

BIEG CHARYTATYWNY DLA PAWŁA

B4SPORT

Organiser: Life+ Joanna Maciejewska-Błachewicz
Date: 2018-01-07
Place: BYDGOSZCZ
Distance: 5 km



Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	TUCZYŃSKI Sylwester Leon	263	BYDGOSKIE OKONIE	M-OPEN	1	00:17:44.85		3:33	16.9 (100%)
2	KRYSKE Bartosz	324	SPÓJNIA BIAŁE BŁOTA	M-OPEN	2	00:17:51.60	+00:00:06 (0.6%)	3:34	16.8 (99.4%)
3	JAGODZIŃSKI Mateusz	60	BYDGOSKIE OKONIE	M-OPEN	3	00:17:53.00	+00:00:08 (0.8%)	3:34	16.8 (99.4%)
4	MRUK Tomasz	151	CZARNE STOPY.SM	M-OPEN	4	00:18:05.45	+00:00:20 (1.9%)	3:37	16.6 (98.2%)
5	TUCHOLSKI Bartłomiej	262	BYDGOSKIE OKONIE	M-OPEN	5	00:18:34.80	+00:00:49 (4.5%)	3:43	16.1 (95.3%)
6	FLOREK Paweł	37	RUNADDICTS	M-OPEN	6	00:18:43.70	+00:00:58 (5.2%)	3:44	16 (94.7%)
7	STACHOWICZ Wiesław	316	BRZOZA BIEGA	M-OPEN	7	00:19:03.15	+00:01:18 (6.8%)	3:48	15.7 (92.9%)
8	SZLINGER Jakub	252	TEAM KUCYKI	M-OPEN	8	00:19:16.20	+00:01:31 (7.9%)	3:51	15.6 (92.3%)
9	SZCZEPANIAK Cezary	139		M-OPEN	9	00:19:35.10	+00:01:50 (9.4%)	3:55	15.3 (90.5%)
10	RETECKI Krzysztof	209	BOGMAR / PRESTO OSTROMECKO	M-OPEN	10	00:19:57.60	+00:02:12 (11.1%)	3:59	15 (88.8%)
11	WYSOCKI Rafał	23		M-OPEN	11	00:20:02.60	+00:02:17 (11.5%)	4:00	15 (88.8%)
12	KUŁAKOWSKI Krzysztof	217	RUNPASJA	M-OPEN	12	00:20:03.75	+00:02:18 (11.5%)	4:00	15 (88.8%)
13	ŚRUBA Patryk	327		M-OPEN	13	00:20:05.50	+00:02:20 (11.7%)	4:01	14.9 (88.2%)
14	PEŻYŃSKI Piotr	185		M-OPEN	14	00:20:07.55	+00:02:22 (11.8%)	4:01	14.9 (88.2%)
15	NAGORZYSKI Arkadiusz	154	BIEGAM WSPIERAM MOTYWUJĘ	M-OPEN	15	00:20:12.85	+00:02:28 (12.2%)	4:02	14.8 (87.6%)
16	WILK Łukasz	273	RUNADDICTS	M-OPEN	16	00:20:18.90	+00:02:34 (12.6%)	4:03	14.8 (87.6%)
17	KOWALSKI Jacek	6		M-OPEN	17	00:20:27.00	+00:02:42 (13.2%)	4:05	14.7 (87.0%)
18	STALKA Jakub	351		M-OPEN	18	00:20:30.40	+00:02:45 (13.5%)	4:06	14.6 (86.4%)
19	KRYSKE Mariusz	353		M-OPEN	19	00:20:31.50	+00:02:46 (13.5%)	4:06	14.6 (86.4%)
20	DRABJEWSKI Paweł	30	TKKF WODNIK WIĘCBORK	M-OPEN	20	00:21:03.90	+00:03:19 (15.7%)	4:12	14.2 (84.0%)
21	KRZEMIŃSKI Bartosz	322		M-OPEN	21	00:21:13.30	+00:03:28 (16.4%)	4:14	14.1 (83.4%)
22	WŁODARCZYK Wojciech	275	CZARNE STOPY.SM	M-OPEN	22	00:21:34.70	+00:03:49 (17.8%)	4:18	13.9 (82.2%)
