



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**DLA BIAŁO - CZERWONEJ**  
Stowarzyszenie Brzoza Biega, Rowerowa Brzoza  
2021-11-14  
Bydgoszcz  
11 km

## BIEG DLA BIAŁO-CZERWONEJ

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: OPEN - Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	1.8km	9.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	IUKHYMCHUK Mykola	168	ACHILLES LESZNO	M-30	1		00:06:30	00:31:44	<b>00:35:42.35</b>	<b>00:35:43.75</b>		3:14	18.5 (100%)
2	DIDOVODIUK Dmytro	176	CKBIE-TIME-RIVNE	M-30	2		00:06:31	00:32:10	<b>00:36:13.40</b>	<b>00:36:13.40</b>	+00:00:29 (1.4%)	3:17	18.2 (98.4%)
3	GOSIEWSKI Krzysztof	116		M-30	3	1 BLog	00:06:43	00:32:34	<b>00:36:33.50</b>	<b>00:36:34.20</b>	+00:00:50 (2.3%)	3:19	18.1 (97.8%)
4	RATAJCZYK Przemysław	146	TKKF KOLEJARZ BYDGOSZCZ	M-20	1	PSP ALEKS. KUJ.	00:07:14	00:35:59	<b>00:40:06.80</b>	<b>00:40:08.80</b>	+00:04:25 (11.0%)	3:38	16.5 (89.2%)
5	DZIERLIŃSKI Paweł	86	THE RUNNERS ŚWIECIE	M-30	4		00:07:42	00:36:27	<b>00:40:47.45</b>	<b>00:40:48.80</b>	+00:05:05 (12.5%)	3:42	16.2 (87.6%)
6	SKIBA Łukasz	113		M-30	5	1 BLog	00:07:28	00:36:58	<b>00:41:13.05</b>	<b>00:41:14.40</b>	+00:05:30 (13.4%)	3:44	16 (86.5%)
7	NALEWALSKI Rafał	115		M-20	2	1 BLog	00:07:35	00:37:12	<b>00:41:15.10</b>	<b>00:41:16.10</b>	+00:05:32 (13.4%)	3:45	16 (86.5%)
8	ORCHOLSKI Witold	67	T.S. OPATRUNKI TORUŃ	M-50	1		00:06:34	00:36:40	<b>00:41:32.30</b>	<b>00:41:32.90</b>	+00:05:49 (14.0%)	3:46	15.9 (85.9%)
9	GRUSZKA Gracjan	93	CWZS ZAWISZA BYDGOSZCZ SL	M-20	3		00:07:21	00:37:15	<b>00:41:39.45</b>	<b>00:41:40.25</b>	+00:05:56 (14.3%)	3:47	15.8 (85.4%)
10	GOŁDYN Sebastian	118		M-30	6	2 BLog	00:08:00	00:38:13	<b>00:42:48.80</b>	<b>00:42:50.50</b>	+00:07:06 (16.6%)	3:53	15.4 (83.2%)
11	BIAŁEK Dawid	117		M-30	7	1 BLog	00:07:53	00:38:42	<b>00:43:10.65</b>	<b>00:43:12.50</b>	+00:07:28 (17.3%)	3:55	15.3 (82.7%)
12	DEROŃ Waldemar	130		M-30	8	1 BLog	00:08:04	00:39:38	<b>00:44:13.20</b>	<b>00:44:15.05</b>	+00:08:31 (19.3%)	4:01	14.9 (80.5%)
13	TUCZYŃSKI Sylwester Leon	63	BYDGOSKIE OKONOE	M-20	4		00:08:12	00:39:38	<b>00:44:27.50</b>	<b>00:44:31.05</b>	+00:08:47 (19.7%)	4:02	14.8 (80.0%)
14	KOLMAJER Rafał	144		M-40	1		00:08:17	00:40:25	<b>00:45:00.70</b>	<b>00:45:03.75</b>	+00:09:20 (20.7%)	4:05	14.7 (79.5%)
15	SOSNOWSKI Krzysztof	143	SP 17 BYDGOSZCZ	M-40	2		00:08:29	00:40:35	<b>00:45:06.95</b>	<b>00:45:10.60</b>	+00:09:26 (20.9%)	4:06	14.6 (78.9%)
