

BIEG CHARYTATYWNY DLA PAWŁA

B4SPORT

Organiser: Life+ Joanna Maciejewska-Błachewicz
Date: 2018-01-07
Place: BYDGOSZCZ
Distance: 5 km



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	PĘKAŁA Aleksandra	323		K-OPEN	1	00:21:18.15		4:15	14.1 (100%)
2	HARENZA-BŁOCHOWIAK Sonia	57		K-OPEN	2	00:22:37.05	+00:01:18 (5.8%)	4:31	13.3 (94.3%)
3	NOWAKOWSKA Angelina	342		K-OPEN	3	00:23:21.55	+00:02:03 (8.8%)	4:40	12.8 (90.8%)
4	GOLON Marlena	376	RUN PASJA	K-OPEN	4	00:23:23.70	+00:02:05 (8.9%)	4:40	12.8 (90.8%)
5	SMAZYK Ewelina	253		K-OPEN	5	00:23:54.45	+00:02:36 (10.9%)	4:46	12.6 (89.4%)
6	WIŚNIEWSKA Anna	310		K-OPEN	6	00:24:15.55	+00:02:57 (12.2%)	4:51	12.4 (87.9%)
7	PIĄTEK Justyna	186	APLITT	K-OPEN	7	00:24:27.20	+00:03:09 (12.9%)	4:53	12.3 (87.2%)
8	TARCZYŃSKA Marta	259	TEAM KUCYKI	K-OPEN	8	00:24:52.90	+00:03:34 (14.4%)	4:58	12.1 (85.8%)
9	GRZESIAK Magdalena	52	CROSS FORDON	K-OPEN	9	00:25:08.75	+00:03:50 (15.3%)	5:01	11.9 (84.4%)
10	STEMPKA Agnieszka	246	POŚREDNICTWO HANDLOWE AGNIESZKA STEMPKA	K-OPEN	10	00:25:09.10	+00:03:50 (15.3%)	5:02	11.9 (84.4%)
11	JANIKOWSKA Awa	63	CZARNE STOPY.SM	K-OPEN	11	00:25:11.50	+00:03:53 (15.4%)	5:02	11.9 (84.4%)
12	WÓDCZAK Marta	280	CROSS FORDON	K-OPEN	12	00:25:38.60	+00:04:20 (16.9%)	5:07	11.7 (83.0%)
13	KREFTA Dagmara	108		K-OPEN	13	00:25:39.00	+00:04:20 (16.9%)	5:07	11.7 (83.0%)
14	ŁEPEK Teresa	129	V_RUNNER	K-OPEN	14	00:25:40.20	+00:04:22 (17.0%)	5:08	11.7 (83.0%)
15	MAĆZEWSKA Marzena	142	V_RUNNER	K-OPEN	15	00:25:40.70	+00:04:22 (17.0%)	5:08	11.7 (83.0%)
16	KOCHAŃSKA Anna	350		K-OPEN	16	00:25:47.95	+00:04:29 (17.4%)	5:09	11.6 (82.3%)
17	POTRZEBOWSKA Agata	196	DEAF	K-OPEN	17	00:26:01.85	+00:04:43 (18.2%)	5:12	11.5 (81.6%)
18	KUŹMIŃSKA Maryla	38	BYDGOSZCZ BIEGA	K-OPEN	18	00:26:22.60	+00:05:04 (19.2%)	5:16	11.4 (80.9%)
19	WALIGÓRA Karolina	372		K-OPEN	19	00:26:30.10	+00:05:11 (19.6%)	5:18	11.3 (80.1%)
20	JUREK Karolina	73		K-OPEN	20	00:26:38.30	+00:05:20 (20.0%)	5:19	11.3 (80.1%)
21	SZABLIŃSKA Honorata	393		K-OPEN	21	00:26:42.60	+00:05:24 (20.2%)	5:20	11.2 (79.4%)
22	ADAMCZYK Agnieszka	92		K-OPEN	22	00:26:51.85	+00:05:33 (20.7%)	5:22	11.2 (79.4%)
