



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

DLA BIAŁO - CZERWONEJ
Stowarzyszenie Brzoza Biega, Rowerowa Brzoza
2021-11-14
Bydgoszcz
11 km

BIEG DLA BIAŁO-CZERWONEJ

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: [Wszyscy](#)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	1.8km	9.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	IUKHYMCHUK Mykola	168	ACHILLES LESZNO	M-30	1		00:06:30	00:31:44	00:35:42.35	00:35:43.75		3:14	18.5 (100%)
2	DIDOVODIUK Dmytro	176	CKBIE-TIME-RIVNE	M-30	2		00:06:31	00:32:10	00:36:13.40	00:36:13.40	+00:00:29 (1.4%)	3:17	18.2 (98.4%)
3	GOSIEWSKI Krzysztof	116		M-30	3	1 BLog	00:06:43	00:32:34	00:36:33.50	00:36:34.20	+00:00:50 (2.3%)	3:19	18.1 (97.8%)
4	RATAJCZYK Przemysław	146	TKKF KOLEJARZ BYDGOSZCZ	M-20	1	PSP ALEKS. KUJ.	00:07:14	00:35:59	00:40:06.80	00:40:08.80	+00:04:25 (11.0%)	3:38	16.5 (89.2%)
5	DZIERLIŃSKI Paweł	86	THE RUNNERS ŚWIECIE	M-30	4		00:07:42	00:36:27	00:40:47.45	00:40:48.80	+00:05:05 (12.5%)	3:42	16.2 (87.6%)
6	SKIBA Łukasz	113		M-30	5	1 BLog	00:07:28	00:36:58	00:41:13.05	00:41:14.40	+00:05:30 (13.4%)	3:44	16 (86.5%)
7	NALEWALSKI Rafał	115		M-20	2	1 BLog	00:07:35	00:37:12	00:41:15.10	00:41:16.10	+00:05:32 (13.4%)	3:45	16 (86.5%)
8	ORCHOLSKI Witold	67	T.S. OPATRUNKI TORUŃ	M-50	1		00:06:34	00:36:40	00:41:32.30	00:41:32.90	+00:05:49 (14.0%)	3:46	15.9 (85.9%)
9	GRUSZKA Gracjan	93	CWZS ZAWISZA BYDGOSZCZ SL	M-20	3		00:07:21	00:37:15	00:41:39.45	00:41:40.25	+00:05:56 (14.3%)	3:47	15.8 (85.4%)
10	KILTARSKA Valentyna	166	LKB RUDNIK.	K-30	1		00:07:37	00:37:01	00:41:48.05	00:41:49.35	+00:06:05 (14.6%)	3:48	15.8 (85.4%)
11	GOŁDYN Sebastian	118		M-30	6	2 BLog	00:08:00	00:38:13	00:42:48.80	00:42:50.50	+00:07:06 (16.6%)	3:53	15.4 (83.2%)
12	DIDOVODIUK Olesia	175	CKBIE-TIME-RIVNE	K-30	2		00:07:54	00:38:32	00:43:08.55	00:43:10.40	+00:07:26 (17.2%)	3:55	15.3 (82.7%)
13	BIAŁEK Dawid	117		M-30	7	1 BLog	00:07:53	00:38:42	00:43:10.65	00:43:12.50	+00:07:28 (17.3%)	3:55	15.3 (82.7%)
14	DEROŃ Waldemar	130		M-30	8	1 BLog	00:08:04	00:39:38	00:44:13.20	00:44:15.05	+00:08:31 (19.3%)	4:01	14.9 (80.5%)
15	TUCZYŃSKI Sylwester Leon	63	BYDGOSKIE OKONOE	M-20	4		00:08:12	00:39:38	00:44:27.50	00:44:31.05	+00:08:47 (19.7%)	4:02	14.8 (80.0%)
16	NOWAKOWSKA Anna	114		K-30	3	2 BLog	00:08:11	00:39:53	00:44:43.50	00:44:45.70	+00:09:01 (20.2%)	4:03	14.8 (80.0%)
17	KOLMAJER Rafał	144		M-40	1		00:08:17	00:40:25	00:45:00.70	00:45:03.75	+00:09:20 (20.7%)	4:05	14.7 (79.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
18	SOSNOWSKI Krzysztof	143	SP 17 BYDGOSZCZ	M-40	2		00:08:29	00:40:35	00:45:06.95	00:45:10.60	+00:09:26 (20.9%)	4:06	14.6 (78.9%)