23	KACZMAREK Sebastian	74	TEAM KUCYKI	M-OPEN	23	00:21:42.05	+00:03:57 (18.2%)	4:20	13.8 (81.7%)
24	NAGOW Michał	155	RUN BYDGOSZCZ	M-OPEN	24	00:21:46.20	+00:04:01 (18.5%)	4:21	13.8 (81.7%)
25	GRACZ Adam	346		M-OPEN	25	00:21:47.25	+00:04:02 (18.5%)	4:21	13.8 (81.7%)
26	LASKOWSKI Jakub	332		Dz14	1	00:21:54.55	+00:04:09 (19.0%)	4:22	13.7 (81.1%)
27	KRZYŻANOWSKI Robert	159		M-OPEN	26	00:21:56.10	+00:04:11 (19.1%)	4:23	13.7 (81.1%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
28	SZYSZKA Radosław	256	POLONIA BYDGOSZCZ	M-OPEN	27	00:21:56.95	+00:04:12 (19.1%)	4:23	13.7 (81.1%)
29	SOBCZAK Michał	236		M-OPEN	28	00:21:59.55	+00:04:14 (19.3%)	4:24	13.6 (80.5%)
30	KUPCZYK Tomasz	112		M-OPEN	29	00:22:05.05	+00:04:20 (19.6%)	4:25	13.6 (80.5%)
31	KOŚCIELAK Maciej	67		M-OPEN	30	00:22:05.15	+00:04:20 (19.6%)	4:25	13.6 (80.5%)
32	MUĆKO Bartek	152		Dz14	2	00:22:07.10	+00:04:22 (19.8%)	4:25	13.6 (80.5%)
33	LEWICKI Konrad	125	ŻANDARMI Z BYDGOSZCZY	M-OPEN	31	00:22:23.00	+00:04:38 (20.7%)	4:28	13.4 (79.3%)
34	SZESZUŁA Michał	251	NIGHT RUNNERS	M-OPEN	32	00:22:23.80	+00:04:38 (20.8%)	4:28	13.4 (79.3%)
35	SOBCZAK Marcin	235	CZARNE STOPY.SM	M-OPEN	33	00:22:29.00	+00:04:44 (21.1%)	4:29	13.3 (78.7%)
36	KOWALCZYK Rafał	255		M-OPEN	34	00:22:35.80	+00:04:50 (21.5%)	4:31	13.3 (78.7%)
37	KLATECKI Adam	88		M-OPEN	35	00:22:44.90	+00:05:00 (22.0%)	4:33	13.2 (78.1%)
38	KADOW Ryszard	329		M-OPEN	36	00:22:51.45	+00:05:06 (22.4%)	4:34	13.1 (77.5%)
39	ŁOBOCKI Krzysztof	130		M-OPEN	37	00:22:57.75	+00:05:12 (22.7%)	4:35	13.1 (77.5%)
40	SZOPA Krzysztof	341		M-OPEN	38	00:23:06.50	+00:05:21 (23.2%)	4:37	13 (76.9%)
41	KLAWCZYŃSKI Zbigniew	89	KLUB HDK 'LOGISTYCY' BYDGOSZCZ	M-OPEN	39	00:23:07.20	+00:05:22 (23.2%)	4:37	13 (76.9%)
42	GÓRSKI Marcin	388		M-OPEN	40	00:23:09.80	+00:05:24 (23.4%)	4:38	12.9 (76.3%)
43	SZCZĘSNY Arkadiusz	250	DYNAMO SKARPA	M-OPEN	41	00:23:11.50	+00:05:26 (23.5%)	4:38	12.9 (76.3%)
44	JENZIOŁOWSKI Jacek	70	RUNPASJA	M-OPEN	42	00:23:15.95	+00:05:31 (23.7%)	4:39	12.9 (76.3%)
45	SIUDA Sebastian	228		M-OPEN	43	00:23:18.05	+00:05:33 (23.8%)	4:39	12.9 (76.3%)
46	PACZKOWSKI Mirosław	177	CB 163	M-OPEN	44	00:23:22.90	+00:05:38 (24.1%)	4:40	12.8 (75.7%)
