



**Event:**  
**Organiser:**  
**Date:**  
**Place:**  
**Distance:**

I BIEG DLA WOŚP  
ZABIEGANINOCA  
2018-01-14  
Okonek  
1 godz km

## BIEG DLA WOŚP -GODZINNY

B4SPORT



Classification: M-OPEN

Split point: 11,2 km

| Place | Participant        | Number | Club                      | Category | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All |          |
|-------|--------------------|--------|---------------------------|----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|----------|
|       |                    |        |                           |          | 0.7km      | 1.4km      | 2.1km      | 2.8km      | 3.5km      | 4.2km      | 4.9km      | 5.6km      | 6.3km      | 7km        | 7.7km      | 8.4km      | 9.1km      | 9.8km      | 10.5km     | 11.2km   |
| 1     | KAMIONKA Mateusz   | 39     |                           | M18-29   | 00:04:12   | 00:06:46   | 00:09:24   | 00:12:02   | 00:14:40   | 00:17:16   | 00:19:55   | 00:22:36   | 00:25:16   | 00:27:58   | 00:30:35   | 00:33:11   | 00:35:50   | 00:38:29   | 00:41:02   | 00:43:40 |
| 2     | LECKI Mateusz      | 61     | TEAM BIEGOWY SZCZECINEK   | M30-39   | 00:04:29   | 00:07:17   | 00:10:01   | 00:12:44   | 00:15:30   | 00:18:12   | 00:20:52   | 00:23:29   | 00:26:05   | 00:28:41   | 00:31:17   | 00:33:54   | 00:36:33   | 00:39:09   | 00:41:45   | 00:44:20 |
| 3     | SIÓDMIĄK Igor      | 104    | MKP SZCZECINEK/ TRIATHLON | M18-29   | 00:04:29   | 00:07:16   | 00:10:01   | 00:12:44   | 00:15:30   | 00:18:12   | 00:20:52   | 00:23:29   | 00:26:06   | 00:28:41   | 00:31:18   | 00:33:54   | 00:36:33   | 00:39:09   | 00:41:45   | 00:44:21 |
| 4     | ŁASKAWIEC Paweł    | 65     | JW 4580                   | M18-29   | 00:04:49   | 00:07:39   | 00:10:26   | 00:13:10   | 00:15:55   | 00:18:37   | 00:21:17   | 00:24:01   | 00:26:48   | 00:29:33   | 00:32:17   | 00:35:04   | 00:37:59   | 00:40:50   | 00:43:39   | 00:46:21 |
| 5     | CUBER Wojciech     | 8      | ZABIEGANINOCA             | M30-39   | 00:04:33   | 00:07:23   | 00:10:14   | 00:13:06   | 00:15:57   | 00:18:49   | 00:21:37   | 00:24:28   | 00:27:18   | 00:30:08   | 00:32:55   | 00:35:42   | 00:38:31   | 00:41:20   | 00:44:09   | 00:46:55 |
| 6     | TRĘBSKI Krzysztof  | 119    | ZABIEGANINOCA             | M40-49   | 00:04:33   | 00:07:23   | 00:10:15   | 00:13:06   | 00:15:58   | 00:18:48   | 00:21:37   | 00:24:29   | 00:27:18   | 00:30:08   | 00:32:54   | 00:35:42   | 00:38:31   | 00:41:21   | 00:44:09   | 00:46:55 |
| 7     | KRYZEL Tomasz      | 55     |                           | M18-29   | 00:04:33   | 00:07:23   | 00:10:15   | 00:13:06   | 00:15:58   | 00:18:49   | 00:21:37   | 00:24:28   | 00:27:19   | 00:30:08   | 00:32:55   | 00:35:42   | 00:38:31   | 00:41:21   | 00:44:10   | 00:46:56 |
| 8     | FĄS Bartosz        | 13     | LZS JEDNOŚĆ ŁOBŻENICA     | M30-39   | 00:04:42   | 00:07:36   | 00:10:29   | 00:13:24   | 00:16:16   | 00:19:11   | 00:22:02   | 00:24:52   | 00:27:45   | 00:30:37   | 00:33:31   | 00:36:25   | 00:39:17   | 00:42:08   | 00:44:57   | 00:47:45 |
