



Bieg gen.
J.H. Dąbrowskiego

Organizator: Nasze Białe Błota
Data: 2016-10-01
Miejsce: Zielonka
Dystans: 10 km

BIEG DĄBROWSKIEGO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	138	SPÓJNIA BIAŁE BŁOTA	M 30-39	1	SPÓJNIA BIAŁE BŁOTA	1	00:35:20.80	00:35:24.60		3:32	17 (100%)
2	TUCZYŃSKI Sylwester	268	BYDGOSKIE OKONIE	M 20-29	1	Bydgoskie Okonie		00:35:29.00	00:35:31.25	+00:00:06 (0.3%)	3:32	16.9 (99.4%)
3	LUTOWSKI Wojciech	156	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	2			00:36:24.70	00:36:27.00	+00:01:02 (2.9%)	3:38	16.5 (97.1%)
4	BEDNARCZYK Adrian	10	RUN PASJA	M 30-39	3	ZK Fordon	1	00:36:55.25	00:36:57.50	+00:01:32 (4.2%)	3:41	16.3 (95.9%)
5	MUSIAŁ Michał	187		M 40-49	1			00:37:16.00	00:37:18.65	+00:01:54 (5.1%)	3:43	16.1 (94.7%)
6	KLEMAŃSKI Marcin	111	THE RUNNERS ŚWIECIE / KP PSP ŚWIECIE	M 30-39	4			00:37:28.05	00:37:31.45	+00:02:06 (5.6%)	3:44	16 (94.1%)
7	KOŁAKOWSKI Tomasz	119	TO TYLKO TRIATHLON	M 20-29	2			00:38:03.90	00:38:06.85	+00:02:42 (7.1%)	3:48	15.8 (92.9%)
8	KOLMAJER Rafał	118	RUN BYDGOSZCZ	M 30-39	5	RUN BYDGOSZCZ		00:38:05.50	00:38:08.65	+00:02:44 (7.2%)	3:48	15.8 (92.9%)
9	ZIETAK Andrzej	296		M 40-49	2			00:38:16.75	00:38:20.50	+00:02:55 (7.6%)	3:49	15.7 (92.4%)
10	SENGER Michał	229	PAŁUKI RUNNING TEAM	M 30-39	6			00:38:21.00	00:38:25.05	+00:03:00 (7.8%)	3:50	15.6 (91.8%)
11	KWIATKOWSKI Damian	147	RUN BYDGOSZCZ	M 20-29	3	RUN BYDGOSZCZ		00:38:22.90	00:38:26.30	+00:03:01 (7.9%)	3:50	15.6 (91.8%)
12	ŁAZ Kamil	161	RUN BYDGOSZCZ	M 30-39	7	RUN BYDGOSZCZ		00:38:30.15	00:38:33.30	+00:03:08 (8.2%)	3:51	15.6 (91.8%)
13	JAGODZIŃSKI Mateusz	78	BYDGOSKIE OKONIE	M 20-29	4	Bydgoskie Okonie		00:39:01.80	00:39:04.70	+00:03:40 (9.4%)	3:54	15.4 (90.6%)
14	MRUK Tomasz	185	CZARNE STOPY.SM	M 40-49	3	Czarne Stopy.SM	1	00:39:05.60	00:39:08.75	+00:03:44 (9.5%)	3:54	15.4 (90.6%)
15	KRYSKE Mariusz	137	SPÓJNIA BIAŁE BŁOTA	M 30-39	8	SPÓJNIA BIAŁE BŁOTA		00:39:16.00	00:39:19.00	+00:03:54 (9.9%)	3:55	15.3 (90.0%)
16	SZCZĘSNY Piotr	244	FŚGK	M 20-29	5	FŚGK		00:39:26.10	00:39:29.60	+00:04:05 (10.3%)	3:56	15.2 (89.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	CHOLEWIŃSKI Dariusz	34	HURAGAN MIEDZYŃ	M 40-49	4			00:39:39.40	00:39:42.95	+00:04:18 (10.8%)	3:57	15.1 (88.8%)
18	KARASZEWSKI Norbert	101		M 20-29	6			00:39:40.70	00:39:43.40	+00:04:18 (10.9%)	3:58	15.1 (88.8%)
19	PRZYBYLSKI Krzysztof	216		M 30-39	9			00:39:42.45	00:39:45.50	+00:04:20 (10.9%)	3:58	15.1 (88.8%)
20	SOWIŃSKI Piotr	234	SPÓJNIA BIAŁE BŁOTA	M 40-49	5	SPÓJNIA BIAŁE BŁOTA		00:40:01.35	00:40:05.70	+00:04:41 (11.7%)	4:00	15 (88.2%)
21	ZACHMYC Damian	291		M 30-39	10			00:40:09.35	00:40:12.95	+00:04:48 (12.0%)	4:00	14.9 (87.6%)
22	KUŚNIEREK Bartosz	146	PAŁUKI RUNNING TEAM	M 20-29	7	Pałuki Running Team		00:40:38.40	00:40:43.20	+00:05:18 (13.0%)	4:03	14.8 (87.1%)
23	KUBACKI Bartosz	140		M 30-39	11	Primigenius		00:40:53.90	00:41:01.00	+00:05:36 (13.7%)	4:05	14.7 (86.5%)
