



BIEG CHARYTATYWNY "RAZEM DLA MAĆKA I ANTKA"

B4SPORT

Organizator: Stowarzyszenie Zwyczajne pn. „Nasz Murowaniec”
Data: 2019-09-28
Miejsce: Murowaniec
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RATAJCZYK Przemysław	124	Mundurowi Mężczyźni		1	00:17:40.95	00:17:42.20		3:32	17 (100%)
2	KULPA Michał	67	Cywile Mężczyźni		1	00:17:52.70	00:17:54.05	+00:00:11 (1.1%)	3:34	16.8 (98.8%)
3	WIWATOWSKI Michał	170	Cywile Mężczyźni		2	00:18:01.60	00:18:03.05	+00:00:20 (1.9%)	3:36	16.6 (97.6%)
4	BIAŁEK Dawid	239	Mundurowi Mężczyźni		2	00:18:39.80	00:18:41.05	+00:00:58 (5.2%)	3:44	16.1 (94.7%)
5	KRYSKE Bartosz	58	Mundurowi Mężczyźni		3	00:19:24.55	00:19:26.90	+00:01:44 (9.0%)	3:52	15.5 (91.2%)
6	WESOŁOWSKI Roland	164	Cywile Mężczyźni		3	00:19:49.15	00:19:51.75	+00:02:09 (10.9%)	3:57	15.1 (88.8%)
7	KUJAWA Mateusz	66	Mundurowi Mężczyźni		4	00:20:21.50	00:20:22.85	+00:02:40 (13.1%)	4:04	14.7 (86.5%)
8	GIL Michał	237	Cywile Mężczyźni		4	00:20:37.90	00:20:39.70	+00:02:57 (14.3%)	4:07	14.5 (85.3%)
9	KAZUBOWSKI Jacek	241	Cywile Mężczyźni		5	00:20:47.65	00:20:49.45	+00:03:07 (15.0%)	4:09	14.4 (84.7%)
10	MARCINIAK Michał	265	Cywile Mężczyźni		6	00:20:49.50	00:20:56.75	+00:03:14 (15.5%)	4:09	14.4 (84.7%)
11	GOŁĘBIEWSKI Piotr	26	Cywile Mężczyźni		7	00:20:56.85	00:20:58.65	+00:03:16 (15.6%)	4:11	14.3 (84.1%)
12	BIERNACKI Sławomir	245	Cywile Mężczyźni		8	00:20:57.00	00:21:00.20	+00:03:18 (15.7%)	4:11	14.3 (84.1%)
13	SUTKOWY Paweł	144	Cywile Mężczyźni		9	00:20:58.05	00:21:00.80	+00:03:18 (15.8%)	4:11	14.3 (84.1%)
14	RACINOWSKI Krystian	119	Cywile Mężczyźni		10	00:21:05.90	00:21:09.45	+00:03:27 (16.3%)	4:13	14.2 (83.5%)
15	WRZOSEK Jarosław	257	Cywile Mężczyźni		11	00:21:10.10	00:21:13.45	+00:03:31 (16.6%)	4:14	14.2 (83.5%)
16	ZIENKIEWICZ Marek	180	Cywile Mężczyźni		12	00:21:18.35	00:21:20.00	+00:03:37 (17.0%)	4:15	14.1 (82.9%)
17	ŚLEFARSKI Marcin	151	Cywile Mężczyźni		13	00:21:55.85	00:21:58.25	+00:04:16 (19.4%)	4:23	13.7 (80.6%)
18	CIUPA Jarosław	10	Cywile Mężczyźni		14	00:21:56.00	00:22:02.05	+00:04:19 (19.7%)	4:23	13.7 (80.6%)
19	POKORSKI Tomasz	106	Mundurowi Mężczyźni		5	00:22:15.30	00:22:19.10	+00:04:36 (20.7%)	4:27	13.5 (79.4%)
20	GRALIK Jędrzej	253	Cywile Mężczyźni		15	00:22:15.65	00:22:32.00	+00:04:49 (21.4%)	4:27	13.5 (79.4%)
21	KORECKI Andrzej	201	Cywile Mężczyźni		16	00:22:48.65	00:22:51.55	+00:05:09 (22.6%)	4:33	13.1 (77.1%)
22	ŚWIĘCICKI Andrzej	155	Mundurowi Mężczyźni		6	00:22:49.60	00:23:00.25	+00:05:18 (23.0%)	4:34	13.1 (77.1%)
23	KIEŁCZYŃSKI Marek	44	Cywile Mężczyźni		17	00:23:04.60	00:23:07.30	+00:05:25 (23.4%)	4:37	13 (76.5%)
24	STEFAŃSKI Marcin	250	Cywile Mężczyźni		18	00:23:02.85	00:23:09.10	+00:05:26 (23.5%)	4:36	13 (76.5%)
25	MROTEK Michał	86	Cywile Mężczyźni		19	00:22:59.90	00:23:17.45	+00:05:35 (24.0%)	4:36	13 (76.5%)
26	JAKIELSKI Leszek	32	Cywile Mężczyźni		20	00:23:16.65	00:23:23.50	+00:05:41 (24.3%)	4:39	12.9 (75.9%)
27	RUCIŃSKI Rafał	126	Mundurowi Mężczyźni		7	00:23:25.00	00:23:27.05	+00:05:44 (24.5%)	4:41	12.8 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
28	MROTEK Katarzyna	85	Cywile Kobiety		1	00:23:18.05	00:23:35.60	+00:05:53 (25.0%)	4:39	12.9 (75.9%)
