



BIEG GŁÓWNY - 5 KM

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Wydarzenie: 5. BIEG KORCZAKA
Organizator: Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej
Data: 2024-04-20
Miejsce: Police
Dystans: 5 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Półmetek 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SLIŹ Julia	119		K20	1		00:13:10	00:26:43.05	00:26:46.20		5:20	11.2 (100%)
2	POPŁAWSKA Weronika	100	LKS PRZECŁAW	K40	1		00:13:40	00:28:03.90	00:28:07.75	+00:01:21 (4.8%)	5:36	10.7 (95.5%)
3	PIRÓG Ewa	97		K30	1		00:14:10	00:29:00.00	00:29:02.65	+00:02:16 (7.8%)	5:48	10.3 (92.0%)
4	KŁACZKIEWICZ Alicja	56	WY-BIEGANI SZCZECIN	K30	2	Wy-Biegani Szczecin	00:14:45	00:30:05.80	00:30:09.25	+00:03:23 (11.2%)	6:01	10 (89.3%)
5	BIĘCZYK Iwona	8	WY-BIEGANI SZCZECIN	K50	1	Wy-Biegani Szczecin	00:14:52	00:30:15.55	00:30:18.00	+00:03:31 (11.7%)	6:03	9.9 (88.4%)
6	NOWICKA Aleksandra	88		K30	3		00:15:11	00:30:58.55	00:31:02.60	+00:04:16 (13.8%)	6:11	9.7 (86.6%)
7	WARDEGA Monika	139	#FIEGEBIEGA	K30	4	#FIEGEBiega	00:15:20	00:31:16.25	00:31:19.15	+00:04:32 (14.5%)	6:15	9.6 (85.7%)
8	DOLIŃSKA Laura	30	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	2	MOW im. Janusza Korczaka w Szczecinie	00:15:37	00:31:32.35	00:31:37.75	+00:04:51 (15.4%)	6:18	9.5 (84.8%)
9	KLAUZINSKA Monika	54		K40	2		00:15:39	00:31:50.80	00:31:54.00	+00:05:07 (16.1%)	6:22	9.4 (83.9%)
10	BUJNOWSKA Anita	19		K30	5		00:16:26	00:32:08.40	00:32:15.35	+00:05:29 (17.0%)	6:25	9.3 (83.0%)
11	UŁANOWICZ Katarzyna	135		K40	3		00:16:04	00:32:18.40	00:32:26.35	+00:05:40 (17.5%)	6:27	9.3 (83.0%)
12	BONIECKA Karolina	14		K30	6		00:15:51	00:32:18.00	00:32:26.95	+00:05:40 (17.5%)	6:27	9.3 (83.0%)
13	WAŚKO Patrycja	142		K30	7		00:15:40	00:32:36.75	00:32:40.55	+00:05:54 (18.1%)	6:31	9.2 (82.1%)
14	ROZEN Agnieszka	105	#KRESOWABIEGA	K40	4		00:16:33	00:32:33.70	00:32:45.00	+00:05:58 (18.3%)	6:30	9.2 (82.1%)

