



Bieg gen.
J.H. Dąbrowskiego

Organizator:
Data:
Miejsce:
Dystans:

Nasze Białe Błota
2016-10-01
Zielonka
10 km

BIEG DĄBROWSKIEGO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MUSIAŁ Michał	187		M 40-49	1			00:37:16.00	00:37:18.65		3:43	16.1 (100%)
2	ZIETAK Andrzej	296		M 40-49	2			00:38:16.75	00:38:20.50	+00:01:01 (2.7%)	3:49	15.7 (97.5%)
3	MRUK Tomasz	185	CZARNE STOPY.SM	M 40-49	3	Czarne Stopy.SM	1	00:39:05.60	00:39:08.75	+00:01:50 (4.7%)	3:54	15.4 (95.7%)
4	CHOLEWIŃSKI Dariusz	34	HURAGAN MIEDZYŃ	M 40-49	4			00:39:39.40	00:39:42.95	+00:02:24 (6.1%)	3:57	15.1 (93.8%)
5	SOWIŃSKI Piotr	234	SPÓJNIA BIAŁE BŁOTA	M 40-49	5	SPÓJNIA BIAŁE BŁOTA		00:40:01.35	00:40:05.70	+00:02:47 (6.9%)	4:00	15 (93.2%)
6	MOROSZCZAK Bogumił	307	SPÓJNIA BIAŁE BŁOTA	M 40-49	6	SPÓJNIA BIAŁE BŁOTA	1	00:41:53.35	00:41:57.70	+00:04:39 (11.1%)	4:11	14.3 (88.8%)
7	TOPCZEWSKI Gracjan	317	BYDGOSZCZ TRIATHLON TEAM / TRISPACE	M 40-49	7			00:41:58.30	00:42:02.80	+00:04:44 (11.3%)	4:11	14.3 (88.8%)
8	SOBCZAK Marcin	230	TRISPACE	M 40-49	8			00:42:21.15	00:42:25.20	+00:05:06 (12.0%)	4:14	14.2 (88.2%)
9	LEPRINCE Ludovic	149		M 40-49	9			00:42:36.70	00:42:41.50	+00:05:22 (12.6%)	4:15	14.1 (87.6%)
10	BUTRYN Nikodem	29		M 40-49	10			00:42:50.00	00:42:56.25	+00:05:37 (13.1%)	4:17	14 (87.0%)
11	KALISZEWSKI Daniel	94		M 40-49	11			00:43:10.90	00:43:15.85	+00:05:57 (13.8%)	4:19	13.9 (86.3%)
12	PAWŁOWSKI Radosław	204	JFTC SU	M 40-49	12	JFTC SU	1	00:43:28.90	00:43:36.40	+00:06:17 (14.4%)	4:20	13.8 (85.7%)
13	KAZUBOWSKI Jacek	106	45PLUS	M 40-49	13			00:44:29.15	00:44:35.75	+00:07:17 (16.3%)	4:26	13.5 (83.9%)
14	WENDA Łukasz	310		M 40-49	14			00:44:34.70	00:44:39.55	+00:07:20 (16.5%)	4:27	13.5 (83.9%)
15	KUBIS Roman	141	RUN PASJA	M 40-49	15	Run Pasja		00:44:49.00	00:44:54.60	+00:07:35 (16.9%)	4:28	13.4 (83.2%)
16	OCALEWSKI Jarek	193	CIELE	M 40-49	16			00:44:48.60	00:44:56.50	+00:07:37 (17.0%)	4:28	13.4 (83.2%)