16	BEDRA Robert	103	CZARNE STOPY	M-40	3		00:08:38	00:40:36	<b>00:45:11.70</b>	<b>00:45:13.85</b>	+00:09:30 (21.0%)	4:06	14.6 (78.9%)
17	KOWALCZYK Marek	73	BRZOZA BIEGA	M-40	4		00:08:14	00:40:46	<b>00:45:29.35</b>	<b>00:45:31.60</b>	+00:09:47 (21.5%)	4:08	14.5 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
18	<b>GOŁEMBIEWSKI Marek</b>	<b>178</b>	VLOMS	M-40	5		00:08:36	00:40:54	<b>00:45:37.80</b>	<b>00:45:37.80</b>	+00:09:54 (21.7%)	4:08	14.5 (78.4%)
19	<b>CHYBCZYŃSKI Wojciech</b>	<b>22</b>	JANOSIKI	M-40	6	JANOSIKI	00:08:16	00:41:03	<b>00:45:54.45</b>	<b>00:45:55.50</b>	+00:10:11 (22.2%)	4:10	14.4 (77.8%)
20	<b>HOŁTYN Patryk</b>	<b>147</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	9		00:08:40	00:41:20	<b>00:45:58.35</b>	<b>00:46:02.65</b>	+00:10:18 (22.4%)	4:10	14.4 (77.8%)
21	<b>KARASZEWSKI Norbert</b>	<b>45</b>		M-30	10	1. WSzP	00:08:10	00:41:12	<b>00:46:08.15</b>	<b>00:46:10.40</b>	+00:10:26 (22.6%)	4:11	14.3 (77.3%)
22	<b>LUTOWSKI Wojciech</b>	<b>156</b>		M-30	11		00:08:20	00:41:24	<b>00:46:27.35</b>	<b>00:46:29.80</b>	+00:10:46 (23.2%)	4:13	14.2 (76.8%)
23	<b>FABIAŃSKI Łukasz</b>	<b>60</b>		M-20	5		00:08:21	00:41:52	<b>00:46:34.65</b>	<b>00:46:39.00</b>	+00:10:55 (23.4%)	4:14	14.2 (76.8%)
24	<b>SZCZYPAŃSKI Jerzy</b>	<b>170</b>		M-40	7		00:08:39	00:42:09	<b>00:46:51.25</b>	<b>00:46:53.85</b>	+00:11:10 (23.8%)	4:15	14.1 (76.2%)
25	<b>KUBIAK Tomasz</b>	<b>104</b>	TG SOKÓŁ GNIEWKOWO	M-40	8		00:08:56	00:42:01	<b>00:46:58.35</b>	<b>00:47:03.55</b>	+00:11:19 (24.1%)	4:16	14.1 (76.2%)
26	<b>ŁAZARSKI Marian</b>	<b>11</b>	START TEAM WĄBRZEŻNO	M-40	9	KP PSP Wąbrzeżno	00:08:38	00:42:12	<b>00:47:03.00</b>	<b>00:47:06.10</b>	+00:11:22 (24.1%)	4:16	14 (75.7%)
27	<b>BOBER Bartłomiej</b>	<b>152</b>		M-20	6	3 RBLog	00:08:33	00:42:06	<b>00:47:12.05</b>	<b>00:47:23.20</b>	+00:11:39 (24.6%)	4:17	14 (75.7%)
28	<b>NOCEK Paweł</b>	<b>112</b>		M-30	12	2 BLog	00:08:37	00:42:09	<b>00:47:23.80</b>	<b>00:47:26.30</b>	+00:11:42 (24.7%)	4:18	13.9 (75.1%)
29	<b>BRAUN Zbigniew</b>	<b>82</b>	WKB MARATOŃCZYK WŁOCLAWEK	M-30	13		00:08:28	00:42:28	<b>00:47:30.30</b>	<b>00:47:32.50</b>	+00:11:48 (24.8%)	4:19	13.9 (75.1%)
30	<b>RONOWICZ Mateusz</b>	<b>62</b>		M-30	14	12WOG	00:08:50	00:42:49	<b>00:47:35.10</b>	<b>00:47:39.50</b>	+00:11:55 (25.0%)	4:19	13.9 (75.1%)
31	<b>DONARSKI Franciszek</b>	<b>1</b>	N BIKE ACADEMY	M-1	1		00:08:11	00:43:05	<b>00:48:04.55</b>	<b>00:48:06.70</b>	+00:12:22 (25.7%)	4:22	13.7 (74.1%)