47	ZUCHOWSKI Dariusz	111		M-OPEN	45	00:23:25.90	+00:05:41 (24.3%)	4:41	12.8 (75.7%)
48	CZELIŃSKI Leszek	24		M-OPEN	46	00:23:26.20	+00:05:41 (24.3%)	4:41	12.8 (75.7%)
49	QUAAS Łukasz	200	RUN PASJA	M-OPEN	47	00:23:27.55	+00:05:42 (24.3%)	4:41	12.8 (75.7%)
50	BRUNKE Tomasz	326		M-OPEN	48	00:23:34.20	+00:05:49 (24.7%)	4:43	12.7 (75.1%)
51	BUGAJSKI Jakub	72		M-OPEN	49	00:23:42.30	+00:05:57 (25.1%)	4:44	12.7 (75.1%)
52	ZUPA Wojciech	290	SISU-OWB TEAM	M-OPEN	50	00:23:42.85	+00:05:58 (25.2%)	4:44	12.6 (74.6%)
53	GABRYCH Maciej	45	CZARNE STOPY.SM	M-OPEN	51	00:23:44.35	+00:05:59 (25.2%)	4:45	12.6 (74.6%)
54	KRYGIER Stanisław	369		M-OPEN	52	00:23:52.95	+00:06:08 (25.7%)	4:46	12.6 (74.6%)
55	LEMAŃCZYK Zygmunt	266		M-OPEN	53	00:23:53.75	+00:06:08 (25.7%)	4:46	12.6 (74.6%)
56	JURCZAK Robert	21		M-OPEN	54	00:23:54.45	+00:06:09 (25.8%)	4:47	12.5 (74.0%)
57	GŁOWSKI Dariusz	49		M-OPEN	55	00:23:56.45	+00:06:11 (25.9%)	4:47	12.5 (74.0%)
58	PNIEWSKI Maciej	194	AGROLOK SPORT TEAM	M-OPEN	56	00:23:56.55	+00:06:11 (25.9%)	4:47	12.5 (74.0%)
59	NOWAK Jakub	166		Dz14	3	00:23:59.70	+00:06:14 (26.0%)	4:48	12.5 (74.0%)
60	STACHOWSKI Michał	238		M-OPEN	57	00:23:59.85	+00:06:15 (26.0%)	4:48	12.5 (74.0%)
61	RADULSKI Tomasz	203	ROZBIEGANA KRUSZWICA	M-OPEN	58	00:24:12.15	+00:06:27 (26.7%)	4:50	12.4 (73.4%)
62	LEWANDOWSKI Maciej	355		M-OPEN	59	00:24:13.05	+00:06:28 (26.7%)	4:50	12.4 (73.4%)
63	KRUKOWSKI Rafał	249		M-OPEN	60	00:24:17.90	+00:06:33 (27.0%)	4:51	12.3 (72.8%)
64	SMARUJ Artur	216		M-OPEN	61	00:24:18.60	+00:06:33 (27.0%)	4:51	12.3 (72.8%)
65	JAKIELSKI Leon	301		M-OPEN	62	00:24:21.20	+00:06:36 (27.1%)	4:52	12.3 (72.8%)
66	JENERALSKI Maciej	193		M-OPEN	63	00:24:24.70	+00:06:39 (27.3%)	4:53	12.3 (72.8%)
67	WALUSIAK Miłosz	269		M-OPEN	64	00:24:25.00	+00:06:40 (27.3%)	4:53	12.3 (72.8%)
68	WYBRANOWSKI Arkadiusz	114		M-OPEN	65	00:24:25.75	+00:06:40 (27.4%)	4:53	12.3 (72.8%)
69	PAWŁOWSKI Radosław	359		M-OPEN	66	00:24:31.60	+00:06:46 (27.6%)	4:54	12.2 (72.2%)
70	REPCZYŃSKI Tomek	208		M-OPEN	67	00:24:35.05	+00:06:50 (27.8%)	4:55	12.2 (72.2%)
71	KĘDZIERSKI Arkadiusz	84		M-OPEN	68	00:24:40.85	+00:06:56 (28.1%)	4:56	12.2 (72.2%)

Place	Participant	Number	Club	Category	MCat	Net	Gap	Pace	Pace