29	PRZEWOREK Filip	115	Cywile Mężczyźni		21	00:23:20.50	00:23:36.90	+00:05:54 (25.0%)	4:40	12.9 (75.9%)
30	WROBEL Mikolaj	176	Cywile Mężczyźni		22	00:23:37.50	00:23:44.35	+00:06:02 (25.4%)	4:43	12.7 (74.7%)
31	PRZEWOREK Andrzej	114	Cywile Mężczyźni		23	00:23:46.80	00:24:02.05	+00:06:19 (26.3%)	4:45	12.6 (74.1%)
32	GIL Jan	236	Cywile Mężczyźni		24	00:24:05.30	00:24:07.05	+00:06:24 (26.6%)	4:49	12.4 (72.9%)
33	GRALIK Kacper	254	Cywile Mężczyźni		25	00:24:03.05	00:24:20.30	+00:06:38 (27.3%)	4:48	12.5 (73.5%)
34	KOWALSKI Krzysztof	53	Cywile Mężczyźni		26	00:24:18.55	00:24:24.80	+00:06:42 (27.5%)	4:51	12.3 (72.4%)
35	KRZYSIAK Michał	62	Cywile Mężczyźni		27	00:24:25.95	00:24:32.25	+00:06:50 (27.9%)	4:53	12.3 (72.4%)
36	RACINOWSKI Marcin	118	Cywile Mężczyźni		28	00:24:27.85	00:24:32.55	+00:06:50 (27.9%)	4:53	12.3 (72.4%)
37	CHABECKA Martyna	264	Cywile Kobiety		2	00:24:34.75	00:24:39.15	+00:06:56 (28.2%)	4:55	12.2 (71.8%)
38	BORKIEWCZ Piotr	270	Cywile Mężczyźni		29	00:24:35.20	00:24:40.50	+00:06:58 (28.3%)	4:55	12.2 (71.8%)
39	KOPACZEWSKI Marcin	48	Cywile Mężczyźni		30	00:24:29.95	00:24:42.10	+00:06:59 (28.3%)	4:54	12.2 (71.8%)
40	ĆWIKLIŃSKA Dorota	189	Cywile Kobiety		3	00:24:39.75	00:24:43.75	+00:07:01 (28.4%)	4:55	12.2 (71.8%)
41	RIVAT Emmanuel	230	Cywile Mężczyźni		31	00:24:36.40	00:24:44.50	+00:07:02 (28.4%)	4:55	12.2 (71.8%)
42	MANOWSKI Jarosław	79	Mundurowi Mężczyźni		8	00:25:03.00	00:25:03.00	+00:07:20 (29.3%)	5:00	12 (70.6%)
43	SŁOMKOWSKA Joanna	136	Cywile Kobiety		4	00:25:00.95	00:25:08.50	+00:07:26 (29.6%)	5:00	12 (70.6%)
44	DĄBROWSKI Tomasz	229	Mundurowi Mężczyźni		9	00:25:30.00	00:25:38.10	+00:07:55 (30.9%)	5:06	11.8 (69.4%)
45	WYDRZYŃSKI Piotr	178	Mundurowi Mężczyźni		10	00:25:42.35	00:25:42.35	+00:08:00 (31.1%)	5:08	11.7 (68.8%)
46	CHODUR Agnieszka	255	Cywile Kobiety		5	00:25:35.05	00:25:44.20	+00:08:02 (31.2%)	5:07	11.7 (68.8%)
47	STAWLUK Marcin	228	Cywile Mężczyźni		32	00:25:27.15	00:25:44.40	+00:08:02 (31.2%)	5:05	11.8 (69.4%)
48	DUL Andrzej	19	Mundurowi Mężczyźni		11	00:25:46.85	00:25:48.80	+00:08:06 (31.4%)	5:09	11.6 (68.2%)
49	TATARKOWSKI Krzysztof	259	Cywile Mężczyźni		33	00:25:46.55	00:25:51.60	+00:08:09 (31.5%)	5:09	11.6 (68.2%)
50	BUKOWSKI Tomasz	243	Cywile Mężczyźni		34	00:25:36.65	00:25:53.00	+00:08:10 (31.6%)	5:07	11.7 (68.8%)
51	BAK Kacper	197	Cywile Mężczyźni		35	00:25:54.80	00:25:58.50	+00:08:16 (31.8%)	5:11	11.6 (68.2%)
52	POL Arkadiusz	109	Cywile Mężczyźni		36	00:25:58.70	00:26:05.95	+00:08:23 (32.2%)	5:11	11.6 (68.2%)
53	KOSTKA Elwira	244	Cywile Kobiety		6	00:26:01.35	00:26:07.60	+00:08:25 (32.2%)	5:12	11.5 (67.6%)
54	MIERZEJEWSKI Przemysław	267	Cywile Mężczyźni		37	00:25:59.05	00:26:08.05	+00:08:25 (32.3%)	5:11	11.5 (67.6%)
55	KAMECKI Jakub	248	Cywile Mężczyźni		38	00:26:04.75	00:26:11.30	+00:08:29 (32.4%)	5:13	11.5 (67.6%)
56	KRAWIEC Artur	272	Cywile Mężczyźni		39	00:26:01.05	00:26:19.55	+00:08:37 (32.8%)	5:12	11.5 (67.6%)
57	WITKOWSKA Monika	168	Cywile Kobiety		7	00:26:21.10	00:26:27.80	+00:08:45 (33.1%)	5:16	11.4 (67.1%)
58	HOFFA Filip	183	Cywile Mężczyźni		40	00:26:32.90	00:26:41.90	+00:08:59 (33.7%)	5:18	11.3 (66.5%)
59	KAZUBOCKI Jeremiasz	242	Cywile Mężczyźni		41	00:26:45.70	00:26:50.00	+00:09:07 (34.0%)	5:21	11.2 (65.9%)