32	<b>GRZEGOCKI Piotr</b>	<b>91</b>	CHMIELARZ TEAM	M-30	15		00:08:44	00:43:22	<b>00:48:10.95</b>	<b>00:48:14.30</b>	+00:12:30 (25.9%)	4:22	13.7 (74.1%)
33	<b>WADELSKI Maciej</b>	<b>155</b>		M-30	16	2 BLog	00:09:16	00:43:16	<b>00:48:09.30</b>	<b>00:48:15.10</b>	+00:12:31 (26.0%)	4:22	13.7 (74.1%)
34	<b>WYPIJEWSKI Jerzy</b>	<b>79</b>	WKB MARATOŃCZYK WŁOCLAWEK	M-40	10		00:08:36	00:43:11	<b>00:48:15.65</b>	<b>00:48:18.45</b>	+00:12:34 (26.0%)	4:23	13.7 (74.1%)
35	<b>TACZKOWSKI Jarosław</b>	<b>171</b>	SP 44 BYDGOSZCZ	M-40	11		00:08:48	00:43:11	<b>00:48:18.10</b>	<b>00:48:22.20</b>	+00:12:38 (26.1%)	4:23	13.7 (74.1%)
36	<b>STACHOWICZ Wiesław</b>	<b>72</b>		M-40	12	IWSPSZ	00:09:19	00:43:23	<b>00:48:27.45</b>	<b>00:48:30.40</b>	+00:12:46 (26.3%)	4:24	13.6 (73.5%)
37	<b>GOŁATA Wojciech</b>	<b>121</b>	AKADEMIA MISTRZÓW SPORTU	M-40	13		00:08:48	00:44:03	<b>00:48:53.20</b>	<b>00:48:56.55</b>	+00:13:12 (27.0%)	4:26	13.5 (73.0%)
38	<b>JAGIEŁA Jarosław</b>	<b>160</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	14		00:08:43	00:43:50	<b>00:48:53.15</b>	<b>00:48:57.60</b>	+00:13:13 (27.0%)	4:26	13.5 (73.0%)
39	<b>KARCZMARCZYK Mateusz</b>	<b>3</b>		M-30	17		00:08:37	00:43:30	<b>00:48:54.60</b>	<b>00:48:57.65</b>	+00:13:13 (27.0%)	4:26	13.5 (73.0%)
40	<b>ŁUCZAK Paweł</b>	<b>129</b>	TKKF KOLEJARZ BYDGOSZCZ	M-50	2		00:08:54	00:44:11	<b>00:49:27.00</b>	<b>00:49:28.90</b>	+00:13:45 (27.8%)	4:29	13.3 (71.9%)
41	<b>WŁODARSKI Przemysław</b>	<b>76</b>	BYDGOSKIE OKONIE	M-30	18		00:09:20	00:45:02	<b>00:50:48.85</b>	<b>00:50:48.85</b>	+00:15:05 (29.7%)	4:37	13 (70.3%)
42	<b>NATYWA Tomasz</b>	<b>52</b>		M-30	19	12WOG	00:09:43	00:45:49	<b>00:51:02.30</b>	<b>00:51:11.85</b>	+00:15:28 (30.2%)	4:38	12.9 (69.7%)
43	<b>DĄBROWSKI Leszek</b>	<b>142</b>	START TEAM WĄBRZEŻNO	M-40	15		00:09:43	00:46:00	<b>00:51:14.10</b>	<b>00:51:20.35</b>	+00:15:36 (30.4%)	4:39	12.9 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
44	<b>UFNOWSKI Sebastian</b>	<b>78</b>	AKTYWNI BOROWIACY CZERSK	M-40	16		00:09:15	00:46:05	<b>00:51:21.70</b>	<b>00:51:30.45</b>	+00:15:46 (30.6%)	4:40	12.9 (69.7%)
45	<b>PASTUSZAK Rafał</b>	<b>43</b>	START TEAM WĄBRZEŻNO	M-40	17		00:09:38	00:46:19	<b>00:51:37.85</b>	<b>00:51:43.25</b>	+00:15:59 (30.9%)	4:41	12.8 (69.2%)
46	<b>JASIŃSKI Sylwester</b>	<b>83</b>	WKB MARATOŃCZYK WŁOCLAWEK	M-30	20		00:09:10	00:46:30	<b>00:51:56.80</b>	<b>00:52:02.00</b>	+00:16:18 (31.3%)	4:43	12.7 (68.6%)
