



Bieg gen.
J.H. Dąbrowskiego

Organizator:
Data:
Miejsce:
Dystans:

Nasze Białe Błota
2016-10-01
Zielonka
10 km

BIEG DĄBROWSKIEGO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	138	SPÓJNIA BIAŁE BŁOTA	M 30-39	1	SPÓJNIA BIAŁE BŁOTA	1	00:35:20.80	00:35:24.60		3:32	17 (100%)
2	LUTOWSKI Wojciech	156	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	2			00:36:24.70	00:36:27.00	+00:01:02 (2.9%)	3:38	16.5 (97.1%)
3	BEDNARCZYK Adrian	10	RUN PASJA	M 30-39	3	ZK Fordon	1	00:36:55.25	00:36:57.50	+00:01:32 (4.2%)	3:41	16.3 (95.9%)
4	KLEMAŃSKI Marcin	111	THE RUNNERS ŚWIECIE / KP PSP ŚWIECIE	M 30-39	4			00:37:28.05	00:37:31.45	+00:02:06 (5.6%)	3:44	16 (94.1%)
5	KOLMAJER Rafał	118	RUN BYDGOSZCZ	M 30-39	5	RUN BYDGOSZCZ		00:38:05.50	00:38:08.65	+00:02:44 (7.2%)	3:48	15.8 (92.9%)
6	SENGER Michał	229	PAŁUKI RUNNING TEAM	M 30-39	6			00:38:21.00	00:38:25.05	+00:03:00 (7.8%)	3:50	15.6 (91.8%)
7	ŁAZ Kamil	161	RUN BYDGOSZCZ	M 30-39	7	RUN BYDGOSZCZ		00:38:30.15	00:38:33.30	+00:03:08 (8.2%)	3:51	15.6 (91.8%)
8	KRYSKE Mariusz	137	SPÓJNIA BIAŁE BŁOTA	M 30-39	8	SPÓJNIA BIAŁE BŁOTA		00:39:16.00	00:39:19.00	+00:03:54 (9.9%)	3:55	15.3 (90.0%)
9	PRZYBYLSKI Krzysztof	216		M 30-39	9			00:39:42.45	00:39:45.50	+00:04:20 (10.9%)	3:58	15.1 (88.8%)
10	ZACHMYC Damian	291		M 30-39	10			00:40:09.35	00:40:12.95	+00:04:48 (12.0%)	4:00	14.9 (87.6%)
11	KUBACKI Bartosz	140		M 30-39	11	Primigenius		00:40:53.90	00:41:01.00	+00:05:36 (13.7%)	4:05	14.7 (86.5%)
12	ŁĄCZNY Jarosław	31		M 30-39	12	FŚGK		00:41:04.30	00:41:07.35	+00:05:42 (13.9%)	4:06	14.6 (85.9%)
13	KUŁAKOWSKI Krzysztof	145	RUN PASJA	M 30-39	13	Run Pasja		00:41:09.95	00:41:14.80	+00:05:50 (14.2%)	4:07	14.6 (85.9%)
14	TOMCZYŃSKI Bartosz	262	RUN PASJA BYDGOSZCZ	M 30-39	14	Run Pasja		00:42:04.25	00:42:09.20	+00:06:44 (16.0%)	4:12	14.3 (84.1%)
15	BORUCH Łukasz	21		M 30-39	15			00:42:45.90	00:42:54.05	+00:07:29 (17.5%)	4:16	14 (82.4%)
16	SZOPINSKI Rafał	247		M 30-39	16			00:43:10.30	00:43:19.60	+00:07:55 (18.3%)	4:19	13.9 (81.8%)

