

# BIEG ASTERIXA 6 KM

B4SPORT



**Organizator:** Sianowska Fundacja Jesteśmy Razem, Urząd Gminy Sianów  
**Data:** 2017-05-01  
**Miejsce:** Sianów  
**Dystans:** 6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 3km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	ORZECHOWSKI Kamil	53	TKKF KOSZALIN	M18-39	1	00:00:07	00:16:09	00:32:06.15	00:32:13.25		5:21	11.2 (100%)
2	SZYMAJDA Grzegorz	65	TKKF KOSZALIN	M18-39	2	00:00:08	00:19:08	00:37:11.55	00:37:19.60	+00:05:34 (14.8%)	6:11	9.7 (86.6%)
3	BARTOSIŃSKI Bartłomiej	90	DECATHLON KOSZALIN	M18-39	3	00:00:07	00:19:19	00:37:40.65	00:37:47.80	+00:05:34 (14.8%)	6:16	9.6 (85.7%)
4	PIĄTEK Wiktor	55	JW 1223	M18-39	4	00:00:07	00:19:23	00:38:20.75	00:38:28.50	+00:06:14 (16.3%)	6:23	9.4 (83.9%)
5	JADCZAK Tomasz	70		M18-39	5	00:00:08	00:19:32	00:38:45.40	00:38:53.50	+00:06:39 (17.2%)	6:27	9.3 (83.0%)
6	FRONTCZAK Iza	96	TKKF KOSZALIN	K18-34	1	00:00:07	00:19:17	00:39:19.15	00:39:26.40	+00:07:13 (18.4%)	6:33	9.2 (82.1%)
7	IWANIEC Dariusz	45	TKKF KOSZALIN	M40-49	1	00:00:06	00:19:39	00:39:24.40	00:39:31.35	+00:07:18 (18.5%)	6:34	9.1 (81.3%)
8	KUŁAKOWSKI Dawid	97	TKKF KOSZALIN	M40-49	2	00:00:08	00:20:11	00:40:08.25	00:40:16.80	+00:08:02 (20.0%)	6:41	9 (80.4%)
9	RUTKOWSKI Ryszard	29	RUTKOWSKI TEAM	M50-59	1	00:00:08	00:20:13	00:40:14.50	00:40:22.90	+00:08:08 (20.2%)	6:42	8.9 (79.5%)
10	KUŹMA Jarosław	95		M18-39	6	00:00:11	00:20:29	00:41:53.30	00:42:04.95	+00:09:47 (23.4%)	6:58	8.6 (76.8%)
11	GOŃKA Krzysztof	92	DECATHLON KOSZALIN	M18-39	7	00:00:08	00:21:44	00:43:08.15	00:43:16.20	+00:11:02 (25.6%)	7:11	8.3 (74.1%)
12	MICERSKI Tomasz	48	TKKF KOSZALIN	M40-49	3	00:00:09	00:21:30	00:43:45.30	00:43:54.35	+00:11:39 (26.6%)	7:17	8.2 (73.2%)
13	ZDROWIECKI Artur	63		M18-39	8	00:00:10	00:22:21	00:44:11.45	00:44:21.60	+00:12:05 (27.4%)	7:21	8.1 (72.3%)
14	NIECKARZ Monika	51		K35-49	1	00:00:07	00:22:27	00:44:26.15	00:44:34.10	+00:12:20 (27.8%)	7:24	8.1 (72.3%)
15	WOROCH Roman	67	POLKOWICE	M50-59	2	00:00:10	00:22:49	00:44:34.90	00:44:45.25	+00:12:28 (28.0%)	7:25	8.1 (72.3%)
16	KRAWCZYK Bohdan	98		M50-59	3	00:00:10	00:22:50	00:44:47.65	00:44:58.30	+00:12:41 (28.3%)	7:28	8 (71.4%)
17	RUTKOWSKI Artur	69	RUTKOWSKI TEAM	M18-39	9	00:00:07	00:22:33	00:45:11.65	00:45:18.65	+00:13:05 (29.0%)	7:31	8 (71.4%)
18	FUZZI Stefano	68		M40-49	4	00:00:08	00:22:46	00:45:17.05	00:45:25.95	+00:13:10 (29.1%)	7:32	7.9 (70.5%)
19	FIŁONOWICZ Monika	43		K35-49	2	00:00:09	00:23:08	00:45:22.60	00:45:32.05	+00:13:16 (29.3%)	7:33	7.9 (70.5%)
20	KOŁACZ Miłosz	46		M18-39	10	00:00:07	00:22:33	00:45:23.95	00:45:31.50	+00:13:17 (29.3%)	7:34	7.9 (70.5%)
21	WICHER Krzysztof	60	ADWOKATURA	M18-39	11	00:00:07	00:23:15	00:45:24.20	00:45:31.50	+00:13:18 (29.3%)	7:34	7.9 (70.5%)