						time		min/km	km/h
						5km			
72	PAWLACZYK Lukasz	180		M-OPEN	69	00:24:42.05	+00:06:57 (28.2%)	4:56	12.1 (71.6%)
73	PRIEWE Paweł	198	DYNAMO SKARPA	M-OPEN	70	00:24:43.65	+00:06:58 (28.2%)	4:56	12.1 (71.6%)
74	NOWICKI Sławomir	169	CZARNE STOPY.SM	M-OPEN	71	00:24:51.10	+00:07:06 (28.6%)	4:58	12.1 (71.6%)
75	NALBORSKI Maciej	157	CROSS FORDON	M-OPEN	72	00:24:52.40	+00:07:07 (28.6%)	4:58	12.1 (71.6%)
76	KOWAL Michał	103		M-OPEN	73	00:24:55.00	+00:07:10 (28.8%)	4:59	12 (71.0%)
77	STAROŃ Marcin	239	CROSS FORDON	M-OPEN	74	00:24:55.20	+00:07:10 (28.8%)	4:59	12 (71.0%)
78	SKRZYNIARZ Hubert	231	INDYVIDUAL TEAM	M-OPEN	75	00:25:02.05	+00:07:17 (29.1%)	5:00	12 (71.0%)
79	KORPAL Emil	391		M-OPEN	76	00:25:08.40	+00:07:23 (29.4%)	5:01	11.9 (70.4%)
80	ŻYWICA Adam	294	BRZOZA BIEGA	M-OPEN	77	00:25:14.40	+00:07:29 (29.7%)	5:03	11.9 (70.4%)
81	KLISZEWSKI Damian	90	NOKIA BYDGOSZCZ	M-OPEN	78	00:25:22.00	+00:07:37 (30.0%)	5:04	11.8 (69.8%)
82	WOJCIECHOWSKI Andrzej	309		M-OPEN	79	00:25:34.25	+00:07:49 (30.6%)	5:07	11.7 (69.2%)
83	ZYGMUNT Robert	291	RUN PASJA	M-OPEN	80	00:25:35.60	+00:07:50 (30.7%)	5:07	11.7 (69.2%)
84	JARACZ Kamil	64	CROSS FORDON	M-OPEN	81	00:25:38.95	+00:07:54 (30.8%)	5:07	11.7 (69.2%)
85	FABIŃSKI Marcin	34	V_RUNNER	M-OPEN	82	00:25:40.75	+00:07:55 (30.9%)	5:08	11.7 (69.2%)
86	BĄCZKOWSKI Sławomir	5	V_RUNNER	M-OPEN	83	00:25:40.95	+00:07:56 (30.9%)	5:08	11.7 (69.2%)
87	ZGÓRSKI Maciej	318		M-OPEN	84	00:25:53.45	+00:08:08 (31.5%)	5:10	11.6 (68.6%)
88	RACIBORSKI Grzegorz	201	TASAK TEAM	M-OPEN	85	00:26:01.20	+00:08:16 (31.8%)	5:12	11.5 (68.0%)
89	KISZKA Marcin	86	RUN PASJA	M-OPEN	86	00:26:01.45	+00:08:16 (31.8%)	5:12	11.5 (68.0%)
90	BRZOZOWSKI Marcin	363		M-OPEN	87	00:26:03.50	+00:08:18 (31.9%)	5:12	11.5 (68.0%)
91	SZPUNAK Tomasz	241		M-OPEN	88	00:26:03.80	+00:08:18 (31.9%)	5:12	11.5 (68.0%)
92	LEWANDOWSKI Adam	122	TEAM KUCYKI	M-OPEN	89	00:26:04.90	+00:08:20 (32.0%)	5:13	11.5 (68.0%)
93	STEFAŃSKI Mateusz	242		M-OPEN	90	00:26:23.40	+00:08:38 (32.7%)	5:16	11.4 (67.5%)
94	GAŚIĄREK Tomasz	314	BRZOZA BIEGA	M-OPEN	91	00:26:23.45	+00:08:38 (32.8%)	5:16	11.4 (67.5%)
95	BARANOWSKI Mariusz	7		M-OPEN	92	00:26:23.75	+00:08:38 (32.8%)	5:16	11.4 (67.5%)
