



# BIEG DLA WOŚP - GODZINNY

B4SPORT

**Wydarzenie:** I BIEG DLA WOŚP  
**Organizator:** ZABIEGANINOCA  
**Data:** 2018-01-14  
**Miejsce:** Okonek  
**Dystans:** 1 godz km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: Wszyscy

Punkt pomiarowy: 4,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Finish_All 0.7km	Finish_All 1.4km	Finish_All 2.1km	Finish_All 2.8km	Finish_All 3.5km	Finish_All 4.2km
1	<b>KAMIONKA Mateusz</b>	<b>39</b>		M18-29	00:04:12	00:06:46	00:09:24	00:12:02	00:14:40	00:17:16
2	<b>LECKI Mateusz</b>	<b>61</b>	TEAM BIEGOWY SZCZECINEK	M30-39	00:04:29	00:07:17	00:10:01	00:12:44	00:15:30	00:18:12
3	<b>SIÓDMIAK Igor</b>	<b>104</b>	MKP SZCZECINEK/ TRIATHLON	M18-29	00:04:29	00:07:16	00:10:01	00:12:44	00:15:30	00:18:12
4	<b>ŁASKAWIEC Paweł</b>	<b>65</b>	JW 4580	M18-29	00:04:49	00:07:39	00:10:26	00:13:10	00:15:55	00:18:37
5	<b>TRĘBSKI Krzysztof</b>	<b>119</b>	ZABIEGANINOCA	M40-49	00:04:33	00:07:23	00:10:15	00:13:06	00:15:58	00:18:48
6	<b>CUBER Wojciech</b>	<b>8</b>	ZABIEGANINOCA	M30-39	00:04:33	00:07:23	00:10:14	00:13:06	00:15:57	00:18:49
7	<b>KRYZEL Tomasz</b>	<b>55</b>		M18-29	00:04:33	00:07:23	00:10:15	00:13:06	00:15:58	00:18:49
8	<b>PŁOWENS Piotr</b>	<b>88</b>		M18-29	00:04:33	00:07:25	00:10:16	00:13:06	00:15:58	00:18:50
9	<b>SZYMAŃSKI Piotr</b>	<b>116</b>	CSSP	M40-49	00:04:44	00:07:34	00:10:23	00:13:13	00:16:04	00:18:56
10	<b>PRZYBYSZ Łukasz</b>	<b>92</b>	ZABIEGANINOCA	M18-29	00:04:36	00:07:23	00:10:14	00:13:07	00:15:59	00:19:04
11	<b>FĄS Bartosz</b>	<b>13</b>	LZS JEDNOŚĆ ŁOBŻENICA	M30-39	00:04:42	00:07:36	00:10:29	00:13:24	00:16:16	00:19:11
12	<b>POLLEY Adam</b>	<b>90</b>	LZS 'JEDNOŚĆ' ŁOBŻENICA	M30-39	00:04:42	00:07:36	00:10:28	00:13:24	00:16:16	00:19:11
13	<b>WUJTIUK Piotr</b>	<b>125</b>	BASKET SZCZECINEK	M40-49	00:04:44	00:07:39	00:10:34	00:13:30	00:16:29	00:19:29
14	<b>PLUTA Magdalena</b>	<b>86</b>		K30-39	00:04:28	00:07:25	00:10:26	00:13:29	00:16:30	00:19:31
15	<b>MARIAN Ostrowski</b>	<b>141</b>	SENIOR ZŁOCIENIEC	M60+	00:04:46	00:07:46	00:10:42	00:13:43	00:16:41	00:19:36
16	<b>KUŁAKOWSKI Dawid</b>	<b>60</b>	TKKF KOSZALIN	M40-49	00:04:48	00:07:50	00:10:53	00:13:59	00:17:07	00:20:09
17	<b>MATUSZEWSKI Karol</b>	<b>74</b>	WILKI KOSZALIN	M30-39	00:04:38	00:07:29	00:10:56	00:14:00	00:17:07	00:20:09
18	<b>MICERSKI Tomasz</b>	<b>75</b>	TKKF KOSZALIN	M40-49	00:04:47	00:07:50	00:10:53	00:13:59	00:17:06	00:20:09
19	<b>SKOWYRSKI Janusz</b>	<b>107</b>	TKKF KOSZALIN	M50-59	00:04:49	00:07:50	00:10:54	00:14:00	00:17:08	00:20:09
20	<b>KUBIAK Daniel</b>	<b>57</b>		M30-39	00:04:50	00:07:51	00:10:55	00:14:00	00:17:08	00:20:10
21	<b>FIŁONOWICZ Monika</b>	<b>16</b>		K40-49	00:04:48	00:07:50	00:10:56	00:14:02	00:17:16	00:20:20
22	<b>PASIECZNIK Bartek</b>	<b>83</b>		M18-29	00:04:40	00:07:49	00:10:33	00:13:44	00:17:06	00:20:27
23	<b>HRYNIEWICZ Rafał</b>	<b>30</b>		M30-39	00:05:14	00:08:17	00:11:21	00:14:28	00:17:37	00:20:45
24	<b>SKOCZYŁAS Henryk</b>	<b>106</b>	BIEGAM BO LUBIĘ	M40-49	00:04:57	00:08:00	00:11:07	00:14:21	00:17:30	00:20:46
25	<b>RUDZIŃSKI Radosław</b>	<b>102</b>	TYCHOWO TEAM	M30-39	00:05:00	00:08:01	00:11:09	00:14:26	00:17:33	00:20:46
26	<b>GORBACZ Urszula</b>	<b>21</b>		K18-29	00:04:55	00:08:01	00:11:12	00:14:26	00:17:38	00:20:50

