

BIEG GŁÓWNY - 5KM

B4SPORT



Wydarzenie: XV BIEG CHARYTATYWNY IM. CHOR. KAZIMIERZA MASIOWSKIEGO
Organizator: STOWARZYSZENIE SPORTOWE GRUPA BIEGOWA RUNDORFINA
Data: 2025-03-09
Miejsce: Siemczyno
Dystans: 5.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	ŁUKASZEWSKI Sebastian	113	ATLAS RUNNING TEAM	OPEN -M	1	00:21:06.40		3:50	15.6 (100%)
2	ORGANKA Marcin	126		OPEN -M	2	00:21:41.45	+00:00:35 (2.7%)	3:56	15.2 (97.4%)
3	CHMIELEWSKI Tomasz	187		OPEN -M	3	00:22:08.55	+00:01:02 (4.7%)	4:01	14.9 (95.5%)
4	KULCZYK Jerzy	108		OPEN -M	4	00:22:47.40	+00:01:41 (7.4%)	4:08	14.5 (92.9%)
5	NOWAK Iwona	122	ZDRUN EXTREME	OPEN -K	1	00:22:53.50	+00:01:47 (7.8%)	4:09	14.4 (92.3%)
6	KRUKOWSKI Adam	105		OPEN -M	5	00:23:09.05	+00:02:02 (8.8%)	4:12	14.3 (91.7%)
7	CIASTOŃ Tomasz	79		OPEN -M	6	00:23:37.05	+00:02:30 (10.6%)	4:17	14 (89.7%)
8	BOREK Alicja	76	MKS JUNIOR ZŁOCENIEC	OPEN -K	2	00:24:02.95	+00:02:56 (12.2%)	4:22	13.7 (87.8%)
9	BARANOWSKI Łukasz	175		OPEN -M	7	00:24:53.10	+00:03:46 (15.2%)	4:31	13.3 (85.3%)
10	KULIŚ Paweł	180		OPEN -M	8	00:25:08.15	+00:04:01 (16.0%)	4:34	13.1 (84.0%)
11	MACIEJEWSKA Katarzyna	114		OPEN -K	3	00:25:10.90	+00:04:04 (16.2%)	4:34	13.1 (84.0%)
12	OLKOWSKI Tomasz	125		OPEN -M	9	00:25:21.05	+00:04:14 (16.7%)	4:36	13 (83.3%)
13	KUC Mateusz	107		OPEN -M	10	00:25:24.55	+00:04:18 (16.9%)	4:37	13 (83.3%)
14	ZUBRZYCKI Piotr	140		OPEN -M	11	00:25:29.00	+00:04:22 (17.2%)	4:38	12.9 (82.7%)
15	OGONOWSKI Marek	124	BOJOWI AMATORZY	OPEN -M	12	00:25:32.85	+00:04:26 (17.4%)	4:38	12.9 (82.7%)
16	CZARNECKI Maciej	83		OPEN -M	13	00:26:13.60	+00:05:07 (19.5%)	4:46	12.6 (80.8%)
17	SZKOPEK Krzysztof	142		OPEN -M	14	00:26:20.75	+00:05:14 (19.9%)	4:47	12.5 (80.1%)
18	SIELATYCKA Olga	172		OPEN -K	4	00:27:07.20	+00:06:00 (22.2%)	4:55	12.2 (78.2%)
19	SKRODZKI Paweł	139		OPEN -M	15	00:27:46.95	+00:06:40 (24.0%)	5:02	11.9 (76.3%)
20	SAPIŃSKI Robert	160		OPEN -M	16	00:27:50.35	+00:06:43 (24.2%)	5:03	11.9 (76.3%)
21	TOWSTOKORY Marek	145	12 WBOT	OPEN -M	17	00:28:21.50	+00:07:15 (25.6%)	5:09	11.6 (74.4%)
22	GAŁAN Leszek	89		OPEN -M	18	00:28:25.25	+00:07:18 (25.7%)	5:10	11.6 (74.4%)
23	GZUBICKI Piotr	191	EL TORO DE ORO	OPEN -M	19	00:28:30.75	+00:07:24 (26.0%)	5:10	11.6 (74.4%)
24	OSTROWSKI Marian	183		OPEN -M	20	00:28:54.85	+00:07:48 (27.0%)	5:15	11.4 (73.1%)
25	PRZYBYŁOWICZ Małgorzata	179	CROSS TEAM SZCZECINEK	OPEN -K	5	00:28:58.75	+00:07:52 (27.2%)	5:16	11.4 (73.1%)
26	DAWIDOWICZ Wojciech	85		OPEN -M	21	00:29:34.20	+00:08:27 (28.6%)	5:22	11.2 (71.8%)
27	SIEK Milena	138		OPEN -K	6	00:29:48.20	+00:08:41 (29.2%)	5:25	11.1 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
28	MAKUCH Katarzyna	117	EL TORO DE ORO	OPEN -K	7	00:29:58.10	+00:08:51 (29.6%)	5:26	11 (70.5%)