23	MROZIK Aleksandra	51		K-OPEN	23	00:26:52.00	+00:05:33 (20.7%)	5:22	11.2 (79.4%)
24	JAKIELSKA Marta	300		K-OPEN	24	00:26:52.70	+00:05:34 (20.7%)	5:22	11.2 (79.4%)
25	KRYSZTOFIŃSKA Aneta	109	AQUA ANETA	K-OPEN	25	00:26:52.75	+00:05:34 (20.7%)	5:22	11.2 (79.4%)
26	FARBICKA-ŻYWICA Paulina	35	BRZOZA BIEGA	K-OPEN	26	00:26:59.05	+00:05:40 (21.1%)	5:23	11.1 (78.7%)
27	MARCINIAK Paula	136		K-OPEN	27	00:27:12.05	+00:05:53 (21.7%)	5:26	11 (78.0%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
28	HELSZTAJN Anna	58		K-OPEN	28	00:27:18.40	+00:06:00 (22.0%)	5:27	11 (78.0%)
29	TOŃSKA Aleksandra	335		K-OPEN	29	00:27:21.05	+00:06:02 (22.1%)	5:28	11 (78.0%)
30	TOMKIEWICZ Martyna	261		K-OPEN	30	00:27:28.35	+00:06:10 (22.5%)	5:29	10.9 (77.3%)
31	NALEWALSKA Justyna	158	SERCE TYBETU	K-OPEN	31	00:27:33.85	+00:06:15 (22.7%)	5:30	10.9 (77.3%)
32	NAPOLNA Patrycja	373		K-OPEN	32	00:27:34.50	+00:06:16 (22.7%)	5:31	10.9 (77.3%)
33	KOWNACKA Klaudia	398		K-OPEN	33	00:27:37.50	+00:06:19 (22.9%)	5:31	10.9 (77.3%)
34	KAJKO Wiktoria	320		K-OPEN	34	00:27:41.80	+00:06:23 (23.1%)	5:32	10.8 (76.6%)
35	PEŻYŃSKA Anna	184		K-OPEN	35	00:27:42.10	+00:06:23 (23.1%)	5:32	10.8 (76.6%)
36	DULIŃSKA Dorota	31	ZS19 TEAM	K-OPEN	36	00:27:46.45	+00:06:28 (23.3%)	5:33	10.8 (76.6%)
37	NUNZEK Agnieszka	170		K-OPEN	37	00:27:52.20	+00:06:34 (23.6%)	5:34	10.8 (76.6%)
38	BIERNACKA Anna	296		K-OPEN	38	00:27:53.90	+00:06:35 (23.6%)	5:34	10.8 (76.6%)
39	CISZEWSKA Emilia	299		K-OPEN	39	00:27:55.95	+00:06:37 (23.7%)	5:35	10.7 (75.9%)
40	KNIEĆ Zosia	95		K-OPEN	40	00:28:13.60	+00:06:55 (24.5%)	5:38	10.6 (75.2%)
41	ZWIENKA Paulina	370		K-OPEN	41	00:28:23.55	+00:07:05 (25.0%)	5:40	10.6 (75.2%)
42	CZYŻEWSKA Anna	26		K-OPEN	42	00:28:28.75	+00:07:10 (25.2%)	5:41	10.5 (74.5%)
43	KOPROWICZ Kasia	98		K-OPEN	43	00:28:29.30	+00:07:11 (25.2%)	5:41	10.5 (74.5%)
44	LUBIEJEWSKA Wioletta	127		K-OPEN	44	00:28:29.45	+00:07:11 (25.2%)	5:42	10.5 (74.5%)
45	MARIAŃSKA Emilia	137		K-OPEN	45	00:28:54.70	+00:07:36 (26.3%)	5:47	10.4 (73.8%)
46	KUŁAK Anna	65		K-OPEN	46	00:29:06.45	+00:07:48 (26.8%)	5:49	10.3 (73.0%)