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17	RYDLEWSKI Marek	224	RUN BYDGOSZCZ	M 40-49	17			00:44:51.85	00:44:59.20	+00:07:40 (17.1%)	4:29	13.4 (83.2%)
18	KISIEL Tomasz	110	RUN BYDGOSZCZ	M 40-49	18			00:44:52.80	00:45:00.75	+00:07:42 (17.1%)	4:29	13.4 (83.2%)
19	RYBARCZYK Wojciech	222		M 40-49	19			00:45:08.50	00:45:14.30	+00:07:55 (17.5%)	4:30	13.3 (82.6%)
20	RUDOL Sebastian	300		M 40-49	20			00:45:29.25	00:45:38.80	+00:08:20 (18.3%)	4:32	13.2 (82.0%)
21	KOWALIK Waldemar	123		M 40-49	21			00:45:57.50	00:46:04.05	+00:08:45 (19.0%)	4:35	13.1 (81.4%)
22	GRABICKI Sebastian	68		M 40-49	22			00:46:04.10	00:46:13.15	+00:08:54 (19.3%)	4:36	13 (80.7%)
23	KUJAWA Piotr	142	RUN BYDGOSZCZ	M 40-49	23	RUN BYDGOSZCZ		00:46:16.05	00:46:24.80	+00:09:06 (19.6%)	4:37	13 (80.7%)
24	ANDRYSIAK Tomasz	1	CIELAKI	M 40-49	24	Cielaki		00:46:57.45	00:47:06.45	+00:09:47 (20.8%)	4:41	12.8 (79.5%)
25	ŚWIĘCICKI Andrzej	256		M 40-49	25			00:47:09.55	00:47:20.75	+00:10:02 (21.2%)	4:42	12.7 (78.9%)
26	WESOŁOWSKI Krzysztof	276	RUN BYDGOSZCZ	M 40-49	26			00:47:19.70	00:47:40.90	+00:10:22 (21.8%)	4:43	12.7 (78.9%)
27	DOMŻALSKI Marek	53		M 40-49	27			00:47:33.15	00:47:43.50	+00:10:24 (21.8%)	4:45	12.6 (78.3%)
28	LIPSKI Krzysztof	155	RUN BYDGOSZCZ	M 40-49	28			00:47:35.55	00:47:50.15	+00:10:31 (22.0%)	4:45	12.6 (78.3%)
29	KEMPINSKI Robert	107		M 40-49	29			00:47:53.85	00:48:07.80	+00:10:49 (22.5%)	4:47	12.5 (77.6%)
30	KLINIKOWSKI Jacek	112	KOCHAM ŻYCIE I...	M 40-49	30			00:48:31.45	00:48:37.70	+00:11:19 (23.3%)	4:51	12.4 (77.0%)
31	WIŚNIEWSKI Wojciech	279	POLAŃSKI TEAM	M 40-49	31			00:48:29.40	00:48:43.50	+00:11:24 (23.4%)	4:50	12.4 (77.0%)
32	JURSKI Robert	89	JFTC SU	M 40-49	32	JFTC SU	1	00:48:34.10	00:48:45.60	+00:11:26 (23.5%)	4:51	12.4 (77.0%)
33	MANUSZEWSKI Maciej	169		M 40-49	33			00:49:27.40	00:49:36.15	+00:12:17 (24.8%)	4:56	12.1 (75.2%)
34	ZDEB Bogumił	295		M 40-49	34			00:49:58.40	00:50:09.55	+00:12:50 (25.6%)	4:59	12 (74.5%)
35	ADAMSKI Maciej	321		M 40-49	35			00:50:03.70	00:50:16.90	+00:12:58 (25.8%)	5:00	12 (74.5%)
36	KAMIŃSKI Paweł	96		M 40-49	36			00:50:25.85	00:50:34.00	+00:13:15 (26.2%)	5:02	11.9 (73.9%)
37	MANOWSKI Jarosław	168		M 40-49	37			00:50:37.65	00:50:44.35	+00:13:25 (26.5%)	5:03	11.8 (73.3%)
38	KADOW Ryszard	91	RUN PASJA	M 40-49	38	Run Pasja		00:50:32.80	00:50:51.70	+00:13:33 (26.6%)	5:03	11.9 (73.9%)
39	WOJCIECHOWSKI Jarosław	283		M 40-49	39			00:50:45.60	00:50:56.40	+00:13:37 (26.8%)	5:04	11.8 (73.3%)