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17	KOWALSKI Jacek	126		M 30-39	17			00:44:01.30	00:44:07.35	+00:08:42 (19.7%)	4:24	13.6 (80.0%)
18	MICHALIK Łukasz	175	BRZOZA BIEGA	M 30-39	18			00:44:03.75	00:44:07.90	+00:08:43 (19.8%)	4:24	13.6 (80.0%)
19	KOZIŃSKI Marek	129	RUN BYDGOSZCZ	M 30-39	19			00:44:22.20	00:44:27.80	+00:09:03 (20.4%)	4:26	13.5 (79.4%)
20	KARWACKI Pawel	103	TRISPACE	M 30-39	20			00:44:58.20	00:45:02.70	+00:09:38 (21.4%)	4:29	13.3 (78.2%)
21	KOWALSKI Krzysztof	125	KK KRUSZYN KRAJEŃSKI	M 30-39	21	KK Kruszyn Krajeński		00:45:10.50	00:45:17.10	+00:09:52 (21.8%)	4:31	13.3 (78.2%)
22	GZYL Mikolaj	72	JANUSZE TRIATHLONU EXODUS TEAM	M 30-39	22			00:45:24.50	00:45:40.95	+00:10:16 (22.5%)	4:32	13.2 (77.6%)
23	KACICKI Piotr	90	KACICKI TEAM	M 30-39	23			00:45:36.70	00:45:44.50	+00:10:19 (22.6%)	4:33	13.2 (77.6%)
24	BOBROWSKI Marcin	18	KK KRUSZYN KRAJEŃSKI	M 30-39	24	KK Kruszyn Krajeński		00:45:37.90	00:45:45.10	+00:10:20 (22.6%)	4:33	13.1 (77.1%)
25	NOWAK Rafał	191	SPÓJNIA BIAŁE BŁOTA	M 30-39	25	SPÓJNIA BIAŁE BŁOTA		00:45:48.85	00:45:54.00	+00:10:29 (22.9%)	4:34	13.1 (77.1%)
26	GOSTYŃSKI Paweł	67		M 30-39	26			00:46:01.45	00:46:21.70	+00:10:57 (23.6%)	4:36	13 (76.5%)
27	MALICKI Łukasz	313	KLINIKA TRIATHLONU BYDGOSZCZ	M 30-39	27			00:46:21.20	00:46:27.30	+00:11:02 (23.8%)	4:38	12.9 (75.9%)
28	LEWANDOWSKI Filip	152	POLONIA BYDGOSZCZ SEKCJA LA	M 30-39	28			00:46:30.55	00:46:43.75	+00:11:19 (24.2%)	4:39	12.9 (75.9%)
29	ZACHWIEJA Piotr	65		M 30-39	29			00:46:37.05	00:46:44.45	+00:11:19 (24.2%)	4:39	12.9 (75.9%)
30	DĘBSKI Adrian	49		M 30-39	30			00:46:39.60	00:46:46.45	+00:11:21 (24.3%)	4:40	12.9 (75.9%)
31	JOACHIMIAK Filip	88	FILIP JOACHIMIAK	M 30-39	31			00:46:44.65	00:46:55.00	+00:11:30 (24.5%)	4:40	12.8 (75.3%)
32	APANASIEWICZ Bartosz	3	RUN PASJA	M 30-39	32	Run Pasja		00:47:32.65	00:47:37.95	+00:12:13 (25.7%)	4:45	12.6 (74.1%)
33	KLONOWSKI Mariusz	113		M 30-39	33	Primigenius		00:47:32.85	00:47:40.55	+00:12:15 (25.7%)	4:45	12.6 (74.1%)
34	KAMIŃSKI Sławomir	97		M 30-39	34			00:47:45.15	00:47:54.15	+00:12:29 (26.1%)	4:46	12.6 (74.1%)
35	DURCZAK Jerzy	57		M 30-39	35			00:47:35.20	00:47:59.00	+00:12:34 (26.2%)	4:45	12.6 (74.1%)
36	CADER Ryszard	30	SPÓJNIA BIAŁE BŁOTA	M 30-39	36	SPÓJNIA BIAŁE BŁOTA		00:47:57.30	00:48:05.75	+00:12:41 (26.4%)	4:47	12.5 (73.5%)
37	ARGALSKI Rafał	4	KK KRUSZYN KRAJEŃSKI	M 30-39	37	KK Kruszyn Krajeński		00:48:06.65	00:48:13.55	+00:12:48 (26.6%)	4:48	12.5 (73.5%)
38	KAPUSTA Maciej	100		M 30-39	38			00:48:12.65	00:48:25.70	+00:13:01 (26.9%)	4:49	12.4 (72.9%)
39	ŁAWSKI Pio8	160	DRUŻYNA SZPIKU	M 30-39	39			00:48:21.15	00:48:32.55	+00:13:07 (27.1%)	4:50	12.4 (72.9%)

