



BIEG GŁÓWNY - 5 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:

4. BIEG KORCZAKA

Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla
Dzieci Niepełnosprawnych Ruchowo w Policach im.
Marii Grzegorzewskiej
2023-04-22
Police
5 km

Data:
Miejsce:
Dystans:

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Półmetek 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MACIĄGOWSKI Adam	84	KP CHEMIK POLICE	M20	1	00:10:01	00:21:17.15	00:21:17.15		4:15	14.1 (100%)
2	SADOWSKI Kamil	132	OKS TANOWO	M20	2	00:10:33	00:21:19.70	00:21:19.70	+00:00:02 (0.2%)	4:15	14.1 (100%)
3	GRECZUK Jan	40		M20	3	00:10:58	00:21:47.45	00:21:47.45	+00:00:30 (2.3%)	4:21	13.8 (97.9%)
4	SĘK Bartosz	137		M20	4	00:11:58	00:24:06.60	00:24:06.60	+00:02:49 (11.7%)	4:49	12.4 (87.9%)
5	SIERADZAN Kamil	140	WY-BIEGANI SZCZECIN	M20	5	00:11:27	00:24:09.00	00:24:09.00	+00:02:51 (11.9%)	4:49	12.4 (87.9%)
6	SOBOLEWSKI -SZWED Wojciech	186	TRIGYM	M20	6	00:12:12	00:24:28.55	00:24:28.55	+00:03:11 (13.0%)	4:53	12.3 (87.2%)
7	GOZDOWSKI Daniel	39	#FIEGEBIEGA	M20	7	00:12:05	00:24:42.50	00:24:42.50	+00:03:25 (13.9%)	4:56	12.1 (85.8%)
8	FALEŃSKI Dawid	28		M20	8	00:13:06	00:25:24.50	00:25:24.50	+00:04:07 (16.2%)	5:04	11.8 (83.7%)
9	BAIZERT Krzysztof	6		M20	9	00:13:26	00:26:34.05	00:26:34.05	+00:05:16 (19.9%)	5:18	11.3 (80.1%)
10	BINDAS Mateusz	8	RAZ SZCZECIN	M20	10	00:13:57	00:28:46.55	00:28:46.55	+00:07:29 (26.0%)	5:45	10.4 (73.8%)
11	SZAJEK Gabor	155	HULK TEAM POLICE	M20	11	00:16:06	00:31:21.40	00:31:21.40	+00:10:04 (32.1%)	6:16	9.6 (68.1%)
12	PAWLIŃSKI Przemysław	107		M20	12	00:15:07	00:31:52.45	00:31:52.45	+00:10:35 (33.2%)	6:22	9.4 (66.7%)
13	GADOMSKI Szymon	32		M20	13	00:16:56	00:33:10.70	00:33:10.70	+00:11:53 (35.8%)	6:38	9 (63.8%)
14	MATECKI Adrian	89		M20	14	00:17:31	00:33:23.25	00:33:23.25	+00:12:06 (36.2%)	6:40	9 (63.8%)
15	ANDRUSZKIEWICZ Jakub	3	AMPIO TEAM	M20	15	00:16:31	00:33:48.00	00:33:48.00	+00:12:30 (37.0%)	6:45	8.9 (63.1%)
16	CABAJ Tomasz	14	#FIEGEBIEGA	M20	16	00:16:24	00:34:17.45	00:34:17.45	+00:13:00 (37.9%)	6:51	8.8 (62.4%)
17	STARZYŃSKI Konrad	152	SOSW NR 1 DNR	M20	17	00:15:09	00:34:42.70	00:34:42.70	+00:13:25 (38.7%)	6:56	8.6 (61.0%)
18	MAZUR Kamil	90	SOSW NR 1 DNR	M20	18	00:16:55	00:34:57.45	00:34:57.45	+00:13:40 (39.1%)	6:59	8.6 (61.0%)
19	KŁONOWSKI Bartosz	57		M20	19	00:17:40	00:35:27.75	00:35:27.75	+00:14:10 (40.0%)	7:05	8.5 (60.3%)
20	AUGUSTYNIAK Łukasz	5		M20	20	00:18:13	00:38:46.65	00:38:46.65	+00:17:29 (45.1%)	7:45	7.7 (54.6%)
21	SMOŁOWIK Ernest	143	SOSW NR 1 DNR	M20	21	00:16:09			+00:06:08	6:28	9.3 (66.0%)
	JASIŃSKI Patryk	49	SOSW NR 1 DNR	M20		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 22 wynik(ów)