19	BEDRA Robert	103	CZARNE STOPY	M-40	3		00:08:38	00:40:36	00:45:11.70	00:45:13.85	+00:09:30 (21.0%)	4:06	14.6 (78.9%)
20	KOWALCZYK Marek	73	BRZOZA BIEGA	M-40	4		00:08:14	00:40:46	00:45:29.35	00:45:31.60	+00:09:47 (21.5%)	4:08	14.5 (78.4%)
21	OCHAL Olga	167		K-30	4		00:08:21	00:40:37	00:45:32.30	00:45:33.70	+00:09:49 (21.6%)	4:08	14.5 (78.4%)
22	GOŁEMBIEWSKI Marek	178	VLOMS	M-40	5		00:08:36	00:40:54	00:45:37.80	00:45:37.80	+00:09:54 (21.7%)	4:08	14.5 (78.4%)
23	CHYBCZYŃSKI Wojciech	22	JANOSIKI	M-40	6	JANOSIKI	00:08:16	00:41:03	00:45:54.45	00:45:55.50	+00:10:11 (22.2%)	4:10	14.4 (77.8%)
24	HOŁTYN Patryk	147	TKKF KOLEJARZ BYDGOSZCZ	M-30	9		00:08:40	00:41:20	00:45:58.35	00:46:02.65	+00:10:18 (22.4%)	4:10	14.4 (77.8%)
25	KARASZEWSKI Norbert	45		M-30	10	1. WSzP	00:08:10	00:41:12	00:46:08.15	00:46:10.40	+00:10:26 (22.6%)	4:11	14.3 (77.3%)
26	LUTOWSKI Wojciech	156		M-30	11		00:08:20	00:41:24	00:46:27.35	00:46:29.80	+00:10:46 (23.2%)	4:13	14.2 (76.8%)
27	FABIAŃSKI Łukasz	60		M-20	5		00:08:21	00:41:52	00:46:34.65	00:46:39.00	+00:10:55 (23.4%)	4:14	14.2 (76.8%)
28	SZCZYPAŃSKI Jerzy	170		M-40	7		00:08:39	00:42:09	00:46:51.25	00:46:53.85	+00:11:10 (23.8%)	4:15	14.1 (76.2%)
29	KUBIAK Tomasz	104	TG SOKÓŁ GNIEWKOWO	M-40	8		00:08:56	00:42:01	00:46:58.35	00:47:03.55	+00:11:19 (24.1%)	4:16	14.1 (76.2%)
30	ŁAZARSKI Marian	11	START TEAM WĄBRZEŻNO	M-40	9	KP PSP Wąbrzeżno	00:08:38	00:42:12	00:47:03.00	00:47:06.10	+00:11:22 (24.1%)	4:16	14 (75.7%)
31	SZENK Marta	158		K-40	1	RCI Bydgoszcz	00:08:21	00:41:57	00:47:11.95	00:47:13.95	+00:11:30 (24.4%)	4:17	14 (75.7%)
32	BOBER Bartłomiej	152		M-20	6	3 RBLog	00:08:33	00:42:06	00:47:12.05	00:47:23.20	+00:11:39 (24.6%)	4:17	14 (75.7%)
33	NOCEK Paweł	112		M-30	12	2 BLog	00:08:37	00:42:09	00:47:23.80	00:47:26.30	+00:11:42 (24.7%)	4:18	13.9 (75.1%)
34	BRAUN Zbigniew	82	WKB MARATOŃCZYK WŁOCŁAWEK	M-30	13		00:08:28	00:42:28	00:47:30.30	00:47:32.50	+00:11:48 (24.8%)	4:19	13.9 (75.1%)
35	RONOWICZ Mateusz	62		M-30	14	12WOG	00:08:50	00:42:49	00:47:35.10	00:47:39.50	+00:11:55 (25.0%)	4:19	13.9 (75.1%)
36	DONARSKI Franciszek	1	N BIKE ACADEMY	M-1	1		00:08:11	00:43:05	00:48:04.55	00:48:06.70	+00:12:22 (25.7%)	4:22	13.7 (74.1%)
37	GRZEGOCKI Piotr	91	CHMIELARZ TEAM	M-30	15		00:08:44	00:43:22	00:48:10.95	00:48:14.30	+00:12:30 (25.9%)	4:22	13.7 (74.1%)
38	WADELSKI Maciej	155		M-30	16	2 BLog	00:09:16	00:43:16	00:48:09.30	00:48:15.10	+00:12:31 (26.0%)	4:22	13.7 (74.1%)
39	WYPIJEWSKI Jerzy	79	WKB MARATOŃCZYK WŁOCŁAWEK	M-40	10		00:08:36	00:43:11	00:48:15.65	00:48:18.45	+00:12:34 (26.0%)	4:23	13.7 (74.1%)
40	TACZKOWSKI Jarosław	171	SP 44 BYDGOSZCZ	M-40	11		00:08:48	00:43:11	00:48:18.10	00:48:22.20	+00:12:38 (26.1%)	4:23	13.7 (74.1%)