47	NADOLSKA Wiktoria	153		K-OPEN	47	00:29:30.40	+00:08:12 (27.8%)	5:54	10.2 (72.3%)
48	NOWAK Mariola	163		K-OPEN	48	00:29:33.80	+00:08:15 (27.9%)	5:54	10.1 (71.6%)
49	JAWORSKA Monika	66	BIEGAJĄCE CIACHA	K-OPEN	49	00:29:38.25	+00:08:20 (28.1%)	5:55	10.1 (71.6%)
50	SKOMRA Katarzyna	230	FLORKA TEAM	K-OPEN	50	00:30:00.55	+00:08:42 (29.0%)	6:00	10 (70.9%)
51	NOWICKA Tatiana	167		K-OPEN	51	00:30:04.60	+00:08:46 (29.2%)	6:00	10 (70.9%)
52	SZUBIŃSKA Dominika	336		K-OPEN	52	00:30:04.70	+00:08:46 (29.2%)	6:01	10 (70.9%)
53	DRZEWIECKA Ewelina	374		K-OPEN	53	00:30:05.60	+00:08:47 (29.2%)	6:01	10 (70.9%)
54	KWIATKOWSKA Lucyna	313		K-OPEN	54	00:30:16.80	+00:08:58 (29.6%)	6:03	9.9 (70.2%)
55	GRZYWACZ Karolina	53		K-OPEN	55	00:30:25.90	+00:09:07 (30.0%)	6:05	9.9 (70.2%)
56	SZTEJKA Jolanta	254	BENEFITKSO	K-OPEN	56	00:30:28.05	+00:09:09 (30.1%)	6:05	9.8 (69.5%)
57	FILARECKA Edyta	385		K-OPEN	57	00:30:35.90	+00:09:17 (30.4%)	6:07	9.8 (69.5%)
58	SŁOMSKA Monika	232	BRAK	K-OPEN	58	00:30:36.25	+00:09:18 (30.4%)	6:07	9.8 (69.5%)
59	MAN Beata	135		K-OPEN	59	00:30:39.55	+00:09:21 (30.5%)	6:07	9.8 (69.5%)
60	SAŁASIŃSKA Marta	223		K-OPEN	60	00:30:42.30	+00:09:24 (30.6%)	6:08	9.8 (69.5%)
61	BRĄGIEL Anna	87		K-OPEN	61	00:30:51.90	+00:09:33 (31.0%)	6:10	9.7 (68.8%)
62	WRUK Justyna	283		K-OPEN	62	00:30:55.10	+00:09:36 (31.1%)	6:11	9.7 (68.8%)
63	CHWIAŁKOWSKA Joanna	22		K-OPEN	63	00:30:55.15	+00:09:37 (31.1%)	6:11	9.7 (68.8%)
64	RADZIEJEWSKA Grażyna	204		K-OPEN	64	00:31:07.05	+00:09:48 (31.5%)	6:13	9.6 (68.1%)
65	NOWACKA Emilia	360		K-OPEN	65	00:31:07.25	+00:09:49 (31.5%)	6:13	9.6 (68.1%)
66	JELONEK Angelika	357		K-OPEN	66	00:31:14.00	+00:09:55 (31.8%)	6:14	9.6 (68.1%)
67	MAŁECKA Izabela	134		K-OPEN	67	00:31:23.15	+00:10:05 (32.1%)	6:16	9.6 (68.1%)
68	OŹGA Agnieszka	176		K-OPEN	68	00:31:24.90	+00:10:06 (32.2%)	6:17	9.5 (67.4%)
69	GUŹDZIOŁ Roksana	195		Dz1	6	00:31:34.35	+00:10:16 (32.5%)	6:18	9.5 (67.4%)
70	PIÓRKOWSKA Aga	191		K-OPEN	69	00:31:35.00	+00:10:16 (32.6%)	6:19	9.5 (67.4%)
71	ZACH Aneta	285	TKKF WODNIK WIĘCIBORK	K-OPEN	70	00:31:41.40	+00:10:23 (32.8%)	6:20	9.5 (67.4%)