60	PORAZINSKA Viktoria	112	Cywile Kobiety		8	00:26:43.85	00:26:50.85	+00:09:08 (34.1%)	5:20	11.2 (65.9%)
61	ĆWIKLIŃSKI Marcin	188	Mundurowi Mężczyźni		12	00:26:52.15	00:26:56.30	+00:09:14 (34.3%)	5:22	11.2 (65.9%)
62	WOJTACKI Jakub	216	Cywile Mężczyźni		42	00:26:47.40	00:26:59.05	+00:09:16 (34.4%)	5:21	11.2 (65.9%)
63	DOBRAK Wojtek	14	Cywile Mężczyźni		43	00:26:44.90	00:26:59.10	+00:09:16 (34.4%)	5:21	11.2 (65.9%)
64	KOPACZEWSKA Agnieszka	47	Cywile Kobiety		9	00:26:51.10	00:27:03.85	+00:09:21 (34.6%)	5:22	11.2 (65.9%)
65	JAMRÓZ Robert	33	Cywile Mężczyźni		44	00:27:07.10	00:27:16.70	+00:09:34 (35.1%)	5:25	11.1 (65.3%)
66	SZAFARCZYK Michał	268	Cywile Mężczyźni		45	00:27:08.60	00:27:17.60	+00:09:35 (35.1%)	5:25	11.1 (65.3%)
67	SZKIC Ewa	146	Cywile Kobiety		10	00:27:20.25	00:27:23.30	+00:09:41 (35.4%)	5:28	11 (64.7%)
68	PIOTROWSKI Karol	215	Cywile Mężczyźni		46	00:27:20.85	00:27:34.45	+00:09:52 (35.8%)	5:28	11 (64.7%)
69	BYCZKOWSKI Mateusz	9	Cywile Mężczyźni		47	00:27:36.20	00:27:46.75	+00:10:04 (36.3%)	5:31	10.9 (64.1%)
70	DOMINIAK Joanna	18	Cywile Kobiety		11	00:27:48.15	00:27:52.55	+00:10:10 (36.5%)	5:33	10.8 (63.5%)
71	GROMEK Irmina	27	Mundurowi Kobiety		1	00:27:50.30	00:27:55.20	+00:10:13 (36.6%)	5:34	10.8 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
72	CHABECKA Anna	263		Mundurowi Kobiety	2	00:27:55.40	00:28:00.30	+00:10:18 (36.8%)	5:35	10.7 (62.9%)
73	SMARUJ Artur	262		Mundurowi Mężczyźni	13	00:27:50.75	00:28:00.45	+00:10:18 (36.8%)	5:34	10.8 (63.5%)
74	OKRASKA Marcin	98		Cywile Mężczyźni	48	00:27:55.50	00:28:00.60	+00:10:18 (36.8%)	5:35	10.7 (62.9%)
75	PRZYCHOCKI Michał	252		Cywile Mężczyźni	49	00:27:55.40	00:28:09.05	+00:10:26 (37.1%)	5:35	10.7 (62.9%)
76	TOKARSKI Mikołaj	198		Cywile Mężczyźni	50	00:28:09.30	00:28:09.30	+00:10:27 (37.1%)	5:37	10.7 (62.9%)
77	ŚNIECHOTA Konrad	152		Cywile Mężczyźni	51	00:28:02.55	00:28:12.30	+00:10:30 (37.2%)	5:36	10.7 (62.9%)
78	KOŁODZIEJSKA Bożena	46		Cywile Kobiety	12	00:28:11.35	00:28:14.60	+00:10:32 (37.3%)	5:38	10.6 (62.4%)
79	KROPIDŁOWSKA Magdalena	57		Cywile Kobiety	13	00:28:15.10	00:28:21.80	+00:10:39 (37.6%)	5:39	10.6 (62.4%)
80	HILDEBRANDT Maciej	204		Cywile Mężczyźni	52	00:28:14.25	00:28:24.15	+00:10:41 (37.7%)	5:39	10.6 (62.4%)
81	RZEMIEŃEWSKI Piotr	129		Mundurowi Mężczyźni	14	00:28:15.00	00:28:25.05	+00:10:42 (37.7%)	5:39	10.6 (62.4%)
82	POLAKÓW Sławomir	111		Mundurowi Mężczyźni	15	00:28:24.05	00:28:29.50	+00:10:47 (37.9%)	5:40	10.6 (62.4%)
83	MICHNIEWICZ Małgorzata	82		Mundurowi Kobiety	3	00:28:33.95	00:28:36.60	+00:10:54 (38.1%)	5:42	10.5 (61.8%)
84	RADECKI Michał	120		Mundurowi Mężczyźni	16	00:28:21.05	00:28:37.60	+00:10:55 (38.2%)	5:40	10.6 (62.4%)
85	JAGIELSKA Patrycja	31		Cywile Kobiety	14	00:28:44.45	00:28:53.75	+00:11:11 (38.7%)	5:44	10.4 (61.2%)
86	JULLY Arkadiusz	35		Cywile Mężczyźni	53	00:28:39.10	00:28:56.05	+00:11:13 (38.8%)	5:44	10.5 (61.8%)
87	FOJUCIK Przemysław	22		Cywile Mężczyźni	54	00:28:43.65	00:29:06.20	+00:11:24 (39.2%)	5:44	10.4 (61.2%)
88	ŁOJEWSKI Jakub	251		Cywile Mężczyźni	55	00:29:10.00	00:29:10.00	+00:11:27 (39.3%)	5:50	10.3 (60.6%)