96	GEBLER Maciej	81	GARDENFLORA	M-OPEN	93	00:26:27.65	+00:08:42 (32.9%)	5:17	11.3 (66.9%)
97	WALIGÓRA Kacper	371		Dz1	1	00:26:29.95	+00:08:45 (33.0%)	5:18	11.3 (66.9%)
98	ZAMURO Mateusz	340		M-OPEN	94	00:26:30.45	+00:08:45 (33.0%)	5:18	11.3 (66.9%)
99	FOJUTOWSKI Jan	39	MKS 63	Dz1	2	00:26:33.95	+00:08:49 (33.2%)	5:18	11.3 (66.9%)
100	POTRZEBOWSKI Marek	197	DEAF	M-OPEN	95	00:26:34.80	+00:08:49 (33.2%)	5:19	11.3 (66.9%)
101	LACHOWSKI Rafał	102		M-OPEN	96	00:26:36.20	+00:08:51 (33.3%)	5:19	11.3 (66.9%)
102	RADECKI Krzysztof	202		M-OPEN	97	00:26:39.45	+00:08:54 (33.4%)	5:19	11.3 (66.9%)
103	KLISZEWSKI Piotr	91	GWIAZDA BYDGOSZCZ	Dz1	3	00:26:41.90	+00:08:57 (33.5%)	5:20	11.2 (66.3%)
104	BUDZIAK Bartosz	15		M-OPEN	98	00:26:53.20	+00:09:08 (34.0%)	5:22	11.2 (66.3%)
105	GRACZYK Przemysław	50		M-OPEN	99	00:26:53.70	+00:09:08 (34.0%)	5:22	11.2 (66.3%)
106	RYBAK Radosław	215		M-OPEN	100	00:27:06.70	+00:09:21 (34.5%)	5:25	11.1 (65.7%)
107	RENC Patryk	207	SERCE TYBETU	M-OPEN	101	00:27:07.60	+00:09:22 (34.6%)	5:25	11.1 (65.7%)
108	SERGIEL Damian	225	SISU-OWB TEAM	M-OPEN	102	00:27:13.20	+00:09:28 (34.8%)	5:26	11 (65.1%)
109	DOMEK Aleksander	104		M-OPEN	103	00:27:13.25	+00:09:28 (34.8%)	5:26	11 (65.1%)
110	BĄBOLEWSKI Łukasz	297		M-OPEN	104	00:27:13.55	+00:09:28 (34.8%)	5:26	11 (65.1%)
111	GUŹDZIOŁ Jarek	55		M-OPEN	105	00:27:20.60	+00:09:35 (35.1%)	5:28	11 (65.1%)
112	CIERZNIIEWSKI Mirosław	267		M-OPEN	106	00:27:23.20	+00:09:38 (35.2%)	5:28	11 (65.1%)
113	BRZOZOWSKI Jarek	365		M-OPEN	107	00:27:26.05	+00:09:41 (35.3%)	5:29	10.9 (64.5%)
114	STACHOWICZ Karol	237		M-OPEN	108	00:27:30.25	+00:09:45 (35.5%)	5:30	10.9 (64.5%)
115	JABŁOŃSKI Daniel	389		M-OPEN	109	00:27:33.20	+00:09:48 (35.6%)	5:30	10.9 (64.5%)

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						time		min/km	km/h
						5km			
116	LEWANDOWSKI Daniel	56		M-OPEN	110	00:27:40.60	+00:09:55 (35.9%)	5:32	10.8 (63.9%)
117	CHRZAŚCZ Michał	315	SISU-OWB TEAM	M-OPEN	111	00:27:43.55	+00:09:58 (36.0%)	5:32	10.8 (63.9%)
118	DULIŃSKI Bartosz	32	GLKS OSIELSKO	Dz14	4	00:27:45.35	+00:10:00 (36.1%)	5:33	10.8 (63.9%)
119	GAWĘCKI Marcin	46	SISU-OWB TEAM	M-OPEN	112	00:27:48.95	+00:10:04 (36.2%)	5:33	10.8 (63.9%)