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40	ŚCIBAK Wojciech	255	JFTC SU	M 30-39	40	JFTC SU	1	00:48:29.25	00:48:45.25	+00:13:20 (27.4%)	4:50	12.4 (72.9%)
41	RYDLEWSKI Andrzej	225	RUN BYDGOSZCZ	M 30-39	41			00:48:52.05	00:49:00.80	+00:13:36 (27.8%)	4:53	12.3 (72.4%)
42	RESKE Daniel	221		M 30-39	42	Atos Team		00:49:16.20	00:49:30.65	+00:14:06 (28.5%)	4:55	12.2 (71.8%)
43	MRÓWCZYŃSKI Tomasz	184		M 30-39	43			00:49:06.40	00:49:32.55	+00:14:07 (28.5%)	4:54	12.2 (71.8%)
44	STASZAK Szymon	238	KK KRUSZYN KRAJEŃSKI	M 30-39	44	KK Kruszyn Krajeński		00:49:48.30	00:49:56.85	+00:14:32 (29.1%)	4:58	12 (70.6%)
45	QUAAS Łukasz	218	RUN PASJA	M 30-39	45	ZK Fordon	1	00:49:58.50	00:50:14.50	+00:14:49 (29.5%)	4:59	12 (70.6%)
46	JESIONOWSKI Arkadiusz	86		M 30-39	46			00:50:29.80	00:50:39.60	+00:15:15 (30.1%)	5:03	11.9 (70.0%)
47	DERENDA Mirosław	47		M 30-39	47			00:50:30.35	00:50:42.15	+00:15:17 (30.2%)	5:03	11.9 (70.0%)
48	OSTROWSKI Piotr	196	OSTROWSKI TEAM	M 30-39	48			00:50:39.30	00:50:56.80	+00:15:32 (30.5%)	5:03	11.8 (69.4%)
49	BAUMAN Krystian	9	DRUŻYNA SZPIKU	M 30-39	49	DRUŻYNA SZPIKU	1	00:51:04.45	00:51:22.00	+00:15:57 (31.1%)	5:06	11.7 (68.8%)
50	RZEMEK Sławomir	227	RUN BYDGOSZCZ	M 30-39	50			00:51:36.10	00:51:51.65	+00:16:27 (31.7%)	5:09	11.6 (68.2%)
51	GROCHOWSKI Jakub	69	JW1515	M 30-39	51	JW1515		00:51:52.30	00:51:58.90	+00:16:34 (31.9%)	5:11	11.6 (68.2%)
52	TOMASZEK Michał	259	BIEGAJ Z DĘBAMI	M 30-39	52			00:52:37.90	00:52:55.35	+00:17:30 (33.1%)	5:15	11.4 (67.1%)
53	GABRYSIAK Dawid	58		M 30-39	53			00:53:03.75	00:53:18.00	+00:17:53 (33.6%)	5:18	11.3 (66.5%)
54	KISZKA Marcin	308	RUN PASJA	M 30-39	54	ZK Fordon	1	00:53:07.20	00:53:25.25	+00:18:00 (33.7%)	5:18	11.3 (66.5%)
55	MOKOS Tomasz	182	BBL INOWROCŁAW	M 30-39	55			00:53:07.30	00:53:26.80	+00:18:02 (33.7%)	5:18	11.3 (66.5%)
56	KRÓL Rafał	134		M 30-39	56			00:53:12.65	00:53:38.00	+00:18:13 (34.0%)	5:19	11.3 (66.5%)
57	GUMMER Andrzej	70		M 30-39	57			00:53:53.10	00:54:09.95	+00:18:45 (34.6%)	5:23	11.1 (65.3%)
58	GACA Piotr	59		M 30-39	58			00:54:07.45	00:54:30.35	+00:19:05 (35.0%)	5:24	11.1 (65.3%)
59	KAWALEC Sebastian	105	SER KPD	M 30-39	59	SER KPD	1	00:55:05.40	00:55:21.25	+00:19:56 (36.0%)	5:30	10.9 (64.1%)
60	MAREK Sławomir	173		M 30-39	60			00:55:11.80	00:55:27.85	+00:20:03 (36.2%)	5:31	10.9 (64.1%)
61	BLEJA Krystian	16	PGB SPORTOWA PACZKA	M 30-39	61			00:55:15.60	00:55:28.40	+00:20:03 (36.2%)	5:31	10.9 (64.1%)
62	KALA Michał	92		M 30-39	62			00:55:09.40	00:55:29.65	+00:20:05 (36.2%)	5:30	10.9 (64.1%)

