

# BIEG 7 SZCZYTÓW - 240 KM

B4SPORT

**Event:** Dolnośląski Festiwal Biegów Górskich  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2019-07-18  
**Place:** Łądek-Zdrój  
**Distance:** 240 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: Weteran I M - 50

Place	Participant	Number	Club	Category	MCat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Net time 240km	Czas brutto 240km	Gap	Pace min/km	Pace km/h
1	<b>BERNACKI Eugeniusz</b>	<b>1174</b>	GPRS HYDROKOP	Weteran I M - 50	1	01:17:16	04:34:04	07:08:09	09:48:18	12:26:02	15:32:37	17:25:08	20:42:55	24:03:26	29:03:17	33:22:27	35:55:36	38:40:39	41:03:04	<b>42:41:49.45</b>	<b>42:42:16.45</b>		10:40	5.6 (100%)
2	<b>KOWALCZYK Tadeusz</b>	<b>1145</b>		Weteran I M - 50	2	01:18:10	04:32:06	07:01:41	09:26:40	12:05:04	15:03:53	16:55:30	19:53:29	22:51:52	27:34:43	32:04:30	34:47:48	37:56:17	40:52:12	<b>43:32:52.25</b>	<b>43:33:18.70</b>	+00:51:02 (2.0%)	10:53	5.5 (98.2%)
3	<b>KLIMCZEWSKI Andrzej</b>	<b>1196</b>	FOREVER YOUNG ŁÓDŹ	Weteran I M - 50	3	01:19:10	04:38:24	07:10:54	09:35:53	12:40:41	15:49:15	17:44:18	20:58:50	24:39:14	30:20:22	34:43:21	36:50:59	40:06:43	42:56:07	<b>44:28:59.95</b>	<b>44:29:09.45</b>	+01:46:53 (4.0%)	11:07	5.4 (96.4%)
4	<b>OSTROWSKI Mirosław</b>	<b>1160</b>	PRZEWODNIK BESKIDZKI	Weteran I M - 50	4	01:17:41	04:34:56	07:08:33	09:35:23	12:16:27	15:23:00	17:21:00	20:35:53	24:00:26	28:59:19	33:49:47	36:27:07	39:38:07	42:49:14	<b>45:22:23.15</b>	<b>45:22:34.30</b>	+02:40:17 (5.9%)	11:20	5.3 (94.6%)
5	<b>ZABOROWSKI Robert</b>	<b>1223</b>	MARATOŃCZYK DĘBICA	Weteran I M - 50	5	01:23:05	05:08:06	07:50:20	10:33:35	13:18:28	16:28:22	18:26:48	21:47:18	25:14:47	30:38:40	35:37:56	38:11:16	41:45:04	44:33:46	<b>46:40:14.85</b>	<b>46:40:49.95</b>	+03:58:33 (8.5%)	11:40	5.1 (91.1%)
6	<b>GRZESZCZUK Wojciech</b>	<b>1188</b>	VISUAL FAMILY COLLECTIVE	Weteran I M - 50	6	01:23:03	04:52:41	07:45:13	10:28:31	13:29:47	16:57:38	19:06:00	22:45:25	26:10:16	31:52:16	36:20:17	38:45:58	42:01:07	44:59:30	<b>46:52:15.15</b>	<b>46:52:22.90</b>	+04:10:06 (8.9%)	11:43	5.1 (91.1%)
7	<b>LIC Janusz</b>	<b>1232</b>	BISKUPICE BIEGAJĄ	Weteran I M - 50	7	01:25:39	05:20:31	08:09:54	10:45:34	13:41:25	16:52:45	18:46:31	22:12:10	25:46:55	31:45:42	36:50:48	39:09:39	42:31:43	45:16:47	<b>47:36:55.30</b>	<b>47:37:37.45</b>	+04:55:21 (11.3%)	11:54	5 (89.3%)
8	<b>MAŁOWIŃSKI Artur</b>	<b>1110</b>		Weteran I M - 50	8	01:25:32	05:04:05	07:45:31	10:32:21	13:45:44	17:21:37	19:48:19	23:44:51	27:45:16	33:41:04	38:29:03	41:05:28	44:27:29	47:23:44	<b>49:59:03.40</b>	<b>49:59:47.60</b>	+07:17:31 (14.6%)	12:29	4.8 (85.7%)
9	<b>NIEMAS Mariusz</b>	<b>1090</b>	KP PSP W WADOWICACH	Weteran I M - 50	9	01:28:44	05:37:16	08:26:05	11:16:54	14:31:17	17:56:46	20:00:19	23:40:50	27:19:18	34:56:54	39:30:11	42:05:57	45:27:55	48:20:51	<b>50:26:51.30</b>	<b>50:27:28.60</b>	+07:45:12 (15.4%)	12:36	4.8 (85.7%)
10	<b>WYSOKIŃSKI Jerzy</b>	<b>1184</b>	KLUB BIEGACZA BIAŁA BIEGA/ORANGE POLSKA	Weteran I M - 50	10	01:34:26	05:34:25	08:26:20	11:31:20	14:59:04	18:35:49	20:55:15	24:31:43	28:36:41	35:25:16	39:41:15	42:20:49	45:51:05	48:39:34	<b>51:10:53.70</b>	<b>51:11:52.40</b>	+08:29:35 (16.6%)	12:47	4.7 (83.9%)
11	<b>FURTAK Krzysztof</b>	<b>1288</b>	KTOŚ MUSI BYĆ OSTATNI	Weteran I M - 50	11	01:19:52	04:48:21	08:08:34	11:22:04	14:44:21	18:37:32	21:09:24	24:52:21	28:35:34	34:57:14	40:10:30	42:52:25	46:31:12	49:33:08	<b>51:53:01.55</b>	<b>51:53:53.00</b>	+09:11:36 (17.7%)	12:58	4.6 (82.1%)
	<b>BOGACKI Andrzej</b>	<b>1225</b>	SŁĘZAK TEAM	Weteran I M - 50		01:08:03	04:10:10	06:28:03	08:39:39	11:16:41	14:10:39	15:43:54	18:47:36	21:58:04	26:49:08	31:38:35	34:49:18	38:39:41	42:59:16	DNF	DNF	-	-	(0.0%)