24	ŁĄCZNY Jarosław	31		M 30-39	12	FŚGK		00:41:04.30	00:41:07.35	+00:05:42 (13.9%)	4:06	14.6 (85.9%)
25	KUŁAKOWSKI Krzysztof	145	RUN PASJA	M 30-39	13	Run Pasja		00:41:09.95	00:41:14.80	+00:05:50 (14.2%)	4:07	14.6 (85.9%)
26	TUCHOLSKI Bartłomiej	266	BYDGOSKIE OKONIE	M 20-29	8	Bydgoskie Okonie		00:41:24.80	00:41:29.25	+00:06:04 (14.6%)	4:08	14.5 (85.3%)
27	MOROSZCZAK Bogumił	307	SPÓJNIA BIAŁE BŁOTA	M 40-49	6	SPÓJNIA BIAŁE BŁOTA	1	00:41:53.35	00:41:57.70	+00:06:33 (15.6%)	4:11	14.3 (84.1%)
28	TOPCZEWSKI Gracjan	317	BYDGOSZCZ TRIATHLON TEAM / TRISPACE	M 40-49	7			00:41:58.30	00:42:02.80	+00:06:38 (15.8%)	4:11	14.3 (84.1%)
29	TOMCZYŃSKI Bartosz	262	RUN PASJA BYDGOSZCZ	M 30-39	14	Run Pasja		00:42:04.25	00:42:09.20	+00:06:44 (16.0%)	4:12	14.3 (84.1%)
30	WIŚNIEWSKI Zbigniew	280	BRZOZA BIEGA	M 50-59	1			00:42:09.40	00:42:15.40	+00:06:50 (16.2%)	4:12	14.2 (83.5%)
31	SOBCZAK Marcin	230	TRISPACE	M 40-49	8			00:42:21.15	00:42:25.20	+00:07:00 (16.5%)	4:14	14.2 (83.5%)
32	LEPRINCE Ludovic	149		M 40-49	9			00:42:36.70	00:42:41.50	+00:07:16 (17.1%)	4:15	14.1 (82.9%)
33	GRZECHOWIAK Arkadiusz	304	PAŁUKI RUNNING TEAM	M 16-19	1	Pałuki Running Team		00:42:38.40	00:42:43.85	+00:07:19 (17.1%)	4:15	14.1 (82.9%)
34	BORUCH Łukasz	21		M 30-39	15			00:42:45.90	00:42:54.05	+00:07:29 (17.5%)	4:16	14 (82.4%)
35	BUTRYN Nikodem	29		M 40-49	10			00:42:50.00	00:42:56.25	+00:07:31 (17.5%)	4:17	14 (82.4%)
36	KALISZEWSKI Daniel	94		M 40-49	11			00:43:10.90	00:43:15.85	+00:07:51 (18.2%)	4:19	13.9 (81.8%)
37	SZOPINSKI Rafał	247		M 30-39	16			00:43:10.30	00:43:19.60	+00:07:55 (18.3%)	4:19	13.9 (81.8%)
38	PAWŁOWSKI Radosław	204	JFTC SU	M 40-49	12	JFTC SU	1	00:43:28.90	00:43:36.40	+00:08:11 (18.8%)	4:20	13.8 (81.2%)
39	DĄBROWSKI Jarosław	45	HORNET DESIGN STUDIO	M 20-29	9			00:43:19.35	00:43:43.35	+00:08:18 (19.0%)	4:19	13.9 (81.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
40	KOWALSKI Jacek	126		M 30-39	17			00:44:01.30	00:44:07.35	+00:08:42 (19.7%)	4:24	13.6 (80.0%)
41	MICHALIK Łukasz	175	BRZOZA BIEGA	M 30-39	18			00:44:03.75	00:44:07.90	+00:08:43 (19.8%)	4:24	13.6 (80.0%)
42	KOZIŃSKI Marek	129	RUN BYDGOSZCZ	M 30-39	19			00:44:22.20	00:44:27.80	+00:09:03 (20.4%)	4:26	13.5 (79.4%)
43	KAZUBOWSKI Jacek	106	45PLUS	M 40-49	13			00:44:29.15	00:44:35.75	+00:09:11 (20.6%)	4:26	13.5 (79.4%)
44	WENDA Łukasz	310		M 40-49	14			00:44:34.70	00:44:39.55	+00:09:14 (20.7%)	4:27	13.5 (79.4%)
45	KUBIS Roman	141	RUN PASJA	M 40-49	15	Run Pasja		00:44:49.00	00:44:54.60	+00:09:30 (21.2%)	4:28	13.4 (78.8%)
46	OCALEWSKI Jarek	193	CIELE	M 40-49	16			00:44:48.60	00:44:56.50	+00:09:31 (21.2%)	4:28	13.4 (78.8%)
47	RYDLEWSKI Marek	224	RUN BYDGOSZCZ	M 40-49	17			00:44:51.85	00:44:59.20	+00:09:34 (21.3%)	4:29	13.4 (78.8%)
48	KISIEL Tomasz	110	RUN BYDGOSZCZ	M 40-49	18			00:44:52.80	00:45:00.75	+00:09:36 (21.3%)	4:29	13.4 (78.8%)
49	KARWACKI Pawel	103	TRISPACE	M 30-39	20			00:44:58.20	00:45:02.70	+00:09:38 (21.4%)	4:29	13.3 (78.2%)