47	<b>BUZALSKI Robert</b>	<b>49</b>	ORANGE POLSKA	M-40	18		00:09:10	00:46:31	<b>00:51:59.10</b>	<b>00:52:02.20</b>	+00:16:18 (31.3%)	4:43	12.7 (68.6%)
48	<b>MARCINIAK Przemysław</b>	<b>12</b>		M-30	21		00:09:14	00:47:03	<b>00:52:18.85</b>	<b>00:52:25.90</b>	+00:16:42 (31.9%)	4:45	12.6 (68.1%)
49	<b>ZBIRANEK Remigiusz</b>	<b>149</b>		M-40	19	2 BLog	00:09:16	00:46:45	<b>00:52:38.35</b>	<b>00:52:43.90</b>	+00:17:00 (32.2%)	4:47	12.5 (67.6%)
50	<b>SZOPIŃSKI Rafał</b>	<b>75</b>		M-40	20		00:09:22	00:47:30	<b>00:53:20.80</b>	<b>00:53:26.90</b>	+00:17:43 (33.2%)	4:50	12.4 (67.0%)
51	<b>PUCHACZ Marcin</b>	<b>71</b>		M-30	22		00:09:31	00:48:10	<b>00:53:46.40</b>	<b>00:53:50.20</b>	+00:18:06 (33.6%)	4:53	12.3 (66.5%)
52	<b>PIASECKI Jacek</b>	<b>50</b>		M-30	23	12WOG	00:10:04	00:48:56	<b>00:54:14.55</b>	<b>00:54:23.85</b>	+00:18:40 (34.3%)	4:55	12.2 (65.9%)
53	<b>BARSZCZEWSKI Sebastian</b>	<b>39</b>		M-40	21		00:10:05	00:49:11	<b>00:54:18.85</b>	<b>00:54:29.85</b>	+00:18:46 (34.4%)	4:56	12.2 (65.9%)
54	<b>SZKUTA Jarek</b>	<b>125</b>	RAJD NIETOPERZA	M-30	24		00:10:00	00:48:46	<b>00:54:34.45</b>	<b>00:54:48.95</b>	+00:19:05 (34.8%)	4:57	12.1 (65.4%)
55	<b>BONKOWSKI Paweł</b>	<b>77</b>		M-50	3		00:10:21	00:49:13	<b>00:54:45.15</b>	<b>00:54:53.70</b>	+00:19:09 (34.9%)	4:58	12.1 (65.4%)
56	<b>SKONIECZNY Marcin</b>	<b>16</b>	BIEGIEM PO MARZENIA -STARY FORDON BIEGAM PO WALE I JEST WSPANIALE	M-40	22		00:09:54	00:49:18	<b>00:54:51.40</b>	<b>00:54:56.50</b>	+00:19:12 (35.0%)	4:59	12 (64.9%)
57	<b>NARTOWSKI Łukasz</b>	<b>46</b>		M-30	25		00:10:19	00:49:22	<b>00:55:04.35</b>	<b>00:55:14.25</b>	+00:19:30 (35.3%)	5:00	12 (64.9%)
58	<b>KOZŁOWSKI Tomasz</b>	<b>102</b>		M-30	26	1. WSzP	00:10:54	00:49:36	<b>00:55:04.20</b>	<b>00:55:17.65</b>	+00:19:33 (35.4%)	5:00	12 (64.9%)
59	<b>WIŚNIEWSKI Zbigniew</b>	<b>55</b>	BRZOZA BIEGA	M-50	4		00:10:31	00:49:35	<b>00:55:11.10</b>	<b>00:55:19.20</b>	+00:19:35 (35.4%)	5:01	12 (64.9%)
60	<b>SOWIŃSKI Marcin</b>	<b>54</b>		M-30	27	1. WSzP	00:10:43	00:49:30	<b>00:55:09.15</b>	<b>00:55:23.10</b>	+00:19:39 (35.5%)	5:00	12 (64.9%)
61	<b>ŚWIERCZYŃSKI Marcin</b>	<b>21</b>	ATHLETICOMED.PL BYDGOSZCZ	M-30	28		00:10:33	00:49:44	<b>00:55:16.30</b>	<b>00:55:23.65</b>	+00:19:39 (35.5%)	5:01	11.9 (64.3%)
62	<b>CZERWIŃSKI Michał</b>	<b>33</b>		M-30	29	12WOG	00:10:18	00:49:26	<b>00:55:17.35</b>	<b>00:55:28.25</b>	+00:19:44 (35.6%)	5:01	11.9 (64.3%)