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71	RUTA Joanna	214	TKKF WODNIK WIĘCBORK	K-OPEN	71	00:31:41.40	+00:10:23 (32.8%)	6:20	9.5 (67.4%)
73	MEJGER Angelika	199	TKKF WODNIK WIĘCBORK	K-OPEN	72	00:31:42.25	+00:10:24 (32.8%)	6:20	9.5 (67.4%)
74	DRABJEWSKA Anna	29	TKKF WODNIK WIĘCBORK	K-OPEN	73	00:31:42.40	+00:10:24 (32.8%)	6:20	9.5 (67.4%)
75	RASSALSKA-KAUSA Jola	206		K-OPEN	74	00:31:46.85	+00:10:28 (33.0%)	6:21	9.4 (66.7%)
76	BEDNAREK Grażyna	321		K-OPEN	75	00:31:48.05	+00:10:29 (33.0%)	6:21	9.4 (66.7%)
77	KAWA Ewa	338		K-OPEN	76	00:31:48.10	+00:10:29 (33.0%)	6:21	9.4 (66.7%)
78	ZATOŃ Bożena	1		K-OPEN	77	00:31:49.55	+00:10:31 (33.1%)	6:22	9.4 (66.7%)
79	JAŹDŻEWSKA Alicja	68	WSHE	K-OPEN	78	00:31:53.05	+00:10:34 (33.2%)	6:22	9.4 (66.7%)
80	MARIAŃSKA Magdalena	138		K-OPEN	79	00:31:53.85	+00:10:35 (33.2%)	6:22	9.4 (66.7%)
81	MIELECKA Agnieszka	145	KS IDMAR RACING TEAM	Nordic Walking K	1	00:31:54.80	+00:10:36 (33.2%)	6:23	9.4 (66.7%)
82	OKRĘGLICKA Barbara	295		K-OPEN	80	00:31:55.35	+00:10:37 (33.3%)	6:23	9.4 (66.7%)
83	STUDZIŃSKA Magda	347		K-OPEN	81	00:31:56.35	+00:10:38 (33.3%)	6:23	9.4 (66.7%)
84	PEŁCZYŃSKA Katarzyna	181	FIRE HOUSE	K-OPEN	82	00:32:00.10	+00:10:41 (33.4%)	6:24	9.4 (66.7%)
85	PLISZCZYŃSKA Joanna	378		K-OPEN	83	00:32:01.60	+00:10:43 (33.5%)	6:24	9.4 (66.7%)
86	NAGÓRKA Anita	192		K-OPEN	84	00:32:01.75	+00:10:43 (33.5%)	6:24	9.4 (66.7%)
87	REPCZYŃSKA Justyna	381		K-OPEN	85	00:32:05.15	+00:10:47 (33.6%)	6:25	9.3 (66.0%)
88	WAWRZYNIAK Zuzanna	271		K-OPEN	86	00:32:05.40	+00:10:47 (33.6%)	6:25	9.3 (66.0%)
89	LASKOWSKA-NOWICKA Justyna	116		K-OPEN	87	00:32:07.90	+00:10:49 (33.7%)	6:25	9.3 (66.0%)
90	SZYMANEK Monika	227		K-OPEN	88	00:32:10.45	+00:10:52 (33.8%)	6:26	9.3 (66.0%)
91	ALEKSANDRA Alicja	222		K-OPEN	89	00:32:10.50	+00:10:52 (33.8%)	6:26	9.3 (66.0%)
92	MALCZEWSKA Mirka	133	SPORT FAKTORY	K-OPEN	90	00:32:13.75	+00:10:55 (33.9%)	6:26	9.3 (66.0%)
93	SZCZEPANEK-KOZIŃSKA Justyna	307	BYDGOSKIE ŻÓŁWIE	K-OPEN	91	00:32:15.70	+00:10:57 (34.0%)	6:27	9.3 (66.0%)
94	TYKWIŃSKA Agnieszka	190		K-OPEN	92	00:32:17.05	+00:10:58 (34.0%)	6:27	9.3 (66.0%)
