



**Organizator:** ZOS Koszalin  
**Data:** 2016-07-23  
**Miejsce:** Koszalin  
**Dystans:** 12 km

## BIEG HERKULESA 12 KM

B4SPORT



Klasyfikacja: M-OPEN

Punkt pomiarowy: 7,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.6km	5.2km	7.8km
1	JAROSZ Wiesław	18	JW. 1223	M40-49	00:00:06	00:10:02	00:20:27	00:31:13
2	BEDNARZ Paweł	4	MODEST.MAN.KOSZALI(N)ACŁAW	M18-39	00:00:06	00:09:57	00:20:43	00:31:39
3	TUTUS Michał	26		M18-39	00:00:07	00:11:13	00:22:20	00:33:28
4	SYDORUK Mateusz	51		M18-39	00:00:08	00:11:14	00:22:28	00:34:07
5	USTIANOWSKI Wojciech	54	JW1223/ROZBIEGANY KOSZALIN	M18-39	00:00:06	00:11:19	00:23:25	00:35:42
6	PAKOS Piotr	39		M18-39	00:00:07	00:11:38	00:24:04	00:36:32
7	MOKSA Dariusz	64		M18-39	00:00:06	00:11:33	00:24:00	00:36:50
8	PAKULSKI Marcin	40		M40-49	00:00:08	00:12:27	00:24:56	00:37:34
9	JAKUSZCZONEK Zbigniew	16		M40-49	00:00:07	00:11:33	00:24:35	00:37:47
10	ZWOLIŃSKI Jan	61	TKKF KOSZALIN	M40-49	00:00:08	00:12:24	00:25:10	00:38:01
11	SOBCZYK Damian	47		M18-39	00:00:08	00:11:40	00:24:39	00:38:05
12	SINKIEWICZ Mirosław	45	JW 1223	M18-39	00:00:06	00:12:21	00:25:36	00:39:13
13	THEODOSE Olivier	53		M40-49	00:00:06	00:12:18	00:25:38	00:39:21
14	WALCZAK Marcin	55		M18-39	00:00:05	00:12:39	00:26:15	00:39:50
15	JANKIEWICZ Tomasz	17	MTS HAMER MIASTKO	M40-49	00:00:07	00:12:49	00:26:27	00:40:16
16	SOKOŁOWSKI Maciej	48		M18-39	00:00:06	00:12:30	00:26:13	00:40:20
17	PUZYREWSKI Wojciech	42	FORREST GUMP	M18-39	00:00:06	00:12:31	00:26:12	00:40:21
18	BAŃKA Arkadiusz	2		M18-39	00:00:06	00:12:45	00:26:34	00:40:44
19	SOMINKA Andrzej	49	SSB (SOBIESAMBIEGAM)	M40-49	00:00:08	00:13:16	00:27:03	00:40:45
20	DROŹDŹ Mariusz	6	NIEZRZESZONY	M40-49	00:00:09	00:13:07	00:26:54	00:40:59
21	KUŹMA Jarosław	28		M18-39	00:00:11	00:13:16	00:27:10	00:41:00
22	JAKIMA Szymon	15		M18-39	00:00:07	00:12:57	00:26:57	00:41:07
23	HAJDUK Jan	14	STRONG HOUSE CZELADŹ	M18-39	00:00:06	00:13:14	00:27:04	00:41:09
24	NOGA Bartłomiej	34		M18-39	00:00:07	00:13:10	00:27:12	00:41:33
25	WOJCIECHOWSKI Adrian	57		M18-39	00:00:06	00:12:48	00:26:58	00:41:56
26	RATAJEWSKI Arkadiusz	43		M18-39	00:00:08	00:13:10	00:27:28	00:42:13
27	CYBULSKI Robert	5	MTS HAMER MIASTKO	M40-49	00:00:07	00:13:10	00:27:25	00:42:17
28	KUŁAKOWSKI Dawid	62	TKKF KOSZALIN	M18-39	00:00:06	00:13:35	00:28:27	00:42:36
29	MISZCZYK Jan	33		M18-39	00:00:09	00:13:22	00:28:36	00:43:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.6km	5.2km	7.8km
30	<b>BARAN Jacek</b>	<b>3</b>	CROSSFIT GDYNIA	M18-39	00:00:05	00:13:11	00:29:21	00:44:44
31	<b>GAWROŃSKI Paweł</b>	<b>11</b>	OGIEŃ W SZOPIE	M18-39	00:00:10	00:13:51	00:29:36	00:45:12
32	<b>KAMIŃSKI Kamil</b>	<b>22</b>		M18-39	00:00:10	00:13:28	00:29:17	00:45:18
33	<b>HOŁUBASZ Paweł</b>	<b>7</b>		M18-39	00:00:09	00:13:56	00:29:39	00:45:26
34	<b>WOJANOWSKI Zbigniew</b>	<b>63</b>		M50-59	00:00:08	00:14:59	00:30:53	00:46:57
35	<b>WIRKUS Piotr</b>	<b>56</b>	BIGYELLOWFOOT ADVENTURE TEAM	M18-39	00:00:09	00:14:35	00:30:53	00:47:08
36	<b>KARNICKI Zygmunt</b>	<b>23</b>	TKKF KOSZALIN	M60+	00:00:08	00:15:10	00:31:10	00:47:25
37	<b>OGRODOWICZ Jacek</b>	<b>35</b>	ALE ... O CO BIEGA ?	M50-59	00:00:08	00:14:58	00:31:16	00:47:30
38	<b>PIOR Tomasz</b>	<b>41</b>		M18-39	00:00:08	00:15:10	00:32:15	00:49:57
39	<b>STYCZYŃSKI Rafał</b>	<b>50</b>	POLSKA	M18-39	00:00:07	00:15:55	00:33:34	00:50:49
40	<b>JAWORSKI Szymon</b>	<b>20</b>		M18-39	00:00:06	00:15:59	00:33:35	00:50:51

Znaleziono 40 wynik(ów)