

BIEG GŁÓWNY - 5KM

B4SPORT



Wydarzenie: XIII Bieg Charytatywny im. chor. Kazimierza Masiowskiego
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2023-03-12
Miejsce: Czaplinek
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|--------------------------|-----------|------|----------|--------------------|-------------------|--------------|--------------|
| 1 | BALIŃSKI Karol | 85 | 2 BRYGADA ZMECHANIZOWANA | M-Open | 1 | 00:09:58 | 00:20:28.20 | | 4:05 | 14.7 (100%) |
| 2 | CHMIELEWSKI Tomasz | 92 | | M-Open | 2 | 00:10:08 | 00:21:11.90 | +00:00:43 (3.4%) | 4:14 | 14.2 (96.6%) |
| 3 | BACHANEK Paweł | 84 | | M-Open | 3 | 00:10:39 | 00:21:26.90 | +00:00:58 (4.6%) | 4:17 | 14 (95.2%) |
| 4 | KUBIŚ Paweł | 111 | | M-Open | 4 | 00:10:51 | 00:22:11.55 | +00:01:43 (7.8%) | 4:26 | 13.5 (91.8%) |
| 5 | ZIELIŃSKI Emil | 146 | TEAMTERMINATORUN | M-Open | 5 | 00:10:40 | 00:22:27.70 | +00:01:59 (8.9%) | 4:29 | 13.4 (91.2%) |
| 6 | BARAN Krzysztof | 86 | | M-Open | 6 | 00:11:04 | 00:22:49.10 | +00:02:20 (10.3%) | 4:33 | 13.1 (89.1%) |
| 7 | CHUPTYŚ Adrian | 93 | RUNDORFINA | M-Open | 7 | 00:11:13 | 00:22:53.65 | +00:02:25 (10.6%) | 4:34 | 13.1 (89.1%) |
| 8 | SZLAPAK Krzysztof | 135 | | M-Open | 8 | 00:11:18 | 00:22:57.40 | +00:02:29 (10.8%) | 4:35 | 13.1 (89.1%) |
| 9 | ODWROT Hubert | 122 | 3:33 TEAM | M-Open | 9 | 00:11:34 | 00:23:10.80 | +00:02:42 (11.7%) | 4:38 | 12.9 (87.8%) |
| 10 | WIŚNIEWSKA Magdalena | 144 | | K-Open | 1 | 00:11:37 | 00:23:41.90 | +00:03:13 (13.6%) | 4:44 | 12.7 (86.4%) |
| 11 | OLKOWSKI Tomasz | 124 | | M-Open | 10 | 00:11:40 | 00:23:50.00 | +00:03:21 (14.1%) | 4:46 | 12.6 (85.7%) |
| 12 | ADASZYŃSKI Wiesław | 81 | BIEGOLAS KOSZALIN | M-Open | 11 | 00:11:51 | 00:24:18.55 | +00:03:50 (15.8%) | 4:51 | 12.3 (83.7%) |
| 13 | KAPKOWSKI Paweł | 104 | EL TORO DE ORO | M-Open | 12 | 00:12:02 | 00:24:24.80 | +00:03:56 (16.2%) | 4:52 | 12.3 (83.7%) |
| 14 | BENECKI Krzysztof | 87 | | M-Open | 13 | 00:12:03 | 00:24:26.50 | +00:03:58 (16.2%) | 4:53 | 12.3 (83.7%) |

