

# BIEG GŁÓWNY - 5KM

B4SPORT



**Wydarzenie:** XIII Bieg Charytatywny im. chor. Kazimierza Masiowskiego  
**Organizator:** Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek  
**Data:** 2023-03-12  
**Miejsce:** Czaplinek  
**Dystans:** 5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WIŚNIEWSKA Magdalena	144		K-Open	1	00:11:37	<b>00:23:41.90</b>		4:44	12.7 (100%)
2	HOFFMANN Małgorzata	158		K-Open	2	00:12:30	<b>00:25:23.90</b>	+00:01:42 (6.7%)	5:04	11.8 (92.9%)
3	MACIEJEWSKA Katarzyna	115		K-Open	3	00:13:06	<b>00:25:36.70</b>	+00:01:54 (7.5%)	5:07	11.7 (92.1%)
4	BYLEWSKA Ewa	91	3:33 TEAM	K-Open	4	00:13:06	<b>00:26:19.30</b>	+00:02:37 (10.0%)	5:15	11.4 (89.8%)
5	ADAMOWICZ Kinga	80		K-Open	5	00:13:04	<b>00:26:36.45</b>	+00:02:54 (10.9%)	5:19	11.3 (89.0%)
6	SIELATYCKA Olga	128	EL TORO DE ORO	K-Open	6	00:12:45	<b>00:26:51.15</b>	+00:03:09 (11.7%)	5:22	11.2 (88.2%)
7	GRABCZEWSKA Ewa	101		K-Open	7	00:13:39	<b>00:27:40.65</b>	+00:03:58 (14.4%)	5:32	10.8 (85.0%)
8	FEDOROWIAT-NOWACKA Małgorzata	97	EL TORO DE ORO	K-Open	8	00:13:47	<b>00:27:59.55</b>	+00:04:17 (15.3%)	5:35	10.7 (84.3%)
9	SZŁAPAK Beata	136		K-Open	9	00:14:36	<b>00:28:51.60</b>	+00:05:09 (17.9%)	5:46	10.4 (81.9%)
10	KOZAK Marta	108		K-Open	10	00:14:40	<b>00:29:06.70</b>	+00:05:24 (18.6%)	5:49	10.3 (81.1%)
11	LUTYŃSKA Ewa	153		K-Open	11	00:14:15	<b>00:29:34.00</b>	+00:05:52 (19.8%)	5:54	10.1 (79.5%)
12	GAŁAN Joanna	100		K-Open	12	00:15:47	<b>00:31:22.15</b>	+00:07:40 (24.5%)	6:16	9.6 (75.6%)
13	ZALESKA Elżbieta	145		K-Open	13	00:16:26	<b>00:31:45.30</b>	+00:08:03 (25.4%)	6:21	9.4 (74.0%)
14	WAJDEN Iwona	152		K-Open	14	00:16:02	<b>00:32:30.50</b>	+00:08:48 (27.1%)	6:30	9.2 (72.4%)

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15	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>131</b>		K-Open	15	00:16:18	<b>00:32:42.05</b>	+00:09:00 (27.5%)	6:32	9.2 (72.4%)
16	<b>RUTKOWSKA Anna</b>	<b>127</b>	WATAHA WAŁCZ	K-Open	16	00:16:37	<b>00:33:20.15</b>	+00:09:38 (28.9%)	6:40	9 (70.9%)
17	<b>PYREK Iwona</b>	<b>125</b>		K-Open	17	00:16:37	<b>00:33:20.45</b>	+00:09:38 (28.9%)	6:40	9 (70.9%)
18	<b>KUŚMIDER Katarzyna</b>	<b>113</b>		K-Open	18	00:16:20	<b>00:33:50.55</b>	+00:10:08 (30.0%)	6:46	8.9 (70.1%)
19	<b>FRYDRYCHOWICZ Lilianna</b>	<b>98</b>		K-Open	19	00:16:49	<b>00:33:51.50</b>	+00:10:09 (30.0%)	6:46	8.9 (70.1%)
20	<b>MŁYNARCZYK Jolanta</b>	<b>119</b>	KLUB OLIMPIJCZYKA IM.IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	K-Open	20	00:16:56	<b>00:34:02.95</b>	+00:10:21 (30.4%)	6:48	8.8 (69.3%)
21	<b>MACIEJEWSKA Lucyna</b>	<b>114</b>		K-Open	21	00:16:57	<b>00:34:04.70</b>	+00:10:22 (30.5%)	6:48	8.8 (69.3%)
22	<b>TROJNAR Karolina</b>	<b>141</b>	KLUN OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	K-Open	22	00:16:57	<b>00:35:03.45</b>	+00:11:21 (32.4%)	7:00	8.6 (67.7%)
23	<b>ANTONIAK Justyna</b>	<b>83</b>		K-Open	23	00:17:03	<b>00:35:03.80</b>	+00:11:21 (32.4%)	7:00	8.6 (67.7%)
24	<b>NOWACKA Ewa</b>	<b>121</b>		K-Open	24	00:17:13	<b>00:35:14.25</b>	+00:11:32 (32.7%)	7:02	8.5 (66.9%)
25	<b>CZEREŚNIAK Iwona</b>	<b>94</b>		K-Open	25	00:18:21	<b>00:37:48.85</b>	+00:14:06 (37.3%)	7:33	7.9 (62.2%)
26	<b>WAŚNIEWSKA Ewa</b>	<b>142</b>	RUNDORFINA CZAPLINEK	K-Open	26	00:19:10	<b>00:38:07.90</b>	+00:14:26 (37.9%)	7:37	7.9 (62.2%)
27	<b>SAKOSIK Janina</b>	<b>182</b>	KOMANDOSKA	K-Open	27	00:28:50	<b>01:02:02.75</b>	+00:38:20 (61.8%)	12:24	4.8 (37.8%)
	<b>JASTRZĘBSKA Anna</b>	<b>102</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open		00:20:31 DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 28 wynik(ów)