41	STACHOWICZ Wiesław	72		M-40	12	IWSPSZ	00:09:19	00:43:23	00:48:27.45	00:48:30.40	+00:12:46 (26.3%)	4:24	13.6 (73.5%)
42	GOŁATA Wojciech	121	AKADEMIA MISTRZÓW SPORTU	M-40	13		00:08:48	00:44:03	00:48:53.20	00:48:56.55	+00:13:12 (27.0%)	4:26	13.5 (73.0%)
43	JAGIEŁA Jarosław	160	TKKF KOLEJARZ BYDGOSZCZ	M-40	14		00:08:43	00:43:50	00:48:53.15	00:48:57.60	+00:13:13 (27.0%)	4:26	13.5 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Tempo min/km	Tempo km/h	
									netto 11km	brutto 11km			
44	KARCZMARCZYK Mateusz	3		M-30	17		00:08:37	00:43:30	00:48:54.60	00:48:57.65	+00:13:13 (27.0%)	4:26	13.5 (73.0%)
45	ŁUCZAK Paweł	129	TKKF KOLEJARZ BYDGOSZCZ	M-50	2		00:08:54	00:44:11	00:49:27.00	00:49:28.90	+00:13:45 (27.8%)	4:29	13.3 (71.9%)
46	LATAŃSKA Zuzanna	133	MLKS NADWIŚLANIN CHEŁMNO	K-20	1		00:08:38	00:44:24	00:49:38.00	00:49:41.50	+00:13:57 (28.1%)	4:30	13.3 (71.9%)
47	WŁODARSKI Przemysław	76	BYDGOSKIE OKONIE	M-30	18		00:09:20	00:45:02	00:50:48.85	00:50:48.85	+00:15:05 (29.7%)	4:37	13 (70.3%)
48	NATYWA Tomasz	52		M-30	19	12WOG	00:09:43	00:45:49	00:51:02.30	00:51:11.85	+00:15:28 (30.2%)	4:38	12.9 (69.7%)
49	DĄBROWSKI Leszek	142	START TEAM WĄBRZEŻNO	M-40	15		00:09:43	00:46:00	00:51:14.10	00:51:20.35	+00:15:36 (30.4%)	4:39	12.9 (69.7%)
50	UFNOWSKI Sebastian	78	AKTYWNI BOROWIACY CZERSK	M-40	16		00:09:15	00:46:05	00:51:21.70	00:51:30.45	+00:15:46 (30.6%)	4:40	12.9 (69.7%)
51	PASTUSZAK Rafał	43	START TEAM WĄBRZEŻNO	M-40	17		00:09:38	00:46:19	00:51:37.85	00:51:43.25	+00:15:59 (30.9%)	4:41	12.8 (69.2%)
52	JASIŃSKI Sylwester	83	WKB MARATOŃCZYK WŁOCLAWEK	M-30	20		00:09:10	00:46:30	00:51:56.80	00:52:02.00	+00:16:18 (31.3%)	4:43	12.7 (68.6%)
53	BUZALSKI Robert	49	ORANGE POLSKA	M-40	18		00:09:10	00:46:31	00:51:59.10	00:52:02.20	+00:16:18 (31.3%)	4:43	12.7 (68.6%)
54	MARCINIAK Przemysław	12		M-30	21		00:09:14	00:47:03	00:52:18.85	00:52:25.90	+00:16:42 (31.9%)	4:45	12.6 (68.1%)
55	ZBIRANEK Remigiusz	149		M-40	19	2 BLog	00:09:16	00:46:45	00:52:38.35	00:52:43.90	+00:17:00 (32.2%)	4:47	12.5 (67.6%)
56	SZOPIŃSKI Rafał	75		M-40	20		00:09:22	00:47:30	00:53:20.80	00:53:26.90	+00:17:43 (33.2%)	4:50	12.4 (67.0%)
57	PUCHACZ Marcin	71		M-30	22		00:09:31	00:48:10	00:53:46.40	00:53:50.20	+00:18:06 (33.6%)	4:53	12.3 (66.5%)
58	PIASECKI Jacek	50		M-30	23	12WOG	00:10:04	00:48:56	00:54:14.55	00:54:23.85	+00:18:40 (34.3%)	4:55	12.2 (65.9%)
59	BARSZCZEWSKI Sebastian	39		M-40	21		00:10:05	00:49:11	00:54:18.85	00:54:29.85	+00:18:46 (34.4%)	4:56	12.2 (65.9%)
60	SZKUTA Jarek	125	RAJD NIETOPERZA	M-30	24		00:10:00	00:48:46	00:54:34.45	00:54:48.95	+00:19:05 (34.8%)	4:57	12.1 (65.4%)
