



BIEG GŁÓWNY - 5 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: 3 BIEG KORCZAKA
Organizator: Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej
Data: 2022-04-09
Miejsce: Police
Dystans: 5 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	DYDEK Edyta	38	14ZBOT/SKB DZIK	K20	1	Bieg Korczaka 2	00:10:30	00:21:19.30	00:21:20.45		4:15	14.1 (100%)
2	WASIELEWSKA Paulina	210	UKL ÓSEMKA POLICE	K20	2	UKL Ósemka Police	00:10:30	00:21:30.00	00:21:33.00	+00:00:12 (1.0%)	4:18	14 (99.3%)
3	PROKOP Agata	146		K30	1		00:11:44	00:23:53.20	00:23:55.90	+00:02:35 (10.8%)	4:46	12.6 (89.4%)
4	PAŁASZEWSKA Karolina	130	14ZBOT/142 BLP TRZEBIATÓW	K30	2	14ZBOT/142 BLP Drużyna Alfa	00:11:37	00:24:29.95	00:24:33.95	+00:03:13 (13.1%)	4:53	12.3 (87.2%)
5	POPŁAWSKA Weronika	144	DPT RUN TEAM SZCZECIN	K40	1	DPT RUN TEAM SZCZECIN	00:12:04	00:24:59.35	00:25:02.85	+00:03:42 (14.8%)	4:59	12 (85.1%)
6	KŁACZYŃSKA Danuta	912	FARTY PUSZCZY	K40	2	Farty Puszczy	00:12:09	00:25:03.85	00:25:07.90	+00:03:47 (15.1%)	5:00	12 (85.1%)
7	POŻYCZKA Małgorzata	145		K50	1		00:12:18	00:25:13.50	00:25:16.00	+00:03:55 (15.5%)	5:02	11.9 (84.4%)
8	SOLIŃSKA Emilia	166	SOSW NR 1 DNR	K20	3	SOSW Nr 1 DNR	00:12:20	00:25:19.00	00:25:26.90	+00:04:06 (16.1%)	5:03	11.8 (83.7%)
9	PARUZEL Joanna	131	HULK TEAM POLICE	K30	3	Hulk Team Police	00:12:16	00:25:29.95	00:25:31.30	+00:04:10 (16.4%)	5:05	11.8 (83.7%)
10	JANKA Joanna	74	BIEG KORCZAKA	K40	3	Bieg Korczaka Raz	00:12:38	00:25:37.90	00:25:43.50	+00:04:23 (17.0%)	5:07	11.7 (83.0%)
11	HRYNKIEWICZ-PAWŁASZEK Anna	70	MOW IM. JANUSZA KORCZAKA W SZCZECINIE / SWIM2TRI	K40	4	MOW im. J. Korczaka w Szczecinie_2	00:12:19	00:25:44.50	00:25:44.50	+00:04:24 (17.1%)	5:08	11.7 (83.0%)
12	JAROSŁAWSKA Sandra	75	HULK TEAM POLICE	K30	4	Hulk Team Police	00:12:31	00:25:44.25	00:25:48.45	+00:04:28 (17.3%)	5:08	11.7 (83.0%)
13	TOKARZ Joanna	180	WIECZORNE BIEGANIE W SZCZECINIE	K40	5	Wieczorne Bieganie w Szczecinie	00:12:41	00:25:51.65	00:25:59.00	+00:04:38 (17.9%)	5:10	11.6 (82.3%)

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14	MURAWSKA Wioletta	115	KB DZIK POLICE	K50	2		00:13:01	00:26:25.60	00:26:25.60	+00:05:05 (19.2%)	5:17	11.4 (80.9%)
15	KRÓLAK Beata	91		K60+	1		00:13:14	00:27:07.00	00:27:12.65	+00:05:52 (21.6%)	5:25	11.1 (78.7%)