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15	WARAKSA Anna	138		K40	5		00:16:11	00:33:08.80	00:33:12.60	+00:06:26 (19.4%)	6:37	9.1 (81.3%)
16	PACYNA Renata	90	#FIEGEBIEGA	K50	2		00:16:00	00:33:18.35	00:33:21.70	+00:06:35 (19.8%)	6:39	9 (80.4%)
17	WRZESZCZ Angelika	151		K30	8		00:16:08	00:33:32.45	00:33:36.75	+00:06:50 (20.4%)	6:42	8.9 (79.5%)
18	ŚWIDER Edyta	133		K40	6		00:17:05	00:33:40.05	00:33:48.45	+00:07:02 (20.8%)	6:44	8.9 (79.5%)
19	REJBICZ Paulina	103		K30	9		00:16:36	00:33:44.15	00:33:50.90	+00:07:04 (20.9%)	6:44	8.9 (79.5%)
20	CZYCZYN Angelika	25		K40	7		00:16:24	00:33:38.95	00:33:52.40	+00:07:06 (21.0%)	6:43	8.9 (79.5%)
21	LESZCZYŃSKA Karolina	74		K20	3		00:16:41	00:33:51.00	00:33:54.70	+00:07:08 (21.1%)	6:46	8.9 (79.5%)
22	ZIENTEK Małgorzata	157	WIECZORNE BIEGANIE W SZCZECINIE	K40	8		00:17:00	00:35:02.00	00:35:08.50	+00:08:22 (23.8%)	7:00	8.6 (76.8%)
23	JAKSINA Anna	46	DRUŻYNA KORCZAKA	K40	9	Drużyna Korczaka	00:17:04	00:35:05.20	00:35:08.75	+00:08:22 (23.8%)	7:01	8.6 (76.8%)
24	SOROKO Kamila	124		K30	10		00:16:57	00:35:03.65	00:35:11.00	+00:08:24 (23.9%)	7:00	8.6 (76.8%)
25	IDZIKOWSKA Magdalena	44		K30	11		00:16:57	00:35:11.10	00:35:16.05	+00:08:29 (24.1%)	7:02	8.5 (75.9%)
26	WOSZCZYK Renata	150		K40	10		00:17:18	00:35:19.70	00:35:19.70	+00:08:33 (24.2%)	7:03	8.5 (75.9%)
27	JÓŻWICKA Aneta	49		K50	3		00:17:10	00:35:44.05	00:35:51.20	+00:09:05 (25.3%)	7:08	8.4 (75.0%)
28	WESOŁOWSKA Marzena	144	KLUB BOKSERSKI BESTIA POLICE	K30	12		00:17:15	00:35:53.25	00:35:57.60	+00:09:11 (25.6%)	7:10	8.4 (75.0%)
29	KRAWCZYK Magdalena	62		K30	13		00:17:37	00:35:58.30	00:36:06.75	+00:09:20 (25.9%)	7:11	8.3 (74.1%)
30	SZAJEK Marta	127	HULK TEAM POLICE	K40	11	Hulk Team Police	00:17:49	00:36:02.50	00:36:11.25	+00:09:25 (26.0%)	7:12	8.3 (74.1%)
31	BOHDZIEWICZ Nina	13	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	4	MOW im. Janusza Korczaka w Szczecinie	00:17:47	00:36:48.55	00:36:52.30	+00:10:06 (27.4%)	7:21	8.2 (73.2%)
32	KRUSZEWICZ Dalida	65	AMPIO TEAM	K40	12	Ampio Team	00:18:42	00:36:48.85	00:37:00.05	+00:10:13 (27.7%)	7:21	8.2 (73.2%)
33	BUJACZ Angelika	18	AMPIO TEAM	K50	4	Ampio Team	00:18:42	00:36:48.70	00:37:00.35	+00:10:14 (27.7%)	7:21	8.2 (73.2%)
34	MYŚLIWA Małgorzata	99	#FIEGEBIEGA	K30	14	#FIEGEBiega	00:18:38	00:37:22.95	00:37:32.45	+00:10:46 (28.7%)	7:28	8 (71.4%)
35	RAKOWSKA Katarzyna	32	#FIEGEBIEGA	K40	13	#FIEGEBiega	00:18:38	00:37:22.95	00:37:32.50	+00:10:46 (28.7%)	7:28	8 (71.4%)
36	ZIĘTEK Ewelina	158		K50	5		00:18:19	00:37:37.75	00:37:40.20	+00:10:54 (28.9%)	7:31	8 (71.4%)
37	ŻENDEŁEK Magdalena	160	ZMĘCZENI NA STARCIE DOBIEGNIW	K30	15		00:18:32	00:37:46.00	00:37:52.20	+00:11:06 (29.3%)	7:33	7.9 (70.5%)

