

BIEG 7 SZCZYTÓW - 240 KM

B4SPORT

Event: Dolnośląski Festiwal Biegów Górskich
Organiser: Fundacja MARATONY GÓRSKIE
Date: 2020-07-16
Place: Łądek-Zdrój
Distance: 240 km

B4SPORT
 INTELIĞENTNE ZAWODY SPORTOWE

Classification: Weteran I M - 50

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A6	A7	A8	A9	A11	A13	A14	A15	Net time	Pace min/km	Pace km/h		
						10km	32km	47km	64km	81km	100km	112km	130km	145km	170km	203km	215km	228km	240km			Gap	
1	KUPIŃSKI Cezary	1055	MKS SIECHNICE/SKLEP BIEGACZA RUNNING TEAM	Weteran I M - 50	1	01:11:17	04:25:41	06:42:21	08:46:14	11:10:00	13:57:56	15:36:57	18:36:53	22:23:51	27:07:49	33:27:10	37:05:47	39:13:14	40:52:03.95		10:13	5.9 (100%)	
2	DZIERKA Mariusz	1214		Weteran I M - 50	2	01:12:55	04:50:33	07:19:07	09:52:56	12:32:21	15:30:33	17:08:48	20:14:20	23:01:16	27:52:15	34:10:39	36:56:48	39:23:01	41:03:27.60	+00:11:23 (0.5%)	10:15	5.8 (98.3%)	
3	RZĄDKOWSKI Mirosław	1250	NIAGARA FITNES KLUB RAKONIEWICE	Weteran I M - 50	3	01:15:12	05:01:43	07:26:09	09:53:33	12:47:48	15:38:21	17:06:35	19:54:35		27:29:08	33:32:04	36:40:56	39:16:01	41:18:08.00	+00:26:04 (1.1%)	10:19	5.8 (98.3%)	
4	STĘPAK Włodzimierz	1085	KB AKTYWNI KONIN	Weteran I M - 50	4	01:17:19	05:02:54	07:35:14	10:07:40	12:54:57	15:57:42	17:39:44	20:55:05	24:25:45	29:31:53	36:15:25	39:16:14	41:59:38	43:47:47.70	+02:55:43 (6.7%)	10:56	5.5 (93.2%)	
5	BERNACKI Eugeniusz	1114	POLSKI KLUB ALPEJSKI	Weteran I M - 50	5	01:16:52	04:58:35	07:34:26	10:11:32	12:58:58	16:29:00	18:17:40	22:01:33	25:47:13	31:13:04	38:09:58	41:10:32	43:40:45	45:29:36.25	+04:37:32 (10.2%)	11:22	5.3 (89.8%)	
6	SZULC Krzysztof	1058	ALBATROSY	Weteran I M - 50	6	01:20:48	05:10:35	07:59:57	11:05:45	14:15:56	17:33:14	19:20:15	22:19:31	26:42:14	31:45:59	38:46:08	42:27:14	45:02:01	47:30:51.65	+06:38:47 (14.0%)	11:52	5.1 (86.4%)	
7	WAWRESZUK Wiktor	1209	ARP	Weteran I M - 50	7	01:27:56	05:53:34	08:48:32	11:45:32	15:05:58	18:12:58	19:54:33	23:27:49	27:17:14	32:22:43	39:20:01	43:08:45	46:14:30	48:31:15.05	+07:39:11 (15.8%)	12:07	4.9 (83.1%)	
8	MALINOWSKI Jerzy	1079	KALINKA ULTRA TEAM	Weteran I M - 50	8	01:20:11	05:23:44	08:25:39	11:14:13	14:11:43	17:24:06	19:05:59	22:24:56	26:46:52	33:16:25	41:40:34	45:06:10	48:20:55	50:40:30.10	+09:48:26 (19.4%)	12:40	4.7 (79.7%)	
9	PARZYBUT Jan	1071	POSTĘP PNIEWY	Weteran I M - 50	9	01:32:18	05:56:40	08:55:34	11:39:30	14:48:10	18:25:48	20:31:08	24:20:32	27:52:08	34:55:57	42:22:28	45:41:30	48:53:54	50:50:50.60	+09:58:46 (19.6%)	12:42	4.7 (79.7%)	
10	KOCOŃ Mariusz	1248	KLINIKA ZDROWIA I URODY G.WOŚKO	Weteran I M - 50	10	01:28:44	06:08:38	09:01:58	12:10:30	15:40:16	19:43:37	21:35:30	24:40:56	28:00:28	34:45:11	42:16:43	45:23:49	48:41:32	51:07:16.25	+10:15:12 (20.1%)	12:46	4.7 (79.7%)	
11	SOSNOWSKI Michał	1098	PGB SPORTOWA PACZKA	Weteran I M - 50	11	01:16:16	05:05:23	07:46:32	10:19:45	12:55:21	15:50:37	17:33:41	20:51:30	25:22:54	31:56:03	40:44:59	44:29:47	48:29:42	51:17:21.25	+10:25:17 (20.3%)	12:49	4.7 (79.7%)	
12	WOJCIECHOWSKI Ireneusz	1080		Weteran I M - 50	12	01:20:52	05:40:53	08:16:06	11:08:38	14:07:04	18:02:20	19:50:31	23:31:33	28:06:03	35:41:47	42:53:09	46:14:19	49:05:32	51:22:45.35	+10:30:41 (20.5%)	12:50	4.7 (79.7%)	
13	ANTONIEWICZ Jerzy Jacek	1081	BIEGIEM PRZEZ POLSKIE	Weteran I M - 50	13	01:21:01	05:40:22	08:16:16	11:08:49	14:07:19	18:02:28	19:50:51	23:31:43	28:06:04	35:41:56	42:53:19	46:13:48	49:05:33	51:22:54.45	+10:30:50 (20.5%)	12:50	4.7 (79.7%)	
14	LIPOK Lucjan	1239	LUCKY LUCK	Weteran I M - 50	14	01:18:49	05:17:43	07:54:12	10:24:44	13:24:43	16:34:58	18:24:48	22:00:43	27:08:43	34:18:14	43:22:00	46:57:24	50:00:47	52:21:49.70	+11:29:45 (22.0%)	13:05	4.6 (78.0%)	
15	MICHALAK Sławomir	1082	INŻYNIER.EU NOSI TRAILOWE BOTKI	Weteran I M - 50	15	01:35:57	06:25:01	09:40:56	12:58:27	16:59:57	21:02:34	23:28:59	27:22:50							52:21:49.70	+08:45:58 (12.3%)	12:38	4.7 (79.7%)
	POBORSKI Dariusz	1009		Weteran I M - 50		01:13:47	04:44:43	07:16:58	10:22:19	12:54:54	15:50:42	17:30:06	20:26:53	24:34:25	29:11:13	35:12:01	DNF	DNF	DNF	-	-	(0.0%)	
	WIĘCŁAWSKI Robert	1199		Weteran I M - 50		01:23:29	05:32:49	08:31:07	11:16:59	14:30:24	18:13:14	19:56:26	23:18:47	27:18:13	35:46:20	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	PTASZYŃSKI Wojciech	1151	SPEED FEET '16	Weteran I M - 50		01:19:06	04:54:18	07:19:05	09:35:52	12:14:45	15:01:23	16:51:02	19:40:22	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	GAJEWSKI Paweł	1240	BEAUTY SPORT	Weteran I M - 50		01:29:49	06:16:13	09:43:27	12:50:25	16:06:33	19:11:42	21:11:15	23:57:46	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	PASZKIEWICZ Maciej	1218	PARK DZIEJE	Weteran I M - 50		01:28:08	05:56:06	09:06:14	12:03:10	14:58:37	18:25:24	20:28:55	24:17:09	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	STACHURA Maciej	1105	ZABIERZÓW BIEGA	Weteran I M - 50		01:18:42	05:47:26	08:39:37	11:23:15	15:22:19	18:30:09	20:45:00	24:20:41	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	PASZKIEL Artur	1202		Weteran I M - 50		01:27:42	05:54:39	08:52:25	12:06:19	15:25:35	18:59:39	21:08:54	25:08:53	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	ROSZAK Waldemar	1213	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	Weteran I M - 50		01:38:51	06:47:28	10:12:15	13:20:13	16:46:33	20:21:29	22:11:38	25:51:04	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		
	LEŚNIK Wojciech	1130		Weteran I M - 50		01:36:17	06:43:43	10:05:38	13:03:22	16:26:33	20:22:27	22:26:11	26:08:42	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)		