89	ŁOJEWSKI Mariusz	76		Mundurowi Mężczyźni	17	00:29:17.50	00:29:20.20	+00:11:38 (39.7%)	5:51	10.2 (60.0%)
90	ŚWIATOWY Ryszard	154		Cywile Mężczyźni	56	00:29:15.60	00:29:20.50	+00:11:38 (39.7%)	5:51	10.3 (60.6%)
91	KAMIŃSKA Magdalena	39		Cywile Kobiety	15	00:29:17.05	00:29:25.45	+00:11:43 (39.8%)	5:51	10.2 (60.0%)
92	GRACZKOWSKA Mirosława	256		Cywile Kobiety	16	00:29:25.75	00:29:33.85	+00:11:51 (40.1%)	5:53	10.2 (60.0%)
93	DYWICKA Karolina	20		Cywile Kobiety	17	00:29:23.10	00:29:34.05	+00:11:51 (40.1%)	5:52	10.2 (60.0%)
94	JUSZCZAK Jacek	36		Cywile Mężczyźni	57	00:29:33.85	00:29:36.20	+00:11:54 (40.2%)	5:54	10.1 (59.4%)
95	BYCZKOWSKI Zenon	8		Mundurowi Mężczyźni	18	00:29:27.85	00:29:38.20	+00:11:56 (40.3%)	5:53	10.2 (60.0%)
96	ROGUSZCZAK Maciej	249		Cywile Mężczyźni	58	00:29:36.75	00:29:43.75	+00:12:01 (40.5%)	5:55	10.1 (59.4%)
97	SCHAB-DROŹDŹYŃSKA Joanna	132		Cywile Kobiety	18	00:29:37.15	00:29:49.10	+00:12:06 (40.6%)	5:55	10.1 (59.4%)
98	MAISON Magdalena	77		Cywile Kobiety	19	00:29:38.30	00:29:49.35	+00:12:07 (40.6%)	5:55	10.1 (59.4%)
99	GROT Monika	28		Cywile Kobiety	20	00:29:42.10	00:29:57.05	+00:12:14 (40.9%)	5:56	10.1 (59.4%)
100	KROLL Mateusz	56		Mundurowi Mężczyźni	19	00:29:45.50	00:30:02.15	+00:12:19 (41.1%)	5:57	10.1 (59.4%)
101	HORABIK Tomasz	30		Cywile Mężczyźni	59	00:30:03.95	00:30:10.40	+00:12:28 (41.3%)	6:00	10 (58.8%)
102	KACZMAREK Agnieszka	260		Cywile Kobiety	21	00:30:09.85	00:30:13.20	+00:12:31 (41.4%)	6:02	9.9 (58.2%)
103	SAJDA Tomasz	130		Cywile Mężczyźni	60	00:30:01.60	00:30:16.15	+00:12:33 (41.5%)	6:00	10 (58.8%)
104	RADKIEWICZ Eugeniusz	122		Cywile Mężczyźni	61	00:30:15.35	00:30:20.10	+00:12:37 (41.6%)	6:03	9.9 (58.2%)
104	RADKIEWICZ Oskar	203		Cywile Mężczyźni	61	00:30:16.80	00:30:20.10	+00:12:37 (41.6%)	6:03	9.9 (58.2%)
106	RADKIEWICZ Beata	121		Cywile Kobiety	22	00:30:16.20	00:30:20.15	+00:12:37 (41.6%)	6:03	9.9 (58.2%)
107	WOLSKI Michał	172		Mundurowi Mężczyźni	20	00:30:08.95	00:30:24.45	+00:12:42 (41.8%)	6:01	10 (58.8%)
108	WIWATOWSKA Lena	169		Cywile Kobiety	23	00:30:21.70	00:30:25.80	+00:12:43 (41.8%)	6:04	9.9 (58.2%)
109	NOWAK Mariola	93		Cywile Kobiety	24	00:30:20.10	00:30:27.95	+00:12:45 (41.9%)	6:04	9.9 (58.2%)
110	PAWŁOWSKA Marta	104		Cywile Kobiety	25	00:30:26.20	00:30:31.85	+00:12:49 (42.0%)	6:05	9.9 (58.2%)
111	KOLIŃSKA Joanna	226		Cywile Kobiety	26	00:30:25.55	00:30:32.85	+00:12:50 (42.0%)	6:05	9.9 (58.2%)
112	MARUT Joanna	80		Cywile Kobiety	27	00:30:29.40	00:30:39.35	+00:12:57 (42.3%)	6:06	9.8 (57.6%)
113	KUBIAK Tomasz	208		Cywile Mężczyźni	63	00:30:34.10	00:30:42.80	+00:13:00 (42.4%)	6:06	9.8 (57.6%)
114	KUBIAK Anita	209		Cywile Kobiety	28	00:30:33.70	00:30:42.90	+00:13:00 (42.4%)	6:06	9.8 (57.6%)
115	GRABOWSKA Monika	220		Cywile Kobiety	29	00:30:58.80	00:31:01.05	+00:13:18 (42.9%)	6:11	9.7 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
116	SZPAKOWSKI Dariusz	148	Mundurowi Mężczyźni		21	00:31:01.35	00:31:03.50	+00:13:21 (43.0%)	6:12	9.7 (57.1%)
117	LEWANDOWSKI Michał	74	Cywile Mężczyźni		64	00:31:05.00	00:31:18.30	+00:13:36 (43.4%)	6:13	9.7 (57.1%)
118	WASIŁEK Patryk	187	Cywile Mężczyźni		65	00:31:19.80	00:31:36.20	+00:13:54 (44.0%)	6:16	9.6 (56.5%)
