

# BIEG DLA TYMKA

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Organizator:** Komitet Społeczny Czyńmy Cuda  
**Data:** 2017-04-02  
**Miejsce:** Myślęcinek  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>TUCZYŃSKI Sylwester Leon</b>	<b>191</b>	BYDGOSKIE OKONIE	M20	1	00:00:01	<b>00:17:29.35</b>	<b>00:17:30.60</b>		3:29	17.2 (100%)
2	<b>KWIATKOWSKI Damian</b>	<b>1</b>	RUN BYDGOSZCZ	M20	2	00:00:01	<b>00:18:37.30</b>	<b>00:18:39.10</b>	+00:01:07 (6.1%)	3:43	16.1 (93.6%)
3	<b>BISKUP Mateusz</b>	<b>571</b>		M20	3	00:00:07	<b>00:18:58.05</b>	<b>00:19:05.05</b>	+00:01:28 (7.8%)	3:47	15.8 (91.9%)
4	<b>TUCHOLSKI Bartłomiej</b>	<b>433</b>	BYDGOSKIE OKONIE	M20	4	00:00:03	<b>00:19:07.85</b>	<b>00:19:11.15</b>	+00:01:38 (8.6%)	3:49	15.7 (91.3%)
5	<b>SZOSTEK Marek</b>	<b>542</b>		M20	5	00:00:04	<b>00:19:14.30</b>	<b>00:19:18.90</b>	+00:01:44 (9.1%)	3:50	15.6 (90.7%)
6	<b>ZIĘTARSKI Mirek</b>	<b>570</b>		M20	6	00:00:08	<b>00:19:41.45</b>	<b>00:19:49.80</b>	+00:02:12 (11.2%)	3:56	15.2 (88.4%)
7	<b>GRALIK Jędrzej</b>	<b>580</b>	BYDGOSKIE OKONIE	M20	7	00:00:04	<b>00:19:52.00</b>	<b>00:19:56.40</b>	+00:02:22 (12.0%)	3:58	15.1 (87.8%)
8	<b>MOGILNICKI Dominik</b>	<b>208</b>		M20	8	00:00:09	<b>00:19:59.55</b>	<b>00:20:09.00</b>	+00:02:30 (12.5%)	4:00	15 (87.2%)
9	<b>SZOSTEK Leszek</b>	<b>520</b>		M20	9	00:00:04	<b>00:20:07.75</b>	<b>00:20:12.35</b>	+00:02:38 (13.1%)	4:01	14.9 (86.6%)
10	<b>DOMERACKI Cyprian</b>	<b>301</b>		M20	10	00:00:12	<b>00:20:14.55</b>	<b>00:20:26.85</b>	+00:02:45 (13.6%)	4:02	14.8 (86.0%)
11	<b>BZDZION Marcin</b>	<b>55</b>		M20	11	00:00:02	<b>00:20:22.55</b>	<b>00:20:24.65</b>	+00:02:53 (14.2%)	4:04	14.7 (85.5%)
12	<b>BODNAR Damian</b>	<b>428</b>		M20	12	00:00:10	<b>00:20:25.15</b>	<b>00:20:36.10</b>	+00:02:55 (14.3%)	4:05	14.7 (85.5%)
13	<b>ZBORAŁA Dawid</b>	<b>262</b>	SZKOŁA JAZDY TOMAS	M20	13	00:00:02	<b>00:20:27.20</b>	<b>00:20:29.70</b>	+00:02:57 (14.5%)	4:05	14.7 (85.5%)
14	<b>WIERZYŃSKI Damian</b>	<b>527</b>	TWINS POWER	M20	14	00:00:04	<b>00:20:43.70</b>	<b>00:20:47.75</b>	+00:03:14 (15.6%)	4:08	14.5 (84.3%)
15	<b>DĄBROWSKI Jarosław</b>	<b>330</b>	CB163	M20	15	00:00:28	<b>00:20:44.40</b>	<b>00:21:12.80</b>	+00:03:15 (15.7%)	4:08	14.5 (84.3%)
16	<b>ZBORAŁA Mateusz</b>	<b>521</b>	SZKOŁA JAZDY TOMAS	M20	16	00:00:03	<b>00:21:24.40</b>	<b>00:21:27.55</b>	+00:03:55 (18.3%)	4:16	14 (81.4%)
17	<b>ŻEGLICZ Marek</b>	<b>473</b>	SPÓJNIA BIAŁE BŁOTA	M20	17	00:00:10	<b>00:22:09.45</b>	<b>00:22:20.10</b>	+00:04:40 (21.1%)	4:26	13.5 (78.5%)
18	<b>PAWŁOWSKI Tomasz</b>	<b>564</b>	JFTC SU	M20	18	00:00:06	<b>00:22:18.75</b>	<b>00:22:25.30</b>	+00:04:49 (21.6%)	4:27	13.4 (77.9%)