95	STASIAK Renata	240		K-OPEN	93	00:32:19.10	+00:11:00 (34.1%)	6:27	9.3 (66.0%)
96	NIEMCZYK Ula	160		K-OPEN	94	00:32:19.70	+00:11:01 (34.1%)	6:27	9.3 (66.0%)
97	LEMIASZKO Paulina	358		K-OPEN	95	00:32:29.05	+00:11:10 (34.4%)	6:29	9.2 (65.2%)
98	KRASIŃSKA Karolina	187		K-OPEN	96	00:32:31.55	+00:11:13 (34.5%)	6:30	9.2 (65.2%)
99	DUDEK Zofia	377		K-OPEN	97	00:32:40.75	+00:11:22 (34.8%)	6:32	9.2 (65.2%)
100	WOŹNIACKA Beata	78	POMÓZMY JEŻOM	K-OPEN	98	00:32:44.35	+00:11:26 (34.9%)	6:32	9.2 (65.2%)
101	LUBOŃSKA Kinga	128		K-OPEN	99	00:33:02.70	+00:11:44 (35.5%)	6:36	9.1 (64.5%)
102	ROZEN Julita	213		K-OPEN	100	00:33:07.95	+00:11:49 (35.7%)	6:37	9.1 (64.5%)
103	KOWALCZYK Violetta	126		K-OPEN	101	00:33:15.55	+00:11:57 (35.9%)	6:39	9 (63.8%)
104	CYBUL Anna	304		K-OPEN	102	00:33:17.10	+00:11:58 (36.0%)	6:39	9 (63.8%)
105	KRAJEWSKA Katarzyna	106		K-OPEN	103	00:33:20.40	+00:12:02 (36.1%)	6:40	9 (63.8%)
106	PILARSKA Beata	288		K-OPEN	104	00:33:24.75	+00:12:06 (36.2%)	6:41	9 (63.8%)
107	PAŁUCZAK Kasia	178	-	K-OPEN	105	00:33:26.65	+00:12:08 (36.3%)	6:41	9 (63.8%)
108	JĘDRYCZKA Dorota	71		K-OPEN	106	00:33:29.40	+00:12:11 (36.4%)	6:42	9 (63.8%)
109	ŻURAWSKA Marta	293		K-OPEN	107	00:33:29.45	+00:12:11 (36.4%)	6:42	9 (63.8%)
110	CISZEWSKA Emilia	298		K-OPEN	108	00:33:29.60	+00:12:11 (36.4%)	6:41	9 (63.8%)
111	CHROMIŃSKA Paulina	20		K-OPEN	109	00:33:31.15	+00:12:13 (36.4%)	6:42	9 (63.8%)
112	OLKOWSKA Aleksandra	173		Dz1	7	00:33:31.90	+00:12:13 (36.5%)	6:42	8.9 (63.1%)
113	MISUN-NOWAK Katarzyna	148		K-OPEN	110	00:33:41.20	+00:12:23 (36.8%)	6:44	8.9 (63.1%)
114	LEWANDOWSKA Sylwia	119		K-OPEN	111	00:33:44.00	+00:12:25 (36.9%)	6:44	8.9 (63.1%)
115	KACZMAREK Agnieszka	150		K-OPEN	112	00:33:45.85	+00:12:27 (36.9%)	6:45	8.9 (63.1%)

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116	ZUPA Martyna	289	SISU-OWB TEAM	K-OPEN	113	00:33:46.65	+00:12:28 (36.9%)	6:45	8.9 (63.1%)
117	STĘPKOWSKA Izabela	248		K-OPEN	114	00:33:53.50	+00:12:35 (37.1%)	6:46	8.8 (62.4%)
118	MOCZULSKA Hanna	18		K-OPEN	115	00:33:54.00	+00:12:35 (37.2%)	6:46	8.8 (62.4%)
119	LEWANDOWSKA Beata	118		K-OPEN	116	00:33:55.20	+00:12:37 (37.2%)	6:47	8.8 (62.4%)