16	PIECYK Katarzyna	134		K30	5		00:12:48	00:27:20.85	00:27:24.15	+00:06:03 (22.1%)	5:28	11 (78.0%)
17	RYDZYŃSKA Sandra	67		K20	4		00:13:01	00:27:34.65	00:27:34.65	+00:06:14 (22.6%)	5:30	10.9 (77.3%)
18	MAŁACHOWSKA Katarzyna	108		K20	5		00:13:24	00:27:31.15	00:27:40.45	+00:06:20 (22.9%)	5:30	10.9 (77.3%)
19	FILIPOWICZ Klaudia	48		K20	6		00:13:33	00:27:37.80	00:27:42.00	+00:06:21 (23.0%)	5:31	10.9 (77.3%)
20	BUJNOWSKA Anita	26		K30	6		00:13:36	00:27:39.90	00:27:45.05	+00:06:24 (23.1%)	5:31	10.8 (76.6%)
21	ROZEN Agnieszka	2		K40	6	#kresowabiega	00:13:51	00:27:38.85	00:27:47.80	+00:06:27 (23.2%)	5:31	10.9 (77.3%)
22	KRUŻBERSKA Katarzyna	902		K20	7		00:13:49	00:27:59.75	00:28:01.60	+00:06:41 (23.9%)	5:35	10.7 (75.9%)
23	RZYMSKA Marta	160		K40	7		00:13:49	00:28:05.30	00:28:12.45	+00:06:52 (24.3%)	5:37	10.7 (75.9%)
24	MADRAK Anna	107	HULK TEAM POLICE	K40	8	Hulk Team Police	00:13:37	00:28:13.65	00:28:17.45	+00:06:57 (24.6%)	5:38	10.6 (75.2%)
25	NIEWADZIK Ula	120		K50	3		00:13:57	00:28:31.05	00:28:39.00	+00:07:18 (25.5%)	5:42	10.5 (74.5%)
26	FILIPOWICZ Patrycja	47		K40	9	Filipy	00:14:08	00:28:34.40	00:28:39.25	+00:07:18 (25.5%)	5:42	10.5 (74.5%)
27	BORKOWSKA ZIELKE Magdalena	20	BIEG KORCZAKA	K30	7		00:13:53	00:28:39.95	00:28:45.45	+00:07:25 (25.8%)	5:43	10.5 (74.5%)
28	SZAFRAŃSKA Klaudia	214		K20	8		00:14:08	00:28:53.00	00:29:03.40	+00:07:42 (26.6%)	5:46	10.4 (73.8%)
29	CZYCZYN Angelika	34	BIEG KORCZAKA	K30	8		00:13:58	00:29:03.35	00:29:08.80	+00:07:48 (26.8%)	5:48	10.3 (73.0%)
30	NATALCZYK Ewelina	116	BIEG KORCZAKA	K30	9	Bieg Korczaka Raz	00:14:23	00:29:19.90	00:29:27.25	+00:08:06 (27.5%)	5:51	10.2 (72.3%)
31	WIĘCKOWSKA Joanna	189		K30	10		00:14:04	00:29:29.40	00:29:39.30	+00:08:18 (28.0%)	5:53	10.2 (72.3%)
32	RADCZUK Karolina	905		K40	10		00:14:33	00:29:49.65	00:29:49.65	+00:08:29 (28.5%)	5:57	10.1 (71.6%)
33	ZAKRZEWSKA Sylwia	203	FSD RUN DRERZDENKO	K30	11		00:14:12	00:29:45.55	00:29:51.50	+00:08:31 (28.5%)	5:57	10.1 (71.6%)
34	HNAT Aleksandra	69	AMPIO TEAM	K20	9	AMPIO Team 5	00:15:18	00:30:06.45	00:30:21.80	+00:09:01 (29.7%)	6:01	10 (70.9%)
35	POLEHONKA Olha	143	WOJTEK & OLA	K30	12		00:15:04	00:30:19.35	00:30:25.45	+00:09:05 (29.9%)	6:03	9.9 (70.2%)
36	ZAKROCKA Magdalena	202	AMPIO TEAM	K30	13	AMPIO Team 3	00:14:59	00:30:26.75	00:30:40.15	+00:09:19 (30.4%)	6:05	9.9 (70.2%)

