



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

CROSS CENTAURA
Gmina Biały Bór, Białoborskie Centrum Kultury i
Rekreacji, Fundacja Herkules All Sports
2019-10-06
Biały Bór
10 km

BIEG CENTAURA - 10 KM

B4SPORT



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	JANISZEWSKI Marek	321	DRUTEX	M30-39	1	00:18:21	00:36:52.60		3:41	16.3 (100%)
2	WOŹNIAK Grzegorz	119	AKTYWNA KRAJENKA	M30-39	2	00:18:57	00:38:34.47	+00:01:42 (4.4%)	3:51	15.6 (95.7%)
3	CUBER Wojciech	14	#ZABIEGANINOCA1	M30-39	3	00:20:08	00:40:52.99	+00:04:00 (9.8%)	4:05	14.7 (90.2%)
4	KRUKOWSKI Adam	56		M30-39	4	00:21:28	00:41:57.07	+00:05:05 (12.1%)	4:11	14.3 (87.7%)
5	PIASZCZYŃSKI Maciej	82		M30-39	5	00:21:19	00:42:42.26	+00:06:08 (14.2%)	4:16	14.1 (86.5%)
6	PSUJEK Seweryn	88	DIAMENT SWIESZYNO	M30-39	6	00:21:40	00:43:04.93	+00:06:21 (14.7%)	4:18	13.9 (85.3%)
7	ZYCH Krzysztof	125	TRIUMF SŁAWOBORZE	M30-39	7	00:20:41	00:43:15.42	+00:06:22 (14.7%)	4:19	13.9 (85.3%)
8	PELA Dariusz	79	PELO-BORKI	M30-39	8	00:21:38	00:43:27.13	+00:06:35 (15.1%)	4:20	13.8 (84.7%)
9	ROMANOWSKI Przemysław	89	TEAM BIEGOWY SZCZECINEK	M30-39	9	00:21:59	00:44:49.24	+00:07:59 (17.8%)	4:28	13.4 (82.2%)
10	WŁODARCZAK Łukasz	115		M30-39	10	00:22:45	00:44:57.72	+00:08:18 (18.3%)	4:29	13.3 (81.6%)
11	LECKI Seweryn	60	TEAM BIEGOWY SZCZECINEK	M30-39	11	00:22:53	00:45:17.82	+00:08:28 (18.7%)	4:31	13.2 (81.0%)
12	ZARĘBA Adam	123		M30-39	12	00:22:27	00:45:54.82	+00:09:05 (19.7%)	4:35	13.1 (80.4%)
13	KOZŁOWSKI Bartosz	52		M30-39	13	00:22:12	00:46:17.48	+00:09:19 (20.1%)	4:37	13 (79.8%)
14	KUSIAK Bartłomiej	58		M30-39	14	00:23:09	00:46:01.11	+00:09:21 (20.2%)	4:36	13 (79.8%)
15	KARASIUK Adam	41		M30-39	15	00:23:24	00:46:26.51	+00:09:39 (20.7%)	4:38	12.9 (79.1%)
16	KAMIŃSKI Sławomir	39	KMP ŚWINOUJŚCIE	M30-39	16	00:23:08	00:47:35.35	+00:10:43 (22.5%)	4:45	12.6 (77.3%)
17	THOMAS Daniel	107	PRECON POLSKA	M30-39	17	00:23:53	00:48:10.71	+00:11:12 (23.3%)	4:49	12.5 (76.7%)
18	KUBIŚ Paweł	57	RUNDORFINA	M30-39	18	00:24:46	00:48:57.16	+00:12:13 (24.9%)	4:53	12.3 (75.5%)
19	SEROWSKI Łukasz	96		M30-39	19	00:24:38	00:49:56.37	+00:13:05 (26.2%)	4:59	12 (73.6%)
20	ZAKIELARZ Piotr	120	PRECON POLSKA	M30-39	20	00:25:00	00:50:36.47	+00:13:45 (27.1%)	5:03	11.9 (73.0%)
21	MASZCZAK Paweł	65		M30-39	21	00:25:27	00:51:51.72	+00:15:05 (29.0%)	5:11	11.6 (71.2%)
22	JASIEK Paweł	37	#ZABIEGANINOCA	M30-39	22	00:25:40	00:53:23.18	+00:16:33 (30.9%)	5:20	11.2 (68.7%)
23	GRZYTEK Marcin	29		M30-39	23	00:26:56	00:53:51.71	+00:17:15 (31.8%)	5:23	11.1 (68.1%)
24	PACAN Bartosz	78	RUNTASTYCZNE PŁYTKI	M30-39	24	00:27:08	00:55:13.46	+00:18:26 (33.3%)	5:31	10.9 (66.9%)
25	SZCZYPEK Arkadiusz	102	FUNDACJA ZASTOPIJ	M30-39	25	00:28:27	00:57:46.10	+00:21:05 (36.3%)	5:46	10.4 (63.8%)
26	GAŁECKI Robert	26		M30-39	26	00:28:30	01:02:08.03	+00:25:21 (40.7%)	6:12	9.7 (59.5%)
27	SŁOMIŃSKI Sylwester	97	FUNDACJA ZASTOPIJ	M30-39	27	00:31:38	01:05:50.95	+00:28:52 (43.9%)	6:35	9.1 (55.8%)

Znaleziono 27 wynik(ów)