120	DĘBSKI Jan	28	SOŁTYS	M-OPEN	113	00:27:55.85	+00:10:11 (36.5%)	5:35	10.7 (63.3%)
121	BRZOZOWSKI Piotr	364		M-OPEN	114	00:28:06.15	+00:10:21 (36.8%)	5:37	10.7 (63.3%)
122	BRĄGIEL Jakub	132	AKTYWNEKUJAWY	M-OPEN	115	00:28:11.90	+00:10:27 (37.1%)	5:38	10.6 (62.7%)
123	KOWNACKI Krzysztof	399		M-OPEN	116	00:28:13.05	+00:10:28 (37.1%)	5:38	10.6 (62.7%)
124	POL Arkadiusz	143		M-OPEN	117	00:28:13.35	+00:10:28 (37.1%)	5:38	10.6 (62.7%)
125	KNIEĆ Robert	94		M-OPEN	118	00:28:13.60	+00:10:28 (37.1%)	5:38	10.6 (62.7%)
126	PIETKUN Ryszard	188		M-OPEN	119	00:28:13.90	+00:10:29 (37.1%)	5:38	10.6 (62.7%)
127	CHMIELEWSKI Marcin	356		M-OPEN	120	00:28:26.25	+00:10:41 (37.6%)	5:41	10.5 (62.1%)
128	KOPROWICZ Adam	99		M-OPEN	121	00:28:28.70	+00:10:43 (37.7%)	5:41	10.5 (62.1%)
129	KOMAJDA Jarosław	387	SOLECCY BIEGACZE	M-OPEN	122	00:28:30.75	+00:10:45 (37.8%)	5:42	10.5 (62.1%)
130	ROZEN Maciej	212		M-OPEN	123	00:28:31.45	+00:10:46 (37.8%)	5:42	10.5 (62.1%)
131	WORZAŁA Michał	277		M-OPEN	124	00:28:33.65	+00:10:48 (37.9%)	5:42	10.5 (62.1%)
132	STEFAŃSKI Damian	352		M-OPEN	125	00:28:37.15	+00:10:52 (38.0%)	5:43	10.5 (62.1%)
133	FRASZ Kuba	42		Dz14	5	00:28:49.85	+00:11:05 (38.4%)	5:46	10.4 (61.5%)
134	WITOSŁAWSKI Tomasz	274	DYNAMO SKARPA	M-OPEN	126	00:29:06.25	+00:11:21 (39.0%)	5:49	10.3 (60.9%)
135	FRASZ Jacek	334		M-OPEN	127	00:29:08.25	+00:11:23 (39.1%)	5:49	10.3 (60.9%)
136	WARDECKI Tomasz	305		M-OPEN	128	00:29:24.85	+00:11:40 (39.7%)	5:53	10.2 (60.4%)
137	NITKA Adam	161		M-OPEN	129	00:29:27.35	+00:11:42 (39.7%)	5:53	10.2 (60.4%)
138	MAZUR Dawid	140		M-OPEN	130	00:29:30.95	+00:11:46 (39.9%)	5:54	10.2 (60.4%)
139	LEWANDOWSKI Krystian	59		M-OPEN	131	00:29:33.45	+00:11:48 (40.0%)	5:54	10.2 (60.4%)
140	TOBIASZ Paweł	131		M-OPEN	132	00:29:35.35	+00:11:50 (40.0%)	5:55	10.1 (59.8%)
141	OLKOWSKI Jakub	175		Dz1	4	00:29:36.60	+00:11:51 (40.1%)	5:55	10.1 (59.8%)
142	JARZYŃSKI Maciej	361		M-OPEN	133	00:29:37.95	+00:11:53 (40.1%)	5:55	10.1 (59.8%)
143	WOŹNICKI Michał	278		M-OPEN	134	00:29:46.95	+00:12:02 (40.4%)	5:57	10.1 (59.8%)
144	KAMIŃSKI Jakub	124		Dz1	5	00:29:54.75	+00:12:09 (40.7%)	5:59	10 (59.2%)
145	KUBOWICZ Piotr	101		M-OPEN	135	00:29:55.05	+00:12:10 (40.7%)	5:59	10 (59.2%)