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38	JUSZKIEWICZ Małgorzata	50		K50	6		00:18:52	00:38:39.45	00:38:49.10	+00:12:02 (31.0%)	7:43	7.8 (69.6%)
39	CHRZANOWSKA Monika	23		K20	5		00:20:07	00:38:48.50	00:38:56.45	+00:12:10 (31.3%)	7:45	7.7 (68.8%)
40	KOWALEWSKA Marta	60		K30	16		00:18:58	00:39:05.90	00:39:10.95	+00:12:24 (31.7%)	7:49	7.7 (68.8%)
41	DOBIES Jolanta	27		K50	7		00:19:36	00:39:20.60	00:39:29.25	+00:12:43 (32.2%)	7:52	7.6 (67.9%)
42	KORGÓL Kasia	59		K30	17		00:20:22	00:40:08.10	00:40:18.25	+00:13:32 (33.6%)	8:01	7.5 (67.0%)
43	JABŁOŃSKA Sylwia	45		K40	14		00:19:54	00:41:10.80	00:41:15.75	+00:14:29 (35.1%)	8:14	7.3 (65.2%)
44	GREBER Kinga	38		K30	18		00:20:54	00:42:04.70	00:42:10.55	+00:15:24 (36.5%)	8:24	7.1 (63.4%)
45	KAMIŃSKA Justyna	52		K40	15		00:20:47	00:42:34.50	00:42:40.80	+00:15:54 (37.3%)	8:30	7 (62.5%)
46	WIELGOSZEWSKA Katarzyna	145		K50	8		00:21:16	00:42:54.90	00:42:54.90	+00:16:08 (37.6%)	8:34	7 (62.5%)
47	PRZYCKA Nikola	101	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	6	MOW im. Janusza Korczaka w Szczecinie	00:17:24	00:42:51.15	00:42:55.65	+00:16:09 (37.6%)	8:34	7 (62.5%)
48	CHOJNACKA Malwina	22	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	7	MOW im. Janusza Korczaka w Szczecinie	00:17:43	00:43:07.45	00:43:11.75	+00:16:25 (38.0%)	8:37	7 (62.5%)
49	SIELICKA Małgorzata	115		K50	9		00:20:31	00:43:04.30	00:43:13.90	+00:16:27 (38.1%)	8:36	7 (62.5%)
50	RUDZIŃSKA Jessika	109	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	8	MOW im. Janusza Korczaka w Szczecinie	00:19:32	00:43:41.65	00:43:45.40	+00:16:59 (38.8%)	8:44	6.9 (61.6%)
51	SEBASTYN Julia	112	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	9	MOW im. Janusza Korczaka w Szczecinie	00:21:54	00:46:01.45	00:46:06.10	+00:19:19 (41.9%)	9:12	6.5 (58.0%)
52	CHABASIŃSKA Wiwiana	21		K20	10		00:22:14	00:46:05.55	00:46:12.80	+00:19:26 (42.1%)	9:13	6.5 (58.0%)
53	BRZEZIŃSKA Karolina	17		K20	11		00:22:45	00:46:15.40	00:46:22.50	+00:19:36 (42.3%)	9:15	6.5 (58.0%)
54	BRZEZIŃSKA Majka	16		K20	12		00:22:44	00:46:49.70	00:46:57.65	+00:20:11 (43.0%)	9:21	6.4 (57.1%)
55	KRUPSKA Judyta	63		K40	16		00:23:20	00:47:19.75	00:47:21.65	+00:20:35 (43.5%)	9:27	6.3 (56.3%)
56	ŁĄG Julia	72	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	13	MOW im. Janusza Korczaka w Szczecinie	00:22:46	00:47:43.85	00:47:48.90	+00:21:02 (44.0%)	9:32	6.3 (56.3%)
57	ZAWADZKA Laura	154	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	14	MOW im. Janusza Korczaka w Szczecinie	00:22:47	00:47:47.30	00:47:52.35	+00:21:06 (44.1%)	9:33	6.3 (56.3%)
58	KRZYSZTOSZEK Patrycja	67	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	15	MOW im. Janusza Korczaka w Szczecinie	00:23:25	00:48:48.90	00:48:54.10	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
58	KRACZEK Agnieszka	61	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K20	15	MOW im. Janusza Korczaka w Szczecinie	00:23:25	00:48:49.30	00:48:54.10	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
60	ADAMKOWSKA Natalia	1		K30	19		00:23:16	00:49:47.00	00:49:52.85	+00:23:06 (46.3%)	9:57	6 (53.6%)

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61	SADOWSKA Julia	110		K20	17		00:24:28	00:50:19.55	00:50:27.20	+00:23:41 (46.9%)	10:03	6 (53.6%)
62	MIELEC Marta	85	DRUŻYNA KORCZAKA	K30	20	Drużyna Korczaka	00:24:44	00:50:47.90	00:51:01.50	+00:24:15 (47.5%)	10:09	5.9 (52.7%)
63	LETKO Iwona	75		K50	10		00:25:20	00:52:02.55	00:52:11.75	+00:25:25 (48.7%)	10:24	5.8 (51.8%)
	HRYNKIEWICZ-PAWŁASZEK Anna	43	MOW IM. JANUSZA KORCZAKA W SZCZECINIE	K40		MOW im. Janusza Korczaka w Szczecinie	00:12:45 DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 64 wynik(ów)