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40	WALENCIAK Jarosław	273	CZARNE STOPY.SM	M 40-49	40	Czarne Stopy.SM	1	00:50:52.00	00:50:58.90	+00:13:40 (26.8%)	5:05	11.8 (73.3%)
41	MOŻUCH Maciej	183		M 40-49	41			00:50:50.25	00:51:11.20	+00:13:52 (27.1%)	5:05	11.8 (73.3%)
42	GABRYCH Andrzej	324	BYDGOSKIE OKONIE	M 40-49	42			00:51:06.45	00:51:14.90	+00:13:56 (27.2%)	5:06	11.7 (72.7%)
43	PULCHNY Rafał	217		M 40-49	43			00:51:00.10	00:51:25.45	+00:14:06 (27.4%)	5:06	11.8 (73.3%)
44	STANECKI Marcin	236	STANECCY	M 40-49	44			00:51:08.95	00:51:27.35	+00:14:08 (27.5%)	5:06	11.7 (72.7%)
45	OSZUBSKI Kazimierz	197		M 40-49	45			00:51:41.85	00:51:48.40	+00:14:29 (28.0%)	5:10	11.6 (72.0%)
46	LATO Sławek	148	MUROWANIEC TEAM	M 40-49	46			00:52:03.70	00:52:24.65	+00:15:06 (28.8%)	5:12	11.5 (71.4%)
47	STANKIEWICZ Błażej	109	LKS OSTROMECKO	M 40-49	47			00:52:45.85	00:52:48.15	+00:15:29 (29.3%)	5:16	11.4 (70.8%)
48	MACIĄG Marian	164	GRĘBOCIN	M 40-49	48			00:52:34.45	00:52:56.95	+00:15:38 (29.5%)	5:15	11.4 (70.8%)
49	PRZERACKI Mirosław	213	PGB SPORTOWA PACZKA	M 40-49	49			00:52:33.15	00:52:57.10	+00:15:38 (29.5%)	5:15	11.4 (70.8%)
50	SZULAKOWSKI Tomasz	252	KURCZE JAK DALEKO	M 40-49	50			00:52:51.85	00:53:04.65	+00:15:46 (29.7%)	5:17	11.3 (70.2%)
51	BYRTEK Grzegorz	311		M 40-49	51			00:53:38.00	00:53:49.45	+00:16:30 (30.7%)	5:21	11.2 (69.6%)
52	KRASIŃSKI Piotr	131		M 40-49	52			00:54:04.05	00:54:21.05	+00:17:02 (31.4%)	5:24	11.1 (68.9%)
53	JAROSZEWICZ Adam	81	SZABLA BRZOZA	M 40-49	53	Szabla Brzoza		00:54:03.70	00:54:26.30	+00:17:07 (31.5%)	5:24	11.1 (68.9%)
54	SZUBARTOWSKI Robert	251		M 40-49	54			00:54:52.65	00:55:15.35	+00:17:56 (32.5%)	5:29	10.9 (67.7%)
55	KASZOWICZ Marek	104	RWT W BYDGOSZCZY	M 40-49	55		1	00:54:57.55	00:55:15.95	+00:17:57 (32.5%)	5:29	10.9 (67.7%)
56	CHAMERA Adam	33	ARTA.PL	M 40-49	56			00:55:18.30	00:55:34.80	+00:18:16 (32.9%)	5:31	10.8 (67.1%)
57	KOZAKIEWICZ Marcin	128		M 40-49	57			00:55:17.25	00:55:36.70	+00:18:18 (32.9%)	5:31	10.9 (67.7%)
58	PIECHOWIAK Jacek	206		M 40-49	58			00:56:00.20	00:56:23.80	+00:19:05 (33.8%)	5:36	10.7 (66.5%)
59	PANOWICZ Marek	200		M 40-49	59			00:56:39.30	00:56:51.30	+00:19:32 (34.4%)	5:39	10.6 (65.8%)
60	DOLATA Grzegorz	50	KK KRUSZYN KRAJEŃSKI	M 40-49	60	KK Kruszyn Krajeński		00:57:06.85	00:57:14.75	+00:19:56 (34.8%)	5:42	10.5 (65.2%)
61	BUDZIAK Bartosz	28		M 40-49	61			00:56:57.25	00:57:16.70	+00:19:58 (34.9%)	5:41	10.5 (65.2%)
62	TWARDOWSKI Wojciech	271	RUN BYDGOSZCZ	M 40-49	62	RUN BYDGOSZCZ		00:56:59.75	00:57:21.10	+00:20:02 (34.9%)	5:42	10.5 (65.2%)

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63	GOŁĘBIEWSKI Jerzy	62		M 40-49	63			00:57:46.00	00:58:05.95	+00:20:47 (35.8%)	5:46	10.4 (64.6%)
64	KRZYŻANOWSKI Wojciech	139	AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY	M 40-49	64			00:59:00.80	00:59:11.60	+00:21:52 (37.0%)	5:54	10.2 (63.4%)
65	ŁOBODA Robert	163	NIEBIESKO-CZARNA ARMIA	M 40-49	65			01:02:22.05	01:02:33.50	+00:25:14 (40.4%)	6:14	9.6 (59.6%)
66	SCHULZ Maciej	228	PRUSZCZ BIEGA	M 40-49	66			01:03:37.75	01:03:59.70	+00:26:41 (41.7%)	6:21	9.4 (58.4%)
67	PASIEKA Tomasz	202	KLUB ŻOŁNIERZY REZERWY LOK NAKŁO	M 40-49	67			01:05:08.20	01:05:30.80	+00:28:12 (43.0%)	6:30	9.2 (57.1%)
68	SZTEJKA Damian	250	BENEFITKSO	M 40-49	68			01:06:31.20	01:06:50.30	+00:29:31 (44.2%)	6:39	9 (55.9%)
69	GRABOWSKI Piotr	320		M 40-49	69			01:07:53.55	01:08:18.65	+00:31:00 (45.4%)	6:47	8.8 (54.7%)
70	WZOREK Pawel	290		M 40-49	70			01:16:14.95	01:16:42.25	+00:39:23 (51.4%)	7:37	7.9 (49.1%)

Znaleziono 70 wynik(ów)