01:29:03	05:19:47	08:10:38	11:05:20	13:53:07	17:04:28	19:07:47	23:06:18	27:25:39	33:33:21		41:14:24			48:27:52	50:54:43.25	50:55:13.50	+20:32:25 (40.3%)	12:43	4.7 (59.5%)
25	CIOCH Paweł	145	PLOTSERWIS TEAM	Senior II M - 30	25	01:27:39	05:13:51	08:09:33	11:08:40	14:56:35	18:32:49	21:07:30	24:32:39	28:11:41	34:55:20		43:08:54			49:18:59	51:22:55.90	51:23:41.55	+21:00:53 (40.9%)	12:50	4.7 (59.5%)
26	KAŻMIERCZAK Marcin	11		Senior II M - 30	26	01:27:49	05:05:10	07:56:13	10:35:42	13:49:07	17:14:04	19:25:37	23:30:53	27:44:46	34:55:16		42:14:34			49:17:23	51:30:31.20	51:31:21.45	+21:08:33 (41.0%)	12:52	4.7 (59.5%)
27	DZIUBECKI Kamil	83	FUDU&CO.SPORT TEAM	Senior II M - 30	27	01:16:21	05:28:35	08:25:26	11:01:32	13:51:24	17:15:49	19:53:31	23:40:29	27:32:16	34:55:59		43:00:25			49:23:23	51:32:35.55	51:33:04.65	+21:10:16 (41.1%)	12:53	4.7 (59.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Czas brutto 240km	Różn	Tempo min/km	Tempo km/h
28	DRYMEL Piotr	125		Senior II M - 30	28	01:34:27	05:33:12	08:23:03	11:30:08	14:29:06	17:49:25	20:22:26	24:36:40	28:19:40	35:31:44		43:07:04		49:18:36	51:38:39.80	51:39:34.80	+21:16:46 (41.2%)	12:54	4.6 (58.2%)
29	CIEŚLAK Krzysztof	94	CIEŚLAK TEAM	Senior II M - 30	29	01:42:14	06:19:41	09:46:58	13:02:27	16:01:09	19:34:09	21:56:24	25:15:39	29:10:12	35:30:37		43:03:49		49:18:23	51:39:18.95	51:39:36.70	+21:16:48 (41.2%)	12:54	4.6 (58.2%)
30	NOWAK Bartosz	161	POMIOTY SZATANA BIEGAMULTRABOBOJESIEZONY	Senior II M - 30	30	01:32:34	05:45:56	08:55:59	11:40:47	14:50:54	18:09:12	20:37:50	23:56:16	27:29:28	33:40:52		41:31:30		48:52:44	51:40:35.05	51:41:08.10	+21:18:20 (41.2%)	12:55	4.6 (58.2%)
	WYBRANIEC Michał	86		Senior II M - 30		01:41:16	06:07:02	09:27:01	12:24:23	15:35:04	19:31:09	21:45:01	25:16:59	28:56:32	36:17:21	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PIETRULIŃSKI Mateusz	52	SPARTANIE DZIECIOM	Senior II M - 30		01:36:07	06:11:00	09:41:01	12:37:35	15:35:06	19:10:54	21:40:58	25:15:15	29:18:28	36:31:56	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HEJKRLÍK Jiří	115	HEJAJEJTRAIL.CZ	Senior II M - 30		01:09:34	04:14:52	06:33:35	08:51:18	11:26:39	14:07:33	15:44:41	18:31:34	21:19:17	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SADZIK Robert	59	NEOPROFIL	Senior II M - 30		DNF	04:36:12	07:42:21	10:30:40	13:33:45	17:11:27	19:11:50	22:11:27	25:50:01	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SKRYNKOWSKI Michał	196	KRYZYS	Senior II M - 30		01:14:42	05:11:07	07:55:52	10:37:15	13:16:12	16:55:15	19:13:15	22:46:39	27:22:35	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRÓL Mieczysław	232	ULTRATATA / BIEGOPOLSKI	Senior II M - 30		01:26:47	05:35:46	08:34:18	11:28:36	14:54:15	18:33:12	20:58:05	24:37:22	29:08:06	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KLINCIEWICZ Cezary	57		Senior II M - 30		01:21:07	04:33:00	06:59:20	09:13:25	11:30:32	14:25:18	16:12:51	19:14:43	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STATECZYŃSKI Błażej	15	DEFENDU	Senior II M - 30		01:31:24	05:20:37	08:01:04	10:29:53	13:05:24	16:11:34	17:59:48	21:32:23	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KIELAR Adam	221	BIOFEMINA.PL	Senior II M - 30		01:21:49	04:47:57	07:24:41	09:43:43	12:26:05	15:39:23	17:55:26	21:39:41	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WOJDASIEWICZ Tadeusz	104	DECATHLON /BIEGACZ-ROWERZYSTA-TURYSTA..	