61	BONKOWSKI Paweł	77		M-50	3		00:10:21	00:49:13	00:54:45.15	00:54:53.70	+00:19:09 (34.9%)	4:58	12.1 (65.4%)
62	SKONIECZNY Marcin	16	BIEGIEM PO MARZENIA -STARY FORDON BIEGAM PO WALE I JEST WSPANIALE	M-40	22		00:09:54	00:49:18	00:54:51.40	00:54:56.50	+00:19:12 (35.0%)	4:59	12 (64.9%)
63	NARTOWSKI Łukasz	46		M-30	25		00:10:19	00:49:22	00:55:04.35	00:55:14.25	+00:19:30 (35.3%)	5:00	12 (64.9%)
64	KOZŁOWSKI Tomasz	102		M-30	26	1. WSzP	00:10:54	00:49:36	00:55:04.20	00:55:17.65	+00:19:33 (35.4%)	5:00	12 (64.9%)
65	WIŚNIEWSKI Zbigniew	55	BRZOZA BIEGA	M-50	4		00:10:31	00:49:35	00:55:11.10	00:55:19.20	+00:19:35 (35.4%)	5:01	12 (64.9%)
66	ANDRZEJEWSKA Sylwia	163		K-30	5		00:09:55	00:49:40	00:55:19.25	00:55:22.20	+00:19:38 (35.5%)	5:01	11.9 (64.3%)
67	SOWIŃSKI Marcin	54		M-30	27	1. WSzP	00:10:43	00:49:30	00:55:09.15	00:55:23.10	+00:19:39 (35.5%)	5:00	12 (64.9%)
68	ŚWIERCZYŃSKI Marcin	21	ATHLETICOMED.PL BYDGOSZCZ	M-30	28		00:10:33	00:49:44	00:55:16.30	00:55:23.65	+00:19:39 (35.5%)	5:01	11.9 (64.3%)
69	SZMECHTIG-GAUDEN Ewa	47		K-40	2	12WOG	00:10:18	00:49:34	00:55:20.25	00:55:27.65	+00:19:43 (35.6%)	5:01	11.9 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
70	CZERWIŃSKI Michał	33		M-30	29	12WOG	00:10:18	00:49:26	00:55:17.35	00:55:28.25	+00:19:44 (35.6%)	5:01	11.9 (64.3%)
71	RASZKA Konrad	109	RUN LOTTO-BYDGOSTIA	M-1	2		00:09:37	00:49:55	00:55:29.00	00:55:34.65	+00:19:50 (35.7%)	5:02	11.9 (64.3%)
72	SZARAFIŃSKI Dawid	110	RUN LOTTO-BYDGOSTIA	M-1	3		00:09:53	00:50:00	00:55:30.05	00:55:35.85	+00:19:52 (35.7%)	5:02	11.9 (64.3%)
73	NATYWA Łukasz	51		M-30	30	12WOG	00:10:09	00:49:55	00:55:36.10	00:55:45.55	+00:20:01 (35.9%)	5:03	11.9 (64.3%)
74	ŻARSKI Mateusz	165		M-30	31		00:10:26	00:50:12	00:55:50.95	00:56:02.75	+00:20:19 (36.3%)	5:04	11.8 (63.8%)
75	KAZUBOWSKI Jacek	14	TRIDARKO	M-50	5		00:10:21	00:50:09	00:56:09.20	00:56:13.25	+00:20:29 (36.4%)	5:06	11.8 (63.8%)
76	CEGŁOWSKI Marcin	74	TEAM GARDONIX	M-40	23		00:10:16	00:50:23	00:56:15.70	00:56:20.30	+00:20:36 (36.6%)	5:06	11.7 (63.2%)
77	STRZAŁKA Robert	64	MUKS PIĘTNASTKA BYDGOSZCZ	M-30	32		00:10:26	00:50:12	00:56:10.45	00:56:22.05	+00:20:38 (36.6%)	5:06	11.8 (63.8%)
78	GRALIK Jędrzej	17	BYDGOSKIE OKONIE	M-20	7		00:10:12	00:50:20	00:56:19.70	00:56:24.35	+00:20:40 (36.7%)	5:07	11.7 (63.2%)
79	SZTYPKA Konrad	84	WKB MARATOŃCZYK WŁOCŁAWEK	M-40	24		00:10:47	00:50:39	00:56:14.15	00:56:27.30	+00:20:43 (36.7%)	5:06	11.7 (63.2%)
80	NIEDBALSKI Grzegorz	95	RUN BYDGOSZCZ	M-60	1		00:10:42	00:50:37	00:56:23.45	00:56:30.05	+00:20:46 (36.8%)	5:07	11.7 (63.2%)
81	KOWALCZYK Kamila	108		K-20	2	1. WSzP	00:10:48	00:50:17	00:56:18.50	00:56:31.50	+00:20:47 (36.8%)	5:07	11.7 (63.2%)