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|-----|--------------------------------------|------------|-------------------|-----------|------|----------|--------------------|-------------------|--------------|--------------|
| 15 | REDLICKI Piotr | 126 | | M-Open | 14 | 00:11:54 | 00:24:34.60 | +00:04:06 (16.7%) | 4:54 | 12.2 (83.0%) |
| 16 | SZCZUKOCKI Marcin | 133 | TEAM TERMINATORUN | M-Open | 15 | 00:12:02 | 00:24:41.10 | +00:04:12 (17.1%) | 4:56 | 12.2 (83.0%) |
| 17 | SUBERLAK Damian | 130 | RUNDORFINA | M-Open | 16 | 00:12:23 | 00:24:41.60 | +00:04:13 (17.1%) | 4:56 | 12.2 (83.0%) |
| 18 | SKRODZKI Paweł | 129 | | M-Open | 17 | 00:11:53 | 00:24:50.55 | +00:04:22 (17.6%) | 4:58 | 12.1 (82.3%) |
| 19 | KRYK Mirosław | 110 | AKTYWNY MARGONIN | M-Open | 18 | 00:12:29 | 00:25:06.35 | +00:04:38 (18.5%) | 5:01 | 12 (81.6%) |
| 20 | KAŻMIERSKI Marcin | 105 | PCH_RUN | M-Open | 19 | 00:12:17 | 00:25:14.75 | +00:04:46 (18.9%) | 5:02 | 11.9 (81.0%) |
| 21 | DEMSKI Tomasz | 95 | EAGLETEAM | M-Open | 20 | 00:12:43 | 00:25:19.95 | +00:04:51 (19.2%) | 5:03 | 11.8 (80.3%) |
| 22 | HOFFMANN Małgorzata | 158 | | K-Open | 2 | 00:12:30 | 00:25:23.90 | +00:04:55 (19.4%) | 5:04 | 11.8 (80.3%) |
| 23 | GAŁAN Leszek | 99 | | M-Open | 21 | 00:12:47 | 00:25:33.65 | +00:05:05 (19.9%) | 5:06 | 11.7 (79.6%) |
| 24 | MACIEJEWSKA Katarzyna | 115 | | K-Open | 3 | 00:13:06 | 00:25:36.70 | +00:05:08 (20.1%) | 5:07 | 11.7 (79.6%) |
| 25 | BYLEWSKA Ewa | 91 | 3:33 TEAM | K-Open | 4 | 00:13:06 | 00:26:19.30 | +00:05:51 (22.2%) | 5:15 | 11.4 (77.6%) |
| 26 | SUDER-MAKSYMOWICZ Grzegorz | 132 | | M-Open | 22 | 00:13:07 | 00:26:21.45 | +00:05:53 (22.3%) | 5:16 | 11.4 (77.6%) |
| 27 | ADAMOWICZ Kinga | 80 | | K-Open | 5 | 00:13:04 | 00:26:36.45 | +00:06:08 (23.1%) | 5:19 | 11.3 (76.9%) |
| 28 | SIELATYCKA Olga | 128 | EL TORO DE ORO | K-Open | 6 | 00:12:45 | 00:26:51.15 | +00:06:22 (23.8%) | 5:22 | 11.2 (76.2%) |
| 29 | OGONOWSKI Marek | 123 | OGON TEAM | M-Open | 23 | 00:13:38 | 00:27:02.35 | +00:06:34 (24.3%) | 5:24 | 11.1 (75.5%) |
| 30 | KALINA Karol | 103 | | M-Open | 24 | 00:13:39 | 00:27:10.25 | +00:06:42 (24.7%) | 5:26 | 11 (74.8%) |
| 31 | OSTROWSKI Marian | 159 | | M-Open | 25 | 00:13:50 | 00:27:26.40 | +00:06:58 (25.4%) | 5:29 | 10.9 (74.1%) |
| 32 | MAZURSKI Paweł | 118 | | M-Open | 26 | 00:13:27 | 00:27:33.10 | +00:07:04 (25.7%) | 5:30 | 10.9 (74.1%) |
| 33 | BAK Tomasz | 194 | | M-Open | 27 | 00:13:24 | 00:27:35.45 | +00:07:07 (25.8%) | 5:31 | 10.9 (74.1%) |
| 34 | SZKOPEK Krzysztof | 134 | | M-Open | 28 | 00:13:42 | 00:27:39.40 | +00:07:11 (26.0%) | 5:31 | 10.8 (73.5%) |
| 35 | ANTONIAK Krzysztof | 82 | | M-Open | 29 | 00:13:55 | 00:27:40.20 | +00:07:12 (26.0%) | 5:32 | 10.8 (73.5%) |
| 36 | GRABCZEWSKA Ewa | 101 | | K-Open | 7 | 00:13:39 | 00:27:40.65 | +00:07:12 (26.0%) | 5:32 | 10.8 (73.5%) |
| 37 | FEDOROWIAT-NOWACKA Małgorzata | 97 | EL TORO DE ORO | K-Open | 8 | 00:13:47 | 00:27:59.55 | +00:07:31 (26.9%) | 5:35 | 10.7 (72.8%) |