146	GUMIENNY Maciej	54		M-OPEN	136	00:29:58.45	+00:12:13 (40.8%)	5:59	10 (59.2%)
147	WOŹNICKI Tomasz	279		M-OPEN	137	00:30:00.75	+00:12:15 (40.9%)	6:00	10 (59.2%)
148	NOWICKI Andrzej	168		M-OPEN	138	00:30:04.15	+00:12:19 (41.0%)	6:00	10 (59.2%)
149	BRZYKCY Tomek	10	BIEGAM JAK DZIKI	M-OPEN	139	00:30:05.80	+00:12:20 (41.0%)	6:01	10 (59.2%)
150	BRZYKCY Kamil	12		Dz14	6	00:30:05.95	+00:12:21 (41.0%)	6:01	10 (59.2%)
151	SŁONINA Marcin	233		M-OPEN	140	00:30:06.40	+00:12:21 (41.1%)	6:01	10 (59.2%)
152	WERESZCZUK Kacper	345		M-OPEN	141	00:30:11.60	+00:12:26 (41.2%)	6:02	9.9 (58.6%)
153	WUDNIAK Marcin	156		M-OPEN	142	00:30:20.30	+00:12:35 (41.5%)	6:04	9.9 (58.6%)
154	GACHOWSKI Edward	113		M-OPEN	143	00:30:23.00	+00:12:38 (41.6%)	6:04	9.9 (58.6%)
155	LEWANDOWSKI Piotr	123		M-OPEN	144	00:30:23.25	+00:12:38 (41.6%)	6:04	9.9 (58.6%)
156	BRZYKCY Wojciech	11	BIEGAM JAK DZIKI	M-OPEN	145	00:30:24.85	+00:12:40 (41.6%)	6:05	9.9 (58.6%)
157	JAŹDŻEWSKI Jarosław	69	WSHE	M-OPEN	146	00:30:37.85	+00:12:53 (42.1%)	6:07	9.8 (58.0%)
158	TRZCIŃSKI Franciszek	325	SPORT I REKREACJA START	M-OPEN	147	00:31:13.05	+00:13:28 (43.1%)	6:14	9.6 (56.8%)
159	RADOMSKI Marcin	331	BIEGAM W SWETSZE	M-OPEN	148	00:31:13.45	+00:13:28 (43.2%)	6:14	9.6 (56.8%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
160	ZACH Sebastian	286	TKKF WODNIK WIĘCBORK	M-OPEN	149	00:31:42.05	+00:13:57 (44.0%)	6:20	9.5 (56.2%)
161	MEJGIER Karol	386		M-OPEN	150	00:31:42.25	+00:13:57 (44.0%)	6:20	9.5 (56.2%)
162	STUDZIŃSKI Robert	348		M-OPEN	151	00:31:56.30	+00:14:11 (44.4%)	6:23	9.4 (55.6%)
163	ŚLĘZAK Rafał	257		M-OPEN	152	00:31:58.20	+00:14:13 (44.5%)	6:23	9.4 (55.6%)
164	PLISZCZYŃSKI Mirosław	379		M-OPEN	153	00:31:59.70	+00:14:14 (44.5%)	6:24	9.4 (55.6%)
165	ASTUKIEWICZ Tomasz	3		M-OPEN	154	00:32:21.60	+00:14:36 (45.2%)	6:28	9.3 (55.0%)
166	SAJKO Filip	221		M-OPEN	155	00:32:22.00	+00:14:37 (45.2%)	6:28	9.3 (55.0%)
167	BACZYŃSKI Michał	19		M-OPEN	156	00:32:52.55	+00:15:07 (46.0%)	6:34	9.1 (53.8%)
168	CIESIELSKI Łukasz	306		M-OPEN	157	00:33:05.10	+00:15:20 (46.4%)	6:37	9.1 (53.8%)
169	URBACZEWSKI Adrian	311		M-OPEN	158	00:33:05.15	+00:15:20 (46.4%)	6:37	9.1 (53.8%)