50	RYBARCZYK Wojciech	222		M 40-49	19			00:45:08.50	00:45:14.30	+00:09:49 (21.7%)	4:30	13.3 (78.2%)
51	KOWALSKI Krzysztof	125	KK KRUSZYN KRAJEŃSKI	M 30-39	21	KK Kruszyn Krajeński		00:45:10.50	00:45:17.10	+00:09:52 (21.8%)	4:31	13.3 (78.2%)
52	TRZCIŃSKI Franciszek	265	SIR START	M 50-59	2			00:45:30.40	00:45:35.90	+00:10:11 (22.3%)	4:33	13.2 (77.6%)
53	RUDOL Sebastian	300		M 40-49	20			00:45:29.25	00:45:38.80	+00:10:14 (22.4%)	4:32	13.2 (77.6%)
54	GZYL Mikołaj	72	JANUSZE TRIATHLONU EXODUS TEAM	M 30-39	22			00:45:24.50	00:45:40.95	+00:10:16 (22.5%)	4:32	13.2 (77.6%)
55	KACICKI Piotr	90	KACICKI TEAM	M 30-39	23			00:45:36.70	00:45:44.50	+00:10:19 (22.6%)	4:33	13.2 (77.6%)
56	BOBROWSKI Marcin	18	KK KRUSZYN KRAJEŃSKI	M 30-39	24	KK Kruszyn Krajeński		00:45:37.90	00:45:45.10	+00:10:20 (22.6%)	4:33	13.1 (77.1%)
57	FOLERZYŃSKI Dawid	305	SPÓJNIA BIAŁE BŁOTA	M 16-19	2	SPÓJNIA BIAŁE BŁOTA		00:45:41.75	00:45:47.35	+00:10:22 (22.7%)	4:34	13.1 (77.1%)
58	NOWAK Rafał	191	SPÓJNIA BIAŁE BŁOTA	M 30-39	25	SPÓJNIA BIAŁE BŁOTA		00:45:48.85	00:45:54.00	+00:10:29 (22.9%)	4:34	13.1 (77.1%)
59	NIEDBALSKI Grzegorz	189	RUN BYDGOSZCZ	M 50-59	3	RUN BYDGOSZCZ		00:45:51.30	00:45:57.25	+00:10:32 (22.9%)	4:35	13.1 (77.1%)
60	KOWALIK Waldemar	123		M 40-49	21			00:45:57.50	00:46:04.05	+00:10:39 (23.1%)	4:35	13.1 (77.1%)
61	GRABICKI Sebastian	68		M 40-49	22			00:46:04.10	00:46:13.15	+00:10:48 (23.4%)	4:36	13 (76.5%)
62	GOSTYŃSKI Paweł	67		M 30-39	26			00:46:01.45	00:46:21.70	+00:10:57 (23.6%)	4:36	13 (76.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
63	BRATEK Andrzej	22	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	4			00:46:18.30	00:46:24.10	+00:10:59 (23.7%)	4:37	13 (76.5%)
64	KUJAWA Piotr	142	RUN BYDGOSZCZ	M 40-49	23	RUN BYDGOSZCZ		00:46:16.05	00:46:24.80	+00:11:00 (23.7%)	4:37	13 (76.5%)
65	MALICKI Łukasz	313	KLINIKA TRIATHLONU BYDGOSZCZ	M 30-39	27			00:46:21.20	00:46:27.30	+00:11:02 (23.8%)	4:38	12.9 (75.9%)
66	LEWANDOWSKI Filip	152	POLONIA BYDGOSZCZ SEKCJA LA	M 30-39	28			00:46:30.55	00:46:43.75	+00:11:19 (24.2%)	4:39	12.9 (75.9%)
67	ZACHWIEJA Piotr	65		M 30-39	29			00:46:37.05	00:46:44.45	+00:11:19 (24.2%)	4:39	12.9 (75.9%)
68	DĘBSKI Adrian	49		M 30-39	30			00:46:39.60	00:46:46.45	+00:11:21 (24.3%)	4:40	12.9 (75.9%)
69	JOACHIMIAK Filip	88	FILIP JOACHIMIAK	M 30-39	31			00:46:44.65	00:46:55.00	+00:11:30 (24.5%)	4:40	12.8 (75.3%)
70	ANDRYSIAK Tomasz	1	CIELAKI	M 40-49	24	Cielaki		00:46:57.45	00:47:06.45	+00:11:41 (24.8%)	4:41	12.8 (75.3%)
71	BAGROWSKI Marek	6	UMK-COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZNE	M 50-59	5			00:47:16.00	00:47:19.40	+00:11:54 (25.2%)	4:43	12.7 (74.7%)
72	ŚWIĘCICKI Andrzej	256		M 40-49	25			00:47:09.55	00:47:20.75	+00:11:56 (25.2%)	4:42	12.7 (74.7%)
73	APANASIEWICZ Bartosz	3	RUN PASJA	M 30-39	32	Run Pasja		00:47:32.65	00:47:37.95	+00:12:13 (25.7%)	4:45	12.6 (74.1%)