| 9     | POLLEY Adam        | 90     | LZS 'JEDNOŚĆ' ŁOBŻENICA   | M30-39   | 00:04:42   | 00:07:36   | 00:10:28   | 00:13:24   | 00:16:16   | 00:19:11   | 00:22:02   | 00:24:52   | 00:27:44   | 00:30:37   | 00:33:31   | 00:36:25   | 00:39:17   | 00:42:08   | 00:44:57   | 00:47:45 |
| 10    | SZYMAŃSKI Piotr    | 116    | CSSP                      | M40-49   | 00:04:44   | 00:07:34   | 00:10:23   | 00:13:13   | 00:16:04   | 00:18:56   | 00:21:49   | 00:24:44   | 00:27:39   | 00:30:35   | 00:33:30   | 00:36:28   | 00:39:25   | 00:42:19   | 00:45:16   | 00:48:11 |
| 11    | PRZYBYSZ Łukasz    | 92     | ZABIEGANINOCA             | M18-29   | 00:04:36   | 00:07:23   | 00:10:14   | 00:13:07   | 00:15:59   | 00:19:04   | 00:22:02   | 00:25:04   | 00:28:06   | 00:31:10   | 00:34:08   | 00:37:16   | 00:40:20   | 00:43:21   | 00:46:16   | 00:49:16 |
| 12    | PŁOWENS Piotr      | 88     |                           | M18-29   | 00:04:33   | 00:07:25   | 00:10:16   | 00:13:06   | 00:15:58   | 00:18:50   | 00:21:46   | 00:24:44   | 00:27:46   | 00:30:53   | 00:34:04   | 00:37:11   | 00:40:19   | 00:43:29   | 00:46:35   | 00:49:42 |
| 13    | MARIAN Ostrowski   | 141    | SENIOR ZŁOCIENIEC         | M60+     | 00:04:46   | 00:07:46   | 00:10:42   | 00:13:43   | 00:16:41   | 00:19:36   | 00:22:34   | 00:25:33   | 00:28:35   | 00:31:39   | 00:34:43   | 00:37:45   | 00:40:47   | 00:43:50   | 00:46:51   | 00:49:54 |
| 14    | KUŁAKOWSKI Dawid   | 60     | TKKF KOSZALIN             | M40-49   | 00:04:48   | 00:07:50   | 00:10:53   | 00:13:59   | 00:17:07   | 00:20:09   | 00:23:10   | 00:26:09   | 00:29:08   | 00:32:06   | 00:35:04   | 00:38:02   | 00:41:01   | 00:44:00   | 00:46:59   | 00:50:01 |
| 15    | WUJTIUK Piotr      | 125    | BASKET SZCZECINEK         | M40-49   | 00:04:44   | 00:07:39   | 00:10:34   | 00:13:30   | 00:16:29   | 00:19:29   | 00:22:29   | 00:25:29   | 00:28:30   | 00:31:34   | 00:34:34   | 00:37:36   | 00:40:43   | 00:43:50   | 00:46:58   | 00:50:09 |
| 16    | MICERSKI Tomasz    | 75     | TKKF KOSZALIN             | M40-49   | 00:04:47   | 00:07:50   | 00:10:53   | 00:13:59   | 00:17:06   | 00:20:09   | 00:23:10   | 00:26:10   | 00:29:09   | 00:32:09   | 00:35:17   | 00:38:27   | 00:41:40   | 00:44:55   | 00:48:08   | 00:51:18 |
| 17    | MATUSZEWSKI Karol  | 74     | WILKI KOSZALIN            | M30-39   | 00:04:38   | 00:07:29   | 00:10:56   | 00:14:00   | 00:17:07   | 00:20:09   | 00:23:11   | 00:26:09   | 00:29:08   | 00:32:06   | 00:35:04   | 00:38:02   | 00:41:02   | 00:44:38   | 00:48:25   | 00:51:31 |
| 18    | SKOWYRSKI Janusz   | 107    | TKKF KOSZALIN             | M50-59   | 00:04:49   | 00:07:50   | 00:10:54   | 00:14:00   | 00:17:08   | 00:20:09   | 00:23:14   | 00:26:21   | 00:29:27   | 00:32:36   | 00:35:47   | 00:38:56   | 00:42:08   | 00:45:23   | 00:48:39   | 00:51:54 |