29	MAKUCH Krzysztof	118	EL TORO DE ORO	OPEN -M	22	00:29:58.40	+00:08:52 (29.6%)	5:26	11 (70.5%)
30	CHMIELNICKI Wojciech	78		OPEN -M	23	00:30:02.45	+00:08:56 (29.7%)	5:27	11 (70.5%)
31	KUZIO Justyna	110	EL TORO	OPEN -K	8	00:30:56.30	+00:09:49 (31.8%)	5:37	10.7 (68.6%)
32	KOCLEJDA Grzegorz	103	RUNDORFINA	OPEN -M	24	00:31:02.30	+00:09:55 (32.0%)	5:38	10.6 (67.9%)
33	KORCZOWSKI Rafał	168		OPEN -M	25	00:31:04.40	+00:09:58 (32.1%)	5:38	10.6 (67.9%)
34	KĘPIŃSKI Adam	177		OPEN -M	26	00:31:06.90	+00:10:00 (32.2%)	5:39	10.6 (67.9%)
35	LUTYŃSKA Ewa	112	EL TORO DE ORO	OPEN -K	9	00:31:38.90	+00:10:32 (33.3%)	5:45	10.4 (66.7%)
36	SOBIESZCZUK Aleksandra	181		OPEN -K	10	00:31:48.00	+00:10:41 (33.6%)	5:46	10.4 (66.7%)
37	MACIEJEWSKI Andrzej	116		OPEN -M	27	00:32:40.60	+00:11:34 (35.4%)	5:56	10.1 (64.7%)
38	KANIA Jerzy	99		OPEN -M	28	00:32:43.85	+00:11:37 (35.5%)	5:56	10.1 (64.7%)
39	BOŃKOWSKA Karolina	72	RUNDORFINA	OPEN -K	11	00:32:45.05	+00:11:38 (35.6%)	5:57	10.1 (64.7%)
40	GAŁAN Joanna	90		OPEN -K	12	00:33:33.60	+00:12:27 (37.1%)	6:06	9.8 (62.8%)
41	MAJOR Paulina	174		OPEN -K	13	00:34:11.55	+00:13:05 (38.3%)	6:12	9.7 (62.2%)
42	SZCZEPANIK Sandra	141	EL TORO DE ORO	OPEN -K	14	00:34:13.00	+00:13:06 (38.3%)	6:13	9.6 (61.5%)
43	TOMCZAK Agata	189		OPEN -K	15	00:34:18.05	+00:13:11 (38.5%)	6:14	9.6 (61.5%)
44	JÓZEP CZUK Jakub	98		OPEN -M	29	00:34:18.60	+00:13:12 (38.5%)	6:14	9.6 (61.5%)
45	KORDJAREK Justyna	104		OPEN -K	16	00:35:31.45	+00:14:25 (40.6%)	6:27	9.3 (59.6%)
46	MACIEJEWSKA Lucyna	115		OPEN -K	17	00:35:42.55	+00:14:36 (40.9%)	6:29	9.2 (59.0%)
47	ZBIELSKA Agnieszka	151	SAF-HOLLAND POLSKA	OPEN -K	18	00:35:47.00	+00:14:40 (41.0%)	6:30	9.2 (59.0%)
48	MŁYNARCZYK Jolanta	199		OPEN -K	19	00:36:16.15	+00:15:09 (41.8%)	6:35	9.1 (58.3%)
49	GETKA Mariusz	163	CROSS TEAM SZCZECINEK	OPEN -M	30	00:36:25.40	+00:15:19 (42.1%)	6:37	9.1 (58.3%)
50	CZARNECKA Renata	82		OPEN -K	20	00:36:30.00	+00:15:23 (42.2%)	6:38	9 (57.7%)
51	BOŃKOWSKI Cezar	74	RUNDORFINA	OPEN -M	31	00:37:07.00	+00:16:00 (43.1%)	6:44	8.9 (57.1%)
52	BUTOWICZ Adam	186		OPEN -M	32	00:37:53.10	+00:16:46 (44.3%)	6:53	8.7 (55.8%)
53	KUŚMIDER Katarzyna	109		OPEN -K	21	00:37:56.45	+00:16:50 (44.4%)	6:53	8.7 (55.8%)
54	CZEREŚNIAK Iwona	84	RUNDORFINA	OPEN -K	22	00:38:15.85	+00:17:09 (44.8%)	6:57	8.6 (55.1%)
55	KRAMARCZYK Mirosław	165		OPEN -M	33	00:41:17.70	+00:20:11 (48.9%)	7:30	8 (51.3%)
56	BOŃKOWSKA Agata	73		OPEN -K	23	00:42:44.25	+00:21:37 (50.6%)	7:46	7.7 (49.4%)
57	TROJNAR Karolina	146	KLUB OLIMPIJCZYKA IM.IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	OPEN -K	24	00:42:46.75	+00:21:40 (50.7%)	7:46	7.7 (49.4%)
58	BOŃKOWSKI Jakub	75		OPEN -M	34	00:42:48.55	+00:21:42 (50.7%)	7:46	7.7 (49.4%)

Znaleziono 58 wynik(ów)