74	KLONOWSKI Mariusz	113		M 30-39	33	Primigenius		00:47:32.85	00:47:40.55	+00:12:15 (25.7%)	4:45	12.6 (74.1%)
75	WESOŁOWSKI Krzysztof	276	RUN BYDGOSZCZ	M 40-49	26			00:47:19.70	00:47:40.90	+00:12:16 (25.7%)	4:43	12.7 (74.7%)
76	DOMŻALSKI Marek	53		M 40-49	27			00:47:33.15	00:47:43.50	+00:12:18 (25.8%)	4:45	12.6 (74.1%)
77	LIPSKI Krzysztof	155	RUN BYDGOSZCZ	M 40-49	28			00:47:35.55	00:47:50.15	+00:12:25 (26.0%)	4:45	12.6 (74.1%)
78	KAMIŃSKI Sławomir	97		M 30-39	34			00:47:45.15	00:47:54.15	+00:12:29 (26.1%)	4:46	12.6 (74.1%)
79	MAŚLIŃSKI Mirosław	174		M 50-59	6			00:47:47.10	00:47:55.60	+00:12:31 (26.1%)	4:46	12.6 (74.1%)
80	DURCZAK Jerzy	57		M 30-39	35			00:47:35.20	00:47:59.00	+00:12:34 (26.2%)	4:45	12.6 (74.1%)
81	CADER Ryszard	30	SPÓJNIA BIAŁE BŁOTA	M 30-39	36	SPÓJNIA BIAŁE BŁOTA		00:47:57.30	00:48:05.75	+00:12:41 (26.4%)	4:47	12.5 (73.5%)
82	KEMPINSKI Robert	107		M 40-49	29			00:47:53.85	00:48:07.80	+00:12:43 (26.4%)	4:47	12.5 (73.5%)
83	ARGALSKI Rafał	4	KK KRUSZYN KRAJEŃSKI	M 30-39	37	KK Kruszyn Krajeński		00:48:06.65	00:48:13.55	+00:12:48 (26.6%)	4:48	12.5 (73.5%)
84	KAPUSTA Maciej	100		M 30-39	38			00:48:12.65	00:48:25.70	+00:13:01 (26.9%)	4:49	12.4 (72.9%)
85	KARPACZ Jarek	102	JW1515	M 20-29	10	JW1515		00:48:25.65	00:48:30.95	+00:13:06 (27.0%)	4:50	12.4 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
86	WYSOCKI Jerzy	289	CZARNE STOPY.SM	M 50-59	7	Czarne Stopy.SM	1	00:48:22.25	00:48:31.85	+00:13:07 (27.0%)	4:50	12.4 (72.9%)
87	ŁAWSKI Pio8	160	DRUŻYNA SZPIKU	M 30-39	39			00:48:21.15	00:48:32.55	+00:13:07 (27.1%)	4:50	12.4 (72.9%)
88	SZULC Edmund	253		M 50-59	8			00:48:22.75	00:48:33.55	+00:13:08 (27.1%)	4:50	12.4 (72.9%)
89	KLINIKOWSKI Jacek	112	KOCHAM ŻYCIE I...	M 40-49	30			00:48:31.45	00:48:37.70	+00:13:13 (27.2%)	4:51	12.4 (72.9%)
90	WIŚNIEWSKI Wojciech	279	POLAŃSKI TEAM	M 40-49	31			00:48:29.40	00:48:43.50	+00:13:18 (27.3%)	4:50	12.4 (72.9%)
91	LUZAK Szymon	158	MSIW	M 20-29	11			00:48:34.10	00:48:44.15	+00:13:19 (27.3%)	4:51	12.4 (72.9%)
92	LUZAK Mirosław	157	MWIK BYDGOSZCZ	M 50-59	9			00:48:33.80	00:48:44.30	+00:13:19 (27.3%)	4:51	12.4 (72.9%)
93	ŚCIBAK Wojciech	255	JFTC SU	M 30-39	40	JFTC SU	1	00:48:29.25	00:48:45.25	+00:13:20 (27.4%)	4:50	12.4 (72.9%)
94	JURSKI Robert	89	JFTC SU	M 40-49	32	JFTC SU	1	00:48:34.10	00:48:45.60	+00:13:21 (27.4%)	4:51	12.4 (72.9%)
95	KANTORSKI Zbysław	99	COCA-COLA RUNNERS	M 50-59	10			00:48:25.30	00:48:48.30	+00:13:23 (27.4%)	4:50	12.4 (72.9%)
96	RYDLEWSKI Andrzej	225	RUN BYDGOSZCZ	M 30-39	41			00:48:52.05	00:49:00.80	+00:13:36 (27.8%)	4:53	12.3 (72.4%)
97	CZELIŃSKI Leszek	40		M 50-59	11			00:48:46.70	00:49:02.00	+00:13:37 (27.8%)	4:52	12.3 (72.4%)
98	RESKE Daniel	221		M 30-39	42	Atos Team		00:49:16.20	00:49:30.65	+00:14:06 (28.5%)	4:55	12.2 (71.8%)
99	MRÓWCZYŃSKI Tomasz	184		M 30-39	43			00:49:06.40	00:49:32.55	+00:14:07 (28.5%)	4:54	12.2 (71.8%)
100	MANUSZEWSKI Maciej	169		M 40-49	33			00:49:27.40	00:49:36.15	+00:14:11 (28.6%)	4:56	12.1 (71.2%)
