



## BIEG GŁÓWNY - 5 KM

B4SPORT

**Wydarzenie:** 3 BIEG KORCZAKA  
**Organizator:** Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej  
**Data:** 2022-04-09  
**Miejsce:** Police  
**Dystans:** 5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RUSEK Kamil</b>	<b>157</b>	FEHLAU RUN TEAM	M30	1		00:09:13	<b>00:18:48.25</b>	<b>00:18:48.95</b>		3:45	16 (100%)
2	<b>APIECIONEK Mateusz</b>	<b>6</b>	UKL ÓSEMKA POLICE	M30	2	UKL Ósemka Police	00:09:34	<b>00:19:43.40</b>	<b>00:19:44.65</b>	+00:00:55 (4.7%)	3:56	15.2 (95.0%)
3	<b>JASTRZĘBSKI Jarosław</b>	<b>77</b>		M30	3		00:10:26	<b>00:21:26.50</b>	<b>00:21:28.90</b>	+00:02:39 (12.4%)	4:17	14 (87.5%)
4	<b>KUCHTA Piotr</b>	<b>97</b>	KB PIONIER	M30	4	KB Pionier	00:10:30	<b>00:21:41.90</b>	<b>00:21:43.70</b>	+00:02:54 (13.4%)	4:20	13.8 (86.3%)
5	<b>WESOŁOWSKI Marcin</b>	<b>907</b>		M30	5		00:10:36	<b>00:21:56.10</b>	<b>00:21:58.05</b>	+00:03:09 (14.3%)	4:23	13.7 (85.6%)
6	<b>LEŚNIEWSKI Grzegorz</b>	<b>99</b>	LEŚNE WILCZE JEDNOROŻCE	M30	6		00:10:38	<b>00:21:54.30</b>	<b>00:22:00.70</b>	+00:03:11 (14.5%)	4:22	13.7 (85.6%)
7	<b>PUCHALSKI Grzegorz</b>	<b>149</b>	MOBILNA WULKANIZACJA 536-226-226	M30	7	DPT RUN TEAM SZCZECIN	00:10:36	<b>00:22:23.30</b>	<b>00:22:24.80</b>	+00:03:35 (16.1%)	4:28	13.4 (83.8%)
8	<b>ŻARCZYŃSKI Błażej</b>	<b>217</b>	KP PSP POLICE	M30	8		00:11:14	<b>00:22:28.00</b>	<b>00:22:33.60</b>	+00:03:44 (16.6%)	4:29	13.4 (83.8%)
9	<b>OLEKSIUK Przemysław</b>	<b>124</b>	OLEKSIUKOWIE	M30	9		00:11:14	<b>00:22:31.65</b>	<b>00:22:36.35</b>	+00:03:47 (16.8%)	4:30	13.3 (83.1%)
10	<b>HAŁGAS Piotr</b>	<b>64</b>		M30	10		00:10:55	<b>00:22:33.60</b>	<b>00:22:36.60</b>	+00:03:47 (16.8%)	4:30	13.3 (83.1%)
11	<b>ARLUKIEWICZ Grzegorz</b>	<b>7</b>	TOST I PIWO (TIP)	M30	11		00:11:13	<b>00:22:36.25</b>	<b>00:22:42.80</b>	+00:03:53 (17.2%)	4:31	13.3 (83.1%)
12	<b>LEWANDOWSKI Daniel</b>	<b>101</b>	AKTYWNE LISEWO	M30	12		00:11:08	<b>00:22:57.05</b>	<b>00:22:59.00</b>	+00:04:10 (18.1%)	4:35	13.1 (81.9%)
13	<b>SANETRA Dawid</b>	<b>163</b>	UKL OSEMKA	M30	13	UKL Ósemka Police	00:11:16	<b>00:23:15.25</b>	<b>00:23:18.15</b>	+00:04:29 (19.3%)	4:39	12.9 (80.6%)
14	<b>CZERWONKA Lukasz</b>	<b>32</b>		M30	14		00:11:11	<b>00:23:13.90</b>	<b>00:23:18.60</b>	+00:04:29 (19.3%)	4:38	12.9 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	<b>RÓŻAŃSKI Marcin</b>	<b>153</b>	BRZÓZKI	M30	15	Move Trzebież	00:11:48	<b>00:23:43.95</b>	<b>00:23:43.95</b>	+00:04:55 (20.7%)	4:44	12.6 (78.8%)
16	<b>SIWAK Łukasz</b>	<b>165</b>	DPT RUN TEAM SZCZECIN	M30	16	DPT RUN TEAM SZCZECIN	00:12:12	<b>00:25:17.40</b>	<b>00:25:17.40</b>	+00:06:28 (25.6%)	5:03	11.9 (74.4%)
17	<b>DYMOWSKI Paweł</b>	<b>40</b>		M30	17		00:12:36	<b>00:25:30.90</b>	<b>00:25:38.80</b>	+00:06:49 (26.6%)	5:06	11.8 (73.8%)
18	<b>HAMAN Kacper</b>	<b>65</b>	DPT RUN TEAM SZCZECIN	M30	18	DPT RUN TEAM SZCZECIN	00:12:08	<b>00:25:45.35</b>	<b>00:25:49.25</b>	+00:07:00 (27.1%)	5:09	11.7 (73.1%)
19	<b>KOMAROWSKI Tomasz</b>	<b>87</b>	AMPIO TEAM	M30	19	AMPIO Team 3	00:13:33	<b>00:27:38.55</b>	<b>00:27:53.20</b>	+00:09:04 (32.5%)	5:31	10.9 (68.1%)
20	<b>PILAWSKI Piotr</b>	<b>135</b>	TOST I PIWO (TIP)	M30	20		00:13:52	<b>00:28:25.40</b>	<b>00:28:25.40</b>	+00:09:36 (33.8%)	5:41	10.6 (66.3%)
21	<b>ADAMIAK Artur</b>	<b>4</b>	AMPIO TEAM	M30	21	AMPIO Team 2	00:14:06	<b>00:28:29.15</b>	<b>00:28:43.25</b>	+00:09:54 (34.5%)	5:41	10.5 (65.6%)
22	<b>WRÓBLEWSKI Emil</b>	<b>197</b>		M30	22		00:14:34	<b>00:29:34.35</b>	<b>00:29:43.15</b>	+00:10:54 (36.7%)	5:54	10.1 (63.1%)
23	<b>ĆWIKLIŃSKI Łukasz</b>	<b>35</b>	AMPIO TEAM	M30	23		00:16:11	<b>00:32:54.35</b>	<b>00:33:09.30</b>	+00:14:20 (43.2%)	6:34	9.1 (56.9%)
24	<b>DOLECKI Dominik</b>	<b>36</b>		M30	24		00:18:00	<b>00:38:06.65</b>	<b>00:38:16.10</b>	+00:19:27 (50.8%)	7:37	7.9 (49.4%)
25	<b>GETKA Michał</b>	<b>59</b>	AMPIO TEAM	M30	25	Ampio Team 1	00:19:50	<b>00:41:08.50</b>	<b>00:41:24.35</b>	+00:22:35 (54.6%)	8:13	7.3 (45.6%)

Znaleziono 25 wynik(ów)