63	<b>RASZKA Konrad</b>	<b>109</b>	RUN LOTTO-BYDGOSTIA	M-1	2		00:09:37	00:49:55	<b>00:55:29.00</b>	<b>00:55:34.65</b>	+00:19:50 (35.7%)	5:02	11.9 (64.3%)
64	<b>SZARAFIŃSKI Dawid</b>	<b>110</b>	RUN LOTTO-BYDGOSTIA	M-1	3		00:09:53	00:50:00	<b>00:55:30.05</b>	<b>00:55:35.85</b>	+00:19:52 (35.7%)	5:02	11.9 (64.3%)
65	<b>NATYWA Łukasz</b>	<b>51</b>		M-30	30	12WOG	00:10:09	00:49:55	<b>00:55:36.10</b>	<b>00:55:45.55</b>	+00:20:01 (35.9%)	5:03	11.9 (64.3%)
66	<b>ŻARSKI Mateusz</b>	<b>165</b>		M-30	31		00:10:26	00:50:12	<b>00:55:50.95</b>	<b>00:56:02.75</b>	+00:20:19 (36.3%)	5:04	11.8 (63.8%)
67	<b>KAZUBOWSKI Jacek</b>	<b>14</b>	TRIDARKO	M-50	5		00:10:21	00:50:09	<b>00:56:09.20</b>	<b>00:56:13.25</b>	+00:20:29 (36.4%)	5:06	11.8 (63.8%)
68	<b>CEGŁOWSKI Marcin</b>	<b>74</b>	TEAM GARDONIX	M-40	23		00:10:16	00:50:23	<b>00:56:15.70</b>	<b>00:56:20.30</b>	+00:20:36 (36.6%)	5:06	11.7 (63.2%)
69	<b>STRZAŁKA Robert</b>	<b>64</b>	MUKS PIĘTNASTKA BYDGOSZCZ	M-30	32		00:10:26	00:50:12	<b>00:56:10.45</b>	<b>00:56:22.05</b>	+00:20:38 (36.6%)	5:06	11.8 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
70	<b>GRALIK Jędrzej</b>	<b>17</b>	BYDGOSKIE OKONIE	M-20	7		00:10:12	00:50:20	<b>00:56:19.70</b>	<b>00:56:24.35</b>	+00:20:40 (36.7%)	5:07	11.7 (63.2%)
71	<b>SZTYPKA Konrad</b>	<b>84</b>	WKB MARATOŃCZYK WŁOCLAWEK	M-40	24		00:10:47	00:50:39	<b>00:56:14.15</b>	<b>00:56:27.30</b>	+00:20:43 (36.7%)	5:06	11.7 (63.2%)
72	<b>NIEDBALSKI Grzegorz</b>	<b>95</b>	RUN BYDGOSZCZ	M-60	1		00:10:42	00:50:37	<b>00:56:23.45</b>	<b>00:56:30.05</b>	+00:20:46 (36.8%)	5:07	11.7 (63.2%)
73	<b>GRZYWIŃSKI Wojtek</b>	<b>34</b>		M-30	33	12WOG	00:10:17	00:50:37	<b>00:56:33.95</b>	<b>00:56:44.25</b>	+00:21:00 (37.0%)	5:08	11.7 (63.2%)
74	<b>KADOW Ryszard</b>	<b>100</b>		M-40	25		00:10:09	00:50:31	<b>00:56:38.30</b>	<b>00:56:44.55</b>	+00:21:00 (37.0%)	5:08	11.7 (63.2%)
75	<b>NYKIEL Tomasz</b>	<b>38</b>		M-50	6	3 RBLog	00:10:31	00:51:04	<b>00:56:43.90</b>	<b>00:56:49.30</b>	+00:21:05 (37.1%)	5:09	11.6 (62.7%)
76	<b>MAJDA Michał</b>	<b>154</b>		M-40	26	3 RBLog	00:10:45	00:50:59	<b>00:56:45.50</b>	<b>00:56:55.50</b>	+00:21:11 (37.2%)	5:09	11.6 (62.7%)
77	<b>KRÓLIKOWSKI Roman</b>	<b>159</b>		M-40	27	3 RBLog	00:10:45	00:51:00	<b>00:56:53.50</b>	<b>00:57:03.90</b>	+00:21:20 (37.4%)	5:10	11.6 (62.7%)
78	<b>ŻAROŃ Sławomir</b>	<b>58</b>	EBUD-DOM	M-60	2		00:10:48	00:51:13	<b>00:57:04.20</b>	<b>00:57:13.05</b>	+00:21:29 (37.6%)	5:11	11.6 (62.7%)