Msc	Zawodnik	Numer	Klub	Kategoria	Finish_All 0.7km	Finish_All 1.4km	Finish_All 2.1km	Finish_All 2.8km	Finish_All 3.5km	Finish_All 4.2km
27	BONISŁAWSKI Jarosław	3	MAM ŚWIRA	M30-39	00:05:15	00:08:22	00:11:29	00:14:37	00:17:48	00:20:58
28	MAJEWSKA Wioleta	70		K18-29	00:04:39	00:07:51	00:11:09	00:14:26	00:17:42	00:21:02
29	BRALSKI Andrzej	4	ZABIEGANINOĄ	M30-39	00:05:23	00:08:33	00:11:40	00:14:47	00:17:56	00:21:03
30	MIKIETYNSKI Michał	77	ZABIEGANI NOCĄ	M30-39	00:05:12	00:08:29	00:11:40	00:14:52	00:18:01	00:21:15
31	PYREK Krzysztof	96	1 RBLOG	M30-39	00:05:03	00:08:14	00:11:28	00:14:45	00:18:00	00:21:17
32	PYREK Iwona	97		K30-39	00:05:04	00:08:14	00:11:28	00:14:45	00:18:00	00:21:18
33	KISIELIŃSKI Igor	47	TTKF KOSZALIN	M50-59	00:05:00	00:08:09	00:11:22	00:14:35	00:17:59	00:21:22
34	ADAMOWICZ Arkadiusz	131		M40-49	00:05:00	00:08:12	00:11:25	00:14:42	00:18:01	00:21:30
35	KUBIŚ Paweł	58	APTEKARZE	M30-39	00:05:22	00:08:41	00:11:52	00:15:09	00:18:29	00:21:45
36	GALICKI Robert	19		M40-49	00:05:16	00:08:36	00:11:57	00:15:17	00:18:36	00:21:48
37	MASSEL Magdalena	135		K18-29	00:05:16	00:08:31	00:11:45	00:15:02	00:18:24	00:21:49
38	CHODOR Izabela	142	TKKF KOSZALIN	K30-39	00:05:17	00:08:31	00:11:50	00:15:07	00:18:30	00:21:50
39	JESIONOWSKA ŁASKAWIEC Agnieszka	37		K18-29	00:05:14	00:08:36	00:11:52	00:15:14	00:18:32	00:21:51
40	KRZEWIŃSKA Małgorzata	56	TKKF KOSZALIN	K50-59	00:05:17	00:08:32	00:11:50	00:15:07	00:18:29	00:21:51
41	SKOCZYLAS Bożena	105	BIEGAM BO LUBIĘ	K40-49	00:05:14	00:08:36	00:11:52	00:15:14	00:18:32	00:21:51
42	CZUB Maciej	9		M18-29	00:05:31	00:08:50	00:11:59	00:15:17	00:18:40	00:22:01
43	JANKOWSKA Monika	33	FOLLO ME SZCZECINEK	K18-29	00:05:32	00:08:49	00:12:09	00:15:29	00:18:53	00:22:11
44	GOTOWIEC Tomasz	22		M50-59	00:05:24	00:08:48	00:12:11	00:15:29	00:18:54	00:22:13
45	PIĘTOSA Daniel	138		M40-49	00:05:11	00:08:29	00:11:50	00:15:14	00:18:47	00:22:17
46	FORTUNA Damian	18		M30-39	00:05:22	00:08:32	00:11:50	00:15:17	00:18:48	00:22:20
47	KUŚMIDER Katarzyna	137		K30-39	00:05:11	00:08:30	00:11:49	00:15:20	00:19:04	00:22:31
48	PLUTA Katarzyna	87	ZABIEGANINOĄ	K18-29	00:05:11	00:08:36	00:12:07	00:15:34	00:19:06	00:22:34