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37	BUJACZ Angelika	24	AMPIO TEAM	K50	4	AMPIO Team 2	00:16:00	00:30:51.50	00:31:06.00	+00:09:45 (31.4%)	6:10	9.7 (68.8%)
38	KUPNIEWSKA Aleksandra	903	LOVELASY	K40	11		00:15:04	00:31:01.05	00:31:06.85	+00:09:46 (31.4%)	6:12	9.7 (68.8%)
39	MISIUK Marta	904	LOVELASY	K30	14		00:15:04	00:31:00.95	00:31:07.15	+00:09:46 (31.4%)	6:12	9.7 (68.8%)
40	KRUSZEWICZ Dalida	95	AMPIO TEAM	K40	12	AMPIO Team 4	00:15:59	00:30:52.85	00:31:07.90	+00:09:47 (31.4%)	6:10	9.7 (68.8%)
41	BIEŃKOWSKA-GLIGA Anna	15	WIELGOWO NA BIEGOWO	K40	13		00:15:34	00:31:04.05	00:31:08.75	+00:09:48 (31.5%)	6:12	9.7 (68.8%)
42	JAWÓR Magdalena	78		K30	15		00:15:33	00:31:05.15	00:31:10.35	+00:09:49 (31.5%)	6:13	9.7 (68.8%)
43	ORLON Barbara	127	BIEG KORCZAKA	K50	5		00:15:24	00:31:10.15	00:31:16.10	+00:09:55 (31.7%)	6:14	9.6 (68.1%)
44	STECKA Urszula	172	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	10	MOW im. J. Korczaka w Szczecinie_2	00:14:32	00:31:14.35	00:31:17.75	+00:09:57 (31.8%)	6:14	9.6 (68.1%)
45	LIGENZA Gosia	104	14ZBOT/142 BLP TRZEBIATÓW	K30	16	14ZBOT/142 BLP Drużyna Bravo	00:15:05	00:31:17.95	00:31:24.00	+00:10:03 (32.0%)	6:15	9.6 (68.1%)
46	BARTKOWSKA Beata	9	WIELGOWO NA BIEGOWO	K50	6		00:15:34	00:31:20.60	00:31:25.30	+00:10:04 (32.1%)	6:16	9.6 (68.1%)
47	PROTASIEWICZ Agnieszka	147	BIEG KORCZAKA	K40	14	Bieg Korczaka 2	00:15:19	00:31:50.30	00:31:58.65	+00:10:38 (33.3%)	6:22	9.4 (66.7%)
48	NOWAKOWSKA Adriana	121	BIEG KORCZAKA	K40	15	Bieg Korczaka Raz	00:15:28	00:32:02.05	00:32:08.75	+00:10:48 (33.6%)	6:24	9.4 (66.7%)
49	REKOWSKA Danuta	152		K60+	2		00:15:40	00:32:07.20	00:32:09.95	+00:10:49 (33.7%)	6:25	9.3 (66.0%)
50	JAKSINA Anna	73	BIEG KORCZAKA	K40	16	Bieg Korczaka 2	00:15:23	00:32:13.25	00:32:19.95	+00:10:59 (34.0%)	6:26	9.3 (66.0%)
51	ZIÓŁKOWSKA Sylwia	919	FARTY PUSZCZY	K40	17	Farty Puszczy	00:15:35	00:32:15.95	00:32:21.15	+00:11:00 (34.0%)	6:27	9.3 (66.0%)
52	KAMIŃSKA Magdalena	910	PUM SZCZECIN	K40	18	Bieg Korczaka	00:15:29	00:32:25.85	00:32:32.05	+00:11:11 (34.4%)	6:29	9.3 (66.0%)
53	BIELKA Weronika	14		K20	11		00:15:32	00:32:21.60	00:32:32.55	+00:11:12 (34.4%)	6:28	9.3 (66.0%)
54	KĘDZIERSKA Alicja	81	AMPIO TEAM	K30	17	AMPIO Team 3	00:16:12	00:32:41.20	00:32:54.50	+00:11:34 (35.2%)	6:32	9.2 (65.2%)