| 19    | KUBIAK Daniel      | 57     |                           | M30-39   | 00:04:50   | 00:07:51   | 00:10:55   | 00:14:00   | 00:17:08   | 00:20:10   | 00:23:12   | 00:26:11   | 00:29:14   | 00:32:26   | 00:35:42   | 00:38:56   | 00:42:10   | 00:45:30   | 00:48:58   | 00:52:30 |
| 20    | RUDZIŃSKI Radosław | 102    | TYCHOWO TEAM              | M30-39   | 00:05:00   | 00:08:01   | 00:11:09   | 00:14:26   | 00:17:33   | 00:20:46   | 00:24:06   | 00:27:17   | 00:30:23   | 00:33:46   | 00:36:55   | 00:39:58   | 00:43:06   | 00:46:16   | 00:49:30   | 00:52:37 |
| 21    | HRYNIEWICZ Rafał   | 30     |                           | M30-39   | 00:05:14   | 00:08:17   | 00:11:21   | 00:14:28   | 00:17:37   | 00:20:45   | 00:23:58   | 00:27:14   | 00:30:29   | 00:33:41   | 00:36:54   | 00:40:07   | 00:43:20   | 00:46:31   | 00:49:41   | 00:52:57 |
| 22    | BRALSKI Andrzej    | 4      | ZABIEGANINOCA             | M30-39   | 00:05:23   | 00:08:33   | 00:11:40   | 00:14:47   | 00:17:56   | 00:21:03   | 00:24:13   | 00:27:22   | 00:30:32   | 00:33:44   | 00:36:57   | 00:40:13   | 00:43:28   | 00:46:39   | 00:49:51   | 00:53:05 |
| 23    | KUBIŚ Paweł        | 58     | APTEKARZE                 | M30-39   | 00:05:22   | 00:08:41   | 00:11:52   | 00:15:09   | 00:18:29   | 00:21:45   | 00:24:59   | 00:28:11   | 00:31:23   | 00:34:32   | 00:37:43   | 00:40:51   | 00:44:00   | 00:47:10   | 00:50:18   | 00:53:29 |
| 24    | MIKIETYŃSKI Michał | 77     | ZABIEGANI NOCA            | M30-39   | 00:05:12   | 00:08:29   | 00:11:40   | 00:14:52   | 00:18:01   | 00:21:15   | 00:24:29   | 00:27:40   | 00:30:51   | 00:34:05   | 00:37:22   | 00:40:40   | 00:43:57   | 00:47:11   | 00:50:28   | 00:53:41 |
| 25    | PASIECZNIK Bartek  | 83     |                           | M18-29   | 00:04:40   | 00:07:49   | 00:10:33   | 00:13:44   | 00:17:06   | 00:20:27   | 00:23:40   | 00:26:59   | 00:30:12   | 00:33:40   | 00:37:11   | 00:40:36   | 00:44:05   | 00:47:25   | 00:50:32   | 00:53:42 |
| 26    | PYREK Krzysztof    | 96     | 1 RBLOG                   | M30-39   | 00:05:03   | 00:08:14   | 00:11:28   | 00:14:45   | 00:18:00   | 00:21:17   | 00:24:33   | 00:27:49   | 00:31:04   | 00:34:18   | 00:37:35   | 00:40:52   | 00:44:10   | 00:47:26   | 00:50:40   | 00:53:55 |

| Place | Participant                   | Number     | Club                    | Category | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All | Finish_All |
|-------|-------------------------------|------------|-------------------------|----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
|       |                               |            |                         |          | 0.7km      | 1.4km      | 2.1km      | 2.8km      | 3.5km      | 4.2km      | 4.9km      | 5.6km      | 6.3km      | 7km        | 7.7km      | 8.4km      | 9.1km      | 9.8km      | 10.5km     | 11.2km     |