	<b>WĘGLARZ Czesław</b>	<b>1069</b>	MULI FIT	Weteran I M - 50		01:14:54	04:22:29	06:46:08	09:17:40	11:56:19	14:51:52	16:32:00	19:31:27	22:49:19	28:25:32	33:23:41	36:30:49	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>LANGER Waldemar</b>	<b>1111</b>		Weteran I M - 50		01:23:25	05:07:04	07:50:07	10:34:04	13:39:24	16:54:36	19:07:22	22:46:38	26:27:00	32:26:02	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>SKOLIMOWSKI Adam</b>	<b>1244</b>	EUROPOL GAZ S.A.	Weteran I M - 50		01:25:41	05:30:18	08:07:34	11:00:11	14:23:43	18:11:10	20:36:23	24:11:01	28:03:30	35:31:06	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>INGLANT Zbigniew</b>	<b>1014</b>	RUN LOG COM	Weteran I M - 50		01:26:08	05:07:21	07:52:03	10:31:37	13:55:18	17:21:23	19:35:26	23:32:57	27:33:08	35:40:28	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>SZULC Krzysztof</b>	<b>1073</b>	WYBIEGANIA MPK	Weteran I M - 50		01:26:05	05:04:52	08:04:14	10:39:31	14:01:28	17:27:38	19:53:17	23:52:01	27:55:32	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>JACKIEWICZ Arkadiusz</b>	<b>1129</b>	BIEGAM BO LUBIĘ GŁOGÓW	Weteran I M - 50		01:15:58	04:27:12	07:04:44	09:34:48	12:25:24	15:38:51	17:51:52	21:05:28	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>JURGIELEWICZ Jacek</b>	<b>1227</b>		Weteran I M - 50		01:23:29	05:08:15	08:00:07	10:43:42	13:31:43	17:05:13	19:17:59	23:08:32	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>BADURA Wojtek</b>	<b>1154</b>	ZIELONA TRAFFKA I BIAŁY PUUUCH	Weteran I M - 50		01:29:04	05:04:57	07:51:54	10:23:31	13:10:42	16:44:09	19:21:50	23:46:26	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>MATYSZCZAK Sławomir</b>	<b>1254</b>		Weteran I M - 50		01:34:50	05:41:55	08:31:13	11:33:42	14:46:36	18:24:40	21:10:45	24:46:12	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>ROSIŃSKI Zbigniew</b>	<b>1297</b>	WKB META LUBLINIEC	Weteran I M - 50		01:34:46	05:27:56	08:21:27	11:04:47	14:20:39	18:08:12	20:46:21	25:04:36	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>SZABLICKI Aleksy</b>	<b>1229</b>	WKB META LUBLINIEC	Weteran I M - 50		01:29:49	05:19:41	08:23:07	11:18:58	14:30:13	18:22:32	20:59:58	25:04:52	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>ŁABĘCKI Jarek</b>	<b>1122</b>	KB MANIAC/KB UE POZNAŃ	Weteran I M - 50		01:23:41	05:20:15	08:23:54	11:46:56	14:46:28	18:23:00	21:39:10	25:19:04	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>DURA Piotr</b>	<b>1011</b>	PKB ENDORFINA	Weteran I M - 50		01:37:39	06:00:12	09:15:39	12:36:03	15:43:03	19:35:35	22:03:45	25:40:14	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>ZAGROBELNY Radosław</b>	<b>1101</b>	MONKO COFFEE	Weteran I M - 50		01:24:27	05:20:18	08:23:57	DNF	15:10:12	19:51:13	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	<b>PAPROCKI Wiesław</b>	<b>1042</b>	KB MCKIS JAWORZNO	Weteran I M - 50		01:35:14	05:56:56	09:43:57	13:01:27	16:38:46	20:21:18	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Place	Participant	Number	Club	Category	MCat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Net time 240km	Czas brutto 240km	Gap	Pace min/km	Pace km/h	
	<b>BLADOCHA Andrzej</b>	<b>1204</b>		Weteran I M - 50		01:35:20 DNF	05:52:58 DNF	09:07:59 DNF	12:18:02 DNF	15:34:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)	
	<b>GAWELKO Janusz</b>	<b>1102</b>		Weteran I M - 50		01:30:24 DNF	05:42:29 DNF	08:53:24 DNF	12:11:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>FUNKA Andrzej</b>	<b>1030</b>	NKB CHYŻY NOWY TOMYŚL	Weteran I M - 50		01:35:29 DNF	06:14:27 DNF	09:42:12 DNF	13:00:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>FURMANKIEWICZ Krzysztof</b>	<b>1164</b>		Weteran I M - 50		01:42:16 DNF	06:40:04 DNF	10:31:00 DNF	13:54:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KAWALKO Ryszard</b>	<b>1031</b>	ZBYT WOLNY RYŚ	Weteran I M - 50		01:32:54 DNF	06:17:44 DNF	10:48:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WRÓBLEWSKI Andrzej</b>	<b>1241</b>	RESOVIA RZESZÓW	Weteran I M - 50		01:23:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PACANOWSKI Robert</b>	<b>1048</b>	WEŁNICA BIEGA	Weteran I M - 50		01:35:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Total 34 results.