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|-----|--------------------------|-------|---|-----------|------|----------|--------------------|-------------------|--------------|--------------|
| 38 | SUSKA Tomasz | 151 | | M-Open | 30 | 00:13:47 | 00:27:59.65 | +00:07:31 (26.9%) | 5:35 | 10.7 (72.8%) |
| 39 | KILIJĄSKI Andrzej | 106 | | M-Open | 31 | 00:13:58 | 00:28:04.70 | +00:07:36 (27.1%) | 5:36 | 10.7 (72.8%) |
| 40 | WOJTANEK Krzysztof | 160 | | M-Open | 32 | 00:13:47 | 00:28:44.25 | +00:08:16 (28.8%) | 5:44 | 10.4 (70.7%) |
| 41 | SZŁAPAK Beata | 136 | | K-Open | 9 | 00:14:36 | 00:28:51.60 | +00:08:23 (29.1%) | 5:46 | 10.4 (70.7%) |
| 42 | KOZAK Marta | 108 | | K-Open | 10 | 00:14:40 | 00:29:06.70 | +00:08:38 (29.7%) | 5:49 | 10.3 (70.1%) |
| 43 | TROJNAR Jarosław | 139 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | M-Open | 33 | 00:14:05 | 00:29:22.60 | +00:08:54 (30.3%) | 5:52 | 10.2 (69.4%) |
| 44 | AUGUSTOWSKI Krzysztof | 157 | | M-Open | 34 | 00:15:49 | 00:29:31.30 | +00:09:03 (30.7%) | 5:54 | 10.2 (69.4%) |
| 45 | LUTYŃSKA Ewa | 153 | | K-Open | 11 | 00:14:15 | 00:29:34.00 | +00:09:05 (30.8%) | 5:54 | 10.1 (68.7%) |
| 46 | ZIMNICKI Tomasz | 147 | | M-Open | 35 | 00:15:23 | 00:30:05.50 | +00:09:37 (32.0%) | 6:01 | 10 (68.0%) |
| 47 | SZWAJA Maciej | 138 | | M-Open | 36 | 00:15:27 | 00:30:10.05 | +00:09:41 (32.1%) | 6:02 | 9.9 (67.3%) |
| 48 | NIEDZWIECKI Antoni | 156 | | M-Open | 37 | 00:15:50 | 00:30:14.35 | +00:09:46 (32.3%) | 6:02 | 9.9 (67.3%) |
| 49 | BUTOWICZ Adam | 154 | | M-Open | 38 | 00:15:23 | 00:30:45.40 | +00:10:17 (33.4%) | 6:09 | 9.8 (66.7%) |
| 50 | SIDEŁKO Robert | 155 | | M-Open | 39 | 00:15:50 | 00:30:47.75 | +00:10:19 (33.5%) | 6:09 | 9.7 (66.0%) |
| 51 | GAŁAN Joanna | 100 | | K-Open | 12 | 00:15:47 | 00:31:22.15 | +00:10:53 (34.7%) | 6:16 | 9.6 (65.3%) |
| 52 | ZALESKA Elżbieta | 145 | | K-Open | 13 | 00:16:26 | 00:31:45.30 | +00:11:17 (35.5%) | 6:21 | 9.4 (63.9%) |
| 53 | WAJDEN Iwona | 152 | | K-Open | 14 | 00:16:02 | 00:32:30.50 | +00:12:02 (37.0%) | 6:30 | 9.2 (62.6%) |
| 54 | SUDER-MAKSYMOWICZ Monika | 131 | | K-Open | 15 | 00:16:18 | 00:32:42.05 | +00:12:13 (37.4%) | 6:32 | 9.2 (62.6%) |
| 55 | MOZAL Maciej | 120 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | M-Open | 40 | 00:15:45 | 00:33:15.85 | +00:12:47 (38.5%) | 6:39 | 9 (61.2%) |
| 56 | RUTKOWSKA Anna | 127 | WATAHA WAŁCZ | K-Open | 16 | 00:16:37 | 00:33:20.15 | +00:12:51 (38.6%) | 6:40 | 9 (61.2%) |
| 57 | PYREK Iwona | 125 | | K-Open | 17 | 00:16:37 | 00:33:20.45 | +00:12:52 (38.6%) | 6:40 | 9 (61.2%) |
| 58 | SŁOMKA Maciej | 196 | | M-Open | 41 | 00:16:34 | 00:33:23.15 | +00:12:54 (38.7%) | 6:40 | 9 (61.2%) |
| 59 | KOZAK Emil | 107 | WOPR CZAPLINEK | M-Open | 42 | 00:16:43 | 00:33:24.75 | +00:12:56 (38.7%) | 6:40 | 9 (61.2%) |
| 60 | BOŃKOWSKI Jakub | 90 | | M-Open | 43 | 00:16:55 | 00:33:45.20 | +00:13:17 (39.4%) | 6:45 | 8.9 (60.5%) |