49	MALINOWSKA Joanna	71		K40-49	00:05:00	00:08:31	00:12:03	00:15:37	00:19:12	00:22:48
50	MARCINKIEWICZ Paweł	72	TEAM BIEGOWY SZCZECINEK	M30-39	00:05:22	00:08:47	00:12:14	00:15:31	00:19:07	00:22:52
51	WILK Klaudia	136		K30-39	00:05:16	00:08:38	00:12:06	00:15:36	00:19:14	00:22:53
52	SZEWCZYK Paulina	111		K18-29	00:05:13	00:08:33	00:12:02	00:15:40	00:19:20	00:22:58
53	SAWCZUK Bogdan	103	ZABIEGANINOĄ	M60+	00:05:13	00:08:43	00:12:12	00:15:48	00:19:24	00:23:07
54	KIEŁTYKA Tomasz	145	ZABIEGAMI NOCA	M30-39	00:05:32	00:09:11	00:12:43	00:16:15	00:19:56	00:23:32
55	JASKÓŁKA-STANISZ Paweł	36		M18-29	00:05:26	00:09:00	00:12:42	00:16:20	00:19:55	00:23:36
56	KISIEL Marcin	45	ZABIEGANINOĄ	M30-39	00:05:32	00:09:11	00:12:42	00:16:16	00:19:57	00:23:36
57	SZPURA Patryk	114		M18-29	00:05:25	00:09:00	00:12:42	00:16:20	00:19:55	00:23:36
58	ZIOJŁA Violetta	127	BIEGAM, BO LUBIĘ	K40-49	00:05:22	00:08:58	00:12:41	00:16:27	00:20:14	00:23:59
59	WIELGUS Paweł	122	#ZABIEGANINOCA	M30-39	00:06:05	00:10:18	00:14:17	00:17:29	00:20:46	00:24:01
60	CHARO Andrzej	5		M30-39	00:05:38	00:09:18	00:13:03	00:16:46	00:20:33	00:24:15
61	JĘCZEŃ Kornela	38	ZABIEGANINOĄ	K18-29	00:05:38	00:09:18	00:13:03	00:16:45	00:20:32	00:24:16
62	REMPLAKOWSKI Krzysztof	99	WE RUN	M40-49	00:05:34	00:09:19	00:13:08	00:16:55	00:20:41	00:24:28
63	REMPLAKOWSKA Małgorzata	98	WE RUN	K40-49	00:05:34	00:09:20	00:13:08	00:16:55	00:20:42	00:24:28
64	ADAMSKA Magdalena	2		K30-39	00:05:11	00:09:00	00:12:48	00:16:44	00:20:54	00:24:54
65	RUDNICKA Mariola	100		K40-49	00:05:54	00:09:48	00:13:35	00:17:22	00:21:11	00:25:00
66	ŁOPIŃSKI Aleksy	66	4RUN TEAM PIŁA	M60+	00:05:52	00:09:51	00:13:48	00:17:46	00:21:45	00:25:46
67	KARNICKI Zygmunt	40	TKKF KOSZALIN	M60+	00:05:46	00:09:41	00:13:49	00:17:53	00:21:57	00:26:00
68	SZYMAŃSKI Marcin	115	TEAM BIEGOWY SZCZECINEK	M30-39	00:05:56	00:10:00	00:14:06	00:18:15	00:22:24	00:26:33
69	KAROLCZAK Krzysztof	143		M30-39	00:05:54	00:09:59	00:14:10	00:18:18	00:22:27	00:26:36
70	KOT Aleksandra	51	ZABIEGANINOĄ	K30-39	00:05:58	00:10:03	00:14:17	00:18:24	00:22:32	00:26:48
71	SZKARŁAT Magdalena	112		K30-39	00:06:04	00:10:06	00:14:19	00:18:25	00:22:33	00:26:48

