

# BIEG CHARYTATYWNY DLA HUBERTA | 10 KM

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** Bieg Charytatywny dla Huberta  
**Organizator:** Grupa „PRZYBIJ PIĄTKĘ HUBERTOWI CIERPIKOWSKIEMU - DAJ MU SIŁĘ BY BYŁ ZDROWY !”  
**Data:** 2023-11-04  
**Miejsce:** Lubawka  
**Dystans:** 10 km

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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PASIK Tomasz	11	EDENRUN/WOLSZTYŃSKI KLUB BIEGOWY	M OPEN	1	00:41:25.00	00:41:25.00		4:08	14.5 (100%)
2	GOŁĘBIEWSKI Michał	40	DREAM-BIKE BIELAWA	M OPEN	2	00:43:11.00	00:43:11.00	+00:01:46 (4.1%)	4:19	13.9 (95.9%)
3	TRELA Marcin	18		M OPEN	3	00:44:39.00	00:44:39.00	+00:03:14 (7.2%)	4:27	13.4 (92.4%)
4	KUR Michał	41		M OPEN	4	00:47:35.00	00:47:35.00	+00:06:10 (13.0%)	4:45	12.6 (86.9%)
5	SIKORA Adam	45		M OPEN	5	00:49:15.00	00:49:15.00	+00:07:50 (15.9%)	4:55	12.2 (84.1%)
6	SARNECKI Adrian	46	OSP M	M OPEN	6	00:49:18.00	00:49:18.00	+00:07:53 (16.0%)	4:55	12.2 (84.1%)
7	CIEMIEGA Roman	10	KOWARY BIEGAJĄ	M OPEN	7	00:49:40.00	00:49:40.00	+00:08:15 (16.6%)	4:58	12.1 (83.4%)
8	MACKOVÁ Johana	23	UPHILL/DYNAFIT	K OPEN	1	00:50:38.00	00:50:38.00	+00:09:13 (18.2%)	5:03	11.8 (81.4%)
9	LESNICKI Marek	37		M OPEN	8	00:50:45.00	00:50:45.00	+00:09:20 (18.4%)	5:04	11.8 (81.4%)
10	KARWACKI Maciej	36		M OPEN	9	00:50:52.00	00:50:52.00	+00:09:27 (18.6%)	5:05	11.8 (81.4%)
11	NOWAKOWSKI Marcin	43		M OPEN	10	00:51:13.00	00:51:13.00	+00:09:48 (19.1%)	5:07	11.7 (80.7%)
12	ZACZYK Dariusz	29		M OPEN	11	00:52:56.00	00:52:56.00	+00:11:31 (21.8%)	5:17	11.3 (77.9%)
13	ZALEJSKI Damian	39	DREAM-BIKE BIELAWA	M OPEN	12	00:54:11.00	00:54:11.00	+00:12:46 (23.6%)	5:25	11.1 (76.6%)
14	VOCET Jaroslav	42	UPHILL SPORT TRUTNOV	M OPEN	13	00:54:34.00	00:54:34.00	+00:13:09 (24.1%)	5:27	11 (75.9%)
15	JOWIK Kamil	47		M OPEN	14	00:54:45.00	00:54:45.00	+00:13:20 (24.4%)	5:28	11 (75.9%)
16	BURGIELSKI Bartosz	19	KOWARY BIEGAJĄ	M OPEN	15	00:55:50.00	00:55:50.00	+00:14:25 (25.8%)	5:35	10.7 (73.8%)
17	JANAS Michał	32		M OPEN	16	00:55:56.00	00:55:56.00	+00:14:31 (26.0%)	5:35	10.7 (73.8%)
18	OLBERT Ireneusz	2	PCC ULTRA RUNNERS	M OPEN	17	00:56:04.00	00:56:04.00	+00:14:39 (26.1%)	5:36	10.7 (73.8%)
19	SOŁTYS Krystian	31		M OPEN	18	00:56:06.00	00:56:06.00	+00:14:41 (26.2%)	5:36	10.7 (73.8%)
20	ŚWIĄTEK Ewelina	44	SPARTANIE DZIECIOM	K OPEN	2	00:56:49.00	00:56:49.00	+00:15:24 (27.1%)	5:40	10.6 (73.1%)
21	HELMAN Dawid	24		M OPEN	19	00:57:37.00	00:57:37.00	+00:16:12 (28.1%)	5:45	10.4 (71.7%)
22	PRZYCHOCKI Szymon	7		M OPEN	20	00:58:00.00	00:58:00.00	+00:16:35 (28.6%)	5:48	10.3 (71.0%)
23	K Piotr	54		M OPEN	21	00:59:45.00	00:59:45.00	+00:18:20 (30.7%)	5:58	10 (69.0%)
24	SZWAGRZYK Natalia	34		K OPEN	3	00:59:48.00	00:59:48.00	+00:18:23 (30.7%)	5:58	10 (69.0%)
25	GIERCZAK Adrian	22		M OPEN	22	01:01:17.00	01:01:17.00	+00:19:52 (32.4%)	6:07	9.8 (67.6%)
26	NYC Pina	16		K OPEN	4	01:02:51.00	01:02:51.00	+00:21:26 (34.1%)	6:17	9.5 (65.5%)
27	POLAK Wojciech	38		M OPEN	23	01:03:16.00	01:03:16.00	+00:21:51 (34.5%)	6:19	9.5 (65.5%)
28	KISER Aleksandra	33	KOWARY BIEGAJĄ	K OPEN	5	01:03:22.00	01:03:22.00	+00:21:57 (34.6%)	6:20	9.5 (65.5%)
29	WOLIŃSKI Jędrzej	52	RATEL TEAM	M OPEN	24	01:04:35.00	01:04:35.00	+00:23:10 (35.9%)	6:27	9.3 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	<b>MACIUSZEK Szymon</b>	<b>53</b>		M OPEN	25	<b>01:06:31.00</b>	<b>01:06:31.00</b>	+00:25:06 (37.7%)	6:39	9 (62.1%)
31	<b>KRAKOWSKI Michał</b>	<b>35</b>		M OPEN	26	<b>01:08:15.00</b>	<b>01:08:15.00</b>	+00:26:50 (39.3%)	6:49	8.8 (60.7%)
32	<b>KRAKOWSKA Anna</b>	<b>49</b>		K OPEN	6	<b>01:08:17.00</b>	<b>01:08:17.00</b>	+00:26:52 (39.3%)	6:49	8.8 (60.7%)
33	<b>RADZISZOWSKA Ewelina</b>	<b>27</b>		K OPEN	7	<b>01:09:14.00</b>	<b>01:09:14.00</b>	+00:27:49 (40.2%)	6:55	8.7 (60.0%)
34	<b>KANECKA Mariola</b>	<b>8</b>	KOWARY BIEGAJĄ	K OPEN	8	<b>01:12:40.00</b>	<b>01:12:40.00</b>	+00:31:15 (43.0%)	7:16	8.3 (57.2%)
35	<b>ZAWISLAK Paweł</b>	<b>48</b>		M OPEN	27	<b>01:20:18.00</b>	<b>01:20:18.00</b>	+00:38:53 (48.4%)	8:01	7.5 (51.7%)
36	<b>SOKOŁOWSKA Elżbieta</b>	<b>50</b>	KOWARY BIEGAJĄ	K OPEN	9	<b>01:25:13.00</b>	<b>01:25:13.00</b>	+00:43:48 (51.4%)	8:31	7 (48.3%)

Znaleziono 36 wynik(ów)