120	ŻYŁA Kamila	319		K-OPEN	117	00:33:56.05	+00:12:37 (37.2%)	6:47	8.8 (62.4%)
121	SZYMAŃSKA Halina	375		K-OPEN	118	00:33:56.40	+00:12:38 (37.2%)	6:47	8.8 (62.4%)
122	KĘDZIERSKA Agnieszka	83	KIJKOWE TRZEMESZNO	Nordic Walking K	2	00:34:10.00	+00:12:51 (37.7%)	6:50	8.8 (62.4%)
123	LIS Marta	383		K-OPEN	119	00:34:15.70	+00:12:57 (37.8%)	6:51	8.8 (62.4%)
124	JUCLEWSKA Magdalena	384		K-OPEN	120	00:34:17.75	+00:12:59 (37.9%)	6:51	8.7 (61.7%)
125	KOLBERG Kamila	96	KIJKOWE TRZEMESZNO	Nordic Walking K	3	00:34:40.90	+00:13:22 (38.6%)	6:56	8.6 (61.0%)
126	KOZAKOWSKA Małgorzata	105	KS SOKÓŁ GAŚAWA	Nordic Walking K	4	00:34:47.75	+00:13:29 (38.8%)	6:57	8.6 (61.0%)
127	TABISZ Monika	40		K-OPEN	121	00:34:48.35	+00:13:30 (38.8%)	6:57	8.6 (61.0%)
128	WYDRZYŃSKA Katarzyna	284		K-OPEN	122	00:34:59.80	+00:13:41 (39.1%)	7:00	8.6 (61.0%)
129	JENERALSKA Katarzyna	264		K-OPEN	123	00:35:08.95	+00:13:50 (39.4%)	7:01	8.5 (60.3%)
130	MISUN Mariola	146		K-OPEN	124	00:35:43.70	+00:14:25 (40.4%)	7:08	8.4 (59.6%)
131	NOWAK Aleksandra	165	CZYŚCIK TEAM	Nordic Walking K	5	00:36:32.65	+00:15:14 (41.7%)	7:18	8.2 (58.2%)
132	KWIATKOWSKA Elżbieta	115		Nordic Walking K	6	00:36:41.95	+00:15:23 (42.0%)	7:20	8.2 (58.2%)
133	DĘBEK Lena	400		Dz1	10	00:36:51.85	+00:15:33 (42.2%)	7:22	8.1 (57.4%)
134	BRZOZOWSKA Iwona	9		Nordic Walking K	7	00:36:59.95	+00:15:41 (42.4%)	7:24	8.1 (57.4%)
135	JAGOS Olimpia	61		K-OPEN	125	00:37:11.75	+00:15:53 (42.7%)	7:26	8.1 (57.4%)
136	KORALEWSKA Milena	100		K-OPEN	126	00:37:12.65	+00:15:54 (42.8%)	7:26	8.1 (57.4%)
137	STEMPKA Magdalena	247		Dz1	11	00:37:15.15	+00:15:57 (42.8%)	7:27	8.1 (57.4%)
138	JÓZWIAK Alicja	337		Dz1	12	00:37:15.45	+00:15:57 (42.8%)	7:27	8.1 (57.4%)
139	SIKORSKA Paulina	62		Nordic Walking K	8	00:37:20.90	+00:16:02 (43.0%)	7:28	8 (56.7%)
140	KŁOS Lidia	93		Nordic Walking K	9	00:37:39.45	+00:16:21 (43.4%)	7:32	8 (56.7%)
141	WALECKA Romualda	268	SPORT I REKREACJA 'START'	Nordic Walking K	10	00:37:42.40	+00:16:24 (43.5%)	7:32	8 (56.7%)
142	SZYBCZYŃKA Katarzyna	343		Nordic Walking K	11	00:38:30.15	+00:17:12 (44.7%)	7:42	7.8 (55.3%)