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|-----|-------------------------------|------------|---|-----------|------|--------------|--------------------|-------------------|--------------|-------------|
| 61 | KUŚMIDER Katarzyna | 113 | | K-Open | 18 | 00:16:20 | 00:33:50.55 | +00:13:22 (39.5%) | 6:46 | 8.9 (60.5%) |
| 62 | FRYDRYCHOWICZ Lilianna | 98 | | K-Open | 19 | 00:16:49 | 00:33:51.50 | +00:13:23 (39.5%) | 6:46 | 8.9 (60.5%) |
| 63 | BORKOWSKI Piotr | 112 | WOPR CZAPLINEK | M-Open | 44 | 00:16:43 | 00:33:51.75 | +00:13:23 (39.5%) | 6:46 | 8.9 (60.5%) |
| 64 | MŁYNARCZYK Jolanta | 119 | KLUB OLIMPIJCZYKA IM.IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | K-Open | 20 | 00:16:56 | 00:34:02.95 | +00:13:34 (39.9%) | 6:48 | 8.8 (59.9%) |
| 65 | MACIEJEWSKA Lucyna | 114 | | K-Open | 21 | 00:16:57 | 00:34:04.70 | +00:13:36 (39.9%) | 6:48 | 8.8 (59.9%) |
| 65 | MACIEJEWSKI Andrzej | 116 | | M-Open | 45 | 00:16:56 | 00:34:04.70 | +00:13:36 (39.9%) | 6:48 | 8.8 (59.9%) |
| 67 | TROJNAR Krzysztof | 140 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | M-Open | 46 | 00:16:36 | 00:34:06.00 | +00:13:37 (40.0%) | 6:49 | 8.8 (59.9%) |
| 68 | TROJNAR Karolina | 141 | KLUN OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | K-Open | 22 | 00:16:57 | 00:35:03.45 | +00:14:35 (41.6%) | 7:00 | 8.6 (58.5%) |
| 69 | ANTONIAK Justyna | 83 | | K-Open | 23 | 00:17:03 | 00:35:03.80 | +00:14:35 (41.6%) | 7:00 | 8.6 (58.5%) |
| 70 | NOWACKA Ewa | 121 | | K-Open | 24 | 00:17:13 | 00:35:14.25 | +00:14:46 (41.9%) | 7:02 | 8.5 (57.8%) |
| 71 | MATYSEK Ireneusz | 117 | KOMANDOS WAŁECKI | M-Open | 47 | 00:17:28 | 00:35:22.30 | +00:14:54 (42.1%) | 7:04 | 8.5 (57.8%) |
| 72 | WAŚNIEWSKI Arek | 143 | WOPR CZAPLINEK | M-Open | 48 | 00:17:27 | 00:36:31.70 | +00:16:03 (44.0%) | 7:18 | 8.2 (55.8%) |
| 73 | DYCKOWSKI Andrzej | 96 | KLUB SPORTOWY HUSARIA SZCZECINEK | M-Open | 49 | 00:18:12 | 00:36:54.15 | +00:16:25 (44.5%) | 7:22 | 8.1 (55.1%) |
| 74 | CZEREŚNIAK Iwona | 94 | | K-Open | 25 | 00:18:21 | 00:37:48.85 | +00:17:20 (45.9%) | 7:33 | 7.9 (53.7%) |
| 75 | WAŚNIEWSKA Ewa | 142 | RUNDORFINA CZAPLINEK | K-Open | 26 | 00:19:10 | 00:38:07.90 | +00:17:39 (46.3%) | 7:37 | 7.9 (53.7%) |
| 76 | SAKOSIK Janina | 182 | KOMANDOSKA | K-Open | 27 | 00:28:50 | 01:02:02.75 | +00:41:34 (67.0%) | 12:24 | 4.8 (32.7%) |
| | JASTRZĘBSKA Anna | 102 | KLUB SPORTOWY HUSARIA SZCZECINEK | K-Open | | 00:20:31 DNF | DNF | | - | - (0.0%) |

Znaleziono 77 wynik(ów)