19	<b>TOMKOWIAK Tomasz</b>	<b>307</b>	SZKOŁA JAZDY TOMAS	M20	19	00:00:05	<b>00:22:22.00</b>	<b>00:22:27.75</b>	+00:04:52 (21.8%)	4:28	13.4 (77.9%)
20	<b>GRYTA Karol</b>	<b>597</b>		M20	20	00:00:08	<b>00:22:25.90</b>	<b>00:22:34.50</b>	+00:04:56 (22.0%)	4:29	13.4 (77.9%)
21	<b>RENC Patryk</b>	<b>524</b>	SERCE TYBETU	M20	21	00:00:04	<b>00:22:31.10</b>	<b>00:22:35.95</b>	+00:05:01 (22.3%)	4:30	13.3 (77.3%)
22	<b>SCHNEIDER Krystian</b>	<b>303</b>		M20	22	00:00:03	<b>00:23:06.65</b>	<b>00:23:10.60</b>	+00:05:37 (24.3%)	4:37	13 (75.6%)
23	<b>LEWANDOWSKI Mateusz</b>	<b>319</b>	GOCHA68	M20	23	00:00:19	<b>00:23:33.70</b>	<b>00:23:52.80</b>	+00:06:04 (25.8%)	4:42	12.7 (73.8%)
24	<b>BŁĄŻEJEWSKI Kacper</b>	<b>380</b>	CB163	M20	24	00:00:27	<b>00:24:13.95</b>	<b>00:24:41.55</b>	+00:06:44 (27.8%)	4:50	12.4 (72.1%)
25	<b>HUZARSKI Kamil</b>	<b>21</b>		M20	25	00:00:12	<b>00:24:23.35</b>	<b>00:24:35.95</b>	+00:06:54 (28.3%)	4:52	12.3 (71.5%)
26	<b>WOLFF Adam</b>	<b>253</b>		M20	26	00:00:36	<b>00:24:29.80</b>	<b>00:25:06.05</b>	+00:07:00 (28.6%)	4:54	12.2 (70.9%)
27	<b>ŚMIGIELSKI Łukasz</b>	<b>455</b>	HAPI PRODUKCJA / GD147	M20	27	00:00:50	<b>00:24:38.05</b>	<b>00:25:28.35</b>	+00:07:08 (29.0%)	4:55	12.2 (70.9%)
28	<b>WASIELEWSKI Sławomir</b>	<b>482</b>		M20	28	00:00:16	<b>00:24:45.40</b>	<b>00:25:01.45</b>	+00:07:16 (29.4%)	4:57	12.1 (70.3%)
29	<b>JARZYŃSKI Maciej</b>	<b>125</b>	BYDGOSKI DZIK BIEGOWY	M20	29	00:00:25	<b>00:25:03.35</b>	<b>00:25:28.70</b>	+00:07:34 (30.2%)	5:00	12 (69.8%)
30	<b>WOJTYSIAK Szymon</b>	<b>357</b>	BYDGOSKIE OKONIE	M20	30	00:00:21	<b>00:26:20.45</b>	<b>00:26:42.10</b>	+00:08:51 (33.6%)	5:16	11.4 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	<b>GURSKI Roland</b>	<b>32</b>		M20	31	00:00:22	<b>00:26:38.30</b>	<b>00:27:00.70</b>	+00:09:08 (34.3%)	5:19	11.3 (65.7%)
32	<b>GRZECHNIK Mateusz</b>	<b>254</b>		M20	32	00:00:18	<b>00:26:56.65</b>	<b>00:27:14.85</b>	+00:09:27 (35.1%)	5:23	11.1 (64.5%)
33	<b>PAWLAK Franciszek</b>	<b>464</b>		M20	33	00:00:16	<b>00:27:00.90</b>	<b>00:27:17.20</b>	+00:09:31 (35.3%)	5:24	11.1 (64.5%)
34	<b>JURKOWSKI Michał</b>	<b>492</b>		M20	34	00:00:17	<b>00:27:17.45</b>	<b>00:27:35.20</b>	+00:09:48 (35.9%)	5:27	11 (64.0%)
35	<b>GAWRYCH Adam</b>	<b>479</b>		M20	35	00:00:19	<b>00:27:25.10</b>	<b>00:27:44.50</b>	+00:09:55 (36.2%)	5:29	10.9 (63.4%)
36	<b>TOMCZAK Sylwester</b>	<b>518</b>		M20	36	00:00:14	<b>00:27:27.90</b>	<b>00:27:42.85</b>	+00:09:58 (36.3%)	5:29	10.9 (63.4%)
37	<b>TWARDOWSKI Bartosz</b>	<b>450</b>		M20	37	00:00:35	<b>00:27:31.65</b>	<b>00:28:07.10</b>	+00:10:02 (36.5%)	5:30	10.9 (63.4%)