79	<b>GRZEGORZEWSKI Rafał</b>	<b>101</b>		M-40	28		00:10:20	00:51:20	<b>00:57:09.70</b>	<b>00:57:17.50</b>	+00:21:33 (37.6%)	5:11	11.5 (62.2%)
80	<b>KRUSZYNA Adam</b>	<b>145</b>		M-50	7		00:11:05	00:51:31	<b>00:57:15.65</b>	<b>00:57:18.25</b>	+00:21:34 (37.6%)	5:12	11.5 (62.2%)
81	<b>STĘPIEŃ Tomasz</b>	<b>57</b>		M-40	29		00:11:04	00:51:18	<b>00:57:04.80</b>	<b>00:57:18.30</b>	+00:21:34 (37.7%)	5:11	11.6 (62.7%)
82	<b>JASZYK Łukasz</b>	<b>65</b>		M-30	34	1. WSzP	00:10:46	00:51:27	<b>00:57:05.45</b>	<b>00:57:19.30</b>	+00:21:35 (37.7%)	5:11	11.6 (62.7%)
83	<b>TRZECIAK Robert</b>	<b>32</b>		M-40	30	12WOG	00:09:59	00:51:09	<b>00:57:14.50</b>	<b>00:57:23.05</b>	+00:21:39 (37.7%)	5:12	11.5 (62.2%)
84	<b>KOWALSKI Paweł</b>	<b>119</b>	RUNCROSS ROZGARTY	M-30	35		00:10:15	00:51:51	<b>00:57:38.75</b>	<b>00:57:53.75</b>	+00:22:10 (38.3%)	5:14	11.5 (62.2%)
85	<b>WARLIKOWSKI Łukasz</b>	<b>44</b>		M-30	36		00:11:06	00:52:02	<b>00:57:52.80</b>	<b>00:58:01.65</b>	+00:22:17 (38.4%)	5:15	11.4 (61.6%)
86	<b>GROTA Artur</b>	<b>18</b>		M-40	31		00:10:10	00:51:48	<b>00:57:57.75</b>	<b>00:58:01.75</b>	+00:22:18 (38.4%)	5:16	11.4 (61.6%)
87	<b>KORYCKI Krzysztof</b>	<b>153</b>		M-40	32	3 RBLog	00:11:09	00:52:27	<b>00:58:27.50</b>	<b>00:58:41.00</b>	+00:22:57 (39.1%)	5:18	11.3 (61.1%)
88	<b>NOWAK Adrian</b>	<b>123</b>	RUNBUSTERS	M-30	37		00:11:13	00:53:01	<b>00:58:34.70</b>	<b>00:58:47.55</b>	+00:23:03 (39.2%)	5:19	11.3 (61.1%)
89	<b>LUZAK Mirosław</b>	<b>61</b>	TKKF KOLEJARZ BYDGOSZCZ	M-60	3		00:11:02	00:52:36	<b>00:58:41.60</b>	<b>00:58:50.90</b>	+00:23:07 (39.3%)	5:20	11.2 (60.5%)
90	<b>AUGUSTYNOWICZ Andrzej</b>	<b>28</b>		M-40	33	RCI Bydgoszcz	00:10:56	00:52:46	<b>00:58:44.55</b>	<b>00:58:55.45</b>	+00:23:11 (39.4%)	5:20	11.2 (60.5%)
91	<b>GRASZA Ireneusz</b>	<b>36</b>		M-40	34	3 RBLog	00:10:59	00:53:03	<b>00:59:07.40</b>	<b>00:59:14.45</b>	+00:23:30 (39.7%)	5:22	11.2 (60.5%)
92	<b>GRUDA Mirosław</b>	<b>8</b>		M-60	4		00:11:25	00:53:29	<b>00:59:24.40</b>	<b>00:59:30.80</b>	+00:23:47 (40.0%)	5:24	11.1 (60.0%)
93	<b>KWIATKOWSKI Piotr</b>	<b>6</b>		M-30	38		00:10:53	00:53:18	<b>00:59:28.90</b>	<b>00:59:38.90</b>	+00:23:55 (40.1%)	5:24	11.1 (60.0%)
94	<b>KUTYŁA Krzysztof</b>	<b>127</b>		M-40	35		00:11:14	00:53:25	<b>00:59:37.55</b>	<b>00:59:44.45</b>	+00:24:00 (40.2%)	5:25	11.1 (60.0%)