143	KUBOWICZ-KAMIŃSKA Hanna	117	BYDGOSZCZ NA START!	K-OPEN	127	00:38:45.50	+00:17:27 (45.0%)	7:45	7.7 (54.6%)
144	FEDEROWICZ Anna	276		K-OPEN	128	00:38:46.10	+00:17:27 (45.1%)	7:45	7.7 (54.6%)
145	KACZMAREK Zofia	77	CZYŚCIK TEAM	Nordic Walking K	12	00:39:02.85	+00:17:44 (45.4%)	7:48	7.7 (54.6%)
146	SOBAŃSKA Agnieszka	366		K-OPEN	129	00:39:21.65	+00:18:03 (45.9%)	7:52	7.6 (53.9%)
147	SIEMIĄTKOWSKA Janina	226	SPORT I REKREACJA 'START'	Nordic Walking K	13	00:40:10.80	+00:18:52 (47.0%)	8:02	7.5 (53.2%)
148	FIJOR Arleta	36	CZYŚCIK TEAM	Nordic Walking K	14	00:40:28.20	+00:19:10 (47.4%)	8:05	7.4 (52.5%)
149	WARDECKA-HOŁTYN Justyna	270		Nordic Walking K	15	00:40:28.90	+00:19:10 (47.4%)	8:05	7.4 (52.5%)
150	GAŚIOROWSKA Dorota	47		K-OPEN	130	00:40:53.00	+00:19:34 (47.9%)	8:10	7.3 (51.8%)
151	STAROŃ Monika	362		K-OPEN	131	00:41:00.20	+00:19:42 (48.0%)	8:12	7.3 (51.8%)
152	MICHAŁOWSKA Joanna	144	SPORT I REKREACJA 'START'	Nordic Walking K	16	00:41:13.00	+00:19:54 (48.3%)	8:14	7.3 (51.8%)
153	CENDROWSKA Teresa	17	SPORT I REKREACJA 'START'	Nordic Walking K	17	00:41:22.25	+00:20:04 (48.5%)	8:16	7.3 (51.8%)
154	MOCZULSKA Alicja	149	RRRR	Nordic Walking K	18	00:41:43.30	+00:20:25 (48.9%)	8:20	7.2 (51.1%)
155	KONDRATOWICZ Agnieszka	97		Nordic Walking K	19	00:42:14.65	+00:20:56 (49.6%)	8:27	7.1 (50.4%)
156	STELMACH Katarzyna	245	SK KIJEWO KRÓLEWSKIE	Dz1	14	00:42:19.55	+00:21:01 (49.7%)	8:27	7.1 (50.4%)
157	STELMACH Anita	244		Nordic Walking K	20	00:42:40.90	+00:21:22 (50.1%)	8:32	7 (49.6%)
158	RAFALAK Marlena	107		K-OPEN	132	00:43:33.80	+00:22:15 (51.1%)	8:42	6.9 (48.9%)
159	ROGOWSKA Beata	211		Nordic Walking K	21	00:43:35.55	+00:22:17 (51.1%)	8:43	6.9 (48.9%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
160	KORPAL Paulina	394		Dz1	15	00:43:41.90	+00:22:23 (51.3%)	8:44	6.9 (48.9%)
161	TRĘBIŃSKA Jolanta	328		K-OPEN	133	00:44:01.35	+00:22:43 (51.6%)	8:48	6.8 (48.2%)
162	PANCEK Hanna	179	TADMAX	Nordic Walking K	22	00:44:46.70	+00:23:28 (52.4%)	8:57	6.7 (47.5%)
163	SMARUJ-SADOWSKA Janina	234		Nordic Walking K	23	00:44:50.50	+00:23:32 (52.5%)	8:58	6.7 (47.5%)