55	HAWRYLUK WIRASZKA Anna	68	AMPIO TEAM	K30	18	AMPIO Team 3	00:16:12	00:32:47.60	00:33:01.50	+00:11:41 (35.4%)	6:33	9.2 (65.2%)
56	STACHOWICZ-HAWRYLAK Sylwia	906	BIEG KORCZAKA	K50	7	Bieg Korczaka Raz	00:15:29	00:32:57.10	00:33:03.85	+00:11:43 (35.5%)	6:35	9.1 (64.5%)
57	HARNATKIEWICZ Kamila	66	AMPIO TEAM	K30	19	AMPIO Team 2	00:16:15	00:33:21.45	00:33:30.95	+00:12:10 (36.3%)	6:40	9 (63.8%)
58	BŁAŻEJEWSKA-JANNASZ Kamila	16		K30	20		00:16:51	00:34:05.20	00:34:15.90	+00:12:55 (37.7%)	6:49	8.8 (62.4%)
59	GADOMSKA Honorata	54	AMPIO TEAM	K40	19	Ampio Team 1	00:16:54	00:34:26.05	00:34:36.15	+00:13:15 (38.3%)	6:53	8.7 (61.7%)

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60	DOPIERAŁA Małgorzata	37		K30	21		00:17:17	00:34:48.15	00:34:58.65	+00:13:38 (39.0%)	6:57	8.6 (61.0%)
61	SZKLARZ Oliwia	176	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	12	MOW im. J. Korczaka w Szczecinie_2	00:17:13	00:35:19.75	00:35:22.65	+00:14:02 (39.7%)	7:03	8.5 (60.3%)
62	PUFF Agata	150		K30	22		00:17:44	00:35:11.95	00:35:24.80	+00:14:04 (39.7%)	7:02	8.5 (60.3%)
63	WÓJCIK Olga	125	WIECZORNE BIEGANIE W SZCZECINIE	K40	20	Wieczne Bieganie w Szczecinie	00:16:43	00:35:19.00	00:35:26.90	+00:14:06 (39.8%)	7:03	8.5 (60.3%)
64	MATUSZEWSKA Edyta	109	WIECZORNE BIEGANIE W SZCZECINIE	K40	21	Wieczne Bieganie w Szczecinie	00:16:45	00:35:19.60	00:35:27.80	+00:14:07 (39.8%)	7:03	8.5 (60.3%)
65	SZYMAŃSKA Anna	178	14ZBOT/142 BLP TRZEBIATÓW	K40	22	14ZBOT/142 BLP Drużyna Bravo	00:16:36	00:35:43.40	00:35:50.10	+00:14:29 (40.4%)	7:08	8.4 (59.6%)
66	DYDEK Dorota	39	14ZBOT/SKB DZIK	K50	8	Bieg Korczaka 2	00:16:46	00:35:56.65	00:35:58.60	+00:14:38 (40.7%)	7:11	8.3 (58.9%)
67	DZIK Joanna	43		K20	13	DPT RUN TEAM SZCZECIN	00:17:13	00:36:12.70	00:36:17.70	+00:14:57 (41.2%)	7:14	8.3 (58.9%)
68	GADOMSKA Maja	55	AMPIO TEAM	K20	14	Ampio Team 1	00:16:53	00:36:32.80	00:36:43.75	+00:15:23 (41.9%)	7:18	8.2 (58.2%)
69	SADZIK DURKA Marta	162	FITBRACTWO	K50	9	Fitbractwo	00:17:32	00:36:40.55	00:36:46.30	+00:15:25 (42.0%)	7:20	8.2 (58.2%)
70	WAWRZYCKA Natalia	186		K20	15		00:17:10	00:36:55.55	00:37:04.25	+00:15:43 (42.4%)	7:23	8.1 (57.4%)
71	SCHULZ Magdalena	164		K20	16		00:18:02	00:37:10.95	00:37:22.40	+00:16:01 (42.9%)	7:26	8.1 (57.4%)