| 27    | <b>SKOCZYŁAS Henryk</b>       | <b>106</b> | BIEGAM BO LUBIĘ         | M40-49   | 00:04:57   | 00:08:00   | 00:11:07   | 00:14:21   | 00:17:30   | 00:20:46   | 00:24:01   | 00:27:17   | 00:30:30   | 00:33:46   | 00:37:05   | 00:40:28   | 00:43:52   | 00:47:15   | 00:50:35   | 00:54:00   |
| 28    | <b>GALICKI Robert</b>         | <b>19</b>  |                         | M40-49   | 00:05:16   | 00:08:36   | 00:11:57   | 00:15:17   | 00:18:36   | 00:21:48   | 00:25:03   | 00:28:17   | 00:31:32   | 00:34:43   | 00:37:56   | 00:41:08   | 00:44:25   | 00:47:39   | 00:50:59   | 00:54:24   |
| 29    | <b>GOTOWIEC Tomasz</b>        | <b>22</b>  |                         | M50-59   | 00:05:24   | 00:08:48   | 00:12:11   | 00:15:29   | 00:18:54   | 00:22:13   | 00:25:32   | 00:28:50   | 00:32:11   | 00:35:28   | 00:38:46   | 00:42:06   | 00:45:27   | 00:48:42   | 00:51:57   | 00:55:14   |
| 30    | <b>PIĘTOSA Daniel</b>         | <b>138</b> |                         | M40-49   | 00:05:11   | 00:08:29   | 00:11:50   | 00:15:14   | 00:18:47   | 00:22:17   | 00:25:46   | 00:29:20   | 00:32:54   | 00:36:35   | 00:40:16   | 00:43:54   | 00:47:25   | 00:51:01   | 00:54:29   | 00:58:01   |
| 31    | <b>ADAMOWICZ Arkadiusz</b>    | <b>131</b> |                         | M40-49   | 00:05:00   | 00:08:12   | 00:11:25   | 00:14:42   | 00:18:01   | 00:21:30   | 00:28:02   | 00:31:28   | 00:34:56   | 00:38:27   | 00:41:32   | 00:44:54   | 00:48:18   | 00:51:46   | 00:55:12   | 00:58:37   |
| 32    | <b>CZUB Maciej</b>            | <b>9</b>   |                         | M18-29   | 00:05:31   | 00:08:50   | 00:11:59   | 00:15:17   | 00:18:40   | 00:22:01   | 00:25:34   | 00:29:04   | 00:32:32   | 00:36:11   | 00:39:52   | 00:43:34   | 00:47:18   | 00:50:54   | 00:54:48   | 00:58:49   |
| 33    | <b>KISIELIŃSKI Igor</b>       | <b>47</b>  | TKKF KOSZALIN           | M50-59   | 00:05:00   | 00:08:09   | 00:11:22   | 00:14:35   | 00:17:59   | 00:21:22   | 00:24:47   | 00:28:18   | 00:31:47   | 00:35:28   | 00:38:57   | 00:42:39   | 00:46:58   | 00:51:04   | 00:55:12   | 00:58:55   |
| 34    | <b>FORTUNA Damian</b>         | <b>18</b>  |                         | M30-39   | 00:05:22   | 00:08:32   | 00:11:50   | 00:15:17   | 00:18:48   | 00:22:20   | 00:25:59   | 00:29:36   | 00:33:13   | 00:36:49   | 00:40:26   | 00:44:03   | 00:47:36   | 00:51:11   | 00:55:24   | 00:59:46   |
| 35    | <b>KIEŁTYKA Tomasz</b>        | <b>145</b> | ZABIEGAMI NOCA          | M30-39   | 00:05:32   | 00:09:11   | 00:12:43   | 00:16:15   | 00:19:56   | 00:23:32   | 00:27:15   | 00:30:51   | 00:34:24   | 00:38:01   | 00:41:37   | 00:45:14   | 00:48:54   | 00:52:47   | 00:56:24   | 01:00:01   |
| 36    | <b>WIELGUS Paweł</b>          | <b>122</b> | #ZABIEGANINOCA          | M30-39   | 00:06:05   | 00:10:18   | 00:14:17   | 00:17:29   | 00:20:46   | 00:24:01   | 00:27:17   | 00:30:59   | 00:35:09   | 00:39:07   | 00:42:50   | 00:47:02   | 00:50:36   | 00:53:59   | 00:57:26   | 01:00:46   |