101	GORDON Roman	64	RUN BYDGOSZCZ	M 60+	1			00:49:39.85	00:49:45.95	+00:14:21 (28.8%)	4:57	12.1 (71.2%)
102	STASZAK Szymon	238	KK KRUSZYN KRAJEŃSKI	M 30-39	44	KK Kruszyn Krajeński		00:49:48.30	00:49:56.85	+00:14:32 (29.1%)	4:58	12 (70.6%)
103	ZDEB Bogumił	295		M 40-49	34			00:49:58.40	00:50:09.55	+00:14:44 (29.4%)	4:59	12 (70.6%)
104	QUAAS Łukasz	218	RUN PASJA	M 30-39	45	ZK Fordon	1	00:49:58.50	00:50:14.50	+00:14:49 (29.5%)	4:59	12 (70.6%)
105	ADAMSKI Maciej	321		M 40-49	35			00:50:03.70	00:50:16.90	+00:14:52 (29.6%)	5:00	12 (70.6%)
106	ŻEGLICZ Marek	297		M 20-29	12			00:50:15.15	00:50:32.15	+00:15:07 (29.9%)	5:01	11.9 (70.0%)
107	ROTH Rolf	1000		M 50-59	12			00:50:29.40	00:50:32.45	+00:15:07 (29.9%)	5:02	11.9 (70.0%)
108	KAMIŃSKI Paweł	96		M 40-49	36			00:50:25.85	00:50:34.00	+00:15:09 (30.0%)	5:02	11.9 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
109	JESIONOWSKI Arkadiusz	86		M 30-39	46			00:50:29.80	00:50:39.60	+00:15:15 (30.1%)	5:03	11.9 (70.0%)
110	HOSSA Andrzej	75	BBL TORUŃ	M 50-59	13	BBL Toruń		00:50:37.90	00:50:41.95	+00:15:17 (30.2%)	5:03	11.9 (70.0%)
111	DERENDA Mirosław	47		M 30-39	47			00:50:30.35	00:50:42.15	+00:15:17 (30.2%)	5:03	11.9 (70.0%)
112	MANOWSKI Jarosław	168		M 40-49	37			00:50:37.65	00:50:44.35	+00:15:19 (30.2%)	5:03	11.8 (69.4%)
113	KADOW Ryszard	91	RUN PASJA	M 40-49	38	Run Pasja		00:50:32.80	00:50:51.70	+00:15:27 (30.4%)	5:03	11.9 (70.0%)
114	WOJCIECHOWSKI Jarosław	283		M 40-49	39			00:50:45.60	00:50:56.40	+00:15:31 (30.5%)	5:04	11.8 (69.4%)
115	OSTROWSKI Piotr	196	OSTROWSKI TEAM	M 30-39	48			00:50:39.30	00:50:56.80	+00:15:32 (30.5%)	5:03	11.8 (69.4%)
116	ANDRZEJEWSKI Ryszard	2	WZGÓRZE WOLNOŚCI	M 60+	2			00:50:50.50	00:50:58.10	+00:15:33 (30.5%)	5:05	11.8 (69.4%)
117	WALENCIAK Jarosław	273	CZARNE STOPY.SM	M 40-49	40	Czarne Stopy.SM	1	00:50:52.00	00:50:58.90	+00:15:34 (30.5%)	5:05	11.8 (69.4%)
118	MOŻUCH Maciej	183		M 40-49	41			00:50:50.25	00:51:11.20	+00:15:46 (30.8%)	5:05	11.8 (69.4%)
119	GABRYCH Andrzej	324	BYDGOSKIE OKONIE	M 40-49	42			00:51:06.45	00:51:14.90	+00:15:50 (30.9%)	5:06	11.7 (68.8%)
120	BAUMAN Krystian	9	DRUŻYNA SZPIKU	M 30-39	49	DRUŻYNA SZPIKU	1	00:51:04.45	00:51:22.00	+00:15:57 (31.1%)	5:06	11.7 (68.8%)
121	PULCHNY Rafał	217		M 40-49	43			00:51:00.10	00:51:25.45	+00:16:00 (31.1%)	5:06	11.8 (69.4%)
122	ŁUGIEWICZ Marek	303		M 50-59	14		1	00:51:19.30	00:51:25.60	+00:16:01 (31.1%)	5:07	11.7 (68.8%)
123	STANECKI Marcin	236	STANECCY	M 40-49	44			00:51:08.95	00:51:27.35	+00:16:02 (31.2%)	5:06	11.7 (68.8%)
124	DRZYMALSKI Rafał	56	SER KPD	M 20-29	13	SER KPD	1	00:51:20.50	00:51:36.35	+00:16:11 (31.4%)	5:08	11.7 (68.8%)
125	BRZozowski Marcin	26	RUN PASJA BRZOZA TRI TEAM	M 20-29	14	Run Pasja		00:51:25.25	00:51:44.05	+00:16:19 (31.6%)	5:08	11.7 (68.8%)
126	OSZUBSKI Kazimierz	197		M 40-49	45			00:51:41.85	00:51:48.40	+00:16:23 (31.6%)	5:10	11.6 (68.2%)