82	GRZYWIŃSKI Wojtek	34		M-30	33	12WOG	00:10:17	00:50:37	00:56:33.95	00:56:44.25	+00:21:00 (37.0%)	5:08	11.7 (63.2%)
83	KADOW Ryszard	100		M-40	25		00:10:09	00:50:31	00:56:38.30	00:56:44.55	+00:21:00 (37.0%)	5:08	11.7 (63.2%)
84	SZTYPKA Justyna	85	WKB MARATOŃCZYK WŁOCŁAWEK	K-40	3		00:10:49	00:50:42	00:56:35.70	00:56:48.00	+00:21:04 (37.1%)	5:08	11.7 (63.2%)
85	NYKIEL Tomasz	38		M-50	6	3 RBLog	00:10:31	00:51:04	00:56:43.90	00:56:49.30	+00:21:05 (37.1%)	5:09	11.6 (62.7%)
86	MAJDA Michał	154		M-40	26	3 RBLog	00:10:45	00:50:59	00:56:45.50	00:56:55.50	+00:21:11 (37.2%)	5:09	11.6 (62.7%)
87	KRÓLIKOWSKI Roman	159		M-40	27	3 RBLog	00:10:45	00:51:00	00:56:53.50	00:57:03.90	+00:21:20 (37.4%)	5:10	11.6 (62.7%)
88	ŻAROŃ Sławomir	58	EBUD-DOM	M-60	2		00:10:48	00:51:13	00:57:04.20	00:57:13.05	+00:21:29 (37.6%)	5:11	11.6 (62.7%)
89	GRZEGORZEWSKI Rafał	101		M-40	28		00:10:20	00:51:20	00:57:09.70	00:57:17.50	+00:21:33 (37.6%)	5:11	11.5 (62.2%)
90	KRUSZYNA Adam	145		M-50	7		00:11:05	00:51:31	00:57:15.65	00:57:18.25	+00:21:34 (37.6%)	5:12	11.5 (62.2%)
91	STĘPIEŃ Tomasz	57		M-40	29		00:11:04	00:51:18	00:57:04.80	00:57:18.30	+00:21:34 (37.7%)	5:11	11.6 (62.7%)
92	JASZYK Łukasz	65		M-30	34	1. WSzP	00:10:46	00:51:27	00:57:05.45	00:57:19.30	+00:21:35 (37.7%)	5:11	11.6 (62.7%)
93	TRZECIAK Robert	32		M-40	30	12WOG	00:09:59	00:51:09	00:57:14.50	00:57:23.05	+00:21:39 (37.7%)	5:12	11.5 (62.2%)
94	KOWALSKI Paweł	119	RUNCROSS ROZGARTY	M-30	35		00:10:15	00:51:51	00:57:38.75	00:57:53.75	+00:22:10 (38.3%)	5:14	11.5 (62.2%)
95	WARLIKOWSKI Łukasz	44		M-30	36		00:11:06	00:52:02	00:57:52.80	00:58:01.65	+00:22:17 (38.4%)	5:15	11.4 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Tempo min/km	Tempo km/h	
									netto 11km	brutto 11km			
96	GROTA Artur	18		M-40	31		00:10:10	00:51:48	00:57:57.75	00:58:01.75	+00:22:18 (38.4%)	5:16	11.4 (61.6%)
97	LECHOWSKA Agnieszka	120		K-40	4		00:10:25	00:51:47	00:57:55.45	00:58:11.05	+00:22:27 (38.6%)	5:15	11.4 (61.6%)
98	KORYCKI Krzysztof	153		M-40	32	3 RBLog	00:11:09	00:52:27	00:58:27.50	00:58:41.00	+00:22:57 (39.1%)	5:18	11.3 (61.1%)
99	NOWAK Adrian	123	RUNBUSTERS	M-30	37		00:11:13	00:53:01	00:58:34.70	00:58:47.55	+00:23:03 (39.2%)	5:19	11.3 (61.1%)
100	LUZAK Mirosław	61	TKKF KOLEJARZ BYDGOSZCZ	M-60	3		00:11:02	00:52:36	00:58:41.60	00:58:50.90	+00:23:07 (39.3%)	5:20	11.2 (60.5%)
101	AUGUSTYNOWICZ Andrzej	28		M-40	33	RCI Bydgoszcz	00:10:56	00:52:46	00:58:44.55	00:58:55.45	+00:23:11 (39.4%)	5:20	11.2 (60.5%)
102	GRASZA Ireneusz	36		M-40	34	3 RBLog	00:10:59	00:53:03	00:59:07.40	00:59:14.45	+00:23:30 (39.7%)	5:22	11.2 (60.5%)
103	GRUDA Mirosław	8		M-60	4		00:11:25	00:53:29	00:59:24.40	00:59:30.80	+00:23:47 (40.0%)	5:24	11.1 (60.0%)