119	KOWALSKI Krystian	54	Cywile Mężczyźni		66	00:31:22.90	00:31:41.55	+00:13:59 (44.1%)	6:16	9.6 (56.5%)
120	NUSZKIEWICZ Jarosław	95	Cywile Mężczyźni		67	00:31:36.45	00:31:42.10	+00:13:59 (44.2%)	6:19	9.5 (55.9%)
121	MAZUR Dominika	221	Cywile Kobiety		30	00:31:26.10	00:31:44.60	+00:14:02 (44.2%)	6:17	9.5 (55.9%)
122	KAISER Michał	194	Mundurowi Mężczyźni		22	00:31:44.25	00:31:48.65	+00:14:06 (44.3%)	6:20	9.5 (55.9%)
123	SOLIŃSKA Monika	140	Cywile Kobiety		31	00:31:40.80	00:31:50.30	+00:14:08 (44.4%)	6:20	9.5 (55.9%)
124	KASZOWICZ Marek	40	Mundurowi Mężczyźni		23	00:31:40.85	00:31:51.35	+00:14:09 (44.4%)	6:20	9.5 (55.9%)
125	MRÓZ Mateusz	87	Cywile Mężczyźni		68	00:31:51.65	00:31:57.30	+00:14:15 (44.6%)	6:22	9.4 (55.3%)
126	KUDŁA Monika	65	Cywile Kobiety		32	00:32:07.70	00:32:17.50	+00:14:35 (45.2%)	6:25	9.3 (54.7%)
127	PIONTEK Elżbieta	105	Cywile Kobiety		33	00:32:05.20	00:32:17.55	+00:14:35 (45.2%)	6:25	9.4 (55.3%)
128	LATO Ela	71	Cywile Kobiety		34	00:32:33.10	00:32:39.25	+00:14:57 (45.8%)	6:30	9.2 (54.1%)
129	KOŚCIELAK Michał	52	Mundurowi Mężczyźni		24	00:32:22.70	00:32:39.35	+00:14:57 (45.8%)	6:28	9.3 (54.7%)
130	TACIKOWSKI Jakub	156	Mundurowi Mężczyźni		25	00:32:32.60	00:32:46.80	+00:15:04 (46.0%)	6:30	9.2 (54.1%)
131	OKRASKA Aleksandra	97	Cywile Kobiety		35	00:32:38.65	00:32:47.95	+00:15:05 (46.0%)	6:31	9.2 (54.1%)
132	BOGUSLAWSKA Monika	6	Cywile Kobiety		36	00:32:47.75	00:32:56.60	+00:15:14 (46.3%)	6:33	9.1 (53.5%)
133	GÓRSKI Szymon	269	Cywile Mężczyźni		69	00:32:44.65	00:32:59.55	+00:15:17 (46.3%)	6:33	9.2 (54.1%)
134	WOSZCZYŃSKI Piotr	173	Cywile Mężczyźni		70	00:32:45.55	00:32:59.65	+00:15:17 (46.3%)	6:33	9.2 (54.1%)
135	RÓG Robert	125	Cywile Mężczyźni		71	00:32:54.95	00:33:08.55	+00:15:26 (46.6%)	6:35	9.1 (53.5%)
136	STACHÓLEC Adela	142	Cywile Kobiety		37	00:33:08.05	00:33:09.80	+00:15:27 (46.6%)	6:37	9.1 (53.5%)
137	KOTLAREK Weronika	206	Cywile Kobiety		38	00:33:15.10	00:33:16.45	+00:15:34 (46.8%)	6:39	9 (52.9%)
137	KOTLAREK Adam	205	Cywile Mężczyźni		72	00:33:15.20	00:33:16.45	+00:15:34 (46.8%)	6:39	9 (52.9%)
139	DOBRAK Magdalena	15	Cywile Kobiety		39	00:33:03.50	00:33:17.70	+00:15:35 (46.8%)	6:36	9.1 (53.5%)
140	KURZEWSKA Emilia	68	Cywile Kobiety		40	00:33:22.70	00:33:33.75	+00:15:51 (47.3%)	6:40	9 (52.9%)
141	STACHOWIAK Aleksandra	141	Cywile Kobiety		41	00:33:21.55	00:33:33.90	+00:15:51 (47.3%)	6:40	9 (52.9%)
142	MAZUR Marta	81	Cywile Kobiety		42	00:33:41.25	00:33:41.25	+00:15:59 (47.4%)	6:44	8.9 (52.4%)
143	KOWALSKI Mateusz	55	Cywile Mężczyźni		73	00:33:22.55	00:33:41.85	+00:15:59 (47.5%)	6:40	9 (52.9%)
144	MICHTA Iwona	83	Cywile Kobiety		43	00:33:34.50	00:33:47.05	+00:16:04 (47.6%)	6:43	8.9 (52.4%)
145	NOWAKOWSKA Patrycja	94	Cywile Kobiety		44	00:34:00.80	00:34:03.05	+00:16:20 (48.0%)	6:48	8.8 (51.8%)
146	KAMECKA Agnieszka	246	Cywile Kobiety		45	00:34:01.85	00:34:07.25	+00:16:25 (48.1%)	6:48	8.8 (51.8%)
147	MUCHA Agnieszka	88	Cywile Kobiety		46	00:34:13.55	00:34:18.05	+00:16:35 (48.4%)	6:50	8.8 (51.8%)
148	NOWACKA Katarzyna	91	Cywile Kobiety		47	00:34:18.60	00:34:36.00	+00:16:53 (48.8%)	6:51	8.7 (51.2%)
149	PAWLAK Maciej	103	Cywile Mężczyźni		74	00:34:40.50	00:34:52.35	+00:17:10 (49.2%)	6:56	8.6 (50.6%)