38	<b>PLASKOTA Artur</b>	<b>466</b>	BANANA TEAM	M20	38	00:00:08	<b>00:27:33.25</b>	<b>00:27:41.45</b>	+00:10:03 (36.5%)	5:30	10.9 (63.4%)
39	<b>ZANDER Krystian</b>	<b>465</b>		M20	39	00:00:36	<b>00:28:06.70</b>	<b>00:28:43.35</b>	+00:10:37 (37.8%)	5:37	10.7 (62.2%)
40	<b>AUKUNAS Marcin</b>	<b>498</b>	CROSS TEAM BYDGOSZCZ	M20	40	00:00:58	<b>00:28:16.75</b>	<b>00:29:15.45</b>	+00:10:47 (38.2%)	5:39	10.6 (61.6%)
41	<b>GUMOWSKI Kamil</b>	<b>315</b>	SZKOŁA JAZDY TOMAS	M20	41	00:00:18	<b>00:28:17.60</b>	<b>00:28:36.40</b>	+00:10:48 (38.2%)	5:39	10.6 (61.6%)
42	<b>RUMIŃSKI Mariusz</b>	<b>587</b>		M20	42	00:00:16	<b>00:28:42.05</b>	<b>00:28:58.50</b>	+00:11:12 (39.1%)	5:44	10.5 (61.0%)
43	<b>GRACZYK Przemysław</b>	<b>44</b>		M20	43	00:00:43	<b>00:29:09.30</b>	<b>00:29:52.80</b>	+00:11:39 (40.0%)	5:49	10.3 (59.9%)
44	<b>GADASZEWSKI Damian</b>	<b>221</b>	STEP	M20	44	00:00:41	<b>00:30:25.50</b>	<b>00:31:07.45</b>	+00:12:56 (42.5%)	6:05	9.9 (57.6%)
45	<b>CISZEWSKI Paweł</b>	<b>485</b>		M20	45	00:00:40	<b>00:30:30.05</b>	<b>00:31:10.10</b>	+00:13:00 (42.7%)	6:06	9.8 (57.0%)
46	<b>MIKULSKI Krzysztof</b>	<b>245</b>		M20	46	00:00:47	<b>00:30:52.55</b>	<b>00:31:40.40</b>	+00:13:23 (43.4%)	6:10	9.7 (56.4%)
47	<b>JĘDRZEJEWSKI Karol</b>	<b>512</b>		M20	47	00:00:50	<b>00:31:03.45</b>	<b>00:31:53.85</b>	+00:13:34 (43.7%)	6:12	9.7 (56.4%)
48	<b>ROMPAŁSKI Karol</b>	<b>353</b>		M20	48	00:00:36	<b>00:31:40.35</b>	<b>00:32:16.40</b>	+00:14:11 (44.8%)	6:20	9.5 (55.2%)
49	<b>NAGÓREK Arnold</b>	<b>457</b>		M20	49	00:00:16	<b>00:31:59.30</b>	<b>00:32:15.30</b>	+00:14:29 (45.3%)	6:23	9.4 (54.7%)
50	<b>MICHALSKI Piotr</b>	<b>333</b>	SZAFIRKI	M20	50	00:00:33	<b>00:33:32.55</b>	<b>00:34:06.35</b>	+00:16:03 (47.9%)	6:42	8.9 (51.7%)
51	<b>BODNAR Łukasz</b>	<b>454</b>	GD147	M20	51	00:00:52	<b>00:33:46.45</b>	<b>00:34:38.55</b>	+00:16:17 (48.2%)	6:45	8.9 (51.7%)
52	<b>CZAJKOWSKI Kamil</b>	<b>489</b>	RUN BYDGOSZCZ	M20	52	00:00:43	<b>00:34:02.25</b>	<b>00:34:45.95</b>	+00:16:32 (48.6%)	6:48	8.8 (51.2%)
53	<b>ŁUKOWSKI Jakub</b>	<b>241</b>	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M20	53	00:01:05	<b>00:35:02.10</b>	<b>00:36:07.80</b>	+00:17:32 (50.1%)	7:00	8.6 (50.0%)
54	<b>KARCZEWSKI Łukasz</b>	<b>501</b>		M20	54	00:00:45	<b>00:35:56.95</b>	<b>00:36:42.65</b>	+00:18:27 (51.4%)	7:11	8.3 (48.3%)
55	<b>GAJEWSKI Piotr</b>	<b>505</b>		M20	55	00:00:36	<b>00:38:15.30</b>	<b>00:38:51.95</b>	+00:20:45 (54.3%)	7:39	7.8 (45.3%)
56	<b>STARZYŃSKI Paweł</b>	<b>503</b>		M20	56	00:00:34	<b>00:40:46.90</b>	<b>00:41:21.75</b>	+00:23:17 (57.1%)	8:09	7.4 (43.0%)

Znaleziono 56 wynik(ów)