104	WYBORNA Renata	106		K-40	5		00:11:08	00:53:18	00:59:23.90	00:59:34.90	+00:23:51 (40.0%)	5:23	11.1 (60.0%)
105	KWIATKOWSKI Piotr	6		M-30	38		00:10:53	00:53:18	00:59:28.90	00:59:38.90	+00:23:55 (40.1%)	5:24	11.1 (60.0%)
106	KUTYŁA Krzysztof	127		M-40	35		00:11:14	00:53:25	00:59:37.55	00:59:44.45	+00:24:00 (40.2%)	5:25	11.1 (60.0%)
107	WIELGUSZ Grzegorz	69		M-20	8	1. WSzP	00:11:40	00:53:50	00:59:38.10	00:59:52.65	+00:24:08 (40.3%)	5:25	11.1 (60.0%)
108	ĆWIKLIŃSKA Anna	128	AKADEMIA MISTRZÓW SPORTU	K-40	6		00:10:49	00:53:47	00:59:50.15	00:59:57.55	+00:24:13 (40.4%)	5:26	11 (59.5%)
109	MERING Marta	172	TRISPICE/TREK	K-30	6		00:11:04	00:53:27	00:59:52.95	01:00:05.20	+00:24:21 (40.5%)	5:26	11 (59.5%)
110	POLAŃCZYK Paulina	4		K-30	7		00:11:05	00:54:02	00:59:53.85	01:00:06.40	+00:24:22 (40.6%)	5:26	11 (59.5%)
111	GÓRSKI Marian	19		M-60	5		00:11:07	00:53:59	01:00:05.15	01:00:09.20	+00:24:25 (40.6%)	5:27	11 (59.5%)
112	MAJCHRZAK Kasia	134		K-30	8		00:10:46	00:54:00	01:00:07.95	01:00:09.30	+00:24:25 (40.6%)	5:27	11 (59.5%)
113	WÓJCIK Damian	37		M-30	39	3 RBLog	00:10:31	00:53:47	01:00:12.20	01:00:18.15	+00:24:34 (40.8%)	5:28	11 (59.5%)
114	NOWAK Martyna	24		K-20	3	11 WOG Bydgoszcz	00:11:19	00:53:58	01:00:09.75	01:00:25.05	+00:24:41 (40.9%)	5:28	11 (59.5%)
115	NOWAK Mateusz	25		M-20	9		00:11:19	00:53:59	01:00:09.90	01:00:25.20	+00:24:41 (40.9%)	5:28	11 (59.5%)
116	BUJALSKI Jan	89	WKB MARATOŃCZYK WŁOCŁAWEK	M-70	1		00:11:43	00:53:55	01:00:16.45	01:00:29.10	+00:24:45 (40.9%)	5:28	11 (59.5%)
117	KLOSKOWSKI Adam	132		M-30	40	IWSPSZ	00:11:04	00:54:29	01:00:27.60	01:00:38.50	+00:24:54 (41.1%)	5:29	10.9 (58.9%)
118	FELINIAK Daniel	174		M-30	41		00:11:07	00:54:30	01:00:47.00	01:00:56.20	+00:25:12 (41.4%)	5:31	10.9 (58.9%)
119	ŁUCZAK Anna	131	TKKF KOLEJARZ BYDGOSZCZ	K-40	7		00:10:55	00:54:28	01:00:53.95	01:00:59.05	+00:25:15 (41.4%)	5:32	10.8 (58.4%)
120	SZYMANDERA Łukasz	70		M-30	42		00:11:27	00:54:54	01:00:48.80	01:00:59.95	+00:25:16 (41.4%)	5:31	10.9 (58.9%)
121	ŁUKACZYK Marcin	40		M-40	36	3 RBLog	00:11:06	00:54:44	01:00:52.55	01:01:00.50	+00:25:16 (41.4%)	5:32	10.8 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
122	KRAUSE Rafał	99		M-30	43		00:11:29	00:54:43	01:00:48.60	01:01:03.25	+00:25:19 (41.5%)	5:31	10.9 (58.9%)
123	CZYŻEWSKA Justyna	9		K-30	9		00:11:13	00:54:31	01:01:03.90	01:01:14.40	+00:25:30 (41.7%)	5:33	10.8 (58.4%)
124	HASS Adam	48		M-40	37		00:10:52	00:54:47	01:01:15.75	01:01:22.80	+00:25:39 (41.8%)	5:34	10.8 (58.4%)
125	CIESIELSKA Agnieszka	135	REBEL CROSS SPORT	K-40	8		00:11:21	00:55:00	01:01:21.30	01:01:27.10	+00:25:43 (41.9%)	5:34	10.8 (58.4%)