150	MARLEWSKA Katarzyna	202	Cywile Kobiety		48	00:34:53.90	00:35:04.25	+00:17:22 (49.5%)	6:58	8.6 (50.6%)
151	TURZYŃSKA Ela	163	Cywile Kobiety		49	00:34:59.70	00:35:08.10	+00:17:25 (49.6%)	7:00	8.6 (50.6%)
152	ŚWIATOWA Joanna	153	Cywile Kobiety		50	00:35:03.00	00:35:08.15	+00:17:25 (49.6%)	7:00	8.6 (50.6%)
153	PRZYBYŁA Agnieszka	116	Cywile Kobiety		51	00:35:00.20	00:35:08.40	+00:17:26 (49.6%)	7:00	8.6 (50.6%)
154	ŻMUDA-TRZEBIATOWSKA Karolina	266	Cywile Kobiety		52	00:34:58.15	00:35:11.25	+00:17:29 (49.7%)	6:59	8.6 (50.6%)
155	FISHER Karolina	234	Cywile Kobiety		53	00:35:03.85	00:35:11.30	+00:17:29 (49.7%)	7:00	8.6 (50.6%)
155	TRAJDER Anna	219	Cywile Kobiety		53	00:34:58.30	00:35:11.30	+00:17:29 (49.7%)	6:59	8.6 (50.6%)
157	SKIBIŃSKA Paulina	133	Cywile Kobiety		55	00:35:17.30	00:35:23.35	+00:17:41 (50.0%)	7:03	8.5 (50.0%)
158	CZARNECKI Marek	11	Mundurowi Mężczyźni		26	00:35:18.70	00:35:23.80	+00:17:41 (50.0%)	7:03	8.5 (50.0%)
159	PRACA Joanna	113	Cywile Kobiety		56	00:35:24.45	00:35:35.60	+00:17:53 (50.3%)	7:04	8.5 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
160	TEWS Marzena	157	Cywile Kobiety		57	00:35:24.50	00:35:35.65	+00:17:53 (50.3%)	7:04	8.5 (50.0%)
161	TRAJDER Agnieszka	162	Cywile Kobiety		58	00:35:58.95	00:36:11.30	+00:18:29 (51.1%)	7:11	8.3 (48.8%)
161	TRAJDER Paweł	161	Cywile Mężczyźni		75	00:35:58.80	00:36:11.30	+00:18:29 (51.1%)	7:11	8.3 (48.8%)
163	SUBERLAK Marek	212	Cywile Mężczyźni		76	00:35:57.80	00:36:11.70	+00:18:29 (51.1%)	7:11	8.3 (48.8%)
164	PLEWIŃSKI Michał	185	Cywile Mężczyźni		77	00:36:06.10	00:36:16.20	+00:18:34 (51.2%)	7:13	8.3 (48.8%)
165	ŁYK-PLEWIŃSKA Magdalena	184	Cywile Kobiety		59	00:36:05.60	00:36:16.25	+00:18:34 (51.2%)	7:13	8.3 (48.8%)
166	BON-PROCH Agnieszka	193	Mundurowi Kobiety		4	00:36:13.80	00:36:17.45	+00:18:35 (51.2%)	7:14	8.3 (48.8%)
167	KUJAWA Grzegorz	190	Mundurowi Mężczyźni		27	00:36:14.50	00:36:17.55	+00:18:35 (51.2%)	7:14	8.3 (48.8%)
168	RASSMUS Joanna	123	Cywile Kobiety		60	00:36:13.75	00:36:21.90	+00:18:39 (51.3%)	7:14	8.3 (48.8%)
169	KUJAWKA Donata	196	Cywile Kobiety		61	00:36:17.40	00:36:22.00	+00:18:39 (51.3%)	7:15	8.3 (48.8%)
170	MUCHA Michał	89	Cywile Mężczyźni		78	00:36:13.95	00:36:22.35	+00:18:40 (51.3%)	7:14	8.3 (48.8%)
171	MASTALER Michał	192	Mundurowi Mężczyźni		28	00:36:57.40	00:37:00.95	+00:19:18 (52.2%)	7:23	8.1 (47.6%)
172	KUFEL Łukasz	191	Mundurowi Mężczyźni		29	00:36:58.20	00:37:01.15	+00:19:18 (52.2%)	7:23	8.1 (47.6%)
173	KSIĄŻKIEWICZ Katarzyna	64	Cywile Kobiety		62	00:36:50.00	00:37:05.15	+00:19:22 (52.3%)	7:22	8.1 (47.6%)
174	KAMECKI Sebastian	247	Cywile Mężczyźni		79	00:37:00.55	00:37:06.40	+00:19:24 (52.3%)	7:24	8.1 (47.6%)
175	CZUCZEJKO Jolanta	12	Cywile Kobiety		63	00:37:08.60	00:37:22.20	+00:19:40 (52.6%)	7:25	8.1 (47.6%)
176	WOŹNIAK Alina	174	Cywile Kobiety		64	00:37:08.75	00:37:22.35	+00:19:40 (52.6%)	7:25	8.1 (47.6%)
177	MRÓWCZYŃSKI Michał	235	Cywile Mężczyźni		80	00:37:23.50	00:37:30.95	+00:19:48 (52.8%)	7:28	8 (47.1%)
178	GOLA Grzegorz	25	Cywile Mężczyźni		81	00:37:14.80	00:37:32.45	+00:19:50 (52.8%)	7:27	8.1 (47.6%)
179	ZIENKIEWICZ Oskar	181	Cywile Mężczyźni		82	00:37:47.00	00:37:47.00	+00:20:04 (53.1%)	7:33	7.9 (46.5%)