22	NACZK Leonard	50	DYNAMIC	M40-49	5	00:00:09	00:24:25	00:46:04.25	00:46:13.30	+00:13:58 (30.3%)	7:40	7.8 (69.6%)
23	KARCZEWSKI Maciej	99		M18-39	12	00:00:09	00:23:01	00:47:15.70	00:47:24.95	+00:15:09 (32.1%)	7:52	7.6 (67.9%)
24	WAŃSKI Michał	94		M18-39	13	00:00:07	00:23:48	00:47:18.10	00:47:25.55	+00:15:11 (32.1%)	7:53	7.6 (67.9%)
25	ORŁOWSKI Maciej	52	REKIN Z DARŁOWA	M18-39	14	00:00:10	00:25:11	00:49:04.70	00:49:15.05	+00:16:58 (34.6%)	8:10	7.3 (65.2%)
26	TWORSKA Magdalena	32		K18-34	2	00:00:07	00:23:44	00:49:29.10	00:49:36.75	+00:17:22 (35.1%)	8:14	7.3 (65.2%)
27	SZKATULSKI Tomasz	59	RUNNERSWALDE DARŁOWO	M18-39	15	00:00:08	00:25:12	00:49:45.45	00:49:54.00	+00:17:39 (35.5%)	8:17	7.2 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 3km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
28	<b>PANEK Urszula</b>	<b>54</b>		K18-34	3	00:00:08	00:25:12	<b>00:49:48.45</b>	<b>00:49:57.10</b>	+00:17:42 (35.5%)	8:18	7.2 (64.3%)
29	<b>WIERZBIŃSKI Rafał</b>	<b>62</b>		M18-39	16	00:00:09	00:23:04	<b>00:49:49.85</b>	<b>00:49:59.80</b>	+00:17:43 (35.6%)	8:18	7.2 (64.3%)
30	<b>RYNKIEWICZ Aldona</b>	<b>91</b>		K18-34	4	00:00:07	00:24:59	<b>00:49:57.85</b>	<b>00:50:05.50</b>	+00:17:51 (35.7%)	8:19	7.2 (64.3%)
31	<b>POTRZEBOWSKA Agata</b>	<b>57</b>	DEAF	K18-34	5	00:00:08	00:25:42	<b>00:50:44.40</b>	<b>00:50:52.45</b>	+00:18:38 (36.7%)	8:27	7.1 (63.4%)
32	<b>MRUGALSKI Stanisław</b>	<b>49</b>		M50-59	4	00:00:14	00:26:29	<b>00:51:34.10</b>	<b>00:51:48.45</b>	+00:19:27 (37.7%)	8:35	7 (62.5%)
33	<b>BASIAK Krystian</b>	<b>41</b>	KOSZALIN	M18-39	17	00:00:09	00:25:58	<b>00:51:57.00</b>	<b>00:52:06.75</b>	+00:19:50 (38.2%)	8:39	6.9 (61.6%)
34	<b>OLIŃSKI Arek</b>	<b>66</b>		M18-39	18	00:00:09	00:26:05	<b>00:52:07.25</b>	<b>00:52:16.85</b>	+00:20:01 (38.4%)	8:41	6.9 (61.6%)
35	<b>PSTRĄGOWSKA Marlena</b>	<b>58</b>	BABECZKI KOSZALIN	K35-49	3	00:00:09	00:26:03	<b>00:52:11.35</b>	<b>00:52:20.80</b>	+00:20:05 (38.5%)	8:41	6.9 (61.6%)
36	<b>PIETRZYK Paulina</b>	<b>56</b>		K18-34	6	00:00:09	00:26:00	<b>00:52:11.70</b>	<b>00:52:21.25</b>	+00:20:05 (38.5%)	8:42	6.9 (61.6%)
37	<b>WIERZBICKI Kacper</b>	<b>61</b>		M18-39	19	00:00:09	00:26:43	<b>00:53:13.35</b>	<b>00:53:23.20</b>	+00:21:07 (39.7%)	8:52	6.8 (60.7%)
38	<b>GAWLIK Artur</b>	<b>44</b>	BIEGNIJMY.PL	M18-39	20	00:00:10	00:26:17	<b>00:53:37.10</b>	<b>00:53:47.15</b>	+00:21:30 (40.1%)	8:56	6.7 (59.8%)
39	<b>ZIELIŃSKI Jarosław</b>	<b>64</b>	AMATOR	M40-49	6	00:00:08	00:27:28	<b>00:56:43.85</b>	<b>00:56:52.50</b>	+00:24:37 (43.4%)	9:27	6.3 (56.3%)
40	<b>BEDNARZ Katarzyna</b>	<b>42</b>		K35-49	4	00:00:08	00:28:34	<b>00:58:39.85</b>	<b>00:58:48.10</b>	+00:26:33 (45.3%)	9:46	6.1 (54.5%)

Znaleziono 40 wynik(ów)