126	GROBELNA Monika	7		K-30	10		00:11:24	00:55:24	01:01:36.65	01:01:42.90	+00:25:59 (42.1%)	5:36	10.7 (57.8%)
127	MAKUCH-DOBOSZ Urszula	42		K-40	9	12WOG	00:11:22	00:55:25	01:01:50.65	01:02:02.25	+00:26:18 (42.4%)	5:37	10.7 (57.8%)
128	DOBOSZ Kamil	41		M-30	44	1. BLWL	00:11:22	00:55:25	01:01:50.80	01:02:02.40	+00:26:18 (42.4%)	5:37	10.7 (57.8%)
129	URBAŃSKI Daniel	173		M-40	38		00:11:20	00:56:01	01:02:43.50	01:02:55.50	+00:27:11 (43.2%)	5:42	10.5 (56.8%)
130	ZIÓŁKOWSKI Mieczysław	87		M-50	8		00:11:07	00:56:36	01:03:01.25	01:03:08.90	+00:27:25 (43.4%)	5:43	10.5 (56.8%)
131	DRÓZDŹ Małgorzata	162		K-30	11		00:11:53	00:57:12	01:03:24.15	01:03:30.65	+00:27:46 (43.7%)	5:45	10.4 (56.2%)
132	MAŁKIŃSKI Józef	59		M-60	6		00:11:56	00:56:55	01:03:30.25	01:03:35.35	+00:27:51 (43.8%)	5:46	10.4 (56.2%)
133	NIEŻURAWSKA Ewa	105	AKTYWNI BOROWICY CZERSK	K-40	10		00:11:46	00:57:07	01:03:35.00	01:03:43.45	+00:27:59 (43.9%)	5:46	10.4 (56.2%)
134	KARPIŃSKI Adam	31		M-50	9	12WOG	00:11:15	00:57:05	01:03:55.70	01:04:05.80	+00:28:22 (44.3%)	5:48	10.3 (55.7%)
135	KRYSZTOFIAK Michał	96		M-40	39		00:11:25	00:57:42	01:04:14.95	01:04:21.45	+00:28:37 (44.5%)	5:50	10.3 (55.7%)
136	JURGIELANIS Kamila	151		K-20	4	3 RBLog	00:11:51	00:57:45	01:04:30.85	01:04:43.40	+00:28:59 (44.8%)	5:51	10.2 (55.1%)
137	MOCZYŃSKI Leszek	80	BYDGOSZCZ NA START.	M-70	2		00:12:07	00:57:54	01:04:52.65	01:04:57.55	+00:29:13 (45.0%)	5:53	10.2 (55.1%)
138	DOMAN Janusz	157		M-60	7		00:12:20	00:58:05	01:05:00.40	01:05:11.30	+00:29:27 (45.2%)	5:54	10.2 (55.1%)
139	CIESIELSKI Adrian	136	SKRA PATEREK	M-1	4		00:11:38	00:58:45	01:05:14.30	01:05:26.25	+00:29:42 (45.4%)	5:55	10.1 (54.6%)
140	TOCZKIEWICZ Kaja	81		K-1	1		00:11:56	00:58:53	01:05:20.20	01:05:28.35	+00:29:44 (45.4%)	5:56	10.1 (54.6%)
141	TOCZKIEWICZ Piotr	90		M-40	40		00:11:44	00:58:52	01:05:25.55	01:05:33.65	+00:29:49 (45.5%)	5:56	10.1 (54.6%)
142	PUŁRÓL Zbigniew	140		M-20	10		00:12:23	00:59:21	01:05:53.30	01:06:08.30	+00:30:24 (46.0%)	5:59	10 (54.1%)
143	LEWANDOWSKI Dominik	97	LOTTO BYDGOSTIA	M-1	5		00:10:47	01:00:22	01:06:26.20	01:06:32.90	+00:30:49 (46.3%)	6:02	9.9 (53.5%)
144	RUMIANOWSKA Anna	137		K-30	12		00:12:00	00:59:28	01:06:31.75	01:06:33.60	+00:30:49 (46.3%)	6:02	9.9 (53.5%)
145	BASIŃSKI Paweł	94		M-40	41		00:11:50	00:59:22	01:06:25.35	01:06:38.25	+00:30:54 (46.4%)	6:02	9.9 (53.5%)
146	GOŁATA Agnieszka	124	AKADEMIA MISTRZÓW SPORTU	K-30	13		00:12:08	00:59:45	01:06:34.45	01:06:42.10	+00:30:58 (46.4%)	6:03	9.9 (53.5%)
147	BERKA Wiktoria	23	AMS	K-1	2		00:11:43	01:00:10	01:07:00.90	01:07:03.20	+00:31:19 (46.7%)	6:05	9.9 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