180	WIECZOREK Krzysztof	258	Cywile Mężczyźni		83	00:37:44.60	00:37:56.05	+00:20:13 (53.3%)	7:33	7.9 (46.5%)
181	GIL Wojciech	24	Nordic Walking Mężczyźni		1	00:37:36.15	00:37:58.00	+00:20:15 (53.4%)	7:31	8 (47.1%)
182	NOWACKA Agnieszka	90	Cywile Kobiety		65	00:38:14.35	00:38:28.25	+00:20:46 (54.0%)	7:39	7.8 (45.9%)
183	NOWACKI Rafał	92	Cywile Mężczyźni		84	00:38:15.55	00:38:28.70	+00:20:46 (54.0%)	7:39	7.8 (45.9%)
184	KRZYŻANOWSKI Wojciech	63	Nordic Walking Mężczyźni		2	00:38:09.65	00:38:30.60	+00:20:48 (54.0%)	7:38	7.9 (46.5%)
185	MIGDAŁSKA Justyna	84	Cywile Kobiety		66	00:38:33.45	00:38:39.40	+00:20:57 (54.2%)	7:42	7.8 (45.9%)
186	KEMPA Marek	42	Nordic Walking Mężczyźni		3	00:38:06.40	00:38:40.80	+00:20:58 (54.2%)	7:37	7.9 (46.5%)
187	KUJAWKA Krzysztof	195	Cywile Mężczyźni		85	00:39:07.80	00:39:11.65	+00:21:29 (54.8%)	7:49	7.7 (45.3%)
188	MROZIK Aleksandra	227	Nordic Walking Kobiety		1	00:39:11.85	00:39:31.85	+00:21:49 (55.2%)	7:50	7.7 (45.3%)
189	WILCZARSKA-SZAFARCZYK Danuta	167	Cywile Kobiety		67	00:39:29.85	00:39:37.40	+00:21:55 (55.3%)	7:54	7.6 (44.7%)
190	DOLSKA Edyta	261	Cywile Kobiety		68	00:39:25.95	00:39:38.15	+00:21:55 (55.3%)	7:53	7.6 (44.7%)
191	WASIŁEK Lidia	186	Cywile Kobiety		69	00:40:27.90	00:40:44.65	+00:23:02 (56.6%)	8:05	7.4 (43.5%)
192	KWASIŃSKI Michał	70	Nordic Walking Mężczyźni		4	00:40:45.95	00:41:18.65	+00:23:36 (57.1%)	8:09	7.4 (43.5%)
193	KRZEMIŃSKI Waldemar	60	Nordic Walking Mężczyźni		5	00:41:10.25	00:41:37.45	+00:23:55 (57.5%)	8:14	7.3 (42.9%)
194	JAROĆ Krzysztof	34	Nordic Walking Mężczyźni		6	00:41:21.00	00:41:44.80	+00:24:02 (57.6%)	8:16	7.3 (42.9%)
195	KEMPA Beata	41	Nordic Walking Kobiety		2	00:41:24.85	00:42:00.80	+00:24:18 (57.9%)	8:17	7.2 (42.4%)
196	JANIK Anna	199	Nordic Walking Kobiety		3	00:41:37.25	00:42:20.25	+00:24:38 (58.2%)	8:19	7.2 (42.4%)
197	WÓJCIK Magdalena	175	Cywile Kobiety		70	00:42:57.55	00:43:06.45	+00:25:24 (58.9%)	8:35	7 (41.2%)
198	ŁUKASZEWSKI Jacek	210	Nordic Walking Mężczyźni		7	00:43:31.00	00:44:09.05	+00:26:26 (59.9%)	8:42	6.9 (40.6%)
199	FAC Julian	158	Nordic Walking Mężczyźni		8	00:43:24.80	00:44:31.05	+00:26:48 (60.2%)	8:41	6.9 (40.6%)
200	LEWANDOWSKA Alicja	73	Cywile Kobiety		71	00:44:15.30	00:44:31.25	+00:26:49 (60.2%)	8:51	6.8 (40.0%)
201	HERMANN Monika	29	Mundurowi Kobiety		5	00:44:17.80	00:44:32.45	+00:26:50 (60.3%)	8:51	6.8 (40.0%)
202	KNIOŁA Justyna	45	Cywile Kobiety		72	00:44:16.80	00:44:32.60	+00:26:50 (60.3%)	8:51	6.8 (40.0%)
203	ZYBURA Agnieszka	182	Cywile Kobiety		73	00:44:25.85	00:44:34.55	+00:26:52 (60.3%)	8:53	6.8 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
204	OSOSKO Irena	102	Cywile Kobiety		74	00:44:21.50	00:44:34.60	+00:26:52 (60.3%)	8:52	6.8 (40.0%)
205	GIL Agnieszka	238	Nordic Walking Kobiety		4	00:44:13.20	00:44:34.75	+00:26:52 (60.3%)	8:50	6.8 (40.0%)
206	KRZEMINSKA Katarzyna	59	Nordic Walking Kobiety		5	00:44:10.25	00:44:35.65	+00:26:53 (60.3%)	8:50	6.8 (40.0%)
207	ROTECKA Katarzyna	200	Cywile Kobiety		75	00:44:25.45	00:44:35.80	+00:26:53 (60.3%)	8:53	6.8 (40.0%)
208	RAMIAN Edyta	273	Nordic Walking Kobiety		6	00:43:06.80	00:44:36.35	+00:26:54 (60.3%)	8:37	7 (41.2%)