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63	ZAREMBA Jacek	294	NAKIELSKI KLUB BIEGACZA	M 30-39	63			00:55:17.70	00:55:36.90	+00:20:12 (36.3%)	5:31	10.9 (64.1%)
64	JASTRZEMBSKI Tomasz	82	DYNAMO SKARPA	M 30-39	64			00:55:17.85	00:55:46.10	+00:20:21 (36.5%)	5:31	10.8 (63.5%)
65	PRIEWE Paweł	211	DYNAMO SKARPA	M 30-39	65			00:55:18.70	00:55:46.25	+00:20:21 (36.5%)	5:31	10.8 (63.5%)
66	LEWANDOWSKI Rafal	150		M 30-39	66			00:55:47.90	00:56:01.60	+00:20:37 (36.8%)	5:34	10.8 (63.5%)
67	TUCZYŃSKI Robert	269		M 30-39	67			00:56:34.00	00:56:47.75	+00:21:23 (37.7%)	5:39	10.6 (62.4%)
68	BROŻYNIAK Michał	23		M 30-39	68			00:56:39.55	00:56:51.60	+00:21:27 (37.7%)	5:39	10.6 (62.4%)
69	BOGUSŁAWSKI Mateusz	19		M 30-39	69			00:56:41.00	00:57:07.20	+00:21:42 (38.0%)	5:40	10.6 (62.4%)
70	SZYSLER Jarosław	318	CIELAKI	M 30-39	70			00:57:06.20	00:57:17.60	+00:21:53 (38.2%)	5:42	10.5 (61.8%)
71	SZCZĘSNY Arkadiusz	245	DYNAMO SKARPA	M 30-39	71			00:56:54.20	00:57:21.75	+00:21:57 (38.3%)	5:41	10.5 (61.8%)
72	CZAJA Jarosław	37		M 30-39	72			00:57:27.15	00:57:51.95	+00:22:27 (38.8%)	5:44	10.4 (61.2%)
73	MIKUŁA Tomek	177	GORDON RUN	M 30-39	73	GORDON RUN		00:58:17.00	00:58:32.85	+00:23:08 (39.5%)	5:49	10.3 (60.6%)
74	DYSARSKI Łukasz	314	TARTAK ZIELONKA	M 30-39	74			00:58:20.95	00:58:36.50	+00:23:11 (39.6%)	5:50	10.3 (60.6%)
75	ŁOBOCKI Krzysztof	162		M 30-39	75			00:58:27.25	00:58:39.15	+00:23:14 (39.6%)	5:50	10.3 (60.6%)
76	KOZŁOWSKI Sławomir	130		M 30-39	76			00:59:13.10	00:59:39.40	+00:24:14 (40.6%)	5:55	10.1 (59.4%)
77	JANUSZEWSKI Michał	80		M 30-39	77			01:00:37.35	01:00:48.30	+00:25:23 (41.8%)	6:03	9.9 (58.2%)
78	KUKLIŃSKI Rafał	144		M 30-39	78			01:00:57.90	01:01:23.35	+00:25:58 (42.3%)	6:05	9.8 (57.6%)
79	JAŹDŻEWSKI Jarosław	85	JAZDZOLE	M 30-39	79			01:01:03.50	01:01:23.90	+00:25:59 (42.3%)	6:06	9.8 (57.6%)
80	HALLEK Piotr	316		M 30-39	80			01:15:11.75	01:15:33.70	+00:40:09 (53.1%)	7:31	8 (47.1%)

Znaleziono 80 wynik(ów)