95	<b>WIELGUSZ Grzegorz</b>	<b>69</b>		M-20	8	1. WSzP	00:11:40	00:53:50	<b>00:59:38.10</b>	<b>00:59:52.65</b>	+00:24:08 (40.3%)	5:25	11.1 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 11km	brutto 11km			
96	GÓRSKI Marian	19		M-60	5		00:11:07	00:53:59	01:00:05.15	01:00:09.20	+00:24:25 (40.6%)	5:27	11 (59.5%)
97	WÓJCIK Damian	37		M-30	39	3 RBLog	00:10:31	00:53:47	01:00:12.20	01:00:18.15	+00:24:34 (40.8%)	5:28	11 (59.5%)
98	NOWAK Mateusz	25		M-20	9		00:11:19	00:53:59	01:00:09.90	01:00:25.20	+00:24:41 (40.9%)	5:28	11 (59.5%)
99	BUJALSKI Jan	89	WKB MARATOŃCZYK WŁOCŁAWEK	M-70	1		00:11:43	00:53:55	01:00:16.45	01:00:29.10	+00:24:45 (40.9%)	5:28	11 (59.5%)
100	KŁOSKOWSKI Adam	132		M-30	40	IWSPSZ	00:11:04	00:54:29	01:00:27.60	01:00:38.50	+00:24:54 (41.1%)	5:29	10.9 (58.9%)
101	FELINIAK Daniel	174		M-30	41		00:11:07	00:54:30	01:00:47.00	01:00:56.20	+00:25:12 (41.4%)	5:31	10.9 (58.9%)
102	SZYMANDERA Łukasz	70		M-30	42		00:11:27	00:54:54	01:00:48.80	01:00:59.95	+00:25:16 (41.4%)	5:31	10.9 (58.9%)
103	ŁUKACZYK Marcin	40		M-40	36	3 RBLog	00:11:06	00:54:44	01:00:52.55	01:01:00.50	+00:25:16 (41.4%)	5:32	10.8 (58.4%)
104	KRAUSE Rafał	99		M-30	43		00:11:29	00:54:43	01:00:48.60	01:01:03.25	+00:25:19 (41.5%)	5:31	10.9 (58.9%)
105	HASS Adam	48		M-40	37		00:10:52	00:54:47	01:01:15.75	01:01:22.80	+00:25:39 (41.8%)	5:34	10.8 (58.4%)
106	DOBOSZ Kamil	41		M-30	44	1. BLWL	00:11:22	00:55:25	01:01:50.80	01:02:02.40	+00:26:18 (42.4%)	5:37	10.7 (57.8%)
107	URBAŃSKI Daniel	173		M-40	38		00:11:20	00:56:01	01:02:43.50	01:02:55.50	+00:27:11 (43.2%)	5:42	10.5 (56.8%)
108	ZIÓŁKOWSKI Mieczysław	87		M-50	8		00:11:07	00:56:36	01:03:01.25	01:03:08.90	+00:27:25 (43.4%)	5:43	10.5 (56.8%)
109	MAŁKIŃSKI Józef	59		M-60	6		00:11:56	00:56:55	01:03:30.25	01:03:35.35	+00:27:51 (43.8%)	5:46	10.4 (56.2%)
110	KARPIŃSKI Adam	31		M-50	9	12WOG	00:11:15	00:57:05	01:03:55.70	01:04:05.80	+00:28:22 (44.3%)	5:48	10.3 (55.7%)
111	KRYSZTOFIAK Michał	96		M-40	39		00:11:25	00:57:42	01:04:14.95	01:04:21.45	+00:28:37 (44.5%)	5:50	10.3 (55.7%)
112	MOCZYŃSKI Leszek	80	BYDGOSZCZ NA START.	M-70	2		00:12:07	00:57:54	01:04:52.65	01:04:57.55	+00:29:13 (45.0%)	5:53	10.2 (55.1%)
113	DOMAN Janusz	157		M-60	7		00:12:20	00:58:05	01:05:00.40	01:05:11.30	+00:29:27 (45.2%)	5:54	10.2 (55.1%)
114	CIESIELSKI Adrian	136	SKRA PATEREK	M-1	4		00:11:38	00:58:45	01:05:14.30	01:05:26.25	+00:29:42 (45.4%)	5:55	10.1 (54.6%)
115	TOCZKIEWICZ Piotr	90		M-40	40		00:11:44	00:58:52	01:05:25.55	01:05:33.65	+00:29:49 (45.5%)	5:56	10.1 (54.6%)