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A6	A7	A8	A9	A11	A13	A14	A15	Net	Gap	Pace min/km	Pace km/h
						10km	32km	47km	64km	81km	100km	112km	130km	145km	170km	203km	215km	228km	240km			
	ZARODA Zbigniew	1028	WKURW TEAM	Weteran I	M - 50	01:17:51 DNF	05:42:01 DNF	08:45:27 DNF	12:13:23 DNF	16:02:09 DNF	20:08:45 DNF	22:36:13 DNF	26:12:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SIENKIEWICZ Wojtek	1041	OGARY DOLORES	Weteran I	M - 50	01:32:32 DNF	06:53:05 DNF	10:19:42 DNF	13:28:28 DNF	16:40:30 DNF	20:27:54 DNF	22:34:13 DNF	26:12:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAWŁOWICZ Przemysław	1024		Weteran I	M - 50	01:36:33 DNF	06:35:26 DNF	10:00:29 DNF	13:05:33 DNF	16:32:06 DNF	20:26:48 DNF	22:47:10 DNF	26:23:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	INGLANT Zbigniew	1027	RUN LOG COM	Weteran I	M - 50	01:40:09 DNF	06:37:03 DNF	09:58:57 DNF	13:07:01 DNF	16:42:43 DNF	20:20:39 DNF	22:40:21 DNF	26:38:26 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CASTOLDI Stefano	1245	ASD OLIMPIA RUNNERS	Weteran I	M - 50	01:26:42 DNF	05:59:46 DNF	09:09:06 DNF	12:24:24 DNF	16:24:15 DNF	20:20:31 DNF	22:57:06 DNF	26:55:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KAWAŁKO Ryszard	1031	WOLNY RYŚ	Weteran I	M - 50	01:35:06 DNF	07:26:38 DNF	11:34:10 DNF	14:50:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Total 30 results.