Senior II M - 30		01:15:05	04:30:42	06:59:53	09:26:43	11:57:35	15:22:27	17:58:21	21:49:20	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BOCZKIEWICZ Tomasz	216	BIEGING TEAM ZELÓW	Senior II M - 30		01:15:51	04:51:39	07:32:38	09:50:14	13:02:44	16:13:30	18:11:12	22:02:46	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DYNIA Krystian	239	RUNTEAM PAWŁOWICE	Senior II M - 30		01:28:14	05:14:06	07:56:41	10:32:18	13:19:54	16:33:27	18:37:44	22:55:14	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SEK Tomasz	219		Senior II M - 30		01:15:43	05:07:01	08:10:15	11:04:04	14:05:09	17:49:24	20:28:47	24:33:39	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MARCZAK Albert	184		Senior II M - 30		01:34:31	05:28:13	08:27:47	11:10:51	14:26:15	18:22:50	20:59:08	25:12:43	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CIEŚLAK Krzysztof	142	ULTRAFAZA.PL	Senior II M - 30		01:45:05	06:24:37	09:53:02	13:12:31	16:31:40	20:25:30	22:33:44	25:37:33	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CIEŚLAK Jakub	114	ZDROWE!	Senior II M - 30		01:45:03	06:24:37	09:53:00	13:12:29	16:31:51	20:25:31	22:33:44	25:37:39	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZNAJDER Marcin	33	MESONDŽI LAJF STAJL	Senior II M - 30		01:38:21	06:07:15	09:27:15	12:24:35	15:35:05	19:31:19	21:58:10	25:45:50	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DZISZKIEWICZ Grzegorz	225		Senior II M - 30		01:38:29	06:22:44	09:48:10	13:08:39	16:07:31	20:15:50	22:31:51	25:50:54	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LACHERA Tomasz	127	W POGONI ZA DUCHEM	Senior II M - 30		01:39:45	05:59:25	09:40:45	12:47:35	16:00:25	19:42:55	22:14:43	25:54:15	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KAWKA Rafał	116	BIEGACZE W RADOMSKU	Senior II M - 30		01:39:52	06:24:02	09:53:06	13:17:39	16:30:28	17:49:24	22:52:39	26:58:25	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MICHNIEWSKI Piotr	223	GIT EKIPA !	Senior II M - 30		01:36:22	06:29:58	10:22:41	13:23:32	16:18:52	20:31:25	22:45:07	27:13:19	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CZYŻ Łukasz	19	SKLEP BIEGACZA GLIWICE/ CZYŻ RUNNERS TEAM	Senior II M - 30		01:19:30	DNF	DNF	DNF	DNF	DNF	17:44:26	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LITEWKA Rafał	82		Senior II M - 30		01:43:17	06:20:27	09:41:46	12:43:33	15:46:42	19:35:27	22:12:26	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MATEJA Mariusz	68	RAT TEAM	Senior II M - 30		01:09:22	04:17:53	06:48:22	08:52:59	11:33:32	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PERKOWSKI Piotr	32	MONK SANDALS TEAM	Senior II M - 30		01:08:52	04:08:57	06:27:10	08:42:30	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZASŁONKA Konrad	197	OBY PRZED LIMITEM	Senior II M - 30		DNF	04:43:52	07:28:57	10:04:35	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SUCH Arkadiusz	99	RZESZOWSKIE GAZELE I GEPARDY	Senior II M - 30		01:29:01	05:03:45	08:17:40	11:16:44	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HRYNCEWICZ Maciej	218		Senior II M - 30		01:26:48	05:38:18	08:49:04	12:07:10	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GŁOWACKI Jordan	159		Senior II M - 30		01:28:25	05:24:01	08:09:59	12:46:48	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PTAK Arkadiusz	160	SPARTANIE DZIECIOM	Senior II M - 30		01:28:08	05:48:50	09:25:09	12:56:43	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POGOCKI Piotr	13		Senior II M - 30		01:38:35	06:06:13	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RYBICKI Aleksander	187	SŁUŻBA WIĘZIENNA	Senior II M - 30		01:09:18	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Czas brutto 240km	Różn	Tempo min/km	Tempo km/h
	SZYMAŃSKI Marcin	152		Senior II M - 30		01:17:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LEWIŃSKI Andrzej	9	ULTRAS	Senior II M - 30		01:37:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 64 wynik(ów)