209	PRZYWITOWSKI Dariusz	117	Nordic Walking Mężczyźni		9	00:44:25.70	00:44:38.40	+00:26:56 (60.3%)	8:53	6.8 (40.0%)
210	MARCINIAK Jolanta	225	Nordic Walking Kobiety		7	00:44:38.65	00:45:00.80	+00:27:18 (60.7%)	8:55	6.7 (39.4%)
211	VASSILOVSKA Edyta	224	Nordic Walking Kobiety		8	00:44:38.95	00:45:01.00	+00:27:18 (60.7%)	8:55	6.7 (39.4%)
212	TOMCZYŃSKA Dorota	159	Nordic Walking Kobiety		9	00:45:10.75	00:45:42.60	+00:28:00 (61.3%)	9:02	6.6 (38.8%)
213	TOMCZYŃSKI Marcin	160	Nordic Walking Mężczyźni		10	00:45:12.40	00:45:43.20	+00:28:01 (61.3%)	9:02	6.6 (38.8%)
214	DYMARKOWSKI Przemysław	218	Nordic Walking Mężczyźni		11	00:46:11.05	00:46:46.85	+00:29:04 (62.2%)	9:14	6.5 (38.2%)
215	FAC Barbara	21	Nordic Walking Kobiety		10	00:46:12.50	00:47:17.35	+00:29:35 (62.6%)	9:14	6.5 (38.2%)
216	KRAWIEC Beata	271	Cywile Kobiety		76	00:47:19.40	00:47:39.45	+00:29:57 (62.9%)	9:27	6.3 (37.1%)
217	DYMARKOWSKA Katarzyna	217	Nordic Walking Kobiety		11	00:47:34.05	00:48:02.70	+00:30:20 (63.2%)	9:30	6.3 (37.1%)
218	OLSZEWSKI Tomasz	101	Nordic Walking Mężczyźni		12	00:47:35.20	00:48:03.50	+00:30:21 (63.2%)	9:31	6.3 (37.1%)
219	OLSZEWSKA01 Marta	100	Cywile Kobiety		77	00:47:42.60	00:48:13.90	+00:30:31 (63.3%)	9:32	6.3 (37.1%)
220	PATER Jarek	211	Nordic Walking Mężczyźni		13	00:47:44.20	00:48:15.75	+00:30:33 (63.3%)	9:32	6.3 (37.1%)
221	TOTA Patrycja	223	Nordic Walking Kobiety		12	00:48:20.55	00:48:44.55	+00:31:02 (63.7%)	9:40	6.2 (36.5%)
222	RACINOWSKA Anna	222	Nordic Walking Kobiety		13	00:48:22.15	00:48:44.60	+00:31:02 (63.7%)	9:40	6.2 (36.5%)
223	PIELIŃSKA Joanna	231	Cywile Kobiety		78	00:48:35.40	00:48:46.95	+00:31:04 (63.7%)	9:43	6.2 (36.5%)
224	PIELIŃSKA Teresa	232	Cywile Kobiety		79	00:48:58.00	00:48:58.00	+00:31:15 (63.8%)	9:47	6.1 (35.9%)
225	ZIELIŃSKA Dorota	213	Nordic Walking Kobiety		14	00:49:16.25	00:49:40.30	+00:31:58 (64.4%)	9:51	6.1 (35.9%)
226	ŁAPIŃSKI Marek	214	Nordic Walking Mężczyźni		14	00:49:19.40	00:49:40.40	+00:31:58 (64.4%)	9:51	6.1 (35.9%)
227	KACZMAREK Marta	37	Nordic Walking Kobiety		15	00:50:23.60	00:50:53.25	+00:33:11 (65.2%)	10:04	6 (35.3%)
228	KACZMAREK Dominika	38	Nordic Walking Kobiety		16	00:50:23.80	00:50:53.90	+00:33:11 (65.2%)	10:04	6 (35.3%)
229	RUMMEL Janina	127	Nordic Walking Kobiety		17	00:50:28.05	00:51:04.75	+00:33:22 (65.3%)	10:05	5.9 (34.7%)
230	RUMMEL Mieczysław	128	Nordic Walking Mężczyźni		15	00:50:50.45	00:51:27.40	+00:33:45 (65.6%)	10:10	5.9 (34.7%)
231	BINKOWSKI Marcin	2	Cywile Mężczyźni		86	00:53:22.20	00:53:22.20	+00:35:40 (66.8%)	10:40	5.6 (32.9%)
232	BINKOWSKA Natalia	1	Cywile Kobiety		80	00:53:22.45	00:53:22.45	+00:35:40 (66.8%)	10:40	5.6 (32.9%)
233	PRZYBYŁA Tomasz	240	Nordic Walking Mężczyźni		16	00:53:35.20	00:54:07.85	+00:36:25 (67.3%)	10:43	5.6 (32.9%)
234	WOJTACKA Roksana	171	Nordic Walking Kobiety		18	00:53:28.25	00:54:07.90	+00:36:25 (67.3%)	10:41	5.6 (32.9%)
235	BUDZIAK Ela	7	Nordic Walking Kobiety		19	00:53:37.15	00:54:07.95	+00:36:25 (67.3%)	10:43	5.6 (32.9%)
236	GARCZYŃSKA Magdalena	23	Nordic Walking Kobiety		20	00:53:28.50	00:54:08.85	+00:36:26 (67.3%)	10:41	5.6 (32.9%)
236	BŁASZKIEWICZ Izabela	3	Nordic Walking Kobiety		20	00:53:27.05	00:54:08.85	+00:36:26 (67.3%)	10:41	5.6 (32.9%)

Znaleziono 237 wynik(ów)