170	ROGAŁA Rafał	210		M-OPEN	159	00:33:06.35	+00:15:21 (46.4%)	6:37	9.1 (53.8%)
171	OLKOWSKI Henryk	174		M-OPEN	160	00:33:36.00	+00:15:51 (47.2%)	6:43	8.9 (52.7%)
172	NOWAK Tomasz	164		M-OPEN	161	00:33:38.55	+00:15:53 (47.2%)	6:43	8.9 (52.7%)
173	LEWANDOWSKI Maciej	121		M-OPEN	162	00:33:44.55	+00:15:59 (47.4%)	6:45	8.9 (52.7%)
174	KAŻMIERSKI Krzysztof	82	WSHE	M-OPEN	163	00:33:55.50	+00:16:10 (47.7%)	6:47	8.8 (52.1%)
175	PAWLICKI Kacper	333		Dz14	7	00:33:57.10	+00:16:12 (47.7%)	6:47	8.8 (52.1%)
176	STASZCZYSZYN Kacper	317		Dz14	8	00:34:09.20	+00:16:24 (48.0%)	6:49	8.8 (52.1%)
177	KACZMAREK Maciej	75		Dz14	9	00:34:11.55	+00:16:26 (48.1%)	6:50	8.8 (52.1%)
178	KONDRUCIUK Jakub	272		Dz14	10	00:34:16.70	+00:16:31 (48.2%)	6:51	8.8 (52.1%)
179	LEWANDOWSKI Michał	120		M-OPEN	164	00:34:51.65	+00:17:06 (49.1%)	6:58	8.6 (50.9%)
180	SZYMAŃSKI Zbigniew	380		M-OPEN	165	00:34:55.45	+00:17:10 (49.2%)	6:59	8.6 (50.9%)
181	JENERALSKI Stanisław	220		Dz1	8	00:35:00.15	+00:17:15 (49.3%)	7:00	8.6 (50.9%)
182	BUCZKOWSKI Jerzy	344		M-OPEN	166	00:36:38.20	+00:18:53 (51.6%)	7:19	8.2 (48.5%)
183	ZŁOTKOWSKI Maciej	308		Dz1	9	00:36:46.55	+00:19:01 (51.7%)	7:21	8.2 (48.5%)
184	SAPA Dariusz	224	BYDGOSKIE ŻÓŁWIE	M-OPEN	167	00:40:02.15	+00:22:17 (55.7%)	8:00	7.5 (44.4%)
185	STELMACH Dariusz	243		M-OPEN	168	00:40:09.35	+00:22:24 (55.8%)	8:01	7.5 (44.4%)
186	KACZMAREK Jarosław	76	CZYŚCIK TEAM	M-OPEN	169	00:40:12.45	+00:22:27 (55.9%)	8:02	7.5 (44.4%)
187	APPEL Jerzy	2	GOSIR OSIELSKO	M-OPEN	170	00:40:21.60	+00:22:36 (56.0%)	8:04	7.4 (43.8%)
188	SZYTTENHOLM Gabriel	265		Dz1	13	00:40:50.70	+00:23:05 (56.5%)	8:10	7.3 (43.2%)
189	MISUN Jan	147		M-OPEN	171	00:42:39.40	+00:24:54 (58.4%)	8:32	7 (41.4%)
190	FRYDRYCHOWICZ Filip	392		M-OPEN	172	00:43:39.20	+00:25:54 (59.3%)	8:43	6.9 (40.8%)
191	PERLIK Wiesław	182	TADMAX	M-OPEN	173	00:44:50.55	+00:27:05 (60.4%)	8:58	6.7 (39.6%)
192	IŻYCKI-HERMAN Tomasz	396		M-OPEN	174	00:47:44.25	+00:29:59 (62.8%)	9:32	6.3 (37.3%)
193	RAFALSKI Mirosław	85		M-OPEN	175	00:49:08.85	+00:31:24 (63.9%)	9:49	6.1 (36.1%)
194	KAMIŃSKI Zbigniew	80		M-OPEN	176	00:49:14.10	+00:31:29 (64.0%)	9:50	6.1 (36.1%)
195	BRZYKCY Kazimierz	14		M-OPEN	177				(0.0%)

Total 195 results.