148	KACZMARCZYK Dawid	15		M-40	42	IWSPSZ	00:11:52	00:59:50	01:07:03.65	01:07:21.15	+00:31:37 (47.0%)	6:05	9.8 (53.0%)
149	ZIELSKI Karol	20		M-40	43	3 RBLog	00:11:34	01:00:39	01:07:31.95	01:07:43.10	+00:31:59 (47.2%)	6:08	9.8 (53.0%)
150	SKRZĄTEK Anna	177		K-20	5		00:12:22	01:01:07	01:07:34.95	01:07:43.70	+00:31:59 (47.2%)	6:08	9.8 (53.0%)
151	BICZKOWSKA Magdalena	179		K-40	11		00:12:13	01:00:41	01:07:46.15	01:07:55.75	+00:32:12 (47.4%)	6:09	9.7 (52.4%)
152	AUGUSTYNOWICZ Aurelia	29		K-40	12	RCI Bydgoszcz	00:12:24	01:00:33	01:07:44.60	01:07:59.30	+00:32:15 (47.4%)	6:09	9.7 (52.4%)
153	BATIUK Patryk	56	KOPERNIKA	M-20	11		00:11:52	01:00:27	01:07:57.95	01:08:11.90	+00:32:28 (47.6%)	6:10	9.7 (52.4%)
154	SZULC Krzysztof	92		M-30	45		00:12:19	01:01:17	01:08:28.90	01:08:43.30	+00:32:59 (48.0%)	6:13	9.6 (51.9%)
155	GRACZYKOWSKA Anna	27	BBKTS	K-30	14		00:12:18	01:01:01	01:09:03.80	01:09:10.50	+00:33:26 (48.3%)	6:16	9.6 (51.9%)
156	BATIUK Rafal	53		M-40	44		00:12:21	01:01:26	01:09:19.40	01:09:33.15	+00:33:49 (48.6%)	6:18	9.5 (51.4%)
157	DĘBSKI Jan	30	SOŁTYS	M-60	8		00:12:27	01:02:31	01:10:12.00	01:10:21.85	+00:34:38 (49.2%)	6:22	9.4 (50.8%)
158	KOSIŁO Marcin	26	RUNBUSTERS	M-30	46		00:13:20	01:03:43	01:11:23.25	01:11:35.50	+00:35:51 (50.1%)	6:29	9.2 (49.7%)
159	JANOWSKI Mateusz	107	RKS	M-20	12		00:12:18	01:05:15	01:13:27.05	01:13:41.95	+00:37:58 (51.5%)	6:40	9 (48.6%)
160	WOJTYSIAK Dorota	138		K-40	13		00:12:43	01:05:28	01:13:52.80	01:14:00.90	+00:38:17 (51.7%)	6:42	8.9 (48.1%)
161	PIONTEK Elżbieta	10		K-60	1		00:12:48	01:05:39	01:13:58.70	01:14:05.60	+00:38:21 (51.8%)	6:43	8.9 (48.1%)
162	ZGÓRZYŃSKI Marcel	98	RUN LOTTO-BYDGOSTIA	M-1	6		00:12:30	01:10:23	01:16:45.75	01:16:51.25	+00:41:07 (53.5%)	6:58	8.6 (46.5%)
163	BABICZ Radosław	150		M-30	47	1. WSzP	00:12:42	01:10:42	01:19:04.95	01:19:19.15	+00:43:35 (55.0%)	7:11	8.3 (44.9%)
164	DELIKAT Aleksandra	161		K-20	6	2RBlog Warszawa	00:13:25	01:11:28	01:19:41.25	01:19:49.10	+00:44:05 (55.2%)	7:14	8.3 (44.9%)
165	GRABOWSKA Lucyna	169	BRZOZA BIEGA	K-50	1		00:14:23	01:12:03	01:21:12.55	01:21:21.10	+00:45:37 (56.1%)	7:22	8.1 (43.8%)
166	MALCZEWSKA Mirka	35		K-60	2		00:14:53	01:18:50	01:28:18.65	01:28:26.00	+00:52:42 (59.6%)	8:01	7.5 (40.5%)
167	KOSIŁO Tadeusz	122	RUNBUSTERS	M-60	9		00:16:05	01:23:43	01:34:11.90	01:34:24.90	+00:58:41 (62.2%)	8:33	7 (37.8%)
168	ANGIEL Władysław	148	TKKF KOLEJARZ BYDGOSZCZ	M-70	3		00:17:00	01:31:46	01:42:56.80	01:42:59.55	+01:07:15 (65.3%)	9:21	6.4 (34.6%)
	RYBARCZYK Bartosz	164		M-40		1. WSzP	00:12:20 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SZCZĘSNY Arkadiusz	66	DYNAMO SKARPA	M-40			DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 170 wynik(ów)