164	DZIASZYK Beata	33		Nordic Walking K	24	00:45:03.25	+00:23:45 (52.7%)	9:00	6.7 (47.5%)
165	BAGIŃSKA Danuta	4		Nordic Walking K	25	00:45:03.45	+00:23:45 (52.7%)	9:00	6.7 (47.5%)
166	BURZYŃSKA Renata	16		Nordic Walking K	26	00:45:05.25	+00:23:47 (52.8%)	9:01	6.7 (47.5%)
167	KUBALA Bogumiła	110		Nordic Walking K	27	00:45:29.20	+00:24:11 (53.2%)	9:05	6.6 (46.8%)
168	OLKOWSKA Anna	172		Nordic Walking K	28	00:45:29.25	+00:24:11 (53.2%)	9:05	6.6 (46.8%)
169	RAMIAN Edyta	205		Nordic Walking K	29	00:45:29.30	+00:24:11 (53.2%)	9:05	6.6 (46.8%)
170	NITKA Beata	162		K-OPEN	134	00:45:32.20	+00:24:14 (53.2%)	9:06	6.6 (46.8%)
171	CZYŻ Małgorzata	25		Nordic Walking K	30	00:46:09.40	+00:24:51 (53.8%)	9:13	6.5 (46.1%)
172	OLEJNICZAK Iwona	171		Nordic Walking K	31	00:49:14.65	+00:27:56 (56.7%)	9:51	6.1 (43.3%)
173	KARŁOWSKA Renata	390		K-OPEN	135	00:49:19.65	+00:28:01 (56.8%)	9:52	6.1 (43.3%)
174	WIELICZKO Renata	258		K-OPEN	136	00:49:26.15	+00:28:08 (56.9%)	9:53	6.1 (43.3%)
175	GRYŃ Justyna	260		K-OPEN	137	00:49:27.85	+00:28:09 (56.9%)	9:53	6.1 (43.3%)
176	ANDRUSZKIEWICZ Dorota	287		K-OPEN	138	00:49:27.95	+00:28:09 (56.9%)	9:53	6.1 (43.3%)
177	IGNATOWICZ Joanna	292		K-OPEN	139	00:49:28.45	+00:28:10 (56.9%)	9:53	6.1 (43.3%)
178	IŻYCKA-HERMAN Aldona	397		K-OPEN	140	00:49:28.95	+00:28:10 (56.9%)	9:53	6.1 (43.3%)
179	DĘBSKA Urszula	27		K-OPEN	141	00:49:44.40	+00:28:26 (57.2%)	9:57	6 (42.6%)
180	SIWKOWSKA Elżbieta	229		Nordic Walking K	32	00:51:37.30	+00:30:19 (58.7%)	10:19	5.8 (41.1%)
181	BOSAK Hanna	8		Nordic Walking K	33	00:51:37.60	+00:30:19 (58.7%)	10:19	5.8 (41.1%)
182	FRĄCZEK Małgorzata	43		Nordic Walking K	34	00:51:40.25	+00:30:22 (58.8%)	10:20	5.8 (41.1%)
183	KAMIŃSKA Małgorzata	79		Nordic Walking K	35	00:51:42.75	+00:30:24 (58.8%)	10:20	5.8 (41.1%)
184	BRZYKCY Longina	13		Nordic Walking K	36	00:51:55.90	+00:30:37 (59.0%)	10:23	5.8 (41.1%)
185	KORPAL Amelia	395		Dz1	16	00:52:04.70	+00:30:46 (59.1%)	10:25	5.8 (41.1%)
186	WYSOCKA Izabela	41		Nordic Walking K	37	00:56:24.10	+00:35:05 (62.2%)	11:16	5.3 (37.6%)
187	KRUGER Ewa	368		K-OPEN	142				(0.0%)

Total 187 results.