116	PUŁRÓL Zbigniew	140		M-20	10		00:12:23	00:59:21	01:05:53.30	01:06:08.30	+00:30:24 (46.0%)	5:59	10 (54.1%)
117	LEWANDOWSKI Dominik	97	LOTTO BYDGOSTIA	M-1	5		00:10:47	01:00:22	01:06:26.20	01:06:32.90	+00:30:49 (46.3%)	6:02	9.9 (53.5%)
118	BASIŃSKI Paweł	94		M-40	41		00:11:50	00:59:22	01:06:25.35	01:06:38.25	+00:30:54 (46.4%)	6:02	9.9 (53.5%)
119	KACZMARCZYK Dawid	15		M-40	42	IWSPSZ	00:11:52	00:59:50	01:07:03.65	01:07:21.15	+00:31:37 (47.0%)	6:05	9.8 (53.0%)
120	ZIELSKI Karol	20		M-40	43	3 RBLog	00:11:34	01:00:39	01:07:31.95	01:07:43.10	+00:31:59 (47.2%)	6:08	9.8 (53.0%)
121	BATIUK Patryk	56	KOPERNIKA	M-20	11		00:11:52	01:00:27	01:07:57.95	01:08:11.90	+00:32:28 (47.6%)	6:10	9.7 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	1.8km	9.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
122	<b>SZULC Krzysztof</b>	<b>92</b>		M-30	45		00:12:19	01:01:17	<b>01:08:28.90</b>	<b>01:08:43.30</b>	+00:32:59 (48.0%)	6:13	9.6 (51.9%)
123	<b>BATIUK Rafal</b>	<b>53</b>		M-40	44		00:12:21	01:01:26	<b>01:09:19.40</b>	<b>01:09:33.15</b>	+00:33:49 (48.6%)	6:18	9.5 (51.4%)
124	<b>DĘBSKI Jan</b>	<b>30</b>	SOŁTYS	M-60	8		00:12:27	01:02:31	<b>01:10:12.00</b>	<b>01:10:21.85</b>	+00:34:38 (49.2%)	6:22	9.4 (50.8%)
125	<b>KOSIŁO Marcin</b>	<b>26</b>	RUNBUSTERS	M-30	46		00:13:20	01:03:43	<b>01:11:23.25</b>	<b>01:11:35.50</b>	+00:35:51 (50.1%)	6:29	9.2 (49.7%)
126	<b>JANOWSKI Mateusz</b>	<b>107</b>	RKS	M-20	12		00:12:18	01:05:15	<b>01:13:27.05</b>	<b>01:13:41.95</b>	+00:37:58 (51.5%)	6:40	9 (48.6%)
127	<b>ZGÓRZYŃSKI Marcel</b>	<b>98</b>	RUN LOTTO-BYDGOSTIA	M-1	6		00:12:30	01:10:23	<b>01:16:45.75</b>	<b>01:16:51.25</b>	+00:41:07 (53.5%)	6:58	8.6 (46.5%)
128	<b>BABICZ Radosław</b>	<b>150</b>		M-30	47	1. WSzP	00:12:42	01:10:42	<b>01:19:04.95</b>	<b>01:19:19.15</b>	+00:43:35 (55.0%)	7:11	8.3 (44.9%)
129	<b>KOSIŁO Tadeusz</b>	<b>122</b>	RUNBUSTERS	M-60	9		00:16:05	01:23:43	<b>01:34:11.90</b>	<b>01:34:24.90</b>	+00:58:41 (62.2%)	8:33	7 (37.8%)
130	<b>ANGIEL Władysław</b>	<b>148</b>	TKKF KOLEJARZ BYDGOSZCZ	M-70	3		00:17:00	01:31:46	<b>01:42:56.80</b>	<b>01:42:59.55</b>	+01:07:15 (65.3%)	9:21	6.4 (34.6%)
	<b>RYBARCZYK Bartosz</b>	<b>164</b>		M-40		1. WSzP	00:12:20 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZCZĘSNY Arkadiusz</b>	<b>66</b>	DYNAMO SKARPA	M-40			DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 132 wynik(ów)