| 37    | <b>CHARO Andrzej</b>          | <b>5</b>   |                         | M30-39   | 00:05:38   | 00:09:18   | 00:13:03   | 00:16:46   | 00:20:33   | 00:24:15   | 00:27:58   | 00:31:47   | 00:35:33   | 00:39:14   | 00:43:03   | 00:46:48   | 00:50:31   | 00:54:07   | 00:57:37   | 01:01:00   |
| 38    | <b>SAWCZUK Bogdan</b>         | <b>103</b> | ZABIEGANINOCA           | M60+     | 00:05:13   | 00:08:43   | 00:12:12   | 00:15:48   | 00:19:24   | 00:23:07   | 00:26:50   | 00:30:40   | 00:34:31   | 00:38:23   | 00:42:16   | 00:46:18   | 00:50:16   | 00:54:07   | 00:57:59   | 01:01:29   |
| 39    | <b>MARCINKIEWICZ Paweł</b>    | <b>72</b>  | TEAM BIEGOWY SZCZECINEK | M30-39   | 00:05:22   | 00:08:47   | 00:12:14   | 00:15:31   | 00:19:07   | 00:22:52   | 00:26:37   | 00:30:20   | 00:34:16   | 00:38:11   | 00:41:57   | 00:45:53   | 00:49:44   | 00:53:44   | 00:57:46   | 01:01:35   |
| 40    | <b>REMPŁAKOWSKI Krzysztof</b> | <b>99</b>  | WE RUN                  | M40-49   | 00:05:34   | 00:09:19   | 00:13:08   | 00:16:55   | 00:20:41   | 00:24:28   | 00:28:14   | 00:31:58   | 00:35:44   | 00:39:31   | 00:43:18   | 00:47:06   | 00:50:50   | 00:54:35   | 00:58:25   | 01:02:26   |
| 41    | <b>BONISŁAWSKI Jarosław</b>   | <b>3</b>   | MAM ŚWIRA               | M30-39   | 00:05:15   | 00:08:22   | 00:11:29   | 00:14:37   | 00:17:48   | 00:20:58   | 00:24:09   | 00:27:21   | 00:30:35   | 00:33:52   | 00:37:11   |            |            |            |            |            |
| 42    | <b>HORYŃ Robert</b>           | <b>29</b>  |                         | M30-39   | 00:05:33   | 00:09:22   | 00:14:19   | 00:22:32   | 00:27:25   | 00:34:08   | 00:39:07   | 00:46:33   | 00:50:44   | 00:55:24   | 00:59:53   |            |            |            |            |            |
| 43    | <b>JASKÓŁKA-STANISZ Paweł</b> | <b>36</b>  |                         | M18-29   | 00:05:26   | 00:09:00   | 00:12:42   | 00:16:20   | 00:19:55   | 00:23:36   | 00:27:18   | 00:31:03   | 00:35:50   | 00:39:44   | 00:44:25   | 00:48:00   | 00:53:00   | 01:02:29   |            |            |
| 44    | <b>KARNICKI Zygmunt</b>       | <b>40</b>  | TKKF KOSZALIN           | M60+     | 00:05:46   | 00:09:41   | 00:13:49   | 00:17:53   | 00:21:57   | 00:26:00   | 00:30:07   | 00:34:18   | 00:38:24   | 00:42:29   | 00:46:34   | 00:50:40   | 00:54:48   | 00:58:56   |            |            |
| 45    | <b>HELLER Zdzisław</b>        | <b>46</b>  |                         | M60+     | 00:05:50   | 00:10:22   | 00:14:51   | 00:19:28   | 00:24:05   | 00:28:38   | 00:33:23   | 00:38:01   | 00:42:52   | 00:47:41   | 00:52:35   | 00:57:16   | 01:02:32   |            |            |            |
| 46    | <b>KISIEL Marcin</b>          | <b>45</b>  | ZABIEGANINOCA           | M30-39   | 00:05:32   | 00:09:11   | 00:12:42   | 00:16:16   | 00:19:57   | 00:23:36   | 00:27:20   | 00:31:02   | 00:35:30   | 00:46:34   | 00:50:44   | 00:55:25   | 00:59:44   |            |            |            |