127	RZEMEK Sławomir	227	RUN BYDGOSZCZ	M 30-39	50			00:51:36.10	00:51:51.65	+00:16:27 (31.7%)	5:09	11.6 (68.2%)
128	GROCHOWSKI Jakub	69	JW1515	M 30-39	51	JW1515		00:51:52.30	00:51:58.90	+00:16:34 (31.9%)	5:11	11.6 (68.2%)
129	LATO Sławek	148	MUROWANIEC TEAM	M 40-49	46			00:52:03.70	00:52:24.65	+00:17:00 (32.4%)	5:12	11.5 (67.6%)
130	SZPAKIEWICZ Piotr	248	BBL TORUŃ	M 20-29	15	BBL Toruń		00:52:22.50	00:52:26.65	+00:17:02 (32.5%)	5:14	11.5 (67.6%)
130	LEWANDOWSKI Paweł	151	TIM JEZEWO-LABISZYN	M 50-59	15			00:52:07.95	00:52:26.65	+00:17:02 (32.5%)	5:12	11.5 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
132	GABRYCH Adam	60		M 20-29	16			00:52:02.70	00:52:30.50	+00:17:05 (32.6%)	5:12	11.5 (67.6%)
133	KOLANOWSKI Wojciech	116		M 50-59	16			00:52:24.50	00:52:37.10	+00:17:12 (32.7%)	5:14	11.4 (67.1%)
134	WIŚNIEWSKI Włodzimierz	281		M 50-59	17			00:52:16.20	00:52:39.50	+00:17:14 (32.8%)	5:13	11.5 (67.6%)
135	STANKIEWICZ Błażej	109	LKS OSTROMECKO	M 40-49	47			00:52:45.85	00:52:48.15	+00:17:23 (32.9%)	5:16	11.4 (67.1%)
136	ŚWIERCZYŃSKI Robert	301	II RWTPS	M 50-59	18		1	00:52:45.55	00:52:54.55	+00:17:29 (33.1%)	5:16	11.4 (67.1%)
137	TOMASZEK Michał	259	BIEGAJ Z DĘBAMI	M 30-39	52			00:52:37.90	00:52:55.35	+00:17:30 (33.1%)	5:15	11.4 (67.1%)
138	MACIĄG Marian	164	GRĘBOCIN	M 40-49	48			00:52:34.45	00:52:56.95	+00:17:32 (33.1%)	5:15	11.4 (67.1%)
139	PRZERACKI Mirosław	213	PGB SPORTOWA PACZKA	M 40-49	49			00:52:33.15	00:52:57.10	+00:17:32 (33.1%)	5:15	11.4 (67.1%)
140	SZULAKOWSKI Tomasz	252	KURCZE JAK DALEKO	M 40-49	50			00:52:51.85	00:53:04.65	+00:17:40 (33.3%)	5:17	11.3 (66.5%)
141	GABRYSIAK Dawid	58		M 30-39	53			00:53:03.75	00:53:18.00	+00:17:53 (33.6%)	5:18	11.3 (66.5%)
142	KISZKA Marcin	308	RUN PASJA	M 30-39	54	ZK Fordon	1	00:53:07.20	00:53:25.25	+00:18:00 (33.7%)	5:18	11.3 (66.5%)
143	MOKOS Tomasz	182	BBL INOWROCŁAW	M 30-39	55			00:53:07.30	00:53:26.80	+00:18:02 (33.7%)	5:18	11.3 (66.5%)
144	DOMAN Janusz	51	UKS SZABLA BRZOZA	M 60+	3			00:53:24.55	00:53:28.60	+00:18:04 (33.8%)	5:20	11.2 (65.9%)
145	KRÓL Rafał	134		M 30-39	56			00:53:12.65	00:53:38.00	+00:18:13 (34.0%)	5:19	11.3 (66.5%)
146	TRUDNOWSKI Janusz	263	DRUŻYNA SZPIKU BYDGOSZCZ	M 60+	4			00:53:23.85	00:53:38.85	+00:18:14 (34.0%)	5:20	11.2 (65.9%)
147	BYRTEK Grzegorz	311		M 40-49	51			00:53:38.00	00:53:49.45	+00:18:24 (34.2%)	5:21	11.2 (65.9%)
148	GĄSIOREK Tomasz	192	BRZOZA BIEGA	M 50-59	19			00:53:54.25	00:54:01.60	+00:18:37 (34.5%)	5:23	11.1 (65.3%)
149	GUMMER Andrzej	70		M 30-39	57			00:53:53.10	00:54:09.95	+00:18:45 (34.6%)	5:23	11.1 (65.3%)
150	KRASIŃSKI Piotr	131		M 40-49	52			00:54:04.05	00:54:21.05	+00:18:56 (34.8%)	5:24	11.1 (65.3%)
151	JAROSZEWICZ Adam	81	SZABLA BRZOZA	M 40-49	53	Szabla Brzoza		00:54:03.70	00:54:26.30	+00:19:01 (35.0%)	5:24	11.1 (65.3%)
152	GACA Piotr	59		M 30-39	58			00:54:07.45	00:54:30.35	+00:19:05 (35.0%)	5:24	11.1 (65.3%)
153	RAUT Wiesław	220	RUN PASJA	M 60+	5			00:54:14.10	00:54:32.65	+00:19:08 (35.1%)	5:25	11.1 (65.3%)