Msc	Zawodnik	Numer	Klub	Kategoria	Finish_All 0.7km	Finish_All 1.4km	Finish_All 2.1km	Finish_All 2.8km	Finish_All 3.5km	Finish_All 4.2km
72	<b>HORYŃ Karolia</b>	<b>139</b>		K30-39	00:06:04	00:10:07	00:14:19	00:18:25	00:22:33	00:26:48
73	<b>CZEKAŁA Jan</b>	<b>147</b>		M60+	00:06:07	00:10:18	00:14:29	00:18:43	00:22:56	00:27:12
74	<b>GRZYSTEK Madzia</b>	<b>133</b>	WKURW_TEAM	K30-39	00:06:07	00:10:21	00:14:35	00:18:45	00:22:58	00:27:14
75	<b>WDOWIAK Kasia</b>	<b>120</b>	WKURW_TEAM	K30-39	00:06:06	00:10:21	00:14:36	00:18:45	00:22:58	00:27:14
76	<b>KOZŁOWSKA Karolina</b>	<b>54</b>		K30-39	00:06:05	00:10:18	00:14:34	00:18:50	00:23:07	00:27:20
77	<b>WODZYŃSKA Katarzyna</b>	<b>123</b>	ZABIEGANI NOCĄ OKONEK	K30-39	00:06:08	00:10:23	00:14:33	00:18:50	00:23:07	00:27:20
78	<b>MICKIEWICZ Kinga</b>	<b>76</b>	ZABIEGANI NOCĄ	K40-49	00:06:05	00:10:18	00:14:34	00:19:00	00:23:23	00:28:03
79	<b>TRĘBSKA Marta</b>	<b>118</b>	ZABIEGANINO CĄ	K40-49	00:06:05	00:10:17	00:14:34	00:19:01	00:23:23	00:28:03
80	<b>SKRZYPEK Marcin</b>	<b>128</b>		M40-49	00:06:11	00:10:37	00:15:06	00:19:39	00:24:09	00:28:36
81	<b>HELLER Zdzisław</b>	<b>46</b>		M60+	00:05:50	00:10:22	00:14:51	00:19:28	00:24:05	00:28:38
82	<b>WOROPAJ Ewa</b>	<b>124</b>	#ZABIEGANINO CĄ	K18-29	00:06:10	00:10:23	00:14:59	00:19:28	00:24:05	00:28:38
83	<b>TRYZUBIAK Piotr</b>	<b>140</b>		M40-49	00:05:39	00:09:49	00:14:22	00:19:10	00:23:56	00:28:43
84	<b>WESOŁOWSKA Justyna</b>	<b>121</b>		K40-49	00:06:20	00:10:47	00:15:37	00:20:13	00:24:54	00:30:05
85	<b>JAKIEL Ewa</b>	<b>32</b>		K50-59	00:06:14	00:10:46	00:15:27	00:20:24	00:25:19	00:30:08
86	<b>JAKIEL Olga</b>	<b>31</b>		K18-29	00:06:15	00:10:46	00:15:28	00:20:25	00:25:21	00:30:09
87	<b>RUDZIŃSKA Marlena</b>	<b>101</b>	TYCHOWO TEAM	K30-39	00:05:44	00:10:26	00:15:18	00:20:13	00:25:12	00:30:13
88	<b>HORYŃ Robert</b>	<b>29</b>		M30-39	00:05:33	00:09:22	00:14:19	00:22:32	00:27:25	00:34:08
89	<b>PIETRZYK Szymon</b>	<b>85</b>		M18-29	00:23:28	00:26:14	00:29:01	00:31:50	00:34:39	00:37:40
90	<b>ZIĘBA Paweł</b>	<b>126</b>	TKKF KOSZALIN	M40-49	00:09:44	00:17:30	00:25:12	00:32:51	00:40:20	00:47:46
91	<b>NOWAK Daniel</b>	<b>81</b>	ZŁOTÓW	M30-39	00:05:35	00:09:13	00:12:46	00:16:33	00:20:15	

Znaleziono 91 wynik(ów)