72	STERNA Magdalena	174	BIEG KORCZAKA	K30	23	Bieg Korczaka	00:17:27	00:37:21.65	00:37:26.05	+00:16:05 (43.0%)	7:28	8 (56.7%)
73	FUTYMA Karolina	53	AMPIO TEAM	K30	24	AMPIO Team 3	00:17:41	00:37:21.55	00:37:29.75	+00:16:09 (43.1%)	7:28	8 (56.7%)
74	SOŁTYS Julia	167		K40	23		00:17:35	00:37:28.00	00:37:35.15	+00:16:14 (43.2%)	7:29	8 (56.7%)
75	FIJAŁEK Natalia	46	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	17	MOW im. J. Korczaka w Szczecinie_1	00:17:37	00:37:55.45	00:37:55.45	+00:16:34 (43.7%)	7:35	7.9 (56.0%)
76	KORCZAK Edyta	89		K30	25		00:18:01	00:38:06.80	00:38:15.50	+00:16:55 (44.2%)	7:37	7.9 (56.0%)
77	STYBA Sandra	175	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	18	MOW im. J. Korczaka w Szczecinie_1	00:18:20	00:38:59.25	00:38:59.25	+00:17:38 (45.3%)	7:47	7.7 (54.6%)
78	RUMOWSKA Agnieszka	156		K30	26		00:19:38	00:40:25.35	00:40:34.95	+00:19:14 (47.4%)	8:05	7.4 (52.5%)
79	GÓRSKA Agnieszka	909		K40	24		00:19:35	00:40:22.55	00:40:35.05	+00:19:14 (47.4%)	8:04	7.4 (52.5%)
80	PIOTROWSKA Dorota	137	AMPIO TEAM	K40	25	AMPIO Team 4	00:19:19	00:40:48.30	00:41:02.30	+00:19:41 (48.0%)	8:09	7.4 (52.5%)

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81	ZYCH Daria	208	AMPIO TEAM	K20	19	AMPIO Team 5	00:19:19	00:40:48.45	00:41:02.45	+00:19:41 (48.0%)	8:09	7.4 (52.5%)
82	WOJTAT Halina	918	KS POGODNI NORDIKOWCY SZCZECIN	K50	10		00:20:11	00:41:31.30	00:41:41.05	+00:20:20 (48.8%)	8:18	7.2 (51.1%)
83	TOMASZEWSKA Beata	181	HULK TEAM POLICE	K30	27	Hulk Team Police	00:18:43	00:42:16.80	00:42:20.70	+00:21:00 (49.6%)	8:27	7.1 (50.4%)
84	SZCZERBIŃSKA Barbara	917		K60+	3		00:20:32	00:42:27.70	00:42:40.25	+00:21:19 (50.0%)	8:29	7.1 (50.4%)
85	KOWALSKA Joanna	913	--	K30	28		00:20:33	00:42:28.40	00:42:40.40	+00:21:19 (50.0%)	8:29	7.1 (50.4%)
86	WALKIEWICZ Agnieszka	184	SOSW NR 1 DNR	K20	20	SOSW Nr 1 DNR	00:20:47	00:43:55.15	00:43:57.95	+00:22:37 (51.5%)	8:47	6.8 (48.2%)
87	WOLSKA Magdalena	195		K40	26		00:20:17	00:43:54.15	00:44:03.45	+00:22:42 (51.6%)	8:46	6.8 (48.2%)
88	BOROWSKA Gabriela	22		K40	27		00:20:17	00:43:57.05	00:44:06.50	+00:22:46 (51.6%)	8:47	6.8 (48.2%)
	PABIŚ Liwia	129	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20		MOW im. J. Korczaka w Szczecinie_1	00:26:02 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 89 wynik(ów)