



# BIEG CISOWYM SZLAKIEM

B4SPORT

**Wydarzenie:** Bieg Cisowym Szlakiem  
**Organizator:** Fundacja Małopolska Biega  
**Data:** 2022-09-17  
**Miejsce:** Mogilno  
**Dystans:** 12.5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 12.5km	Czas brutto 12.5km	Różn	Tempo min/km	Tempo km/h
1	DUDCZAK Michał	7	BUFF/ THE NORTH FACE				00:57:46.00	00:57:46.00		4:37	13 (100%)
2	TARASEK Wojciech	34	#ANDRZEJDLUGOSZTEAM / ELMENO.PL				00:58:17.00	00:58:17.00	+00:00:31 (0.9%)	4:39	12.9 (99.2%)
3	KUCA Kacper	19	UNTS WARSZAWA				01:03:04.00	01:03:04.00	+00:05:18 (8.4%)	5:02	11.9 (91.5%)
4	DUDZIK Łukasz	8	GÓRAL BIEGA RMT				01:03:11.00	01:03:11.00	+00:05:25 (8.6%)	5:03	11.9 (91.5%)
5	SZKARADEK Mariusz	39				00:02:00	01:04:28.00	01:04:28.00	+00:06:42 (10.4%)	4:59	12 (92.3%)
6	CIEPIELA Patryk	4	NOWA HUTA TEAM				01:12:32.00	01:12:32.00	+00:14:46 (20.4%)	5:48	10.3 (79.2%)
7	SZCZECINA Sławek	31					01:17:12.00	01:17:12.00	+00:19:26 (25.2%)	6:10	9.7 (74.6%)
8	BAJDA Artur	1	E-SPORT KLĘCZANY				01:18:06.00	01:18:06.00	+00:20:20 (26.0%)	6:14	9.6 (73.8%)
9	OPIOŁA Adam	40					01:18:17.00	01:18:17.00	+00:20:31 (26.2%)	6:15	9.6 (73.8%)
10	RZEMIŃSKI Jacek	30					01:20:27.00	01:20:27.00	+00:22:41 (28.2%)	6:26	9.3 (71.5%)
11	BIENIECKA Anna	37					01:21:03.00	01:21:03.00	+00:23:17 (28.7%)	6:29	9.3 (71.5%)
12	OBRZUT Tomasz	25					01:24:09.00	01:24:09.00	+00:26:23 (31.4%)	6:43	8.9 (68.5%)
13	NALEPA Paweł	24	CHILLOUT CREW				01:27:47.00	01:27:47.00	+00:30:01 (34.2%)	7:01	8.5 (65.4%)
14	KACZMARCZYK Marta	14					01:30:19.00	01:30:19.00	+00:32:33 (36.0%)	7:13	8.3 (63.8%)
15	ŁOPUCH Robert	21					01:31:13.00	01:31:13.00	+00:33:27 (36.7%)	7:17	8.2 (63.1%)
16	CIASTOŃ Artur	3	KS JEDNOŚĆ NOWY SĄCZ				01:31:27.00	01:31:27.00	+00:33:41 (36.8%)	7:18	8.2 (63.1%)
17	DRABIK - SŁOMKA Małgorzata	6	#ADAMCZERWIŃSKITEAM				01:31:59.00	01:31:59.00	+00:34:13 (37.2%)	7:21	8.2 (63.1%)
18	KOLONKO Łukasz	17					01:37:50.00	01:37:50.00	+00:40:04 (41.0%)	7:49	7.7 (59.2%)
19	MARSZAŁEK Darek	23	MCP TEAM				01:38:27.00	01:38:27.00	+00:40:41 (41.3%)	7:52	7.6 (58.5%)
20	KONOPKA Krystian	18					01:38:30.00	01:38:30.00	+00:40:44 (41.4%)	7:52	7.6 (58.5%)
21	GRYBOŚ Zbigniew	13					01:42:02.00	01:42:02.00	+00:44:16 (43.4%)	8:09	7.4 (56.9%)
22	SZPURA Kamila	33	NOWA HUTA TEAM				01:42:09.00	01:42:09.00	+00:44:23 (43.4%)	8:10	7.3 (56.2%)
23	JÓZEFIAK Jakub	38					01:42:11.00	01:42:11.00	+00:44:25 (43.5%)	8:10	7.3 (56.2%)
24	MARSZAŁEK Mariola	22	MCP TEAM				01:43:45.00	01:43:45.00	+00:45:59 (44.3%)	8:18	7.2 (55.4%)
25	ORŁOWSKA Aleksandra	27					01:51:01.00	01:51:01.00	+00:53:15 (48.0%)	8:52	6.8 (52.3%)
26	OLESIAK Beata	26					01:55:48.00	01:55:48.00	+00:58:02 (50.1%)	9:15	6.5 (50.0%)
27	POPIELA Mariusz	29	HOŚPOBIEGAĆ				01:59:19.00	01:59:19.00	+01:01:33 (51.6%)	9:32	6.3 (48.5%)

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28	<b>SZPAK Zyta</b>	<b>32</b>					<b>02:16:33.00</b>	<b>02:16:33.00</b>	+01:18:47 (57.7%)	10:55	5.5 (42.3%)
29	<b>KOCYŁA Marzena</b>	<b>16</b>					<b>02:28:23.00</b>	<b>02:28:23.00</b>	+01:30:37 (61.1%)	11:52	5.1 (39.2%)
30	<b>DERWISZ Justyna</b>	<b>5</b>	NIEZRZESZONA				<b>02:57:49.00</b>	<b>02:57:49.00</b>	+02:00:03 (67.5%)	14:13	4.2 (32.3%)

Znaleziono 30 wynik(ów)