| 47    | <b>ŁOPIŃSKI Aleksy</b>        | <b>66</b>  | 4RUN TEAM PIŁA          | M60+     | 00:05:52   | 00:09:51   | 00:13:48   | 00:17:46   | 00:21:45   | 00:25:46   | 00:29:51   | 00:33:55   | 00:38:04   | 00:42:15   | 00:46:26   | 00:50:37   | 00:54:44   | 00:58:40   | 01:02:12   |            |
| 48    | <b>PIETRZYK Szymon</b>        | <b>85</b>  |                         | M18-29   | 00:23:28   | 00:26:14   | 00:29:01   | 00:31:50   | 00:34:39   | 00:37:40   | 00:40:38   | 00:43:41   | 00:46:50   | 00:49:53   | 00:52:58   | 00:56:00   | 00:59:04   | 01:02:01   |            |            |
| 49    | <b>NOWAK Daniel</b>           | <b>81</b>  | ZŁOTÓW                  | M30-39   | 00:05:35   | 00:09:13   | 00:12:46   | 00:16:33   | 00:20:15   |            |            |            |            |            |            |            |            |            |            |            |
| 50    | <b>SZYMAŃSKI Marcin</b>       | <b>115</b> | TEAM BIEGOWY SZCZECINEK | M30-39   | 00:05:56   | 00:10:00   | 00:14:06   | 00:18:15   | 00:22:24   | 00:26:33   | 00:30:44   | 00:34:58   | 00:39:17   | 00:43:38   |            |            |            |            |            |            |
| 51    | <b>SZPURA Patryk</b>          | <b>114</b> |                         | M18-29   | 00:05:25   | 00:09:00   | 00:12:42   | 00:16:20   | 00:19:55   | 00:23:36   | 00:27:18   | 00:31:02   | 00:35:50   | 00:39:44   | 00:44:25   | 00:48:00   | 00:53:00   | 01:02:30   |            |            |
| 52    | <b>SKRZYPEK Marcin</b>        | <b>128</b> |                         | M40-49   | 00:06:11   | 00:10:37   | 00:15:06   | 00:19:39   | 00:24:09   | 00:28:36   | 00:33:34   | 00:39:09   | 00:44:27   | 00:49:48   | 00:55:23   | 01:00:58   |            |            |            |            |
| 53    | <b>ZIĘBA Paweł</b>            | <b>126</b> | TKKF KOSZALIN           | M40-49   | 00:09:44   | 00:17:30   | 00:25:12   | 00:32:51   | 00:40:20   | 00:47:46   | 00:54:58   | 01:01:53   |            |            |            |            |            |            |            |            |
| 54    | <b>CZEKAŁA Jan</b>            | <b>147</b> |                         | M60+     | 00:06:07   | 00:10:18   | 00:14:29   | 00:18:43   | 00:22:56   | 00:27:12   | 00:31:29   | 00:35:48   | 00:40:10   | 00:44:37   | 00:49:03   | 00:53:26   | 00:57:53   |            |            |            |
| 55    | <b>KAROLCZAK Krzysztof</b>    | <b>143</b> |                         | M30-39   | 00:05:54   | 00:09:59   | 00:14:10   | 00:18:18   | 00:22:27   | 00:26:36   | 00:30:47   | 00:35:02   | 00:39:18   | 00:43:41   | 00:48:02   | 00:51:52   | 00:56:00   | 01:00:15   |            |            |
| 56    | <b>TRYZUBIAK Piotr</b>        | <b>140</b> |                         | M40-49   | 00:05:39   | 00:09:49   | 00:14:22   | 00:19:10   | 00:23:56   | 00:28:43   | 00:33:21   | 00:38:10   | 00:42:53   | 00:47:42   | 00:52:22   | 00:57:22   | 01:01:40   |            |            |            |

Total 56 results.