154	KOWANEK Mateusz	127		M 20-29	17		1	00:54:26.40	00:54:38.40	+00:19:13 (35.2%)	5:26	11 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
155	BRZOWSKI Jarosław	24	BRZOZA TRI TEAM	M 50-59	20			00:54:28.30	00:54:52.40	+00:19:27 (35.5%)	5:26	11 (64.7%)
156	SZUBARTOWSKI Robert	251		M 40-49	54			00:54:52.65	00:55:15.35	+00:19:50 (35.9%)	5:29	10.9 (64.1%)
157	KASZOWICZ Marek	104	RWT W BYDGOSZCZY	M 40-49	55		1	00:54:57.55	00:55:15.95	+00:19:51 (35.9%)	5:29	10.9 (64.1%)
158	KAWALEC Sebastian	105	SER KPD	M 30-39	59	SER KPD	1	00:55:05.40	00:55:21.25	+00:19:56 (36.0%)	5:30	10.9 (64.1%)
159	HARACEWIAT Michał	74	BBL TORUŃ	M 20-29	18	BBL Toruń		00:55:14.90	00:55:25.35	+00:20:00 (36.1%)	5:31	10.9 (64.1%)
160	PRZYBYLSKI Mariusz	215		M 50-59	21			00:55:13.55	00:55:27.00	+00:20:02 (36.1%)	5:31	10.9 (64.1%)
161	MAREK Sławomir	173		M 30-39	60			00:55:11.80	00:55:27.85	+00:20:03 (36.2%)	5:31	10.9 (64.1%)
162	BLEJA Krystian	16	PGB SPORTOWA PACZKA	M 30-39	61			00:55:15.60	00:55:28.40	+00:20:03 (36.2%)	5:31	10.9 (64.1%)
163	KALA Michał	92		M 30-39	62			00:55:09.40	00:55:29.65	+00:20:05 (36.2%)	5:30	10.9 (64.1%)
164	WEGNER Roman	275		M 50-59	22			00:55:18.30	00:55:30.50	+00:20:05 (36.2%)	5:31	10.8 (63.5%)
165	CHAMERA Adam	33	ARTA.PL	M 40-49	56			00:55:18.30	00:55:34.80	+00:20:10 (36.3%)	5:31	10.8 (63.5%)
166	KOZAKIEWICZ Marcin	128		M 40-49	57			00:55:17.25	00:55:36.70	+00:20:12 (36.3%)	5:31	10.9 (64.1%)
167	ZAREMBA Jacek	294	NAKIELSKI KLUB BIEGACZA	M 30-39	63			00:55:17.70	00:55:36.90	+00:20:12 (36.3%)	5:31	10.9 (64.1%)
168	JASTRZEMBSKI Tomasz	82	DYNAMO SKARPA	M 30-39	64			00:55:17.85	00:55:46.10	+00:20:21 (36.5%)	5:31	10.8 (63.5%)
169	PRIEWE Paweł	211	DYNAMO SKARPA	M 30-39	65			00:55:18.70	00:55:46.25	+00:20:21 (36.5%)	5:31	10.8 (63.5%)
170	BRZOWSKI Piotr	25	BRZOZA TRI TEAM	M 20-29	19			00:55:30.20	00:55:54.30	+00:20:29 (36.7%)	5:33	10.8 (63.5%)
171	BŁAŻEJEWSKI Kacper	17		M 20-29	20			00:55:31.75	00:55:56.25	+00:20:31 (36.7%)	5:33	10.8 (63.5%)
172	LEWANDOWSKI Rafal	150		M 30-39	66			00:55:47.90	00:56:01.60	+00:20:37 (36.8%)	5:34	10.8 (63.5%)
173	PIECHOWIAK Jacek	206		M 40-49	58			00:56:00.20	00:56:23.80	+00:20:59 (37.2%)	5:36	10.7 (62.9%)
174	TUCZYŃSKI Robert	269		M 30-39	67			00:56:34.00	00:56:47.75	+00:21:23 (37.7%)	5:39	10.6 (62.4%)
175	PANOWICZ Marek	200		M 40-49	59			00:56:39.30	00:56:51.30	+00:21:26 (37.7%)	5:39	10.6 (62.4%)
176	BROŻYNIAK Michał	23		M 30-39	68			00:56:39.55	00:56:51.60	+00:21:27 (37.7%)	5:39	10.6 (62.4%)
177	BOGUSŁAWSKI Mateusz	19		M 30-39	69			00:56:41.00	00:57:07.20	+00:21:42 (38.0%)	5:40	10.6 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	WOŁOSZYN Kazimierz	284	BRZOZA BIEGA / ROWEROWA BRZOZA	M 50-59	23			00:57:01.55	00:57:11.45	+00:21:46 (38.1%)	5:42	10.5 (61.8%)
179	DOLATA Grzegorz	50	KK KRUSZYN KRAJEŃSKI	M 40-49	60	KK Kruszyn Krajeński		00:57:06.85	00:57:14.75	+00:21:50 (38.1%)	5:42	10.5 (61.8%)
180	BUDZIAK Bartosz	28		M 40-49	61			00:56:57.25	00:57:16.70	+00:21:52 (38.2%)	5:41	10.5 (61.8%)
181	SZYSLER Jarosław	318	CIELAKI	M 30-39	70			00:57:06.20	00:57:17.60	+00:21:53 (38.2%)	5:42	10.5 (61.8%)
182	TWARDOWSKI Wojciech	271	RUN BYDGOSZCZ	M 40-49	62	RUN BYDGOSZCZ		00:56:59.75	00:57:21.10	+00:21:56 (38.3%)	5:42	10.5 (61.8%)
183	SZCZĘSNY Arkadiusz	245	DYNAMO SKARPA	M 30-39	71			00:56:54.20	00:57:21.75	+00:21:57 (38.3%)	5:41	10.5 (61.8%)
184	CZAJA Jarosław	37		M 30-39	72			00:57:27.15	00:57:51.95	+00:22:27 (38.8%)	5:44	10.4 (61.2%)
185	GOŁĘBIEWSKI Jerzy	62		M 40-49	63			00:57:46.00	00:58:05.95	+00:22:41 (39.1%)	5:46	10.4 (61.2%)
186	MIKUŁA Tomek	177	GORDON RUN	M 30-39	73	GORDON RUN		00:58:17.00	00:58:32.85	+00:23:08 (39.5%)	5:49	10.3 (60.6%)
187	DYSARSKI Łukasz	314	TARTAK ZIELONKA	M 30-39	74			00:58:20.95	00:58:36.50	+00:23:11 (39.6%)	5:50	10.3 (60.6%)
188	ŁOBOCKI Krzysztof	162		M 30-39	75			00:58:27.25	00:58:39.15	+00:23:14 (39.6%)	5:50	10.3 (60.6%)
189	KRZYŻANOWSKI Wojciech	139	AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY	M 40-49	64			00:59:00.80	00:59:11.60	+00:23:47 (40.2%)	5:54	10.2 (60.0%)
190	URBAN Marek	272		M 50-59	24			00:58:59.90	00:59:19.60	+00:23:55 (40.3%)	5:54	10.2 (60.0%)
191	KOZŁOWSKI Sławomir	130		M 30-39	76			00:59:13.10	00:59:39.40	+00:24:14 (40.6%)	5:55	10.1 (59.4%)
192	HARACEWIAT Cezary	73	JFTC SU	M 50-59	25	JFTC SU	1	00:59:39.30	00:59:49.10	+00:24:24 (40.8%)	5:58	10.1 (59.4%)
193	JANUSZEWSKI Michał	80		M 30-39	77			01:00:37.35	01:00:48.30	+00:25:23 (41.8%)	6:03	9.9 (58.2%)
194	KUKLIŃSKI Rafał	144		M 30-39	78			01:00:57.90	01:01:23.35	+00:25:58 (42.3%)	6:05	9.8 (57.6%)
195	JAŹDŹEWSKI Jarosław	85	JAZDZOLE	M 30-39	79			01:01:03.50	01:01:23.90	+00:25:59 (42.3%)	6:06	9.8 (57.6%)
196	ŁOBODA Robert	163	NIEBIESKO-CZARNA ARMIA	M 40-49	65			01:02:22.05	01:02:33.50	+00:27:08 (43.4%)	6:14	9.6 (56.5%)
197	SCHULZ Maciej	228	PRUSZCZ BIEGA	M 40-49	66			01:03:37.75	01:03:59.70	+00:28:35 (44.7%)	6:21	9.4 (55.3%)
198	KANJERSKI Jerzy	98	RUN BYDGOSZCZ	M 60+	6			01:04:56.50	01:05:18.30	+00:29:53 (45.8%)	6:29	9.2 (54.1%)
199	PASIEKA Tomasz	202	KLUB ŻOŁNIERZY REZERWY LOK NAKŁO	M 40-49	67			01:05:08.20	01:05:30.80	+00:30:06 (45.9%)	6:30	9.2 (54.1%)
200	SZTEJKA Damian	250	BENEFITKSO	M 40-49	68			01:06:31.20	01:06:50.30	+00:31:25 (47.0%)	6:39	9 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
201	GRABOWSKI Piotr	320		M 40-49	69			01:07:53.55	01:08:18.65	+00:32:54 (48.2%)	6:47	8.8 (51.8%)
202	MIELCAREK Zdzisław	325	BRZOZA BIEGA	M 60+	7			01:07:54.75	01:08:19.25	+00:32:54 (48.2%)	6:47	8.8 (51.8%)
203	HALLEK Piotr	316		M 30-39	80			01:15:11.75	01:15:33.70	+00:40:09 (53.1%)	7:31	8 (47.1%)
204	WZOREK Pawel	290		M 40-49	70			01:16:14.95	01:16:42.25	+00:41:17 (53.8%)	7:37	7.9 (46.5%)
205	PODKÓWKA Zbigniew	208		M 50-59	26			01:16:55.90	01:17:23.15	+00:41:58 (54.2%)	7:41	7.8 (45.9%)
	KULPA Maciej	1001		M 50-59				DNF	DNF		-	- (0.0%)

Znaleziono 206 wynik(ów)